

**Dutch National Food Consumption Survey 2007-2010|Part 1 Food groups, based on dataset FCS\_2010\_core\_20111125**

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**Table 1.1** Food consumption (main food groups) of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Total Population (n=3,819)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	92.2	0.0	243.2
02. Vegetables	110.5	120.9	2.0	276.5
03. Legumes	0.0	2.8	0.0	0.0
04. Fruits, nuts and olives	82.5	112.0	0.0	330.9
05. Dairy products	325.3	377.7	27.5	895.0
06. Cereals and cereal products	190.7	205.8	76.0	390.0
07. Meat and meat products	94.5	107.1	10.0	237.7
08. Fish and shellfish	0.0	15.2	0.0	90.0
09. Eggs and egg products	0.0	11.7	0.0	50.1
10. Fat	23.4	26.2	3.0	59.3
11. Sugar and confectionery	35.0	48.8	0.0	143.0
12. Cakes	35.2	48.1	0.0	142.5
13. Non-alcoholic beverages	1552.8	1662.1	683.5	3038.6
14. Alcoholic beverages	0.0	183.4	0.0	900.0
15. Condiments and sauces	23.3	31.8	0.0	95.6
16. Soups, bouillon	0.0	58.7	0.0	285.0
17. Miscellaneous	0.0	18.1	0.0	80.0

**Table 1.2.a** Food consumption (main food groups) of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	87.1	0.0	235.9
02. Vegetables	70.6	78.8	0.0	193.6
03. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	65.0	87.7	0.0	249.1
05. Dairy products	365.7	395.5	25.0	868.9
06. Cereals and cereal products	182.4	197.3	79.5	368.1
07. Meat and meat products	82.9	92.6	10.5	206.8
08. Fish and shellfish	0.0	6.9	0.0	50.0
09. Eggs and egg products	0.0	7.9	0.0	45.0
10. Fat	19.5	22.1	2.3	52.6
11. Sugar and confectionery	60.4	71.5	5.0	175.7
12. Cakes	43.5	55.7	0.0	153.5
13. Non-alcoholic beverages	1044.1	1129.0	475.1	2065.2
14. Alcoholic beverages	0.0	37.9	0.0	140.0
15. Condiments and sauces	21.1	28.6	0.0	83.7
16. Soups, bouillon	0.0	34.5	0.0	194.3
17. Miscellaneous	0.0	17.3	0.0	75.0

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	93.3	0.0	245.5
02. Vegetables	120.7	130.1	11.3	287.4
03. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	86.5	117.4	0.0	351.0
05. Dairy products	316.8	373.8	27.5	904.5
06. Cereals and cereal products	192.7	207.6	75.0	393.2
07. Meat and meat products	97.0	110.3	10.0	245.0
08. Fish and shellfish	0.0	17.0	0.0	100.0
09. Eggs and egg products	0.0	12.5	0.0	53.9
10. Fat	24.0	27.1	3.2	60.7
11. Sugar and confectionery	31.0	43.8	0.0	132.8
12. Cakes	33.5	46.5	0.0	140.0
13. Non-alcoholic beverages	1652.8	1778.7	780.9	3171.7
14. Alcoholic beverages	11.9	215.2	0.0	990.0
15. Condiments and sauces	23.3	32.5	0.0	97.2
16. Soups, bouillon	0.0	63.9	0.0	291.4
17. Miscellaneous	0.0	18.3	0.0	80.3

**Table 1.2.b** Food consumption (main food groups) of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	77.7	96.0	0.0	258.0
02. Vegetables	72.0	81.4	0.0	203.0
03. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	64.2	83.5	0.0	248.2
05. Dairy products	373.9	422.9	41.0	915.5
06. Cereals and cereal products	202.0	217.7	85.5	415.4
07. Meat and meat products	92.0	101.1	12.1	225.0
08. Fish and shellfish	0.0	7.7	0.0	59.3
09. Eggs and egg products	0.0	8.5	0.0	45.0
10. Fat	22.2	24.8	2.5	57.9
11. Sugar and confectionery	64.4	77.2	4.5	189.8
12. Cakes	43.0	57.1	0.0	158.5
13. Non-alcoholic beverages	1068.6	1150.8	466.7	2088.4
14. Alcoholic beverages	0.0	53.8	0.0	165.5
15. Condiments and sauces	23.6	31.9	0.0	90.2
16. Soups, bouillon	0.0	34.7	0.0	196.9
17. Miscellaneous	0.0	19.6	0.0	100.2

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	77.9	0.0	202.2
02. Vegetables	68.6	76.0	0.0	183.4
03. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	72.3	92.2	0.0	251.1
05. Dairy products	356.1	366.8	20.0	779.0
06. Cereals and cereal products	167.5	176.1	73.4	311.9
07. Meat and meat products	77.0	83.7	9.9	178.0
08. Fish and shellfish	0.0	6.1	0.0	41.0
09. Eggs and egg products	0.0	7.3	0.0	45.0
10. Fat	17.6	19.3	1.9	42.4
11. Sugar and confectionery	55.8	65.5	5.1	164.6
12. Cakes	44.0	54.3	0.0	148.0
13. Non-alcoholic beverages	1025.0	1106.3	500.1	2032.6
14. Alcoholic beverages	0.0	21.2	0.0	62.5
15. Condiments and sauces	19.0	25.1	0.0	73.4
16. Soups, bouillon	0.0	34.4	0.0	192.5
17. Miscellaneous	0.0	14.9	0.0	70.0

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	112.0	0.0	283.0
02. Vegetables	120.0	130.5	10.3	286.3
03. Legumes	0.0	3.1	0.0	0.0
04. Fruits, nuts and olives	76.5	108.4	0.0	340.0
05. Dairy products	349.9	411.3	25.4	987.2
06. Cereals and cereal products	220.7	235.5	85.0	427.9
07. Meat and meat products	119.8	132.6	25.8	288.7
08. Fish and shellfish	0.0	17.9	0.0	100.5
09. Eggs and egg products	0.0	12.9	0.0	67.5
10. Fat	29.8	32.2	5.0	68.1

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
11. Sugar and confectionery	37.5	48.8	0.0	140.5
12. Cakes	30.0	46.6	0.0	144.0
13. Non-alcoholic beverages	1563.5	1689.0	744.6	3068.6
14. Alcoholic beverages	125.0	329.3	0.0	1350.0
15. Condiments and sauces	28.2	37.9	0.0	112.0
16. Soups, bouillon	0.0	68.7	0.0	323.8
17. Miscellaneous	0.0	16.9	0.0	72.0

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	74.5	0.0	197.5
02. Vegetables	121.7	129.7	11.7	289.5
03. Legumes	0.0	2.9	0.0	0.0
04. Fruits, nuts and olives	100.0	126.4	0.0	352.0
05. Dairy products	295.5	336.1	28.0	756.5
06. Cereals and cereal products	170.0	179.5	67.5	335.0
07. Meat and meat products	78.8	87.8	0.0	189.1
08. Fish and shellfish	0.0	16.1	0.0	93.7
09. Eggs and egg products	0.0	12.0	0.0	50.0
10. Fat	19.4	21.9	1.8	48.0
11. Sugar and confectionery	25.2	38.9	0.0	120.8
12. Cakes	35.0	46.4	0.0	136.5
13. Non-alcoholic beverages	1755.8	1869.0	862.5	3196.0
14. Alcoholic beverages	0.0	100.3	0.0	456.7
15. Condiments and sauces	19.5	27.0	0.0	84.5
16. Soups, bouillon	0.0	59.1	0.0	259.1
17. Miscellaneous	0.0	19.7	0.0	92.5

**Table 1.2.c** Food consumption (main food groups) of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	60.0	71.3	0.0	188.0
02. Vegetables	54.8	62.0	0.0	143.0
03. Legumes	0.0	1.5	0.0	0.0
04. Fruits, nuts and olives	82.5	97.3	0.0	259.3
05. Dairy products	373.4	403.5	50.0	833.0
06. Cereals and cereal products	152.5	162.5	73.4	294.6
07. Meat and meat products	70.2	74.4	10.0	160.3
08. Fish and shellfish	0.0	5.5	0.0	46.8
09. Eggs and egg products	0.0	7.1	0.0	41.9
10. Fat	18.1	19.6	2.3	45.2
11. Sugar and confectionery	69.5	82.6	13.5	194.9
12. Cakes	40.5	51.0	3.5	137.0
13. Non-alcoholic beverages	781.7	857.4	370.8	1520.0
14. Alcoholic beverages	0.0	0.2	0.0	0.0
15. Condiments and sauces	15.7	21.7	0.0	62.0
16. Soups, bouillon	0.0	21.5	0.0	129.5
17. Miscellaneous	0.0	18.1	0.0	75.0

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	87.8	0.0	225.5
02. Vegetables	68.0	75.5	0.0	187.2
03. Legumes	0.0	2.6	0.0	0.0
04. Fruits, nuts and olives	66.9	84.2	0.0	225.0
05. Dairy products	379.6	413.7	52.6	890.3
06. Cereals and cereal products	188.4	198.4	85.0	363.0
07. Meat and meat products	86.0	96.3	12.5	211.0
08. Fish and shellfish	0.0	8.3	0.0	61.4
09. Eggs and egg products	0.0	9.1	0.0	45.0
10. Fat	21.2	23.5	2.9	55.1
11. Sugar and confectionery	70.0	82.8	7.5	184.5
12. Cakes	47.5	61.7	0.0	176.0
13. Non-alcoholic beverages	1000.0	1063.4	472.5	1768.4
14. Alcoholic beverages	0.0	2.7	0.0	0.0
15. Condiments and sauces	21.5	28.5	0.0	81.5
16. Soups, bouillon	0.0	36.9	0.0	184.7
17. Miscellaneous	0.0	14.7	0.0	71.0

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	81.7	0.0	217.5
02. Vegetables	61.9	69.9	0.0	178.0
03. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	70.0	89.3	0.0	240.9
05. Dairy products	372.2	387.2	31.6	816.5
06. Cereals and cereal products	158.5	169.9	69.2	309.3
07. Meat and meat products	75.7	82.5	8.5	177.5
08. Fish and shellfish	0.0	6.5	0.0	50.0
09. Eggs and egg products	0.0	7.5	0.0	45.0
10. Fat	17.6	19.7	1.8	43.3

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
11. Sugar and confectionery	66.9	74.2	8.5	172.7
12. Cakes	45.0	57.7	0.0	146.5
13. Non-alcoholic beverages	945.8	975.7	475.0	1617.9
14. Alcoholic beverages	0.0	0.4	0.0	0.0
15. Condiments and sauces	18.3	23.3	0.0	72.6
16. Soups, bouillon	0.0	32.4	0.0	184.3
17. Miscellaneous	0.0	15.1	0.0	69.8

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	112.0	0.0	287.5
02. Vegetables	85.7	95.1	0.0	235.5
03. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	50.0	75.9	0.0	247.6
05. Dairy products	375.3	439.2	10.1	966.8
06. Cereals and cereal products	235.0	255.3	102.5	467.5
07. Meat and meat products	107.2	118.1	27.0	239.0
08. Fish and shellfish	0.0	7.9	0.0	63.0
09. Eggs and egg products	0.0	8.2	0.0	45.0
10. Fat	24.6	28.0	2.4	63.5
11. Sugar and confectionery	51.8	67.2	0.7	190.9
12. Cakes	42.5	55.3	0.0	162.5
13. Non-alcoholic beverages	1246.6	1345.8	592.5	2375.0
14. Alcoholic beverages	0.0	125.8	0.0	796.7
15. Condiments and sauces	30.0	38.9	0.0	104.9
16. Soups, bouillon	0.0	39.1	0.0	236.3
17. Miscellaneous	0.0	22.1	0.0	130.5

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	78.9	0.0	200.5
02. Vegetables	82.4	87.7	0.0	200.1
03. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	69.5	94.2	0.0	276.2
05. Dairy products	315.0	332.6	10.3	721.2
06. Cereals and cereal products	183.2	191.4	81.5	329.9
07. Meat and meat products	78.6	87.2	5.8	183.5
08. Fish and shellfish	0.0	5.9	0.0	39.2
09. Eggs and egg products	0.0	7.5	0.0	45.0
10. Fat	17.3	19.0	1.6	45.7
11. Sugar and confectionery	44.0	52.4	1.8	130.7
12. Cakes	43.5	52.0	0.0	150.5
13. Non-alcoholic beverages	1292.5	1345.9	583.4	2429.1
14. Alcoholic beverages	0.0	50.0	0.0	182.0
15. Condiments and sauces	21.8	28.7	0.0	84.0
16. Soups, bouillon	0.0	40.4	0.0	200.0
17. Miscellaneous	0.0	16.4	0.0	72.0



**Group=Male Adults (19-30 years,n=356)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	109.3	0.0	284.0
02. Vegetables	106.7	115.7	0.0	274.7
03. Legumes	0.0	2.7	0.0	0.0
04. Fruits, nuts and olives	51.0	76.0	0.0	252.5
05. Dairy products	340.0	398.8	13.5	1049.4
06. Cereals and cereal products	256.0	265.3	82.5	520.8
07. Meat and meat products	126.8	135.3	27.4	294.6
08. Fish and shellfish	0.0	16.0	0.0	92.1
09. Eggs and egg products	0.0	15.1	0.0	75.0
10. Fat	27.0	30.4	2.9	70.2
11. Sugar and confectionery	45.0	58.1	0.0	159.6
12. Cakes	24.5	43.3	0.0	152.0
13. Non-alcoholic beverages	1578.3	1716.5	765.1	3037.5
14. Alcoholic beverages	0.8	354.8	0.0	1880.0
15. Condiments and sauces	35.6	46.9	0.0	145.8
16. Soups, bouillon	0.0	63.9	0.0	291.4
17. Miscellaneous	0.0	25.1	0.0	90.0

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	67.8	69.9	0.0	200.5
02. Vegetables	94.5	111.6	2.0	282.5
03. Legumes	0.0	3.7	0.0	15.0
04. Fruits, nuts and olives	74.7	100.3	0.0	297.0
05. Dairy products	285.8	325.4	23.4	772.2
06. Cereals and cereal products	186.1	193.0	60.0	356.7
07. Meat and meat products	80.0	89.9	0.0	193.0
08. Fish and shellfish	0.0	10.1	0.0	63.0
09. Eggs and egg products	0.0	12.2	0.0	56.0
10. Fat	18.2	20.5	1.5	44.8
11. Sugar and confectionery	34.4	48.3	0.0	136.8
12. Cakes	32.5	44.8	0.0	153.0
13. Non-alcoholic beverages	1710.9	1867.5	895.0	3165.0
14. Alcoholic beverages	0.0	60.3	0.0	370.0
15. Condiments and sauces	24.1	30.7	0.0	87.5
16. Soups, bouillon	0.0	47.6	0.0	259.0
17. Miscellaneous	0.0	20.7	0.0	91.8

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	108.8	116.2	0.0	297.9
02. Vegetables	122.0	133.8	13.5	303.5
03. Legumes	0.0	2.8	0.0	0.0
04. Fruits, nuts and olives	72.3	111.2	0.0	356.9
05. Dairy products	334.2	413.4	29.5	987.2
06. Cereals and cereal products	229.5	243.0	98.5	428.5
07. Meat and meat products	119.4	132.5	30.4	277.9
08. Fish and shellfish	0.0	17.3	0.0	100.0
09. Eggs and egg products	0.0	11.1	0.0	58.3
10. Fat	30.3	32.6	5.8	66.9
11. Sugar and confectionery	39.0	50.7	0.0	156.0
12. Cakes	31.5	47.0	0.0	144.0
13. Non-alcoholic beverages	1692.5	1813.5	744.6	3339.2

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
14. Alcoholic beverages	98.1	323.9	0.0	1350.0
15. Condiments and sauces	30.4	40.0	0.0	112.0
16. Soups, bouillon	0.0	60.0	0.0	323.8
17. Miscellaneous	0.0	13.8	0.0	69.0

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	72.3	0.0	194.1
02. Vegetables	119.5	126.3	13.4	279.2
03. Legumes	0.0	3.5	0.0	26.7
04. Fruits, nuts and olives	81.9	119.2	0.0	358.1
05. Dairy products	296.4	333.5	35.5	743.7
06. Cereals and cereal products	175.0	188.4	70.5	344.7
07. Meat and meat products	75.6	86.2	0.0	189.0
08. Fish and shellfish	0.0	16.2	0.0	83.6
09. Eggs and egg products	0.0	10.1	0.0	50.0
10. Fat	19.9	21.8	1.3	48.0
11. Sugar and confectionery	26.7	39.5	0.0	121.5
12. Cakes	38.0	49.0	0.0	142.0
13. Non-alcoholic beverages	1843.3	1940.8	917.7	3273.7
14. Alcoholic beverages	0.0	89.7	0.0	395.9
15. Condiments and sauces	20.3	27.5	0.0	83.7
16. Soups, bouillon	0.0	56.3	0.0	259.0
17. Miscellaneous	0.0	20.6	0.0	92.0

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	96.5	108.0	0.0	261.7
02. Vegetables	126.1	135.6	11.3	287.4
03. Legumes	0.0	3.8	0.0	15.0
04. Fruits, nuts and olives	102.4	125.4	0.0	368.8
05. Dairy products	378.0	416.4	47.8	943.3
06. Cereals and cereal products	198.1	206.6	75.0	376.4
07. Meat and meat products	118.3	131.0	21.9	289.6
08. Fish and shellfish	0.0	20.0	0.0	110.0
09. Eggs and egg products	0.0	14.0	0.0	68.8
10. Fat	30.1	32.8	6.1	68.3
11. Sugar and confectionery	31.0	40.3	0.0	110.6
12. Cakes	35.0	48.1	0.0	137.5
13. Non-alcoholic beverages	1430.6	1506.4	712.9	2665.8
14. Alcoholic beverages	180.0	320.0	0.0	1100.0
15. Condiments and sauces	21.8	29.3	0.0	90.2
16. Soups, bouillon	0.0	83.4	0.0	323.8
17. Miscellaneous	0.0	15.6	0.0	75.0

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	80.2	0.0	202.5
02. Vegetables	138.0	145.7	7.0	310.3
03. Legumes	0.0	1.6	0.0	0.0
04. Fruits, nuts and olives	134.2	152.2	0.0	365.8

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
05. Dairy products	298.1	346.2	33.1	804.5
06. Cereals and cereal products	153.0	159.3	62.2	265.0
07. Meat and meat products	79.7	88.7	9.0	186.4
08. Fish and shellfish	0.0	19.7	0.0	100.5
09. Eggs and egg products	0.0	14.4	0.0	50.0
10. Fat	20.1	22.9	4.0	50.3
11. Sugar and confectionery	20.0	32.0	0.0	103.3
12. Cakes	35.0	43.9	0.0	117.5
13. Non-alcoholic beverages	1662.2	1775.8	788.2	3171.7
14. Alcoholic beverages	60.0	139.5	0.0	562.5
15. Condiments and sauces	16.3	24.1	0.0	82.8
16. Soups, bouillon	0.0	70.0	0.0	263.3
17. Miscellaneous	0.0	18.0	0.0	100.0

**Table 1.3.a** Food consumption (main food groups) of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	92.1	0.0	252.7
02. Vegetables	55.8	67.7	0.0	173.0
03. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	50.0	76.7	0.0	216.6
05. Dairy products	333.9	344.5	16.9	775.2
06. Cereals and cereal products	165.7	184.2	73.4	363.4
07. Meat and meat products	89.9	96.8	16.2	205.3
08. Fish and shellfish	0.0	7.4	0.0	60.8
09. Eggs and egg products	0.0	7.5	0.0	45.0
10. Fat	21.1	22.8	3.1	50.7
11. Sugar and confectionery	58.2	69.6	2.2	185.0
12. Cakes	42.5	55.7	0.0	178.7
13. Non-alcoholic beverages	1052.6	1116.3	472.5	2156.6
14. Alcoholic beverages	0.0	31.3	0.0	53.2
15. Condiments and sauces	24.7	30.7	0.0	84.5
16. Soups, bouillon	0.0	36.2	0.0	200.0
17. Miscellaneous	0.0	16.4	0.0	94.5

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	74.4	89.5	0.0	226.0
02. Vegetables	69.0	76.3	0.0	182.5
03. Legumes	0.0	2.5	0.0	0.0
04. Fruits, nuts and olives	64.2	85.9	0.0	242.0
05. Dairy products	360.7	395.5	29.0	873.2
06. Cereals and cereal products	177.5	190.3	75.3	353.0
07. Meat and meat products	86.5	94.2	18.0	201.1
08. Fish and shellfish	0.0	5.4	0.0	38.5
09. Eggs and egg products	0.0	8.2	0.0	45.0
10. Fat	18.3	21.7	2.3	50.2
11. Sugar and confectionery	60.6	73.6	6.0	177.1
12. Cakes	48.0	59.0	0.0	155.3
13. Non-alcoholic beverages	1039.1	1111.3	450.1	2065.2
14. Alcoholic beverages	0.0	29.2	0.0	138.0
15. Condiments and sauces	21.8	28.2	0.0	80.8
16. Soups, bouillon	0.0	36.3	0.0	194.3
17. Miscellaneous	0.0	16.0	0.0	71.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	82.0	0.0	230.4
02. Vegetables	81.4	88.0	0.0	215.6
03. Legumes	0.0	1.3	0.0	0.0
04. Fruits, nuts and olives	79.2	97.2	0.0	277.4
05. Dairy products	401.7	434.1	42.8	910.4
06. Cereals and cereal products	193.0	210.8	93.5	392.1
07. Meat and meat products	76.3	88.1	0.0	215.1
08. Fish and shellfish	0.0	8.5	0.0	58.0
09. Eggs and egg products	0.0	7.7	0.0	45.0
10. Fat	19.2	21.9	1.6	54.1

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
11. Sugar and confectionery	60.6	70.5	5.0	164.0
12. Cakes	41.0	53.2	0.0	146.5
13. Non-alcoholic beverages	1033.4	1136.4	519.2	2038.5
14. Alcoholic beverages	0.0	44.6	0.0	150.0
15. Condiments and sauces	19.0	27.6	0.0	86.5
16. Soups, bouillon	0.0	30.8	0.0	175.0
17. Miscellaneous	0.0	19.2	0.0	75.0

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	89.9	103.8	0.0	261.7
02. Vegetables	114.9	121.9	4.4	275.0
03. Legumes	0.0	3.5	0.0	0.0
04. Fruits, nuts and olives	76.5	105.9	0.0	315.4
05. Dairy products	318.0	367.1	27.1	890.8
06. Cereals and cereal products	178.4	197.1	70.0	383.9
07. Meat and meat products	99.5	117.8	20.4	275.4
08. Fish and shellfish	0.0	14.8	0.0	87.5
09. Eggs and egg products	0.0	12.1	0.0	52.3
10. Fat	24.3	27.9	4.5	63.3
11. Sugar and confectionery	28.2	43.6	0.0	128.3
12. Cakes	35.0	46.5	0.0	140.0
13. Non-alcoholic beverages	1597.0	1723.4	733.4	3045.7
14. Alcoholic beverages	0.0	199.7	0.0	1002.2
15. Condiments and sauces	23.5	33.6	0.0	97.8
16. Soups, bouillon	0.0	63.8	0.0	304.5
17. Miscellaneous	0.0	16.4	0.0	74.9

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	91.7	0.0	246.4
02. Vegetables	120.0	127.0	6.4	277.3
03. Legumes	0.0	2.3	0.0	0.0
04. Fruits, nuts and olives	83.0	116.4	0.0	346.2
05. Dairy products	316.7	375.9	28.0	908.5
06. Cereals and cereal products	206.0	215.9	71.0	405.3
07. Meat and meat products	102.0	111.3	9.1	242.0
08. Fish and shellfish	0.0	16.0	0.0	100.0
09. Eggs and egg products	0.0	13.7	0.0	67.5
10. Fat	24.3	27.6	3.8	62.4
11. Sugar and confectionery	32.5	44.6	0.0	136.0
12. Cakes	31.5	45.3	0.0	136.5
13. Non-alcoholic beverages	1660.1	1774.5	808.2	3137.4
14. Alcoholic beverages	27.7	229.3	0.0	1025.9
15. Condiments and sauces	24.8	33.9	0.0	98.5
16. Soups, bouillon	0.0	60.9	0.0	271.4
17. Miscellaneous	0.0	19.5	0.0	90.0

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	82.3	0.0	226.0
02. Vegetables	132.4	146.6	20.0	314.2
03. Legumes	0.0	3.6	0.0	30.0
04. Fruits, nuts and olives	111.5	134.2	0.0	382.7
05. Dairy products	317.3	378.8	27.5	904.5
06. Cereals and cereal products	197.7	206.7	82.5	368.6
07. Meat and meat products	88.5	98.5	7.0	216.5
08. Fish and shellfish	0.0	21.7	0.0	111.3
09. Eggs and egg products	0.0	10.8	0.0	50.0
10. Fat	23.1	25.0	1.3	55.9
11. Sugar and confectionery	30.5	42.9	0.0	133.6
12. Cakes	34.0	48.5	0.0	147.5
13. Non-alcoholic beverages	1738.4	1859.2	836.7	3273.5
14. Alcoholic beverages	62.5	210.3	0.0	772.7
15. Condiments and sauces	20.3	28.5	0.0	93.0
16. Soups, bouillon	0.0	69.4	0.0	300.0
17. Miscellaneous	0.0	18.7	0.0	76.5

**Table 1.3.b** Food consumption (main food groups) of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	98.1	0.0	263.0
02. Vegetables	64.1	72.2	0.0	175.1
03. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	45.0	73.2	0.0	215.8
05. Dairy products	321.2	344.5	15.1	765.9
06. Cereals and cereal products	190.0	207.6	70.0	429.9
07. Meat and meat products	98.5	103.6	18.8	213.5
08. Fish and shellfish	0.0	7.8	0.0	65.3
09. Eggs and egg products	0.0	7.8	0.0	45.0
10. Fat	22.6	25.1	2.4	58.7
11. Sugar and confectionery	58.2	67.3	2.0	171.2
12. Cakes	41.0	59.7	0.0	187.5
13. Non-alcoholic beverages	1053.4	1164.2	445.5	2437.7
14. Alcoholic beverages	0.0	52.5	0.0	265.0
15. Condiments and sauces	26.0	34.2	0.0	90.1
16. Soups, bouillon	0.0	41.5	0.0	234.5
17. Miscellaneous	0.0	19.8	0.0	121.5

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	84.6	98.8	0.0	267.0
02. Vegetables	68.0	77.4	0.0	201.4
03. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	64.2	85.5	0.0	251.7
05. Dairy products	368.3	424.3	50.0	954.5
06. Cereals and cereal products	199.5	208.3	80.0	379.6
07. Meat and meat products	93.6	102.9	16.9	225.0
08. Fish and shellfish	0.0	6.2	0.0	61.4
09. Eggs and egg products	0.0	9.6	0.0	45.0
10. Fat	21.5	24.7	2.5	55.2
11. Sugar and confectionery	71.5	84.0	8.0	203.5
12. Cakes	46.0	58.3	0.0	157.5
13. Non-alcoholic beverages	1065.0	1126.0	448.9	1985.9
14. Alcoholic beverages	0.0	30.4	0.0	1.0
15. Condiments and sauces	24.0	31.5	0.0	88.5
16. Soups, bouillon	0.0	38.4	0.0	210.0
17. Miscellaneous	0.0	18.1	0.0	74.4

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	74.9	90.9	0.0	249.7
02. Vegetables	86.0	92.1	0.0	213.7
03. Legumes	0.0	1.1	0.0	0.0
04. Fruits, nuts and olives	70.9	87.7	0.0	257.2
05. Dairy products	461.2	479.8	55.0	943.4
06. Cereals and cereal products	213.3	231.6	100.0	439.9
07. Meat and meat products	80.0	95.8	5.0	232.6
08. Fish and shellfish	0.0	9.5	0.0	58.8
09. Eggs and egg products	0.0	7.6	0.0	45.0
10. Fat	21.6	24.4	2.5	58.0

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
11. Sugar and confectionery	64.1	75.2	5.0	178.1
12. Cakes	44.5	56.1	0.0	158.5
13. Non-alcoholic beverages	1046.1	1159.4	500.0	2087.5
14. Alcoholic beverages	0.0	76.0	0.0	600.0
15. Condiments and sauces	20.5	30.7	0.0	91.3
16. Soups, bouillon	0.0	26.9	0.0	175.0
17. Miscellaneous	0.0	21.1	0.0	100.2

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	85.4	0.0	200.5
02. Vegetables	50.5	62.7	0.0	163.0
03. Legumes	0.0	1.0	0.0	0.0
04. Fruits, nuts and olives	64.2	80.6	0.0	230.0
05. Dairy products	348.8	344.5	18.0	811.0
06. Cereals and cereal products	152.7	157.8	75.0	276.5
07. Meat and meat products	79.2	89.1	9.6	204.0
08. Fish and shellfish	0.0	7.0	0.0	39.0
09. Eggs and egg products	0.0	7.1	0.0	45.0
10. Fat	19.0	20.2	3.5	43.2
11. Sugar and confectionery	58.5	72.2	4.0	194.1
12. Cakes	43.0	51.2	0.0	138.5
13. Non-alcoholic beverages	1049.9	1062.3	475.4	1713.1
14. Alcoholic beverages	0.0	7.4	0.0	0.0
15. Condiments and sauces	21.4	26.8	0.0	67.4
16. Soups, bouillon	0.0	30.2	0.0	144.4
17. Miscellaneous	0.0	12.6	0.0	68.0

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	79.9	0.0	196.4
02. Vegetables	70.0	75.1	0.0	177.1
03. Legumes	0.0	2.8	0.0	10.1
04. Fruits, nuts and olives	65.0	86.4	0.0	235.7
05. Dairy products	354.7	366.1	22.1	807.6
06. Cereals and cereal products	163.3	171.9	71.3	313.2
07. Meat and meat products	80.0	85.3	20.0	172.8
08. Fish and shellfish	0.0	4.7	0.0	33.1
09. Eggs and egg products	0.0	6.8	0.0	45.0
10. Fat	16.7	18.7	2.0	44.0
11. Sugar and confectionery	54.6	63.0	5.7	161.9
12. Cakes	49.5	59.7	0.0	155.3
13. Non-alcoholic beverages	1018.3	1096.3	454.1	2162.9
14. Alcoholic beverages	0.0	28.1	0.0	150.0
15. Condiments and sauces	19.9	24.9	0.0	71.6
16. Soups, bouillon	0.0	34.1	0.0	194.3
17. Miscellaneous	0.0	13.9	0.0	68.4



**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	60.0	72.3	0.0	205.0
02. Vegetables	80.0	83.7	0.0	216.2
03. Legumes	0.0	1.6	0.0	0.0
04. Fruits, nuts and olives	84.8	107.6	0.0	315.7
05. Dairy products	367.4	384.5	35.9	779.0
06. Cereals and cereal products	178.4	188.1	87.9	323.7
07. Meat and meat products	71.4	79.8	0.0	178.0
08. Fish and shellfish	0.0	7.4	0.0	50.0
09. Eggs and egg products	0.0	7.7	0.0	45.0
10. Fat	17.8	19.2	0.7	41.5
11. Sugar and confectionery	57.8	65.4	5.1	154.4
12. Cakes	39.0	50.0	0.0	139.0
13. Non-alcoholic beverages	1010.2	1111.3	519.2	1976.7
14. Alcoholic beverages	0.0	10.4	0.0	34.9
15. Condiments and sauces	18.0	24.2	0.0	84.3
16. Soups, bouillon	0.0	34.9	0.0	192.5
17. Miscellaneous	0.0	17.0	0.0	70.0

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	126.4	128.6	0.0	295.4
02. Vegetables	115.0	124.0	6.8	276.5
03. Legumes	0.0	5.1	0.0	0.0
04. Fruits, nuts and olives	65.0	93.4	0.0	289.4
05. Dairy products	359.3	411.4	29.8	1008.5
06. Cereals and cereal products	210.4	233.4	77.5	446.0
07. Meat and meat products	128.4	147.6	30.0	315.4
08. Fish and shellfish	0.0	15.6	0.0	92.5
09. Eggs and egg products	0.0	13.1	0.0	68.1
10. Fat	30.0	34.0	5.0	70.2
11. Sugar and confectionery	43.1	53.6	0.0	137.5
12. Cakes	30.0	45.8	0.0	161.0
13. Non-alcoholic beverages	1480.0	1630.6	695.8	3138.6
14. Alcoholic beverages	36.4	314.4	0.0	1500.0
15. Condiments and sauces	33.7	41.3	0.0	123.2
16. Soups, bouillon	0.0	72.9	0.0	323.8
17. Miscellaneous	0.0	17.4	0.0	75.0

**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	112.3	0.0	287.1
02. Vegetables	118.4	125.4	0.0	274.7
03. Legumes	0.0	1.7	0.0	0.0
04. Fruits, nuts and olives	74.0	109.5	0.0	358.1
05. Dairy products	349.8	410.7	22.0	987.2
06. Cereals and cereal products	228.2	240.2	90.0	427.4
07. Meat and meat products	123.0	133.0	31.3	272.5
08. Fish and shellfish	0.0	16.8	0.0	100.5
09. Eggs and egg products	0.0	12.9	0.0	67.5
10. Fat	30.3	32.9	6.1	71.1
11. Sugar and confectionery	37.5	47.8	0.0	149.5
12. Cakes	31.5	45.3	0.0	136.0
13. Non-alcoholic beverages	1557.8	1693.6	775.2	3137.4

**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
14. Alcoholic beverages	150.0	356.5	0.0	1473.4
15. Condiments and sauces	29.3	38.8	0.0	121.0
16. Soups, bouillon	0.0	63.2	0.0	259.0
17. Miscellaneous	0.0	17.7	0.0	72.5

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	77.6	92.9	0.0	234.8
02. Vegetables	126.3	146.5	28.6	306.5
03. Legumes	0.0	3.4	0.0	7.6
04. Fruits, nuts and olives	99.1	123.1	0.0	363.9
05. Dairy products	346.0	412.1	29.5	985.5
06. Cereals and cereal products	218.5	230.0	91.7	405.0
07. Meat and meat products	105.5	115.3	20.0	248.6
08. Fish and shellfish	0.0	22.5	0.0	117.0
09. Eggs and egg products	0.0	12.6	0.0	67.5
10. Fat	28.4	29.1	4.3	62.2
11. Sugar and confectionery	32.7	45.1	0.0	133.6
12. Cakes	30.5	49.8	0.0	155.0
13. Non-alcoholic beverages	1672.6	1746.1	744.6	3063.8
14. Alcoholic beverages	160.5	298.8	0.0	1000.0
15. Condiments and sauces	23.3	32.5	0.0	103.0
16. Soups, bouillon	0.0	73.7	0.0	344.0
17. Miscellaneous	0.0	14.8	0.0	70.0

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	73.0	83.4	0.0	207.0
02. Vegetables	114.9	120.1	4.4	265.8
03. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	83.7	116.2	0.0	329.6
05. Dairy products	295.5	330.6	27.1	744.0
06. Cereals and cereal products	157.2	167.1	67.5	294.0
07. Meat and meat products	82.5	93.2	11.5	189.0
08. Fish and shellfish	0.0	14.1	0.0	81.0
09. Eggs and egg products	0.0	11.2	0.0	50.0
10. Fat	21.9	22.9	3.2	49.5
11. Sugar and confectionery	21.8	35.3	0.0	120.0
12. Cakes	37.5	47.1	0.0	129.5
13. Non-alcoholic beverages	1662.2	1800.1	775.6	3045.7
14. Alcoholic beverages	0.0	105.0	0.0	448.4
15. Condiments and sauces	20.3	27.2	0.0	83.4
16. Soups, bouillon	0.0	56.3	0.0	261.9
17. Miscellaneous	0.0	15.6	0.0	74.5

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	67.5	69.6	0.0	186.7
02. Vegetables	122.2	128.7	11.7	294.2
03. Legumes	0.0	2.9	0.0	0.0
04. Fruits, nuts and olives	101.5	123.8	0.0	337.7

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
05. Dairy products	296.4	338.6	30.5	716.7
06. Cereals and cereal products	180.0	190.0	62.5	347.3
07. Meat and meat products	80.2	88.1	0.0	183.1
08. Fish and shellfish	0.0	15.2	0.0	98.3
09. Eggs and egg products	0.0	14.6	0.0	67.5
10. Fat	19.4	22.0	2.0	49.2
11. Sugar and confectionery	27.5	41.1	0.0	130.8
12. Cakes	32.5	45.4	0.0	136.5
13. Non-alcoholic beverages	1764.6	1861.2	858.4	3268.2
14. Alcoholic beverages	0.0	93.0	0.0	465.5
15. Condiments and sauces	20.3	28.6	0.0	92.0
16. Soups, bouillon	0.0	58.5	0.0	280.0
17. Miscellaneous	0.0	21.4	0.0	100.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	69.8	0.0	211.3
02. Vegetables	134.7	146.7	18.3	314.2
03. Legumes	0.0	4.0	0.0	39.5
04. Fruits, nuts and olives	114.0	147.1	0.0	407.3
05. Dairy products	292.2	339.8	27.5	823.2
06. Cereals and cereal products	165.0	179.3	79.1	339.0
07. Meat and meat products	63.8	78.9	0.0	196.0
08. Fish and shellfish	0.0	20.9	0.0	100.5
09. Eggs and egg products	0.0	8.6	0.0	45.0
10. Fat	17.2	20.2	0.5	43.5
11. Sugar and confectionery	28.9	40.2	0.0	120.1
12. Cakes	35.5	46.9	0.0	144.5
13. Non-alcoholic beverages	1906.6	1991.8	981.3	3447.6
14. Alcoholic beverages	0.0	106.6	0.0	466.7
15. Condiments and sauces	18.2	23.7	0.0	67.5
16. Soups, bouillon	0.0	64.4	0.0	257.1
17. Miscellaneous	0.0	23.2	0.0	115.0

**Table 1.4.a** Food consumption (main food groups) of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	86.7	0.0	235.9
02. Vegetables	69.7	77.3	0.0	187.5
03. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	65.0	86.7	0.0	247.6
05. Dairy products	370.6	400.2	29.6	868.9
06. Cereals and cereal products	182.7	197.5	80.0	363.4
07. Meat and meat products	80.9	91.3	9.6	202.3
08. Fish and shellfish	0.0	6.9	0.0	50.0
09. Eggs and egg products	0.0	8.0	0.0	45.0
10. Fat	19.7	22.3	2.5	51.3
11. Sugar and confectionery	60.7	72.5	5.0	173.6
12. Cakes	45.0	56.9	0.0	155.3
13. Non-alcoholic beverages	1038.9	1118.3	468.5	2040.8
14. Alcoholic beverages	0.0	37.5	0.0	150.0
15. Condiments and sauces	21.0	28.7	0.0	84.1
16. Soups, bouillon	0.0	32.6	0.0	175.0
17. Miscellaneous	0.0	17.4	0.0	75.0

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	89.2	0.0	226.0
02. Vegetables	77.0	85.5	0.0	216.2
03. Legumes	0.0	2.5	0.0	9.2
04. Fruits, nuts and olives	70.0	92.8	0.0	283.7
05. Dairy products	331.5	373.7	10.0	870.4
06. Cereals and cereal products	180.0	196.9	72.3	381.5
07. Meat and meat products	89.0	98.4	25.6	216.2
08. Fish and shellfish	0.0	6.9	0.0	39.2
09. Eggs and egg products	0.0	7.7	0.0	45.0
10. Fat	18.3	21.1	1.0	55.2
11. Sugar and confectionery	53.2	66.7	3.8	178.3
12. Cakes	40.5	50.4	0.0	140.0
13. Non-alcoholic beverages	1078.1	1178.8	533.4	2309.5
14. Alcoholic beverages	0.0	39.5	0.0	100.0
15. Condiments and sauces	21.2	28.0	0.0	77.0
16. Soups, bouillon	0.0	43.6	0.0	236.3
17. Miscellaneous	0.0	17.1	0.0	80.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	76.5	96.0	0.0	267.0
02. Vegetables	123.4	133.7	13.9	295.7
03. Legumes	0.0	3.6	0.0	4.8
04. Fruits, nuts and olives	91.2	122.1	0.0	352.0
05. Dairy products	307.5	369.7	23.3	930.4
06. Cereals and cereal products	198.5	214.4	79.1	400.6
07. Meat and meat products	93.4	105.8	7.0	238.1
08. Fish and shellfish	0.0	16.7	0.0	100.0
09. Eggs and egg products	0.0	11.7	0.0	50.0
10. Fat	23.9	27.5	3.0	64.2

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
11. Sugar and confectionery	36.6	48.7	0.0	133.9
12. Cakes	35.0	47.4	0.0	136.0
13. Non-alcoholic beverages	1636.7	1751.8	822.6	3086.7
14. Alcoholic beverages	1.3	210.6	0.0	1000.0
15. Condiments and sauces	23.4	33.4	0.0	102.9
16. Soups, bouillon	0.0	63.0	0.0	262.5
17. Miscellaneous	0.0	20.8	0.0	92.0

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	91.1	0.0	234.3
02. Vegetables	118.3	127.1	7.7	282.5
03. Legumes	0.0	2.5	0.0	0.0
04. Fruits, nuts and olives	82.5	113.2	0.0	340.0
05. Dairy products	327.6	377.1	31.1	894.9
06. Cereals and cereal products	189.3	201.8	70.5	389.2
07. Meat and meat products	100.5	114.1	13.8	248.8
08. Fish and shellfish	0.0	17.2	0.0	100.5
09. Eggs and egg products	0.0	13.1	0.0	56.0
10. Fat	24.3	26.7	3.6	58.3
11. Sugar and confectionery	25.0	39.8	0.0	130.5
12. Cakes	32.5	45.8	0.0	142.0
13. Non-alcoholic beverages	1677.9	1800.3	744.6	3270.1
14. Alcoholic beverages	23.0	219.2	0.0	960.0
15. Condiments and sauces	23.3	31.7	0.0	97.2
16. Soups, bouillon	0.0	64.8	0.0	305.3
17. Miscellaneous	0.0	16.1	0.0	72.0

**Table 1.4.b** Food consumption (main food groups) of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	77.6	96.4	0.0	260.5
02. Vegetables	71.6	80.3	0.0	199.0
03. Legumes	0.0	1.9	0.0	0.0
04. Fruits, nuts and olives	64.2	81.4	0.0	244.8
05. Dairy products	381.1	428.4	41.0	902.4
06. Cereals and cereal products	202.0	217.4	87.5	408.0
07. Meat and meat products	91.5	99.7	10.0	222.0
08. Fish and shellfish	0.0	7.8	0.0	62.5
09. Eggs and egg products	0.0	8.6	0.0	45.0
10. Fat	22.5	25.1	2.9	57.7
11. Sugar and confectionery	66.0	78.5	4.5	186.3
12. Cakes	44.0	57.6	0.0	166.0
13. Non-alcoholic beverages	1050.0	1136.5	448.9	2065.2
14. Alcoholic beverages	0.0	59.6	0.0	200.0
15. Condiments and sauces	23.3	31.7	0.0	90.3
16. Soups, bouillon	0.0	32.7	0.0	175.0
17. Miscellaneous	0.0	20.3	0.0	99.5

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	78.0	93.4	0.0	256.0
02. Vegetables	77.3	87.3	0.0	225.3
03. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	64.2	94.3	0.0	284.1
05. Dairy products	338.6	394.0	40.0	1075.5
06. Cereals and cereal products	202.5	219.0	70.0	439.5
07. Meat and meat products	93.6	108.6	28.0	227.8
08. Fish and shellfish	0.0	7.5	0.0	45.0
09. Eggs and egg products	0.0	8.0	0.0	47.5
10. Fat	20.3	23.7	1.4	58.7
11. Sugar and confectionery	54.1	70.2	5.0	189.8
12. Cakes	41.0	54.1	0.0	150.5
13. Non-alcoholic beverages	1140.0	1225.5	567.6	2330.0
14. Alcoholic beverages	0.0	23.4	0.0	100.0
15. Condiments and sauces	27.5	32.9	0.0	84.5
16. Soups, bouillon	0.0	45.3	0.0	259.0
17. Miscellaneous	0.0	16.0	0.0	110.0

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	76.0	0.0	200.0
02. Vegetables	67.4	74.0	0.0	178.3
03. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	71.7	92.4	0.0	249.1
05. Dairy products	360.1	369.3	25.0	768.2
06. Cereals and cereal products	166.5	175.7	73.4	310.0
07. Meat and meat products	75.7	82.2	7.5	177.5
08. Fish and shellfish	0.0	6.0	0.0	45.0
09. Eggs and egg products	0.0	7.3	0.0	45.0
10. Fat	17.6	19.4	2.3	41.9

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
11. Sugar and confectionery	57.1	66.0	5.1	162.0
12. Cakes	45.0	56.1	0.0	150.5
13. Non-alcoholic beverages	1024.9	1098.3	500.1	1967.9
14. Alcoholic beverages	0.0	13.3	0.0	61.7
15. Condiments and sauces	19.2	25.3	0.0	73.4
16. Soups, bouillon	0.0	32.5	0.0	175.7
17. Miscellaneous	0.0	14.1	0.0	70.0

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	85.6	0.0	215.0
02. Vegetables	75.0	84.0	0.0	189.0
03. Legumes	0.0	2.0	0.0	10.1
04. Fruits, nuts and olives	76.3	91.5	0.0	255.0
05. Dairy products	327.2	356.5	0.0	816.5
06. Cereals and cereal products	170.0	178.0	75.0	350.6
07. Meat and meat products	85.3	89.7	16.7	181.0
08. Fish and shellfish	0.0	6.4	0.0	39.0
09. Eggs and egg products	0.0	7.5	0.0	37.5
10. Fat	17.6	18.9	0.5	43.4
11. Sugar and confectionery	53.0	63.7	3.8	176.0
12. Cakes	39.0	47.3	0.0	132.0
13. Non-alcoholic beverages	1030.0	1139.2	522.6	2248.3
14. Alcoholic beverages	0.0	53.3	0.0	138.0
15. Condiments and sauces	17.9	23.9	0.0	71.6
16. Soups, bouillon	0.0	42.1	0.0	192.5
17. Miscellaneous	0.0	18.0	0.0	61.5

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	117.3	0.0	308.0
02. Vegetables	121.0	132.3	16.4	295.1
03. Legumes	0.0	3.3	0.0	0.0
04. Fruits, nuts and olives	70.0	107.3	0.0	324.2
05. Dairy products	337.2	416.9	21.6	1007.3
06. Cereals and cereal products	242.5	251.5	100.0	443.6
07. Meat and meat products	112.8	130.3	25.8	308.8
08. Fish and shellfish	0.0	17.0	0.0	100.5
09. Eggs and egg products	0.0	13.3	0.0	73.7
10. Fat	31.5	33.8	4.5	71.1
11. Sugar and confectionery	47.4	54.5	0.0	143.0
12. Cakes	30.0	46.4	0.0	136.0
13. Non-alcoholic beverages	1524.2	1651.6	779.7	3045.4
14. Alcoholic beverages	123.4	339.3	0.0	1472.5
15. Condiments and sauces	30.0	42.1	0.0	123.3
16. Soups, bouillon	0.0	72.5	0.0	315.0
17. Miscellaneous	0.0	21.0	0.0	75.0

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	108.0	0.0	262.5
02. Vegetables	117.2	129.2	2.0	277.3
03. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	76.5	109.2	0.0	358.1
05. Dairy products	356.2	407.1	39.3	943.3
06. Cereals and cereal products	214.0	223.7	79.0	414.2
07. Meat and meat products	125.0	134.4	27.4	277.2
08. Fish and shellfish	0.0	18.6	0.0	100.5
09. Eggs and egg products	0.0	12.7	0.0	58.3
10. Fat	29.2	31.1	5.2	65.4
11. Sugar and confectionery	32.0	44.5	0.0	137.5
12. Cakes	30.0	46.7	0.0	147.5
13. Non-alcoholic beverages	1588.4	1716.8	728.4	3166.4
14. Alcoholic beverages	125.0	321.8	0.0	1200.0
15. Condiments and sauces	27.2	34.7	0.0	98.9
16. Soups, bouillon	0.0	65.9	0.0	323.8
17. Miscellaneous	0.0	13.7	0.0	69.8

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	77.1	0.0	210.0
02. Vegetables	125.6	135.0	13.1	296.5
03. Legumes	0.0	3.9	0.0	26.7
04. Fruits, nuts and olives	109.3	135.2	0.0	369.9
05. Dairy products	288.5	328.0	27.0	749.1
06. Cereals and cereal products	171.0	181.6	70.0	334.3
07. Meat and meat products	73.5	84.1	0.0	189.0
08. Fish and shellfish	0.0	16.4	0.0	85.0
09. Eggs and egg products	0.0	10.4	0.0	48.0
10. Fat	19.0	22.0	2.0	48.5
11. Sugar and confectionery	31.0	43.6	0.0	127.7
12. Cakes	37.5	48.2	0.0	134.5
13. Non-alcoholic beverages	1708.0	1840.5	917.7	3096.7
14. Alcoholic beverages	0.0	96.7	0.0	414.6
15. Condiments and sauces	18.5	25.6	0.0	76.4
16. Soups, bouillon	0.0	54.5	0.0	254.7
17. Miscellaneous	0.0	20.6	0.0	108.5

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	72.2	0.0	188.0
02. Vegetables	119.2	124.8	8.2	283.6
03. Legumes	0.0	2.0	0.0	0.0
04. Fruits, nuts and olives	88.7	117.7	0.0	326.5
05. Dairy products	299.9	343.4	30.5	765.9
06. Cereals and cereal products	167.0	177.1	67.0	337.4
07. Meat and meat products	82.0	91.4	8.0	193.8
08. Fish and shellfish	0.0	15.7	0.0	100.5
09. Eggs and egg products	0.0	13.6	0.0	54.6
10. Fat	19.9	21.7	1.5	47.7
11. Sugar and confectionery	20.3	34.4	0.0	113.9
12. Cakes	35.0	44.7	0.0	138.0
13. Non-alcoholic beverages	1804.2	1894.2	842.8	3297.6



**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
14. Alcoholic beverages	0.0	103.9	0.0	485.0
15. Condiments and sauces	20.1	28.4	0.0	91.3
16. Soups, bouillon	0.0	63.4	0.0	291.4
17. Miscellaneous	0.0	18.8	0.0	81.7

**Table 2.1** Food consumption (main food groups) on consumption days of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Total Population (n=3,819)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.4	143.0	169.9	38.8	341.2
02. Vegetables	82.4	130.3	146.3	18.5	336.1
03. Legumes	2.3	110.2	125.2	18.0	275.0
04. Fruits, nuts and olives	64.5	145.0	173.7	14.0	423.4
05. Dairy products	94.2	332.0	400.7	25.0	993.7
06. Cereals and cereal products	98.3	180.0	209.1	60.8	441.5
07. Meat and meat products	88.2	105.0	121.5	19.4	283.9
08. Fish and shellfish	15.6	77.5	97.4	8.3	251.5
09. Eggs and egg products	24.2	45.0	48.1	5.4	129.2
10. Fat	92.9	24.0	28.2	3.5	68.3
11. Sugar and confectionery	79.9	40.8	61.1	4.8	182.5
12. Cakes	64.2	55.0	75.2	10.0	205.0
13. Non-alcoholic beverages	99.8	1519.9	1663.4	583.3	3230.0
14. Alcoholic beverages	33.2	308.3	549.6	45.9	1800.0
15. Condiments and sauces	70.7	31.8	44.9	4.1	130.3
16. Soups, bouillon	21.3	259.0	274.4	33.3	647.5
17. Miscellaneous	26.8	40.4	68.0	1.0	228.8

**Table 2.2.a** Food consumption (main food groups) on consumption days of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.6	140.0	159.9	44.0	310.6
02. Vegetables	74.7	96.7	105.5	14.7	243.0
03. Legumes	2.0	97.1	104.1	20.7	210.0
04. Fruits, nuts and olives	61.6	128.4	142.7	15.0	345.3
05. Dairy products	91.9	384.2	430.1	29.0	979.3
06. Cereals and cereal products	99.3	175.0	198.9	60.0	420.0
07. Meat and meat products	88.2	91.0	105.2	17.7	242.4
08. Fish and shellfish	8.5	64.1	80.7	9.6	220.4
09. Eggs and egg products	19.8	45.0	40.4	4.4	100.0
10. Fat	91.3	20.4	24.3	2.2	59.2
11. Sugar and confectionery	90.5	61.7	79.1	8.0	207.0
12. Cakes	74.6	54.0	74.9	10.0	205.0
13. Non-alcoholic beverages	99.4	1040.0	1137.6	400.0	2192.3
14. Alcoholic beverages	5.3	300.0	730.3	0.9	3010.0
15. Condiments and sauces	70.4	28.4	40.8	4.1	111.1
16. Soups, bouillon	13.8	225.8	251.8	19.8	610.5
17. Miscellaneous	18.8	70.0	92.3	2.0	250.0

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.4	143.0	172.1	37.2	342.0
02. Vegetables	84.1	138.4	154.2	20.0	348.8
03. Legumes	2.3	119.9	129.2	16.7	275.0
04. Fruits, nuts and olives	65.1	151.2	180.0	13.2	437.4
05. Dairy products	94.8	324.0	394.5	24.4	995.6
06. Cereals and cereal products	98.1	182.0	211.3	61.0	446.7
07. Meat and meat products	88.2	108.0	125.0	20.0	294.0
08. Fish and shellfish	17.1	78.3	99.2	8.3	256.0
09. Eggs and egg products	25.2	45.0	49.5	6.0	135.0
10. Fat	93.3	24.9	29.1	3.6	70.8
11. Sugar and confectionery	77.6	38.3	56.5	4.0	169.0
12. Cakes	62.0	55.0	75.3	10.0	205.0
13. Non-alcoholic beverages	99.9	1641.6	1777.8	689.8	3316.1
14. Alcoholic beverages	39.3	308.4	544.3	50.0	1800.0
15. Condiments and sauces	70.8	32.3	45.8	4.1	133.1
16. Soups, bouillon	23.0	259.0	277.4	38.8	647.5
17. Miscellaneous	28.5	30.0	64.5	1.0	225.0

**Table 2.2.b** Food consumption (main food groups) on consumption days of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.0	150.0	178.1	50.0	362.0
02. Vegetables	74.0	98.0	110.0	15.0	250.8
03. Legumes	1.7	105.0	115.8	16.0	227.5
04. Fruits, nuts and olives	58.9	128.4	142.1	15.0	330.0
05. Dairy products	91.9	401.3	460.0	44.0	1054.8
06. Cereals and cereal products	99.2	191.1	219.6	70.0	461.9
07. Meat and meat products	88.5	98.0	114.5	20.0	273.8
08. Fish and shellfish	8.7	75.0	87.4	9.6	250.0
09. Eggs and egg products	19.7	45.0	43.6	4.3	100.0
10. Fat	91.5	23.8	27.2	2.4	65.6
11. Sugar and confectionery	89.6	66.4	86.2	9.0	218.8
12. Cakes	73.3	58.0	78.1	11.0	214.0
13. Non-alcoholic beverages	99.4	1069.9	1161.9	400.0	2251.7
14. Alcoholic beverages	5.9	330.0	918.3	1.6	3600.0
15. Condiments and sauces	71.3	32.9	45.1	4.4	124.8
16. Soups, bouillon	13.6	239.7	258.4	32.6	630.0
17. Miscellaneous	19.1	70.0	103.4	1.5	290.0

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.2	140.0	141.3	39.7	285.9
02. Vegetables	75.5	91.0	100.9	14.3	230.5
03. Legumes	2.3	79.0	95.0	20.7	210.0
04. Fruits, nuts and olives	64.4	128.4	143.3	15.0	358.1
05. Dairy products	91.9	352.7	398.9	24.0	893.0
06. Cereals and cereal products	99.3	156.9	177.3	53.8	364.0
07. Meat and meat products	87.8	84.2	95.3	15.0	218.0
08. Fish and shellfish	8.3	60.0	73.5	9.6	201.0
09. Eggs and egg products	19.9	37.5	37.0	4.6	90.0
10. Fat	91.0	18.2	21.2	2.0	48.9
11. Sugar and confectionery	91.6	56.2	71.8	6.8	188.0
12. Cakes	76.0	50.0	71.6	10.0	198.0
13. Non-alcoholic beverages	99.5	1013.3	1112.3	400.0	2133.3
14. Alcoholic beverages	4.7	200.0	482.0	0.9	1741.9
15. Condiments and sauces	69.6	25.0	36.1	3.9	102.3
16. Soups, bouillon	14.1	220.0	245.2	18.6	582.8
17. Miscellaneous	18.5	68.0	80.3	2.0	230.5

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.8	188.0	197.9	48.0	407.0
02. Vegetables	83.6	142.8	155.6	21.4	358.0
03. Legumes	2.1	140.0	146.5	18.0	366.7
04. Fruits, nuts and olives	61.7	147.2	175.4	12.6	420.8
05. Dairy products	94.6	352.9	435.1	27.0	1085.0

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
06. Cereals and cereal products	97.9	210.0	239.9	70.0	500.0
07. Meat and meat products	90.8	124.0	146.2	29.9	328.0
08. Fish and shellfish	17.4	80.0	102.4	9.6	280.0
09. Eggs and egg products	25.2	45.0	51.2	5.5	135.0
10. Fat	94.7	30.6	34.1	4.3	78.2
11. Sugar and confectionery	77.9	42.4	62.3	5.8	183.0
12. Cakes	58.1	60.0	80.6	12.0	230.0
13. Non-alcoholic beverages	99.8	1532.7	1687.1	633.4	3220.1
14. Alcoholic beverages	47.6	426.7	687.0	72.8	2100.0
15. Condiments and sauces	73.6	37.5	51.3	4.7	143.0
16. Soups, bouillon	23.0	259.0	299.5	45.6	647.6
17. Miscellaneous	26.3	51.0	65.0	1.8	189.0

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.0	140.0	143.7	32.4	276.5
02. Vegetables	84.6	135.7	152.8	19.1	344.9
03. Legumes	2.5	100.6	114.6	16.7	220.3
04. Fruits, nuts and olives	68.6	153.0	184.3	13.7	447.5
05. Dairy products	94.9	303.1	353.7	24.0	854.9
06. Cereals and cereal products	98.3	160.0	182.6	50.0	381.0
07. Meat and meat products	85.7	91.0	102.4	15.4	226.6
08. Fish and shellfish	16.9	78.3	95.9	7.9	225.0
09. Eggs and egg products	25.2	45.0	47.7	6.1	109.1
10. Fat	91.8	20.6	23.9	3.0	55.1
11. Sugar and confectionery	77.3	32.2	50.5	3.8	155.0
12. Cakes	65.9	50.0	70.5	10.0	193.5
13. Non-alcoholic beverages	100.0	1738.5	1868.9	739.2	3399.9
14. Alcoholic beverages	30.9	240.9	322.9	44.0	900.0
15. Condiments and sauces	68.0	25.7	39.8	3.8	120.0
16. Soups, bouillon	23.0	250.0	255.2	32.6	542.7
17. Miscellaneous	30.8	15.0	64.1	1.0	250.0

