

NEVO online 2016

List of food groups

Dutch

Aardappelen
Alcoholische en niet-alcoholische dranken
Brood
Diversen
Eieren
Fruit
Gebak en koek
Graanproducten en bindmiddelen
Groenten
Hartig broodbeleg
Kaas
Kruiden en specerijen
Melk en melkproducten
Noten, zaden en snacks
Peulvruchten
Preparaten
Samengestelde gerechten
Soepen
Sojaproducten en vegetarische producten
Suiker, snoep, zoet beleg en zoete sauzen

Vetten, oliën en hartige sauzen
Vis
Vlees, vleeswaren en gevogelte

English

Potatoes
Alcoholic and non-alcoholic beverages
Bread
Miscellaneous foods
Eggs
Fruit
Pastry, cake and biscuits
Cereal products and binding agents
Vegetables
Savoury sandwich filling
Cheese
Herbs and spices
Milk and milkproducts
Nuts, seeds and snacks
Legumes
Foods for specific dietetic use
Composite dishes
Soups
Soy products and vegetarian foods
Sugar, confectionary, sweet fillings and sweet sauces
Fats, oils and savoury sauces
Fish
Meat, meat products and poultry

List of table headings

Dutch

voedingsmiddel
energie
eiwit
totaal
plantaardig
dierlijk
koolhydraten
mono en disacchariden
polysacchariden
vet
vetzuren
verzadigd
trans
enkelv onverz
meerv onverz
linolzuur
cholesterol

English

food item
energy
protein
total
vegetable
animal
carbohydrates
mono/disaccharides
polysaccharides
fat
fatty acids
saturated
trans
monounsaturated
polyunsaturated
linoleic acid
cholesterol

voedingsvezel	dietary fibre
alcohol	alcohol
water	water
mineralen	minerals
natrium	sodium
kalium	potassium
calcium	calcium
fosfor	phosphorus
magnesium	magnesium
ijzer	iron
koper	copper
selenium	selenium
zink	zinc
vitamines	vitamins
retinol activiteitsequiv (RAE)	retinol activity equivalents
retinol equivalenten (RE)	retinol equivalents
folaat equivalenten	folate equivalents
nicotinezuur	nicotinic acid
caroteen	carotene
luteine	lutein
zeaxanthine	zeaxanthin
beta-cryptoxanthine	β -cryptoxanthin
lycopeen	lycopene
bron	source