**Table 2.2.c** Food consumption (main food groups) on consumption days of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.1	120.0	131.3	36.5	282.7
02. Vegetables	70.1	76.9	88.1	12.1	204.0
03. Legumes	2.2	58.9	76.0	26.6	166.5
04. Fruits, nuts and olives	66.8	128.4	145.2	20.0	321.3
05. Dairy products	93.6	390.8	431.3	35.0	954.6
06. Cereals and cereal products	99.8	140.0	163.3	60.0	336.3
07. Meat and meat products	87.2	78.8	85.8	13.3	196.0
08. Fish and shellfish	7.3	52.2	74.1	5.0	201.0
09. Eggs and egg products	18.4	45.0	37.6	4.9	98.7
10. Fat	90.7	18.4	21.5	2.1	48.6
11. Sugar and confectionery	94.8	70.0	86.9	10.0	218.0
12. Cakes	79.9	45.0	63.8	12.0	189.0
13. Non-alcoholic beverages	99.5	791.8	860.9	317.1	1644.4
14. Alcoholic beverages	1.1	1.6	19.6	0.3	75.1
15. Condiments and sauces	65.1	23.3	33.2	3.1	85.8
16. Soups, bouillon	11.4	194.3	190.9	18.6	388.5
17. Miscellaneous	15.2	70.0	120.4	1.0	416.6

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.7	143.0	165.1	48.7	310.6
02. Vegetables	71.6	94.0	105.5	13.6	247.6
03. Legumes	2.0	120.5	116.7	12.7	253.1
04. Fruits, nuts and olives	61.9	128.4	136.1	13.9	318.2
05. Dairy products	92.2	399.3	447.2	45.9	974.0
06. Cereals and cereal products	99.7	175.0	199.1	65.0	390.0
07. Meat and meat products	88.6	92.0	108.9	18.0	249.8
08. Fish and shellfish	8.7	75.0	91.7	8.9	280.0
09. Eggs and egg products	23.3	45.0	40.3	4.2	100.0
10. Fat	91.3	23.8	25.9	2.6	60.8
11. Sugar and confectionery	93.0	70.0	89.3	10.0	217.3
12. Cakes	78.7	60.0	79.0	14.0	214.0
13. Non-alcoholic beverages	99.1	995.3	1083.7	400.0	2036.0
14. Alcoholic beverages	1.7	21.7	129.0	2.0	400.0
15. Condiments and sauces	70.5	29.7	40.9	3.9	104.6
16. Soups, bouillon	14.6	210.0	261.7	39.7	551.0
17. Miscellaneous	17.2	65.5	85.8	1.0	250.0

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	57.4	140.0	142.2	36.5	300.0
02. Vegetables	75.1	79.7	93.2	11.7	203.8
03. Legumes	2.3	79.5	93.2	20.7	210.0
04. Fruits, nuts and olives	66.1	128.1	135.5	10.0	330.0
05. Dairy products	92.7	384.6	419.0	29.2	903.0

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
06. Cereals and cereal products	99.4	150.0	171.0	45.0	350.5
07. Meat and meat products	87.7	84.0	93.9	14.9	217.7
08. Fish and shellfish	8.4	52.2	79.7	6.4	225.0
09. Eggs and egg products	19.5	45.0	38.8	4.6	90.0
10. Fat	91.1	18.8	21.6	2.2	48.0
11. Sugar and confectionery	94.1	63.0	78.9	10.0	194.0
12. Cakes	77.7	52.0	74.3	12.0	195.0
13. Non-alcoholic beverages	99.3	925.0	982.1	399.9	1700.0
14. Alcoholic beverages	1.2	16.5	29.6	0.9	96.7
15. Condiments and sauces	68.9	24.1	33.7	3.9	96.9
16. Soups, bouillon	13.0	250.0	251.0	47.1	563.5
17. Miscellaneous	18.3	63.0	82.9	1.0	250.0

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	54.0	194.0	206.5	73.0	401.0
02. Vegetables	77.0	106.3	123.4	20.0	279.9
03. Legumes	1.6	132.4	130.8	39.5	227.5
04. Fruits, nuts and olives	53.2	128.4	143.0	12.8	362.3
05. Dairy products	90.3	422.0	487.0	40.0	1174.3
06. Cereals and cereal products	98.5	233.4	259.8	79.0	536.5
07. Meat and meat products	90.4	112.0	130.9	31.3	304.0
08. Fish and shellfish	9.0	75.0	88.6	11.1	201.0
09. Eggs and egg products	17.0	45.0	48.5	4.9	100.0
10. Fat	92.6	25.8	30.2	1.7	73.5
11. Sugar and confectionery	84.5	60.0	79.7	6.0	218.8
12. Cakes	65.7	64.0	84.1	10.0	224.0
13. Non-alcoholic beverages	99.5	1230.0	1350.2	480.0	2663.2
14. Alcoholic beverages	12.2	453.4	1049.6	1.6	3900.0
15. Condiments and sauces	75.4	36.6	52.0	5.8	143.6
16. Soups, bouillon	14.0	259.0	277.0	18.6	647.5
17. Miscellaneous	21.6	75.0	102.9	2.0	272.0

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.7	140.0	147.9	40.0	286.0
02. Vegetables	79.0	98.0	111.7	16.0	264.0
03. Legumes	2.1	110.3	106.4	18.4	210.0
04. Fruits, nuts and olives	61.2	130.0	154.7	18.1	382.5
05. Dairy products	91.2	301.8	363.5	22.0	846.0
06. Cereals and cereal products	99.0	175.0	192.8	60.0	387.0
07. Meat and meat products	86.7	89.3	100.8	18.2	222.0
08. Fish and shellfish	9.0	58.5	67.3	9.8	201.0
09. Eggs and egg products	20.6	33.2	37.0	3.1	90.0
10. Fat	90.4	18.0	21.2	1.8	51.1
11. Sugar and confectionery	87.4	42.0	60.4	4.0	162.2
12. Cakes	72.2	55.0	72.3	10.0	200.0

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
13. Non-alcoholic beverages	99.8	1250.0	1351.9	483.4	2473.4
14. Alcoholic beverages	9.4	250.0	567.2	0.9	1960.0
15. Condiments and sauces	71.1	30.0	40.6	4.8	114.0
16. Soups, bouillon	15.7	259.0	256.5	17.0	630.0
17. Miscellaneous	21.1	70.0	77.3	2.0	210.0

**Group=Male Adults (19-30 years, n=356)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.9	194.0	206.7	33.5	450.0
02. Vegetables	81.0	127.2	143.4	21.4	310.0
03. Legumes	1.8	140.0	149.1	15.2	231.3
04. Fruits, nuts and olives	54.2	130.0	139.8	7.3	345.0
05. Dairy products	90.7	340.9	439.8	25.4	1218.2
06. Cereals and cereal products	96.8	245.0	274.5	80.0	564.0
07. Meat and meat products	91.1	120.0	148.6	30.0	350.0
08. Fish and shellfish	16.3	82.6	99.1	9.6	250.0
09. Eggs and egg products	26.2	46.9	57.2	7.7	135.0
10. Fat	90.1	29.6	34.0	3.1	79.9
11. Sugar and confectionery	81.7	49.0	71.1	6.6	200.0
12. Cakes	49.6	60.0	86.9	12.0	250.0
13. Non-alcoholic beverages	99.4	1533.1	1728.5	605.5	3254.1
14. Alcoholic beverages	34.8	560.0	1014.0	33.0	3533.5
15. Condiments and sauces	74.9	46.5	62.6	5.2	167.1
16. Soups, bouillon	21.8	259.0	292.0	33.0	647.5
17. Miscellaneous	23.6	70.0	108.4	2.2	330.0

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	47.7	140.0	147.1	32.0	280.0
02. Vegetables	82.5	110.3	135.0	15.7	347.8
03. Legumes	2.8	119.9	129.0	30.0	490.0
04. Fruits, nuts and olives	60.2	148.0	167.6	6.3	414.9
05. Dairy products	93.0	283.3	350.4	24.0	890.9
06. Cereals and cereal products	97.3	180.0	198.1	50.0	390.0
07. Meat and meat products	82.0	100.0	109.3	17.4	240.6
08. Fish and shellfish	12.5	76.0	82.2	10.1	187.5
09. Eggs and egg products	22.5	46.1	54.1	8.4	129.2
10. Fat	89.3	19.1	23.0	3.0	55.3
11. Sugar and confectionery	80.6	40.0	60.2	4.0	186.0
12. Cakes	58.9	55.0	76.1	14.0	215.0
13. Non-alcoholic beverages	100.0	1735.0	1868.4	705.0	3395.9
14. Alcoholic beverages	15.1	250.0	393.3	1.6	1500.0
15. Condiments and sauces	68.9	30.0	44.6	3.5	134.9
16. Soups, bouillon	17.3	259.0	276.1	31.5	593.3
17. Miscellaneous	28.5	47.5	72.6	1.0	200.0



**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	55.9	194.0	209.3	62.0	410.0
02. Vegetables	85.4	142.7	155.4	19.2	360.0
03. Legumes	1.5	122.3	168.5	9.5	398.7
04. Fruits, nuts and olives	61.6	153.0	179.3	8.0	439.4
05. Dairy products	94.7	350.2	436.1	24.4	1083.6
06. Cereals and cereal products	97.4	220.3	247.7	73.7	513.3
07. Meat and meat products	89.9	125.0	147.4	30.0	325.0
08. Fish and shellfish	17.7	66.0	95.3	8.0	251.5
09. Eggs and egg products	22.2	45.0	49.4	6.3	135.0
10. Fat	95.3	31.0	34.3	4.5	79.3
11. Sugar and confectionery	79.1	44.0	63.4	5.7	189.0
12. Cakes	57.0	60.0	83.8	10.0	240.0
13. Non-alcoholic beverages	99.9	1668.4	1802.5	651.1	3510.0
14. Alcoholic beverages	45.4	500.0	706.9	72.8	2400.0
15. Condiments and sauces	75.2	43.2	52.9	6.0	143.0
16. Soups, bouillon	20.5	259.0	294.8	40.4	660.0
17. Miscellaneous	26.1	51.5	54.2	1.0	150.0

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	49.2	140.0	147.1	31.0	280.0
02. Vegetables	84.4	135.2	149.1	19.1	335.8
03. Legumes	2.9	103.3	117.5	18.8	220.3
04. Fruits, nuts and olives	66.0	146.9	180.1	10.0	456.1
05. Dairy products	94.9	309.0	351.5	22.0	843.3
06. Cereals and cereal products	98.6	170.0	191.2	48.0	402.0
07. Meat and meat products	86.4	87.5	99.8	15.4	224.6
08. Fish and shellfish	16.7	80.0	97.1	10.8	217.5
09. Eggs and egg products	22.8	45.0	44.5	6.3	135.0
10. Fat	91.5	20.6	23.9	2.8	55.0
11. Sugar and confectionery	78.3	34.0	51.0	4.0	160.0
12. Cakes	66.4	55.0	73.8	12.0	203.0
13. Non-alcoholic beverages	100.0	1825.2	1938.5	774.9	3468.7
14. Alcoholic beverages	27.2	208.3	326.2	34.2	924.9
15. Condiments and sauces	68.7	26.1	40.1	4.6	118.7
16. Soups, bouillon	22.9	220.0	244.1	51.7	500.0
17. Miscellaneous	33.2	12.0	62.3	1.0	226.6

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	60.4	150.0	179.0	50.8	342.0
02. Vegetables	82.9	150.8	163.4	21.9	360.0
03. Legumes	3.1	122.2	131.2	18.0	280.0
04. Fruits, nuts and olives	66.5	153.0	189.1	20.0	413.0
05. Dairy products	96.9	367.3	430.9	28.7	958.4
06. Cereals and cereal products	99.2	180.0	208.1	66.0	422.4
07. Meat and meat products	91.7	125.0	143.0	26.0	317.7

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
08. Fish and shellfish	17.6	95.8	113.9	18.0	280.0
09. Eggs and egg products	28.5	45.0	49.6	4.3	135.0
10. Fat	96.8	30.6	33.8	4.2	75.9
11. Sugar and confectionery	73.8	40.0	54.5	5.4	150.2
12. Cakes	65.0	55.0	73.8	12.0	195.0
13. Non-alcoholic beverages	100.0	1404.9	1508.1	618.5	2791.7
14. Alcoholic beverages	58.7	369.9	543.1	72.8	1500.0
15. Condiments and sauces	70.6	30.0	41.3	3.6	113.3
16. Soups, bouillon	27.0	288.8	308.1	59.5	647.5
17. Miscellaneous	28.2	14.0	55.2	2.0	180.0

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	58.2	140.0	138.2	39.3	260.6
02. Vegetables	86.2	157.5	168.2	22.0	348.8
03. Legumes	1.8	100.6	93.9	14.2	213.2
04. Fruits, nuts and olives	77.4	165.0	197.1	25.0	447.5
05. Dairy products	96.2	304.0	358.6	25.9	832.3
06. Cereals and cereal products	98.6	140.0	161.7	50.0	344.0
07. Meat and meat products	87.0	91.0	101.8	15.0	222.0
08. Fish and shellfish	19.8	76.0	100.2	5.1	280.0
09. Eggs and egg products	30.0	50.0	47.9	5.7	100.0
10. Fat	93.8	21.8	24.5	4.0	55.1
11. Sugar and confectionery	74.0	25.0	43.2	3.3	133.3
12. Cakes	69.6	45.0	63.5	10.0	168.0
13. Non-alcoholic beverages	100.0	1650.8	1778.0	704.2	3245.0
14. Alcoholic beverages	45.8	246.6	305.6	55.0	771.6
15. Condiments and sauces	66.4	23.3	36.3	3.1	116.2
16. Soups, bouillon	26.7	259.0	259.2	23.4	570.0
17. Miscellaneous	29.2	12.0	61.5	1.0	275.0

**Table 2.3.a** Food consumption (main food groups) on consumption days of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.7	140.0	162.1	53.3	317.9
02. Vegetables	68.8	86.7	98.7	13.3	237.4
03. Legumes	1.9	79.0	102.6	20.7	253.1
04. Fruits, nuts and olives	55.9	128.0	138.1	15.0	336.0
05. Dairy products	89.7	342.4	381.6	26.0	891.0
06. Cereals and cereal products	98.7	160.0	186.4	60.0	398.0
07. Meat and meat products	88.0	95.4	110.4	19.4	250.0
08. Fish and shellfish	7.6	60.0	92.8	8.9	300.0
09. Eggs and egg products	18.9	45.0	39.9	3.8	100.0
10. Fat	90.8	22.0	25.1	3.8	58.1
11. Sugar and confectionery	88.4	62.5	78.9	8.0	211.9
12. Cakes	70.5	56.0	78.5	10.0	230.0
13. Non-alcoholic beverages	99.4	1022.0	1125.2	408.3	2120.0
14. Alcoholic beverages	4.7	200.0	662.4	1.6	3900.0
15. Condiments and sauces	73.7	33.2	41.9	4.2	108.1
16. Soups, bouillon	14.7	239.7	242.5	27.6	518.0
17. Miscellaneous	17.4	72.0	94.5	2.0	240.0

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.3	140.0	159.2	40.0	311.0
02. Vegetables	73.4	94.0	103.7	13.8	241.0
03. Legumes	2.3	110.2	107.3	20.2	210.0
04. Fruits, nuts and olives	60.7	128.4	141.5	15.0	332.3
05. Dairy products	92.2	386.0	430.0	24.0	990.0
06. Cereals and cereal products	99.3	169.9	191.7	50.0	407.7
07. Meat and meat products	90.1	92.0	104.3	18.0	240.0
08. Fish and shellfish	7.6	56.2	71.9	6.4	201.0
09. Eggs and egg products	20.3	45.0	40.5	4.6	100.0
10. Fat	90.8	20.0	23.9	2.1	58.5
11. Sugar and confectionery	91.7	63.0	80.2	8.0	206.3
12. Cakes	76.2	59.0	77.8	10.0	214.0
13. Non-alcoholic beverages	99.3	1026.7	1120.1	392.4	2200.0
14. Alcoholic beverages	4.2	300.0	718.1	0.9	5100.0
15. Condiments and sauces	71.0	28.4	39.8	4.0	107.6
16. Soups, bouillon	14.1	236.3	262.4	18.6	630.0
17. Miscellaneous	17.7	64.5	90.6	2.0	250.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.3	140.0	157.6	42.0	310.6
02. Vegetables	79.6	98.0	110.8	16.2	260.3
03. Legumes	1.5	74.7	88.3	12.7	210.0
04. Fruits, nuts and olives	66.3	128.4	146.9	16.4	365.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
05. Dairy products	93.7	417.0	463.1	39.0	1059.0
06. Cereals and cereal products	99.4	189.8	212.1	70.0	430.0
07. Meat and meat products	85.7	87.8	103.3	16.0	240.0
08. Fish and shellfish	9.6	78.3	88.7	9.6	280.0
09. Eggs and egg products	19.4	45.0	39.9	3.8	90.0
10. Fat	91.6	19.6	23.9	1.7	59.6
11. Sugar and confectionery	91.0	60.5	77.9	7.7	203.0
12. Cakes	76.6	50.0	69.6	10.0	195.0
13. Non-alcoholic beverages	99.8	1041.5	1143.0	406.0	2161.7
14. Alcoholic beverages	6.2	300.0	744.5	1.6	2891.8
15. Condiments and sauces	67.7	25.9	41.2	4.2	118.3
16. Soups, bouillon	12.7	210.0	244.1	18.6	518.1
17. Miscellaneous	21.5	63.0	90.0	1.0	280.0

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	57.3	148.2	181.7	56.0	350.0
02. Vegetables	80.8	141.0	150.5	18.4	334.2
03. Legumes	2.2	132.6	158.0	30.0	398.7
04. Fruits, nuts and olives	59.9	149.4	176.4	10.3	432.3
05. Dairy products	95.1	318.0	386.0	24.0	1002.2
06. Cereals and cereal products	97.9	170.0	200.9	63.0	433.0
07. Meat and meat products	89.3	109.8	131.8	20.0	314.2
08. Fish and shellfish	14.8	76.0	99.8	9.6	280.0
09. Eggs and egg products	24.9	45.0	48.4	6.1	114.8
10. Fat	94.9	25.2	29.5	3.5	72.0
11. Sugar and confectionery	78.2	35.0	55.8	4.0	175.0
12. Cakes	64.3	52.0	72.3	10.0	200.0
13. Non-alcoholic beverages	99.8	1600.0	1726.1	665.0	3255.0
14. Alcoholic beverages	34.7	308.3	571.0	45.9	1982.6
15. Condiments and sauces	72.6	32.9	45.9	4.0	125.5
16. Soups, bouillon	22.7	259.0	283.6	45.6	647.5
17. Miscellaneous	27.7	14.0	59.9	1.0	204.0

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.7	143.0	171.5	36.7	342.0
02. Vegetables	84.6	134.0	149.7	19.8	345.0
03. Legumes	1.9	119.9	119.6	18.0	231.3
04. Fruits, nuts and olives	65.9	148.8	176.8	10.6	439.8
05. Dairy products	94.0	324.8	399.1	26.0	1000.0
06. Cereals and cereal products	97.8	195.0	220.8	65.0	465.0
07. Meat and meat products	88.7	110.5	125.7	20.0	286.1
08. Fish and shellfish	16.8	75.0	95.9	8.0	249.8
09. Eggs and egg products	27.0	45.0	50.9	6.5	135.0
10. Fat	93.1	25.2	29.7	3.7	72.0
11. Sugar and confectionery	78.4	39.0	56.8	5.0	166.0

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
12. Cakes	60.9	55.0	74.8	10.0	203.0
13. Non-alcoholic beverages	99.9	1630.0	1773.0	690.0	3303.9
14. Alcoholic beverages	39.4	326.7	577.4	55.0	1800.0
15. Condiments and sauces	71.0	33.5	47.9	4.1	140.0
16. Soups, bouillon	22.3	259.0	274.4	31.5	582.8
17. Miscellaneous	29.6	30.0	65.7	1.0	229.0

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	51.8	142.0	159.1	36.0	308.0
02. Vegetables	87.6	150.0	166.3	22.0	373.4
03. Legumes	3.2	100.2	113.8	15.2	222.0
04. Fruits, nuts and olives	70.7	154.5	189.6	16.0	442.7
05. Dairy products	95.6	332.0	397.4	24.4	936.7
06. Cereals and cereal products	99.0	185.0	208.0	60.0	430.0
07. Meat and meat products	86.1	102.0	114.4	16.0	268.5
08. Fish and shellfish	20.8	90.0	103.7	6.4	280.0
09. Eggs and egg products	22.3	45.0	48.0	5.4	129.2
10. Fat	91.5	24.0	27.3	3.6	63.0
11. Sugar and confectionery	75.4	40.0	56.7	4.0	165.0
12. Cakes	60.9	60.0	80.2	12.7	216.0
13. Non-alcoholic beverages	100.0	1719.2	1854.4	708.4	3421.3
14. Alcoholic beverages	45.2	304.6	465.0	65.0	1479.9
15. Condiments and sauces	68.1	29.2	41.8	4.2	132.8
16. Soups, bouillon	24.7	259.0	274.8	51.7	600.0
17. Miscellaneous	27.8	39.9	68.3	1.8	218.0

**Table 2.3.b** Food consumption (main food groups) on consumption days of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.9	143.0	182.0	60.0	388.0
02. Vegetables	70.1	97.5	103.4	13.5	238.8
03. Legumes	2.3	105.0	116.5	39.9	253.1
04. Fruits, nuts and olives	54.1	128.2	136.9	15.8	291.6
05. Dairy products	88.2	343.3	386.0	36.0	891.0
06. Cereals and cereal products	98.8	175.0	210.7	62.5	482.1
07. Meat and meat products	88.9	99.8	117.3	26.4	257.2
08. Fish and shellfish	7.2	50.0	98.7	5.0	328.0
09. Eggs and egg products	18.6	45.0	42.8	4.2	100.0
10. Fat	89.5	24.6	28.1	3.9	65.6
11. Sugar and confectionery	85.5	64.2	79.5	10.0	202.4
12. Cakes	69.1	60.0	85.7	10.0	272.0
13. Non-alcoholic beverages	98.8	1071.7	1181.6	400.1	2556.7
14. Alcoholic beverages	6.8	330.0	771.5	0.9	3900.0
15. Condiments and sauces	75.1	34.9	45.9	3.9	127.1
16. Soups, bouillon	16.7	259.0	244.3	18.6	582.8
17. Miscellaneous	19.0	85.0	104.8	2.0	255.0

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.7	150.0	174.5	45.1	342.0
02. Vegetables	72.2	96.7	107.0	13.8	250.8
03. Legumes	1.8	132.4	119.3	39.5	227.5
04. Fruits, nuts and olives	57.7	128.4	148.0	15.0	368.6
05. Dairy products	93.4	400.0	455.4	34.0	1042.2
06. Cereals and cereal products	99.0	183.0	210.3	65.5	422.0
07. Meat and meat products	89.9	98.0	114.1	20.0	280.0
08. Fish and shellfish	7.4	75.0	84.6	11.1	201.0
09. Eggs and egg products	20.8	45.0	46.3	4.4	100.0
10. Fat	91.4	23.6	27.0	2.4	62.8
11. Sugar and confectionery	91.5	71.2	91.2	10.0	224.2
12. Cakes	75.1	59.0	78.1	13.0	214.0
13. Non-alcoholic beverages	99.5	1050.0	1133.1	366.7	2241.7
14. Alcoholic beverages	3.1	400.0	959.8	1.6	2225.0
15. Condiments and sauces	70.7	32.6	44.6	4.4	129.0
16. Soups, bouillon	14.3	220.0	275.2	32.6	647.6
17. Miscellaneous	17.4	63.0	104.8	2.0	360.0

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	51.6	159.0	177.5	48.7	348.0
02. Vegetables	78.4	100.0	117.4	19.0	274.9
03. Legumes	1.2	74.7	90.6	12.7	210.0
04. Fruits, nuts and olives	63.4	128.4	138.7	15.0	316.8

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
05. Dairy products	93.4	470.4	515.0	58.0	1123.9
06. Cereals and cereal products	99.6	210.0	232.5	70.0	477.0
07. Meat and meat products	86.2	91.7	112.0	18.0	290.0
08. Fish and shellfish	10.4	78.3	91.3	8.7	280.0
09. Eggs and egg products	18.5	45.0	41.6	3.8	95.0
10. Fat	92.4	22.1	26.3	1.9	68.0
11. Sugar and confectionery	90.2	63.5	83.8	6.0	218.8
12. Cakes	75.5	55.0	74.9	10.0	200.0
13. Non-alcoholic beverages	99.8	1050.0	1167.8	433.3	2241.7
14. Alcoholic beverages	8.2	397.7	971.6	2.0	3010.0
15. Condiments and sauces	68.7	29.6	45.4	4.8	120.6
16. Soups, bouillon	11.1	220.0	245.6	32.6	518.0
17. Miscellaneous	21.9	68.0	98.0	1.0	340.0

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	59.9	140.0	142.2	46.5	265.0
02. Vegetables	67.3	78.9	93.2	12.7	230.5
03. Legumes	1.4	50.5	76.0	20.7	210.0
04. Fruits, nuts and olives	57.9	128.0	139.4	13.2	367.4
05. Dairy products	91.2	336.1	376.8	24.0	892.1
06. Cereals and cereal products	98.7	142.0	159.3	60.0	330.0
07. Meat and meat products	86.9	89.5	102.6	17.7	245.6
08. Fish and shellfish	8.1	77.0	87.0	9.6	225.0
09. Eggs and egg products	19.2	45.0	36.8	2.4	90.0
10. Fat	92.1	19.2	21.9	3.4	50.0
11. Sugar and confectionery	91.7	60.0	78.2	4.0	226.5
12. Cakes	72.1	51.0	70.8	11.0	190.0
13. Non-alcoholic beverages	100.0	983.4	1063.4	408.3	2006.7
14. Alcoholic beverages	2.4	106.3	326.2	13.2	1960.0
15. Condiments and sauces	72.1	26.7	37.2	4.5	104.0
16. Soups, bouillon	12.6	210.0	240.0	44.0	518.0
17. Miscellaneous	15.6	70.0	80.5	2.0	192.0

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	55.9	140.0	143.4	40.0	299.0
02. Vegetables	74.6	92.6	100.4	14.0	228.7
03. Legumes	2.8	93.3	99.5	20.2	210.0
04. Fruits, nuts and olives	63.7	128.4	135.5	15.0	318.0
05. Dairy products	90.9	360.6	403.3	22.8	903.0
06. Cereals and cereal products	99.5	155.0	172.8	45.0	361.3
07. Meat and meat products	90.3	84.3	94.3	16.0	206.0
08. Fish and shellfish	7.9	50.0	59.8	4.3	201.0
09. Eggs and egg products	19.8	24.0	34.4	4.9	100.0
10. Fat	90.2	18.0	20.7	2.0	48.1
11. Sugar and confectionery	91.8	54.0	68.9	6.3	186.2

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
12. Cakes	77.3	58.0	77.6	10.0	220.0
13. Non-alcoholic beverages	99.1	1013.2	1106.8	400.0	2103.5
14. Alcoholic beverages	5.4	300.0	574.3	0.7	5100.0
15. Condiments and sauces	71.3	25.0	34.9	3.5	99.1
16. Soups, bouillon	13.8	246.7	248.7	18.6	563.5
17. Miscellaneous	17.9	70.0	76.6	2.0	210.0

**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.9	126.2	136.5	36.5	270.0
02. Vegetables	80.9	94.9	103.8	15.7	241.7
03. Legumes	1.8	67.1	86.7	37.3	210.0
04. Fruits, nuts and olives	69.5	128.4	155.1	20.0	414.6
05. Dairy products	94.2	352.7	407.0	25.8	895.0
06. Cereals and cereal products	99.2	166.6	189.9	70.0	369.8
07. Meat and meat products	85.2	84.3	93.6	14.0	212.3
08. Fish and shellfish	8.8	78.3	85.5	9.8	220.4
09. Eggs and egg products	20.5	45.0	38.2	4.5	90.0
10. Fat	90.8	18.0	21.2	1.7	49.4
11. Sugar and confectionery	91.9	57.2	71.6	10.0	181.9
12. Cakes	77.8	46.0	64.1	10.0	187.0
13. Non-alcoholic beverages	99.7	1035.0	1115.9	386.6	2116.7
14. Alcoholic beverages	4.1	124.9	255.5	1.6	1741.9
15. Condiments and sauces	66.6	24.0	36.4	3.9	110.5
16. Soups, bouillon	14.4	210.0	242.8	17.0	630.0
17. Miscellaneous	21.1	63.0	80.9	1.0	233.3

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	58.6	194.0	220.4	62.0	440.0
02. Vegetables	80.2	146.2	154.7	20.0	352.0
03. Legumes	2.3	220.0	209.4	30.0	398.7
04. Fruits, nuts and olives	54.9	142.2	167.9	10.0	392.1
05. Dairy products	95.3	357.0	431.8	24.0	1125.6
06. Cereals and cereal products	97.5	205.0	238.4	70.0	514.0
07. Meat and meat products	90.8	137.1	162.6	30.0	354.0
08. Fish and shellfish	13.5	90.0	113.5	13.9	280.0
09. Eggs and egg products	24.4	45.0	53.4	6.6	135.0
10. Fat	95.4	32.0	35.7	4.5	82.6
11. Sugar and confectionery	79.5	46.8	67.2	6.0	200.0
12. Cakes	58.7	56.0	77.5	10.0	240.0
13. Non-alcoholic beverages	99.6	1488.7	1632.7	606.6	3150.0
14. Alcoholic beverages	41.6	540.7	748.6	45.9	2520.0
15. Condiments and sauces	73.2	46.5	55.8	6.2	141.0
16. Soups, bouillon	22.5	315.0	329.6	91.4	647.6
17. Miscellaneous	24.7	47.5	71.5	2.0	210.0



**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	57.3	188.0	197.0	45.0	388.0
02. Vegetables	84.1	135.8	148.6	20.0	337.5
03. Legumes	1.7	67.6	106.2	9.5	210.0
04. Fruits, nuts and olives	63.2	140.0	173.6	10.3	435.1
05. Dairy products	93.4	335.0	438.5	29.0	1082.4
06. Cereals and cereal products	97.3	220.0	246.6	80.0	503.6
07. Meat and meat products	92.0	125.0	144.8	30.0	316.0
08. Fish and shellfish	17.5	65.0	95.8	8.0	280.0
09. Eggs and egg products	25.8	45.0	50.2	6.6	135.0
10. Fat	94.7	30.8	34.8	4.3	79.0
11. Sugar and confectionery	78.1	41.0	60.9	5.8	166.8
12. Cakes	57.9	60.0	78.5	10.0	222.0
13. Non-alcoholic beverages	99.8	1510.0	1692.2	640.0	3196.6
14. Alcoholic beverages	48.7	490.0	724.0	72.8	2100.0
15. Condiments and sauces	74.6	39.1	52.0	4.5	143.0
16. Soups, bouillon	22.0	259.0	287.9	33.0	660.0
17. Miscellaneous	27.6	48.0	64.7	1.4	210.0

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.9	150.7	172.4	43.6	342.0
02. Vegetables	86.4	149.5	168.3	23.4	385.6
03. Legumes	2.6	97.1	129.7	15.2	280.0
04. Fruits, nuts and olives	66.4	153.0	185.2	20.0	428.7
05. Dairy products	95.9	368.8	432.9	26.0	1022.1
06. Cereals and cereal products	99.3	210.0	230.1	70.0	451.9
07. Meat and meat products	88.6	112.0	130.0	20.0	306.4
08. Fish and shellfish	21.5	92.4	104.0	9.6	251.5
09. Eggs and egg products	24.9	47.1	50.7	4.5	135.0
10. Fat	93.8	29.3	30.9	3.8	67.6
11. Sugar and confectionery	75.7	40.1	59.2	5.3	176.3
12. Cakes	57.7	60.0	87.7	14.0	250.0
13. Non-alcoholic beverages	100.0	1638.2	1738.6	657.5	3241.7
14. Alcoholic beverages	52.2	360.0	572.8	76.0	1800.0
15. Condiments and sauces	72.3	30.0	44.9	3.7	145.7
16. Soups, bouillon	25.1	259.0	287.2	57.2	647.5
17. Miscellaneous	25.8	51.5	58.9	1.0	166.6

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	56.3	140.0	148.4	46.5	290.0
02. Vegetables	81.4	135.0	147.1	15.3	324.0
03. Legumes	2.0	105.0	109.8	11.4	233.0
04. Fruits, nuts and olives	64.0	153.0	182.4	10.3	456.1
05. Dairy products	95.1	298.8	348.1	23.6	846.6
06. Cereals and cereal products	98.2	150.0	170.1	57.0	345.0
07. Meat and meat products	88.0	95.2	105.5	16.0	222.0

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
08. Fish and shellfish	15.8	75.0	90.1	8.0	256.0
09. Eggs and egg products	25.2	45.0	44.4	5.3	100.0
10. Fat	94.4	21.9	24.4	3.0	57.0
11. Sugar and confectionery	77.0	28.0	46.1	3.5	153.4
12. Cakes	68.9	50.0	68.6	10.0	190.0
13. Non-alcoholic beverages	100.0	1695.9	1803.0	733.2	3300.0
14. Alcoholic beverages	29.0	246.7	360.5	44.0	1120.0
15. Condiments and sauces	72.0	24.1	37.5	3.4	105.9
16. Soups, bouillon	22.7	210.0	246.0	32.6	582.8
17. Miscellaneous	30.2	10.0	52.2	1.0	200.0

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	49.8	140.0	140.0	31.0	265.0
02. Vegetables	85.1	131.7	151.0	19.4	348.8
03. Legumes	2.2	130.1	130.5	18.8	272.5
04. Fruits, nuts and olives	68.8	153.0	179.9	10.6	439.8
05. Dairy products	94.6	312.4	357.5	24.0	818.2
06. Cereals and cereal products	98.3	172.8	193.3	48.0	420.0
07. Meat and meat products	85.1	90.5	103.5	15.0	241.0
08. Fish and shellfish	16.1	77.5	96.0	8.6	211.1
09. Eggs and egg products	28.3	50.0	51.6	6.2	135.0
10. Fat	91.2	20.2	24.1	3.0	55.1
11. Sugar and confectionery	78.8	35.0	52.5	4.4	162.5
12. Cakes	64.0	50.0	71.2	10.0	199.0
13. Non-alcoholic beverages	100.0	1738.5	1859.7	716.7	3311.7
14. Alcoholic beverages	29.3	200.0	315.8	33.0	900.0
15. Condiments and sauces	67.0	26.7	42.9	3.8	137.4
16. Soups, bouillon	22.5	259.0	260.3	28.0	525.0
17. Miscellaneous	31.8	16.0	66.7	1.0	250.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	49.2	140.0	142.2	31.0	265.0
02. Vegetables	89.0	150.0	164.1	20.0	346.8
03. Legumes	3.8	100.2	101.1	14.2	220.3
04. Fruits, nuts and olives	75.6	158.4	194.2	14.9	457.5
05. Dairy products	95.3	287.4	355.5	24.0	888.3
06. Cereals and cereal products	98.6	157.5	182.0	40.0	382.9
07. Meat and meat products	83.1	83.9	95.0	15.0	218.2
08. Fish and shellfish	20.1	90.0	103.2	6.0	280.0
09. Eggs and egg products	19.3	45.0	43.9	7.0	100.0
10. Fat	88.8	18.3	22.8	2.9	51.6
11. Sugar and confectionery	75.0	37.1	53.7	3.3	150.0
12. Cakes	64.6	55.0	72.4	10.0	190.0
13. Non-alcoholic beverages	100.0	1814.5	1989.8	820.0	3683.9
14. Alcoholic beverages	37.0	246.6	287.3	45.9	600.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15. Condiments and sauces	63.2	28.6	37.7	4.7	113.0
16. Soups, bouillon	24.3	250.0	259.8	51.7	525.0
17. Miscellaneous	30.1	32.9	77.7	1.8	376.6

**Table 2.4.a** Food consumption (main food groups) on consumption days of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.3	140.0	159.7	42.2	313.7
02. Vegetables	74.9	92.4	103.2	13.5	240.0
03. Legumes	1.9	105.0	106.6	26.6	210.0
04. Fruits, nuts and olives	61.4	128.4	141.8	15.0	345.8
05. Dairy products	92.2	388.0	433.1	29.2	986.5
06. Cereals and cereal products	99.3	175.0	198.9	60.0	418.0
07. Meat and meat products	87.4	90.0	104.6	17.5	240.0
08. Fish and shellfish	8.4	64.8	82.4	10.0	208.8
09. Eggs and egg products	20.0	45.0	40.3	4.2	100.0
10. Fat	91.6	20.7	24.5	2.3	59.0
11. Sugar and confectionery	90.7	63.0	80.0	8.0	208.3
12. Cakes	75.1	54.0	76.1	10.0	211.0
13. Non-alcoholic beverages	99.7	1033.2	1125.2	400.0	2154.3
14. Alcoholic beverages	5.4	300.0	707.7	1.6	2891.8
15. Condiments and sauces	70.5	28.8	40.9	4.0	112.1
16. Soups, bouillon	13.3	225.8	250.4	18.6	630.0
17. Miscellaneous	18.1	70.0	96.0	2.0	250.0

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.6	140.0	160.9	48.7	308.0
02. Vegetables	73.9	98.0	116.1	17.1	271.4
03. Legumes	2.6	81.4	95.3	18.4	227.5
04. Fruits, nuts and olives	62.7	128.4	147.1	15.0	333.0
05. Dairy products	90.4	343.6	415.8	24.0	968.7
06. Cereals and cereal products	99.1	174.0	199.1	65.0	430.0
07. Meat and meat products	91.7	93.0	107.7	18.0	266.0
08. Fish and shellfish	9.2	52.2	73.8	5.0	280.0
09. Eggs and egg products	18.9	45.0	41.0	4.9	95.0
10. Fat	89.8	18.4	23.3	1.9	59.6
11. Sugar and confectionery	89.7	57.5	74.5	6.0	200.0
12. Cakes	72.6	53.0	68.9	12.0	195.0
13. Non-alcoholic beverages	98.5	1066.9	1196.0	441.7	2450.0
14. Alcoholic beverages	5.1	300.0	842.0	0.9	5100.0
15. Condiments and sauces	70.2	26.6	40.2	4.4	107.6
16. Soups, bouillon	16.5	231.0	257.3	20.2	582.8
17. Miscellaneous	22.0	59.5	78.1	1.0	255.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.1	143.0	174.7	31.0	366.0
02. Vegetables	85.3	140.3	156.3	19.4	355.3
03. Legumes	2.5	120.0	139.9	18.8	366.7
04. Fruits, nuts and olives	67.6	153.0	180.6	15.0	430.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
05. Dairy products	94.2	324.0	392.8	25.0	995.6
06. Cereals and cereal products	98.3	193.5	217.6	60.0	457.1
07. Meat and meat products	87.4	105.0	120.7	18.7	270.0
08. Fish and shellfish	17.6	78.3	95.4	9.6	211.1
09. Eggs and egg products	24.3	45.0	48.6	6.1	130.8
10. Fat	93.0	24.6	29.6	3.7	72.0
11. Sugar and confectionery	83.0	40.0	58.6	5.0	167.9
12. Cakes	63.0	55.0	75.4	10.0	203.0
13. Non-alcoholic beverages	99.9	1596.6	1752.8	703.7	3270.0
14. Alcoholic beverages	39.0	300.0	533.3	47.5	1680.0
15. Condiments and sauces	71.2	32.0	46.6	3.9	136.6
16. Soups, bouillon	23.5	250.0	267.6	38.8	600.0
17. Miscellaneous	26.6	60.0	79.1	1.0	229.0

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.8	143.0	169.9	45.0	310.6
02. Vegetables	83.1	137.5	152.3	20.0	334.1
03. Legumes	2.2	106.6	118.8	16.7	240.0
04. Fruits, nuts and olives	63.0	148.4	179.3	10.4	446.0
05. Dairy products	95.2	324.0	395.8	24.0	995.6
06. Cereals and cereal products	97.9	175.0	205.8	65.0	441.1
07. Meat and meat products	88.9	111.0	128.6	20.0	310.0
08. Fish and shellfish	16.7	80.0	102.9	8.0	280.0
09. Eggs and egg products	25.9	45.0	50.1	5.7	135.0
10. Fat	93.5	25.2	28.6	3.6	67.0
11. Sugar and confectionery	73.1	34.0	54.4	4.0	169.4
12. Cakes	61.1	54.0	75.1	10.0	216.0
13. Non-alcoholic beverages	100.0	1680.0	1797.7	666.5	3380.0
14. Alcoholic beverages	39.5	330.0	553.4	50.0	1800.0
15. Condiments and sauces	70.4	32.3	45.1	4.2	132.3
16. Soups, bouillon	22.6	259.0	285.9	37.8	647.5
17. Miscellaneous	30.1	12.0	53.6	1.0	208.0

**Table 2.4.b** Food consumption (main food groups) on consumption days of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.1	150.0	178.3	53.9	369.2
02. Vegetables	74.0	98.0	108.4	14.5	247.6
03. Legumes	1.7	105.0	111.1	16.0	210.0
04. Fruits, nuts and olives	59.0	128.4	138.5	14.4	323.0
05. Dairy products	91.9	408.6	465.6	47.3	1075.5
06. Cereals and cereal products	99.2	194.8	219.5	70.0	466.7
07. Meat and meat products	87.9	97.8	113.7	18.8	268.0
08. Fish and shellfish	8.6	75.0	89.3	11.1	230.5
09. Eggs and egg products	20.0	45.0	43.7	4.2	100.0
10. Fat	91.5	24.0	27.5	2.6	66.4
11. Sugar and confectionery	90.3	66.6	87.0	9.0	221.4
12. Cakes	73.4	59.0	79.1	10.0	230.0
13. Non-alcoholic beverages	99.7	1053.4	1144.9	386.6	2228.4
14. Alcoholic beverages	6.3	330.0	968.3	1.6	3900.0
15. Condiments and sauces	70.4	32.5	45.4	4.3	125.8
16. Soups, bouillon	13.2	239.7	251.9	18.6	630.0
17. Miscellaneous	18.6	70.5	110.0	2.0	360.0

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.0	150.0	176.7	50.0	325.0
02. Vegetables	73.9	98.0	118.8	17.8	305.3
03. Legumes	2.2	97.1	134.1	58.9	227.5
04. Fruits, nuts and olives	58.5	128.4	161.6	20.0	420.0
05. Dairy products	91.8	353.9	430.3	24.0	969.9
06. Cereals and cereal products	99.6	186.3	220.4	67.0	461.0
07. Meat and meat products	91.9	102.1	118.6	27.2	300.0
08. Fish and shellfish	9.1	51.8	78.0	5.0	280.0
09. Eggs and egg products	18.2	37.5	43.4	4.4	100.0
10. Fat	91.6	19.2	25.6	1.2	65.3
11. Sugar and confectionery	85.8	64.6	81.8	6.0	209.0
12. Cakes	72.9	55.0	72.7	14.0	200.0
13. Non-alcoholic beverages	97.6	1125.0	1253.1	480.4	2570.3
14. Alcoholic beverages	4.2	560.0	529.2	2.0	1500.0
15. Condiments and sauces	75.7	33.5	43.7	6.2	116.6
16. Soups, bouillon	15.3	259.0	287.9	175.0	582.8
17. Miscellaneous	21.8	68.0	73.7	1.0	220.0

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.5	140.0	139.4	36.5	281.4
02. Vegetables	75.8	86.5	97.8	12.7	227.0
03. Legumes	2.2	93.3	103.0	26.6	210.0
04. Fruits, nuts and olives	63.9	128.4	145.0	15.4	365.0

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
05. Dairy products	92.6	355.0	397.9	24.0	877.2
06. Cereals and cereal products	99.4	156.1	176.6	50.3	365.0
07. Meat and meat products	86.8	84.0	94.5	15.0	212.2
08. Fish and shellfish	8.2	60.0	74.4	9.8	201.0
09. Eggs and egg products	20.0	32.4	36.5	4.2	90.0
10. Fat	91.6	18.5	21.2	2.0	48.1
11. Sugar and confectionery	91.2	58.0	72.5	7.5	188.0
12. Cakes	76.9	50.0	73.0	10.0	200.0
13. Non-alcoholic beverages	99.6	1013.3	1103.7	400.0	2109.2
14. Alcoholic beverages	4.4	193.3	306.8	1.6	700.0
15. Condiments and sauces	70.5	25.0	35.9	3.9	103.1
16. Soups, bouillon	13.3	210.0	248.7	17.0	582.8
17. Miscellaneous	17.6	70.0	79.8	2.0	192.0

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	57.7	140.0	148.5	47.0	303.3
02. Vegetables	74.0	98.0	113.8	16.6	250.0
03. Legumes	2.9	57.4	69.7	18.4	210.0
04. Fruits, nuts and olives	66.4	128.4	136.3	14.4	306.0
05. Dairy products	89.2	335.8	403.0	24.0	957.1
06. Cereals and cereal products	98.6	164.0	180.7	60.0	364.0
07. Meat and meat products	91.5	85.0	98.3	15.0	238.0
08. Fish and shellfish	9.2	56.2	70.3	4.3	156.0
09. Eggs and egg products	19.6	45.0	39.0	4.9	90.0
10. Fat	88.2	18.0	21.4	2.6	50.0
11. Sugar and confectionery	93.0	50.0	68.8	5.0	190.5
12. Cakes	72.3	50.0	65.7	10.0	171.0
13. Non-alcoholic beverages	99.2	1001.7	1147.8	408.3	2311.1
14. Alcoholic beverages	5.8	276.0	1038.6	0.9	5100.0
15. Condiments and sauces	65.5	23.9	36.7	4.0	100.5
16. Soups, bouillon	17.5	231.0	234.3	18.6	525.0
17. Miscellaneous	22.2	51.3	81.8	1.0	405.0

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	56.3	194.0	209.4	36.0	410.0
02. Vegetables	84.3	144.0	156.9	19.3	380.0
03. Legumes	1.9	122.3	164.4	9.5	398.7
04. Fruits, nuts and olives	62.9	149.4	170.8	19.5	403.0
05. Dairy products	93.4	357.7	448.0	24.4	1142.7
06. Cereals and cereal products	97.8	232.5	256.4	79.9	515.7
07. Meat and meat products	91.4	120.0	142.3	25.0	322.0
08. Fish and shellfish	17.1	79.5	99.2	9.8	250.0
09. Eggs and egg products	25.9	45.0	51.5	6.6	135.0
10. Fat	94.1	32.0	35.8	4.5	82.8
11. Sugar and confectionery	84.0	48.6	64.4	6.8	175.0

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
12. Cakes	57.6	60.0	81.2	13.3	225.5
13. Non-alcoholic beverages	99.7	1479.3	1653.2	650.1	3160.0
14. Alcoholic beverages	47.5	462.5	706.4	55.0	2100.0
15. Condiments and sauces	75.2	39.6	55.6	4.5	156.9
16. Soups, bouillon	24.3	259.0	298.1	39.2	647.6
17. Miscellaneous	25.8	63.0	83.3	2.0	214.0

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	57.1	180.0	189.5	62.0	366.0
02. Vegetables	83.1	142.7	154.6	23.4	345.0
03. Legumes	2.3	140.0	135.3	18.0	275.0
04. Fruits, nuts and olives	60.7	144.5	178.9	10.8	442.7
05. Dairy products	95.4	347.5	425.7	28.0	1070.0
06. Cereals and cereal products	98.0	200.4	227.6	70.0	480.7
07. Meat and meat products	90.3	130.0	149.1	30.0	332.0
08. Fish and shellfish	17.6	88.5	104.8	8.0	280.0
09. Eggs and egg products	24.7	45.0	51.0	4.9	135.0
10. Fat	95.1	30.0	32.8	4.2	73.0
11. Sugar and confectionery	73.3	40.0	60.5	4.6	187.6
12. Cakes	58.4	60.0	80.2	10.0	230.0
13. Non-alcoholic beverages	99.9	1590.1	1712.2	633.4	3255.0
14. Alcoholic beverages	47.7	400.0	672.7	72.8	2100.0
15. Condiments and sauces	72.4	36.0	47.9	4.7	131.8
16. Soups, bouillon	22.0	262.5	300.7	45.6	660.0
17. Miscellaneous	26.6	18.0	51.9	1.0	167.0

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	54.0	140.0	142.8	31.0	305.9
02. Vegetables	86.3	136.0	155.8	20.0	349.0
03. Legumes	3.0	103.3	126.3	25.4	233.0
04. Fruits, nuts and olives	71.7	154.3	188.2	15.0	448.8
05. Dairy products	94.9	302.6	344.9	25.4	850.6
06. Cereals and cereal products	98.8	160.5	183.7	45.0	382.9
07. Meat and meat products	83.9	89.6	100.0	15.0	218.0
08. Fish and shellfish	18.0	78.3	92.2	7.9	201.0
09. Eggs and egg products	22.8	45.0	45.6	5.4	100.0
10. Fat	92.0	20.6	24.0	3.5	55.3
11. Sugar and confectionery	82.0	36.3	53.3	4.0	164.7
12. Cakes	67.8	50.0	71.1	10.0	192.0
13. Non-alcoholic beverages	100.0	1717.5	1840.5	753.2	3321.7
14. Alcoholic beverages	31.6	216.6	303.2	45.9	833.4
15. Condiments and sauces	67.6	24.1	37.8	3.5	113.0
16. Soups, bouillon	22.7	210.0	238.8	32.6	498.8
17. Miscellaneous	27.3	41.3	75.6	1.0	250.0



**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	50.1	140.0	144.6	37.1	260.6
02. Vegetables	83.2	134.8	149.7	17.0	324.0
03. Legumes	2.0	91.0	98.0	14.2	220.3
04. Fruits, nuts and olives	65.7	150.0	179.8	10.0	447.5
05. Dairy products	95.0	303.3	361.8	22.0	854.9
06. Cereals and cereal products	97.9	159.0	181.2	60.0	378.0
07. Meat and meat products	87.3	93.8	104.7	16.0	249.0
08. Fish and shellfish	15.6	77.5	100.5	8.0	303.7
09. Eggs and egg products	27.4	45.0	49.3	6.6	129.2
10. Fat	91.7	20.8	23.8	2.7	54.8
11. Sugar and confectionery	72.8	28.7	47.5	3.6	149.5
12. Cakes	64.1	50.0	69.9	10.0	200.0
13. Non-alcoholic beverages	100.0	1759.2	1894.0	720.0	3471.7
14. Alcoholic beverages	30.4	246.7	342.3	38.0	933.4
15. Condiments and sauces	68.3	27.7	41.7	4.0	132.8
16. Soups, bouillon	23.3	259.0	270.3	32.6	593.3
17. Miscellaneous	34.0	11.0	55.2	1.0	250.0

**Table 3.1** Food consumption (food groups and subgroups) of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Total Population (n=3,819)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	92.2	0.0	243.2
01-01. Potatoes	75.0	92.1	0.0	243.2
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	110.5	120.9	2.0	276.5
02-01. Leafy vegetables (except cabbages)	0.0	21.4	0.0	100.0
02-02. Fruiting vegetables	20.1	39.2	0.0	135.0
02-03. Root vegetables	0.0	10.6	0.0	77.0
02-04. Cabbages	0.0	20.7	0.0	112.5
02-05. Mushrooms	0.0	2.3	0.0	16.6
02-06. Grain and pod vegetables	0.0	2.7	0.0	20.0
02-07. Onion, garlic	1.0	10.8	0.0	46.2
02-08. Stalk vegetables, sprouts	0.0	1.6	0.0	6.0
02-09. Mixed salad, mixed vegetables	0.0	11.8	0.0	81.0
03. Legumes	0.0	2.8	0.0	0.0
03-01. Legumes	0.0	2.8	0.0	0.0
04. Fruits, nuts and olives	82.5	112.0	0.0	330.9
04-01. Fruits	70.5	102.5	0.0	320.9
04-02. Nuts and seeds (+nut spread)	0.0	7.9	0.0	40.0
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	325.3	377.7	27.5	895.0
05-01. Milk	97.0	172.0	0.0	604.4
05-02. Milk beverages	0.0	26.3	0.0	171.7
05-03. Yoghurt	32.5	97.9	0.0	370.8
05-04. Fromage blanc, petits suisses	0.0	5.2	0.0	27.0
05-05. Cheese (including fresh cheeses)	26.6	34.2	0.0	96.5
05-06. Cream desserts, puddings (milk based)	0.0	32.9	0.0	168.2
05-07. Dairy and non-dairy creams	0.0	2.4	0.0	16.0
05-07-01. Dairy creams	0.0	2.4	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	6.8	0.0	38.0
06. Cereals and cereal products	190.7	205.8	76.0	390.0
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.7
06-02. Pasta, rice, other grain	0.0	43.1	0.0	174.6
06-03. Bread, crisp bread, rusks	129.8	137.6	44.0	258.3
06-03-01. Bread	125.0	133.5	35.0	257.5
06-03-02. Crispbread, rusks	0.0	4.2	0.0	20.0
06-04. Breakfast cereals	0.0	6.4	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.5	0.0	52.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.9	0.0	62.7
07. Meat and meat products	94.5	107.1	10.0	237.7
07-01. Fresh meat	28.0	40.8	0.0	139.4
07-01-00. Unclassified	0.0	8.7	0.0	57.7
07-01-01. Beef	0.0	15.9	0.0	84.6
07-01-02. Veal	0.0	0.4	0.0	0.0
07-01-03. Pork	0.0	14.5	0.0	89.0
07-01-04. Mutton/Lamb	0.0	1.1	0.0	0.0
07-01-05. Horse	0.0	0.1	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	16.0	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	15.3	0.0	88.0
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.1	0.0	0.0
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	37.6	50.0	0.0	144.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	15.2	0.0	90.0
08-01. Fish	0.0	10.4	0.0	77.5
08-02. Crustaceans, molluscs	0.0	1.5	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	3.2	0.0	0.0
09. Eggs and egg products	0.0	11.7	0.0	50.1
09-01. Egg	0.0	11.7	0.0	50.1
10. Fat	23.4	26.2	3.0	59.3
10-00. Unclassified	0.0	1.7	0.0	12.2
10-01. Vegetable oils	0.0	3.1	0.0	14.7
10-02. Butter	0.0	2.3	0.0	15.0
10-03. Margarines	14.3	17.4	0.0	48.0
10-04. Deep frying fats	0.0	1.6	0.0	13.6
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	35.0	48.8	0.0	143.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	3.6	12.2	0.0	50.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	5.0	13.1	0.0	56.5
11-03. Confectionery non-chocolate	0.0	6.6	0.0	31.3
11-04. Syrup	0.0	6.9	0.0	37.5
11-05. Ice cream, water ice	0.0	10.0	0.0	68.8
11-05-01. Ice cream	0.0	8.8	0.0	60.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	1.1	0.0	0.0
12. Cakes	35.2	48.1	0.0	142.5
12-01. Cakes, pies, pastries, etc.	15.0	32.7	0.0	120.0
12-02. Dry cakes, biscuits	7.5	15.5	0.0	55.5
13. Non-alcoholic beverages	1552.8	1662.1	683.5	3038.6
13-00. Unclassified	0.0	1.9	0.0	0.0
13-01. Fruit and vegetable juices	0.0	104.6	0.0	420.9
13-02. Carbonated/soft/isotonic drinks, diluted syrups	165.0	301.3	0.0	1087.7
13-03. Coffee, tea and herbal teas	643.8	696.7	0.0	1681.3
13-03-01. Coffee	333.4	403.3	0.0	1125.1
13-03-02. Tea	72.2	220.9	0.0	937.5
13-03-03. Herbal tea	0.0	71.0	0.0	450.0
13-03-04. Chicory, substitutes	0.0	1.4	0.0	0.0
13-04. Waters	387.5	557.7	0.0	1768.3
14. Alcoholic beverages	0.0	183.4	0.0	900.0
14-00. Unclassified	0.0	0.1	0.0	0.0
14-01. Wine	0.0	44.4	0.0	290.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.4	0.0	0.5
14-03. Beer, cider	0.0	130.8	0.0	875.0
14-04. Spirits, brandy	0.0	3.7	0.0	23.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.4	0.0	0.0
14-07. Cocktails, punches	0.0	0.5	0.0	0.0
15. Condiments and sauces	23.3	31.8	0.0	95.6
15-01. Sauces	22.2	30.5	0.0	94.0
15-01-00. Unclassified and other sauces	3.2	14.2	0.0	58.0
15-01-01. Tomato sauces	0.0	6.8	0.0	39.3
15-01-02. Dressing sauces	0.0	3.8	0.0	22.2
15-01-03. Mayonnaises and similars	0.0	5.6	0.0	27.6
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.2	0.0	7.2
16. Soups, bouillon	0.0	58.7	0.0	285.0
16-01. Soups	0.0	54.1	0.0	262.5
16-02. Bouillon	0.0	4.6	0.0	15.7
17. Miscellaneous	0.0	18.1	0.0	80.0
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	4.5	0.0	0.0
17-02. Dietetic products	0.0	2.4	0.0	7.0
17-02-00. Unclassified	0.0	1.7	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	0.0	6.0
17-03. Snacks	0.0	10.6	0.0	63.8

**Table 3.2.a** Food consumption (food groups and subgroups) of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	87.1	0.0	235.9
01-01. Potatoes	71.5	87.1	0.0	235.9
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	70.6	78.8	0.0	193.6
02-01. Leafy vegetables (except cabbages)	0.0	11.5	0.0	68.0
02-02. Fruiting vegetables	12.2	28.5	0.0	105.7
02-03. Root vegetables	0.0	8.6	0.0	71.1
02-04. Cabbages	0.0	14.2	0.0	90.0
02-05. Mushrooms	0.0	1.3	0.0	9.3
02-06. Grain and pod vegetables	0.0	2.1	0.0	15.0
02-07. Onion, garlic	0.0	6.8	0.0	33.0
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.4	0.0	36.0
03. Legumes	0.0	2.1	0.0	0.0
03-01. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	65.0	87.7	0.0	249.1
04-01. Fruits	64.1	79.7	0.0	237.9
04-02. Nuts and seeds (+nut spread)	0.0	6.5	0.0	35.0
04-03. Mixed fruits	0.0	1.5	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	365.7	395.5	25.0	868.9
05-01. Milk	123.6	181.3	0.0	575.2
05-02. Milk beverages	0.0	40.1	0.0	226.6
05-03. Yoghurt	38.9	108.0	0.0	428.4
05-04. Fromage blanc, petits suisses	0.0	3.5	0.0	25.0
05-05. Cheese (including fresh cheeses)	16.2	23.7	0.0	75.5
05-06. Cream desserts, puddings (milk based)	0.0	36.3	0.0	171.7
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	16.0
05-07-01. Dairy creams	0.0	1.8	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.7	0.0	4.0
06. Cereals and cereal products	182.4	197.3	79.5	368.1
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	34.8	0.0	151.5
06-03. Bread, crisp bread, rusks	122.5	131.4	45.0	248.9
06-03-01. Bread	120.0	128.1	37.5	245.0
06-03-02. Crispbread, rusks	0.0	3.4	0.0	18.0
06-04. Breakfast cereals	0.0	6.2	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	7.5	16.4	0.0	62.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.3	0.0	69.3
07. Meat and meat products	82.9	92.6	10.5	206.8
07-01. Fresh meat	14.0	29.1	0.0	102.6
07-01-00. Unclassified	0.0	7.5	0.0	52.6
07-01-01. Beef	0.0	10.1	0.0	58.0
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	10.6	0.0	62.5
07-01-04. Mutton/Lamb	0.0	0.7	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.8	0.0	65.7
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.5	0.0	65.7
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	42.0	51.6	0.0	138.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.9	0.0	50.0
08-01. Fish	0.0	3.5	0.0	24.0
08-02. Crustaceans, molluscs	0.0	0.7	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.7	0.0	0.0
09. Eggs and egg products	0.0	7.9	0.0	45.0
09-01. Egg	0.0	7.9	0.0	45.0
10. Fat	19.5	22.1	2.3	52.6
10-00. Unclassified	0.0	2.0	0.0	12.2
10-01. Vegetable oils	0.0	2.1	0.0	10.5
10-02. Butter	0.0	1.5	0.0	10.0
10-03. Margarines	11.5	14.4	0.0	40.2
10-04. Deep frying fats	0.0	2.1	0.0	14.6
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	60.4	71.5	5.0	175.7
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.6	7.3	0.0	32.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	13.8	20.5	0.0	65.0
11-03. Confectionery non-chocolate	5.0	12.4	0.0	46.3
11-04. Syrup	0.0	15.5	0.0	68.8
11-05. Ice cream, water ice	0.0	15.8	0.0	75.0
11-05-01. Ice cream	0.0	11.9	0.0	65.8
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	3.8	0.0	27.5
12. Cakes	43.5	55.7	0.0	153.5
12-01. Cakes, pies, pastries, etc.	15.0	32.2	0.0	121.0
12-02. Dry cakes, biscuits	18.0	23.5	0.0	70.5
13. Non-alcoholic beverages	1044.1	1129.0	475.1	2065.2
13-00. Unclassified	0.0	0.7	0.0	0.0
13-01. Fruit and vegetable juices	77.1	127.9	0.0	477.5
13-02. Carbonated/soft/isotonic drinks, diluted syrups	375.0	453.8	0.0	1189.2
13-03. Coffee, tea and herbal teas	0.0	117.3	0.0	540.0
13-03-01. Coffee	0.0	20.9	0.0	133.4
13-03-02. Tea	0.0	76.8	0.0	382.1
13-03-03. Herbal tea	0.0	19.6	0.0	137.5
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	318.3	429.4	0.0	1245.9
14. Alcoholic beverages	0.0	37.9	0.0	140.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	2.1	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.2	0.0	0.0
14-03. Beer, cider	0.0	33.5	0.0	0.0
14-04. Spirits, brandy	0.0	0.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.8	0.0	0.0
14-07. Cocktails, punches	0.0	1.0	0.0	0.0
15. Condiments and sauces	21.1	28.6	0.0	83.7
15-01. Sauces	20.4	27.8	0.0	83.7
15-01-00. Unclassified and other sauces	0.0	11.2	0.0	47.5
15-01-01. Tomato sauces	0.0	7.4	0.0	37.5
15-01-02. Dressing sauces	0.0	3.5	0.0	18.8

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-03. Mayonnaises and similars	0.0	5.5	0.0	25.0
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	5.0
16. Soups, bouillon	0.0	34.5	0.0	194.3
16-01. Soups	0.0	33.0	0.0	183.4
16-02. Bouillon	0.0	1.6	0.0	0.0
17. Miscellaneous	0.0	17.3	0.0	75.0
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	3.7	0.0	0.0
17-02. Dietetic products	0.0	0.9	0.0	0.6
17-02-00. Unclassified	0.0	0.8	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.5
17-03. Snacks	0.0	12.3	0.0	70.0

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	93.3	0.0	245.5
01-01. Potatoes	75.0	93.2	0.0	245.5
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	120.7	130.1	11.3	287.4
02-01. Leafy vegetables (except cabbages)	0.0	23.5	0.0	112.5
02-02. Fruiting vegetables	23.0	41.5	0.0	139.8
02-03. Root vegetables	0.0	11.0	0.0	81.0
02-04. Cabbages	0.0	22.1	0.0	120.0
02-05. Mushrooms	0.0	2.5	0.0	17.5
02-06. Grain and pod vegetables	0.0	2.8	0.0	20.0
02-07. Onion, garlic	1.7	11.7	0.0	48.8
02-08. Stalk vegetables, sprouts	0.0	1.9	0.0	6.9
02-09. Mixed salad, mixed vegetables	0.0	13.2	0.0	81.0
03. Legumes	0.0	3.0	0.0	0.0
03-01. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	86.5	117.4	0.0	351.0
04-01. Fruits	76.4	107.4	0.0	337.2
04-02. Nuts and seeds (+nut spread)	0.0	8.2	0.0	40.0
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.5	0.0	0.0
05. Dairy products	316.8	373.8	27.5	904.5
05-01. Milk	85.9	170.0	0.0	606.4
05-02. Milk beverages	0.0	23.3	0.0	141.7
05-03. Yoghurt	29.7	95.7	0.0	358.0
05-04. Fromage blanc, petits suisses	0.0	5.6	0.0	36.0
05-05. Cheese (including fresh cheeses)	29.0	36.4	0.0	99.0
05-06. Cream desserts, puddings (milk based)	0.0	32.1	0.0	163.3
05-07. Dairy and non-dairy creams	0.0	2.6	0.0	16.0
05-07-01. Dairy creams	0.0	2.5	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	8.1	0.0	43.0
06. Cereals and cereal products	192.7	207.6	75.0	393.2
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.8
06-02. Pasta, rice, other grain	0.0	44.8	0.0	177.0
06-03. Bread, crisp bread, rusks	131.4	139.0	43.8	260.5
06-03-01. Bread	126.0	134.7	35.0	258.3
06-03-02. Crispbread, rusks	0.0	4.3	0.0	21.5
06-04. Breakfast cereals	0.0	6.5	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.4	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.5	0.0	61.0
07. Meat and meat products	97.0	110.3	10.0	245.0
07-01. Fresh meat	32.0	43.3	0.0	145.0
07-01-00. Unclassified	0.0	9.0	0.0	57.7
07-01-01. Beef	0.0	17.1	0.0	89.0
07-01-02. Veal	0.0	0.5	0.0	0.0
07-01-03. Pork	0.0	15.4	0.0	89.0
07-01-04. Mutton/Lamb	0.0	1.2	0.0	0.0
07-01-05. Horse	0.0	0.2	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	16.9	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	16.1	0.0	89.0
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0



**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	36.5	49.7	0.0	144.5
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	17.0	0.0	100.0
08-01. Fish	0.0	12.0	0.0	78.0
08-02. Crustaceans, molluscs	0.0	1.7	0.0	7.5
08-03. Fish products, fish in crumbs	0.0	3.3	0.0	0.0
09. Eggs and egg products	0.0	12.5	0.0	53.9
09-01. Egg	0.0	12.5	0.0	53.9
10. Fat	24.0	27.1	3.2	60.7
10-00. Unclassified	0.0	1.6	0.0	12.2
10-01. Vegetable oils	0.0	3.3	0.0	15.1
10-02. Butter	0.0	2.4	0.0	16.0
10-03. Margarines	15.0	18.1	0.0	49.5
10-04. Deep frying fats	0.0	1.5	0.0	13.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	31.0	43.8	0.0	132.8
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	4.7	13.2	0.0	53.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	11.5	0.0	50.0
11-03. Confectionery non-chocolate	0.0	5.3	0.0	25.0
11-04. Syrup	0.0	5.1	0.0	30.0
11-05. Ice cream, water ice	0.0	8.7	0.0	60.0
11-05-01. Ice cream	0.0	8.1	0.0	60.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.5	0.0	0.0
12. Cakes	33.5	46.5	0.0	140.0
12-01. Cakes, pies, pastries, etc.	15.0	32.8	0.0	120.0
12-02. Dry cakes, biscuits	5.0	13.7	0.0	50.0
13. Non-alcoholic beverages	1652.8	1778.7	780.9	3171.7
13-00. Unclassified	0.0	2.2	0.0	0.0
13-01. Fruit and vegetable juices	0.0	99.5	0.0	400.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	267.9	0.0	1058.4
13-03. Coffee, tea and herbal teas	762.5	823.3	94.2	1775.5
13-03-01. Coffee	451.7	486.9	0.0	1199.9
13-03-02. Tea	94.2	252.4	0.0	999.0
13-03-03. Herbal tea	0.0	82.3	0.0	500.0
13-03-04. Chicory, substitutes	0.0	1.7	0.0	0.0
13-04. Waters	411.7	585.7	0.0	1866.6
14. Alcoholic beverages	11.9	215.2	0.0	990.0
14-00. Unclassified	0.0	0.1	0.0	0.0
14-01. Wine	0.0	53.7	0.0	327.1
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.8	0.0	0.8
14-03. Beer, cider	0.0	152.1	0.0	900.0
14-04. Spirits, brandy	0.0	4.5	0.0	28.5
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.5	0.0	0.0
14-07. Cocktails, punches	0.0	0.4	0.0	0.0
15. Condiments and sauces	23.3	32.5	0.0	97.2
15-01. Sauces	22.3	31.1	0.0	95.6
15-01-00. Unclassified and other sauces	4.5	14.8	0.0	59.6
15-01-01. Tomato sauces	0.0	6.7	0.0	39.4
15-01-02. Dressing sauces	0.0	3.8	0.0	22.2
15-01-03. Mayonnaises and similars	0.0	5.6	0.0	28.2
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.3	0.0	7.5
16. Soups, bouillon	0.0	63.9	0.0	291.4
16-01. Soups	0.0	58.7	0.0	291.4
16-02. Bouillon	0.0	5.3	0.0	16.3
17. Miscellaneous	0.0	18.3	0.0	80.3
17-00. Unclassified	0.0	0.6	0.0	0.0
17-01. Soya products	0.0	4.7	0.0	0.0
17-02. Dietetic products	0.0	2.8	0.0	7.5
17-02-00. Unclassified	0.0	1.9	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.9	0.0	6.6
17-03. Snacks	0.0	10.2	0.0	63.0

**Table 3.2.b** Food consumption (food groups and subgroups) of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	77.7	96.0	0.0	258.0
01-01. Potatoes	77.7	95.9	0.0	258.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	72.0	81.4	0.0	203.0
02-01. Leafy vegetables (except cabbages)	0.0	11.6	0.0	66.0
02-02. Fruiting vegetables	11.0	28.1	0.0	107.9
02-03. Root vegetables	0.0	8.9	0.0	72.5
02-04. Cabbages	0.0	15.2	0.0	90.0
02-05. Mushrooms	0.0	1.3	0.0	8.7
02-06. Grain and pod vegetables	0.0	2.1	0.0	15.0
02-07. Onion, garlic	0.0	7.5	0.0	36.4
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	6.4	0.0	43.3
03. Legumes	0.0	2.1	0.0	0.0
03-01. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	64.2	83.5	0.0	248.2
04-01. Fruits	53.2	73.9	0.0	232.8
04-02. Nuts and seeds (+nut spread)	0.0	8.3	0.0	45.0
04-03. Mixed fruits	0.0	1.2	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	373.9	422.9	41.0	915.5
05-01. Milk	137.4	197.4	0.0	622.3
05-02. Milk beverages	0.0	36.0	0.0	206.0
05-03. Yoghurt	32.5	113.6	0.0	475.2
05-04. Fromage blanc, petits suisses	0.0	4.0	0.0	25.0
05-05. Cheese (including fresh cheeses)	17.0	24.6	0.0	78.5
05-06. Cream desserts, puddings (milk based)	0.0	44.5	0.0	193.2
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	16.0
05-07-01. Dairy creams	0.0	1.8	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.9	0.0	4.0
06. Cereals and cereal products	202.0	217.7	85.5	415.4
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	40.0	0.0	161.0
06-03. Bread, crisp bread, rusks	135.0	144.5	47.5	277.5
06-03-01. Bread	131.8	142.1	42.5	270.0
06-03-02. Crispbread, rusks	0.0	2.5	0.0	14.0
06-04. Breakfast cereals	0.0	6.1	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	7.8	18.1	0.0	75.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.6	0.0	70.1
07. Meat and meat products	92.0	101.1	12.1	225.0
07-01. Fresh meat	17.5	32.2	0.0	120.0
07-01-00. Unclassified	0.0	8.4	0.0	57.7
07-01-01. Beef	0.0	9.8	0.0	58.6
07-01-02. Veal	0.0	0.3	0.0	0.0
07-01-03. Pork	0.0	12.6	0.0	77.4
07-01-04. Mutton/Lamb	0.0	1.1	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.0	0.0	71.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	11.9	0.0	71.0
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	46.0	56.8	0.0	156.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	7.7	0.0	59.3
08-01. Fish	0.0	3.7	0.0	21.0
08-02. Crustaceans, molluscs	0.0	1.0	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	3.0	0.0	0.0
09. Eggs and egg products	0.0	8.5	0.0	45.0
09-01. Egg	0.0	8.5	0.0	45.0
10. Fat	22.2	24.8	2.5	57.9
10-00. Unclassified	0.0	2.2	0.0	14.9
10-01. Vegetable oils	0.0	2.3	0.0	11.5
10-02. Butter	0.0	1.6	0.0	11.3
10-03. Margarines	13.1	16.4	0.0	48.5
10-04. Deep frying fats	0.0	2.4	0.0	16.2
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	64.4	77.2	4.5	189.8
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.7	7.8	0.0	35.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	15.0	21.6	0.0	71.5
11-03. Confectionery non-chocolate	5.0	13.4	0.0	55.0
11-04. Syrup	4.5	17.7	0.0	76.0
11-05. Ice cream, water ice	0.0	16.7	0.0	77.5
11-05-01. Ice cream	0.0	12.8	0.0	75.0
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	3.7	0.0	27.5
12. Cakes	43.0	57.1	0.0	158.5
12-01. Cakes, pies, pastries, etc.	15.0	33.0	0.0	125.0
12-02. Dry cakes, biscuits	17.5	24.0	0.0	73.5
13. Non-alcoholic beverages	1068.6	1150.8	466.7	2088.4
13-00. Unclassified	0.0	0.7	0.0	0.0
13-01. Fruit and vegetable juices	60.0	126.7	0.0	483.3
13-02. Carbonated/soft/isotonic drinks, diluted syrups	440.3	513.0	0.0	1346.7
13-03. Coffee, tea and herbal teas	0.0	97.6	0.0	441.7
13-03-01. Coffee	0.0	28.2	0.0	219.9
13-03-02. Tea	0.0	58.9	0.0	329.2
13-03-03. Herbal tea	0.0	10.5	0.0	93.8
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	308.4	412.8	0.0	1215.4
14. Alcoholic beverages	0.0	53.8	0.0	165.5
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	1.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	51.9	0.0	150.0
14-04. Spirits, brandy	0.0	0.1	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.2	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	23.6	31.9	0.0	90.2
15-01. Sauces	23.3	31.1	0.0	90.2
15-01-00. Unclassified and other sauces	1.2	12.7	0.0	53.2
15-01-01. Tomato sauces	0.0	8.8	0.0	43.7
15-01-02. Dressing sauces	0.0	3.6	0.0	18.8

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-03. Mayonnaises and similars	0.0	5.8	0.0	25.0
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	5.4
16. Soups, bouillon	0.0	34.7	0.0	196.9
16-01. Soups	0.0	33.2	0.0	192.5
16-02. Bouillon	0.0	1.5	0.0	0.0
17. Miscellaneous	0.0	19.6	0.0	100.2
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	4.9	0.0	0.0
17-02. Dietetic products	0.0	0.3	0.0	0.5
17-02-00. Unclassified	0.0	0.3	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	14.1	0.0	75.0

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	77.9	0.0	202.2
01-01. Potatoes	70.0	77.8	0.0	202.2
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	68.6	76.0	0.0	183.4
02-01. Leafy vegetables (except cabbages)	0.0	11.5	0.0	70.0
02-02. Fruiting vegetables	14.3	28.8	0.0	103.5
02-03. Root vegetables	0.0	8.3	0.0	71.1
02-04. Cabbages	0.0	13.2	0.0	87.0
02-05. Mushrooms	0.0	1.3	0.0	9.7
02-06. Grain and pod vegetables	0.0	2.0	0.0	15.0
02-07. Onion, garlic	0.0	6.2	0.0	30.1
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	4.4	0.0	29.2
03. Legumes	0.0	2.2	0.0	0.0
03-01. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	72.3	92.2	0.0	251.1
04-01. Fruits	65.0	85.7	0.0	241.1
04-02. Nuts and seeds (+nut spread)	0.0	4.6	0.0	25.0
04-03. Mixed fruits	0.0	1.8	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	356.1	366.8	20.0	779.0
05-01. Milk	99.6	164.4	0.0	535.7
05-02. Milk beverages	0.0	44.4	0.0	255.0
05-03. Yoghurt	50.0	102.1	0.0	379.8
05-04. Fromage blanc, petits suisses	0.0	3.0	0.0	0.0
05-05. Cheese (including fresh cheeses)	15.5	22.9	0.0	72.0
05-06. Cream desserts, puddings (milk based)	0.0	27.8	0.0	134.9
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	14.7
05-07-01. Dairy creams	0.0	1.8	0.0	12.5
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.4	0.0	0.8
06. Cereals and cereal products	167.5	176.1	73.4	311.9
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	29.4	0.0	121.3
06-03. Bread, crisp bread, rusks	112.5	117.7	42.5	217.5
06-03-01. Bread	106.5	113.5	35.0	212.5
06-03-02. Crispbread, rusks	0.0	4.3	0.0	20.8
06-04. Breakfast cereals	0.0	6.2	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	7.5	14.6	0.0	50.9
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.0	0.0	62.5
07. Meat and meat products	77.0	83.7	9.9	178.0
07-01. Fresh meat	12.1	25.9	0.0	91.0
07-01-00. Unclassified	0.0	6.5	0.0	44.8
07-01-01. Beef	0.0	10.4	0.0	57.5
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	8.5	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.4	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.5	0.0	62.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.2	0.0	62.5
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	40.0	46.2	0.0	124.8
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.1	0.0	41.0
08-01. Fish	0.0	3.3	0.0	25.7
08-02. Crustaceans, molluscs	0.0	0.5	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.3	0.0	0.0
09. Eggs and egg products	0.0	7.3	0.0	45.0
09-01. Egg	0.0	7.3	0.0	45.0
10. Fat	17.6	19.3	1.9	42.4
10-00. Unclassified	0.0	1.7	0.0	10.7
10-01. Vegetable oils	0.0	1.8	0.0	9.8
10-02. Butter	0.0	1.5	0.0	9.2
10-03. Margarines	10.0	12.4	0.0	31.0
10-04. Deep frying fats	0.0	1.8	0.0	12.7
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	55.8	65.5	5.1	164.6
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.5	6.7	0.0	27.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	12.5	19.4	0.0	61.5
11-03. Confectionery non-chocolate	5.4	11.5	0.0	42.0
11-04. Syrup	0.0	13.1	0.0	66.0
11-05. Ice cream, water ice	0.0	14.9	0.0	75.0
11-05-01. Ice cream	0.0	10.9	0.0	59.5
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	3.8	0.0	27.5
12. Cakes	44.0	54.3	0.0	148.0
12-01. Cakes, pies, pastries, etc.	15.0	31.4	0.0	117.5
12-02. Dry cakes, biscuits	18.0	22.9	0.0	68.0
13. Non-alcoholic beverages	1025.0	1106.3	500.1	2032.6
13-00. Unclassified	0.0	0.7	0.0	0.0
13-01. Fruit and vegetable juices	83.4	129.2	0.0	466.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	333.4	391.8	0.0	1011.3
13-03. Coffee, tea and herbal teas	0.0	138.0	0.0	605.0
13-03-01. Coffee	0.0	13.3	0.0	87.5
13-03-02. Tea	0.0	95.5	0.0	466.6
13-03-03. Herbal tea	0.0	29.1	0.0	204.2
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	338.8	446.7	0.0	1245.9
14. Alcoholic beverages	0.0	21.2	0.0	62.5
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	3.3	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.4	0.0	0.0
14-03. Beer, cider	0.0	14.4	0.0	0.0
14-04. Spirits, brandy	0.0	0.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.5	0.0	0.0
14-07. Cocktails, punches	0.0	1.4	0.0	0.0
15. Condiments and sauces	19.0	25.1	0.0	73.4
15-01. Sauces	18.3	24.4	0.0	73.4
15-01-00. Unclassified and other sauces	0.0	9.8	0.0	42.4
15-01-01. Tomato sauces	0.0	5.9	0.0	29.5
15-01-02. Dressing sauces	0.0	3.3	0.0	18.6
15-01-03. Mayonnaises and similars	0.0	5.1	0.0	25.0
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.7	0.0	4.2
16. Soups, bouillon	0.0	34.4	0.0	192.5
16-01. Soups	0.0	32.7	0.0	175.0
16-02. Bouillon	0.0	1.7	0.0	0.0
17. Miscellaneous	0.0	14.9	0.0	70.0
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	2.5	0.0	0.0
17-02. Dietetic products	0.0	1.4	0.0	1.0
17-02-00. Unclassified	0.0	1.3	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.6
17-03. Snacks	0.0	10.5	0.0	62.5



**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	112.0	0.0	283.0
01-01. Potatoes	97.0	111.9	0.0	283.0
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	120.0	130.5	10.3	286.3
02-01. Leafy vegetables (except cabbages)	0.0	24.5	0.0	112.5
02-02. Fruiting vegetables	19.6	39.7	0.0	135.4
02-03. Root vegetables	0.0	9.9	0.0	81.0
02-04. Cabbages	0.0	22.9	0.0	120.0
02-05. Mushrooms	0.0	2.3	0.0	18.0
02-06. Grain and pod vegetables	0.0	2.8	0.0	20.0
02-07. Onion, garlic	1.6	13.2	0.0	52.2
02-08. Stalk vegetables, sprouts	0.0	1.6	0.0	6.9
02-09. Mixed salad, mixed vegetables	0.0	13.6	0.0	81.0
03. Legumes	0.0	3.1	0.0	0.0
03-01. Legumes	0.0	3.1	0.0	0.0
04. Fruits, nuts and olives	76.5	108.4	0.0	340.0
04-01. Fruits	65.0	96.8	0.0	323.8
04-02. Nuts and seeds (+nut spread)	0.0	10.0	0.0	50.0
04-03. Mixed fruits	0.0	1.2	0.0	0.0
04-04. Olives	0.0	0.5	0.0	0.0
05. Dairy products	349.9	411.3	25.4	987.2
05-01. Milk	113.3	196.9	0.0	709.1
05-02. Milk beverages	0.0	26.5	0.0	194.0
05-03. Yoghurt	0.0	94.0	0.0	360.0
05-04. Fromage blanc, petits suisses	0.0	5.0	0.0	0.0
05-05. Cheese (including fresh cheeses)	31.5	38.7	0.0	106.5
05-06. Cream desserts, puddings (milk based)	0.0	39.5	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	2.2	0.0	16.0
05-07-01. Dairy creams	0.0	2.2	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	8.4	0.0	42.0
06. Cereals and cereal products	220.7	235.5	85.0	427.9
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.8
06-02. Pasta, rice, other grain	0.0	50.9	0.0	201.5
06-03. Bread, crisp bread, rusks	149.2	159.8	53.8	291.2
06-03-01. Bread	145.5	156.5	49.4	290.0
06-03-02. Crispbread, rusks	0.0	3.3	0.0	20.0
06-04. Breakfast cereals	0.0	6.3	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.8	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.4	0.0	63.2
07. Meat and meat products	119.8	132.6	25.8	288.7
07-01. Fresh meat	37.4	51.4	0.0	173.0
07-01-00. Unclassified	0.0	11.1	0.0	67.1
07-01-01. Beef	0.0	19.1	0.0	92.0
07-01-02. Veal	0.0	0.5	0.0	0.0
07-01-03. Pork	0.0	18.5	0.0	102.9
07-01-04. Mutton/Lamb	0.0	1.8	0.0	0.0
07-01-05. Horse	0.0	0.3	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	19.2	0.0	96.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	18.2	0.0	93.8
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.4	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	47.0	61.5	0.0	170.8
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	17.9	0.0	100.5
08-01. Fish	0.0	12.3	0.0	81.2
08-02. Crustaceans, molluscs	0.0	1.6	0.0	7.2
08-03. Fish products, fish in crumbs	0.0	4.1	0.0	1.3
09. Eggs and egg products	0.0	12.9	0.0	67.5
09-01. Egg	0.0	12.9	0.0	67.5
10. Fat	29.8	32.2	5.0	68.1
10-00. Unclassified	0.0	2.0	0.0	15.0
10-01. Vegetable oils	0.0	3.8	0.0	17.1
10-02. Butter	0.0	2.5	0.0	15.3
10-03. Margarines	19.3	21.8	0.0	56.0
10-04. Deep frying fats	0.0	2.0	0.0	15.9
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	37.5	48.8	0.0	140.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	10.0	16.7	0.0	58.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	12.7	0.0	57.5
11-03. Confectionery non-chocolate	0.0	5.4	0.0	25.0
11-04. Syrup	0.0	5.0	0.0	30.0
11-05. Ice cream, water ice	0.0	9.0	0.0	68.8
11-05-01. Ice cream	0.0	8.5	0.0	60.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.4	0.0	0.0
12. Cakes	30.0	46.6	0.0	144.0
12-01. Cakes, pies, pastries, etc.	15.0	33.3	0.0	125.0
12-02. Dry cakes, biscuits	3.5	13.3	0.0	52.5
13. Non-alcoholic beverages	1563.5	1689.0	744.6	3068.6
13-00. Unclassified	0.0	3.9	0.0	0.0
13-01. Fruit and vegetable juices	0.0	98.3	0.0	379.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	165.0	305.1	0.0	1096.0
13-03. Coffee, tea and herbal teas	731.7	788.5	66.7	1681.3
13-03-01. Coffee	533.3	563.8	0.0	1420.0
13-03-02. Tea	0.0	184.0	0.0	707.5
13-03-03. Herbal tea	0.0	40.0	0.0	275.0
13-03-04. Chicory, substitutes	0.0	0.8	0.0	0.0
13-04. Waters	300.0	493.1	0.0	1686.6
14. Alcoholic beverages	125.0	329.3	0.0	1350.0
14-00. Unclassified	0.0	0.2	0.0	0.0
14-01. Wine	0.0	46.3	0.0	282.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.6	0.0	0.8
14-03. Beer, cider	0.0	271.7	0.0	1350.0
14-04. Spirits, brandy	0.0	6.8	0.0	47.5
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.3	0.0	0.0
15. Condiments and sauces	28.2	37.9	0.0	112.0
15-01. Sauces	26.1	36.3	0.0	108.9
15-01-00. Unclassified and other sauces	6.0	16.8	0.0	64.8
15-01-01. Tomato sauces	0.0	7.7	0.0	45.0
15-01-02. Dressing sauces	0.0	4.2	0.0	23.9
15-01-03. Mayonnaises and similars	0.0	7.3	0.0	34.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.6	0.0	8.4
16. Soups, bouillon	0.0	68.7	0.0	323.8
16-01. Soups	0.0	63.8	0.0	315.0
16-02. Bouillon	0.0	5.0	0.0	16.3
17. Miscellaneous	0.0	16.9	0.0	72.0
17-00. Unclassified	0.0	0.6	0.0	0.0
17-01. Soya products	0.0	2.1	0.0	0.0
17-02. Dietetic products	0.0	1.9	0.0	7.0
17-02-00. Unclassified	0.0	1.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	0.0	7.0
17-03. Snacks	0.0	12.2	0.0	68.0

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	74.5	0.0	197.5
01-01. Potatoes	70.0	74.4	0.0	197.5
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	121.7	129.7	11.7	289.5
02-01. Leafy vegetables (except cabbages)	0.0	22.5	0.0	106.6
02-02. Fruiting vegetables	26.0	43.4	0.0	150.6
02-03. Root vegetables	0.0	12.1	0.0	81.0
02-04. Cabbages	0.0	21.3	0.0	100.0
02-05. Mushrooms	0.0	2.6	0.0	16.6
02-06. Grain and pod vegetables	0.0	2.7	0.0	19.2
02-07. Onion, garlic	1.9	10.2	0.0	41.5
02-08. Stalk vegetables, sprouts	0.0	2.2	0.0	7.1
02-09. Mixed salad, mixed vegetables	0.0	12.8	0.0	81.0
03. Legumes	0.0	2.9	0.0	0.0
03-01. Legumes	0.0	2.9	0.0	0.0
04. Fruits, nuts and olives	100.0	126.4	0.0	352.0
04-01. Fruits	86.5	118.2	0.0	339.6
04-02. Nuts and seeds (+nut spread)	0.0	6.4	0.0	35.0
04-03. Mixed fruits	0.0	1.4	0.0	0.0
04-04. Olives	0.0	0.4	0.0	1.5
05. Dairy products	295.5	336.1	28.0	756.5
05-01. Milk	68.7	142.8	0.0	502.7
05-02. Milk beverages	0.0	20.1	0.0	141.7
05-03. Yoghurt	50.4	97.5	0.0	355.6
05-04. Fromage blanc, petits suisses	0.0	6.2	0.0	46.7
05-05. Cheese (including fresh cheeses)	28.0	34.1	0.0	89.3
05-06. Cream desserts, puddings (milk based)	0.0	24.7	0.0	128.8
05-07. Dairy and non-dairy creams	0.0	2.9	0.0	16.0
05-07-01. Dairy creams	0.0	2.8	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	7.7	0.0	43.0
06. Cereals and cereal products	170.0	179.5	67.5	335.0
06-01. Flour, flakes, starches, semolina	0.0	0.5	0.0	1.8
06-02. Pasta, rice, other grain	0.0	38.7	0.0	160.0
06-03. Bread, crisp bread, rusks	112.5	118.0	37.5	214.5
06-03-01. Bread	106.0	112.7	35.0	210.0
06-03-02. Crispbread, rusks	0.0	5.3	0.0	24.1
06-04. Breakfast cereals	0.0	6.7	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	9.9	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	5.7	0.0	56.3
07. Meat and meat products	78.8	87.8	0.0	189.1
07-01. Fresh meat	23.6	35.2	0.0	112.0
07-01-00. Unclassified	0.0	6.8	0.0	50.3
07-01-01. Beef	0.0	15.2	0.0	69.5
07-01-02. Veal	0.0	0.4	0.0	0.0
07-01-03. Pork	0.0	12.2	0.0	69.4
07-01-04. Mutton/Lamb	0.0	0.6	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	14.6	0.0	75.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	14.0	0.0	73.5
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0
07-02-03. Duck	0.0	0.2	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.1	0.0	0.0

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	26.1	37.7	0.0	109.5
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	16.1	0.0	93.7
08-01. Fish	0.0	11.7	0.0	78.0
08-02. Crustaceans, molluscs	0.0	1.8	0.0	8.5
08-03. Fish products, fish in crumbs	0.0	2.6	0.0	0.0
09. Eggs and egg products	0.0	12.0	0.0	50.0
09-01. Egg	0.0	12.0	0.0	50.0
10. Fat	19.4	21.9	1.8	48.0
10-00. Unclassified	0.0	1.2	0.0	9.6
10-01. Vegetable oils	0.0	2.9	0.0	14.2
10-02. Butter	0.0	2.4	0.0	16.5
10-03. Margarines	12.0	14.3	0.0	39.5
10-04. Deep frying fats	0.0	1.0	0.0	9.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	25.2	38.9	0.0	120.8
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	2.5	9.8	0.0	45.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	10.3	0.0	42.5
11-03. Confectionery non-chocolate	0.0	5.2	0.0	25.0
11-04. Syrup	0.0	5.1	0.0	30.2
11-05. Ice cream, water ice	0.0	8.5	0.0	60.0
11-05-01. Ice cream	0.0	7.7	0.0	60.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.7	0.0	0.0
12. Cakes	35.0	46.4	0.0	136.5
12-01. Cakes, pies, pastries, etc.	18.5	32.3	0.0	115.0
12-02. Dry cakes, biscuits	7.5	14.1	0.0	50.0
13. Non-alcoholic beverages	1755.8	1869.0	862.5	3196.0
13-00. Unclassified	0.0	0.5	0.0	0.0
13-01. Fruit and vegetable juices	0.0	100.6	0.0	429.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	100.0	230.4	0.0	969.2
13-03. Coffee, tea and herbal teas	791.7	858.4	144.4	1844.2
13-03-01. Coffee	376.7	409.5	0.0	1065.0
13-03-02. Tea	168.8	321.4	0.0	1173.8
13-03-03. Herbal tea	0.0	124.9	0.0	688.0
13-03-04. Chicory, substitutes	0.0	2.6	0.0	0.0
13-04. Waters	514.9	679.1	0.0	1964.3
14. Alcoholic beverages	0.0	100.3	0.0	456.7
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	61.0	0.0	370.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.1	0.0	0.8
14-03. Beer, cider	0.0	31.6	0.0	150.0
14-04. Spirits, brandy	0.0	2.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.7	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	19.5	27.0	0.0	84.5
15-01. Sauces	17.7	25.9	0.0	83.8
15-01-00. Unclassified and other sauces	2.4	12.8	0.0	53.8
15-01-01. Tomato sauces	0.0	5.6	0.0	30.4
15-01-02. Dressing sauces	0.0	3.4	0.0	17.7
15-01-03. Mayonnaises and similars	0.0	3.9	0.0	20.8
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.1	0.0	6.3
16. Soups, bouillon	0.0	59.1	0.0	259.1
16-01. Soups	0.0	53.5	0.0	259.0
16-02. Bouillon	0.0	5.6	0.0	16.3
17. Miscellaneous	0.0	19.7	0.0	92.5
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	7.3	0.0	15.0
17-02. Dietetic products	0.0	3.6	0.0	9.0
17-02-00. Unclassified	0.0	2.7	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.0	0.0	6.5
17-03. Snacks	0.0	8.3	0.0	60.0

**Table 3.2.c** Food consumption (food groups and subgroups) of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	60.0	71.3	0.0	188.0
01-01. Potatoes	60.0	71.1	0.0	188.0
01-02. Other tubers	0.0	0.2	0.0	0.0
02. Vegetables	54.8	62.0	0.0	143.0
02-01. Leafy vegetables (except cabbages)	0.0	9.6	0.0	60.8
02-02. Fruiting vegetables	11.5	23.3	0.0	84.2
02-03. Root vegetables	0.0	8.7	0.0	63.0
02-04. Cabbages	0.0	11.4	0.0	68.0
02-05. Mushrooms	0.0	0.9	0.0	7.1
02-06. Grain and pod vegetables	0.0	1.1	0.0	5.6
02-07. Onion, garlic	0.0	3.9	0.0	21.1
02-08. Stalk vegetables, sprouts	0.0	0.5	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	2.6	0.0	17.3
03. Legumes	0.0	1.5	0.0	0.0
03-01. Legumes	0.0	1.5	0.0	0.0
04. Fruits, nuts and olives	82.5	97.3	0.0	259.3
04-01. Fruits	72.2	88.9	0.0	240.5
04-02. Nuts and seeds (+nut spread)	0.0	5.7	0.0	27.5
04-03. Mixed fruits	0.0	2.6	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	373.4	403.5	50.0	833.0
05-01. Milk	114.3	182.1	0.0	637.1
05-02. Milk beverages	0.0	42.5	0.0	215.0
05-03. Yoghurt	57.6	117.7	0.0	430.2
05-04. Fromage blanc, petits suisses	0.0	4.2	0.0	45.0
05-05. Cheese (including fresh cheeses)	12.0	19.1	0.0	64.2
05-06. Cream desserts, puddings (milk based)	0.0	36.5	0.0	163.0
05-07. Dairy and non-dairy creams	0.0	1.2	0.0	10.0
05-07-01. Dairy creams	0.0	1.2	0.0	10.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.1	0.0	0.0
06. Cereals and cereal products	152.5	162.5	73.4	294.6
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	0.0
06-02. Pasta, rice, other grain	0.0	24.1	0.0	108.8
06-03. Bread, crisp bread, rusks	105.0	113.6	50.0	212.5
06-03-01. Bread	102.5	109.3	43.8	210.0
06-03-02. Crispbread, rusks	0.0	4.3	0.0	20.0
06-04. Breakfast cereals	0.0	5.7	0.0	33.6
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.1	0.0	39.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.9	0.0	62.5
07. Meat and meat products	70.2	74.4	10.0	160.3
07-01. Fresh meat	7.5	21.0	0.0	88.8
07-01-00. Unclassified	0.0	5.2	0.0	44.2
07-01-01. Beef	0.0	8.1	0.0	51.8
07-01-02. Veal	0.0	0.5	0.0	0.0
07-01-03. Pork	0.0	7.0	0.0	41.0
07-01-04. Mutton/Lamb	0.0	0.1	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	7.8	0.0	45.5
07-02-00. Unclassified and other poultry	0.0	0.2	0.0	0.0
07-02-01. Chicken, hen	0.0	7.1	0.0	44.1
07-02-02. Turkey, young turkey	0.0	0.5	0.0	0.0

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	37.5	45.5	0.0	121.5
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	5.5	0.0	46.8
08-01. Fish	0.0	2.2	0.0	12.5
08-02. Crustaceans, molluscs	0.0	0.8	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.5	0.0	4.4
09. Eggs and egg products	0.0	7.1	0.0	41.9
09-01. Egg	0.0	7.1	0.0	41.9
10. Fat	18.1	19.6	2.3	45.2
10-00. Unclassified	0.0	1.7	0.0	9.5
10-01. Vegetable oils	0.0	1.7	0.0	9.2
10-02. Butter	0.0	1.3	0.0	9.0
10-03. Margarines	12.4	13.3	0.0	32.5
10-04. Deep frying fats	0.0	1.5	0.0	12.7
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	69.5	82.6	13.5	194.9
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.1	7.0	0.0	33.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	16.5	20.7	0.0	62.5
11-03. Confectionery non-chocolate	10.0	14.0	0.0	44.5
11-04. Syrup	9.0	21.9	0.0	72.7
11-05. Ice cream, water ice	0.0	19.0	0.0	82.5
11-05-01. Ice cream	0.0	12.1	0.0	70.0
11-05-02. Sorbet	0.0	0.3	0.0	0.0
11-05-03. Water ice	0.0	6.6	0.0	35.0
12. Cakes	40.5	51.0	3.5	137.0
12-01. Cakes, pies, pastries, etc.	15.0	28.8	0.0	104.9
12-02. Dry cakes, biscuits	17.5	22.2	0.0	62.5
13. Non-alcoholic beverages	781.7	857.4	370.8	1520.0
13-00. Unclassified	0.0	0.1	0.0	0.0
13-01. Fruit and vegetable juices	83.4	123.9	0.0	441.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	250.0	315.9	0.0	904.2
13-03. Coffee, tea and herbal teas	0.0	50.3	0.0	260.7
13-03-01. Coffee	0.0	0.5	0.0	0.0
13-03-02. Tea	0.0	42.1	0.0	212.9
13-03-03. Herbal tea	0.0	7.7	0.0	75.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	276.3	367.2	0.0	1086.7
14. Alcoholic beverages	0.0	0.2	0.0	0.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.1	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	0.0	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	15.7	21.7	0.0	62.0
15-01. Sauces	15.0	21.2	0.0	62.0
15-01-00. Unclassified and other sauces	0.0	9.0	0.0	40.0
15-01-01. Tomato sauces	0.0	6.0	0.0	31.2
15-01-02. Dressing sauces	0.0	2.8	0.0	17.3



**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-03. Mayonnaises and similars	0.0	3.2	0.0	17.5
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.6	0.0	3.2
16. Soups, bouillon	0.0	21.5	0.0	129.5
16-01. Soups	0.0	21.1	0.0	129.5
16-02. Bouillon	0.0	0.4	0.0	0.0
17. Miscellaneous	0.0	18.1	0.0	75.0
17-00. Unclassified	0.0	0.1	0.0	0.0
17-01. Soya products	0.0	8.5	0.0	0.0
17-02. Dietetic products	0.0	0.1	0.0	0.0
17-02-00. Unclassified	0.0	0.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.0	0.0	0.0
17-03. Snacks	0.0	9.5	0.0	59.5

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	87.8	0.0	225.5
01-01. Potatoes	75.0	87.8	0.0	225.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	68.0	75.5	0.0	187.2
02-01. Leafy vegetables (except cabbages)	0.0	10.3	0.0	64.8
02-02. Fruiting vegetables	5.1	26.6	0.0	105.1
02-03. Root vegetables	0.0	7.8	0.0	72.5
02-04. Cabbages	0.0	14.6	0.0	90.0
02-05. Mushrooms	0.0	0.9	0.0	6.9
02-06. Grain and pod vegetables	0.0	2.2	0.0	22.5
02-07. Onion, garlic	0.0	6.6	0.0	30.1
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	6.1	0.0	41.6
03. Legumes	0.0	2.6	0.0	0.0
03-01. Legumes	0.0	2.6	0.0	0.0
04. Fruits, nuts and olives	66.9	84.2	0.0	225.0
04-01. Fruits	64.2	76.4	0.0	219.9
04-02. Nuts and seeds (+nut spread)	0.0	6.4	0.0	35.0
04-03. Mixed fruits	0.0	1.4	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	379.6	413.7	52.6	890.3
05-01. Milk	142.5	179.8	0.0	540.4
05-02. Milk beverages	0.0	37.6	0.0	201.8
05-03. Yoghurt	62.5	121.4	0.0	509.6
05-04. Fromage blanc, petits suisses	0.0	4.8	0.0	30.0
05-05. Cheese (including fresh cheeses)	13.5	20.9	0.0	72.5
05-06. Cream desserts, puddings (milk based)	0.0	46.8	0.0	193.2
05-07. Dairy and non-dairy creams	0.0	1.9	0.0	16.0
05-07-01. Dairy creams	0.0	1.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.4	0.0	0.0
06. Cereals and cereal products	188.4	198.4	85.0	363.0
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	0.0
06-02. Pasta, rice, other grain	0.0	33.2	0.0	160.0
06-03. Bread, crisp bread, rusks	128.1	135.7	52.5	245.0
06-03-01. Bread	127.5	133.4	47.5	245.0
06-03-02. Crispbread, rusks	0.0	2.4	0.0	15.0
06-04. Breakfast cereals	0.0	6.2	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	10.0	17.0	0.0	62.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.1	0.0	58.8
07. Meat and meat products	86.0	96.3	12.5	211.0
07-01. Fresh meat	14.9	30.3	0.0	119.5
07-01-00. Unclassified	0.0	7.3	0.0	43.8
07-01-01. Beef	0.0	8.7	0.0	53.2
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	13.1	0.0	81.4
07-01-04. Mutton/Lamb	0.0	1.0	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	10.2	0.0	62.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	10.2	0.0	62.5
07-02-02. Turkey, young turkey	0.0	0.0	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	49.0	55.6	0.0	136.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	8.3	0.0	61.4
08-01. Fish	0.0	3.3	0.0	15.7
08-02. Crustaceans, molluscs	0.0	0.5	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	4.5	0.0	36.3
09. Eggs and egg products	0.0	9.1	0.0	45.0
09-01. Egg	0.0	9.1	0.0	45.0
10. Fat	21.2	23.5	2.9	55.1
10-00. Unclassified	0.0	1.7	0.0	13.4
10-01. Vegetable oils	0.0	2.1	0.0	10.5
10-02. Butter	0.0	1.3	0.0	9.0
10-03. Margarines	14.2	16.0	0.0	40.4
10-04. Deep frying fats	0.0	2.4	0.0	16.2
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	70.0	82.8	7.5	184.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.7	6.2	0.0	27.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	16.0	22.7	0.0	73.0
11-03. Confectionery non-chocolate	7.0	15.1	0.0	58.4
11-04. Syrup	9.0	20.3	0.0	79.2
11-05. Ice cream, water ice	0.0	18.6	0.0	78.0
11-05-01. Ice cream	0.0	13.0	0.0	65.8
11-05-02. Sorbet	0.0	0.3	0.0	0.0
11-05-03. Water ice	0.0	5.4	0.0	32.5
12. Cakes	47.5	61.7	0.0	176.0
12-01. Cakes, pies, pastries, etc.	20.0	36.5	0.0	130.0
12-02. Dry cakes, biscuits	21.0	25.2	0.0	70.0
13. Non-alcoholic beverages	1000.0	1063.4	472.5	1768.4
13-00. Unclassified	0.0	1.1	0.0	0.0
13-01. Fruit and vegetable juices	96.7	132.2	0.0	448.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	384.7	450.7	0.0	1125.0
13-03. Coffee, tea and herbal teas	0.0	76.5	0.0	351.6
13-03-01. Coffee	0.0	7.9	0.0	53.4
13-03-02. Tea	0.0	56.7	0.0	329.2
13-03-03. Herbal tea	0.0	11.9	0.0	94.2
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	308.4	402.9	0.0	1107.1
14. Alcoholic beverages	0.0	2.7	0.0	0.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	2.4	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.2	0.0	0.0
15. Condiments and sauces	21.5	28.5	0.0	81.5
15-01. Sauces	20.3	27.6	0.0	79.7
15-01-00. Unclassified and other sauces	0.0	10.7	0.0	49.2
15-01-01. Tomato sauces	0.0	8.4	0.0	39.0
15-01-02. Dressing sauces	0.0	3.2	0.0	20.4
15-01-03. Mayonnaises and similars	0.0	5.2	0.0	24.4
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	5.5
16. Soups, bouillon	0.0	36.9	0.0	184.7
16-01. Soups	0.0	36.4	0.0	184.7
16-02. Bouillon	0.0	0.4	0.0	0.0
17. Miscellaneous	0.0	14.7	0.0	71.0
17-00. Unclassified	0.0	0.2	0.0	0.0
17-01. Soya products	0.0	3.9	0.0	0.0
17-02. Dietetic products	0.0	0.1	0.0	0.5
17-02-00. Unclassified	0.0	0.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.2
17-03. Snacks	0.0	10.4	0.0	68.4

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	81.7	0.0	217.5
01-01. Potatoes	71.5	81.7	0.0	217.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	61.9	69.9	0.0	178.0
02-01. Leafy vegetables (except cabbages)	0.0	10.4	0.0	69.1
02-02. Fruiting vegetables	11.5	26.8	0.0	102.5
02-03. Root vegetables	0.0	7.5	0.0	60.5
02-04. Cabbages	0.0	12.4	0.0	72.0
02-05. Mushrooms	0.0	1.0	0.0	9.1
02-06. Grain and pod vegetables	0.0	2.3	0.0	20.3
02-07. Onion, garlic	0.0	5.8	0.0	27.2
02-08. Stalk vegetables, sprouts	0.0	0.2	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	3.4	0.0	27.3
03. Legumes	0.0	2.2	0.0	0.0
03-01. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	70.0	89.3	0.0	240.9
04-01. Fruits	64.2	82.2	0.0	233.7
04-02. Nuts and seeds (+nut spread)	0.0	4.9	0.0	25.0
04-03. Mixed fruits	0.0	2.1	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	372.2	387.2	31.6	816.5
05-01. Milk	107.3	170.3	0.0	566.6
05-02. Milk beverages	0.0	50.6	0.0	283.3
05-03. Yoghurt	50.0	108.1	0.0	394.6
05-04. Fromage blanc, petits suisses	0.0	2.9	0.0	0.0
05-05. Cheese (including fresh cheeses)	14.5	22.5	0.0	73.7
05-06. Cream desserts, puddings (milk based)	0.0	30.7	0.0	134.6
05-07. Dairy and non-dairy creams	0.0	1.9	0.0	16.0
05-07-01. Dairy creams	0.0	1.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.2	0.0	0.0
06. Cereals and cereal products	158.5	169.9	69.2	309.3
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	0.3
06-02. Pasta, rice, other grain	0.0	27.8	0.0	122.5
06-03. Bread, crisp bread, rusks	105.0	112.3	35.0	200.0
06-03-01. Bread	105.0	108.5	32.5	200.0
06-03-02. Crispbread, rusks	0.0	3.8	0.0	20.0
06-04. Breakfast cereals	0.0	5.7	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	12.5	17.4	0.0	60.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.6	0.0	56.3
07. Meat and meat products	75.7	82.5	8.5	177.5
07-01. Fresh meat	5.8	23.2	0.0	88.6
07-01-00. Unclassified	0.0	5.7	0.0	45.5
07-01-01. Beef	0.0	10.1	0.0	56.0
07-01-02. Veal	0.0	0.0	0.0	0.0
07-01-03. Pork	0.0	7.3	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.0	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	9.5	0.0	64.3
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	9.5	0.0	64.3
07-02-02. Turkey, young turkey	0.0	0.0	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	44.0	49.8	0.0	131.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.5	0.0	50.0
08-01. Fish	0.0	3.6	0.0	22.1
08-02. Crustaceans, molluscs	0.0	0.3	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.7	0.0	0.0
09. Eggs and egg products	0.0	7.5	0.0	45.0
09-01. Egg	0.0	7.5	0.0	45.0
10. Fat	17.6	19.7	1.8	43.3
10-00. Unclassified	0.0	2.0	0.0	12.0
10-01. Vegetable oils	0.0	1.8	0.0	9.7
10-02. Butter	0.0	1.1	0.0	9.0
10-03. Margarines	10.3	12.9	0.0	31.1
10-04. Deep frying fats	0.0	1.9	0.0	13.1
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	66.9	74.2	8.5	172.7
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.5	6.4	0.0	28.9
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	12.5	19.3	0.0	56.3
11-03. Confectionery non-chocolate	8.5	14.2	0.0	53.5
11-04. Syrup	4.5	16.9	0.0	76.0
11-05. Ice cream, water ice	0.0	17.4	0.0	75.0
11-05-01. Ice cream	0.0	12.8	0.0	63.5
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	4.6	0.0	27.5
12. Cakes	45.0	57.7	0.0	146.5
12-01. Cakes, pies, pastries, etc.	15.0	34.1	0.0	120.0
12-02. Dry cakes, biscuits	18.5	23.6	0.0	70.0
13. Non-alcoholic beverages	945.8	975.7	475.0	1617.9
13-00. Unclassified	0.0	0.5	0.0	0.0
13-01. Fruit and vegetable juices	87.5	141.0	0.0	500.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	346.7	401.5	0.0	1015.0
13-03. Coffee, tea and herbal teas	0.0	78.7	0.0	412.5
13-03-01. Coffee	0.0	5.1	0.0	13.4
13-03-02. Tea	0.0	55.0	0.0	281.3
13-03-03. Herbal tea	0.0	18.7	0.0	142.5
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	250.1	354.0	0.0	1000.0
14. Alcoholic beverages	0.0	0.4	0.0	0.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.1	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	0.0	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.1	0.0	0.0
14-07. Cocktails, punches	0.0	0.1	0.0	0.0
15. Condiments and sauces	18.3	23.3	0.0	72.6
15-01. Sauces	17.5	22.7	0.0	72.6
15-01-00. Unclassified and other sauces	0.0	8.9	0.0	37.5
15-01-01. Tomato sauces	0.0	5.5	0.0	25.0
15-01-02. Dressing sauces	0.0	3.4	0.0	18.5
15-01-03. Mayonnaises and similars	0.0	4.7	0.0	24.4
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.6	0.0	3.0
16. Soups, bouillon	0.0	32.4	0.0	184.3
16-01. Soups	0.0	31.2	0.0	161.9
16-02. Bouillon	0.0	1.1	0.0	0.0
17. Miscellaneous	0.0	15.1	0.0	69.8
17-00. Unclassified	0.0	0.2	0.0	0.0
17-01. Soya products	0.0	3.7	0.0	0.0
17-02. Dietetic products	0.0	1.0	0.0	0.0
17-02-00. Unclassified	0.0	0.9	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	10.3	0.0	62.2

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	112.0	0.0	287.5
01-01. Potatoes	97.0	112.0	0.0	287.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	85.7	95.1	0.0	235.5
02-01. Leafy vegetables (except cabbages)	0.0	13.0	0.0	75.0
02-02. Fruiting vegetables	15.3	31.6	0.0	113.5
02-03. Root vegetables	0.0	10.0	0.0	72.5
02-04. Cabbages	0.0	17.3	0.0	99.0
02-05. Mushrooms	0.0	1.8	0.0	12.2
02-06. Grain and pod vegetables	0.0	2.6	0.0	30.0
02-07. Onion, garlic	0.0	9.8	0.0	43.0
02-08. Stalk vegetables, sprouts	0.0	0.5	0.0	2.5
02-09. Mixed salad, mixed vegetables	0.0	8.5	0.0	64.1
03. Legumes	0.0	2.1	0.0	0.0
03-01. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	50.0	75.9	0.0	247.6
04-01. Fruits	32.0	64.4	0.0	239.0
04-02. Nuts and seeds (+nut spread)	0.0	10.6	0.0	60.0
04-03. Mixed fruits	0.0	0.8	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	375.3	439.2	10.1	966.8
05-01. Milk	146.8	221.8	0.0	672.1
05-02. Milk beverages	0.0	33.0	0.0	224.5
05-03. Yoghurt	0.0	104.8	0.0	450.0
05-04. Fromage blanc, petits suisses	0.0	3.2	0.0	0.0
05-05. Cheese (including fresh cheeses)	22.0	30.0	0.0	94.1
05-06. Cream desserts, puddings (milk based)	0.0	42.7	0.0	205.2
05-07. Dairy and non-dairy creams	0.0	1.9	0.0	15.3
05-07-01. Dairy creams	0.0	1.9	0.0	15.3
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	1.7	0.0	8.0
06. Cereals and cereal products	235.0	255.3	102.5	467.5
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.1
06-02. Pasta, rice, other grain	0.0	51.6	0.0	179.2
06-03. Bread, crisp bread, rusks	157.5	162.9	36.0	292.5
06-03-01. Bread	155.0	160.8	35.0	292.5
06-03-02. Crispbread, rusks	0.0	2.1	0.0	12.5
06-04. Breakfast cereals	0.0	6.7	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	8.0	22.9	0.0	85.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	10.9	0.0	81.3
07. Meat and meat products	107.2	118.1	27.0	239.0
07-01. Fresh meat	28.8	38.8	0.0	140.0
07-01-00. Unclassified	0.0	11.2	0.0	66.8
07-01-01. Beef	0.0	11.6	0.0	66.8
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	14.3	0.0	88.0
07-01-04. Mutton/Lamb	0.0	1.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	15.8	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	15.6	0.0	89.0
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0



**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	50.0	63.3	0.0	179.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	7.9	0.0	63.0
08-01. Fish	0.0	4.9	0.0	28.3
08-02. Crustaceans, molluscs	0.0	1.3	0.0	5.5
08-03. Fish products, fish in crumbs	0.0	1.7	0.0	0.0
09. Eggs and egg products	0.0	8.2	0.0	45.0
09-01. Egg	0.0	8.2	0.0	45.0
10. Fat	24.6	28.0	2.4	63.5
10-00. Unclassified	0.0	2.9	0.0	18.0
10-01. Vegetable oils	0.0	2.7	0.0	13.7
10-02. Butter	0.0	2.0	0.0	15.0
10-03. Margarines	12.0	17.7	0.0	54.6
10-04. Deep frying fats	0.0	2.7	0.0	19.1
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	51.8	67.2	0.7	190.9
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	2.0	9.5	0.0	43.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	12.5	21.0	0.0	78.4
11-03. Confectionery non-chocolate	2.0	11.2	0.0	51.0
11-04. Syrup	0.0	12.4	0.0	68.8
11-05. Ice cream, water ice	0.0	13.1	0.0	75.0
11-05-01. Ice cream	0.0	12.1	0.0	75.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.9	0.0	0.0
12. Cakes	42.5	55.3	0.0	162.5
12-01. Cakes, pies, pastries, etc.	11.0	32.7	0.0	122.0
12-02. Dry cakes, biscuits	14.0	22.6	0.0	82.5
13. Non-alcoholic beverages	1246.6	1345.8	592.5	2375.0
13-00. Unclassified	0.0	0.5	0.0	0.0
13-01. Fruit and vegetable juices	0.0	118.6	0.0	500.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	591.7	661.4	0.0	1478.3
13-03. Coffee, tea and herbal teas	17.6	136.4	0.0	550.0
13-03-01. Coffee	0.0	59.2	0.0	360.0
13-03-02. Tea	0.0	66.9	0.0	350.0
13-03-03. Herbal tea	0.0	10.4	0.0	93.8
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	290.2	428.9	0.0	1337.7
14. Alcoholic beverages	0.0	125.8	0.0	796.7
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	2.3	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	121.5	0.0	750.0
14-04. Spirits, brandy	0.0	0.3	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.4	0.0	0.0
14-07. Cocktails, punches	0.0	1.2	0.0	0.0
15. Condiments and sauces	30.0	38.9	0.0	104.9
15-01. Sauces	27.5	38.1	0.0	104.9
15-01-00. Unclassified and other sauces	4.1	16.0	0.0	66.0
15-01-01. Tomato sauces	0.0	9.8	0.0	45.3
15-01-02. Dressing sauces	0.0	4.5	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	7.6	0.0	34.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	6.0
16. Soups, bouillon	0.0	39.1	0.0	236.3
16-01. Soups	0.0	36.0	0.0	234.5
16-02. Bouillon	0.0	3.1	0.0	15.8
17. Miscellaneous	0.0	22.1	0.0	130.5
17-00. Unclassified	0.0	0.6	0.0	0.0
17-01. Soya products	0.0	1.8	0.0	0.0
17-02. Dietetic products	0.0	0.6	0.0	1.0
17-02-00. Unclassified	0.0	0.5	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.5
17-03. Snacks	0.0	19.1	0.0	112.5

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	78.9	0.0	200.5
01-01. Potatoes	70.0	78.8	0.0	200.5
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	82.4	87.7	0.0	200.1
02-01. Leafy vegetables (except cabbages)	0.0	13.8	0.0	77.0
02-02. Fruiting vegetables	18.1	33.0	0.0	113.2
02-03. Root vegetables	0.0	8.8	0.0	72.5
02-04. Cabbages	0.0	14.8	0.0	90.0
02-05. Mushrooms	0.0	1.8	0.0	12.5
02-06. Grain and pod vegetables	0.0	1.9	0.0	20.0
02-07. Onion, garlic	0.2	7.4	0.0	33.6
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.8	0.0	37.6
03. Legumes	0.0	2.2	0.0	0.0
03-01. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	69.5	94.2	0.0	276.2
04-01. Fruits	65.0	88.9	0.0	261.5
04-02. Nuts and seeds (+nut spread)	0.0	4.5	0.0	27.0
04-03. Mixed fruits	0.0	0.6	0.0	0.0
04-04. Olives	0.0	0.2	0.0	0.0
05. Dairy products	315.0	332.6	10.3	721.2
05-01. Milk	97.0	150.3	0.0	532.2
05-02. Milk beverages	0.0	37.9	0.0	200.0
05-03. Yoghurt	0.0	89.5	0.0	364.5
05-04. Fromage blanc, petits suisses	0.0	2.5	0.0	0.0
05-05. Cheese (including fresh cheeses)	21.0	25.2	0.0	76.5
05-06. Cream desserts, puddings (milk based)	0.0	24.4	0.0	128.8
05-07. Dairy and non-dairy creams	0.0	1.9	0.0	16.0
05-07-01. Dairy creams	0.0	1.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.9	0.0	5.0
06. Cereals and cereal products	183.2	191.4	81.5	329.9
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.4
06-02. Pasta, rice, other grain	0.0	34.9	0.0	141.0
06-03. Bread, crisp bread, rusks	122.5	127.6	45.0	225.0
06-03-01. Bread	120.0	123.2	37.5	219.0
06-03-02. Crispbread, rusks	0.0	4.5	0.0	21.0
06-04. Breakfast cereals	0.0	6.4	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	13.1	0.0	49.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	9.0	0.0	79.7
07. Meat and meat products	78.6	87.2	5.8	183.5
07-01. Fresh meat	18.1	30.3	0.0	97.0
07-01-00. Unclassified	0.0	7.4	0.0	44.8
07-01-01. Beef	0.0	11.5	0.0	57.5
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	10.3	0.0	56.0
07-01-04. Mutton/Lamb	0.0	1.0	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	14.6	0.0	66.8
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	14.4	0.0	66.8
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	37.0	42.1	0.0	124.8
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	5.9	0.0	39.2
08-01. Fish	0.0	3.2	0.0	28.2
08-02. Crustaceans, molluscs	0.0	0.8	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	1.9	0.0	0.0
09. Eggs and egg products	0.0	7.5	0.0	45.0
09-01. Egg	0.0	7.5	0.0	45.0
10. Fat	17.3	19.0	1.6	45.7
10-00. Unclassified	0.0	1.4	0.0	9.9
10-01. Vegetable oils	0.0	2.0	0.0	10.7
10-02. Butter	0.0	1.8	0.0	12.0
10-03. Margarines	9.0	12.0	0.0	31.7
10-04. Deep frying fats	0.0	1.8	0.0	12.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	44.0	52.4	1.8	130.7
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.7	7.0	0.0	27.7
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	11.9	18.8	0.0	64.0
11-03. Confectionery non-chocolate	1.5	7.9	0.0	37.5
11-04. Syrup	0.0	7.0	0.0	37.5
11-05. Ice cream, water ice	0.0	11.7	0.0	50.0
11-05-01. Ice cream	0.0	9.4	0.0	50.0
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	2.0	0.0	0.0
12. Cakes	43.5	52.0	0.0	150.5
12-01. Cakes, pies, pastries, etc.	5.0	28.4	0.0	115.5
12-02. Dry cakes, biscuits	18.0	23.6	0.0	69.0
13. Non-alcoholic beverages	1292.5	1345.9	583.4	2429.1
13-00. Unclassified	0.0	1.0	0.0	0.0
13-01. Fruit and vegetable juices	83.4	123.8	0.0	466.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	325.1	406.1	0.0	1047.4
13-03. Coffee, tea and herbal teas	118.4	232.6	0.0	794.2
13-03-01. Coffee	0.0	26.6	0.0	190.9
13-03-02. Tea	56.3	157.9	0.0	605.0
13-03-03. Herbal tea	0.0	48.1	0.0	300.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	491.7	582.4	0.0	1587.9
14. Alcoholic beverages	0.0	50.0	0.0	182.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	7.7	0.0	29.8
14-02. Fortified wines (sherry, port, vermouth)	0.0	1.0	0.0	0.0
14-03. Beer, cider	0.0	34.3	0.0	140.0
14-04. Spirits, brandy	0.0	0.5	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	3.3	0.0	0.0
14-07. Cocktails, punches	0.0	3.3	0.0	0.0
15. Condiments and sauces	21.8	28.7	0.0	84.0
15-01. Sauces	21.0	27.8	0.0	84.0
15-01-00. Unclassified and other sauces	0.0	11.0	0.0	47.1
15-01-01. Tomato sauces	0.0	6.7	0.0	39.9
15-01-02. Dressing sauces	0.0	3.4	0.0	21.0
15-01-03. Mayonnaises and similars	0.0	6.2	0.0	28.5
15-01-04. Dessert sauces	0.0	0.4	0.0	0.0

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	5.2
16. Soups, bouillon	0.0	40.4	0.0	200.0
16-01. Soups	0.0	37.7	0.0	194.3
16-02. Bouillon	0.0	2.6	0.0	8.5
17. Miscellaneous	0.0	16.4	0.0	72.0
17-00. Unclassified	0.0	0.7	0.0	0.0
17-01. Soya products	0.0	1.6	0.0	0.0
17-02. Dietetic products	0.0	2.5	0.0	2.0
17-02-00. Unclassified	0.0	2.3	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.2	0.0	1.0
17-03. Snacks	0.0	11.7	0.0	64.0

**Group=Male Adults (19-30 years,n=356)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	109.3	0.0	284.0
01-01. Potatoes	97.0	109.3	0.0	284.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	106.7	115.7	0.0	274.7
02-01. Leafy vegetables (except cabbages)	0.0	18.6	0.0	91.2
02-02. Fruiting vegetables	21.0	38.3	0.0	126.0
02-03. Root vegetables	0.0	9.1	0.0	72.5
02-04. Cabbages	0.0	18.4	0.0	116.5
02-05. Mushrooms	0.0	2.7	0.0	20.6
02-06. Grain and pod vegetables	0.0	3.1	0.0	19.4
02-07. Onion, garlic	1.4	12.3	0.0	48.8
02-08. Stalk vegetables, sprouts	0.0	0.7	0.0	5.1
02-09. Mixed salad, mixed vegetables	0.0	12.6	0.0	106.7
03. Legumes	0.0	2.7	0.0	0.0
03-01. Legumes	0.0	2.7	0.0	0.0
04. Fruits, nuts and olives	51.0	76.0	0.0	252.5
04-01. Fruits	18.3	63.5	0.0	231.7
04-02. Nuts and seeds (+nut spread)	0.0	11.4	0.0	57.5
04-03. Mixed fruits	0.0	0.8	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	340.0	398.8	13.5	1049.4
05-01. Milk	103.0	205.3	0.0	798.3
05-02. Milk beverages	0.0	34.0	0.0	250.0
05-03. Yoghurt	0.0	82.1	0.0	351.0
05-04. Fromage blanc, petits suisses	0.0	5.6	0.0	35.0
05-05. Cheese (including fresh cheeses)	31.5	37.9	0.0	109.4
05-06. Cream desserts, puddings (milk based)	0.0	27.5	0.0	150.0
05-07. Dairy and non-dairy creams	0.0	1.6	0.0	10.0
05-07-01. Dairy creams	0.0	1.6	0.0	10.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	4.8	0.0	33.0
06. Cereals and cereal products	256.0	265.3	82.5	520.8
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.9
06-02. Pasta, rice, other grain	0.0	59.1	0.0	229.6
06-03. Bread, crisp bread, rusks	157.5	168.4	40.0	315.0
06-03-01. Bread	157.5	166.5	40.0	310.0
06-03-02. Crispbread, rusks	0.0	1.9	0.0	12.3
06-04. Breakfast cereals	0.0	6.1	0.0	48.6
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	17.2	0.0	83.4
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	14.3	0.0	104.5
07. Meat and meat products	126.8	135.3	27.4	294.6
07-01. Fresh meat	34.0	48.2	0.0	176.0
07-01-00. Unclassified	0.0	16.2	0.0	99.4
07-01-01. Beef	0.0	12.5	0.0	83.4
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	17.2	0.0	89.0
07-01-04. Mutton/Lamb	0.0	2.1	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.1	0.0	0.0
07-02. Poultry	0.0	19.0	0.0	100.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	18.5	0.0	90.3
07-02-02. Turkey, young turkey	0.0	0.0	0.0	0.0
07-02-03. Duck	0.0	0.4	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Male Adults (19-30 years,n=356)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	54.5	68.1	0.0	169.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	16.0	0.0	92.1
08-01. Fish	0.0	8.8	0.0	75.0
08-02. Crustaceans, molluscs	0.0	1.6	0.0	8.7
08-03. Fish products, fish in crumbs	0.0	5.6	0.0	45.0
09. Eggs and egg products	0.0	15.1	0.0	75.0
09-01. Egg	0.0	15.1	0.0	75.0
10. Fat	27.0	30.4	2.9	70.2
10-00. Unclassified	0.0	3.0	0.0	18.1
10-01. Vegetable oils	0.0	3.8	0.0	18.9
10-02. Butter	0.0	2.1	0.0	12.6
10-03. Margarines	15.0	19.4	0.0	58.3
10-04. Deep frying fats	0.0	2.1	0.0	15.7
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	45.0	58.1	0.0	159.6
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	9.0	13.9	0.0	52.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	3.5	14.8	0.0	60.0
11-03. Confectionery non-chocolate	0.0	9.0	0.0	40.0
11-04. Syrup	0.0	8.7	0.0	36.0
11-05. Ice cream, water ice	0.0	11.6	0.0	75.0
11-05-01. Ice cream	0.0	10.4	0.0	75.0
11-05-02. Sorbet	0.0	0.3	0.0	0.0
11-05-03. Water ice	0.0	0.9	0.0	0.0
12. Cakes	24.5	43.3	0.0	152.0
12-01. Cakes, pies, pastries, etc.	0.0	30.3	0.0	132.5
12-02. Dry cakes, biscuits	0.0	13.0	0.0	60.0
13. Non-alcoholic beverages	1578.3	1716.5	765.1	3037.5
13-00. Unclassified	0.0	2.7	0.0	0.0
13-01. Fruit and vegetable juices	0.0	134.9	0.0	491.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	483.4	574.9	0.0	1729.3
13-03. Coffee, tea and herbal teas	400.0	467.9	0.0	1237.5
13-03-01. Coffee	250.0	334.0	0.0	962.5
13-03-02. Tea	0.0	110.9	0.0	520.8
13-03-03. Herbal tea	0.0	22.8	0.0	166.0
13-03-04. Chicory, substitutes	0.0	0.2	0.0	0.0
13-04. Waters	362.5	536.1	0.0	1775.1
14. Alcoholic beverages	0.8	354.8	0.0	1880.0
14-00. Unclassified	0.0	0.8	0.0	0.0
14-01. Wine	0.0	17.3	0.0	125.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.4	0.0	0.0
14-03. Beer, cider	0.0	333.1	0.0	1837.5
14-04. Spirits, brandy	0.0	1.3	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.1	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	35.6	46.9	0.0	145.8
15-01. Sauces	34.9	45.2	0.0	145.8
15-01-00. Unclassified and other sauces	3.2	17.2	0.0	71.3
15-01-01. Tomato sauces	0.0	12.1	0.0	54.0
15-01-02. Dressing sauces	0.0	5.7	0.0	29.1
15-01-03. Mayonnaises and similars	1.7	10.2	0.0	46.6
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0

**Group=Male Adults (19-30 years,n=356)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.7	0.0	7.9
16. Soups, bouillon	0.0	63.9	0.0	291.4
16-01. Soups	0.0	61.0	0.0	291.4
16-02. Bouillon	0.0	2.9	0.0	9.3
17. Miscellaneous	0.0	25.1	0.0	90.0
17-00. Unclassified	0.0	0.2	0.0	0.0
17-01. Soya products	0.0	1.8	0.0	0.0
17-02. Dietetic products	0.0	5.2	0.0	3.0
17-02-00. Unclassified	0.0	4.8	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.4	0.0	2.0
17-03. Snacks	0.0	17.9	0.0	72.0



**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	67.8	69.9	0.0	200.5
01-01. Potatoes	67.8	69.9	0.0	200.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	94.5	111.6	2.0	282.5
02-01. Leafy vegetables (except cabbages)	0.0	17.0	0.0	80.0
02-02. Fruiting vegetables	26.1	43.9	0.0	149.3
02-03. Root vegetables	0.0	7.7	0.0	54.0
02-04. Cabbages	0.0	16.6	0.0	90.0
02-05. Mushrooms	0.0	2.4	0.0	19.4
02-06. Grain and pod vegetables	0.0	2.8	0.0	12.0
02-07. Onion, garlic	0.9	8.8	0.0	38.5
02-08. Stalk vegetables, sprouts	0.0	1.6	0.0	9.3
02-09. Mixed salad, mixed vegetables	0.0	10.8	0.0	70.0
03. Legumes	0.0	3.7	0.0	15.0
03-01. Legumes	0.0	3.7	0.0	15.0
04. Fruits, nuts and olives	74.7	100.3	0.0	297.0
04-01. Fruits	66.6	93.1	0.0	288.8
04-02. Nuts and seeds (+nut spread)	0.0	6.1	0.0	32.8
04-03. Mixed fruits	0.0	1.0	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	285.8	325.4	23.4	772.2
05-01. Milk	38.0	130.9	0.0	490.3
05-02. Milk beverages	0.0	35.7	0.0	206.1
05-03. Yoghurt	0.0	86.9	0.0	363.9
05-04. Fromage blanc, petits suisses	0.0	5.5	0.0	46.7
05-05. Cheese (including fresh cheeses)	23.3	30.8	0.0	95.0
05-06. Cream desserts, puddings (milk based)	0.0	28.2	0.0	141.7
05-07. Dairy and non-dairy creams	0.0	2.7	0.0	16.0
05-07-01. Dairy creams	0.0	2.7	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	4.7	0.0	24.0
06. Cereals and cereal products	186.1	193.0	60.0	356.7
06-01. Flour, flakes, starches, semolina	0.0	0.6	0.0	1.8
06-02. Pasta, rice, other grain	0.0	43.8	0.0	160.0
06-03. Bread, crisp bread, rusks	113.8	120.4	35.0	210.0
06-03-01. Bread	110.0	115.6	25.0	207.5
06-03-02. Crispbread, rusks	0.0	4.8	0.0	24.5
06-04. Breakfast cereals	0.0	7.0	0.0	44.6
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	13.7	0.0	62.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.5	0.0	72.9
07. Meat and meat products	80.0	89.9	0.0	193.0
07-01. Fresh meat	16.7	32.4	0.0	106.0
07-01-00. Unclassified	0.0	8.6	0.0	60.0
07-01-01. Beef	0.0	11.4	0.0	62.5
07-01-02. Veal	0.0	0.5	0.0	0.0
07-01-03. Pork	0.0	11.1	0.0	77.4
07-01-04. Mutton/Lamb	0.0	0.7	0.0	0.0
07-01-05. Horse	0.0	0.1	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	17.5	0.0	75.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	17.4	0.0	75.0
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	28.0	39.8	0.0	113.4
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	10.1	0.0	63.0
08-01. Fish	0.0	6.7	0.0	50.0
08-02. Crustaceans, molluscs	0.0	1.7	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	1.6	0.0	0.0
09. Eggs and egg products	0.0	12.2	0.0	56.0
09-01. Egg	0.0	12.2	0.0	56.0
10. Fat	18.2	20.5	1.5	44.8
10-00. Unclassified	0.0	1.7	0.0	11.7
10-01. Vegetable oils	0.0	3.1	0.0	14.5
10-02. Butter	0.0	1.7	0.0	11.0
10-03. Margarines	9.3	12.6	0.0	39.1
10-04. Deep frying fats	0.0	1.3	0.0	12.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	34.4	48.3	0.0	136.8
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	3.4	9.5	0.0	40.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	5.0	14.1	0.0	58.0
11-03. Confectionery non-chocolate	0.0	5.6	0.0	30.0
11-04. Syrup	0.0	6.6	0.0	35.5
11-05. Ice cream, water ice	0.0	12.6	0.0	75.0
11-05-01. Ice cream	0.0	11.3	0.0	75.0
11-05-02. Sorbet	0.0	0.4	0.0	0.0
11-05-03. Water ice	0.0	0.9	0.0	0.0
12. Cakes	32.5	44.8	0.0	153.0
12-01. Cakes, pies, pastries, etc.	10.0	30.8	0.0	129.5
12-02. Dry cakes, biscuits	5.0	14.0	0.0	52.0
13. Non-alcoholic beverages	1710.9	1867.5	895.0	3165.0
13-00. Unclassified	0.0	0.0	0.0	0.0
13-01. Fruit and vegetable juices	0.2	125.8	0.0	521.8
13-02. Carbonated/soft/isotonic drinks, diluted syrups	285.9	401.1	0.0	1216.7
13-03. Coffee, tea and herbal teas	485.7	599.6	0.0	1584.7
13-03-01. Coffee	65.0	204.5	0.0	765.0
13-03-02. Tea	137.5	282.5	0.0	1051.3
13-03-03. Herbal tea	0.0	112.3	0.0	650.0
13-03-04. Chicory, substitutes	0.0	0.3	0.0	0.0
13-04. Waters	540.0	741.0	0.0	2207.0
14. Alcoholic beverages	0.0	60.3	0.0	370.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	22.6	0.0	166.7
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.1	0.0	0.0
14-03. Beer, cider	0.0	33.8	0.0	150.0
14-04. Spirits, brandy	0.0	1.7	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.8	0.0	0.0
15. Condiments and sauces	24.1	30.7	0.0	87.5
15-01. Sauces	23.3	29.8	0.0	87.5
15-01-00. Unclassified and other sauces	0.0	12.8	0.0	58.2
15-01-01. Tomato sauces	0.0	8.3	0.0	48.3
15-01-02. Dressing sauces	0.0	3.3	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	5.3	0.0	24.4
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	6.0
16. Soups, bouillon	0.0	47.6	0.0	259.0
16-01. Soups	0.0	43.3	0.0	259.0
16-02. Bouillon	0.0	4.3	0.0	15.8
17. Miscellaneous	0.0	20.7	0.0	91.8
17-00. Unclassified	0.0	1.2	0.0	0.0
17-01. Soya products	0.0	4.9	0.0	3.1
17-02. Dietetic products	0.0	3.7	0.0	10.0
17-02-00. Unclassified	0.0	2.9	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	0.0	5.0
17-03. Snacks	0.0	10.9	0.0	68.0

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	108.8	116.2	0.0	297.9
01-01. Potatoes	108.8	116.2	0.0	297.9
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	122.0	133.8	13.5	303.5
02-01. Leafy vegetables (except cabbages)	0.0	25.7	0.0	117.0
02-02. Fruiting vegetables	18.5	38.5	0.0	127.6
02-03. Root vegetables	0.0	11.8	0.0	86.6
02-04. Cabbages	0.0	22.3	0.0	120.0
02-05. Mushrooms	0.0	2.5	0.0	21.9
02-06. Grain and pod vegetables	0.0	2.3	0.0	13.5
02-07. Onion, garlic	3.4	14.4	0.0	52.2
02-08. Stalk vegetables, sprouts	0.0	1.1	0.0	7.5
02-09. Mixed salad, mixed vegetables	0.0	15.1	0.0	90.0
03. Legumes	0.0	2.8	0.0	0.0
03-01. Legumes	0.0	2.8	0.0	0.0
04. Fruits, nuts and olives	72.3	111.2	0.0	356.9
04-01. Fruits	65.0	100.4	0.0	339.1
04-02. Nuts and seeds (+nut spread)	0.0	9.1	0.0	50.0
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.6	0.0	0.0
05. Dairy products	334.2	413.4	29.5	987.2
05-01. Milk	103.0	196.1	0.0	718.9
05-02. Milk beverages	0.0	28.9	0.0	194.0
05-03. Yoghurt	1.2	93.6	0.0	362.3
05-04. Fromage blanc, petits suisses	0.0	5.2	0.0	24.0
05-05. Cheese (including fresh cheeses)	29.0	37.7	0.0	106.5
05-06. Cream desserts, puddings (milk based)	0.0	41.1	0.0	218.9
05-07. Dairy and non-dairy creams	0.0	2.1	0.0	16.0
05-07-01. Dairy creams	0.0	2.1	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	8.7	0.0	48.0
06. Cereals and cereal products	229.5	243.0	98.5	428.5
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.7
06-02. Pasta, rice, other grain	0.0	54.3	0.0	207.5
06-03. Bread, crisp bread, rusks	155.0	162.8	58.5	290.0
06-03-01. Bread	151.0	159.7	52.5	290.0
06-03-02. Crispbread, rusks	0.0	3.2	0.0	20.0
06-04. Breakfast cereals	0.0	6.9	0.0	50.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.8	0.0	49.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.8	0.0	77.7
07. Meat and meat products	119.4	132.5	30.4	277.9
07-01. Fresh meat	39.4	51.9	0.0	163.0
07-01-00. Unclassified	0.0	10.3	0.0	61.9
07-01-01. Beef	0.0	20.7	0.0	110.1
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	18.5	0.0	107.0
07-01-04. Mutton/Lamb	0.0	1.9	0.0	0.0
07-01-05. Horse	0.0	0.4	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	18.4	0.0	96.3
07-02-00. Unclassified and other poultry	0.0	0.3	0.0	0.0
07-02-01. Chicken, hen	0.0	16.8	0.0	93.8
07-02-02. Turkey, young turkey	0.0	0.4	0.0	0.0
07-02-03. Duck	0.0	0.7	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	44.0	62.0	0.0	171.4
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	17.3	0.0	100.0
08-01. Fish	0.0	10.7	0.0	90.0
08-02. Crustaceans, molluscs	0.0	1.4	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	5.1	0.0	39.2
09. Eggs and egg products	0.0	11.1	0.0	58.3
09-01. Egg	0.0	11.1	0.0	58.3
10. Fat	30.3	32.6	5.8	66.9
10-00. Unclassified	0.0	2.0	0.0	15.0
10-01. Vegetable oils	0.5	4.1	0.0	17.5
10-02. Butter	0.0	2.6	0.0	17.7
10-03. Margarines	18.4	21.6	0.0	55.2
10-04. Deep frying fats	0.0	2.2	0.0	17.0
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	39.0	50.7	0.0	156.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	10.7	17.2	0.0	56.7
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	5.0	15.7	0.0	69.0
11-03. Confectionery non-chocolate	0.0	5.3	0.0	22.5
11-04. Syrup	0.0	4.8	0.0	30.2
11-05. Ice cream, water ice	0.0	7.7	0.0	58.4
11-05-01. Ice cream	0.0	7.2	0.0	58.4
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	0.3	0.0	0.0
12. Cakes	31.5	47.0	0.0	144.0
12-01. Cakes, pies, pastries, etc.	15.0	33.1	0.0	127.0
12-02. Dry cakes, biscuits	3.5	13.9	0.0	55.0
13. Non-alcoholic beverages	1692.5	1813.5	744.6	3339.2
13-00. Unclassified	0.0	5.4	0.0	0.0
13-01. Fruit and vegetable juices	0.0	93.2	0.0	370.9
13-02. Carbonated/soft/isotonic drinks, diluted syrups	166.7	282.7	0.0	987.5
13-03. Coffee, tea and herbal teas	812.5	886.2	167.2	1824.9
13-03-01. Coffee	590.4	653.0	0.0	1581.9
13-03-02. Tea	0.0	184.1	0.0	700.0
13-03-03. Herbal tea	0.0	49.1	0.0	282.5
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	312.5	546.0	0.0	1875.0
14. Alcoholic beverages	98.1	323.9	0.0	1350.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	39.9	0.0	246.7
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.6	0.0	0.5
14-03. Beer, cider	0.0	274.6	0.0	1275.0
14-04. Spirits, brandy	0.0	5.0	0.0	36.4
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.5	0.0	0.0
14-07. Cocktails, punches	0.0	0.4	0.0	0.0
15. Condiments and sauces	30.4	40.0	0.0	112.0
15-01. Sauces	29.1	38.2	0.0	112.0
15-01-00. Unclassified and other sauces	5.6	17.4	0.0	69.2
15-01-01. Tomato sauces	0.0	7.9	0.0	48.0
15-01-02. Dressing sauces	0.0	4.5	0.0	25.0
15-01-03. Mayonnaises and similars	0.0	8.2	0.0	36.3
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.7	0.0	9.2
16. Soups, bouillon	0.0	60.0	0.0	323.8
16-01. Soups	0.0	57.1	0.0	323.8
16-02. Bouillon	0.0	2.9	0.0	12.5
17. Miscellaneous	0.0	13.8	0.0	69.0
17-00. Unclassified	0.0	1.1	0.0	0.0
17-01. Soya products	0.0	0.8	0.0	0.0
17-02. Dietetic products	0.0	0.9	0.0	7.0
17-02-00. Unclassified	0.0	0.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	0.0	7.0
17-03. Snacks	0.0	10.9	0.0	63.0

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	72.3	0.0	194.1
01-01. Potatoes	70.0	72.1	0.0	194.1
01-02. Other tubers	0.0	0.2	0.0	0.0
02. Vegetables	119.5	126.3	13.4	279.2
02-01. Leafy vegetables (except cabbages)	0.0	19.8	0.0	89.4
02-02. Fruiting vegetables	30.0	43.9	0.0	162.8
02-03. Root vegetables	0.0	13.2	0.0	72.7
02-04. Cabbages	0.0	17.5	0.0	98.7
02-05. Mushrooms	0.0	3.1	0.0	19.0
02-06. Grain and pod vegetables	0.0	3.2	0.0	30.0
02-07. Onion, garlic	3.7	10.1	0.0	37.9
02-08. Stalk vegetables, sprouts	0.0	1.8	0.0	5.8
02-09. Mixed salad, mixed vegetables	0.0	13.6	0.0	81.0
03. Legumes	0.0	3.5	0.0	26.7
03-01. Legumes	0.0	3.5	0.0	26.7
04. Fruits, nuts and olives	81.9	119.2	0.0	358.1
04-01. Fruits	74.4	110.4	0.0	342.3
04-02. Nuts and seeds (+nut spread)	0.0	6.5	0.0	37.5
04-03. Mixed fruits	0.0	1.8	0.0	0.0
04-04. Olives	0.0	0.5	0.0	1.9
05. Dairy products	296.4	333.5	35.5	743.7
05-01. Milk	85.9	145.3	0.0	491.4
05-02. Milk beverages	0.0	17.9	0.0	137.4
05-03. Yoghurt	42.2	96.8	0.0	366.5
05-04. Fromage blanc, petits suisses	0.0	3.9	0.0	15.0
05-05. Cheese (including fresh cheeses)	29.0	34.0	0.0	87.0
05-06. Cream desserts, puddings (milk based)	0.0	25.0	0.0	120.2
05-07. Dairy and non-dairy creams	0.0	2.9	0.0	16.0
05-07-01. Dairy creams	0.0	2.8	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	7.7	0.0	43.0
06. Cereals and cereal products	175.0	188.4	70.5	344.7
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.5
06-02. Pasta, rice, other grain	0.0	43.9	0.0	172.0
06-03. Bread, crisp bread, rusks	112.5	118.3	38.4	220.0
06-03-01. Bread	107.4	112.9	33.8	214.5
06-03-02. Crispbread, rusks	0.0	5.5	0.0	20.0
06-04. Breakfast cereals	0.0	8.2	0.0	42.5
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.4	0.0	53.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.2	0.0	64.9
07. Meat and meat products	75.6	86.2	0.0	189.0
07-01. Fresh meat	19.6	32.4	0.0	110.0
07-01-00. Unclassified	0.0	6.7	0.0	45.5
07-01-01. Beef	0.0	14.6	0.0	68.0
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	10.5	0.0	62.5
07-01-04. Mutton/Lamb	0.0	0.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	13.6	0.0	78.1
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	13.2	0.0	75.0
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.1	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	28.4	39.9	0.0	118.4
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	16.2	0.0	83.6
08-01. Fish	0.0	10.8	0.0	78.0
08-02. Crustaceans, molluscs	0.0	2.3	0.0	18.0
08-03. Fish products, fish in crumbs	0.0	3.1	0.0	0.0
09. Eggs and egg products	0.0	10.1	0.0	50.0
09-01. Egg	0.0	10.1	0.0	50.0
10. Fat	19.9	21.8	1.3	48.0
10-00. Unclassified	0.0	1.5	0.0	11.7
10-01. Vegetable oils	0.0	2.9	0.0	14.7
10-02. Butter	0.0	2.2	0.0	15.7
10-03. Margarines	12.0	14.2	0.0	36.7
10-04. Deep frying fats	0.0	1.1	0.0	9.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	26.7	39.5	0.0	121.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.9	9.7	0.0	50.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	10.6	0.0	44.0
11-03. Confectionery non-chocolate	0.0	6.7	0.0	30.5
11-04. Syrup	0.0	4.9	0.0	31.3
11-05. Ice cream, water ice	0.0	7.7	0.0	50.0
11-05-01. Ice cream	0.0	6.6	0.0	50.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	1.0	0.0	0.0
12. Cakes	38.0	49.0	0.0	142.0
12-01. Cakes, pies, pastries, etc.	20.0	33.5	0.0	118.0
12-02. Dry cakes, biscuits	9.0	15.5	0.0	52.5
13. Non-alcoholic beverages	1843.3	1940.8	917.7	3273.7
13-00. Unclassified	0.0	0.6	0.0	0.0
13-01. Fruit and vegetable juices	0.0	98.5	0.0	424.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	252.1	0.0	1087.7
13-03. Coffee, tea and herbal teas	833.2	917.1	188.3	1899.7
13-03-01. Coffee	396.7	411.0	0.0	1075.1
13-03-02. Tea	150.0	339.8	0.0	1291.7
13-03-03. Herbal tea	0.0	160.9	0.0	887.5
13-03-04. Chicory, substitutes	0.0	5.5	0.0	0.0
13-04. Waters	500.0	672.4	0.0	1936.7
14. Alcoholic beverages	0.0	89.7	0.0	395.9
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	51.5	0.0	308.4
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.8	0.0	0.8
14-03. Beer, cider	0.0	31.2	0.0	175.0
14-04. Spirits, brandy	0.0	1.4	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.8	0.0	0.0
14-07. Cocktails, punches	0.0	0.9	0.0	0.0
15. Condiments and sauces	20.3	27.5	0.0	83.7
15-01. Sauces	18.7	26.4	0.0	83.7
15-01-00. Unclassified and other sauces	1.0	12.0	0.0	50.4
15-01-01. Tomato sauces	0.0	5.9	0.0	30.4
15-01-02. Dressing sauces	0.0	4.1	0.0	21.1
15-01-03. Mayonnaises and similars	0.0	4.2	0.0	23.3
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0



**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.2	0.0	7.0
16. Soups, bouillon	0.0	56.3	0.0	259.0
16-01. Soups	0.0	51.1	0.0	237.5
16-02. Bouillon	0.0	5.2	0.0	19.2
17. Miscellaneous	0.0	20.6	0.0	92.0
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	7.0	0.0	1.5
17-02. Dietetic products	0.0	3.6	0.0	9.0
17-02-00. Unclassified	0.0	2.5	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.1	0.0	7.0
17-03. Snacks	0.0	9.7	0.0	63.0

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	96.5	108.0	0.0	261.7
01-01. Potatoes	96.5	107.7	0.0	261.7
01-02. Other tubers	0.0	0.3	0.0	0.0
02. Vegetables	126.1	135.6	11.3	287.4
02-01. Leafy vegetables (except cabbages)	0.0	26.8	0.0	111.6
02-02. Fruiting vegetables	19.1	42.1	0.0	139.8
02-03. Root vegetables	0.0	7.7	0.0	72.5
02-04. Cabbages	0.0	26.7	0.0	121.5
02-05. Mushrooms	0.0	1.9	0.0	16.1
02-06. Grain and pod vegetables	0.0	3.3	0.0	30.4
02-07. Onion, garlic	0.0	12.2	0.0	58.2
02-08. Stalk vegetables, sprouts	0.0	2.8	0.0	5.6
02-09. Mixed salad, mixed vegetables	0.0	12.1	0.0	81.0
03. Legumes	0.0	3.8	0.0	15.0
03-01. Legumes	0.0	3.8	0.0	15.0
04. Fruits, nuts and olives	102.4	125.4	0.0	368.8
04-01. Fruits	85.0	113.2	0.0	344.9
04-02. Nuts and seeds (+nut spread)	0.0	10.3	0.0	50.0
04-03. Mixed fruits	0.0	1.5	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	378.0	416.4	47.8	943.3
05-01. Milk	128.8	192.6	0.0	629.4
05-02. Milk beverages	0.0	18.5	0.0	141.7
05-03. Yoghurt	62.5	102.1	0.0	351.9
05-04. Fromage blanc, petits suisses	0.0	4.3	0.0	0.0
05-05. Cheese (including fresh cheeses)	32.5	40.6	0.0	97.2
05-06. Cream desserts, puddings (milk based)	0.0	44.9	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	2.8	0.0	17.2
05-07-01. Dairy creams	0.0	2.8	0.0	17.2
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	10.5	0.0	44.0
06. Cereals and cereal products	198.1	206.6	75.0	376.4
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.9
06-02. Pasta, rice, other grain	0.0	41.2	0.0	175.1
06-03. Bread, crisp bread, rusks	140.0	150.3	52.5	280.0
06-03-01. Bread	135.0	145.8	45.0	273.0
06-03-02. Crispbread, rusks	0.0	4.5	0.0	20.0
06-04. Breakfast cereals	0.0	5.5	0.0	35.1
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	6.7	0.0	39.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	2.5	0.0	0.0
07. Meat and meat products	118.3	131.0	21.9	289.6
07-01. Fresh meat	37.3	52.6	0.0	180.0
07-01-00. Unclassified	0.0	8.8	0.0	66.3
07-01-01. Beef	0.0	21.0	0.0	104.0
07-01-02. Veal	0.0	1.2	0.0	0.0
07-01-03. Pork	0.0	19.6	0.0	102.9
07-01-04. Mutton/Lamb	0.0	1.6	0.0	0.0
07-01-05. Horse	0.0	0.4	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	20.5	0.0	93.8
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	19.8	0.0	93.8
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.3	0.0	0.0

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.8	0.0	0.0
07-04. Processed meat	43.0	56.8	0.0	170.8
07-05. Offals	0.0	0.3	0.0	0.0
08. Fish and shellfish	0.0	20.0	0.0	110.0
08-01. Fish	0.0	16.5	0.0	100.5
08-02. Crustaceans, molluscs	0.0	1.8	0.0	9.0
08-03. Fish products, fish in crumbs	0.0	1.7	0.0	0.0
09. Eggs and egg products	0.0	14.0	0.0	68.8
09-01. Egg	0.0	14.0	0.0	68.8
10. Fat	30.1	32.8	6.1	68.3
10-00. Unclassified	0.0	1.5	0.0	11.8
10-01. Vegetable oils	0.0	3.4	0.0	14.5
10-02. Butter	0.0	2.5	0.0	15.3
10-03. Margarines	21.0	23.6	0.0	55.9
10-04. Deep frying fats	0.0	1.7	0.0	14.4
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	31.0	40.3	0.0	110.6
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	8.8	17.9	0.0	64.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	7.4	0.0	37.5
11-03. Confectionery non-chocolate	0.0	3.3	0.0	18.8
11-04. Syrup	0.0	2.8	0.0	22.5
11-05. Ice cream, water ice	0.0	8.9	0.0	62.5
11-05-01. Ice cream	0.0	8.8	0.0	62.5
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	0.1	0.0	0.0
12. Cakes	35.0	48.1	0.0	137.5
12-01. Cakes, pies, pastries, etc.	20.0	35.4	0.0	115.0
12-02. Dry cakes, biscuits	5.0	12.7	0.0	47.5
13. Non-alcoholic beverages	1430.6	1506.4	712.9	2665.8
13-00. Unclassified	0.0	2.8	0.0	0.0
13-01. Fruit and vegetable juices	0.0	81.7	0.0	351.9
13-02. Carbonated/soft/isotonic drinks, diluted syrups	0.0	162.6	0.0	695.0
13-03. Coffee, tea and herbal teas	802.5	863.9	350.0	1612.5
13-03-01. Coffee	555.0	592.3	0.0	1149.4
13-03-02. Tea	112.5	230.6	0.0	762.9
13-03-03. Herbal tea	0.0	38.8	0.0	266.7
13-03-04. Chicory, substitutes	0.0	2.3	0.0	0.0
13-04. Waters	265.8	395.5	0.0	1250.0
14. Alcoholic beverages	180.0	320.0	0.0	1100.0
14-00. Unclassified	0.0	0.2	0.0	0.0
14-01. Wine	0.0	73.4	0.0	351.7
14-02. Fortified wines (sherry, port, vermouth)	0.0	4.0	0.0	40.0
14-03. Beer, cider	0.0	228.5	0.0	1000.0
14-04. Spirits, brandy	0.0	12.7	0.0	75.5
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	21.8	29.3	0.0	90.2
15-01. Sauces	20.1	28.0	0.0	84.8
15-01-00. Unclassified and other sauces	8.9	15.7	0.0	52.2
15-01-01. Tomato sauces	0.0	4.8	0.0	32.1
15-01-02. Dressing sauces	0.0	2.8	0.0	15.5
15-01-03. Mayonnaises and similars	0.0	4.4	0.0	23.4
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.2	0.0	7.8
16. Soups, bouillon	0.0	83.4	0.0	323.8
16-01. Soups	0.0	74.5	0.0	319.4
16-02. Bouillon	0.0	9.0	0.0	29.7
17. Miscellaneous	0.0	15.6	0.0	75.0
17-00. Unclassified	0.0	0.2	0.0	0.0
17-01. Soya products	0.0	3.9	0.0	0.0
17-02. Dietetic products	0.0	1.2	0.0	8.0
17-02-00. Unclassified	0.0	0.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.1	0.0	7.0
17-03. Snacks	0.0	10.2	0.0	63.8

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	80.2	0.0	202.5
01-01. Potatoes	71.5	80.2	0.0	202.5
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	138.0	145.7	7.0	310.3
02-01. Leafy vegetables (except cabbages)	0.0	29.5	0.0	128.5
02-02. Fruiting vegetables	23.4	42.4	0.0	137.3
02-03. Root vegetables	0.0	13.6	0.0	89.0
02-04. Cabbages	0.0	29.2	0.0	120.0
02-05. Mushrooms	0.0	2.0	0.0	12.5
02-06. Grain and pod vegetables	0.0	2.0	0.0	5.0
02-07. Onion, garlic	1.0	11.1	0.0	48.1
02-08. Stalk vegetables, sprouts	0.0	3.0	0.0	7.5
02-09. Mixed salad, mixed vegetables	0.0	12.9	0.0	93.4
03. Legumes	0.0	1.6	0.0	0.0
03-01. Legumes	0.0	1.6	0.0	0.0
04. Fruits, nuts and olives	134.2	152.2	0.0	365.8
04-01. Fruits	128.4	144.2	0.0	365.8
04-02. Nuts and seeds (+nut spread)	0.0	6.4	0.0	35.0
04-03. Mixed fruits	0.0	1.0	0.0	0.0
04-04. Olives	0.0	0.6	0.0	3.7
05. Dairy products	298.1	346.2	33.1	804.5
05-01. Milk	51.9	147.2	0.0	527.7
05-02. Milk beverages	0.0	13.0	0.0	141.7
05-03. Yoghurt	75.6	105.0	0.0	351.0
05-04. Fromage blanc, petits suisses	0.0	9.8	0.0	70.0
05-05. Cheese (including fresh cheeses)	29.2	36.4	0.0	94.5
05-06. Cream desserts, puddings (milk based)	0.0	22.1	0.0	144.2
05-07. Dairy and non-dairy creams	0.0	3.1	0.0	16.0
05-07-01. Dairy creams	0.0	2.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.2	0.0	0.0
05-08. Milk for coffee and creamers	0.0	9.6	0.0	50.6
06. Cereals and cereal products	153.0	159.3	62.2	265.0
06-01. Flour, flakes, starches, semolina	0.0	0.5	0.0	2.0
06-02. Pasta, rice, other grain	0.0	28.6	0.0	119.7
06-03. Bread, crisp bread, rusks	110.0	116.1	40.0	203.1
06-03-01. Bread	105.0	110.6	35.0	197.5
06-03-02. Crispbread, rusks	0.0	5.5	0.0	25.0
06-04. Breakfast cereals	0.0	4.5	0.0	34.5
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	5.7	0.0	29.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	3.8	0.0	23.2
07. Meat and meat products	79.7	88.7	9.0	186.4
07-01. Fresh meat	35.8	40.7	0.0	120.9
07-01-00. Unclassified	0.0	5.8	0.0	45.8
07-01-01. Beef	0.0	18.3	0.0	80.0
07-01-02. Veal	0.0	0.9	0.0	0.0
07-01-03. Pork	0.0	15.0	0.0	75.0
07-01-04. Mutton/Lamb	0.0	0.7	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	14.0	0.0	70.1
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	13.0	0.0	66.8
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0
07-02-03. Duck	0.0	0.5	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	22.5	33.5	0.0	94.8
07-05. Offals	0.0	0.3	0.0	0.0
08. Fish and shellfish	0.0	19.7	0.0	100.5
08-01. Fish	0.0	15.9	0.0	100.5
08-02. Crustaceans, molluscs	0.0	1.2	0.0	5.6
08-03. Fish products, fish in crumbs	0.0	2.6	0.0	0.0
09. Eggs and egg products	0.0	14.4	0.0	50.0
09-01. Egg	0.0	14.4	0.0	50.0
10. Fat	20.1	22.9	4.0	50.3
10-00. Unclassified	0.0	0.7	0.0	4.8
10-01. Vegetable oils	0.0	2.7	0.0	12.5
10-02. Butter	0.0	3.3	0.0	21.0
10-03. Margarines	13.3	15.5	0.0	40.0
10-04. Deep frying fats	0.0	0.7	0.0	8.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	20.0	32.0	0.0	103.3
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	2.6	10.0	0.0	45.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	7.5	0.0	32.5
11-03. Confectionery non-chocolate	0.0	3.0	0.0	15.0
11-04. Syrup	0.0	4.5	0.0	27.0
11-05. Ice cream, water ice	0.0	7.0	0.0	60.0
11-05-01. Ice cream	0.0	6.9	0.0	60.0
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	0.1	0.0	0.0
12. Cakes	35.0	43.9	0.0	117.5
12-01. Cakes, pies, pastries, etc.	20.0	31.5	0.0	105.0
12-02. Dry cakes, biscuits	6.5	12.4	0.0	45.5
13. Non-alcoholic beverages	1662.2	1775.8	788.2	3171.7
13-00. Unclassified	0.0	0.6	0.0	0.0
13-01. Fruit and vegetable juices	0.0	87.5	0.0	342.5
13-02. Carbonated/soft/isotonic drinks, diluted syrups	0.0	94.2	0.0	450.0
13-03. Coffee, tea and herbal teas	866.7	944.8	266.6	1850.0
13-03-01. Coffee	521.2	537.1	0.0	1093.2
13-03-02. Tea	225.0	321.7	0.0	1036.7
13-03-03. Herbal tea	0.0	85.6	0.0	438.3
13-03-04. Chicory, substitutes	0.0	0.4	0.0	0.0
13-04. Waters	542.5	648.6	0.0	1894.2
14. Alcoholic beverages	60.0	139.5	0.0	562.5
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	97.9	0.0	428.8
14-02. Fortified wines (sherry, port, vermouth)	0.0	5.4	0.0	37.5
14-03. Beer, cider	0.0	30.7	0.0	140.0
14-04. Spirits, brandy	0.0	3.7	0.0	18.2
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.9	0.0	13.2
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	16.3	24.1	0.0	82.8
15-01. Sauces	15.8	23.0	0.0	79.3
15-01-00. Unclassified and other sauces	5.6	13.9	0.0	56.0
15-01-01. Tomato sauces	0.0	3.5	0.0	18.8
15-01-02. Dressing sauces	0.0	2.6	0.0	15.0
15-01-03. Mayonnaises and similars	0.0	2.6	0.0	15.1
15-01-04. Dessert sauces	0.0	0.4	0.0	0.0

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.1	0.0	6.0
16. Soups, bouillon	0.0	70.0	0.0	263.3
16-01. Soups	0.0	63.1	0.0	259.0
16-02. Bouillon	0.0	6.9	0.0	27.1
17. Miscellaneous	0.0	18.0	0.0	100.0
17-00. Unclassified	0.0	0.3	0.0	0.0
17-01. Soya products	0.0	9.3	0.0	39.7
17-02. Dietetic products	0.0	3.6	0.0	8.0
17-02-00. Unclassified	0.0	2.7	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.9	0.0	6.0
17-03. Snacks	0.0	4.8	0.0	35.0

**Table 3.3.a** Food consumption (food groups and subgroups) of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	92.1	0.0	252.7
01-01. Potatoes	71.5	92.1	0.0	252.7
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	55.8	67.7	0.0	173.0
02-01. Leafy vegetables (except cabbages)	0.0	10.6	0.0	68.8
02-02. Fruiting vegetables	6.2	22.0	0.0	99.4
02-03. Root vegetables	0.0	6.5	0.0	50.0
02-04. Cabbages	0.0	13.3	0.0	87.0
02-05. Mushrooms	0.0	1.2	0.0	7.7
02-06. Grain and pod vegetables	0.0	1.9	0.0	12.5
02-07. Onion, garlic	0.0	6.5	0.0	32.9
02-08. Stalk vegetables, sprouts	0.0	0.3	0.0	1.2
02-09. Mixed salad, mixed vegetables	0.0	5.4	0.0	37.6
03. Legumes	0.0	2.1	0.0	0.0
03-01. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	50.0	76.7	0.0	216.6
04-01. Fruits	42.5	70.0	0.0	214.2
04-02. Nuts and seeds (+nut spread)	0.0	5.2	0.0	30.0
04-03. Mixed fruits	0.0	1.4	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	333.9	344.5	16.9	775.2
05-01. Milk	85.9	134.8	0.0	473.0
05-02. Milk beverages	0.0	48.6	0.0	231.8
05-03. Yoghurt	0.0	99.3	0.0	422.1
05-04. Fromage blanc, petits suisses	0.0	4.0	0.0	25.0
05-05. Cheese (including fresh cheeses)	14.5	21.7	0.0	72.0
05-06. Cream desserts, puddings (milk based)	0.0	33.9	0.0	168.3
05-07. Dairy and non-dairy creams	0.0	1.5	0.0	14.0
05-07-01. Dairy creams	0.0	1.5	0.0	14.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.8	0.0	6.0
06. Cereals and cereal products	165.7	184.2	73.4	363.4
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	0.0
06-02. Pasta, rice, other grain	0.0	29.4	0.0	140.4
06-03. Bread, crisp bread, rusks	115.0	124.1	45.0	245.0
06-03-01. Bread	110.7	121.4	42.5	244.2
06-03-02. Crispbread, rusks	0.0	2.7	0.0	20.0
06-04. Breakfast cereals	0.0	4.5	0.0	30.0
06-05. Salty biscuits, aperitif biscuits, crackers	9.5	19.3	0.0	75.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.8	0.0	62.5
07. Meat and meat products	89.9	96.8	16.2	205.3
07-01. Fresh meat	16.6	28.4	0.0	91.7
07-01-00. Unclassified	0.0	8.6	0.0	54.9
07-01-01. Beef	0.0	8.7	0.0	56.0
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	10.1	0.0	68.8
07-01-04. Mutton/Lamb	0.0	0.9	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	10.7	0.0	63.3
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	10.6	0.0	63.3
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0



**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	45.5	57.7	0.0	149.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	7.4	0.0	60.8
08-01. Fish	0.0	2.2	0.0	4.4
08-02. Crustaceans, molluscs	0.0	0.4	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	4.8	0.0	32.5
09. Eggs and egg products	0.0	7.5	0.0	45.0
09-01. Egg	0.0	7.5	0.0	45.0
10. Fat	21.1	22.8	3.1	50.7
10-00. Unclassified	0.0	2.4	0.0	14.9
10-01. Vegetable oils	0.0	1.9	0.0	10.0
10-02. Butter	0.0	1.2	0.0	7.8
10-03. Margarines	12.2	14.4	0.0	38.9
10-04. Deep frying fats	0.0	2.8	0.0	17.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	58.2	69.6	2.2	185.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.0	7.0	0.0	31.8
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	10.0	18.9	0.0	65.0
11-03. Confectionery non-chocolate	6.0	13.0	0.0	48.5
11-04. Syrup	0.0	14.9	0.0	66.3
11-05. Ice cream, water ice	0.0	15.8	0.0	77.5
11-05-01. Ice cream	0.0	11.5	0.0	58.4
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	4.1	0.0	27.5
12. Cakes	42.5	55.7	0.0	178.7
12-01. Cakes, pies, pastries, etc.	13.0	33.6	0.0	137.5
12-02. Dry cakes, biscuits	16.5	22.1	0.0	66.0
13. Non-alcoholic beverages	1052.6	1116.3	472.5	2156.6
13-00. Unclassified	0.0	0.8	0.0	0.0
13-01. Fruit and vegetable juices	58.4	128.0	0.0	500.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	437.6	528.4	0.0	1306.6
13-03. Coffee, tea and herbal teas	0.0	105.0	0.0	468.8
13-03-01. Coffee	0.0	22.5	0.0	144.4
13-03-02. Tea	0.0	71.9	0.0	337.5
13-03-03. Herbal tea	0.0	10.6	0.0	0.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	250.0	354.2	0.0	1080.0
14. Alcoholic beverages	0.0	31.3	0.0	53.2
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.4	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	29.3	0.0	0.0
14-04. Spirits, brandy	0.0	0.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.9	0.0	0.0
15. Condiments and sauces	24.7	30.7	0.0	84.5
15-01. Sauces	23.3	30.0	0.0	84.5
15-01-00. Unclassified and other sauces	1.4	12.5	0.0	53.8
15-01-01. Tomato sauces	0.0	7.7	0.0	39.9
15-01-02. Dressing sauces	0.0	4.2	0.0	23.3

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-03. Mayonnaises and similars	0.0	5.3	0.0	25.0
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	4.8
16. Soups, bouillon	0.0	36.2	0.0	200.0
16-01. Soups	0.0	34.8	0.0	196.9
16-02. Bouillon	0.0	1.4	0.0	0.0
17. Miscellaneous	0.0	16.4	0.0	94.5
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	0.7	0.0	0.0
17-02. Dietetic products	0.0	0.0	0.0	0.0
17-02-00. Unclassified	0.0	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.0	0.0	0.0
17-03. Snacks	0.0	15.1	0.0	82.9

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	74.4	89.5	0.0	226.0
01-01. Potatoes	74.4	89.4	0.0	226.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	69.0	76.3	0.0	182.5
02-01. Leafy vegetables (except cabbages)	0.0	10.7	0.0	64.8
02-02. Fruiting vegetables	11.5	27.6	0.0	100.0
02-03. Root vegetables	0.0	8.8	0.0	72.5
02-04. Cabbages	0.0	13.8	0.0	87.6
02-05. Mushrooms	0.0	1.1	0.0	9.3
02-06. Grain and pod vegetables	0.0	2.2	0.0	30.0
02-07. Onion, garlic	0.0	6.5	0.0	31.1
02-08. Stalk vegetables, sprouts	0.0	0.5	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.0	0.0	33.6
03. Legumes	0.0	2.5	0.0	0.0
03-01. Legumes	0.0	2.5	0.0	0.0
04. Fruits, nuts and olives	64.2	85.9	0.0	242.0
04-01. Fruits	63.7	79.2	0.0	236.4
04-02. Nuts and seeds (+nut spread)	0.0	5.6	0.0	30.0
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	360.7	395.5	29.0	873.2
05-01. Milk	113.3	180.7	0.0	622.4
05-02. Milk beverages	0.0	40.0	0.0	228.8
05-03. Yoghurt	32.5	110.7	0.0	445.5
05-04. Fromage blanc, petits suisses	0.0	3.1	0.0	25.0
05-05. Cheese (including fresh cheeses)	16.9	23.1	0.0	73.3
05-06. Cream desserts, puddings (milk based)	0.0	35.3	0.0	171.7
05-07. Dairy and non-dairy creams	0.0	1.7	0.0	12.0
05-07-01. Dairy creams	0.0	1.7	0.0	11.7
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.8	0.0	3.6
06. Cereals and cereal products	177.5	190.3	75.3	353.0
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	31.9	0.0	149.0
06-03. Bread, crisp bread, rusks	120.0	127.7	42.5	243.9
06-03-01. Bread	118.3	124.2	35.0	242.5
06-03-02. Crispbread, rusks	0.0	3.6	0.0	18.5
06-04. Breakfast cereals	0.0	5.3	0.0	37.5
06-05. Salty biscuits, aperitif biscuits, crackers	7.5	15.8	0.0	59.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	9.3	0.0	75.1
07. Meat and meat products	86.5	94.2	18.0	201.1
07-01. Fresh meat	17.5	30.8	0.0	105.0
07-01-00. Unclassified	0.0	8.3	0.0	56.0
07-01-01. Beef	0.0	10.0	0.0	56.0
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	11.4	0.0	62.5
07-01-04. Mutton/Lamb	0.0	1.1	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.2	0.0	65.9
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	12.0	0.0	65.9
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	43.7	51.1	0.0	135.9
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	5.4	0.0	38.5
08-01. Fish	0.0	2.9	0.0	22.4
08-02. Crustaceans, molluscs	0.0	0.5	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.1	0.0	0.0
09. Eggs and egg products	0.0	8.2	0.0	45.0
09-01. Egg	0.0	8.2	0.0	45.0
10. Fat	18.3	21.7	2.3	50.2
10-00. Unclassified	0.0	2.0	0.0	12.2
10-01. Vegetable oils	0.0	2.0	0.0	9.8
10-02. Butter	0.0	1.3	0.0	8.4
10-03. Margarines	10.8	14.4	0.0	40.5
10-04. Deep frying fats	0.0	2.0	0.0	15.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	60.6	73.6	6.0	177.1
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.9	7.6	0.0	33.1
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	13.8	22.3	0.0	70.0
11-03. Confectionery non-chocolate	6.0	12.7	0.0	48.0
11-04. Syrup	0.0	15.5	0.0	67.7
11-05. Ice cream, water ice	0.0	15.6	0.0	75.0
11-05-01. Ice cream	0.0	11.8	0.0	65.8
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	3.8	0.0	27.5
12. Cakes	48.0	59.0	0.0	155.3
12-01. Cakes, pies, pastries, etc.	20.0	35.5	0.0	130.0
12-02. Dry cakes, biscuits	18.5	23.5	0.0	70.5
13. Non-alcoholic beverages	1039.1	1111.3	450.1	2065.2
13-00. Unclassified	0.0	0.7	0.0	0.0
13-01. Fruit and vegetable juices	60.0	126.8	0.0	486.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	400.0	457.7	0.0	1131.8
13-03. Coffee, tea and herbal teas	0.0	113.4	0.0	534.7
13-03-01. Coffee	0.0	18.2	0.0	133.3
13-03-02. Tea	0.0	80.8	0.0	394.2
13-03-03. Herbal tea	0.0	14.5	0.0	110.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	280.0	412.6	0.0	1257.6
14. Alcoholic beverages	0.0	29.2	0.0	138.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	1.5	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.4	0.0	0.0
14-03. Beer, cider	0.0	25.2	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.7	0.0	0.0
14-07. Cocktails, punches	0.0	1.4	0.0	0.0
15. Condiments and sauces	21.8	28.2	0.0	80.8
15-01. Sauces	20.7	27.4	0.0	80.3
15-01-00. Unclassified and other sauces	0.0	10.2	0.0	43.7
15-01-01. Tomato sauces	0.0	7.9	0.0	43.7
15-01-02. Dressing sauces	0.0	3.4	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	5.8	0.0	25.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	5.0
16. Soups, bouillon	0.0	36.3	0.0	194.3
16-01. Soups	0.0	35.0	0.0	192.5
16-02. Bouillon	0.0	1.3	0.0	0.0
17. Miscellaneous	0.0	16.0	0.0	71.0
17-00. Unclassified	0.0	0.1	0.0	0.0
17-01. Soya products	0.0	4.1	0.0	0.0
17-02. Dietetic products	0.0	0.7	0.0	1.0
17-02-00. Unclassified	0.0	0.6	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.5
17-03. Snacks	0.0	11.1	0.0	62.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	82.0	0.0	230.4
01-01. Potatoes	70.0	82.0	0.0	230.4
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	81.4	88.0	0.0	215.6
02-01. Leafy vegetables (except cabbages)	0.0	13.3	0.0	74.5
02-02. Fruiting vegetables	18.1	33.6	0.0	118.1
02-03. Root vegetables	0.0	9.5	0.0	72.5
02-04. Cabbages	0.0	15.3	0.0	90.0
02-05. Mushrooms	0.0	1.4	0.0	7.8
02-06. Grain and pod vegetables	0.0	2.0	0.0	15.0
02-07. Onion, garlic	0.0	6.9	0.0	33.0
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.6	0.0	36.8
03. Legumes	0.0	1.3	0.0	0.0
03-01. Legumes	0.0	1.3	0.0	0.0
04. Fruits, nuts and olives	79.2	97.2	0.0	277.4
04-01. Fruits	65.0	87.1	0.0	272.4
04-02. Nuts and seeds (+nut spread)	0.0	8.0	0.0	39.2
04-03. Mixed fruits	0.0	2.0	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	401.7	434.1	42.8	910.4
05-01. Milk	154.5	213.5	0.0	622.3
05-02. Milk beverages	0.0	36.6	0.0	238.7
05-03. Yoghurt	62.5	112.9	0.0	428.4
05-04. Fromage blanc, petits suisses	0.0	4.0	0.0	25.0
05-05. Cheese (including fresh cheeses)	17.5	25.8	0.0	81.3
05-06. Cream desserts, puddings (milk based)	0.0	38.9	0.0	178.6
05-07. Dairy and non-dairy creams	0.0	2.1	0.0	16.0
05-07-01. Dairy creams	0.0	2.1	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.3	0.0	0.0
06. Cereals and cereal products	193.0	210.8	93.5	392.1
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.6
06-02. Pasta, rice, other grain	0.0	40.1	0.0	160.0
06-03. Bread, crisp bread, rusks	127.5	139.3	52.5	261.3
06-03-01. Bread	125.0	135.8	45.0	259.7
06-03-02. Crispbread, rusks	0.0	3.5	0.0	16.0
06-04. Breakfast cereals	0.0	8.3	0.0	50.0
06-05. Salty biscuits, aperitif biscuits, crackers	5.5	14.9	0.0	58.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.1	0.0	70.1
07. Meat and meat products	76.3	88.1	0.0	215.1
07-01. Fresh meat	11.3	28.0	0.0	105.5
07-01-00. Unclassified	0.0	6.0	0.0	43.0
07-01-01. Beef	0.0	11.1	0.0	60.0
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	10.3	0.0	74.9
07-01-04. Mutton/Lamb	0.0	0.4	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.1	0.0	62.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	10.7	0.0	59.5
07-02-02. Turkey, young turkey	0.0	0.4	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	40.0	48.9	0.0	135.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	8.5	0.0	58.0
08-01. Fish	0.0	5.2	0.0	38.0
08-02. Crustaceans, molluscs	0.0	1.3	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.0	0.0	0.0
09. Eggs and egg products	0.0	7.7	0.0	45.0
09-01. Egg	0.0	7.7	0.0	45.0
10. Fat	19.2	21.9	1.6	54.1
10-00. Unclassified	0.0	1.5	0.0	11.1
10-01. Vegetable oils	0.0	2.3	0.0	11.7
10-02. Butter	0.0	2.0	0.0	12.3
10-03. Margarines	11.9	14.3	0.0	39.4
10-04. Deep frying fats	0.0	1.7	0.0	12.7
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	60.6	70.5	5.0	164.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.3	6.9	0.0	31.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	15.0	19.7	0.0	58.0
11-03. Confectionery non-chocolate	5.0	11.8	0.0	43.0
11-04. Syrup	4.5	15.9	0.0	70.4
11-05. Ice cream, water ice	0.0	16.3	0.0	75.0
11-05-01. Ice cream	0.0	11.8	0.0	75.0
11-05-02. Sorbet	0.0	0.4	0.0	0.0
11-05-03. Water ice	0.0	4.0	0.0	27.5
12. Cakes	41.0	53.2	0.0	146.5
12-01. Cakes, pies, pastries, etc.	12.5	28.4	0.0	115.0
12-02. Dry cakes, biscuits	18.0	24.8	0.0	73.5
13. Non-alcoholic beverages	1033.4	1136.4	519.2	2038.5
13-00. Unclassified	0.0	0.6	0.0	0.0
13-01. Fruit and vegetable juices	83.4	126.8	0.0	450.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	304.2	400.0	0.0	1092.6
13-03. Coffee, tea and herbal teas	0.0	125.1	0.0	560.8
13-03-01. Coffee	0.0	22.3	0.0	146.7
13-03-02. Tea	0.0	74.5	0.0	385.0
13-03-03. Herbal tea	0.0	28.3	0.0	200.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	387.1	483.8	0.0	1375.0
14. Alcoholic beverages	0.0	44.6	0.0	150.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	3.8	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	39.3	0.0	72.5
14-04. Spirits, brandy	0.0	0.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.6	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	19.0	27.6	0.0	86.5
15-01. Sauces	18.4	26.8	0.0	86.5
15-01-00. Unclassified and other sauces	0.0	11.2	0.0	49.2
15-01-01. Tomato sauces	0.0	6.8	0.0	33.8
15-01-02. Dressing sauces	0.0	3.3	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	5.2	0.0	25.0
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	5.2
16. Soups, bouillon	0.0	30.8	0.0	175.0
16-01. Soups	0.0	29.0	0.0	175.0
16-02. Bouillon	0.0	1.7	0.0	0.0
17. Miscellaneous	0.0	19.2	0.0	75.0
17-00. Unclassified	0.0	0.7	0.0	0.0
17-01. Soya products	0.0	5.3	0.0	0.0
17-02. Dietetic products	0.0	1.5	0.0	1.0
17-02-00. Unclassified	0.0	1.4	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.5
17-03. Snacks	0.0	11.6	0.0	68.3



**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	89.9	103.8	0.0	261.7
01-01. Potatoes	89.9	103.8	0.0	261.7
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	114.9	121.9	4.4	275.0
02-01. Leafy vegetables (except cabbages)	0.0	21.5	0.0	98.0
02-02. Fruiting vegetables	13.1	36.7	0.0	125.0
02-03. Root vegetables	0.0	10.8	0.0	81.0
02-04. Cabbages	0.0	24.9	0.0	121.0
02-05. Mushrooms	0.0	2.5	0.0	19.0
02-06. Grain and pod vegetables	0.0	2.8	0.0	30.0
02-07. Onion, garlic	1.4	11.0	0.0	48.1
02-08. Stalk vegetables, sprouts	0.0	1.2	0.0	5.1
02-09. Mixed salad, mixed vegetables	0.0	10.5	0.0	80.0
03. Legumes	0.0	3.5	0.0	0.0
03-01. Legumes	0.0	3.5	0.0	0.0
04. Fruits, nuts and olives	76.5	105.9	0.0	315.4
04-01. Fruits	68.5	97.8	0.0	305.1
04-02. Nuts and seeds (+nut spread)	0.0	6.6	0.0	35.0
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.2	0.0	0.0
05. Dairy products	318.0	367.1	27.1	890.8
05-01. Milk	82.4	163.6	0.0	550.3
05-02. Milk beverages	0.0	22.4	0.0	148.7
05-03. Yoghurt	0.0	92.2	0.0	359.1
05-04. Fromage blanc, petits suisses	0.0	3.5	0.0	0.0
05-05. Cheese (including fresh cheeses)	27.5	35.2	0.0	98.0
05-06. Cream desserts, puddings (milk based)	0.0	38.4	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	13.5
05-07-01. Dairy creams	0.0	1.8	0.0	12.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	10.0	0.0	48.0
06. Cereals and cereal products	178.4	197.1	70.0	383.9
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.7
06-02. Pasta, rice, other grain	0.0	40.0	0.0	170.2
06-03. Bread, crisp bread, rusks	129.5	135.7	42.5	258.3
06-03-01. Bread	125.0	131.5	35.0	257.5
06-03-02. Crispbread, rusks	0.0	4.2	0.0	20.0
06-04. Breakfast cereals	0.0	4.8	0.0	39.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.4	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	5.9	0.0	63.2
07. Meat and meat products	99.5	117.8	20.4	275.4
07-01. Fresh meat	38.0	48.8	0.0	170.5
07-01-00. Unclassified	0.0	11.0	0.0	62.5
07-01-01. Beef	0.0	17.7	0.0	89.0
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	18.4	0.0	106.1
07-01-04. Mutton/Lamb	0.0	1.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	16.5	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	15.8	0.0	88.0
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.4	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.1	0.0	0.0

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	37.9	52.2	0.0	147.0
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	14.8	0.0	87.5
08-01. Fish	0.0	10.1	0.0	75.5
08-02. Crustaceans, molluscs	0.0	1.7	0.0	9.6
08-03. Fish products, fish in crumbs	0.0	3.0	0.0	0.0
09. Eggs and egg products	0.0	12.1	0.0	52.3
09-01. Egg	0.0	12.1	0.0	52.3
10. Fat	24.3	27.9	4.5	63.3
10-00. Unclassified	0.0	1.5	0.0	12.2
10-01. Vegetable oils	0.0	2.8	0.0	14.0
10-02. Butter	0.0	2.2	0.0	15.0
10-03. Margarines	16.5	19.6	0.0	51.7
10-04. Deep frying fats	0.0	1.8	0.0	15.0
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	28.2	43.6	0.0	128.3
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	5.1	14.4	0.0	56.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	10.5	0.0	41.7
11-03. Confectionery non-chocolate	0.0	5.3	0.0	25.0
11-04. Syrup	0.0	5.3	0.0	30.2
11-05. Ice cream, water ice	0.0	8.1	0.0	62.5
11-05-01. Ice cream	0.0	7.7	0.0	62.5
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	0.3	0.0	0.0
12. Cakes	35.0	46.5	0.0	140.0
12-01. Cakes, pies, pastries, etc.	15.0	33.0	0.0	125.0
12-02. Dry cakes, biscuits	7.0	13.6	0.0	46.0
13. Non-alcoholic beverages	1597.0	1723.4	733.4	3045.7
13-00. Unclassified	0.0	2.3	0.0	0.0
13-01. Fruit and vegetable juices	0.0	89.7	0.0	371.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	278.2	0.0	1135.9
13-03. Coffee, tea and herbal teas	750.0	812.7	58.4	1779.2
13-03-01. Coffee	500.0	523.7	0.0	1250.0
13-03-02. Tea	72.2	229.3	0.0	962.5
13-03-03. Herbal tea	0.0	55.4	0.0	375.0
13-03-04. Chicory, substitutes	0.0	4.3	0.0	0.0
13-04. Waters	354.2	540.6	0.0	1770.9
14. Alcoholic beverages	0.0	199.7	0.0	1002.2
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	46.0	0.0	313.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.6	0.0	0.7
14-03. Beer, cider	0.0	145.8	0.0	990.0
14-04. Spirits, brandy	0.0	4.0	0.0	23.8
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.3	0.0	0.0
15. Condiments and sauces	23.5	33.6	0.0	97.8
15-01. Sauces	23.3	32.6	0.0	97.8
15-01-00. Unclassified and other sauces	7.5	16.2	0.0	62.5
15-01-01. Tomato sauces	0.0	6.2	0.0	36.0
15-01-02. Dressing sauces	0.0	3.9	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	6.2	0.0	29.5
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.0	0.0	6.3
16. Soups, bouillon	0.0	63.8	0.0	304.5
16-01. Soups	0.0	59.3	0.0	299.1
16-02. Bouillon	0.0	4.5	0.0	16.3
17. Miscellaneous	0.0	16.4	0.0	74.9
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	3.4	0.0	0.0
17-02. Dietetic products	0.0	3.0	0.0	8.5
17-02-00. Unclassified	0.0	2.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.0	0.0	7.0
17-03. Snacks	0.0	9.6	0.0	63.8

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	91.7	0.0	246.4
01-01. Potatoes	75.0	91.7	0.0	246.4
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	120.0	127.0	6.4	277.3
02-01. Leafy vegetables (except cabbages)	0.0	22.7	0.0	108.2
02-02. Fruiting vegetables	20.9	41.3	0.0	144.0
02-03. Root vegetables	0.0	11.1	0.0	83.2
02-04. Cabbages	0.0	19.5	0.0	109.2
02-05. Mushrooms	0.0	2.5	0.0	17.3
02-06. Grain and pod vegetables	0.0	2.7	0.0	17.4
02-07. Onion, garlic	1.4	11.8	0.0	49.7
02-08. Stalk vegetables, sprouts	0.0	2.2	0.0	7.5
02-09. Mixed salad, mixed vegetables	0.0	13.2	0.0	81.7
03. Legumes	0.0	2.3	0.0	0.0
03-01. Legumes	0.0	2.3	0.0	0.0
04. Fruits, nuts and olives	83.0	116.4	0.0	346.2
04-01. Fruits	71.3	105.4	0.0	337.7
04-02. Nuts and seeds (+nut spread)	0.0	9.2	0.0	50.0
04-03. Mixed fruits	0.0	1.4	0.0	0.0
04-04. Olives	0.0	0.5	0.0	0.0
05. Dairy products	316.7	375.9	28.0	908.5
05-01. Milk	97.0	178.7	0.0	640.2
05-02. Milk beverages	0.0	23.3	0.0	148.7
05-03. Yoghurt	3.5	92.0	0.0	358.0
05-04. Fromage blanc, petits suisses	0.0	6.4	0.0	50.0
05-05. Cheese (including fresh cheeses)	29.3	37.0	0.0	102.0
05-06. Cream desserts, puddings (milk based)	0.0	28.0	0.0	144.2
05-07. Dairy and non-dairy creams	0.0	2.6	0.0	16.0
05-07-01. Dairy creams	0.0	2.6	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	7.9	0.0	41.7
06. Cereals and cereal products	206.0	215.9	71.0	405.3
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.8
06-02. Pasta, rice, other grain	0.0	47.0	0.0	200.0
06-03. Bread, crisp bread, rusks	137.0	143.1	46.5	265.0
06-03-01. Bread	130.0	138.8	35.0	260.8
06-03-02. Crispbread, rusks	0.0	4.3	0.0	20.0
06-04. Breakfast cereals	0.0	5.7	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.4	0.0	57.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.3	0.0	82.2
07. Meat and meat products	102.0	111.3	9.1	242.0
07-01. Fresh meat	25.3	41.2	0.0	140.0
07-01-00. Unclassified	0.0	8.4	0.0	57.7
07-01-01. Beef	0.0	15.9	0.0	88.8
07-01-02. Veal	0.0	0.6	0.0	0.0
07-01-03. Pork	0.0	15.0	0.0	88.0
07-01-04. Mutton/Lamb	0.0	0.9	0.0	0.0
07-01-05. Horse	0.0	0.3	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	17.3	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	16.6	0.0	89.0
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0
07-02-03. Duck	0.0	0.2	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.3	0.0	0.0

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	38.0	52.3	0.0	153.0
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	16.0	0.0	100.0
08-01. Fish	0.0	11.1	0.0	78.0
08-02. Crustaceans, molluscs	0.0	1.3	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	3.6	0.0	0.0
09. Eggs and egg products	0.0	13.7	0.0	67.5
09-01. Egg	0.0	13.7	0.0	67.5
10. Fat	24.3	27.6	3.8	62.4
10-00. Unclassified	0.0	1.6	0.0	11.9
10-01. Vegetable oils	0.0	3.3	0.0	15.7
10-02. Butter	0.0	2.5	0.0	16.3
10-03. Margarines	14.9	18.4	0.0	48.0
10-04. Deep frying fats	0.0	1.6	0.0	12.0
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	32.5	44.6	0.0	136.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	5.1	13.1	0.0	50.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	11.8	0.0	55.0
11-03. Confectionery non-chocolate	0.0	5.1	0.0	24.5
11-04. Syrup	0.0	5.6	0.0	31.3
11-05. Ice cream, water ice	0.0	8.9	0.0	56.4
11-05-01. Ice cream	0.0	8.0	0.0	55.0
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	0.7	0.0	0.0
12. Cakes	31.5	45.3	0.0	136.5
12-01. Cakes, pies, pastries, etc.	15.0	31.6	0.0	116.0
12-02. Dry cakes, biscuits	5.0	13.7	0.0	52.5
13. Non-alcoholic beverages	1660.1	1774.5	808.2	3137.4
13-00. Unclassified	0.0	2.4	0.0	0.0
13-01. Fruit and vegetable juices	0.0	95.9	0.0	400.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	144.4	287.4	0.0	1087.5
13-03. Coffee, tea and herbal teas	743.4	802.9	116.7	1687.5
13-03-01. Coffee	431.6	481.6	0.0	1240.8
13-03-02. Tea	94.2	250.8	0.0	958.2
13-03-03. Herbal tea	0.0	70.1	0.0	450.0
13-03-04. Chicory, substitutes	0.0	0.5	0.0	0.0
13-04. Waters	410.8	586.0	0.0	1872.5
14. Alcoholic beverages	27.7	229.3	0.0	1025.9
14-00. Unclassified	0.0	0.2	0.0	0.0
14-01. Wine	0.0	46.6	0.0	306.6
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.4	0.0	0.5
14-03. Beer, cider	0.0	173.0	0.0	1000.0
14-04. Spirits, brandy	0.0	5.1	0.0	28.5
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.4	0.0	0.0
14-07. Cocktails, punches	0.0	0.5	0.0	0.0
15. Condiments and sauces	24.8	33.9	0.0	98.5
15-01. Sauces	23.3	32.5	0.0	96.6
15-01-00. Unclassified and other sauces	3.9	15.4	0.0	60.0
15-01-01. Tomato sauces	0.0	7.6	0.0	48.0
15-01-02. Dressing sauces	0.0	4.0	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	5.3	0.0	26.4
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.3	0.0	8.7
16. Soups, bouillon	0.0	60.9	0.0	271.4
16-01. Soups	0.0	56.0	0.0	259.0
16-02. Bouillon	0.0	4.9	0.0	15.8
17. Miscellaneous	0.0	19.5	0.0	90.0
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	4.4	0.0	0.0
17-02. Dietetic products	0.0	3.4	0.0	7.5
17-02-00. Unclassified	0.0	2.4	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.9	0.0	7.0
17-03. Snacks	0.0	11.3	0.0	63.8

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	82.3	0.0	226.0
01-01. Potatoes	70.0	81.9	0.0	226.0
01-02. Other tubers	0.0	0.4	0.0	0.0
02. Vegetables	132.4	146.6	20.0	314.2
02-01. Leafy vegetables (except cabbages)	7.5	27.7	0.0	125.0
02-02. Fruiting vegetables	33.3	48.5	0.0	154.2
02-03. Root vegetables	0.0	11.1	0.0	78.6
02-04. Cabbages	0.0	23.0	0.0	108.6
02-05. Mushrooms	0.0	2.3	0.0	16.7
02-06. Grain and pod vegetables	0.0	3.0	0.0	20.0
02-07. Onion, garlic	3.3	12.3	0.0	46.2
02-08. Stalk vegetables, sprouts	0.0	2.2	0.0	7.5
02-09. Mixed salad, mixed vegetables	0.0	16.7	0.0	100.0
03. Legumes	0.0	3.6	0.0	30.0
03-01. Legumes	0.0	3.6	0.0	30.0
04. Fruits, nuts and olives	111.5	134.2	0.0	382.7
04-01. Fruits	97.6	123.8	0.0	355.6
04-02. Nuts and seeds (+nut spread)	0.0	8.5	0.0	40.0
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.8	0.0	7.9
05. Dairy products	317.3	378.8	27.5	904.5
05-01. Milk	80.8	162.7	0.0	597.7
05-02. Milk beverages	0.0	24.5	0.0	141.7
05-03. Yoghurt	67.5	107.0	0.0	364.5
05-04. Fromage blanc, petits suisses	0.0	7.1	0.0	62.5
05-05. Cheese (including fresh cheeses)	30.5	37.1	0.0	92.0
05-06. Cream desserts, puddings (milk based)	0.0	31.1	0.0	144.2
05-07. Dairy and non-dairy creams	0.0	3.5	0.0	17.9
05-07-01. Dairy creams	0.0	3.4	0.0	16.5
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	5.9	0.0	32.0
06. Cereals and cereal products	197.7	206.7	82.5	368.6
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.9
06-02. Pasta, rice, other grain	0.0	47.4	0.0	175.1
06-03. Bread, crisp bread, rusks	126.5	136.0	37.5	257.1
06-03-01. Bread	122.5	131.4	35.0	252.5
06-03-02. Crispbread, rusks	0.0	4.6	0.0	25.0
06-04. Breakfast cereals	0.0	10.0	0.0	58.7
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	8.5	0.0	41.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	4.3	0.0	30.0
07. Meat and meat products	88.5	98.5	7.0	216.5
07-01. Fresh meat	26.7	40.0	0.0	136.3
07-01-00. Unclassified	0.0	7.2	0.0	50.9
07-01-01. Beef	0.0	18.6	0.0	89.0
07-01-02. Veal	0.0	0.7	0.0	0.0
07-01-03. Pork	0.0	12.0	0.0	88.7
07-01-04. Mutton/Lamb	0.0	1.3	0.0	0.0
07-01-05. Horse	0.0	0.2	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	16.7	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	15.8	0.0	89.0
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.5	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	30.0	41.5	0.0	119.8
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	21.7	0.0	111.3
08-01. Fish	0.0	16.0	0.0	92.1
08-02. Crustaceans, molluscs	0.0	2.4	0.0	16.0
08-03. Fish products, fish in crumbs	0.0	3.3	0.0	1.3
09. Eggs and egg products	0.0	10.8	0.0	50.0
09-01. Egg	0.0	10.8	0.0	50.0
10. Fat	23.1	25.0	1.3	55.9
10-00. Unclassified	0.0	1.8	0.0	12.5
10-01. Vegetable oils	1.4	4.1	0.0	15.2
10-02. Butter	0.0	2.6	0.0	15.7
10-03. Margarines	13.1	15.3	0.0	43.5
10-04. Deep frying fats	0.0	1.1	0.0	12.1
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	30.5	42.9	0.0	133.6
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	2.3	11.9	0.0	53.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	12.2	0.0	59.5
11-03. Confectionery non-chocolate	0.0	5.5	0.0	30.5
11-04. Syrup	0.0	3.7	0.0	27.5
11-05. Ice cream, water ice	0.0	9.4	0.0	68.8
11-05-01. Ice cream	0.0	8.7	0.0	68.8
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	0.5	0.0	0.0
12. Cakes	34.0	48.5	0.0	147.5
12-01. Cakes, pies, pastries, etc.	20.0	34.5	0.0	125.0
12-02. Dry cakes, biscuits	5.0	14.0	0.0	52.5
13. Non-alcoholic beverages	1738.4	1859.2	836.7	3273.5
13-00. Unclassified	0.0	1.9	0.0	0.0
13-01. Fruit and vegetable juices	66.7	118.9	0.0	459.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	100.0	219.5	0.0	869.5
13-03. Coffee, tea and herbal teas	828.4	874.0	117.5	1805.0
13-03-01. Coffee	413.3	448.0	0.0	1099.6
13-03-02. Tea	137.5	285.9	0.0	1035.8
13-03-03. Herbal tea	0.0	139.6	0.0	715.0
13-03-04. Chicory, substitutes	0.0	0.5	0.0	0.0
13-04. Waters	495.9	644.9	0.0	2042.0
14. Alcoholic beverages	62.5	210.3	0.0	772.7
14-00. Unclassified	0.0	0.1	0.0	0.0
14-01. Wine	0.0	76.4	0.0	370.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.8	0.0	32.5
14-03. Beer, cider	0.0	122.7	0.0	630.0
14-04. Spirits, brandy	0.0	4.2	0.0	23.8
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	2.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	20.3	28.5	0.0	93.0
15-01. Sauces	18.6	26.6	0.0	89.8
15-01-00. Unclassified and other sauces	0.4	11.9	0.0	50.4
15-01-01. Tomato sauces	0.0	5.7	0.0	36.1
15-01-02. Dressing sauces	0.0	3.3	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	5.5	0.0	25.0
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0



**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.8	0.0	7.5
16. Soups, bouillon	0.0	69.4	0.0	300.0
16-01. Soups	0.0	62.5	0.0	291.4
16-02. Bouillon	0.0	6.9	0.0	28.6
17. Miscellaneous	0.0	18.7	0.0	76.5
17-00. Unclassified	0.0	1.2	0.0	0.0
17-01. Soya products	0.0	6.8	0.0	11.5
17-02. Dietetic products	0.0	1.5	0.0	6.5
17-02-00. Unclassified	0.0	0.7	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	0.0	6.5
17-03. Snacks	0.0	9.2	0.0	60.0

**Table 3.3.b** Food consumption (food groups and subgroups) of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	98.1	0.0	263.0
01-01. Potatoes	71.5	98.0	0.0	263.0
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	64.1	72.2	0.0	175.1
02-01. Leafy vegetables (except cabbages)	0.0	10.6	0.0	75.0
02-02. Fruiting vegetables	5.0	23.1	0.0	99.4
02-03. Root vegetables	0.0	6.8	0.0	50.0
02-04. Cabbages	0.0	12.9	0.0	87.0
02-05. Mushrooms	0.0	1.3	0.0	7.7
02-06. Grain and pod vegetables	0.0	1.9	0.0	14.3
02-07. Onion, garlic	0.0	8.3	0.0	40.3
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	2.3
02-09. Mixed salad, mixed vegetables	0.0	6.8	0.0	52.1
03. Legumes	0.0	3.0	0.0	0.0
03-01. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	45.0	73.2	0.0	215.8
04-01. Fruits	34.5	65.1	0.0	193.4
04-02. Nuts and seeds (+nut spread)	0.0	6.8	0.0	35.0
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	321.2	344.5	15.1	765.9
05-01. Milk	85.9	127.0	0.0	448.1
05-02. Milk beverages	0.0	46.2	0.0	231.8
05-03. Yoghurt	0.0	100.0	0.0	422.1
05-04. Fromage blanc, petits suisses	0.0	5.3	0.0	30.0
05-05. Cheese (including fresh cheeses)	12.5	22.9	0.0	78.0
05-06. Cream desserts, puddings (milk based)	0.0	40.4	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	1.7	0.0	16.0
05-07-01. Dairy creams	0.0	1.7	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	1.1	0.0	9.3
06. Cereals and cereal products	190.0	207.6	70.0	429.9
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	0.5
06-02. Pasta, rice, other grain	0.0	37.1	0.0	206.0
06-03. Bread, crisp bread, rusks	122.5	136.1	45.0	267.8
06-03-01. Bread	122.5	134.5	45.0	267.8
06-03-02. Crispbread, rusks	0.0	1.5	0.0	8.5
06-04. Breakfast cereals	0.0	3.4	0.0	20.0
06-05. Salty biscuits, aperitif biscuits, crackers	9.5	21.8	0.0	75.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	9.2	0.0	77.0
07. Meat and meat products	98.5	103.6	18.8	213.5
07-01. Fresh meat	19.0	31.1	0.0	96.0
07-01-00. Unclassified	0.0	9.0	0.0	57.7
07-01-01. Beef	0.0	7.7	0.0	56.0
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	13.0	0.0	80.0
07-01-04. Mutton/Lamb	0.0	1.4	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.9	0.0	68.3
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.8	0.0	68.3

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	44.0	60.6	0.0	152.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	7.8	0.0	65.3
08-01. Fish	0.0	0.6	0.0	0.0
08-02. Crustaceans, molluscs	0.0	0.7	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	6.5	0.0	52.2
09. Eggs and egg products	0.0	7.8	0.0	45.0
09-01. Egg	0.0	7.8	0.0	45.0
10. Fat	22.6	25.1	2.4	58.7
10-00. Unclassified	0.0	2.7	0.0	15.5
10-01. Vegetable oils	0.0	2.4	0.0	12.8
10-02. Butter	0.0	1.1	0.0	6.0
10-03. Margarines	13.8	16.0	0.0	45.0
10-04. Deep frying fats	0.0	2.9	0.0	18.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	58.2	67.3	2.0	171.2
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	0.9	6.8	0.0	36.7
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	10.0	18.9	0.0	70.0
11-03. Confectionery non-chocolate	5.0	13.1	0.0	55.0
11-04. Syrup	0.0	14.8	0.0	66.3
11-05. Ice cream, water ice	0.0	13.7	0.0	75.0
11-05-01. Ice cream	0.0	10.8	0.0	62.5
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	2.9	0.0	26.3
12. Cakes	41.0	59.7	0.0	187.5
12-01. Cakes, pies, pastries, etc.	18.0	39.1	0.0	155.0
12-02. Dry cakes, biscuits	14.5	20.6	0.0	58.5
13. Non-alcoholic beverages	1053.4	1164.2	445.5	2437.7
13-00. Unclassified	0.0	0.5	0.0	0.0
13-01. Fruit and vegetable juices	0.7	128.3	0.0	500.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	462.6	571.9	0.0	1367.5
13-03. Coffee, tea and herbal teas	0.0	110.6	0.0	463.3
13-03-01. Coffee	0.0	33.7	0.0	226.7
13-03-02. Tea	0.0	71.9	0.0	337.5
13-03-03. Herbal tea	0.0	5.0	0.0	0.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	247.9	352.9	0.0	1117.5
14. Alcoholic beverages	0.0	52.5	0.0	265.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.7	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	51.7	0.0	265.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	0.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	26.0	34.2	0.0	90.1
15-01. Sauces	25.0	33.2	0.0	90.1
15-01-00. Unclassified and other sauces	2.9	14.2	0.0	60.7
15-01-01. Tomato sauces	0.0	10.3	0.0	44.2

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-02. Dressing sauces	0.0	3.6	0.0	20.7
15-01-03. Mayonnaises and similars	0.0	4.9	0.0	23.3
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.1	0.0	9.2
16. Soups, bouillon	0.0	41.5	0.0	234.5
16-01. Soups	0.0	40.2	0.0	234.5
16-02. Bouillon	0.0	1.3	0.0	6.9
17. Miscellaneous	0.0	19.8	0.0	121.5
17-00. Unclassified	0.0	1.0	0.0	0.0
17-01. Soya products	0.0	0.7	0.0	0.0
17-02. Dietetic products	0.0	0.0	0.0	0.0
17-02-00. Unclassified	0.0	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.0	0.0	0.0
17-03. Snacks	0.0	18.2	0.0	120.0

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	84.6	98.8	0.0	267.0
01-01. Potatoes	84.6	98.8	0.0	267.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	68.0	77.4	0.0	201.4
02-01. Leafy vegetables (except cabbages)	0.0	11.1	0.0	64.8
02-02. Fruiting vegetables	11.5	27.9	0.0	99.4
02-03. Root vegetables	0.0	9.7	0.0	72.5
02-04. Cabbages	0.0	13.0	0.0	90.0
02-05. Mushrooms	0.0	0.9	0.0	8.5
02-06. Grain and pod vegetables	0.0	2.4	0.0	30.0
02-07. Onion, garlic	0.0	6.2	0.0	32.1
02-08. Stalk vegetables, sprouts	0.0	0.3	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.9	0.0	37.8
03. Legumes	0.0	2.2	0.0	0.0
03-01. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	64.2	85.5	0.0	251.7
04-01. Fruits	60.2	77.2	0.0	243.4
04-02. Nuts and seeds (+nut spread)	0.0	7.1	0.0	37.5
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	368.3	424.3	50.0	954.5
05-01. Milk	128.8	196.7	0.0	645.5
05-02. Milk beverages	0.0	33.3	0.0	206.0
05-03. Yoghurt	32.5	119.9	0.0	525.2
05-04. Fromage blanc, petits suisses	0.0	3.3	0.0	25.0
05-05. Cheese (including fresh cheeses)	17.5	24.0	0.0	77.0
05-06. Cream desserts, puddings (milk based)	0.0	44.0	0.0	200.0
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	15.0
05-07-01. Dairy creams	0.0	1.8	0.0	15.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	1.3	0.0	4.0
06. Cereals and cereal products	199.5	208.3	80.0	379.6
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	36.4	0.0	160.0
06-03. Bread, crisp bread, rusks	130.0	139.8	47.5	250.0
06-03-01. Bread	128.1	137.0	39.2	250.0
06-03-02. Crispbread, rusks	0.0	2.8	0.0	15.0
06-04. Breakfast cereals	0.0	5.9	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	5.5	17.5	0.0	75.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.4	0.0	66.4
07. Meat and meat products	93.6	102.9	16.9	225.0
07-01. Fresh meat	19.7	33.7	0.0	129.7
07-01-00. Unclassified	0.0	8.6	0.0	57.7
07-01-01. Beef	0.0	10.6	0.0	58.9
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	12.7	0.0	76.0
07-01-04. Mutton/Lamb	0.0	1.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.6	0.0	74.8
07-02-00. Unclassified and other poultry	0.0	0.2	0.0	0.0
07-02-01. Chicken, hen	0.0	12.4	0.0	74.8
07-02-02. Turkey, young turkey	0.0	0.0	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	49.0	56.5	0.0	145.8
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.2	0.0	61.4
08-01. Fish	0.0	3.5	0.0	21.5
08-02. Crustaceans, molluscs	0.0	0.2	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.5	0.0	0.0
09. Eggs and egg products	0.0	9.6	0.0	45.0
09-01. Egg	0.0	9.6	0.0	45.0
10. Fat	21.5	24.7	2.5	55.2
10-00. Unclassified	0.0	2.2	0.0	15.1
10-01. Vegetable oils	0.0	2.0	0.0	9.0
10-02. Butter	0.0	1.2	0.0	8.4
10-03. Margarines	12.5	16.8	0.0	48.5
10-04. Deep frying fats	0.0	2.5	0.0	18.2
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	71.5	84.0	8.0	203.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	2.4	8.6	0.0	35.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	16.0	24.8	0.0	78.0
11-03. Confectionery non-chocolate	6.0	13.8	0.0	60.0
11-04. Syrup	2.5	18.8	0.0	77.1
11-05. Ice cream, water ice	0.0	18.1	0.0	80.5
11-05-01. Ice cream	0.0	13.8	0.0	75.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	4.2	0.0	27.5
12. Cakes	46.0	58.3	0.0	157.5
12-01. Cakes, pies, pastries, etc.	19.0	34.1	0.0	117.5
12-02. Dry cakes, biscuits	19.0	24.1	0.0	75.0
13. Non-alcoholic beverages	1065.0	1126.0	448.9	1985.9
13-00. Unclassified	0.0	1.0	0.0	0.0
13-01. Fruit and vegetable juices	0.4	128.8	0.0	500.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	472.5	513.8	0.0	1308.4
13-03. Coffee, tea and herbal teas	0.0	91.2	0.0	385.0
13-03-01. Coffee	0.0	25.8	0.0	213.3
13-03-02. Tea	0.0	57.9	0.0	318.8
13-03-03. Herbal tea	0.0	7.5	0.0	66.7
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	277.9	391.2	0.0	1191.7
14. Alcoholic beverages	0.0	30.4	0.0	1.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	29.5	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.8	0.0	0.0
15. Condiments and sauces	24.0	31.5	0.0	88.5
15-01. Sauces	23.3	30.7	0.0	88.2
15-01-00. Unclassified and other sauces	0.0	10.5	0.0	45.9
15-01-01. Tomato sauces	0.0	10.1	0.0	49.8
15-01-02. Dressing sauces	0.0	3.9	0.0	20.4
15-01-03. Mayonnaises and similars	0.0	6.0	0.0	25.0
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.7	0.0	5.3
16. Soups, bouillon	0.0	38.4	0.0	210.0
16-01. Soups	0.0	36.7	0.0	192.5
16-02. Bouillon	0.0	1.7	0.0	0.0
17. Miscellaneous	0.0	18.1	0.0	74.4
17-00. Unclassified	0.0	0.0	0.0	0.0
17-01. Soya products	0.0	6.9	0.0	0.0
17-02. Dietetic products	0.0	0.4	0.0	0.7
17-02-00. Unclassified	0.0	0.3	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	10.8	0.0	60.0

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	74.9	90.9	0.0	249.7
01-01. Potatoes	74.9	90.9	0.0	249.7
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	86.0	92.1	0.0	213.7
02-01. Leafy vegetables (except cabbages)	0.0	13.2	0.0	70.3
02-02. Fruiting vegetables	15.6	31.8	0.0	118.1
02-03. Root vegetables	0.0	10.3	0.0	71.1
02-04. Cabbages	0.0	18.7	0.0	99.7
02-05. Mushrooms	0.0	1.6	0.0	10.7
02-06. Grain and pod vegetables	0.0	1.8	0.0	9.6
02-07. Onion, garlic	0.0	8.0	0.0	36.4
02-08. Stalk vegetables, sprouts	0.0	0.6	0.0	2.5
02-09. Mixed salad, mixed vegetables	0.0	6.0	0.0	38.9
03. Legumes	0.0	1.1	0.0	0.0
03-01. Legumes	0.0	1.1	0.0	0.0
04. Fruits, nuts and olives	70.9	87.7	0.0	257.2
04-01. Fruits	64.2	76.3	0.0	232.8
04-02. Nuts and seeds (+nut spread)	0.0	10.2	0.0	52.5
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	461.2	479.8	55.0	943.4
05-01. Milk	194.0	248.8	0.0	652.1
05-02. Milk beverages	0.0	34.4	0.0	200.0
05-03. Yoghurt	50.4	116.8	0.0	453.6
05-04. Fromage blanc, petits suisses	0.0	4.4	0.0	20.0
05-05. Cheese (including fresh cheeses)	17.5	27.0	0.0	88.0
05-06. Cream desserts, puddings (milk based)	0.0	46.3	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	14.0
05-07-01. Dairy creams	0.0	1.8	0.0	14.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.3	0.0	0.0
06. Cereals and cereal products	213.3	231.6	100.0	439.9
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.8
06-02. Pasta, rice, other grain	0.0	43.7	0.0	160.0
06-03. Bread, crisp bread, rusks	140.0	153.6	57.1	285.0
06-03-01. Bread	140.0	151.0	49.0	283.0
06-03-02. Crispbread, rusks	0.0	2.7	0.0	15.0
06-04. Breakfast cereals	0.0	8.0	0.0	50.0
06-05. Salty biscuits, aperitif biscuits, crackers	7.5	17.1	0.0	64.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.8	0.0	80.8
07. Meat and meat products	80.0	95.8	5.0	232.6
07-01. Fresh meat	14.3	31.6	0.0	125.0
07-01-00. Unclassified	0.0	7.6	0.0	51.6
07-01-01. Beef	0.0	10.2	0.0	60.0
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	13.1	0.0	81.6
07-01-04. Mutton/Lamb	0.0	0.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	10.3	0.0	62.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	10.1	0.0	62.5
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0



**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	45.0	53.9	0.0	160.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	9.5	0.0	58.8
08-01. Fish	0.0	6.1	0.0	38.5
08-02. Crustaceans, molluscs	0.0	2.2	0.0	8.0
08-03. Fish products, fish in crumbs	0.0	1.3	0.0	0.0
09. Eggs and egg products	0.0	7.6	0.0	45.0
09-01. Egg	0.0	7.6	0.0	45.0
10. Fat	21.6	24.4	2.5	58.0
10-00. Unclassified	0.0	1.7	0.0	11.8
10-01. Vegetable oils	0.0	2.6	0.0	13.9
10-02. Butter	0.0	2.4	0.0	18.0
10-03. Margarines	12.1	15.8	0.0	47.1
10-04. Deep frying fats	0.0	1.8	0.0	13.7
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	64.1	75.2	5.0	178.1
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.2	7.7	0.0	38.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	15.0	19.4	0.0	56.5
11-03. Confectionery non-chocolate	5.0	12.5	0.0	45.0
11-04. Syrup	6.3	18.3	0.0	81.9
11-05. Ice cream, water ice	0.0	17.4	0.0	87.5
11-05-01. Ice cream	0.0	12.8	0.0	75.0
11-05-02. Sorbet	0.0	0.4	0.0	0.0
11-05-03. Water ice	0.0	4.1	0.0	27.5
12. Cakes	44.5	56.1	0.0	158.5
12-01. Cakes, pies, pastries, etc.	12.5	29.7	0.0	120.0
12-02. Dry cakes, biscuits	17.5	26.4	0.0	90.0
13. Non-alcoholic beverages	1046.1	1159.4	500.0	2087.5
13-00. Unclassified	0.0	0.5	0.0	0.0
13-01. Fruit and vegetable juices	83.4	127.6	0.0	454.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	370.6	472.0	0.0	1375.0
13-03. Coffee, tea and herbal teas	0.0	95.2	0.0	441.7
13-03-01. Coffee	0.0	26.0	0.0	146.7
13-03-02. Tea	0.0	52.3	0.0	282.5
13-03-03. Herbal tea	0.0	16.9	0.0	125.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	362.5	464.1	0.0	1489.3
14. Alcoholic beverages	0.0	76.0	0.0	600.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	2.3	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	72.3	0.0	600.0
14-04. Spirits, brandy	0.0	0.4	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.4	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	20.5	30.7	0.0	91.3
15-01. Sauces	19.4	29.8	0.0	90.3
15-01-00. Unclassified and other sauces	0.0	13.0	0.0	54.8
15-01-01. Tomato sauces	0.0	6.7	0.0	31.3
15-01-02. Dressing sauces	0.0	3.5	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	6.4	0.0	34.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	6.0
16. Soups, bouillon	0.0	26.9	0.0	175.0
16-01. Soups	0.0	25.6	0.0	161.9
16-02. Bouillon	0.0	1.3	0.0	0.0
17. Miscellaneous	0.0	21.1	0.0	100.2
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	5.5	0.0	0.0
17-02. Dietetic products	0.0	0.2	0.0	0.5
17-02-00. Unclassified	0.0	0.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.5
17-03. Snacks	0.0	15.0	0.0	75.0

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	85.4	0.0	200.5
01-01. Potatoes	71.5	85.4	0.0	200.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	50.5	62.7	0.0	163.0
02-01. Leafy vegetables (except cabbages)	0.0	10.5	0.0	58.9
02-02. Fruiting vegetables	9.2	20.9	0.0	86.5
02-03. Root vegetables	0.0	6.1	0.0	42.5
02-04. Cabbages	0.0	13.6	0.0	90.0
02-05. Mushrooms	0.0	1.1	0.0	9.6
02-06. Grain and pod vegetables	0.0	1.9	0.0	12.5
02-07. Onion, garlic	0.0	4.5	0.0	28.3
02-08. Stalk vegetables, sprouts	0.0	0.3	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	3.8	0.0	25.0
03. Legumes	0.0	1.0	0.0	0.0
03-01. Legumes	0.0	1.0	0.0	0.0
04. Fruits, nuts and olives	64.2	80.6	0.0	230.0
04-01. Fruits	60.2	75.5	0.0	229.1
04-02. Nuts and seeds (+nut spread)	0.0	3.5	0.0	20.0
04-03. Mixed fruits	0.0	1.5	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	348.8	344.5	18.0	811.0
05-01. Milk	79.0	143.6	0.0	527.0
05-02. Milk beverages	0.0	51.2	0.0	216.3
05-03. Yoghurt	0.0	98.6	0.0	388.8
05-04. Fromage blanc, petits suisses	0.0	2.5	0.0	0.0
05-05. Cheese (including fresh cheeses)	15.0	20.2	0.0	58.7
05-06. Cream desserts, puddings (milk based)	0.0	26.6	0.0	127.1
05-07. Dairy and non-dairy creams	0.0	1.2	0.0	10.0
05-07-01. Dairy creams	0.0	1.2	0.0	10.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.6	0.0	3.0
06. Cereals and cereal products	152.7	157.8	75.0	276.5
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	0.0
06-02. Pasta, rice, other grain	0.0	20.7	0.0	92.7
06-03. Bread, crisp bread, rusks	105.0	110.7	45.0	205.5
06-03-01. Bread	100.0	106.6	42.5	204.3
06-03-02. Crispbread, rusks	0.0	4.1	0.0	21.0
06-04. Breakfast cereals	0.0	5.7	0.0	30.0
06-05. Salty biscuits, aperitif biscuits, crackers	6.0	16.4	0.0	63.7
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	4.2	0.0	43.6
07. Meat and meat products	79.2	89.1	9.6	204.0
07-01. Fresh meat	12.7	25.4	0.0	88.5
07-01-00. Unclassified	0.0	8.3	0.0	44.8
07-01-01. Beef	0.0	9.8	0.0	60.0
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	6.9	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.3	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	9.4	0.0	62.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	9.4	0.0	62.5
07-02-02. Turkey, young turkey	0.0	0.0	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	46.0	54.4	0.0	142.9
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	7.0	0.0	39.0
08-01. Fish	0.0	4.0	0.0	28.3
08-02. Crustaceans, molluscs	0.0	0.1	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.9	0.0	13.1
09. Eggs and egg products	0.0	7.1	0.0	45.0
09-01. Egg	0.0	7.1	0.0	45.0
10. Fat	19.0	20.2	3.5	43.2
10-00. Unclassified	0.0	2.1	0.0	11.8
10-01. Vegetable oils	0.0	1.4	0.0	8.2
10-02. Butter	0.0	1.4	0.0	9.0
10-03. Margarines	10.5	12.6	0.0	31.0
10-04. Deep frying fats	0.0	2.7	0.0	14.6
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	58.5	72.2	4.0	194.1
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.0	7.2	0.0	26.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	12.5	18.8	0.0	65.0
11-03. Confectionery non-chocolate	7.5	13.0	0.0	44.5
11-04. Syrup	0.0	15.1	0.0	62.6
11-05. Ice cream, water ice	0.0	18.2	0.0	83.4
11-05-01. Ice cream	0.0	12.4	0.0	54.5
11-05-02. Sorbet	0.0	0.4	0.0	0.0
11-05-03. Water ice	0.0	5.4	0.0	32.5
12. Cakes	43.0	51.2	0.0	138.5
12-01. Cakes, pies, pastries, etc.	0.0	27.5	0.0	111.5
12-02. Dry cakes, biscuits	18.5	23.7	0.0	70.5
13. Non-alcoholic beverages	1049.9	1062.3	475.4	1713.1
13-00. Unclassified	0.0	1.2	0.0	0.0
13-01. Fruit and vegetable juices	76.7	127.6	0.0	520.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	401.7	479.4	0.0	1126.7
13-03. Coffee, tea and herbal teas	0.0	98.5	0.0	530.0
13-03-01. Coffee	0.0	9.8	0.0	66.7
13-03-02. Tea	0.0	71.9	0.0	334.2
13-03-03. Herbal tea	0.0	16.8	0.0	93.8
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	250.0	355.6	0.0	925.5
14. Alcoholic beverages	0.0	7.4	0.0	0.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	0.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	4.2	0.0	0.0
14-04. Spirits, brandy	0.0	0.4	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.7	0.0	0.0
14-07. Cocktails, punches	0.0	2.0	0.0	0.0
15. Condiments and sauces	21.4	26.8	0.0	67.4
15-01. Sauces	21.0	26.4	0.0	67.4
15-01-00. Unclassified and other sauces	0.7	10.6	0.0	47.8
15-01-01. Tomato sauces	0.0	4.8	0.0	20.8
15-01-02. Dressing sauces	0.0	4.8	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	5.7	0.0	25.6
15-01-04. Dessert sauces	0.0	0.5	0.0	0.0

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.4	0.0	2.3
16. Soups, bouillon	0.0	30.2	0.0	144.4
16-01. Soups	0.0	28.7	0.0	142.5
16-02. Bouillon	0.0	1.5	0.0	0.0
17. Miscellaneous	0.0	12.6	0.0	68.0
17-00. Unclassified	0.0	0.0	0.0	0.0
17-01. Soya products	0.0	0.8	0.0	0.0
17-02. Dietetic products	0.0	0.1	0.0	0.0
17-02-00. Unclassified	0.0	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	11.7	0.0	68.0

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	79.9	0.0	196.4
01-01. Potatoes	70.0	79.8	0.0	196.4
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	70.0	75.1	0.0	177.1
02-01. Leafy vegetables (except cabbages)	0.0	10.3	0.0	69.0
02-02. Fruiting vegetables	12.0	27.3	0.0	100.0
02-03. Root vegetables	0.0	7.9	0.0	57.5
02-04. Cabbages	0.0	14.5	0.0	72.8
02-05. Mushrooms	0.0	1.3	0.0	11.1
02-06. Grain and pod vegetables	0.0	2.1	0.0	18.6
02-07. Onion, garlic	0.0	6.9	0.0	30.9
02-08. Stalk vegetables, sprouts	0.0	0.7	0.0	1.3
02-09. Mixed salad, mixed vegetables	0.0	4.2	0.0	30.1
03. Legumes	0.0	2.8	0.0	10.1
03-01. Legumes	0.0	2.8	0.0	10.1
04. Fruits, nuts and olives	65.0	86.4	0.0	235.7
04-01. Fruits	64.2	81.2	0.0	235.7
04-02. Nuts and seeds (+nut spread)	0.0	4.1	0.0	25.0
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	354.7	366.1	22.1	807.6
05-01. Milk	98.4	164.4	0.0	566.6
05-02. Milk beverages	0.0	46.9	0.0	262.5
05-03. Yoghurt	31.3	101.5	0.0	360.0
05-04. Fromage blanc, petits suisses	0.0	2.8	0.0	0.0
05-05. Cheese (including fresh cheeses)	14.5	22.1	0.0	65.4
05-06. Cream desserts, puddings (milk based)	0.0	26.5	0.0	144.2
05-07. Dairy and non-dairy creams	0.0	1.6	0.0	11.7
05-07-01. Dairy creams	0.0	1.6	0.0	11.7
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.3	0.0	0.4
06. Cereals and cereal products	163.3	171.9	71.3	313.2
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.8
06-02. Pasta, rice, other grain	0.0	27.2	0.0	120.0
06-03. Bread, crisp bread, rusks	111.3	115.5	40.2	205.0
06-03-01. Bread	105.0	111.1	35.0	202.5
06-03-02. Crispbread, rusks	0.0	4.4	0.0	20.0
06-04. Breakfast cereals	0.0	4.7	0.0	30.0
06-05. Salty biscuits, aperitif biscuits, crackers	7.5	14.1	0.0	49.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	10.2	0.0	76.9
07. Meat and meat products	80.0	85.3	20.0	172.8
07-01. Fresh meat	16.0	27.9	0.0	93.9
07-01-00. Unclassified	0.0	8.0	0.0	56.0
07-01-01. Beef	0.0	9.3	0.0	56.0
07-01-02. Veal	0.0	0.0	0.0	0.0
07-01-03. Pork	0.0	10.0	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.6	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.8	0.0	64.7
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.5	0.0	64.7
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	40.0	45.7	0.0	116.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	4.7	0.0	33.1
08-01. Fish	0.0	2.2	0.0	22.4
08-02. Crustaceans, molluscs	0.0	0.7	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	1.7	0.0	0.0
09. Eggs and egg products	0.0	6.8	0.0	45.0
09-01. Egg	0.0	6.8	0.0	45.0
10. Fat	16.7	18.7	2.0	44.0
10-00. Unclassified	0.0	1.8	0.0	9.9
10-01. Vegetable oils	0.0	1.9	0.0	10.1
10-02. Butter	0.0	1.3	0.0	8.4
10-03. Margarines	9.1	12.1	0.0	30.1
10-04. Deep frying fats	0.0	1.6	0.0	12.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	54.6	63.0	5.7	161.9
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.7	6.6	0.0	28.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	12.5	19.7	0.0	63.5
11-03. Confectionery non-chocolate	5.5	11.5	0.0	44.5
11-04. Syrup	0.0	12.1	0.0	66.9
11-05. Ice cream, water ice	0.0	13.1	0.0	75.0
11-05-01. Ice cream	0.0	9.6	0.0	62.5
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	3.4	0.0	27.5
12. Cakes	49.5	59.7	0.0	155.3
12-01. Cakes, pies, pastries, etc.	20.0	36.8	0.0	141.5
12-02. Dry cakes, biscuits	18.0	22.9	0.0	68.0
13. Non-alcoholic beverages	1018.3	1096.3	454.1	2162.9
13-00. Unclassified	0.0	0.4	0.0	0.0
13-01. Fruit and vegetable juices	76.7	124.9	0.0	453.3
13-02. Carbonated/soft/isotonic drinks, diluted syrups	345.9	400.5	0.0	992.6
13-03. Coffee, tea and herbal teas	0.0	136.1	0.0	651.6
13-03-01. Coffee	0.0	10.4	0.0	83.4
13-03-02. Tea	0.0	104.1	0.0	545.0
13-03-03. Herbal tea	0.0	21.5	0.0	150.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	283.4	434.5	0.0	1329.2
14. Alcoholic beverages	0.0	28.1	0.0	150.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	3.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.8	0.0	0.0
14-03. Beer, cider	0.0	20.7	0.0	0.0
14-04. Spirits, brandy	0.0	0.1	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.4	0.0	0.0
14-07. Cocktails, punches	0.0	2.1	0.0	0.0
15. Condiments and sauces	19.9	24.9	0.0	71.6
15-01. Sauces	19.0	24.0	0.0	71.6
15-01-00. Unclassified and other sauces	0.7	9.8	0.0	42.4
15-01-01. Tomato sauces	0.0	5.6	0.0	28.7
15-01-02. Dressing sauces	0.0	2.9	0.0	16.5
15-01-03. Mayonnaises and similars	0.0	5.5	0.0	25.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	5.0
16. Soups, bouillon	0.0	34.1	0.0	194.3
16-01. Soups	0.0	33.2	0.0	194.3
16-02. Bouillon	0.0	1.0	0.0	0.0
17. Miscellaneous	0.0	13.9	0.0	68.4
17-00. Unclassified	0.0	0.1	0.0	0.0
17-01. Soya products	0.0	1.3	0.0	0.0
17-02. Dietetic products	0.0	1.0	0.0	1.0
17-02-00. Unclassified	0.0	0.9	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	1.0
17-03. Snacks	0.0	11.4	0.0	66.0



**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	60.0	72.3	0.0	205.0
01-01. Potatoes	60.0	72.3	0.0	205.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	80.0	83.7	0.0	216.2
02-01. Leafy vegetables (except cabbages)	0.0	13.4	0.0	77.0
02-02. Fruiting vegetables	25.0	35.5	0.0	114.5
02-03. Root vegetables	0.0	8.7	0.0	72.5
02-04. Cabbages	0.0	11.7	0.0	68.0
02-05. Mushrooms	0.0	1.2	0.0	7.1
02-06. Grain and pod vegetables	0.0	2.2	0.0	20.0
02-07. Onion, garlic	0.0	5.7	0.0	25.8
02-08. Stalk vegetables, sprouts	0.0	0.2	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.1	0.0	29.4
03. Legumes	0.0	1.6	0.0	0.0
03-01. Legumes	0.0	1.6	0.0	0.0
04. Fruits, nuts and olives	84.8	107.6	0.0	315.7
04-01. Fruits	76.5	98.8	0.0	296.8
04-02. Nuts and seeds (+nut spread)	0.0	5.6	0.0	30.0
04-03. Mixed fruits	0.0	3.1	0.0	0.0
04-04. Olives	0.0	0.2	0.0	0.0
05. Dairy products	367.4	384.5	35.9	779.0
05-01. Milk	117.6	175.1	0.0	480.7
05-02. Milk beverages	0.0	39.0	0.0	248.9
05-03. Yoghurt	67.5	108.7	0.0	412.2
05-04. Fromage blanc, petits suisses	0.0	3.5	0.0	25.0
05-05. Cheese (including fresh cheeses)	17.8	24.5	0.0	73.0
05-06. Cream desserts, puddings (milk based)	0.0	30.8	0.0	144.2
05-07. Dairy and non-dairy creams	0.0	2.4	0.0	16.0
05-07-01. Dairy creams	0.0	2.3	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.4	0.0	0.0
06. Cereals and cereal products	178.4	188.1	87.9	323.7
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.5
06-02. Pasta, rice, other grain	3.1	36.0	0.0	145.5
06-03. Bread, crisp bread, rusks	117.5	123.7	46.0	222.5
06-03-01. Bread	112.5	119.3	40.0	221.7
06-03-02. Crispbread, rusks	0.0	4.3	0.0	20.0
06-04. Breakfast cereals	0.0	8.6	0.0	50.0
06-05. Salty biscuits, aperitif biscuits, crackers	5.5	12.4	0.0	49.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.2	0.0	61.0
07. Meat and meat products	71.4	79.8	0.0	178.0
07-01. Fresh meat	6.7	24.1	0.0	89.0
07-01-00. Unclassified	0.0	4.3	0.0	31.6
07-01-01. Beef	0.0	12.2	0.0	60.0
07-01-02. Veal	0.0	0.0	0.0	0.0
07-01-03. Pork	0.0	7.3	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.3	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.9	0.0	62.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.4	0.0	57.9
07-02-02. Turkey, young turkey	0.0	0.6	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	35.0	43.5	0.0	125.5
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	7.4	0.0	50.0
08-01. Fish	0.0	4.2	0.0	37.7
08-02. Crustaceans, molluscs	0.0	0.3	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.8	0.0	20.8
09. Eggs and egg products	0.0	7.7	0.0	45.0
09-01. Egg	0.0	7.7	0.0	45.0
10. Fat	17.8	19.2	0.7	41.5
10-00. Unclassified	0.0	1.2	0.0	9.0
10-01. Vegetable oils	0.0	1.9	0.0	10.6
10-02. Butter	0.0	1.7	0.0	12.0
10-03. Margarines	10.7	12.7	0.0	32.1
10-04. Deep frying fats	0.0	1.7	0.0	12.2
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	57.8	65.4	5.1	154.4
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.3	6.0	0.0	25.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	15.0	20.0	0.0	58.0
11-03. Confectionery non-chocolate	5.0	11.0	0.0	38.5
11-04. Syrup	0.0	13.3	0.0	62.5
11-05. Ice cream, water ice	0.0	15.1	0.0	68.0
11-05-01. Ice cream	0.0	10.8	0.0	50.0
11-05-02. Sorbet	0.0	0.4	0.0	0.0
11-05-03. Water ice	0.0	3.8	0.0	27.5
12. Cakes	39.0	50.0	0.0	139.0
12-01. Cakes, pies, pastries, etc.	13.0	27.1	0.0	100.0
12-02. Dry cakes, biscuits	18.8	22.9	0.0	65.0
13. Non-alcoholic beverages	1010.2	1111.3	519.2	1976.7
13-00. Unclassified	0.0	0.8	0.0	0.0
13-01. Fruit and vegetable juices	83.4	126.0	0.0	450.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	250.0	321.6	0.0	945.0
13-03. Coffee, tea and herbal teas	58.4	157.6	0.0	600.0
13-03-01. Coffee	0.0	18.3	0.0	160.8
13-03-02. Tea	0.0	98.5	0.0	450.0
13-03-03. Herbal tea	0.0	40.8	0.0	275.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	412.5	505.2	0.0	1295.7
14. Alcoholic beverages	0.0	10.4	0.0	34.9
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	5.5	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	3.3	0.0	0.0
14-04. Spirits, brandy	0.0	0.1	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.9	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	18.0	24.2	0.0	84.3
15-01. Sauces	17.2	23.5	0.0	84.3
15-01-00. Unclassified and other sauces	0.0	9.2	0.0	41.3
15-01-01. Tomato sauces	0.0	7.0	0.0	36.4
15-01-02. Dressing sauces	0.0	3.0	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	3.9	0.0	20.8
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0

**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	5.0
16. Soups, bouillon	0.0	34.9	0.0	192.5
16-01. Soups	0.0	32.8	0.0	192.5
16-02. Bouillon	0.0	2.2	0.0	7.2
17. Miscellaneous	0.0	17.0	0.0	70.0
17-00. Unclassified	0.0	0.9	0.0	0.0
17-01. Soya products	0.0	5.1	0.0	15.0
17-02. Dietetic products	0.0	3.0	0.0	1.5
17-02-00. Unclassified	0.0	2.8	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	1.0
17-03. Snacks	0.0	8.0	0.0	41.8

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	126.4	128.6	0.0	295.4
01-01. Potatoes	126.4	128.6	0.0	295.4
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	115.0	124.0	6.8	276.5
02-01. Leafy vegetables (except cabbages)	0.0	19.6	0.0	87.0
02-02. Fruiting vegetables	11.5	36.3	0.0	127.7
02-03. Root vegetables	0.0	11.9	0.0	81.0
02-04. Cabbages	0.0	26.6	0.0	140.9
02-05. Mushrooms	0.0	2.4	0.0	21.3
02-06. Grain and pod vegetables	0.0	3.7	0.0	30.4
02-07. Onion, garlic	0.7	12.4	0.0	58.2
02-08. Stalk vegetables, sprouts	0.0	0.9	0.0	5.1
02-09. Mixed salad, mixed vegetables	0.0	10.3	0.0	80.0
03. Legumes	0.0	5.1	0.0	0.0
03-01. Legumes	0.0	5.1	0.0	0.0
04. Fruits, nuts and olives	65.0	93.4	0.0	289.4
04-01. Fruits	58.5	83.3	0.0	265.9
04-02. Nuts and seeds (+nut spread)	0.0	8.2	0.0	40.0
04-03. Mixed fruits	0.0	1.5	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	359.3	411.4	29.8	1008.5
05-01. Milk	113.3	190.4	0.0	623.5
05-02. Milk beverages	0.0	27.6	0.0	194.0
05-03. Yoghurt	0.0	89.4	0.0	351.9
05-04. Fromage blanc, petits suisses	0.0	3.6	0.0	0.0
05-05. Cheese (including fresh cheeses)	29.0	36.8	0.0	107.5
05-06. Cream desserts, puddings (milk based)	0.0	52.4	0.0	240.3
05-07. Dairy and non-dairy creams	0.0	1.6	0.0	10.0
05-07-01. Dairy creams	0.0	1.6	0.0	10.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	9.5	0.0	46.0
06. Cereals and cereal products	210.4	233.4	77.5	446.0
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.0
06-02. Pasta, rice, other grain	0.0	50.6	0.0	201.0
06-03. Bread, crisp bread, rusks	157.0	160.0	45.0	295.0
06-03-01. Bread	155.0	156.4	45.0	295.0
06-03-02. Crispbread, rusks	0.0	3.6	0.0	20.0
06-04. Breakfast cereals	0.0	5.0	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.8	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.7	0.0	73.3
07. Meat and meat products	128.4	147.6	30.0	315.4
07-01. Fresh meat	42.0	59.6	0.0	186.5
07-01-00. Unclassified	0.0	15.8	0.0	99.4
07-01-01. Beef	0.0	19.0	0.0	92.9
07-01-02. Veal	0.0	0.4	0.0	0.0
07-01-03. Pork	0.0	22.3	0.0	132.0
07-01-04. Mutton/Lamb	0.0	2.2	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	19.0	0.0	95.3
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	18.3	0.0	93.8
07-02-02. Turkey, young turkey	0.0	0.5	0.0	0.0
07-02-03. Duck	0.0	0.2	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	50.5	68.5	0.0	200.0
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	15.6	0.0	92.5
08-01. Fish	0.0	10.0	0.0	75.5
08-02. Crustaceans, molluscs	0.0	2.0	0.0	10.0
08-03. Fish products, fish in crumbs	0.0	3.6	0.0	0.0
09. Eggs and egg products	0.0	13.1	0.0	68.1
09-01. Egg	0.0	13.1	0.0	68.1
10. Fat	30.0	34.0	5.0	70.2
10-00. Unclassified	0.0	2.1	0.0	15.0
10-01. Vegetable oils	0.0	3.5	0.0	20.1
10-02. Butter	0.0	2.1	0.0	12.6
10-03. Margarines	21.0	24.0	0.0	57.5
10-04. Deep frying fats	0.0	2.3	0.0	20.2
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	43.1	53.6	0.0	137.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	11.7	20.2	0.0	70.9
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	11.4	0.0	44.0
11-03. Confectionery non-chocolate	0.0	6.5	0.0	28.0
11-04. Syrup	0.0	7.2	0.0	31.3
11-05. Ice cream, water ice	0.0	8.3	0.0	75.0
11-05-01. Ice cream	0.0	8.1	0.0	72.5
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	0.2	0.0	0.0
12. Cakes	30.0	45.8	0.0	161.0
12-01. Cakes, pies, pastries, etc.	12.5	33.4	0.0	148.5
12-02. Dry cakes, biscuits	5.0	12.3	0.0	45.5
13. Non-alcoholic beverages	1480.0	1630.6	695.8	3138.6
13-00. Unclassified	0.0	4.9	0.0	0.0
13-01. Fruit and vegetable juices	0.0	93.5	0.0	375.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	225.9	352.6	0.0	1204.3
13-03. Coffee, tea and herbal teas	674.8	759.2	0.0	1766.7
13-03-01. Coffee	541.7	572.7	0.0	1420.0
13-03-02. Tea	0.0	164.2	0.0	656.3
13-03-03. Herbal tea	0.0	20.7	0.0	137.5
13-03-04. Chicory, substitutes	0.0	1.6	0.0	0.0
13-04. Waters	187.5	420.4	0.0	1533.8
14. Alcoholic beverages	36.4	314.4	0.0	1500.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	32.2	0.0	227.9
14-02. Fortified wines (sherry, port, vermouth)	0.0	1.9	0.0	0.3
14-03. Beer, cider	0.0	273.0	0.0	1472.5
14-04. Spirits, brandy	0.0	6.8	0.0	57.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.2	0.0	0.0
15. Condiments and sauces	33.7	41.3	0.0	123.2
15-01. Sauces	33.5	40.3	0.0	123.2
15-01-00. Unclassified and other sauces	11.2	19.7	0.0	69.2
15-01-01. Tomato sauces	0.0	8.2	0.0	49.1
15-01-02. Dressing sauces	0.0	4.0	0.0	29.1
15-01-03. Mayonnaises and similars	0.0	8.4	0.0	40.4
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.0	0.0	7.1
16. Soups, bouillon	0.0	72.9	0.0	323.8
16-01. Soups	0.0	69.3	0.0	323.8
16-02. Bouillon	0.0	3.6	0.0	0.0
17. Miscellaneous	0.0	17.4	0.0	75.0
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	3.7	0.0	0.0
17-02. Dietetic products	0.0	1.7	0.0	7.0
17-02-00. Unclassified	0.0	0.8	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	0.0	7.0
17-03. Snacks	0.0	11.6	0.0	69.0

**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	112.3	0.0	287.1
01-01. Potatoes	97.0	112.3	0.0	287.1
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	118.4	125.4	0.0	274.7
02-01. Leafy vegetables (except cabbages)	0.0	24.8	0.0	112.5
02-02. Fruiting vegetables	17.4	37.6	0.0	127.6
02-03. Root vegetables	0.0	8.7	0.0	72.5
02-04. Cabbages	0.0	21.4	0.0	120.0
02-05. Mushrooms	0.0	2.3	0.0	15.8
02-06. Grain and pod vegetables	0.0	2.7	0.0	15.0
02-07. Onion, garlic	0.1	13.0	0.0	55.2
02-08. Stalk vegetables, sprouts	0.0	1.9	0.0	7.4
02-09. Mixed salad, mixed vegetables	0.0	13.1	0.0	81.0
03. Legumes	0.0	1.7	0.0	0.0
03-01. Legumes	0.0	1.7	0.0	0.0
04. Fruits, nuts and olives	74.0	109.5	0.0	358.1
04-01. Fruits	65.0	96.4	0.0	324.2
04-02. Nuts and seeds (+nut spread)	0.0	11.5	0.0	52.5
04-03. Mixed fruits	0.0	1.2	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	349.8	410.7	22.0	987.2
05-01. Milk	103.0	206.9	0.0	767.4
05-02. Milk beverages	0.0	23.4	0.0	171.7
05-03. Yoghurt	6.2	95.6	0.0	370.8
05-04. Fromage blanc, petits suisses	0.0	3.8	0.0	0.0
05-05. Cheese (including fresh cheeses)	30.5	38.3	0.0	104.9
05-06. Cream desserts, puddings (milk based)	0.0	31.3	0.0	167.4
05-07. Dairy and non-dairy creams	0.0	2.4	0.0	16.0
05-07-01. Dairy creams	0.0	2.4	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	9.0	0.0	44.0
06. Cereals and cereal products	228.2	240.2	90.0	427.4
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	1.7
06-02. Pasta, rice, other grain	0.0	51.8	0.0	215.5
06-03. Bread, crisp bread, rusks	148.5	162.2	58.5	296.5
06-03-01. Bread	145.0	159.2	52.5	292.5
06-03-02. Crispbread, rusks	0.0	3.0	0.0	17.5
06-04. Breakfast cereals	0.0	4.9	0.0	39.7
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.6	0.0	52.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	9.5	0.0	98.4
07. Meat and meat products	123.0	133.0	31.3	272.5
07-01. Fresh meat	35.0	48.9	0.0	170.3
07-01-00. Unclassified	0.0	9.8	0.0	64.6
07-01-01. Beef	0.0	18.4	0.0	104.0
07-01-02. Veal	0.0	0.8	0.0	0.0
07-01-03. Pork	0.0	17.8	0.0	89.0
07-01-04. Mutton/Lamb	0.0	1.4	0.0	0.0
07-01-05. Horse	0.0	0.5	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	18.8	0.0	93.6
07-02-00. Unclassified and other poultry	0.0	0.2	0.0	0.0
07-02-01. Chicken, hen	0.0	17.7	0.0	89.0
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.5	0.0	0.0

**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	51.5	64.9	0.0	177.7
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	16.8	0.0	100.5
08-01. Fish	0.0	10.9	0.0	78.0
08-02. Crustaceans, molluscs	0.0	1.3	0.0	7.2
08-03. Fish products, fish in crumbs	0.0	4.6	0.0	13.0
09. Eggs and egg products	0.0	12.9	0.0	67.5
09-01. Egg	0.0	12.9	0.0	67.5
10. Fat	30.3	32.9	6.1	71.1
10-00. Unclassified	0.0	2.0	0.0	14.6
10-01. Vegetable oils	0.0	3.7	0.0	16.4
10-02. Butter	0.0	2.6	0.0	18.0
10-03. Margarines	19.5	22.3	0.0	56.5
10-04. Deep frying fats	0.0	2.2	0.0	15.9
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	37.5	47.8	0.0	149.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	8.7	15.6	0.0	54.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	3.4	13.9	0.0	60.0
11-03. Confectionery non-chocolate	0.0	4.4	0.0	21.5
11-04. Syrup	0.0	4.3	0.0	25.6
11-05. Ice cream, water ice	0.0	9.5	0.0	73.5
11-05-01. Ice cream	0.0	8.9	0.0	60.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.5	0.0	0.0
12. Cakes	31.5	45.3	0.0	136.0
12-01. Cakes, pies, pastries, etc.	15.0	31.3	0.0	118.0
12-02. Dry cakes, biscuits	3.5	14.0	0.0	60.0
13. Non-alcoholic beverages	1557.8	1693.6	775.2	3137.4
13-00. Unclassified	0.0	3.9	0.0	0.0
13-01. Fruit and vegetable juices	0.0	88.8	0.0	364.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	175.0	319.9	0.0	1120.0
13-03. Coffee, tea and herbal teas	750.8	806.3	118.9	1612.5
13-03-01. Coffee	535.0	584.1	0.0	1462.5
13-03-02. Tea	0.0	188.8	0.0	715.0
13-03-03. Herbal tea	0.0	32.6	0.0	225.0
13-03-04. Chicory, substitutes	0.0	0.8	0.0	0.0
13-04. Waters	276.7	474.6	0.0	1702.9
14. Alcoholic beverages	150.0	356.5	0.0	1473.4
14-00. Unclassified	0.0	0.4	0.0	0.0
14-01. Wine	0.0	38.1	0.0	237.1
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.3	0.0	0.5
14-03. Beer, cider	0.0	307.2	0.0	1395.0
14-04. Spirits, brandy	0.0	6.9	0.0	47.5
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.6	0.0	0.0
15. Condiments and sauces	29.3	38.8	0.0	121.0
15-01. Sauces	27.6	37.2	0.0	113.4
15-01-00. Unclassified and other sauces	7.5	17.1	0.0	59.7
15-01-01. Tomato sauces	0.0	8.7	0.0	48.0
15-01-02. Dressing sauces	0.0	4.6	0.0	24.0
15-01-03. Mayonnaises and similars	0.0	6.7	0.0	30.4
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0



**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.5	0.0	9.2
16. Soups, bouillon	0.0	63.2	0.0	259.0
16-01. Soups	0.0	59.4	0.0	259.0
16-02. Bouillon	0.0	3.8	0.0	14.8
17. Miscellaneous	0.0	17.7	0.0	72.5
17-00. Unclassified	0.0	0.4	0.0	0.0
17-01. Soya products	0.0	0.7	0.0	0.0
17-02. Dietetic products	0.0	2.8	0.0	7.0
17-02-00. Unclassified	0.0	1.9	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.9	0.0	7.0
17-03. Snacks	0.0	13.8	0.0	68.4

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	77.6	92.9	0.0	234.8
01-01. Potatoes	77.6	92.6	0.0	234.8
01-02. Other tubers	0.0	0.3	0.0	0.0
02. Vegetables	126.3	146.5	28.6	306.5
02-01. Leafy vegetables (except cabbages)	10.0	29.6	0.0	141.5
02-02. Fruiting vegetables	30.1	47.1	0.0	139.8
02-03. Root vegetables	0.0	9.5	0.0	81.0
02-04. Cabbages	0.0	21.5	0.0	114.5
02-05. Mushrooms	0.0	2.4	0.0	21.9
02-06. Grain and pod vegetables	0.0	2.2	0.0	13.8
02-07. Onion, garlic	5.0	14.3	0.0	46.9
02-08. Stalk vegetables, sprouts	0.0	1.8	0.0	5.1
02-09. Mixed salad, mixed vegetables	0.0	18.1	0.0	111.0
03. Legumes	0.0	3.4	0.0	7.6
03-01. Legumes	0.0	3.4	0.0	7.6
04. Fruits, nuts and olives	99.1	123.1	0.0	363.9
04-01. Fruits	82.5	112.3	0.0	344.8
04-02. Nuts and seeds (+nut spread)	0.0	9.5	0.0	50.0
04-03. Mixed fruits	0.0	0.7	0.0	0.0
04-04. Olives	0.0	0.7	0.0	6.0
05. Dairy products	346.0	412.1	29.5	985.5
05-01. Milk	119.5	187.0	0.0	661.8
05-02. Milk beverages	0.0	30.6	0.0	171.7
05-03. Yoghurt	62.5	96.2	0.0	297.0
05-04. Fromage blanc, petits suisses	0.0	8.4	0.0	100.0
05-05. Cheese (including fresh cheeses)	33.0	41.5	0.0	117.0
05-06. Cream desserts, puddings (milk based)	0.0	39.1	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	2.8	0.0	22.9
05-07-01. Dairy creams	0.0	2.8	0.0	22.9
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	6.4	0.0	32.0
06. Cereals and cereal products	218.5	230.0	91.7	405.0
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	2.0
06-02. Pasta, rice, other grain	0.0	50.0	0.0	177.0
06-03. Bread, crisp bread, rusks	142.6	155.5	57.5	280.0
06-03-01. Bread	140.0	151.8	52.5	280.0
06-03-02. Crispbread, rusks	0.0	3.7	0.0	21.5
06-04. Breakfast cereals	0.0	10.0	0.0	70.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	9.4	0.0	48.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	4.7	0.0	30.0
07. Meat and meat products	105.5	115.3	20.0	248.6
07-01. Fresh meat	33.8	46.6	0.0	147.0
07-01-00. Unclassified	0.0	8.1	0.0	56.0
07-01-01. Beef	0.0	20.2	0.0	89.0
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	15.7	0.0	89.0
07-01-04. Mutton/Lamb	0.0	2.1	0.0	0.0
07-01-05. Horse	0.0	0.3	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	20.2	0.0	100.6
07-02-00. Unclassified and other poultry	0.0	0.2	0.0	0.0
07-02-01. Chicken, hen	0.0	18.9	0.0	96.9
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.7	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.5	0.0	0.0
07-04. Processed meat	35.8	48.0	0.0	137.8
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	22.5	0.0	117.0
08-01. Fish	0.0	17.1	0.0	95.3
08-02. Crustaceans, molluscs	0.0	1.7	0.0	6.9
08-03. Fish products, fish in crumbs	0.0	3.6	0.0	13.5
09. Eggs and egg products	0.0	12.6	0.0	67.5
09-01. Egg	0.0	12.6	0.0	67.5
10. Fat	28.4	29.1	4.3	62.2
10-00. Unclassified	0.0	2.2	0.0	15.2
10-01. Vegetable oils	2.0	4.3	0.0	15.1
10-02. Butter	0.0	2.6	0.0	15.0
10-03. Margarines	16.1	18.5	0.0	51.0
10-04. Deep frying fats	0.0	1.5	0.0	13.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	32.7	45.1	0.0	133.6
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	6.8	14.7	0.0	55.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	12.1	0.0	62.0
11-03. Confectionery non-chocolate	0.0	5.8	0.0	33.5
11-04. Syrup	0.0	3.6	0.0	23.5
11-05. Ice cream, water ice	0.0	8.8	0.0	54.5
11-05-01. Ice cream	0.0	8.3	0.0	50.0
11-05-02. Sorbet	0.0	0.3	0.0	0.0
11-05-03. Water ice	0.0	0.3	0.0	0.0
12. Cakes	30.5	49.8	0.0	155.0
12-01. Cakes, pies, pastries, etc.	20.0	36.5	0.0	127.0
12-02. Dry cakes, biscuits	0.0	13.3	0.0	52.5
13. Non-alcoholic beverages	1672.6	1746.1	744.6	3063.8
13-00. Unclassified	0.0	3.0	0.0	0.0
13-01. Fruit and vegetable juices	75.0	120.0	0.0	459.2
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	227.1	0.0	845.9
13-03. Coffee, tea and herbal teas	742.5	790.6	81.7	1680.0
13-03-01. Coffee	480.7	519.0	0.0	1177.5
13-03-02. Tea	94.2	197.7	0.0	707.5
13-03-03. Herbal tea	0.0	73.9	0.0	468.8
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	487.5	605.5	0.0	1811.7
14. Alcoholic beverages	160.5	298.8	0.0	1000.0
14-00. Unclassified	0.0	0.2	0.0	0.0
14-01. Wine	0.0	76.1	0.0	354.2
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.8	0.0	32.5
14-03. Beer, cider	0.0	209.0	0.0	1000.0
14-04. Spirits, brandy	0.0	6.6	0.0	36.4
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	3.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	23.3	32.5	0.0	103.0
15-01. Sauces	21.6	30.1	0.0	102.9
15-01-00. Unclassified and other sauces	1.0	13.1	0.0	62.5
15-01-01. Tomato sauces	0.0	5.6	0.0	36.1
15-01-02. Dressing sauces	0.0	3.7	0.0	20.3
15-01-03. Mayonnaises and similars	0.0	7.4	0.0	37.7
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.1	0.0	0.0
15-04. Condiments	0.0	2.3	0.0	10.0
16. Soups, bouillon	0.0	73.7	0.0	344.0
16-01. Soups	0.0	65.3	0.0	315.0
16-02. Bouillon	0.0	8.4	0.0	80.0
17. Miscellaneous	0.0	14.8	0.0	70.0
17-00. Unclassified	0.0	1.2	0.0	0.0
17-01. Soya products	0.0	2.6	0.0	0.0
17-02. Dietetic products	0.0	0.8	0.0	6.5
17-02-00. Unclassified	0.0	0.2	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	0.0	6.5
17-03. Snacks	0.0	10.2	0.0	60.0

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	73.0	83.4	0.0	207.0
01-01. Potatoes	73.0	83.4	0.0	207.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	114.9	120.1	4.4	265.8
02-01. Leafy vegetables (except cabbages)	0.0	23.0	0.0	117.0
02-02. Fruiting vegetables	22.5	37.0	0.0	122.5
02-03. Root vegetables	0.0	9.8	0.0	70.5
02-04. Cabbages	0.0	23.6	0.0	120.0
02-05. Mushrooms	0.0	2.6	0.0	16.2
02-06. Grain and pod vegetables	0.0	2.1	0.0	7.0
02-07. Onion, garlic	1.7	9.9	0.0	45.6
02-08. Stalk vegetables, sprouts	0.0	1.5	0.0	5.1
02-09. Mixed salad, mixed vegetables	0.0	10.7	0.0	75.0
03. Legumes	0.0	2.2	0.0	0.0
03-01. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	83.7	116.2	0.0	329.6
04-01. Fruits	76.5	109.7	0.0	329.6
04-02. Nuts and seeds (+nut spread)	0.0	5.4	0.0	30.0
04-03. Mixed fruits	0.0	1.0	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	295.5	330.6	27.1	744.0
05-01. Milk	63.5	141.6	0.0	498.9
05-02. Milk beverages	0.0	18.1	0.0	141.7
05-03. Yoghurt	50.0	94.6	0.0	359.1
05-04. Fromage blanc, petits suisses	0.0	3.3	0.0	0.0
05-05. Cheese (including fresh cheeses)	26.5	33.9	0.0	89.3
05-06. Cream desserts, puddings (milk based)	0.0	26.8	0.0	128.8
05-07. Dairy and non-dairy creams	0.0	2.0	0.0	13.5
05-07-01. Dairy creams	0.0	1.9	0.0	12.0
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	10.4	0.0	48.0
06. Cereals and cereal products	157.2	167.1	67.5	294.0
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.7
06-02. Pasta, rice, other grain	0.0	31.2	0.0	135.0
06-03. Bread, crisp bread, rusks	112.5	115.6	37.5	198.6
06-03-01. Bread	106.8	110.9	35.0	195.0
06-03-02. Crispbread, rusks	0.0	4.7	0.0	23.4
06-04. Breakfast cereals	0.0	4.7	0.0	34.8
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.0	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	5.3	0.0	52.5
07. Meat and meat products	82.5	93.2	11.5	189.0
07-01. Fresh meat	35.5	39.9	0.0	127.0
07-01-00. Unclassified	0.0	7.1	0.0	52.4
07-01-01. Beef	0.0	16.6	0.0	72.5
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	15.2	0.0	89.0
07-01-04. Mutton/Lamb	0.0	1.0	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	14.4	0.0	66.8
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	13.7	0.0	65.7
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.5	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	30.0	38.8	0.0	107.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	14.1	0.0	81.0
08-01. Fish	0.0	10.1	0.0	63.0
08-02. Crustaceans, molluscs	0.0	1.4	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	2.6	0.0	0.0
09. Eggs and egg products	0.0	11.2	0.0	50.0
09-01. Egg	0.0	11.2	0.0	50.0
10. Fat	21.9	22.9	3.2	49.5
10-00. Unclassified	0.0	1.1	0.0	9.0
10-01. Vegetable oils	0.0	2.2	0.0	10.0
10-02. Butter	0.0	2.3	0.0	18.0
10-03. Margarines	14.5	16.1	0.0	40.0
10-04. Deep frying fats	0.0	1.3	0.0	11.7
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	21.8	35.3	0.0	120.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	3.2	9.7	0.0	38.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	9.8	0.0	38.0
11-03. Confectionery non-chocolate	0.0	4.4	0.0	24.5
11-04. Syrup	0.0	3.7	0.0	22.5
11-05. Ice cream, water ice	0.0	7.9	0.0	60.0
11-05-01. Ice cream	0.0	7.5	0.0	60.0
11-05-02. Sorbet	0.0	0.0	0.0	0.0
11-05-03. Water ice	0.0	0.4	0.0	0.0
12. Cakes	37.5	47.1	0.0	129.5
12-01. Cakes, pies, pastries, etc.	20.0	32.6	0.0	115.0
12-02. Dry cakes, biscuits	8.5	14.6	0.0	47.5
13. Non-alcoholic beverages	1662.2	1800.1	775.6	3045.7
13-00. Unclassified	0.0	0.1	0.0	0.0
13-01. Fruit and vegetable juices	0.0	86.5	0.0	370.9
13-02. Carbonated/soft/isotonic drinks, diluted syrups	83.4	216.7	0.0	930.9
13-03. Coffee, tea and herbal teas	772.4	856.9	165.0	1828.4
13-03-01. Coffee	452.5	483.2	0.0	1153.3
13-03-02. Tea	137.5	283.1	0.0	1100.0
13-03-03. Herbal tea	0.0	84.1	0.0	480.0
13-03-04. Chicory, substitutes	0.0	6.5	0.0	0.0
13-04. Waters	502.7	639.9	0.0	1858.2
14. Alcoholic beverages	0.0	105.0	0.0	448.4
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	57.4	0.0	335.4
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.2	0.0	0.8
14-03. Beer, cider	0.0	40.8	0.0	150.0
14-04. Spirits, brandy	0.0	1.7	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.6	0.0	0.0
14-07. Cocktails, punches	0.0	0.4	0.0	0.0
15. Condiments and sauces	20.3	27.2	0.0	83.4
15-01. Sauces	18.3	26.3	0.0	83.4
15-01-00. Unclassified and other sauces	5.8	13.4	0.0	50.7
15-01-01. Tomato sauces	0.0	4.5	0.0	26.0
15-01-02. Dressing sauces	0.0	3.9	0.0	20.0
15-01-03. Mayonnaises and similars	0.0	4.4	0.0	23.3
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.0	0.0	6.3
16. Soups, bouillon	0.0	56.3	0.0	261.9
16-01. Soups	0.0	51.1	0.0	259.0
16-02. Bouillon	0.0	5.2	0.0	27.1
17. Miscellaneous	0.0	15.6	0.0	74.5
17-00. Unclassified	0.0	0.3	0.0	0.0
17-01. Soya products	0.0	3.2	0.0	0.0
17-02. Dietetic products	0.0	4.1	0.0	9.0
17-02-00. Unclassified	0.0	3.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.1	0.0	7.5
17-03. Snacks	0.0	8.0	0.0	63.0

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	67.5	69.6	0.0	186.7
01-01. Potatoes	67.5	69.6	0.0	186.7
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	122.2	128.7	11.7	294.2
02-01. Leafy vegetables (except cabbages)	0.0	20.6	0.0	92.0
02-02. Fruiting vegetables	26.2	45.2	0.0	159.0
02-03. Root vegetables	0.0	13.6	0.0	89.0
02-04. Cabbages	0.0	17.6	0.0	90.0
02-05. Mushrooms	0.0	2.8	0.0	19.8
02-06. Grain and pod vegetables	0.0	2.7	0.0	18.1
02-07. Onion, garlic	3.4	10.6	0.0	38.6
02-08. Stalk vegetables, sprouts	0.0	2.5	0.0	9.3
02-09. Mixed salad, mixed vegetables	0.0	13.3	0.0	87.7
03. Legumes	0.0	2.9	0.0	0.0
03-01. Legumes	0.0	2.9	0.0	0.0
04. Fruits, nuts and olives	101.5	123.8	0.0	337.7
04-01. Fruits	86.5	115.1	0.0	337.7
04-02. Nuts and seeds (+nut spread)	0.0	6.6	0.0	40.0
04-03. Mixed fruits	0.0	1.5	0.0	0.0
04-04. Olives	0.0	0.5	0.0	2.5
05. Dairy products	296.4	338.6	30.5	716.7
05-01. Milk	85.9	148.4	0.0	491.4
05-02. Milk beverages	0.0	23.2	0.0	141.7
05-03. Yoghurt	3.0	88.1	0.0	320.4
05-04. Fromage blanc, petits suisses	0.0	9.0	0.0	70.0
05-05. Cheese (including fresh cheeses)	29.0	35.5	0.0	102.0
05-06. Cream desserts, puddings (milk based)	0.0	24.5	0.0	141.7
05-07. Dairy and non-dairy creams	0.0	2.9	0.0	16.0
05-07-01. Dairy creams	0.0	2.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	6.8	0.0	41.0
06. Cereals and cereal products	180.0	190.0	62.5	347.3
06-01. Flour, flakes, starches, semolina	0.0	0.6	0.0	1.9
06-02. Pasta, rice, other grain	0.0	41.9	0.0	167.8
06-03. Bread, crisp bread, rusks	116.0	122.6	42.5	220.0
06-03-01. Bread	110.0	117.0	35.0	217.5
06-03-02. Crispbread, rusks	0.0	5.6	0.0	24.0
06-04. Breakfast cereals	0.0	6.5	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.2	0.0	58.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.0	0.0	73.7
07. Meat and meat products	80.2	88.1	0.0	183.1
07-01. Fresh meat	18.8	32.9	0.0	114.4
07-01-00. Unclassified	0.0	6.9	0.0	52.8
07-01-01. Beef	0.0	13.3	0.0	62.5
07-01-02. Veal	0.0	0.3	0.0	0.0
07-01-03. Pork	0.0	12.0	0.0	69.4
07-01-04. Mutton/Lamb	0.0	0.3	0.0	0.0
07-01-05. Horse	0.0	0.1	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	15.8	0.0	85.8
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	15.4	0.0	85.8
07-02-02. Turkey, young turkey	0.0	0.4	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0



**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	25.0	38.9	0.0	123.9
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	15.2	0.0	98.3
08-01. Fish	0.0	11.3	0.0	78.0
08-02. Crustaceans, molluscs	0.0	1.4	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	2.5	0.0	0.0
09. Eggs and egg products	0.0	14.6	0.0	67.5
09-01. Egg	0.0	14.6	0.0	67.5
10. Fat	19.4	22.0	2.0	49.2
10-00. Unclassified	0.0	1.3	0.0	10.3
10-01. Vegetable oils	0.0	2.9	0.0	14.7
10-02. Butter	0.0	2.5	0.0	15.0
10-03. Margarines	10.9	14.2	0.0	39.4
10-04. Deep frying fats	0.0	1.0	0.0	8.8
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	27.5	41.1	0.0	130.8
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	3.8	10.4	0.0	41.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	9.6	0.0	38.0
11-03. Confectionery non-chocolate	0.0	5.9	0.0	25.0
11-04. Syrup	0.0	7.1	0.0	35.5
11-05. Ice cream, water ice	0.0	8.2	0.0	50.0
11-05-01. Ice cream	0.0	7.2	0.0	50.0
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	0.8	0.0	0.0
12. Cakes	32.5	45.4	0.0	136.5
12-01. Cakes, pies, pastries, etc.	15.0	32.0	0.0	115.0
12-02. Dry cakes, biscuits	5.0	13.4	0.0	49.5
13. Non-alcoholic beverages	1764.6	1861.2	858.4	3268.2
13-00. Unclassified	0.0	0.7	0.0	0.0
13-01. Fruit and vegetable juices	0.0	103.4	0.0	477.6
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	252.4	0.0	966.8
13-03. Coffee, tea and herbal teas	734.7	799.3	110.0	1785.4
13-03-01. Coffee	331.2	371.7	0.0	978.4
13-03-02. Tea	187.5	317.2	0.0	1125.2
13-03-03. Herbal tea	0.0	110.2	0.0	562.5
13-03-04. Chicory, substitutes	0.0	0.2	0.0	0.0
13-04. Waters	525.1	705.4	0.0	1964.3
14. Alcoholic beverages	0.0	93.0	0.0	465.5
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	55.7	0.0	352.1
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.6	0.0	0.5
14-03. Beer, cider	0.0	29.1	0.0	150.0
14-04. Spirits, brandy	0.0	3.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.9	0.0	0.0
14-07. Cocktails, punches	0.0	0.4	0.0	0.0
15. Condiments and sauces	20.3	28.6	0.0	92.0
15-01. Sauces	17.6	27.5	0.0	92.0
15-01-00. Unclassified and other sauces	1.6	13.7	0.0	62.3
15-01-01. Tomato sauces	0.0	6.4	0.0	48.0
15-01-02. Dressing sauces	0.0	3.4	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	3.9	0.0	18.7
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.1	0.0	6.1
16. Soups, bouillon	0.0	58.5	0.0	280.0
16-01. Soups	0.0	52.4	0.0	259.1
16-02. Bouillon	0.0	6.1	0.0	16.3
17. Miscellaneous	0.0	21.4	0.0	100.0
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	8.4	0.0	40.0
17-02. Dietetic products	0.0	3.9	0.0	8.5
17-02-00. Unclassified	0.0	3.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.9	0.0	6.0
17-03. Snacks	0.0	8.6	0.0	52.5

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	69.8	0.0	211.3
01-01. Potatoes	70.0	69.4	0.0	211.3
01-02. Other tubers	0.0	0.5	0.0	0.0
02. Vegetables	134.7	146.7	18.3	314.2
02-01. Leafy vegetables (except cabbages)	5.0	25.4	0.0	121.5
02-02. Fruiting vegetables	35.9	50.0	0.0	170.0
02-03. Root vegetables	0.0	13.0	0.0	72.5
02-04. Cabbages	0.0	24.6	0.0	101.7
02-05. Mushrooms	0.0	2.2	0.0	16.3
02-06. Grain and pod vegetables	0.0	3.8	0.0	30.0
02-07. Onion, garlic	0.3	9.8	0.0	44.0
02-08. Stalk vegetables, sprouts	0.0	2.7	0.0	20.7
02-09. Mixed salad, mixed vegetables	0.0	15.1	0.0	93.4
03. Legumes	0.0	4.0	0.0	39.5
03-01. Legumes	0.0	4.0	0.0	39.5
04. Fruits, nuts and olives	114.0	147.1	0.0	407.3
04-01. Fruits	112.8	137.4	0.0	399.3
04-02. Nuts and seeds (+nut spread)	0.0	7.4	0.0	35.0
04-03. Mixed fruits	0.0	1.5	0.0	0.0
04-04. Olives	0.0	0.9	0.0	8.0
05. Dairy products	292.2	339.8	27.5	823.2
05-01. Milk	36.6	134.3	0.0	515.0
05-02. Milk beverages	0.0	17.3	0.0	141.7
05-03. Yoghurt	75.6	119.5	0.0	450.9
05-04. Fromage blanc, petits suisses	0.0	5.5	0.0	46.7
05-05. Cheese (including fresh cheeses)	28.5	32.0	0.0	79.8
05-06. Cream desserts, puddings (milk based)	0.0	21.6	0.0	120.2
05-07. Dairy and non-dairy creams	0.0	4.3	0.0	16.0
05-07-01. Dairy creams	0.0	4.1	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.3	0.0	0.0
05-08. Milk for coffee and creamers	0.0	5.3	0.0	36.0
06. Cereals and cereal products	165.0	179.3	79.1	339.0
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.8
06-02. Pasta, rice, other grain	0.0	44.5	0.0	165.0
06-03. Bread, crisp bread, rusks	110.0	113.2	28.0	210.0
06-03-01. Bread	105.0	107.5	26.8	210.0
06-03-02. Crispbread, rusks	0.0	5.7	0.0	25.0
06-04. Breakfast cereals	0.0	10.0	0.0	42.5
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	7.5	0.0	37.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	3.8	0.0	19.2
07. Meat and meat products	63.8	78.9	0.0	196.0
07-01. Fresh meat	19.2	32.3	0.0	106.2
07-01-00. Unclassified	0.0	6.1	0.0	38.8
07-01-01. Beef	0.0	16.7	0.0	82.5
07-01-02. Veal	0.0	1.3	0.0	0.0
07-01-03. Pork	0.0	7.7	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.4	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.5	0.0	75.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	12.0	0.0	72.2
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	20.0	33.8	0.0	103.9
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	20.9	0.0	100.5
08-01. Fish	0.0	14.6	0.0	78.0
08-02. Crustaceans, molluscs	0.0	3.3	0.0	25.8
08-03. Fish products, fish in crumbs	0.0	3.0	0.0	0.0
09. Eggs and egg products	0.0	8.6	0.0	45.0
09-01. Egg	0.0	8.6	0.0	45.0
10. Fat	17.2	20.2	0.5	43.5
10-00. Unclassified	0.0	1.4	0.0	8.8
10-01. Vegetable oils	1.1	3.9	0.0	15.4
10-02. Butter	0.0	2.7	0.0	19.5
10-03. Margarines	8.3	11.5	0.0	36.3
10-04. Deep frying fats	0.0	0.7	0.0	3.1
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	28.9	40.2	0.0	120.1
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	0.0	8.6	0.0	49.8
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	2.5	12.4	0.0	53.8
11-03. Confectionery non-chocolate	0.0	5.2	0.0	30.0
11-04. Syrup	0.0	3.9	0.0	27.5
11-05. Ice cream, water ice	0.0	10.1	0.0	75.0
11-05-01. Ice cream	0.0	9.2	0.0	75.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.9	0.0	0.0
12. Cakes	35.5	46.9	0.0	144.5
12-01. Cakes, pies, pastries, etc.	19.0	32.2	0.0	120.0
12-02. Dry cakes, biscuits	7.5	14.8	0.0	55.0
13. Non-alcoholic beverages	1906.6	1991.8	981.3	3447.6
13-00. Unclassified	0.0	0.7	0.0	0.0
13-01. Fruit and vegetable juices	60.0	117.6	0.0	412.6
13-02. Carbonated/soft/isotonic drinks, diluted syrups	83.4	210.6	0.0	1167.4
13-03. Coffee, tea and herbal teas	919.2	971.7	180.0	2014.0
13-03-01. Coffee	319.0	364.8	0.0	960.0
13-03-02. Tea	225.0	389.3	0.0	1280.7
13-03-03. Herbal tea	0.0	216.5	0.0	962.5
13-03-04. Chicory, substitutes	0.0	1.1	0.0	0.0
13-04. Waters	550.8	691.1	0.0	2050.1
14. Alcoholic beverages	0.0	106.6	0.0	466.7
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	76.8	0.0	416.3
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.9	0.0	32.5
14-03. Beer, cider	0.0	21.7	0.0	140.0
14-04. Spirits, brandy	0.0	1.4	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.5	0.0	0.0
14-07. Cocktails, punches	0.0	1.3	0.0	0.0
15. Condiments and sauces	18.2	23.7	0.0	67.5
15-01. Sauces	15.8	22.5	0.0	67.5
15-01-00. Unclassified and other sauces	0.0	10.5	0.0	50.0
15-01-01. Tomato sauces	0.0	5.7	0.0	37.7
15-01-02. Dressing sauces	0.0	2.8	0.0	13.9
15-01-03. Mayonnaises and similars	0.0	3.2	0.0	15.0
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.2	0.0	6.5
16. Soups, bouillon	0.0	64.4	0.0	257.1
16-01. Soups	0.0	59.3	0.0	228.4
16-02. Bouillon	0.0	5.1	0.0	16.3
17. Miscellaneous	0.0	23.2	0.0	115.0
17-00. Unclassified	0.0	1.2	0.0	0.0
17-01. Soya products	0.0	11.8	0.0	50.0
17-02. Dietetic products	0.0	2.3	0.0	7.0
17-02-00. Unclassified	0.0	1.3	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.0	0.0	7.0
17-03. Snacks	0.0	8.0	0.0	60.0

**Table 3.4.a** Food consumption (food groups and subgroups) of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	71.5	86.7	0.0	235.9
01-01. Potatoes	71.5	86.6	0.0	235.9
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	69.7	77.3	0.0	187.5
02-01. Leafy vegetables (except cabbages)	0.0	11.2	0.0	64.8
02-02. Fruiting vegetables	12.2	27.8	0.0	103.8
02-03. Root vegetables	0.0	8.2	0.0	70.0
02-04. Cabbages	0.0	14.0	0.0	87.0
02-05. Mushrooms	0.0	1.3	0.0	9.2
02-06. Grain and pod vegetables	0.0	2.1	0.0	18.6
02-07. Onion, garlic	0.0	6.8	0.0	32.1
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.5	0.0	37.5
03. Legumes	0.0	2.1	0.0	0.0
03-01. Legumes	0.0	2.1	0.0	0.0
04. Fruits, nuts and olives	65.0	86.7	0.0	247.6
04-01. Fruits	61.9	78.5	0.0	235.7
04-02. Nuts and seeds (+nut spread)	0.0	6.7	0.0	35.0
04-03. Mixed fruits	0.0	1.4	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	370.6	400.2	29.6	868.9
05-01. Milk	128.8	186.8	0.0	580.3
05-02. Milk beverages	0.0	40.0	0.0	242.1
05-03. Yoghurt	38.9	106.8	0.0	428.4
05-04. Fromage blanc, petits suisses	0.0	3.8	0.0	25.0
05-05. Cheese (including fresh cheeses)	15.0	23.2	0.0	75.5
05-06. Cream desserts, puddings (milk based)	0.0	37.0	0.0	171.7
05-07. Dairy and non-dairy creams	0.0	2.0	0.0	16.0
05-07-01. Dairy creams	0.0	1.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.7	0.0	2.4
06. Cereals and cereal products	182.7	197.5	80.0	363.4
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	35.3	0.0	147.6
06-03. Bread, crisp bread, rusks	121.5	130.7	45.0	245.0
06-03-01. Bread	120.0	127.5	35.0	245.0
06-03-02. Crispbread, rusks	0.0	3.2	0.0	16.0
06-04. Breakfast cereals	0.0	6.4	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	8.0	17.0	0.0	67.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.8	0.0	66.4
07. Meat and meat products	80.9	91.3	9.6	202.3
07-01. Fresh meat	13.4	28.5	0.0	102.5
07-01-00. Unclassified	0.0	7.5	0.0	49.8
07-01-01. Beef	0.0	10.0	0.0	56.6
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	10.1	0.0	62.0
07-01-04. Mutton/Lamb	0.0	0.8	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.0	0.0	66.8
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.7	0.0	65.7
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	41.3	50.8	0.0	137.4
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.9	0.0	50.0
08-01. Fish	0.0	3.4	0.0	24.1
08-02. Crustaceans, molluscs	0.0	0.7	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.8	0.0	0.0
09. Eggs and egg products	0.0	8.0	0.0	45.0
09-01. Egg	0.0	8.0	0.0	45.0
10. Fat	19.7	22.3	2.5	51.3
10-00. Unclassified	0.0	2.1	0.0	13.3
10-01. Vegetable oils	0.0	2.0	0.0	10.5
10-02. Butter	0.0	1.7	0.0	11.3
10-03. Margarines	11.5	14.5	0.0	39.7
10-04. Deep frying fats	0.0	2.1	0.0	14.2
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	60.7	72.5	5.0	173.6
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.7	7.5	0.0	32.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	15.0	21.4	0.0	66.3
11-03. Confectionery non-chocolate	5.5	12.8	0.0	47.4
11-04. Syrup	0.0	14.9	0.0	64.6
11-05. Ice cream, water ice	0.0	16.0	0.0	75.0
11-05-01. Ice cream	0.0	12.0	0.0	65.8
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	3.8	0.0	27.5
12. Cakes	45.0	56.9	0.0	155.3
12-01. Cakes, pies, pastries, etc.	15.0	33.2	0.0	122.5
12-02. Dry cakes, biscuits	18.0	23.7	0.0	70.0
13. Non-alcoholic beverages	1038.9	1118.3	468.5	2040.8
13-00. Unclassified	0.0	0.4	0.0	0.0
13-01. Fruit and vegetable juices	76.7	127.7	0.0	483.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	375.0	453.5	0.0	1175.8
13-03. Coffee, tea and herbal teas	0.0	118.4	0.0	540.0
13-03-01. Coffee	0.0	20.9	0.0	131.7
13-03-02. Tea	0.0	79.5	0.0	385.0
13-03-03. Herbal tea	0.0	18.1	0.0	137.5
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	310.8	418.3	0.0	1233.4
14. Alcoholic beverages	0.0	37.5	0.0	150.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	1.6	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.1	0.0	0.0
14-03. Beer, cider	0.0	33.8	0.0	0.0
14-04. Spirits, brandy	0.0	0.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.7	0.0	0.0
14-07. Cocktails, punches	0.0	1.1	0.0	0.0
15. Condiments and sauces	21.0	28.7	0.0	84.1
15-01. Sauces	20.4	27.9	0.0	84.0
15-01-00. Unclassified and other sauces	0.0	10.9	0.0	47.0
15-01-01. Tomato sauces	0.0	7.6	0.0	37.6
15-01-02. Dressing sauces	0.0	3.6	0.0	19.4

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-03. Mayonnaises and similars	0.0	5.6	0.0	25.9
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.7	0.0	4.8
16. Soups, bouillon	0.0	32.6	0.0	175.0
16-01. Soups	0.0	31.1	0.0	175.0
16-02. Bouillon	0.0	1.5	0.0	0.0
17. Miscellaneous	0.0	17.4	0.0	75.0
17-00. Unclassified	0.0	0.3	0.0	0.0
17-01. Soya products	0.0	3.9	0.0	0.0
17-02. Dietetic products	0.0	0.5	0.0	0.0
17-02-00. Unclassified	0.0	0.4	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	12.7	0.0	70.0



**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	89.2	0.0	226.0
01-01. Potatoes	70.0	89.1	0.0	226.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	77.0	85.5	0.0	216.2
02-01. Leafy vegetables (except cabbages)	0.0	12.9	0.0	87.0
02-02. Fruiting vegetables	13.3	31.6	0.0	117.5
02-03. Root vegetables	0.0	10.0	0.0	81.3
02-04. Cabbages	0.0	15.2	0.0	90.0
02-05. Mushrooms	0.0	1.3	0.0	9.8
02-06. Grain and pod vegetables	0.0	2.0	0.0	13.2
02-07. Onion, garlic	0.0	7.1	0.0	34.8
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	5.2	0.0	30.0
03. Legumes	0.0	2.5	0.0	9.2
03-01. Legumes	0.0	2.5	0.0	9.2
04. Fruits, nuts and olives	70.0	92.8	0.0	283.7
04-01. Fruits	65.0	85.6	0.0	256.7
04-02. Nuts and seeds (+nut spread)	0.0	5.5	0.0	32.5
04-03. Mixed fruits	0.0	1.7	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	331.5	373.7	10.0	870.4
05-01. Milk	85.9	156.1	0.0	533.0
05-02. Milk beverages	0.0	40.6	0.0	215.0
05-03. Yoghurt	37.8	113.0	0.0	432.0
05-04. Fromage blanc, petits suisses	0.0	2.4	0.0	0.0
05-05. Cheese (including fresh cheeses)	22.0	26.3	0.0	74.1
05-06. Cream desserts, puddings (milk based)	0.0	33.7	0.0	168.3
05-07. Dairy and non-dairy creams	0.0	1.1	0.0	6.7
05-07-01. Dairy creams	0.0	1.1	0.0	6.7
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.6	0.0	5.0
06. Cereals and cereal products	180.0	196.9	72.3	381.5
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.8
06-02. Pasta, rice, other grain	0.0	32.7	0.0	171.0
06-03. Bread, crisp bread, rusks	125.0	135.1	50.0	261.3
06-03-01. Bread	122.5	130.8	42.5	260.0
06-03-02. Crispbread, rusks	0.0	4.3	0.0	21.0
06-04. Breakfast cereals	0.0	4.9	0.0	30.1
06-05. Salty biscuits, aperitif biscuits, crackers	4.0	13.4	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	10.5	0.0	76.9
07. Meat and meat products	89.0	98.4	25.6	216.2
07-01. Fresh meat	16.5	32.0	0.0	108.4
07-01-00. Unclassified	0.0	7.7	0.0	52.7
07-01-01. Beef	0.0	10.5	0.0	62.5
07-01-02. Veal	0.0	0.6	0.0	0.0
07-01-03. Pork	0.0	12.8	0.0	70.0
07-01-04. Mutton/Lamb	0.0	0.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	10.8	0.0	65.7
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	10.7	0.0	65.7
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	43.6	55.4	0.0	150.0
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	6.9	0.0	39.2
08-01. Fish	0.0	3.8	0.0	21.4
08-02. Crustaceans, molluscs	0.0	1.1	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.0	0.0	0.0
09. Eggs and egg products	0.0	7.7	0.0	45.0
09-01. Egg	0.0	7.7	0.0	45.0
10. Fat	18.3	21.1	1.0	55.2
10-00. Unclassified	0.0	1.5	0.0	10.0
10-01. Vegetable oils	0.0	2.3	0.0	10.9
10-02. Butter	0.0	0.9	0.0	6.0
10-03. Margarines	11.8	14.4	0.0	40.2
10-04. Deep frying fats	0.0	2.0	0.0	16.2
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	53.2	66.7	3.8	178.3
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.2	6.3	0.0	34.3
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	10.0	16.5	0.0	50.0
11-03. Confectionery non-chocolate	5.0	10.8	0.0	41.6
11-04. Syrup	3.2	18.0	0.0	90.6
11-05. Ice cream, water ice	0.0	15.0	0.0	75.0
11-05-01. Ice cream	0.0	11.2	0.0	62.5
11-05-02. Sorbet	0.0	0.3	0.0	0.0
11-05-03. Water ice	0.0	3.5	0.0	27.5
12. Cakes	40.5	50.4	0.0	140.0
12-01. Cakes, pies, pastries, etc.	15.0	27.8	0.0	110.0
12-02. Dry cakes, biscuits	16.5	22.6	0.0	73.5
13. Non-alcoholic beverages	1078.1	1178.8	533.4	2309.5
13-00. Unclassified	0.0	1.8	0.0	0.0
13-01. Fruit and vegetable juices	83.4	129.3	0.0	450.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	362.6	454.3	0.0	1306.6
13-03. Coffee, tea and herbal teas	0.0	112.7	0.0	510.0
13-03-01. Coffee	0.0	21.2	0.0	165.0
13-03-02. Tea	0.0	64.7	0.0	375.0
13-03-03. Herbal tea	0.0	26.8	0.0	225.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	383.3	480.7	0.0	1408.6
14. Alcoholic beverages	0.0	39.5	0.0	100.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	4.6	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.7	0.0	0.0
14-03. Beer, cider	0.0	32.3	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.4	0.0	0.0
14-07. Cocktails, punches	0.0	0.5	0.0	0.0
15. Condiments and sauces	21.2	28.0	0.0	77.0
15-01. Sauces	20.4	27.1	0.0	77.0
15-01-00. Unclassified and other sauces	4.2	12.7	0.0	54.8
15-01-01. Tomato sauces	0.0	6.5	0.0	36.4
15-01-02. Dressing sauces	0.0	3.0	0.0	17.5
15-01-03. Mayonnaises and similars	0.0	4.8	0.0	24.2
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.9	0.0	6.0
16. Soups, bouillon	0.0	43.6	0.0	236.3
16-01. Soups	0.0	41.4	0.0	236.3
16-02. Bouillon	0.0	2.1	0.0	0.0
17. Miscellaneous	0.0	17.1	0.0	80.0
17-00. Unclassified	0.0	0.6	0.0	0.0
17-01. Soya products	0.0	3.0	0.0	0.0
17-02. Dietetic products	0.0	2.7	0.0	2.4
17-02-00. Unclassified	0.0	2.4	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.2	0.0	2.0
17-03. Snacks	0.0	10.9	0.0	70.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	76.5	96.0	0.0	267.0
01-01. Potatoes	76.5	95.9	0.0	267.0
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	123.4	133.7	13.9	295.7
02-01. Leafy vegetables (except cabbages)	0.0	22.9	0.0	98.0
02-02. Fruiting vegetables	27.8	43.1	0.0	142.3
02-03. Root vegetables	0.0	12.9	0.0	89.0
02-04. Cabbages	0.0	22.1	0.0	120.0
02-05. Mushrooms	0.0	2.6	0.0	19.8
02-06. Grain and pod vegetables	0.0	2.8	0.0	16.3
02-07. Onion, garlic	2.1	11.4	0.0	45.6
02-08. Stalk vegetables, sprouts	0.0	2.4	0.0	8.4
02-09. Mixed salad, mixed vegetables	0.0	13.5	0.0	90.0
03. Legumes	0.0	3.6	0.0	4.8
03-01. Legumes	0.0	3.6	0.0	4.8
04. Fruits, nuts and olives	91.2	122.1	0.0	352.0
04-01. Fruits	76.5	111.7	0.0	331.9
04-02. Nuts and seeds (+nut spread)	0.0	8.6	0.0	40.0
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.6	0.0	1.9
05. Dairy products	307.5	369.7	23.3	930.4
05-01. Milk	87.5	168.6	0.0	643.8
05-02. Milk beverages	0.0	23.8	0.0	141.7
05-03. Yoghurt	16.9	91.9	0.0	337.5
05-04. Fromage blanc, petits suisses	0.0	5.2	0.0	36.0
05-05. Cheese (including fresh cheeses)	28.0	35.8	0.0	102.6
05-06. Cream desserts, puddings (milk based)	0.0	34.3	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	2.8	0.0	16.0
05-07-01. Dairy creams	0.0	2.7	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	7.2	0.0	36.0
06. Cereals and cereal products	198.5	214.4	79.1	400.6
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.8
06-02. Pasta, rice, other grain	0.0	45.8	0.0	182.5
06-03. Bread, crisp bread, rusks	135.0	143.1	42.5	267.5
06-03-01. Bread	130.0	139.0	35.0	267.5
06-03-02. Crispbread, rusks	0.0	4.1	0.0	20.0
06-04. Breakfast cereals	0.0	7.4	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.6	0.0	53.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.1	0.0	57.3
07. Meat and meat products	93.4	105.8	7.0	238.1
07-01. Fresh meat	27.5	40.7	0.0	132.0
07-01-00. Unclassified	0.0	8.7	0.0	60.0
07-01-01. Beef	0.0	18.0	0.0	89.0
07-01-02. Veal	0.0	0.7	0.0	0.0
07-01-03. Pork	0.0	12.0	0.0	78.8
07-01-04. Mutton/Lamb	0.0	1.1	0.0	0.0
07-01-05. Horse	0.0	0.3	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	16.9	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	16.0	0.0	88.9
07-02-02. Turkey, young turkey	0.0	0.4	0.0	0.0
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.1	0.0	0.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	35.0	47.6	0.0	134.0
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	16.7	0.0	100.0
08-01. Fish	0.0	11.2	0.0	78.0
08-02. Crustaceans, molluscs	0.0	1.8	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	3.8	0.0	5.9
09. Eggs and egg products	0.0	11.7	0.0	50.0
09-01. Egg	0.0	11.7	0.0	50.0
10. Fat	23.9	27.5	3.0	64.2
10-00. Unclassified	0.0	1.7	0.0	11.8
10-01. Vegetable oils	0.4	3.9	0.0	17.4
10-02. Butter	0.0	2.5	0.0	16.0
10-03. Margarines	14.5	18.0	0.0	49.7
10-04. Deep frying fats	0.0	1.4	0.0	11.8
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	36.6	48.7	0.0	133.9
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	7.4	15.5	0.0	57.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	5.0	12.4	0.0	52.4
11-03. Confectionery non-chocolate	0.0	6.3	0.0	31.3
11-04. Syrup	0.0	6.0	0.0	34.5
11-05. Ice cream, water ice	0.0	8.4	0.0	62.5
11-05-01. Ice cream	0.0	7.6	0.0	62.0
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	0.6	0.0	0.0
12. Cakes	35.0	47.4	0.0	136.0
12-01. Cakes, pies, pastries, etc.	18.5	32.5	0.0	120.0
12-02. Dry cakes, biscuits	7.0	14.9	0.0	55.0
13. Non-alcoholic beverages	1636.7	1751.8	822.6	3086.7
13-00. Unclassified	0.0	1.8	0.0	0.0
13-01. Fruit and vegetable juices	0.0	105.2	0.0	440.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	270.4	0.0	1087.5
13-03. Coffee, tea and herbal teas	760.3	812.7	75.0	1743.5
13-03-01. Coffee	396.6	437.3	0.0	1133.4
13-03-02. Tea	137.5	275.0	0.0	1051.3
13-03-03. Herbal tea	0.0	99.6	0.0	562.5
13-03-04. Chicory, substitutes	0.0	0.8	0.0	0.0
13-04. Waters	410.8	561.8	0.0	1750.9
14. Alcoholic beverages	1.3	210.6	0.0	1000.0
14-00. Unclassified	0.0	0.1	0.0	0.0
14-01. Wine	0.0	54.7	0.0	311.7
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.3	0.0	0.5
14-03. Beer, cider	0.0	148.1	0.0	990.0
14-04. Spirits, brandy	0.0	3.0	0.0	19.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.8	0.0	0.0
14-07. Cocktails, punches	0.0	0.5	0.0	0.0
15. Condiments and sauces	23.4	33.4	0.0	102.9
15-01. Sauces	22.8	32.0	0.0	97.0
15-01-00. Unclassified and other sauces	2.8	14.5	0.0	57.6
15-01-01. Tomato sauces	0.0	7.8	0.0	49.1
15-01-02. Dressing sauces	0.0	3.7	0.0	20.0
15-01-03. Mayonnaises and similars	0.0	5.8	0.0	29.1
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.4	0.0	7.5
16. Soups, bouillon	0.0	63.0	0.0	262.5
16-01. Soups	0.0	58.1	0.0	259.1
16-02. Bouillon	0.0	4.9	0.0	14.0
17. Miscellaneous	0.0	20.8	0.0	92.0
17-00. Unclassified	0.0	1.0	0.0	0.0
17-01. Soya products	0.0	6.1	0.0	14.0
17-02. Dietetic products	0.0	3.3	0.0	5.5
17-02-00. Unclassified	0.0	2.7	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	0.0	5.0
17-03. Snacks	0.0	10.5	0.0	63.8

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	75.0	91.1	0.0	234.3
01-01. Potatoes	75.0	91.0	0.0	234.3
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	118.3	127.1	7.7	282.5
02-01. Leafy vegetables (except cabbages)	0.0	24.1	0.0	120.0
02-02. Fruiting vegetables	18.7	40.3	0.0	139.8
02-03. Root vegetables	0.0	9.4	0.0	72.5
02-04. Cabbages	0.0	22.1	0.0	120.0
02-05. Mushrooms	0.0	2.3	0.0	16.6
02-06. Grain and pod vegetables	0.0	2.8	0.0	22.5
02-07. Onion, garlic	1.6	11.9	0.0	52.0
02-08. Stalk vegetables, sprouts	0.0	1.4	0.0	6.0
02-09. Mixed salad, mixed vegetables	0.0	12.8	0.0	81.0
03. Legumes	0.0	2.5	0.0	0.0
03-01. Legumes	0.0	2.5	0.0	0.0
04. Fruits, nuts and olives	82.5	113.2	0.0	340.0
04-01. Fruits	72.3	103.7	0.0	337.7
04-02. Nuts and seeds (+nut spread)	0.0	7.9	0.0	42.5
04-03. Mixed fruits	0.0	1.2	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	327.6	377.1	31.1	894.9
05-01. Milk	85.9	171.2	0.0	584.2
05-02. Milk beverages	0.0	22.9	0.0	153.9
05-03. Yoghurt	50.0	98.7	0.0	366.4
05-04. Fromage blanc, petits suisses	0.0	5.9	0.0	36.0
05-05. Cheese (including fresh cheeses)	29.6	36.9	0.0	95.0
05-06. Cream desserts, puddings (milk based)	0.0	30.3	0.0	144.2
05-07. Dairy and non-dairy creams	0.0	2.4	0.0	16.0
05-07-01. Dairy creams	0.0	2.3	0.0	15.0
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	8.8	0.0	47.3
06. Cereals and cereal products	189.3	201.8	70.5	389.2
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.8
06-02. Pasta, rice, other grain	0.0	44.1	0.0	175.1
06-03. Bread, crisp bread, rusks	129.2	135.4	45.0	251.5
06-03-01. Bread	123.2	130.9	35.0	250.0
06-03-02. Crispbread, rusks	0.0	4.5	0.0	22.5
06-04. Breakfast cereals	0.0	5.6	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	9.4	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.9	0.0	69.3
07. Meat and meat products	100.5	114.1	13.8	248.8
07-01. Fresh meat	35.2	45.5	0.0	157.1
07-01-00. Unclassified	0.0	9.2	0.0	57.7
07-01-01. Beef	0.0	16.5	0.0	88.3
07-01-02. Veal	0.0	0.3	0.0	0.0
07-01-03. Pork	0.0	18.2	0.0	98.8
07-01-04. Mutton/Lamb	0.0	1.3	0.0	0.0
07-01-05. Horse	0.0	0.1	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	16.9	0.0	89.0
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	16.2	0.0	89.0
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	37.5	51.4	0.0	152.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	17.2	0.0	100.5
08-01. Fish	0.0	12.6	0.0	83.6
08-02. Crustaceans, molluscs	0.0	1.6	0.0	8.0
08-03. Fish products, fish in crumbs	0.0	3.0	0.0	0.0
09. Eggs and egg products	0.0	13.1	0.0	56.0
09-01. Egg	0.0	13.1	0.0	56.0
10. Fat	24.3	26.7	3.6	58.3
10-00. Unclassified	0.0	1.6	0.0	12.2
10-01. Vegetable oils	0.0	2.9	0.0	12.5
10-02. Butter	0.0	2.4	0.0	16.0
10-03. Margarines	15.0	18.1	0.0	49.1
10-04. Deep frying fats	0.0	1.6	0.0	14.6
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	25.0	39.8	0.0	130.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	3.0	11.4	0.0	47.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	10.7	0.0	50.0
11-03. Confectionery non-chocolate	0.0	4.5	0.0	22.0
11-04. Syrup	0.0	4.2	0.0	25.0
11-05. Ice cream, water ice	0.0	9.0	0.0	56.4
11-05-01. Ice cream	0.0	8.5	0.0	56.4
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.4	0.0	0.0
12. Cakes	32.5	45.8	0.0	142.0
12-01. Cakes, pies, pastries, etc.	15.0	33.0	0.0	123.0
12-02. Dry cakes, biscuits	5.0	12.8	0.0	47.5
13. Non-alcoholic beverages	1677.9	1800.3	744.6	3270.1
13-00. Unclassified	0.0	2.6	0.0	0.0
13-01. Fruit and vegetable juices	0.0	94.8	0.0	383.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	120.9	264.5	0.0	1040.0
13-03. Coffee, tea and herbal teas	762.9	832.4	125.0	1779.5
13-03-01. Coffee	502.2	528.5	0.0	1251.3
13-03-02. Tea	93.8	233.7	0.0	947.5
13-03-03. Herbal tea	0.0	67.8	0.0	412.5
13-03-04. Chicory, substitutes	0.0	2.5	0.0	0.0
13-04. Waters	411.7	605.9	0.0	1937.8
14. Alcoholic beverages	23.0	219.2	0.0	960.0
14-00. Unclassified	0.0	0.1	0.0	0.0
14-01. Wine	0.0	52.8	0.0	339.2
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.3	0.0	1.0
14-03. Beer, cider	0.0	155.5	0.0	900.0
14-04. Spirits, brandy	0.0	5.8	0.0	38.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.3	0.0	0.0
14-07. Cocktails, punches	0.0	0.4	0.0	0.0
15. Condiments and sauces	23.3	31.7	0.0	97.2
15-01. Sauces	22.2	30.4	0.0	94.4
15-01-00. Unclassified and other sauces	5.6	15.1	0.0	59.9
15-01-01. Tomato sauces	0.0	5.7	0.0	36.0
15-01-02. Dressing sauces	0.0	3.9	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	5.5	0.0	27.2
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0



**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.3	0.0	7.5
16. Soups, bouillon	0.0	64.8	0.0	305.3
16-01. Soups	0.0	59.2	0.0	296.7
16-02. Bouillon	0.0	5.6	0.0	22.8
17. Miscellaneous	0.0	16.1	0.0	72.0
17-00. Unclassified	0.0	0.3	0.0	0.0
17-01. Soya products	0.0	3.5	0.0	0.0
17-02. Dietetic products	0.0	2.4	0.0	10.0
17-02-00. Unclassified	0.0	1.2	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.2	0.0	8.0
17-03. Snacks	0.0	10.0	0.0	63.0

**Table 3.4.b** Food consumption (food groups and subgroups) of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	77.6	96.4	0.0	260.5
01-01. Potatoes	77.6	96.4	0.0	260.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	71.6	80.3	0.0	199.0
02-01. Leafy vegetables (except cabbages)	0.0	10.9	0.0	62.5
02-02. Fruiting vegetables	11.0	27.3	0.0	106.8
02-03. Root vegetables	0.0	9.0	0.0	72.5
02-04. Cabbages	0.0	15.3	0.0	90.0
02-05. Mushrooms	0.0	1.3	0.0	8.5
02-06. Grain and pod vegetables	0.0	2.1	0.0	20.0
02-07. Onion, garlic	0.0	7.5	0.0	35.9
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	1.2
02-09. Mixed salad, mixed vegetables	0.0	6.4	0.0	41.6
03. Legumes	0.0	1.9	0.0	0.0
03-01. Legumes	0.0	1.9	0.0	0.0
04. Fruits, nuts and olives	64.2	81.4	0.0	244.8
04-01. Fruits	52.5	71.8	0.0	230.7
04-02. Nuts and seeds (+nut spread)	0.0	8.3	0.0	45.0
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	381.1	428.4	41.0	902.4
05-01. Milk	151.7	204.0	0.0	623.2
05-02. Milk beverages	0.0	34.9	0.0	206.0
05-03. Yoghurt	32.5	113.2	0.0	466.9
05-04. Fromage blanc, petits suisses	0.0	4.5	0.0	25.0
05-05. Cheese (including fresh cheeses)	16.0	24.3	0.0	78.0
05-06. Cream desserts, puddings (milk based)	0.0	44.7	0.0	197.4
05-07. Dairy and non-dairy creams	0.0	1.9	0.0	16.0
05-07-01. Dairy creams	0.0	1.9	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	1.0	0.0	4.0
06. Cereals and cereal products	202.0	217.4	87.5	408.0
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.6
06-02. Pasta, rice, other grain	0.0	40.0	0.0	160.0
06-03. Bread, crisp bread, rusks	137.5	143.8	45.0	267.8
06-03-01. Bread	133.0	141.4	41.9	267.8
06-03-02. Crispbread, rusks	0.0	2.4	0.0	13.9
06-04. Breakfast cereals	0.0	6.3	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	9.5	19.1	0.0	75.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	8.1	0.0	69.4
07. Meat and meat products	91.5	99.7	10.0	222.0
07-01. Fresh meat	16.5	31.4	0.0	121.5
07-01-00. Unclassified	0.0	8.1	0.0	57.7
07-01-01. Beef	0.0	9.9	0.0	58.6
07-01-02. Veal	0.0	0.2	0.0	0.0
07-01-03. Pork	0.0	12.2	0.0	77.4
07-01-04. Mutton/Lamb	0.0	1.1	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	11.9	0.0	73.5
07-02-00. Unclassified and other poultry	0.0	0.1	0.0	0.0
07-02-01. Chicken, hen	0.0	11.7	0.0	73.5
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	46.3	56.3	0.0	156.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	7.8	0.0	62.5
08-01. Fish	0.0	3.7	0.0	21.5
08-02. Crustaceans, molluscs	0.0	0.9	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	3.1	0.0	0.0
09. Eggs and egg products	0.0	8.6	0.0	45.0
09-01. Egg	0.0	8.6	0.0	45.0
10. Fat	22.5	25.1	2.9	57.7
10-00. Unclassified	0.0	2.3	0.0	14.9
10-01. Vegetable oils	0.0	2.2	0.0	11.2
10-02. Butter	0.0	1.7	0.0	12.0
10-03. Margarines	13.7	16.5	0.0	48.0
10-04. Deep frying fats	0.0	2.3	0.0	15.9
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	66.0	78.5	4.5	186.3
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.7	8.1	0.0	35.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	15.0	22.5	0.0	72.8
11-03. Confectionery non-chocolate	5.0	13.4	0.0	53.0
11-04. Syrup	4.5	17.7	0.0	68.8
11-05. Ice cream, water ice	0.0	16.8	0.0	75.0
11-05-01. Ice cream	0.0	13.0	0.0	75.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	3.7	0.0	27.5
12. Cakes	44.0	57.6	0.0	166.0
12-01. Cakes, pies, pastries, etc.	15.0	33.6	0.0	130.0
12-02. Dry cakes, biscuits	17.5	24.0	0.0	75.0
13. Non-alcoholic beverages	1050.0	1136.5	448.9	2065.2
13-00. Unclassified	0.0	0.3	0.0	0.0
13-01. Fruit and vegetable juices	60.0	127.7	0.0	486.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	438.4	504.5	0.0	1308.4
13-03. Coffee, tea and herbal teas	0.0	98.1	0.0	441.7
13-03-01. Coffee	0.0	28.2	0.0	220.0
13-03-02. Tea	0.0	59.1	0.0	318.8
13-03-03. Herbal tea	0.0	10.8	0.0	93.8
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	300.0	405.9	0.0	1205.9
14. Alcoholic beverages	0.0	59.6	0.0	200.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	1.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	57.5	0.0	165.0
14-04. Spirits, brandy	0.0	0.1	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.2	0.0	0.0
14-07. Cocktails, punches	0.0	0.7	0.0	0.0
15. Condiments and sauces	23.3	31.7	0.0	90.3
15-01. Sauces	23.0	31.0	0.0	90.2
15-01-00. Unclassified and other sauces	0.4	12.3	0.0	52.3
15-01-01. Tomato sauces	0.0	8.6	0.0	41.6
15-01-02. Dressing sauces	0.0	3.9	0.0	20.4

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-03. Mayonnaises and similars	0.0	6.0	0.0	26.2
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.8	0.0	5.0
16. Soups, bouillon	0.0	32.7	0.0	175.0
16-01. Soups	0.0	31.5	0.0	175.0
16-02. Bouillon	0.0	1.2	0.0	0.0
17. Miscellaneous	0.0	20.3	0.0	99.5
17-00. Unclassified	0.0	0.2	0.0	0.0
17-01. Soya products	0.0	5.5	0.0	0.0
17-02. Dietetic products	0.0	0.4	0.0	0.0
17-02-00. Unclassified	0.0	0.3	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	14.3	0.0	74.8

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	78.0	93.4	0.0	256.0
01-01. Potatoes	78.0	93.3	0.0	256.0
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	77.3	87.3	0.0	225.3
02-01. Leafy vegetables (except cabbages)	0.0	15.4	0.0	87.0
02-02. Fruiting vegetables	10.0	32.0	0.0	149.0
02-03. Root vegetables	0.0	8.1	0.0	88.2
02-04. Cabbages	0.0	14.9	0.0	90.0
02-05. Mushrooms	0.0	1.1	0.0	12.1
02-06. Grain and pod vegetables	0.0	2.0	0.0	10.0
02-07. Onion, garlic	0.0	7.0	0.0	37.8
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	6.4	0.0	59.9
03. Legumes	0.0	3.0	0.0	0.0
03-01. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	64.2	94.3	0.0	284.1
04-01. Fruits	61.0	85.0	0.0	256.7
04-02. Nuts and seeds (+nut spread)	0.0	8.6	0.0	40.0
04-03. Mixed fruits	0.0	0.6	0.0	0.0
04-04. Olives	0.0	0.0	0.0	0.0
05. Dairy products	338.6	394.0	40.0	1075.5
05-01. Milk	107.3	162.8	0.0	483.3
05-02. Milk beverages	0.0	42.0	0.0	215.0
05-03. Yoghurt	37.8	115.7	0.0	562.5
05-04. Fromage blanc, petits suisses	0.0	1.4	0.0	0.0
05-05. Cheese (including fresh cheeses)	22.0	26.2	0.0	79.0
05-06. Cream desserts, puddings (milk based)	0.0	43.6	0.0	192.3
05-07. Dairy and non-dairy creams	0.0	1.4	0.0	10.0
05-07-01. Dairy creams	0.0	1.4	0.0	10.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.8	0.0	8.0
06. Cereals and cereal products	202.5	219.0	70.0	439.5
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	0.8
06-02. Pasta, rice, other grain	0.0	40.4	0.0	199.7
06-03. Bread, crisp bread, rusks	131.5	148.4	52.5	287.3
06-03-01. Bread	127.5	145.6	45.0	280.0
06-03-02. Crispbread, rusks	0.0	2.8	0.0	18.0
06-04. Breakfast cereals	0.0	5.3	0.0	50.0
06-05. Salty biscuits, aperitif biscuits, crackers	1.0	13.2	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	11.2	0.0	75.1
07. Meat and meat products	93.6	108.6	28.0	227.8
07-01. Fresh meat	26.1	35.9	0.0	119.9
07-01-00. Unclassified	0.0	9.9	0.0	58.8
07-01-01. Beef	0.0	9.2	0.0	62.1
07-01-02. Veal	0.0	1.0	0.0	0.0
07-01-03. Pork	0.0	15.1	0.0	81.4
07-01-04. Mutton/Lamb	0.0	0.8	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.9	0.0	68.3
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	12.9	0.0	68.3
07-02-02. Turkey, young turkey	0.0	0.0	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	44.0	59.4	0.0	154.0
07-05. Offals	0.0	0.3	0.0	0.0
08. Fish and shellfish	0.0	7.5	0.0	45.0
08-01. Fish	0.0	3.7	0.0	18.3
08-02. Crustaceans, molluscs	0.0	1.3	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.5	0.0	0.0
09. Eggs and egg products	0.0	8.0	0.0	47.5
09-01. Egg	0.0	8.0	0.0	47.5
10. Fat	20.3	23.7	1.4	58.7
10-00. Unclassified	0.0	1.7	0.0	11.7
10-01. Vegetable oils	0.0	2.8	0.0	12.2
10-02. Butter	0.0	1.0	0.0	6.0
10-03. Margarines	10.8	15.8	0.0	48.5
10-04. Deep frying fats	0.0	2.4	0.0	17.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	54.1	70.2	5.0	189.8
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	0.0	6.6	0.0	35.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	10.0	16.7	0.0	51.3
11-03. Confectionery non-chocolate	5.0	13.1	0.0	55.0
11-04. Syrup	0.0	17.9	0.0	90.6
11-05. Ice cream, water ice	0.0	16.0	0.0	82.5
11-05-01. Ice cream	0.0	11.6	0.0	70.0
11-05-02. Sorbet	0.0	0.4	0.0	0.0
11-05-03. Water ice	0.0	4.0	0.0	27.5
12. Cakes	41.0	54.1	0.0	150.5
12-01. Cakes, pies, pastries, etc.	20.0	30.0	0.0	111.5
12-02. Dry cakes, biscuits	19.5	24.1	0.0	70.5
13. Non-alcoholic beverages	1140.0	1225.5	567.6	2330.0
13-00. Unclassified	0.0	2.9	0.0	0.0
13-01. Fruit and vegetable juices	83.4	121.3	0.0	400.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	450.0	557.6	0.0	1483.1
13-03. Coffee, tea and herbal teas	0.0	95.0	0.0	412.5
13-03-01. Coffee	0.0	27.9	0.0	200.0
13-03-02. Tea	0.0	57.8	0.0	341.7
13-03-03. Herbal tea	0.0	9.2	0.0	75.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	350.9	448.7	0.0	1403.3
14. Alcoholic beverages	0.0	23.4	0.0	100.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	1.0	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0
14-03. Beer, cider	0.0	22.2	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	0.2	0.0	0.0
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	27.5	32.9	0.0	84.5
15-01. Sauces	25.0	31.6	0.0	84.5
15-01-00. Unclassified and other sauces	5.8	14.6	0.0	55.2
15-01-01. Tomato sauces	0.0	9.4	0.0	49.9
15-01-02. Dressing sauces	0.0	2.4	0.0	16.0
15-01-03. Mayonnaises and similars	0.0	5.0	0.0	25.0
15-01-04. Dessert sauces	0.0	0.1	0.0	0.0

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.4	0.0	12.4
16. Soups, bouillon	0.0	45.3	0.0	259.0
16-01. Soups	0.0	42.3	0.0	259.0
16-02. Bouillon	0.0	3.0	0.0	0.0
17. Miscellaneous	0.0	16.0	0.0	110.0
17-00. Unclassified	0.0	1.3	0.0	0.0
17-01. Soya products	0.0	1.4	0.0	0.0
17-02. Dietetic products	0.0	0.3	0.0	2.0
17-02-00. Unclassified	0.0	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.3	0.0	2.0
17-03. Snacks	0.0	13.1	0.0	105.0

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	76.0	0.0	200.0
01-01. Potatoes	70.0	75.8	0.0	200.0
01-02. Other tubers	0.0	0.1	0.0	0.0
02. Vegetables	67.4	74.0	0.0	178.3
02-01. Leafy vegetables (except cabbages)	0.0	11.6	0.0	69.0
02-02. Fruiting vegetables	14.7	28.3	0.0	102.5
02-03. Root vegetables	0.0	7.4	0.0	57.5
02-04. Cabbages	0.0	12.6	0.0	72.0
02-05. Mushrooms	0.0	1.3	0.0	9.7
02-06. Grain and pod vegetables	0.0	2.1	0.0	18.6
02-07. Onion, garlic	0.0	5.9	0.0	29.3
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.0
02-09. Mixed salad, mixed vegetables	0.0	4.4	0.0	29.7
03. Legumes	0.0	2.2	0.0	0.0
03-01. Legumes	0.0	2.2	0.0	0.0
04. Fruits, nuts and olives	71.7	92.4	0.0	249.1
04-01. Fruits	65.0	85.7	0.0	241.1
04-02. Nuts and seeds (+nut spread)	0.0	5.0	0.0	27.5
04-03. Mixed fruits	0.0	1.6	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	360.1	369.3	25.0	768.2
05-01. Milk	107.3	167.9	0.0	535.7
05-02. Milk beverages	0.0	45.6	0.0	262.5
05-03. Yoghurt	50.0	99.8	0.0	381.0
05-04. Fromage blanc, petits suisses	0.0	3.0	0.0	0.0
05-05. Cheese (including fresh cheeses)	14.5	22.0	0.0	70.0
05-06. Cream desserts, puddings (milk based)	0.0	28.5	0.0	141.7
05-07. Dairy and non-dairy creams	0.0	2.0	0.0	16.0
05-07-01. Dairy creams	0.0	2.0	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.4	0.0	0.0
06. Cereals and cereal products	166.5	175.7	73.4	310.0
06-01. Flour, flakes, starches, semolina	0.0	0.2	0.0	0.7
06-02. Pasta, rice, other grain	0.0	30.2	0.0	120.3
06-03. Bread, crisp bread, rusks	110.0	116.3	42.0	221.3
06-03-01. Bread	105.0	112.4	35.0	210.0
06-03-02. Crispbread, rusks	0.0	4.0	0.0	20.0
06-04. Breakfast cereals	0.0	6.6	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	7.5	14.8	0.0	54.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.5	0.0	61.0
07. Meat and meat products	75.7	82.2	7.5	177.5
07-01. Fresh meat	11.0	25.2	0.0	89.0
07-01-00. Unclassified	0.0	6.7	0.0	44.8
07-01-01. Beef	0.0	10.2	0.0	56.0
07-01-02. Veal	0.0	0.0	0.0	0.0
07-01-03. Pork	0.0	7.8	0.0	56.0
07-01-04. Mutton/Lamb	0.0	0.5	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	12.1	0.0	64.3
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	11.8	0.0	63.3
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0



**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	38.7	44.8	0.0	122.0
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.0	0.0	45.0
08-01. Fish	0.0	3.1	0.0	25.7
08-02. Crustaceans, molluscs	0.0	0.4	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	2.5	0.0	0.0
09. Eggs and egg products	0.0	7.3	0.0	45.0
09-01. Egg	0.0	7.3	0.0	45.0
10. Fat	17.6	19.4	2.3	41.9
10-00. Unclassified	0.0	1.8	0.0	11.4
10-01. Vegetable oils	0.0	1.8	0.0	9.9
10-02. Butter	0.0	1.6	0.0	10.0
10-03. Margarines	9.7	12.3	0.0	30.9
10-04. Deep frying fats	0.0	1.8	0.0	12.5
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	57.1	66.0	5.1	162.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.5	6.8	0.0	27.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	14.0	20.1	0.0	63.5
11-03. Confectionery non-chocolate	5.5	12.1	0.0	44.7
11-04. Syrup	0.0	11.9	0.0	60.4
11-05. Ice cream, water ice	0.0	15.1	0.0	75.0
11-05-01. Ice cream	0.0	10.8	0.0	59.5
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	4.0	0.0	27.5
12. Cakes	45.0	56.1	0.0	150.5
12-01. Cakes, pies, pastries, etc.	15.0	32.8	0.0	120.0
12-02. Dry cakes, biscuits	19.0	23.3	0.0	67.5
13. Non-alcoholic beverages	1024.9	1098.3	500.1	1967.9
13-00. Unclassified	0.0	0.6	0.0	0.0
13-01. Fruit and vegetable juices	83.4	127.6	0.0	475.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	341.7	397.6	0.0	1018.8
13-03. Coffee, tea and herbal teas	0.0	140.6	0.0	595.8
13-03-01. Coffee	0.0	12.8	0.0	80.0
13-03-02. Tea	0.0	101.7	0.0	487.5
13-03-03. Herbal tea	0.0	26.1	0.0	160.0
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	316.7	431.9	0.0	1233.4
14. Alcoholic beverages	0.0	13.3	0.0	61.7
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	2.2	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	0.2	0.0	0.0
14-03. Beer, cider	0.0	7.9	0.0	0.0
14-04. Spirits, brandy	0.0	0.3	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.2	0.0	0.0
14-07. Cocktails, punches	0.0	1.6	0.0	0.0
15. Condiments and sauces	19.2	25.3	0.0	73.4
15-01. Sauces	18.6	24.6	0.0	73.4
15-01-00. Unclassified and other sauces	0.0	9.4	0.0	42.0
15-01-01. Tomato sauces	0.0	6.4	0.0	32.6
15-01-02. Dressing sauces	0.0	3.3	0.0	18.6
15-01-03. Mayonnaises and similars	0.0	5.2	0.0	25.9
15-01-04. Dessert sauces	0.0	0.3	0.0	0.0

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.7	0.0	4.4
16. Soups, bouillon	0.0	32.5	0.0	175.7
16-01. Soups	0.0	30.7	0.0	175.0
16-02. Bouillon	0.0	1.7	0.0	0.0
17. Miscellaneous	0.0	14.1	0.0	70.0
17-00. Unclassified	0.0	0.5	0.0	0.0
17-01. Soya products	0.0	2.1	0.0	0.0
17-02. Dietetic products	0.0	0.6	0.0	0.2
17-02-00. Unclassified	0.0	0.5	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0	0.0
17-03. Snacks	0.0	10.9	0.0	66.5

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	85.6	0.0	215.0
01-01. Potatoes	70.0	85.6	0.0	215.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	75.0	84.0	0.0	189.0
02-01. Leafy vegetables (except cabbages)	0.0	10.8	0.0	81.0
02-02. Fruiting vegetables	14.3	31.2	0.0	116.0
02-03. Root vegetables	0.0	11.7	0.0	81.3
02-04. Cabbages	0.0	15.4	0.0	90.0
02-05. Mushrooms	0.0	1.4	0.0	9.3
02-06. Grain and pod vegetables	0.0	1.9	0.0	15.0
02-07. Onion, garlic	0.0	7.2	0.0	31.0
02-08. Stalk vegetables, sprouts	0.0	0.4	0.0	0.8
02-09. Mixed salad, mixed vegetables	0.0	4.1	0.0	25.0
03. Legumes	0.0	2.0	0.0	10.1
03-01. Legumes	0.0	2.0	0.0	10.1
04. Fruits, nuts and olives	76.3	91.5	0.0	255.0
04-01. Fruits	72.2	86.0	0.0	240.5
04-02. Nuts and seeds (+nut spread)	0.0	2.8	0.0	17.5
04-03. Mixed fruits	0.0	2.6	0.0	0.0
04-04. Olives	0.0	0.1	0.0	0.0
05. Dairy products	327.2	356.5	0.0	816.5
05-01. Milk	77.6	150.5	0.0	533.0
05-02. Milk beverages	0.0	39.4	0.0	212.5
05-03. Yoghurt	50.0	110.6	0.0	359.2
05-04. Fromage blanc, petits suisses	0.0	3.2	0.0	25.0
05-05. Cheese (including fresh cheeses)	22.0	26.3	0.0	74.0
05-06. Cream desserts, puddings (milk based)	0.0	25.2	0.0	120.2
05-07. Dairy and non-dairy creams	0.0	0.8	0.0	6.0
05-07-01. Dairy creams	0.0	0.8	0.0	6.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	0.5	0.0	4.0
06. Cereals and cereal products	170.0	178.0	75.0	350.6
06-01. Flour, flakes, starches, semolina	0.0	0.1	0.0	1.2
06-02. Pasta, rice, other grain	0.0	26.2	0.0	127.5
06-03. Bread, crisp bread, rusks	122.5	123.7	45.0	217.5
06-03-01. Bread	118.8	118.2	35.0	217.5
06-03-02. Crispbread, rusks	0.0	5.5	0.0	25.0
06-04. Breakfast cereals	0.0	4.7	0.0	30.0
06-05. Salty biscuits, aperitif biscuits, crackers	6.0	13.5	0.0	49.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	9.9	0.0	77.6
07. Meat and meat products	85.3	89.7	16.7	181.0
07-01. Fresh meat	13.8	28.6	0.0	93.9
07-01-00. Unclassified	0.0	5.8	0.0	45.5
07-01-01. Beef	0.0	11.5	0.0	63.8
07-01-02. Veal	0.0	0.3	0.0	0.0
07-01-03. Pork	0.0	10.8	0.0	60.0
07-01-04. Mutton/Lamb	0.0	0.2	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	9.0	0.0	51.2
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	8.7	0.0	51.2
07-02-02. Turkey, young turkey	0.0	0.3	0.0	0.0
07-02-03. Duck	0.0	0.0	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.0	0.0	0.0
07-04. Processed meat	43.0	52.0	0.0	137.4
07-05. Offals	0.0	0.0	0.0	0.0
08. Fish and shellfish	0.0	6.4	0.0	39.0
08-01. Fish	0.0	3.9	0.0	23.5
08-02. Crustaceans, molluscs	0.0	0.9	0.0	0.0
08-03. Fish products, fish in crumbs	0.0	1.6	0.0	0.0
09. Eggs and egg products	0.0	7.5	0.0	37.5
09-01. Egg	0.0	7.5	0.0	37.5
10. Fat	17.6	18.9	0.5	43.4
10-00. Unclassified	0.0	1.3	0.0	9.1
10-01. Vegetable oils	0.0	1.8	0.0	9.1
10-02. Butter	0.0	0.7	0.0	5.0
10-03. Margarines	12.4	13.2	0.0	31.0
10-04. Deep frying fats	0.0	1.8	0.0	13.6
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	53.0	63.7	3.8	176.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.5	6.0	0.0	25.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	11.5	16.4	0.0	50.0
11-03. Confectionery non-chocolate	5.0	8.9	0.0	36.0
11-04. Syrup	4.5	18.2	0.0	93.8
11-05. Ice cream, water ice	0.0	14.1	0.0	60.0
11-05-01. Ice cream	0.0	10.9	0.0	54.5
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	3.0	0.0	27.5
12. Cakes	39.0	47.3	0.0	132.0
12-01. Cakes, pies, pastries, etc.	10.0	26.0	0.0	106.0
12-02. Dry cakes, biscuits	15.0	21.3	0.0	73.5
13. Non-alcoholic beverages	1030.0	1139.2	522.6	2248.3
13-00. Unclassified	0.0	0.9	0.0	0.0
13-01. Fruit and vegetable juices	87.5	136.2	0.0	453.3
13-02. Carbonated/soft/isotonic drinks, diluted syrups	283.4	366.5	0.0	958.4
13-03. Coffee, tea and herbal teas	0.0	127.8	0.0	629.7
13-03-01. Coffee	0.0	15.4	0.0	125.0
13-03-02. Tea	0.0	70.6	0.0	376.6
13-03-03. Herbal tea	0.0	41.8	0.0	293.8
13-03-04. Chicory, substitutes	0.0	0.0	0.0	0.0
13-04. Waters	383.3	507.8	0.0	1421.9
14. Alcoholic beverages	0.0	53.3	0.0	138.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	7.8	0.0	0.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	1.3	0.0	0.0
14-03. Beer, cider	0.0	40.8	0.0	0.0
14-04. Spirits, brandy	0.0	0.0	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	2.4	0.0	0.0
14-07. Cocktails, punches	0.0	1.0	0.0	0.0
15. Condiments and sauces	17.9	23.9	0.0	71.6
15-01. Sauces	17.9	23.3	0.0	71.6
15-01-00. Unclassified and other sauces	2.7	11.0	0.0	45.3
15-01-01. Tomato sauces	0.0	4.0	0.0	19.4
15-01-02. Dressing sauces	0.0	3.4	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	4.6	0.0	23.1
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	0.6	0.0	2.4
16. Soups, bouillon	0.0	42.1	0.0	192.5
16-01. Soups	0.0	40.7	0.0	192.5
16-02. Bouillon	0.0	1.4	0.0	9.3
17. Miscellaneous	0.0	18.0	0.0	61.5
17-00. Unclassified	0.0	0.0	0.0	0.0
17-01. Soya products	0.0	4.3	0.0	0.0
17-02. Dietetic products	0.0	4.7	0.0	3.0
17-02-00. Unclassified	0.0	4.5	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.2	0.0	1.1
17-03. Snacks	0.0	9.0	0.0	46.5

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	117.3	0.0	308.0
01-01. Potatoes	97.0	117.1	0.0	308.0
01-02. Other tubers	0.0	0.2	0.0	0.0
02. Vegetables	121.0	132.3	16.4	295.1
02-01. Leafy vegetables (except cabbages)	0.0	24.8	0.0	100.0
02-02. Fruiting vegetables	22.5	39.4	0.0	128.7
02-03. Root vegetables	0.0	11.5	0.0	85.0
02-04. Cabbages	0.0	21.9	0.0	121.5
02-05. Mushrooms	0.0	2.2	0.0	20.6
02-06. Grain and pod vegetables	0.0	2.5	0.0	13.8
02-07. Onion, garlic	3.0	13.3	0.0	50.3
02-08. Stalk vegetables, sprouts	0.0	2.1	0.0	8.1
02-09. Mixed salad, mixed vegetables	0.0	14.5	0.0	96.6
03. Legumes	0.0	3.3	0.0	0.0
03-01. Legumes	0.0	3.3	0.0	0.0
04. Fruits, nuts and olives	70.0	107.3	0.0	324.2
04-01. Fruits	65.0	95.0	0.0	304.3
04-02. Nuts and seeds (+nut spread)	0.0	10.5	0.0	50.0
04-03. Mixed fruits	0.0	1.1	0.0	0.0
04-04. Olives	0.0	0.6	0.0	0.0
05. Dairy products	337.2	416.9	21.6	1007.3
05-01. Milk	115.1	203.8	0.0	746.7
05-02. Milk beverages	0.0	24.7	0.0	141.7
05-03. Yoghurt	0.0	90.0	0.0	332.5
05-04. Fromage blanc, petits suisses	0.0	4.4	0.0	0.0
05-05. Cheese (including fresh cheeses)	29.0	38.3	0.0	114.5
05-06. Cream desserts, puddings (milk based)	0.0	45.5	0.0	209.5
05-07. Dairy and non-dairy creams	0.0	2.9	0.0	22.9
05-07-01. Dairy creams	0.0	2.8	0.0	22.9
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	7.2	0.0	36.0
06. Cereals and cereal products	242.5	251.5	100.0	443.6
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.8
06-02. Pasta, rice, other grain	0.0	55.7	0.0	207.5
06-03. Bread, crisp bread, rusks	164.0	169.9	51.2	305.0
06-03-01. Bread	162.5	167.4	49.4	305.0
06-03-02. Crispbread, rusks	0.0	2.5	0.0	16.0
06-04. Breakfast cereals	0.0	6.7	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.9	0.0	52.5
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.9	0.0	59.7
07. Meat and meat products	112.8	130.3	25.8	308.8
07-01. Fresh meat	36.0	49.3	0.0	170.3
07-01-00. Unclassified	0.0	11.3	0.0	75.0
07-01-01. Beef	0.0	20.8	0.0	92.9
07-01-02. Veal	0.0	0.7	0.0	0.0
07-01-03. Pork	0.0	14.0	0.0	89.0
07-01-04. Mutton/Lamb	0.0	1.9	0.0	0.0
07-01-05. Horse	0.0	0.6	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	19.4	0.0	93.8
07-02-00. Unclassified and other poultry	0.0	0.3	0.0	0.0
07-02-01. Chicken, hen	0.0	18.4	0.0	90.3
07-02-02. Turkey, young turkey	0.0	0.4	0.0	0.0
07-02-03. Duck	0.0	0.2	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.1	0.0	0.0

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.3	0.0	0.0
07-04. Processed meat	45.0	61.1	0.0	171.4
07-05. Offals	0.0	0.2	0.0	0.0
08. Fish and shellfish	0.0	17.0	0.0	100.5
08-01. Fish	0.0	11.0	0.0	81.0
08-02. Crustaceans, molluscs	0.0	1.8	0.0	7.0
08-03. Fish products, fish in crumbs	0.0	4.3	0.0	5.9
09. Eggs and egg products	0.0	13.3	0.0	73.7
09-01. Egg	0.0	13.3	0.0	73.7
10. Fat	31.5	33.8	4.5	71.1
10-00. Unclassified	0.0	2.2	0.0	14.8
10-01. Vegetable oils	0.5	4.5	0.0	20.0
10-02. Butter	0.0	2.5	0.0	14.0
10-03. Margarines	19.5	22.5	0.0	57.0
10-04. Deep frying fats	0.0	2.1	0.0	15.9
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	47.4	54.5	0.0	143.0
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	12.8	19.8	0.0	64.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	5.0	13.8	0.0	57.5
11-03. Confectionery non-chocolate	0.0	6.4	0.0	33.5
11-04. Syrup	0.0	5.7	0.0	31.3
11-05. Ice cream, water ice	0.0	8.7	0.0	75.0
11-05-01. Ice cream	0.0	8.2	0.0	72.5
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.5	0.0	0.0
12. Cakes	30.0	46.4	0.0	136.0
12-01. Cakes, pies, pastries, etc.	15.0	31.5	0.0	120.0
12-02. Dry cakes, biscuits	5.0	15.0	0.0	62.5
13. Non-alcoholic beverages	1524.2	1651.6	779.7	3045.4
13-00. Unclassified	0.0	2.6	0.0	0.0
13-01. Fruit and vegetable juices	0.0	107.8	0.0	440.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	165.0	315.8	0.0	1116.7
13-03. Coffee, tea and herbal teas	716.7	757.7	0.0	1638.4
13-03-01. Coffee	480.0	526.9	0.0	1375.0
13-03-02. Tea	0.0	183.8	0.0	693.8
13-03-03. Herbal tea	0.0	46.0	0.0	275.0
13-03-04. Chicory, substitutes	0.0	1.1	0.0	0.0
13-04. Waters	292.5	467.7	0.0	1638.1
14. Alcoholic beverages	123.4	339.3	0.0	1472.5
14-00. Unclassified	0.0	0.3	0.0	0.0
14-01. Wine	0.0	45.9	0.0	282.0
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.1	0.0	0.0
14-03. Beer, cider	0.0	284.7	0.0	1472.5
14-04. Spirits, brandy	0.0	4.0	0.0	23.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.6	0.0	0.0
14-07. Cocktails, punches	0.0	0.7	0.0	0.0
15. Condiments and sauces	30.0	42.1	0.0	123.3
15-01. Sauces	28.5	40.4	0.0	122.7
15-01-00. Unclassified and other sauces	5.0	17.0	0.0	67.0
15-01-01. Tomato sauces	0.0	10.8	0.0	57.2
15-01-02. Dressing sauces	0.0	4.3	0.0	23.3
15-01-03. Mayonnaises and similars	0.0	8.0	0.0	34.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.1	0.0	0.0
15-04. Condiments	0.0	1.7	0.0	7.8
16. Soups, bouillon	0.0	72.5	0.0	315.0
16-01. Soups	0.0	68.8	0.0	309.4
16-02. Bouillon	0.0	3.8	0.0	6.5
17. Miscellaneous	0.0	21.0	0.0	75.0
17-00. Unclassified	0.0	1.1	0.0	0.0
17-01. Soya products	0.0	3.0	0.0	0.0
17-02. Dietetic products	0.0	3.0	0.0	6.5
17-02-00. Unclassified	0.0	2.4	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	0.0	5.0
17-03. Snacks	0.0	13.9	0.0	70.0



**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	97.0	108.0	0.0	262.5
01-01. Potatoes	97.0	108.0	0.0	262.5
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	117.2	129.2	2.0	277.3
02-01. Leafy vegetables (except cabbages)	0.0	24.3	0.0	119.9
02-02. Fruiting vegetables	17.3	39.9	0.0	139.8
02-03. Root vegetables	0.0	8.7	0.0	72.5
02-04. Cabbages	0.0	23.7	0.0	120.0
02-05. Mushrooms	0.0	2.4	0.0	16.9
02-06. Grain and pod vegetables	0.0	3.1	0.0	22.5
02-07. Onion, garlic	1.1	13.0	0.0	56.0
02-08. Stalk vegetables, sprouts	0.0	1.2	0.0	5.6
02-09. Mixed salad, mixed vegetables	0.0	12.8	0.0	81.0
03. Legumes	0.0	3.0	0.0	0.0
03-01. Legumes	0.0	3.0	0.0	0.0
04. Fruits, nuts and olives	76.5	109.2	0.0	358.1
04-01. Fruits	66.1	98.0	0.0	340.0
04-02. Nuts and seeds (+nut spread)	0.0	9.6	0.0	50.0
04-03. Mixed fruits	0.0	1.2	0.0	0.0
04-04. Olives	0.0	0.4	0.0	0.0
05. Dairy products	356.2	407.1	39.3	943.3
05-01. Milk	113.3	191.8	0.0	629.4
05-02. Milk beverages	0.0	27.8	0.0	194.0
05-03. Yoghurt	14.1	97.0	0.0	362.3
05-04. Fromage blanc, petits suisses	0.0	5.4	0.0	6.0
05-05. Cheese (including fresh cheeses)	32.0	39.0	0.0	99.8
05-06. Cream desserts, puddings (milk based)	0.0	35.0	0.0	168.2
05-07. Dairy and non-dairy creams	0.0	1.8	0.0	13.8
05-07-01. Dairy creams	0.0	1.8	0.0	13.8
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	9.4	0.0	48.0
06. Cereals and cereal products	214.0	223.7	79.0	414.2
06-01. Flour, flakes, starches, semolina	0.0	0.3	0.0	1.8
06-02. Pasta, rice, other grain	0.0	47.4	0.0	195.1
06-03. Bread, crisp bread, rusks	142.5	152.3	56.8	280.0
06-03-01. Bread	140.0	148.4	50.0	275.0
06-03-02. Crispbread, rusks	0.0	3.9	0.0	20.0
06-04. Breakfast cereals	0.0	6.0	0.0	40.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	10.0	0.0	50.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	7.8	0.0	78.4
07. Meat and meat products	125.0	134.4	27.4	277.2
07-01. Fresh meat	38.3	52.9	0.0	175.4
07-01-00. Unclassified	0.0	11.0	0.0	64.6
07-01-01. Beef	0.0	17.8	0.0	92.0
07-01-02. Veal	0.0	0.4	0.0	0.0
07-01-03. Pork	0.0	21.9	0.0	132.0
07-01-04. Mutton/Lamb	0.0	1.8	0.0	0.0
07-01-05. Horse	0.0	0.1	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	19.1	0.0	99.5
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	18.1	0.0	95.6
07-02-02. Turkey, young turkey	0.0	0.2	0.0	0.0
07-02-03. Duck	0.0	0.5	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.3	0.0	0.0

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.4	0.0	0.0
07-04. Processed meat	48.6	61.9	0.0	169.5
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	18.6	0.0	100.5
08-01. Fish	0.0	13.2	0.0	82.5
08-02. Crustaceans, molluscs	0.0	1.5	0.0	7.2
08-03. Fish products, fish in crumbs	0.0	3.9	0.0	0.0
09. Eggs and egg products	0.0	12.7	0.0	58.3
09-01. Egg	0.0	12.7	0.0	58.3
10. Fat	29.2	31.1	5.2	65.4
10-00. Unclassified	0.0	2.0	0.0	15.0
10-01. Vegetable oils	0.0	3.3	0.0	13.5
10-02. Butter	0.0	2.4	0.0	17.7
10-03. Margarines	19.0	21.3	0.0	54.2
10-04. Deep frying fats	0.0	2.0	0.0	15.7
10-06. Other animal fat	0.0	0.1	0.0	0.0
11. Sugar and confectionery	32.0	44.5	0.0	137.5
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	5.1	14.4	0.0	55.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	11.9	0.0	55.0
11-03. Confectionery non-chocolate	0.0	4.7	0.0	20.0
11-04. Syrup	0.0	4.4	0.0	25.0
11-05. Ice cream, water ice	0.0	9.1	0.0	62.5
11-05-01. Ice cream	0.0	8.7	0.0	60.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.3	0.0	0.0
12. Cakes	30.0	46.7	0.0	147.5
12-01. Cakes, pies, pastries, etc.	15.0	34.6	0.0	130.0
12-02. Dry cakes, biscuits	3.5	12.1	0.0	46.5
13. Non-alcoholic beverages	1588.4	1716.8	728.4	3166.4
13-00. Unclassified	0.0	4.9	0.0	0.0
13-01. Fruit and vegetable juices	0.0	91.3	0.0	370.9
13-02. Carbonated/soft/isotonic drinks, diluted syrups	165.0	297.2	0.0	1055.1
13-03. Coffee, tea and herbal teas	733.4	811.4	116.7	1737.5
13-03-01. Coffee	556.0	591.2	0.0	1462.5
13-03-02. Tea	0.0	184.2	0.0	707.5
13-03-03. Herbal tea	0.0	35.5	0.0	231.7
13-03-04. Chicory, substitutes	0.0	0.6	0.0	0.0
13-04. Waters	300.0	511.9	0.0	1775.1
14. Alcoholic beverages	125.0	321.8	0.0	1200.0
14-00. Unclassified	0.0	0.2	0.0	0.0
14-01. Wine	0.0	46.6	0.0	285.4
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.0	0.0	0.8
14-03. Beer, cider	0.0	262.0	0.0	1200.0
14-04. Spirits, brandy	0.0	8.9	0.0	57.0
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	1.1	0.0	0.0
14-07. Cocktails, punches	0.0	0.0	0.0	0.0
15. Condiments and sauces	27.2	34.7	0.0	98.9
15-01. Sauces	24.1	33.3	0.0	98.7
15-01-00. Unclassified and other sauces	8.0	16.6	0.0	64.0
15-01-01. Tomato sauces	0.0	5.4	0.0	36.0
15-01-02. Dressing sauces	0.0	4.1	0.0	25.0
15-01-03. Mayonnaises and similars	0.0	6.9	0.0	34.9
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.5	0.0	8.7
16. Soups, bouillon	0.0	65.9	0.0	323.8
16-01. Soups	0.0	60.1	0.0	319.4
16-02. Bouillon	0.0	5.8	0.0	22.8
17. Miscellaneous	0.0	13.7	0.0	69.8
17-00. Unclassified	0.0	0.2	0.0	0.0
17-01. Soya products	0.0	1.4	0.0	0.0
17-02. Dietetic products	0.0	1.2	0.0	8.0
17-02-00. Unclassified	0.0	0.1	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.0	0.0	7.0
17-03. Snacks	0.0	10.9	0.0	63.0

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	77.1	0.0	210.0
01-01. Potatoes	70.0	77.1	0.0	210.0
01-02. Other tubers	0.0	0.0	0.0	0.0
02. Vegetables	125.6	135.0	13.1	296.5
02-01. Leafy vegetables (except cabbages)	0.0	21.2	0.0	91.2
02-02. Fruiting vegetables	33.3	46.3	0.0	162.8
02-03. Root vegetables	0.0	14.2	0.0	89.0
02-04. Cabbages	0.0	22.3	0.0	101.7
02-05. Mushrooms	0.0	3.0	0.0	19.4
02-06. Grain and pod vegetables	0.0	3.0	0.0	19.2
02-07. Onion, garlic	1.3	9.7	0.0	40.9
02-08. Stalk vegetables, sprouts	0.0	2.7	0.0	8.5
02-09. Mixed salad, mixed vegetables	0.0	12.6	0.0	81.0
03. Legumes	0.0	3.9	0.0	26.7
03-01. Legumes	0.0	3.9	0.0	26.7
04. Fruits, nuts and olives	109.3	135.2	0.0	369.9
04-01. Fruits	99.1	126.5	0.0	365.8
04-02. Nuts and seeds (+nut spread)	0.0	6.8	0.0	35.0
04-03. Mixed fruits	0.0	1.4	0.0	0.0
04-04. Olives	0.0	0.6	0.0	2.5
05. Dairy products	288.5	328.0	27.0	749.1
05-01. Milk	75.0	137.5	0.0	491.4
05-02. Milk beverages	0.0	23.0	0.0	141.7
05-03. Yoghurt	50.4	93.7	0.0	340.2
05-04. Fromage blanc, petits suisses	0.0	6.0	0.0	46.7
05-05. Cheese (including fresh cheeses)	27.1	33.5	0.0	94.0
05-06. Cream desserts, puddings (milk based)	0.0	24.4	0.0	137.5
05-07. Dairy and non-dairy creams	0.0	2.7	0.0	16.0
05-07-01. Dairy creams	0.0	2.6	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.0	0.0	0.0
05-08. Milk for coffee and creamers	0.0	7.3	0.0	36.0
06. Cereals and cereal products	171.0	181.6	70.0	334.3
06-01. Flour, flakes, starches, semolina	0.0	0.5	0.0	1.8
06-02. Pasta, rice, other grain	0.0	37.1	0.0	160.0
06-03. Bread, crisp bread, rusks	113.0	119.4	37.5	215.0
06-03-01. Bread	110.0	113.8	35.0	210.0
06-03-02. Crispbread, rusks	0.0	5.5	0.0	24.0
06-04. Breakfast cereals	0.0	8.0	0.0	42.0
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	11.2	0.0	55.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	5.4	0.0	54.9
07. Meat and meat products	73.5	84.1	0.0	189.0
07-01. Fresh meat	21.0	33.2	0.0	110.0
07-01-00. Unclassified	0.0	6.4	0.0	45.8
07-01-01. Beef	0.0	15.4	0.0	72.5
07-01-02. Veal	0.0	0.8	0.0	0.0
07-01-03. Pork	0.0	10.2	0.0	74.2
07-01-04. Mutton/Lamb	0.0	0.4	0.0	0.0
07-01-05. Horse	0.0	0.0	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	14.8	0.0	78.8
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	13.9	0.0	75.0
07-02-02. Turkey, young turkey	0.0	0.4	0.0	0.0
07-02-03. Duck	0.0	0.3	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.2	0.0	0.0
07-04. Processed meat	25.8	35.7	0.0	102.3
07-05. Offals	0.0	0.3	0.0	0.0
08. Fish and shellfish	0.0	16.4	0.0	85.0
08-01. Fish	0.0	11.3	0.0	77.5
08-02. Crustaceans, molluscs	0.0	1.8	0.0	6.5
08-03. Fish products, fish in crumbs	0.0	3.3	0.0	0.0
09. Eggs and egg products	0.0	10.4	0.0	48.0
09-01. Egg	0.0	10.4	0.0	48.0
10. Fat	19.0	22.0	2.0	48.5
10-00. Unclassified	0.0	1.2	0.0	9.0
10-01. Vegetable oils	0.0	3.4	0.0	15.0
10-02. Butter	0.0	2.5	0.0	18.0
10-03. Margarines	11.6	14.0	0.0	39.9
10-04. Deep frying fats	0.0	0.9	0.0	8.1
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	31.0	43.6	0.0	127.7
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	3.9	11.7	0.0	50.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	5.0	11.3	0.0	45.0
11-03. Confectionery non-chocolate	0.0	6.1	0.0	30.5
11-04. Syrup	0.0	6.3	0.0	35.0
11-05. Ice cream, water ice	0.0	8.1	0.0	62.0
11-05-01. Ice cream	0.0	7.2	0.0	60.0
11-05-02. Sorbet	0.0	0.2	0.0	0.0
11-05-03. Water ice	0.0	0.8	0.0	0.0
12. Cakes	37.5	48.2	0.0	134.5
12-01. Cakes, pies, pastries, etc.	20.0	33.5	0.0	119.0
12-02. Dry cakes, biscuits	8.0	14.7	0.0	50.0
13. Non-alcoholic beverages	1708.0	1840.5	917.7	3096.7
13-00. Unclassified	0.0	1.0	0.0	0.0
13-01. Fruit and vegetable juices	0.0	102.9	0.0	437.5
13-02. Carbonated/soft/isotonic drinks, diluted syrups	96.7	230.2	0.0	986.8
13-03. Coffee, tea and herbal teas	794.2	861.4	150.0	1899.7
13-03-01. Coffee	319.8	358.1	0.0	933.4
13-03-02. Tea	225.0	355.7	0.0	1250.8
13-03-03. Herbal tea	0.0	147.0	0.0	795.0
13-03-04. Chicory, substitutes	0.0	0.5	0.0	0.0
13-04. Waters	505.0	645.0	0.0	1866.6
14. Alcoholic beverages	0.0	96.7	0.0	414.6
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	62.5	0.0	330.1
14-02. Fortified wines (sherry, port, vermouth)	0.0	2.5	0.0	0.5
14-03. Beer, cider	0.0	27.2	0.0	150.0
14-04. Spirits, brandy	0.0	2.2	0.0	0.2
14-05. Aniseed drinks (pastis,..)	0.0	0.0	0.0	0.0
14-06. Liqueurs	0.0	2.0	0.0	0.0
14-07. Cocktails, punches	0.0	0.3	0.0	0.0
15. Condiments and sauces	18.5	25.6	0.0	76.4
15-01. Sauces	17.5	24.5	0.0	76.4
15-01-00. Unclassified and other sauces	1.6	12.3	0.0	52.7
15-01-01. Tomato sauces	0.0	5.1	0.0	30.0
15-01-02. Dressing sauces	0.0	3.1	0.0	15.0
15-01-03. Mayonnaises and similars	0.0	3.9	0.0	20.8
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.1	0.0	7.0
16. Soups, bouillon	0.0	54.5	0.0	254.7
16-01. Soups	0.0	48.6	0.0	237.5
16-02. Bouillon	0.0	5.9	0.0	16.3
17. Miscellaneous	0.0	20.6	0.0	108.5
17-00. Unclassified	0.0	0.8	0.0	0.0
17-01. Soya products	0.0	8.9	0.0	50.0
17-02. Dietetic products	0.0	3.5	0.0	5.0
17-02-00. Unclassified	0.0	2.9	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	0.0	4.0
17-03. Snacks	0.0	7.4	0.0	58.5

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	70.0	72.2	0.0	188.0
01-01. Potatoes	70.0	72.0	0.0	188.0
01-02. Other tubers	0.0	0.2	0.0	0.0
02. Vegetables	119.2	124.8	8.2	283.6
02-01. Leafy vegetables (except cabbages)	0.0	23.8	0.0	120.3
02-02. Fruiting vegetables	20.9	40.7	0.0	141.5
02-03. Root vegetables	0.0	10.2	0.0	72.5
02-04. Cabbages	0.0	20.4	0.0	95.0
02-05. Mushrooms	0.0	2.2	0.0	14.3
02-06. Grain and pod vegetables	0.0	2.5	0.0	18.1
02-07. Onion, garlic	1.9	10.6	0.0	47.2
02-08. Stalk vegetables, sprouts	0.0	1.7	0.0	6.0
02-09. Mixed salad, mixed vegetables	0.0	12.7	0.0	81.0
03. Legumes	0.0	2.0	0.0	0.0
03-01. Legumes	0.0	2.0	0.0	0.0
04. Fruits, nuts and olives	88.7	117.7	0.0	326.5
04-01. Fruits	79.2	110.1	0.0	321.8
04-02. Nuts and seeds (+nut spread)	0.0	5.9	0.0	37.5
04-03. Mixed fruits	0.0	1.3	0.0	0.0
04-04. Olives	0.0	0.3	0.0	0.0
05. Dairy products	299.9	343.4	30.5	765.9
05-01. Milk	58.0	148.1	0.0	508.4
05-02. Milk beverages	0.0	17.3	0.0	141.7
05-03. Yoghurt	54.0	100.6	0.0	370.0
05-04. Fromage blanc, petits suisses	0.0	6.5	0.0	46.7
05-05. Cheese (including fresh cheeses)	29.0	34.6	0.0	86.5
05-06. Cream desserts, puddings (milk based)	0.0	25.0	0.0	125.0
05-07. Dairy and non-dairy creams	0.0	3.1	0.0	16.0
05-07-01. Dairy creams	0.0	3.0	0.0	16.0
05-07-02. Non-dairy creams	0.0	0.1	0.0	0.0
05-08. Milk for coffee and creamers	0.0	8.2	0.0	46.0
06. Cereals and cereal products	167.0	177.1	67.0	337.4
06-01. Flour, flakes, starches, semolina	0.0	0.4	0.0	1.9
06-02. Pasta, rice, other grain	0.0	40.3	0.0	160.0
06-03. Bread, crisp bread, rusks	111.0	116.4	37.5	210.0
06-03-01. Bread	105.0	111.3	35.0	207.5
06-03-02. Crispbread, rusks	0.0	5.1	0.0	24.1
06-04. Breakfast cereals	0.0	5.3	0.0	34.5
06-05. Salty biscuits, aperitif biscuits, crackers	0.0	8.7	0.0	42.0
06-06. Dough and pastry (puff, shortcrust, pizza)	0.0	6.0	0.0	61.0
07. Meat and meat products	82.0	91.4	8.0	193.8
07-01. Fresh meat	28.4	37.2	0.0	119.0
07-01-00. Unclassified	0.0	7.2	0.0	52.4
07-01-01. Beef	0.0	15.1	0.0	63.1
07-01-02. Veal	0.0	0.1	0.0	0.0
07-01-03. Pork	0.0	14.1	0.0	69.4
07-01-04. Mutton/Lamb	0.0	0.8	0.0	0.0
07-01-05. Horse	0.0	0.1	0.0	0.0
07-01-06. Goat	0.0	0.0	0.0	0.0
07-02. Poultry	0.0	14.4	0.0	72.2
07-02-00. Unclassified and other poultry	0.0	0.0	0.0	0.0
07-02-01. Chicken, hen	0.0	14.2	0.0	71.3
07-02-02. Turkey, young turkey	0.0	0.1	0.0	0.0
07-02-03. Duck	0.0	0.1	0.0	0.0
07-02-05. Rabbit (domestic)	0.0	0.0	0.0	0.0

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
07-03. Game	0.0	0.1	0.0	0.0
07-04. Processed meat	26.3	39.5	0.0	124.0
07-05. Offals	0.0	0.1	0.0	0.0
08. Fish and shellfish	0.0	15.7	0.0	100.5
08-01. Fish	0.0	11.9	0.0	83.6
08-02. Crustaceans, molluscs	0.0	1.8	0.0	12.0
08-03. Fish products, fish in crumbs	0.0	2.0	0.0	0.0
09. Eggs and egg products	0.0	13.6	0.0	54.6
09-01. Egg	0.0	13.6	0.0	54.6
10. Fat	19.9	21.7	1.5	47.7
10-00. Unclassified	0.0	1.2	0.0	11.0
10-01. Vegetable oils	0.0	2.4	0.0	11.1
10-02. Butter	0.0	2.4	0.0	15.7
10-03. Margarines	12.0	14.5	0.0	39.1
10-04. Deep frying fats	0.0	1.2	0.0	11.0
10-06. Other animal fat	0.0	0.0	0.0	0.0
11. Sugar and confectionery	20.3	34.4	0.0	113.9
11-00. Unclassified	0.0	0.0	0.0	0.0
11-01. Sugar, honey ,jam	1.2	7.9	0.0	34.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	0.0	9.3	0.0	41.7
11-03. Confectionery non-chocolate	0.0	4.3	0.0	22.5
11-04. Syrup	0.0	4.0	0.0	23.8
11-05. Ice cream, water ice	0.0	8.9	0.0	50.0
11-05-01. Ice cream	0.0	8.3	0.0	50.0
11-05-02. Sorbet	0.0	0.1	0.0	0.0
11-05-03. Water ice	0.0	0.5	0.0	0.0
12. Cakes	35.0	44.7	0.0	138.0
12-01. Cakes, pies, pastries, etc.	15.0	31.2	0.0	111.7
12-02. Dry cakes, biscuits	6.0	13.5	0.0	49.5
13. Non-alcoholic beverages	1804.2	1894.2	842.8	3297.6
13-00. Unclassified	0.0	0.0	0.0	0.0
13-01. Fruit and vegetable juices	0.0	98.7	0.0	393.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	100.0	227.8	0.0	933.4
13-03. Coffee, tea and herbal teas	787.5	856.1	133.3	1812.5
13-03-01. Coffee	428.4	458.0	0.0	1143.1
13-03-02. Tea	137.5	289.4	0.0	1125.0
13-03-03. Herbal tea	0.0	104.1	0.0	550.0
13-03-04. Chicory, substitutes	0.0	4.6	0.0	0.0
13-04. Waters	529.3	711.6	0.0	2062.5
14. Alcoholic beverages	0.0	103.9	0.0	485.0
14-00. Unclassified	0.0	0.0	0.0	0.0
14-01. Wine	0.0	59.8	0.0	395.9
14-02. Fortified wines (sherry, port, vermouth)	0.0	3.7	0.0	1.3
14-03. Beer, cider	0.0	35.7	0.0	175.0
14-04. Spirits, brandy	0.0	2.2	0.0	0.0
14-05. Aniseed drinks (pastis,..)	0.0	0.1	0.0	0.0
14-06. Liqueurs	0.0	1.5	0.0	0.0
14-07. Cocktails, punches	0.0	0.8	0.0	0.0
15. Condiments and sauces	20.1	28.4	0.0	91.3
15-01. Sauces	18.6	27.3	0.0	86.0
15-01-00. Unclassified and other sauces	2.9	13.4	0.0	58.2
15-01-01. Tomato sauces	0.0	6.1	0.0	31.6
15-01-02. Dressing sauces	0.0	3.7	0.0	22.7
15-01-03. Mayonnaises and similars	0.0	3.9	0.0	20.6
15-01-04. Dessert sauces	0.0	0.2	0.0	0.0



**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	median g/day	mean g/day	p5 g/day	p95 g/day
15-02. Yeast	0.0	0.0	0.0	0.0
15-04. Condiments	0.0	1.1	0.0	6.0
16. Soups, bouillon	0.0	63.4	0.0	291.4
16-01. Soups	0.0	58.2	0.0	262.5
16-02. Bouillon	0.0	5.2	0.0	19.2
17. Miscellaneous	0.0	18.8	0.0	81.7
17-00. Unclassified	0.0	0.3	0.0	0.0
17-01. Soya products	0.0	5.8	0.0	0.0
17-02. Dietetic products	0.0	3.7	0.0	10.7
17-02-00. Unclassified	0.0	2.4	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.3	0.0	8.5
17-03. Snacks	0.0	9.0	0.0	63.0

**Table 4.1** Food consumption (food groups and subgroups) on consumption days of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Total Population (n=3,819)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.4	143.0	169.9	38.8	341.2
01-01. Potatoes	54.3	143.0	170.0	38.7	341.2
01-02. Other tubers	0.1	108.2	84.1	15.9	150.0
02. Vegetables	82.4	130.3	146.3	18.5	336.1
02-01. Leafy vegetables (except cabbages)	24.9	60.0	85.6	10.0	240.0
02-02. Fruiting vegetables	45.2	66.5	86.2	5.8	230.0
02-03. Root vegetables	14.2	40.0	74.5	2.7	229.5
02-04. Cabbages	17.2	115.7	120.6	10.0	243.0
02-05. Mushrooms	7.4	23.4	29.7	4.6	69.0
02-06. Grain and pod vegetables	4.0	60.0	65.9	9.7	173.3
02-07. Onion, garlic	32.5	21.2	33.2	1.8	101.8
02-08. Stalk vegetables, sprouts	4.6	13.5	34.7	3.6	174.3
02-09. Mixed salad, mixed vegetables	12.5	71.6	93.5	7.5	251.7
03. Legumes	2.3	110.2	125.2	18.0	275.0
03-01. Legumes	2.3	110.2	125.2	18.0	275.0
04. Fruits, nuts and olives	64.5	145.0	173.7	14.0	423.4
04-01. Fruits	56.3	152.0	182.1	12.0	428.7
04-02. Nuts and seeds (+nut spread)	19.9	30.0	39.9	5.4	100.0
04-03. Mixed fruits	1.2	100.0	110.0	15.0	250.0
04-04. Olives	2.1	13.1	19.2	2.8	56.0
05. Dairy products	94.2	332.0	400.7	25.0	993.7
05-01. Milk	51.1	283.3	336.9	18.5	849.8
05-02. Milk beverages	9.3	250.0	280.7	120.2	566.6
05-03. Yoghurt	37.1	216.0	264.3	77.8	594.0
05-04. Fromage blanc, petits suisses	3.4	140.0	151.6	33.2	300.0
05-05. Cheese (including fresh cheeses)	65.3	42.0	52.2	13.0	130.0
05-06. Cream desserts, puddings (milk based)	18.3	192.3	179.0	60.0	288.4
05-07. Dairy and non-dairy creams	9.9	17.1	24.6	3.0	64.0
05-07-01. Dairy creams	9.8	16.7	24.5	3.0	65.8
05-07-02. Non-dairy creams	0.1	20.2	29.4	1.5	63.2
05-08. Milk for coffee and creamers	26.0	18.0	26.0	3.0	72.0
06. Cereals and cereal products	98.3	180.0	209.1	60.8	441.5
06-01. Flour, flakes, starches, semolina	5.1	3.6	6.8	0.6	26.6
06-02. Pasta, rice, other grain	25.6	153.5	167.1	51.6	360.0
06-03. Bread, crisp bread, rusks	95.7	135.0	143.8	40.0	290.0
06-03-01. Bread	93.2	135.0	143.2	45.0	286.0
06-03-02. Crispbread, rusks	22.0	15.0	18.8	5.0	48.0
06-04. Breakfast cereals	14.8	40.0	43.6	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	25.2	40.0	45.6	6.3	119.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.2	118.1	130.5	21.3	284.5
07. Meat and meat products	88.2	105.0	121.5	19.4	283.9
07-01. Fresh meat	39.8	84.0	102.6	20.7	258.0
07-01-00. Unclassified	10.1	73.0	86.1	19.6	180.0
07-01-01. Beef	16.9	80.0	94.4	23.1	200.0
07-01-02. Veal	0.4	76.0	102.7	27.6	234.0
07-01-03. Pork	13.4	87.5	108.4	14.1	264.0
07-01-04. Mutton/Lamb	0.9	112.0	119.1	28.6	240.0
07-01-05. Horse	0.1	178.0	205.2	139.3	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	17.7	80.0	90.0	6.4	218.0
07-02-00. Unclassified and other poultry	0.1	76.0	75.7	10.7	112.0

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-01. Chicken, hen	17.1	78.0	88.9	6.4	214.8
07-02-02. Turkey, young turkey	0.3	76.0	78.6	15.0	178.0
07-02-03. Duck	0.1	149.5	178.8	78.9	273.6
07-02-05. Rabbit (domestic)	0.1	144.4	160.9	125.0	218.0
07-03. Game	0.2	74.7	90.0	13.5	188.0
07-04. Processed meat	67.9	53.1	73.7	10.0	198.0
07-05. Offals	0.2	67.3	70.7	4.4	145.4
08. Fish and shellfish	15.6	77.5	97.4	8.3	251.5
08-01. Fish	11.2	76.0	93.6	9.6	234.0
08-02. Crustaceans, molluscs	3.5	27.1	44.2	4.8	155.0
08-03. Fish products, fish in crumbs	2.3	130.5	139.9	20.0	300.0
09. Eggs and egg products	24.2	45.0	48.1	5.4	129.2
09-01. Egg	24.2	45.0	48.1	5.4	129.2
10. Fat	92.9	24.0	28.2	3.5	68.3
10-00. Unclassified	11.3	11.9	15.3	1.5	37.9
10-01. Vegetable oils	29.5	7.5	10.5	0.9	30.0
10-02. Butter	13.0	12.0	17.7	2.2	48.0
10-03. Margarines	76.9	18.0	22.7	2.6	56.0
10-04. Deep frying fats	7.6	19.2	21.4	3.7	47.1
10-06. Other animal fat	0.4	8.7	9.9	2.6	27.0
11. Sugar and confectionery	79.9	40.8	61.1	4.8	182.5
11-00. Unclassified	0.3	2.3	3.9	0.8	15.0
11-01. Sugar, honey ,jam	48.7	19.1	25.0	1.8	72.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	38.0	23.0	34.3	7.0	100.0
11-03. Confectionery non-chocolate	29.0	12.0	22.7	2.0	73.0
11-04. Syrup	17.7	24.0	39.2	6.0	120.8
11-05. Ice cream, water ice	10.5	84.5	95.6	40.0	200.0
11-05-01. Ice cream	8.8	86.0	99.8	43.0	200.0
11-05-02. Sorbet	0.2	50.0	74.7	25.0	147.0
11-05-03. Water ice	1.7	55.0	64.8	35.0	125.0
12. Cakes	64.2	55.0	75.2	10.0	205.0
12-01. Cakes, pies, pastries, etc.	38.5	60.0	85.3	20.0	232.0
12-02. Dry cakes, biscuits	41.2	30.0	37.6	8.0	96.0
13. Non-alcoholic beverages	99.8	1519.9	1663.4	583.3	3230.0
13-00. Unclassified	0.7	300.0	291.7	25.0	900.0
13-01. Fruit and vegetable juices	34.7	241.7	300.3	1.6	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	50.1	483.4	603.2	166.7	1483.4
13-03. Coffee, tea and herbal teas	82.8	750.0	841.4	160.0	1810.9
13-03-01. Coffee	65.7	533.4	614.0	133.3	1375.0
13-03-02. Tea	41.5	375.0	531.4	144.4	1375.0
13-03-03. Herbal tea	13.8	375.0	512.4	144.4	1375.0
13-03-04. Chicory, substitutes	0.4	275.0	394.5	3.0	1375.0
13-04. Waters	75.6	523.4	734.5	60.1	2025.0
14. Alcoholic beverages	33.2	308.3	549.6	45.9	1800.0
14-00. Unclassified	0.1	72.0	136.4	50.0	420.0
14-01. Wine	15.9	246.6	280.8	83.3	616.8
14-02. Fortified wines (sherry, port, vermouth)	3.1	75.0	76.7	0.9	216.6
14-03. Beer, cider	13.9	600.0	930.8	250.0	2800.0
14-04. Spirits, brandy	4.1	72.8	92.4	8.6	247.0
14-05. Aniseed drinks (pastis,..)	0.1	50.0	49.5	30.0	76.7
14-06. Liqueurs	1.5	55.0	94.7	11.0	318.9
14-07. Cocktails, punches	0.3	250.0	220.8	20.0	550.0
15. Condiments and sauces	70.7	31.8	44.9	4.1	130.3
15-01. Sauces	66.4	32.6	45.9	5.1	130.6

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
15-01-00. Unclassified and other sauces	34.2	28.7	41.5	3.6	116.2
15-01-01. Tomato sauces	18.2	18.8	36.8	2.0	136.9
15-01-02. Dressing sauces	16.5	18.6	22.8	3.0	60.6
15-01-03. Mayonnaises and similars	22.5	18.6	25.0	3.7	70.0
15-01-04. Dessert sauces	0.9	21.0	24.0	7.5	45.0
15-02. Yeast	0.2	10.0	13.4	2.5	30.0
15-04. Condiments	12.0	5.0	10.2	0.6	36.0
16. Soups, bouillon	21.3	259.0	274.4	33.3	647.5
16-01. Soups	18.2	259.0	297.0	157.5	647.5
16-02. Bouillon	3.6	64.6	124.3	12.4	308.3
17. Miscellaneous	26.8	40.4	68.0	1.0	228.8
17-00. Unclassified	0.7	75.2	79.3	13.8	189.0
17-01. Soya products	2.5	136.0	179.6	16.0	500.0
17-02. Dietetic products	14.2	5.0	17.0	1.0	28.0
17-02-00. Unclassified	0.9	41.2	180.6	14.4	726.0
17-02-01. Artificial sweeteners	13.5	4.0	5.7	1.0	15.0
17-03. Snacks	11.5	70.8	93.5	34.0	207.0

**Table 4.2.a** Food consumption (food groups and subgroups) on consumption days of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.6	140.0	159.9	44.0	310.6
01-01. Potatoes	54.5	140.0	159.9	44.5	310.6
01-02. Other tubers	0.1	26.8	45.2	15.9	120.0
02. Vegetables	74.7	96.7	105.5	14.7	243.0
02-01. Leafy vegetables (except cabbages)	17.3	47.3	66.5	9.0	174.0
02-02. Fruiting vegetables	41.3	52.0	69.1	6.1	179.1
02-03. Root vegetables	11.0	56.9	77.4	2.0	228.0
02-04. Cabbages	14.6	94.0	98.0	9.7	199.4
02-05. Mushrooms	6.5	14.4	19.5	4.1	41.4
02-06. Grain and pod vegetables	4.1	60.0	49.8	5.0	91.0
02-07. Onion, garlic	25.7	17.6	26.5	2.0	75.0
02-08. Stalk vegetables, sprouts	2.4	10.3	17.1	2.3	50.7
02-09. Mixed salad, mixed vegetables	10.1	40.0	53.5	4.4	162.0
03. Legumes	2.0	97.1	104.1	20.7	210.0
03-01. Legumes	2.0	97.1	104.1	20.7	210.0
04. Fruits, nuts and olives	61.6	128.4	142.7	15.0	345.3
04-01. Fruits	52.5	128.4	152.0	18.1	348.6
04-02. Nuts and seeds (+nut spread)	19.0	20.0	34.5	8.0	100.0
04-03. Mixed fruits	1.2	90.0	123.2	20.0	291.6
04-04. Olives	0.7	10.0	11.7	1.9	28.2
05. Dairy products	91.9	384.2	430.1	29.0	979.3
05-01. Milk	54.7	274.6	331.3	23.8	765.0
05-02. Milk beverages	14.7	214.6	271.9	127.5	567.6
05-03. Yoghurt	36.7	225.0	295.4	100.0	743.4
05-04. Fromage blanc, petits suisses	3.1	90.0	111.0	40.0	250.0
05-05. Cheese (including fresh cheeses)	51.3	36.1	46.4	10.1	114.3
05-06. Cream desserts, puddings (milk based)	20.3	192.3	177.8	60.0	288.4
05-07. Dairy and non-dairy creams	8.7	15.7	20.6	3.0	52.0
05-07-01. Dairy creams	8.6	15.7	20.6	3.0	52.0
05-07-02. Non-dairy creams	0.1	20.2	22.1	12.0	29.4
05-08. Milk for coffee and creamers	3.8	10.0	18.5	3.0	48.0
06. Cereals and cereal products	99.3	175.0	198.9	60.0	420.0
06-01. Flour, flakes, starches, semolina	3.8	2.2	5.0	0.6	20.0
06-02. Pasta, rice, other grain	24.5	118.6	142.5	38.8	320.0
06-03. Bread, crisp bread, rusks	96.2	120.0	136.7	40.0	283.9
06-03-01. Bread	94.9	120.0	135.1	40.0	280.0
06-03-02. Crispbread, rusks	19.4	13.0	17.4	3.0	50.0
06-04. Breakfast cereals	13.7	40.0	45.0	14.8	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	35.2	39.0	46.5	8.0	118.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.6	115.0	124.0	17.4	268.0
07. Meat and meat products	88.2	91.0	105.2	17.7	242.4
07-01. Fresh meat	35.6	73.6	81.9	14.9	178.0
07-01-00. Unclassified	10.7	63.1	70.4	14.6	162.7
07-01-01. Beef	13.6	67.5	74.3	17.2	178.0
07-01-02. Veal	0.3	73.5	67.9	17.5	141.2
07-01-03. Pork	11.9	78.8	89.0	11.3	200.0
07-01-04. Mutton/Lamb	0.7	91.8	111.1	10.5	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.2	75.0	77.1	6.4	178.0
07-02-00. Unclassified and other poultry	0.1	75.0	75.0	75.0	75.0

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-01. Chicken, hen	14.9	74.9	77.2	6.7	178.0
07-02-02. Turkey, young turkey	0.3	75.5	73.0	4.3	224.0
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	76.0	92.5	28.0	264.0
07-04. Processed meat	68.8	60.0	75.2	10.0	189.0
07-05. Offals	0.1	105.0	57.5	9.2	105.0
08. Fish and shellfish	8.5	64.1	80.7	9.6	220.4
08-01. Fish	4.9	49.8	72.9	9.6	201.0
08-02. Crustaceans, molluscs	1.7	22.1	44.4	4.8	147.4
08-03. Fish products, fish in crumbs	2.4	100.0	109.6	21.6	225.0
09. Eggs and egg products	19.8	45.0	40.4	4.4	100.0
09-01. Egg	19.8	45.0	40.4	4.4	100.0
10. Fat	91.3	20.4	24.3	2.2	59.2
10-00. Unclassified	12.3	14.3	16.0	1.7	37.1
10-01. Vegetable oils	25.1	5.6	8.3	0.7	25.6
10-02. Butter	10.2	10.5	15.4	1.5	48.0
10-03. Margarines	75.6	15.6	19.1	1.8	48.0
10-04. Deep frying fats	9.7	20.1	21.3	4.7	44.5
10-06. Other animal fat	0.2	6.2	7.2	4.0	13.0
11. Sugar and confectionery	90.5	61.7	79.1	8.0	207.0
11-00. Unclassified	0.2	1.5	1.6	0.8	3.0
11-01. Sugar, honey ,jam	38.7	12.0	18.8	1.7	60.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	56.4	27.0	36.2	7.0	95.0
11-03. Confectionery non-chocolate	50.7	15.0	24.7	2.0	79.0
11-04. Syrup	35.3	27.0	43.8	8.8	125.3
11-05. Ice cream, water ice	18.3	75.0	86.9	35.0	183.0
11-05-01. Ice cream	13.6	75.0	88.1	37.5	183.0
11-05-02. Sorbet	0.2	88.2	77.8	50.0	125.0
11-05-03. Water ice	5.4	55.0	69.9	35.0	166.7
12. Cakes	74.6	54.0	74.9	10.0	205.0
12-01. Cakes, pies, pastries, etc.	37.2	63.0	87.0	20.0	241.0
12-02. Dry cakes, biscuits	56.7	33.0	41.5	8.0	100.0
13. Non-alcoholic beverages	99.4	1040.0	1137.6	400.0	2192.3
13-00. Unclassified	0.3	250.0	236.3	10.5	500.0
13-01. Fruit and vegetable juices	39.1	241.7	327.1	50.0	741.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	73.0	500.0	623.0	166.7	1455.0
13-03. Coffee, tea and herbal teas	34.1	266.6	344.7	112.5	880.0
13-03-01. Coffee	7.8	220.0	267.6	53.3	653.3
13-03-02. Tea	24.3	241.7	316.2	116.7	780.0
13-03-03. Herbal tea	6.1	241.7	325.1	116.7	825.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	76.5	441.7	562.2	50.0	1500.0
14. Alcoholic beverages	5.3	300.0	730.3	0.9	3010.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.0	153.3	212.2	7.8	533.3
14-02. Fortified wines (sherry, port, vermouth)	1.0	1.6	19.5	0.7	153.3
14-03. Beer, cider	2.8	600.0	1235.9	210.0	5100.0
14-04. Spirits, brandy	0.3	45.9	50.8	2.4	186.8
14-05. Aniseed drinks (pastis,..)	0.0	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.8	73.4	102.8	11.0	319.2
14-07. Cocktails, punches	0.5	166.7	216.1	20.0	550.0

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15. Condiments and sauces	70.4	28.4	40.8	4.1	111.1
15-01. Sauces	67.2	29.3	41.6	4.5	113.1
15-01-00. Unclassified and other sauces	30.5	25.0	37.0	2.7	100.4
15-01-01. Tomato sauces	24.3	19.2	30.4	3.0	97.6
15-01-02. Dressing sauces	15.8	18.6	22.0	2.9	57.6
15-01-03. Mayonnaises and similars	21.6	20.0	25.7	3.9	70.0
15-01-04. Dessert sauces	1.1	15.0	21.3	7.5	45.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	9.6	4.8	8.0	0.8	26.9
16. Soups, bouillon	13.8	225.8	251.8	19.8	610.5
16-01. Soups	11.8	259.0	281.7	129.5	630.0
16-02. Bouillon	2.3	33.2	70.9	8.8	275.0
17. Miscellaneous	18.8	70.0	92.3	2.0	250.0
17-00. Unclassified	0.5	72.4	74.0	19.9	200.0
17-01. Soya products	2.0	100.0	191.3	20.0	586.6
17-02. Dietetic products	4.1	2.0	21.0	0.4	40.0
17-02-00. Unclassified	0.6	30.4	131.1	18.0	772.5
17-02-01. Artificial sweeteners	3.5	2.0	3.0	0.4	8.0
17-03. Snacks	12.9	70.0	95.3	30.6	220.0

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.4	143.0	172.1	37.2	342.0
01-01. Potatoes	54.3	143.0	172.2	37.2	342.0
01-02. Other tubers	0.1	108.2	94.5	39.3	150.0
02. Vegetables	84.1	138.4	154.2	20.0	348.8
02-01. Leafy vegetables (except cabbages)	26.6	60.0	88.3	11.2	243.0
02-02. Fruiting vegetables	46.0	66.5	89.5	5.8	236.0
02-03. Root vegetables	14.9	36.7	74.0	2.7	230.0
02-04. Cabbages	17.7	126.9	124.7	10.0	243.0
02-05. Mushrooms	7.6	24.8	31.6	5.3	75.0
02-06. Grain and pod vegetables	4.0	60.0	69.6	10.0	173.3
02-07. Onion, garlic	33.9	22.3	34.3	1.8	111.0
02-08. Stalk vegetables, sprouts	5.1	13.8	36.5	3.6	178.0
02-09. Mixed salad, mixed vegetables	13.1	77.8	100.2	7.6	265.2
03. Legumes	2.3	119.9	129.2	16.7	275.0
03-01. Legumes	2.3	119.9	129.2	16.7	275.0
04. Fruits, nuts and olives	65.1	151.2	180.0	13.2	437.4
04-01. Fruits	57.1	153.0	188.1	10.6	439.8
04-02. Nuts and seeds (+nut spread)	20.0	30.0	41.0	5.0	100.0
04-03. Mixed fruits	1.2	100.0	107.0	13.7	250.0
04-04. Olives	2.4	15.0	19.6	2.8	56.0
05. Dairy products	94.8	324.0	394.5	24.4	995.6
05-01. Milk	50.3	283.3	338.2	17.2	849.9
05-02. Milk beverages	8.2	257.5	284.2	120.2	566.6
05-03. Yoghurt	37.2	216.0	257.6	65.0	540.0
05-04. Fromage blanc, petits suisses	3.5	150.0	159.5	30.0	400.0
05-05. Cheese (including fresh cheeses)	68.4	43.0	53.2	13.0	132.3
05-06. Cream desserts, puddings (milk based)	17.8	192.3	179.3	60.0	288.4
05-07. Dairy and non-dairy creams	10.1	17.3	25.4	3.0	71.3
05-07-01. Dairy creams	10.0	17.1	25.3	3.0	71.3
05-07-02. Non-dairy creams	0.1	20.0	30.4	1.5	63.2
05-08. Milk for coffee and creamers	30.8	18.0	26.2	3.0	72.0
06. Cereals and cereal products	98.1	182.0	211.3	61.0	446.7
06-01. Flour, flakes, starches, semolina	5.4	3.6	7.1	0.6	26.6
06-02. Pasta, rice, other grain	25.8	158.4	172.2	58.0	375.0
06-03. Bread, crisp bread, rusks	95.6	140.0	145.3	40.0	290.0
06-03-01. Bread	92.9	140.0	145.0	45.0	290.0
06-03-02. Crispbread, rusks	22.6	16.0	19.1	5.0	48.0
06-04. Breakfast cereals	15.0	40.0	43.4	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	23.0	40.0	45.3	6.3	120.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.9	121.9	132.4	22.1	301.1
07. Meat and meat products	88.2	108.0	125.0	20.0	294.0
07-01. Fresh meat	40.7	87.5	106.6	22.4	264.0
07-01-00. Unclassified	9.9	79.6	89.8	20.7	182.0
07-01-01. Beef	17.6	84.0	97.8	25.5	210.0
07-01-02. Veal	0.4	76.0	107.8	42.6	234.0
07-01-03. Pork	13.7	94.5	112.1	14.2	264.0
07-01-04. Mutton/Lamb	1.0	112.0	120.3	28.6	240.0
07-01-05. Horse	0.1	178.0	205.2	139.3	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	18.2	80.0	92.3	6.4	224.0
07-02-00. Unclassified and other poultry	0.1	76.0	75.8	10.7	112.0
07-02-01. Chicken, hen	17.6	79.4	91.1	6.4	220.5
07-02-02. Turkey, young turkey	0.3	80.0	79.5	15.0	178.0
07-02-03. Duck	0.2	149.5	178.8	78.9	273.6



**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	144.4	160.9	125.0	218.0
07-03. Game	0.3	74.7	89.8	13.5	188.0
07-04. Processed meat	67.7	50.2	73.4	10.0	200.0
07-05. Offals	0.2	67.3	71.4	4.4	210.0
08. Fish and shellfish	17.1	78.3	99.2	8.3	256.0
08-01. Fish	12.5	76.3	95.3	9.6	240.0
08-02. Crustaceans, molluscs	3.8	27.7	44.2	5.5	155.0
08-03. Fish products, fish in crumbs	2.3	145.0	146.7	14.3	300.0
09. Eggs and egg products	25.2	45.0	49.5	6.0	135.0
09-01. Egg	25.2	45.0	49.5	6.0	135.0
10. Fat	93.3	24.9	29.1	3.6	70.8
10-00. Unclassified	11.0	11.6	15.1	1.5	38.2
10-01. Vegetable oils	30.4	8.1	10.9	1.0	30.8
10-02. Butter	13.6	12.0	18.1	2.4	49.5
10-03. Margarines	77.2	19.6	23.4	3.0	56.8
10-04. Deep frying fats	7.2	19.1	21.4	3.7	47.1
10-06. Other animal fat	0.4	8.7	10.3	2.6	27.0
11. Sugar and confectionery	77.6	38.3	56.5	4.0	169.0
11-00. Unclassified	0.3	2.3	4.2	0.8	15.0
11-01. Sugar, honey ,jam	50.8	20.0	26.1	1.9	73.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	34.0	20.0	33.7	7.0	100.0
11-03. Confectionery non-chocolate	24.2	12.0	21.8	1.0	65.0
11-04. Syrup	13.9	20.0	36.6	4.0	106.3
11-05. Ice cream, water ice	8.8	86.0	99.5	43.0	200.0
11-05-01. Ice cream	7.8	93.3	104.2	48.0	200.0
11-05-02. Sorbet	0.2	50.0	73.7	25.0	147.0
11-05-03. Water ice	0.9	55.0	58.1	40.0	100.0
12. Cakes	62.0	55.0	75.3	10.0	205.0
12-01. Cakes, pies, pastries, etc.	38.7	60.0	84.9	20.0	230.0
12-02. Dry cakes, biscuits	37.8	30.0	36.3	8.0	95.0
13. Non-alcoholic beverages	99.9	1641.6	1777.8	689.8	3316.1
13-00. Unclassified	0.8	300.0	296.5	25.0	900.0
13-01. Fruit and vegetable juices	33.8	241.7	293.5	1.3	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	45.2	483.3	596.2	166.7	1500.0
13-03. Coffee, tea and herbal teas	93.4	799.8	881.0	213.3	1844.1
13-03-01. Coffee	78.4	534.7	621.5	133.3	1387.1
13-03-02. Tea	45.3	400.0	556.6	150.0	1400.0
13-03-03. Herbal tea	15.5	375.0	528.5	150.0	1375.0
13-03-04. Chicory, substitutes	0.4	275.0	394.5	3.0	1375.0
13-04. Waters	75.4	562.5	772.7	66.7	2079.0
14. Alcoholic beverages	39.3	308.4	544.3	50.0	1800.0
14-00. Unclassified	0.1	72.0	136.4	50.0	420.0
14-01. Wine	19.1	246.6	281.6	83.3	616.8
14-02. Fortified wines (sherry, port, vermouth)	3.5	76.7	80.4	0.9	216.6
14-03. Beer, cider	16.4	600.0	919.4	250.0	2700.0
14-04. Spirits, brandy	5.0	72.8	93.0	9.5	247.0
14-05. Aniseed drinks (pastis,..)	0.1	50.0	51.1	30.0	76.7
14-06. Liqueurs	1.7	55.0	93.8	11.0	318.9
14-07. Cocktails, punches	0.2	275.0	223.2	20.0	550.0
15. Condiments and sauces	70.8	32.3	45.8	4.1	133.1
15-01. Sauces	66.3	33.5	46.9	5.1	133.7
15-01-00. Unclassified and other sauces	35.0	30.0	42.3	3.7	118.2

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	16.9	18.7	38.8	1.9	149.7
15-01-02. Dressing sauces	16.7	18.6	23.0	3.0	66.9
15-01-03. Mayonnaises and similars	22.7	18.6	24.8	3.7	69.8
15-01-04. Dessert sauces	0.8	21.0	24.9	7.5	45.0
15-02. Yeast	0.2	10.0	13.7	2.5	30.0
15-04. Condiments	12.5	5.3	10.5	0.6	40.0
16. Soups, bouillon	23.0	259.0	277.4	38.8	647.5
16-01. Soups	19.6	259.0	299.0	175.0	647.5
16-02. Bouillon	3.9	77.5	131.1	12.4	308.3
17. Miscellaneous	28.5	30.0	64.5	1.0	225.0
17-00. Unclassified	0.7	75.2	80.0	13.8	189.0
17-01. Soya products	2.6	136.0	177.7	16.0	500.0
17-02. Dietetic products	16.5	5.0	16.8	1.0	28.0
17-02-00. Unclassified	1.0	50.0	186.8	14.4	726.0
17-02-01. Artificial sweeteners	15.7	4.0	5.8	1.0	15.0
17-03. Snacks	11.2	72.0	93.1	34.0	191.8

**Table 4.2.b** Food consumption (food groups and subgroups) on consumption days of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	54.0	150.0	178.1	50.0	362.0
01-01. Potatoes	53.9	150.0	178.2	53.9	362.0
01-02. Other tubers	0.1	15.9	17.0	15.9	18.7
02. Vegetables	74.0	98.0	110.0	15.0	250.8
02-01. Leafy vegetables (except cabbages)	17.0	48.0	67.6	7.0	174.0
02-02. Fruiting vegetables	39.5	52.0	71.5	5.8	193.0
02-03. Root vegetables	10.7	71.3	81.7	2.5	228.5
02-04. Cabbages	14.9	98.0	103.1	7.6	232.5
02-05. Mushrooms	6.3	15.5	19.7	4.1	41.4
02-06. Grain and pod vegetables	4.2	59.1	49.4	1.6	91.0
02-07. Onion, garlic	25.0	20.0	29.7	2.0	85.9
02-08. Stalk vegetables, sprouts	2.6	10.3	16.5	2.3	71.0
02-09. Mixed salad, mixed vegetables	11.1	43.2	57.0	3.8	162.0
03. Legumes	1.7	105.0	115.8	16.0	227.5
03-01. Legumes	1.7	105.0	115.8	16.0	227.5
04. Fruits, nuts and olives	58.9	128.4	142.1	15.0	330.0
04-01. Fruits	48.8	130.0	152.0	19.0	330.0
04-02. Nuts and seeds (+nut spread)	20.9	28.0	40.2	10.0	107.5
04-03. Mixed fruits	0.9	100.0	126.8	36.4	291.6
04-04. Olives	0.5	7.6	8.4	0.5	20.0
05. Dairy products	91.9	401.3	460.0	44.0	1054.8
05-01. Milk	56.9	283.3	345.7	38.8	793.2
05-02. Milk beverages	13.1	226.6	273.3	137.3	566.6
05-03. Yoghurt	36.2	250.0	316.0	100.8	812.8
05-04. Fromage blanc, petits suisses	3.5	63.0	113.1	40.0	300.0
05-05. Cheese (including fresh cheeses)	48.6	42.0	50.9	11.0	118.2
05-06. Cream desserts, puddings (milk based)	23.2	192.3	190.5	72.1	325.0
05-07. Dairy and non-dairy creams	8.3	19.4	21.9	4.9	60.0
05-07-01. Dairy creams	8.3	19.4	21.9	4.9	60.0
05-07-02. Non-dairy creams	0.0	26.0	26.0	26.0	26.0
05-08. Milk for coffee and creamers	4.5	12.0	21.1	4.5	48.0
06. Cereals and cereal products	99.2	191.1	219.6	70.0	461.9
06-01. Flour, flakes, starches, semolina	3.5	2.2	5.8	0.9	19.0
06-02. Pasta, rice, other grain	25.3	139.8	158.9	45.5	335.0
06-03. Bread, crisp bread, rusks	95.8	140.0	151.2	45.0	301.5
06-03-01. Bread	94.9	140.0	150.0	45.0	300.0
06-03-02. Crispbread, rusks	15.8	10.0	15.6	3.0	42.0
06-04. Breakfast cereals	12.9	40.0	47.3	17.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	35.0	40.0	51.8	10.0	150.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.6	125.0	130.6	17.4	277.1
07. Meat and meat products	88.5	98.0	114.5	20.0	273.8
07-01. Fresh meat	36.6	76.0	88.2	15.6	210.0
07-01-00. Unclassified	11.0	65.7	76.5	14.9	178.0
07-01-01. Beef	12.6	69.1	77.7	17.0	178.0
07-01-02. Veal	0.4	75.5	83.1	36.8	141.2
07-01-03. Pork	13.3	78.8	95.4	14.3	264.0
07-01-04. Mutton/Lamb	1.0	82.5	110.0	10.5	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	14.9	76.0	80.4	5.8	178.0

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-00. Unclassified and other poultry	0.1	75.0	75.0	75.0	75.0
07-02-01. Chicken, hen	14.6	77.4	81.1	6.0	178.0
07-02-02. Turkey, young turkey	0.2	45.0	38.9	4.3	75.5
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	28.0	46.4	28.0	76.0
07-04. Processed meat	70.4	64.3	81.0	12.5	200.0
07-05. Offals	0.0	105.0	105.0	105.0	105.0
08. Fish and shellfish	8.7	75.0	87.4	9.6	250.0
08-01. Fish	4.9	46.4	76.2	8.9	201.0
08-02. Crustaceans, molluscs	2.0	32.0	49.8	5.0	147.4
08-03. Fish products, fish in crumbs	2.3	122.7	121.9	16.9	250.0
09. Eggs and egg products	19.7	45.0	43.6	4.3	100.0
09-01. Egg	19.7	45.0	43.6	4.3	100.0
10. Fat	91.5	23.8	27.2	2.4	65.6
10-00. Unclassified	12.0	17.2	18.0	2.6	42.4
10-01. Vegetable oils	25.8	6.0	9.0	0.8	29.7
10-02. Butter	9.8	11.7	16.9	2.0	53.0
10-03. Margarines	75.1	18.0	21.7	2.1	54.7
10-04. Deep frying fats	10.0	23.2	23.8	4.7	48.5
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	89.6	66.4	86.2	9.0	218.8
11-00. Unclassified	0.1	2.0	1.8	1.5	2.0
11-01. Sugar, honey ,jam	39.1	12.1	20.1	1.7	64.8
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	55.7	30.0	38.4	7.5	100.0
11-03. Confectionery non-chocolate	48.9	16.0	27.6	2.0	93.0
11-04. Syrup	38.0	31.3	46.6	9.0	125.0
11-05. Ice cream, water ice	18.5	75.0	90.6	36.0	183.0
11-05-01. Ice cream	14.0	75.0	92.3	40.0	183.0
11-05-02. Sorbet	0.2	100.0	83.4	50.0	125.0
11-05-03. Water ice	5.2	55.0	72.3	35.0	162.0
12. Cakes	73.3	58.0	78.1	11.0	214.0
12-01. Cakes, pies, pastries, etc.	37.4	69.0	88.9	20.0	258.0
12-02. Dry cakes, biscuits	55.1	35.0	43.5	8.0	102.0
13. Non-alcoholic beverages	99.4	1069.9	1161.9	400.0	2251.7
13-00. Unclassified	0.4	87.8	212.2	25.1	500.0
13-01. Fruit and vegetable juices	38.1	250.0	334.1	25.0	800.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	76.7	538.4	671.4	166.7	1522.2
13-03. Coffee, tea and herbal teas	31.6	250.0	307.4	110.0	738.8
13-03-01. Coffee	9.3	260.0	301.6	26.7	719.5
13-03-02. Tea	21.0	220.0	280.8	112.5	577.6
13-03-03. Herbal tea	4.2	188.3	246.2	112.5	550.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	74.1	433.4	559.5	50.0	1546.4
14. Alcoholic beverages	5.9	330.0	918.3	1.6	3600.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.7	92.5	130.6	2.0	433.2
14-02. Fortified wines (sherry, port, vermouth)	1.0	1.6	2.0	0.9	4.6
14-03. Beer, cider	4.2	600.0	1252.2	200.0	5640.0
14-04. Spirits, brandy	0.2	72.8	54.1	3.8	91.8
14-05. Aniseed drinks (pastis,..)	0.1	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.4	53.2	46.6	4.4	88.0

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
14-07. Cocktails, punches	0.3	153.4	221.2	125.0	500.0
15. Condiments and sauces	71.3	32.9	45.1	4.4	124.8
15-01. Sauces	68.3	33.5	45.8	4.9	125.0
15-01-00. Unclassified and other sauces	32.4	25.0	39.3	2.7	108.4
15-01-01. Tomato sauces	25.6	23.9	34.3	4.1	99.8
15-01-02. Dressing sauces	14.9	21.1	24.3	3.3	69.8
15-01-03. Mayonnaises and similars	20.6	23.3	29.0	3.9	81.5
15-01-04. Dessert sauces	1.0	15.0	18.1	10.0	36.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	9.8	6.0	8.9	1.0	30.0
16. Soups, bouillon	13.6	239.7	258.4	32.6	630.0
16-01. Soups	11.7	259.0	287.3	105.0	630.0
16-02. Bouillon	2.0	38.7	73.4	10.0	300.0
17. Miscellaneous	19.1	70.0	103.4	1.5	290.0
17-00. Unclassified	0.5	47.0	66.5	16.2	200.0
17-01. Soya products	2.0	160.0	245.0	20.0	603.4
17-02. Dietetic products	3.8	2.0	9.1	0.2	27.0
17-02-00. Unclassified	0.5	27.0	50.9	25.9	248.9
17-02-01. Artificial sweeteners	3.3	2.0	2.7	0.2	8.0
17-03. Snacks	13.3	75.0	105.7	31.5	240.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.2	140.0	141.3	39.7	285.9
01-01. Potatoes	55.2	140.0	141.1	39.7	285.0
01-02. Other tubers	0.1	26.8	69.8	26.8	120.0
02. Vegetables	75.5	91.0	100.9	14.3	230.5
02-01. Leafy vegetables (except cabbages)	17.5	45.7	65.4	9.6	179.7
02-02. Fruiting vegetables	43.1	52.0	66.9	6.5	172.0
02-03. Root vegetables	11.3	53.5	73.2	2.0	200.0
02-04. Cabbages	14.3	86.4	92.4	9.7	180.0
02-05. Mushrooms	6.8	14.3	19.3	4.2	41.8
02-06. Grain and pod vegetables	4.1	60.0	50.3	8.5	91.0
02-07. Onion, garlic	26.4	14.9	23.4	2.4	71.3
02-08. Stalk vegetables, sprouts	2.3	8.2	17.9	2.3	50.0
02-09. Mixed salad, mixed vegetables	8.9	33.2	48.9	5.0	133.3
03. Legumes	2.3	79.0	95.0	20.7	210.0
03-01. Legumes	2.3	79.0	95.0	20.7	210.0
04. Fruits, nuts and olives	64.4	128.4	143.3	15.0	358.1
04-01. Fruits	56.4	128.4	152.0	18.1	363.2
04-02. Nuts and seeds (+nut spread)	17.0	20.0	27.2	7.5	60.0
04-03. Mixed fruits	1.4	90.0	120.7	7.5	454.5
04-04. Olives	0.8	11.1	14.0	4.9	48.0
05. Dairy products	91.9	352.7	398.9	24.0	893.0
05-01. Milk	52.3	257.5	315.0	15.0	691.2
05-02. Milk beverages	16.3	214.6	270.7	109.9	583.7
05-03. Yoghurt	37.1	216.0	274.4	100.0	594.0
05-04. Fromage blanc, petits suisses	2.7	93.3	108.3	40.0	233.3
05-05. Cheese (including fresh cheeses)	54.0	30.0	42.1	10.0	109.2
05-06. Cream desserts, puddings (milk based)	17.4	148.3	160.3	51.5	257.5
05-07. Dairy and non-dairy creams	9.2	12.0	19.3	3.0	48.0
05-07-01. Dairy creams	9.0	12.0	19.3	3.0	48.0
05-07-02. Non-dairy creams	0.1	20.2	21.1	12.0	29.4
05-08. Milk for coffee and creamers	3.1	9.0	14.6	1.5	48.0
06. Cereals and cereal products	99.3	156.9	177.3	53.8	364.0
06-01. Flour, flakes, starches, semolina	4.1	2.2	4.4	0.4	20.0
06-02. Pasta, rice, other grain	23.7	110.0	124.3	32.9	265.4
06-03. Bread, crisp bread, rusks	96.7	108.0	121.8	35.0	245.0
06-03-01. Bread	94.9	105.0	119.5	35.0	240.0
06-03-02. Crispbread, rusks	23.1	14.0	18.6	3.3	50.0
06-04. Breakfast cereals	14.4	40.0	42.9	12.6	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	35.5	30.0	41.0	6.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.7	112.5	117.3	17.3	250.2
07. Meat and meat products	87.8	84.2	95.3	15.0	218.0
07-01. Fresh meat	34.5	70.0	74.9	14.3	178.0
07-01-00. Unclassified	10.3	60.0	63.7	13.3	125.0
07-01-01. Beef	14.6	64.8	71.2	18.7	178.0
07-01-02. Veal	0.2	27.6	33.7	7.7	73.5
07-01-03. Pork	10.5	78.8	80.6	10.3	178.0
07-01-04. Mutton/Lamb	0.3	111.7	114.7	9.2	176.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.5	68.3	73.7	9.0	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	15.2	64.8	73.2	9.0	178.0
07-02-02. Turkey, young turkey	0.3	112.0	104.4	19.0	224.0
07-02-03. Duck	0.0	.	.	.	.

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	264.0	264.0	264.0	264.0
07-04. Processed meat	67.2	57.5	68.8	9.7	175.0
07-05. Offals	0.1	9.2	9.2	9.2	9.2
08. Fish and shellfish	8.3	60.0	73.5	9.6	201.0
08-01. Fish	4.8	51.3	69.4	9.6	201.0
08-02. Crustaceans, molluscs	1.4	16.0	36.0	4.3	204.0
08-03. Fish products, fish in crumbs	2.4	78.3	97.1	21.6	201.0
09. Eggs and egg products	19.9	37.5	37.0	4.6	90.0
09-01. Egg	19.9	37.5	37.0	4.6	90.0
10. Fat	91.0	18.2	21.2	2.0	48.9
10-00. Unclassified	12.6	11.6	13.9	1.5	31.8
10-01. Vegetable oils	24.3	5.2	7.5	0.6	23.6
10-02. Butter	10.6	10.0	13.9	0.8	38.2
10-03. Margarines	76.1	13.3	16.4	1.5	37.3
10-04. Deep frying fats	9.4	17.2	18.6	4.7	37.0
10-06. Other animal fat	0.5	6.2	7.2	4.0	13.0
11. Sugar and confectionery	91.6	56.2	71.8	6.8	188.0
11-00. Unclassified	0.3	1.5	1.6	0.8	3.0
11-01. Sugar, honey ,jam	38.3	10.2	17.4	1.7	52.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	57.1	25.0	34.0	6.7	91.0
11-03. Confectionery non-chocolate	52.6	14.0	22.0	2.0	69.0
11-04. Syrup	32.5	25.0	40.4	6.3	125.3
11-05. Ice cream, water ice	18.1	75.0	83.1	35.0	175.0
11-05-01. Ice cream	13.1	75.0	83.5	36.0	172.0
11-05-02. Sorbet	0.3	88.2	73.8	50.0	100.0
11-05-03. Water ice	5.7	55.0	67.6	35.0	180.0
12. Cakes	76.0	50.0	71.6	10.0	198.0
12-01. Cakes, pies, pastries, etc.	36.9	60.0	85.0	20.0	230.0
12-02. Dry cakes, biscuits	58.3	30.0	39.5	8.0	99.0
13. Non-alcoholic beverages	99.5	1013.3	1112.3	400.0	2133.3
13-00. Unclassified	0.3	300.0	271.1	10.5	488.3
13-01. Fruit and vegetable juices	40.2	241.7	320.2	60.0	722.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	69.2	483.4	567.0	166.7	1241.7
13-03. Coffee, tea and herbal teas	36.6	275.0	378.3	112.5	990.0
13-03-01. Coffee	6.3	150.7	215.0	53.3	486.6
13-03-02. Tea	27.7	275.0	344.3	123.8	875.0
13-03-03. Herbal tea	8.1	275.0	367.8	123.8	825.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	79.1	450.0	564.9	50.0	1483.5
14. Alcoholic beverages	4.7	200.0	482.0	0.9	1741.9
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.4	166.7	258.1	16.5	1741.9
14-02. Fortified wines (sherry, port, vermouth)	1.0	1.6	37.4	0.3	230.0
14-03. Beer, cider	1.3	364.0	1181.6	250.0	5100.0
14-04. Spirits, brandy	0.5	31.7	49.1	2.4	186.8
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.2	106.3	121.0	13.2	319.2
14-07. Cocktails, punches	0.7	193.3	214.0	20.0	550.0
15. Condiments and sauces	69.6	25.0	36.1	3.9	102.3
15-01. Sauces	66.1	25.9	37.0	4.2	103.2
15-01-00. Unclassified and other sauces	28.6	25.0	34.4	2.7	96.5

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	22.8	15.0	25.9	2.7	90.0
15-01-02. Dressing sauces	16.7	15.5	19.8	2.5	49.2
15-01-03. Mayonnaises and similars	22.7	17.5	22.5	3.9	69.8
15-01-04. Dessert sauces	1.2	22.5	24.0	5.0	60.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	9.5	4.1	7.0	0.7	22.0
16. Soups, bouillon	14.1	220.0	245.2	18.6	582.8
16-01. Soups	11.9	259.0	275.9	129.5	630.0
16-02. Bouillon	2.5	32.6	68.8	8.8	275.0
17. Miscellaneous	18.5	68.0	80.3	2.0	230.5
17-00. Unclassified	0.4	94.0	83.4	30.7	94.0
17-01. Soya products	1.9	93.3	132.7	20.0	405.0
17-02. Dietetic products	4.3	3.0	31.8	0.8	250.0
17-02-00. Unclassified	0.6	30.4	197.0	1.0	772.5
17-02-01. Artificial sweeteners	3.8	2.0	3.2	0.4	8.0
17-03. Snacks	12.5	70.0	83.7	30.6	153.0



Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.8	188.0	197.9	48.0	407.0
01-01. Potatoes	56.7	188.0	198.0	48.0	407.0
01-02. Other tubers	0.1	150.0	150.0	150.0	150.0
02. Vegetables	83.6	142.8	155.6	21.4	358.0
02-01. Leafy vegetables (except cabbages)	26.8	60.0	91.1	9.6	243.0
02-02. Fruiting vegetables	44.1	67.0	89.3	5.7	237.0
02-03. Root vegetables	13.8	31.0	71.8	2.7	228.0
02-04. Cabbages	17.0	136.0	135.1	10.0	275.0
02-05. Mushrooms	7.0	27.9	32.7	6.4	69.0
02-06. Grain and pod vegetables	4.0	60.0	71.0	11.3	176.3
02-07. Onion, garlic	34.2	25.4	38.4	1.9	114.9
02-08. Stalk vegetables, sprouts	4.9	13.7	32.1	3.8	178.0
02-09. Mixed salad, mixed vegetables	13.0	82.5	103.9	7.6	265.2
03. Legumes	2.1	140.0	146.5	18.0	366.7
03-01. Legumes	2.1	140.0	146.5	18.0	366.7
04. Fruits, nuts and olives	61.7	147.2	175.4	12.6	420.8
04-01. Fruits	52.3	153.0	184.3	6.9	428.7
04-02. Nuts and seeds (+nut spread)	21.0	35.0	47.6	10.0	125.0
04-03. Mixed fruits	0.9	90.0	122.9	24.2	332.0
04-04. Olives	2.1	15.6	24.3	2.0	100.0
05. Dairy products	94.6	352.9	435.1	27.0	1085.0
05-01. Milk	51.5	283.3	383.5	20.4	995.7
05-02. Milk beverages	8.8	257.5	297.7	127.5	680.0
05-03. Yoghurt	35.5	237.6	265.8	65.0	594.0
05-04. Fromage blanc, petits suisses	2.8	186.7	179.5	48.0	466.6
05-05. Cheese (including fresh cheeses)	66.7	48.0	58.0	14.4	146.0
05-06. Cream desserts, puddings (milk based)	20.6	192.3	190.3	61.6	330.0
05-07. Dairy and non-dairy creams	8.7	20.0	25.6	3.0	64.0
05-07-01. Dairy creams	8.7	20.0	25.6	3.0	64.0
05-07-02. Non-dairy creams	0.0	12.0	12.0	12.0	12.0
05-08. Milk for coffee and creamers	31.9	18.0	26.4	3.0	75.0
06. Cereals and cereal products	97.9	210.0	239.9	70.0	500.0
06-01. Flour, flakes, starches, semolina	5.2	3.6	5.5	0.6	20.1
06-02. Pasta, rice, other grain	25.6	172.0	195.7	63.2	420.0
06-03. Bread, crisp bread, rusks	95.6	150.0	167.1	50.0	320.0
06-03-01. Bread	94.3	145.0	165.9	50.0	320.0
06-03-02. Crispbread, rusks	17.6	14.3	18.7	5.0	50.0
06-04. Breakfast cereals	13.3	40.0	47.8	14.8	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.6	40.0	50.8	7.0	138.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.1	125.0	143.5	25.8	333.3
07. Meat and meat products	90.8	124.0	146.2	29.9	328.0
07-01. Fresh meat	42.8	102.3	120.7	25.5	267.5
07-01-00. Unclassified	11.1	87.5	99.1	22.5	212.6
07-01-01. Beef	17.3	99.7	111.6	28.8	264.0
07-01-02. Veal	0.5	76.0	113.6	73.5	234.0
07-01-03. Pork	15.0	111.8	124.2	16.7	300.0
07-01-04. Mutton/Lamb	1.2	150.0	143.7	60.0	240.0
07-01-05. Horse	0.2	178.0	208.3	139.3	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	18.8	82.3	101.6	6.4	232.0
07-02-00. Unclassified and other poultry	0.1	76.0	91.2	76.0	112.0
07-02-01. Chicken, hen	18.1	80.6	99.9	6.4	232.0
07-02-02. Turkey, young turkey	0.3	112.0	102.1	20.0	178.0
07-02-03. Duck	0.2	228.0	191.1	136.8	273.6

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	144.4	177.4	144.4	218.0
07-03. Game	0.4	74.7	80.1	13.5	188.0
07-04. Processed meat	73.1	60.0	84.2	14.7	226.0
07-05. Offals	0.1	87.5	85.3	35.2	145.4
08. Fish and shellfish	17.4	80.0	102.4	9.6	280.0
08-01. Fish	12.5	84.0	98.0	12.0	250.0
08-02. Crustaceans, molluscs	4.0	20.0	38.3	4.8	150.0
08-03. Fish products, fish in crumbs	2.6	145.0	150.6	11.9	350.0
09. Eggs and egg products	25.2	45.0	51.2	5.5	135.0
09-01. Egg	25.2	45.0	51.2	5.5	135.0
10. Fat	94.7	30.6	34.1	4.3	78.2
10-00. Unclassified	12.4	12.8	16.7	1.8	43.0
10-01. Vegetable oils	31.8	9.1	11.9	1.0	34.0
10-02. Butter	12.7	14.2	19.3	2.4	50.0
10-03. Margarines	79.3	24.0	27.6	3.4	65.5
10-04. Deep frying fats	8.5	23.3	24.0	3.7	51.0
10-06. Other animal fat	0.5	12.5	11.9	2.6	27.0
11. Sugar and confectionery	77.9	42.4	62.3	5.8	183.0
11-00. Unclassified	0.3	3.0	7.4	2.3	15.0
11-01. Sugar, honey ,jam	55.9	23.3	29.9	3.0	78.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	33.6	25.0	37.3	7.5	105.0
11-03. Confectionery non-chocolate	22.4	12.0	23.8	1.0	80.0
11-04. Syrup	13.0	20.0	38.6	3.3	120.8
11-05. Ice cream, water ice	8.6	93.3	103.9	50.0	200.0
11-05-01. Ice cream	7.9	100.0	105.9	50.0	200.0
11-05-02. Sorbet	0.1	100.0	115.3	100.0	147.0
11-05-03. Water ice	0.6	55.0	62.1	54.0	125.0
12. Cakes	58.1	60.0	80.6	12.0	230.0
12-01. Cakes, pies, pastries, etc.	36.7	65.0	91.4	20.0	250.0
12-02. Dry cakes, biscuits	34.6	30.0	38.3	8.0	100.0
13. Non-alcoholic beverages	99.8	1532.7	1687.1	633.4	3220.1
13-00. Unclassified	1.1	300.0	363.9	48.0	900.0
13-01. Fruit and vegetable juices	31.7	241.7	308.0	1.1	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	49.2	483.4	626.2	166.7	1500.0
13-03. Coffee, tea and herbal teas	92.3	769.4	853.3	213.3	1732.8
13-03-01. Coffee	83.4	583.5	677.3	133.3	1485.0
13-03-02. Tea	38.0	330.0	481.7	144.4	1143.3
13-03-03. Herbal tea	8.9	300.0	438.6	144.4	1162.5
13-03-04. Chicory, substitutes	0.2	376.6	449.4	301.3	750.0
13-04. Waters	68.0	500.0	715.6	50.0	2000.1
14. Alcoholic beverages	47.6	426.7	687.0	72.8	2100.0
14-00. Unclassified	0.2	72.0	136.4	50.0	420.0
14-01. Wine	16.3	246.6	287.5	92.5	653.4
14-02. Fortified wines (sherry, port, vermouth)	3.2	86.7	79.3	0.9	180.0
14-03. Beer, cider	28.4	600.0	946.8	300.0	2800.0
14-04. Spirits, brandy	7.4	72.8	94.4	19.0	261.2
14-05. Aniseed drinks (pastis,..)	0.0	50.0	50.0	50.0	50.0
14-06. Liqueurs	1.3	55.0	111.5	13.2	531.5
14-07. Cocktails, punches	0.1	275.0	232.4	153.3	275.0
15. Condiments and sauces	73.6	37.5	51.3	4.7	143.0
15-01. Sauces	69.2	38.3	52.2	5.8	143.0
15-01-00. Unclassified and other sauces	37.1	33.5	45.2	3.9	120.0

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	19.1	20.0	39.6	2.1	148.4
15-01-02. Dressing sauces	16.1	20.3	26.1	3.0	69.8
15-01-03. Mayonnaises and similars	25.0	23.3	29.4	3.9	90.0
15-01-04. Dessert sauces	1.0	19.0	21.3	7.5	45.0
15-02. Yeast	0.2	10.0	16.5	5.0	30.0
15-04. Condiments	13.7	6.7	11.2	0.6	41.3
16. Soups, bouillon	23.0	259.0	299.5	45.6	647.6
16-01. Soups	19.8	271.3	323.7	175.0	660.0
16-02. Bouillon	3.6	65.5	130.2	13.1	308.3
17. Miscellaneous	26.3	51.0	65.0	1.8	189.0
17-00. Unclassified	0.7	94.0	91.2	37.5	189.0
17-01. Soya products	1.2	100.0	176.7	23.1	550.0
17-02. Dietetic products	13.2	6.0	14.8	1.0	24.0
17-02-00. Unclassified	0.5	38.2	230.1	23.0	772.5
17-02-01. Artificial sweeteners	12.9	6.0	6.6	1.0	16.0
17-03. Snacks	13.0	75.0	95.3	34.0	210.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.0	140.0	143.7	32.4	276.5
01-01. Potatoes	51.8	140.0	143.9	32.4	276.5
01-02. Other tubers	0.1	108.2	75.0	39.3	108.2
02. Vegetables	84.6	135.7	152.8	19.1	344.9
02-01. Leafy vegetables (except cabbages)	26.3	60.0	85.5	14.0	243.0
02-02. Fruiting vegetables	48.0	66.5	89.8	6.0	231.8
02-03. Root vegetables	16.1	42.5	75.9	2.7	230.0
02-04. Cabbages	18.5	104.8	115.0	10.5	240.0
02-05. Mushrooms	8.3	21.0	30.8	4.3	82.8
02-06. Grain and pod vegetables	4.0	60.0	68.1	10.0	173.3
02-07. Onion, garlic	33.6	19.4	30.2	1.5	94.0
02-08. Stalk vegetables, sprouts	5.2	14.1	40.7	3.1	174.3
02-09. Mixed salad, mixed vegetables	13.2	73.4	96.5	8.0	280.0
03. Legumes	2.5	100.6	114.6	16.7	220.3
03-01. Legumes	2.5	100.6	114.6	16.7	220.3
04. Fruits, nuts and olives	68.6	153.0	184.3	13.7	447.5
04-01. Fruits	61.8	153.0	191.3	15.0	448.8
04-02. Nuts and seeds (+nut spread)	19.1	22.5	33.5	3.6	100.0
04-03. Mixed fruits	1.4	100.0	96.4	13.7	200.0
04-04. Olives	2.8	12.0	16.2	2.8	40.0
05. Dairy products	94.9	303.1	353.7	24.0	854.9
05-01. Milk	49.2	252.4	290.5	15.0	721.0
05-02. Milk beverages	7.5	257.5	268.1	120.2	566.6
05-03. Yoghurt	38.9	203.4	250.0	77.8	540.0
05-04. Fromage blanc, petits suisses	4.3	140.0	146.5	30.0	250.0
05-05. Cheese (including fresh cheeses)	70.0	39.0	48.6	12.0	120.0
05-06. Cream desserts, puddings (milk based)	15.0	150.0	164.2	50.0	283.3
05-07. Dairy and non-dairy creams	11.6	14.5	25.2	3.0	80.0
05-07-01. Dairy creams	11.3	14.0	25.0	3.0	80.0
05-07-02. Non-dairy creams	0.3	20.0	31.0	1.5	63.2
05-08. Milk for coffee and creamers	29.7	18.0	26.0	3.0	66.0
06. Cereals and cereal products	98.3	160.0	182.6	50.0	381.0
06-01. Flour, flakes, starches, semolina	5.6	3.6	8.6	0.6	40.1
06-02. Pasta, rice, other grain	26.0	129.0	148.8	41.4	320.0
06-03. Bread, crisp bread, rusks	95.7	115.0	123.5	35.0	245.0
06-03-01. Bread	91.5	106.7	123.4	40.0	245.0
06-03-02. Crispbread, rusks	27.6	20.0	19.3	5.0	45.0
06-04. Breakfast cereals	16.7	40.0	39.8	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	24.5	31.0	40.4	6.0	107.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.7	112.5	120.1	18.0	240.0
07. Meat and meat products	85.7	91.0	102.4	15.4	226.6
07-01. Fresh meat	38.7	80.0	90.9	20.0	182.0
07-01-00. Unclassified	8.7	69.4	77.8	17.5	163.5
07-01-01. Beef	18.0	76.0	84.5	23.2	178.0
07-01-02. Veal	0.4	76.0	101.3	20.3	178.0
07-01-03. Pork	12.5	80.0	97.4	13.7	218.1
07-01-04. Mutton/Lamb	0.7	87.5	79.6	12.5	125.0
07-01-05. Horse	0.0	175.0	175.0	175.0	175.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	17.6	75.0	82.3	6.4	178.0
07-02-00. Unclassified and other poultry	0.0	10.7	10.7	10.7	10.7
07-02-01. Chicken, hen	17.1	75.0	81.7	6.4	178.0
07-02-02. Turkey, young turkey	0.4	70.0	61.4	15.0	112.0
07-02-03. Duck	0.1	78.9	162.2	78.9	262.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	125.0	125.0	125.0	125.0
07-03. Game	0.1	112.0	119.8	49.0	178.0
07-04. Processed meat	62.3	40.0	60.6	10.0	159.0
07-05. Offals	0.3	67.3	64.8	4.4	210.0
08. Fish and shellfish	16.9	78.3	95.9	7.9	225.0
08-01. Fish	12.6	76.0	92.6	8.0	214.0
08-02. Crustaceans, molluscs	3.6	36.0	50.8	6.0	162.0
08-03. Fish products, fish in crumbs	1.9	130.5	141.3	45.0	217.5
09. Eggs and egg products	25.2	45.0	47.7	6.1	109.1
09-01. Egg	25.2	45.0	47.7	6.1	109.1
10. Fat	91.8	20.6	23.9	3.0	55.1
10-00. Unclassified	9.6	11.6	13.2	0.9	29.6
10-01. Vegetable oils	29.0	6.6	9.9	0.9	29.6
10-02. Butter	14.4	12.0	17.1	2.4	46.2
10-03. Margarines	75.2	16.0	19.0	2.4	45.6
10-04. Deep frying fats	5.9	16.1	17.6	3.6	35.7
10-06. Other animal fat	0.3	8.6	7.3	5.2	11.8
11. Sugar and confectionery	77.3	32.2	50.5	3.8	155.0
11-00. Unclassified	0.4	1.5	2.0	0.8	5.0
11-01. Sugar, honey ,jam	45.8	15.0	21.3	1.7	70.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	34.3	20.0	30.1	6.0	93.1
11-03. Confectionery non-chocolate	26.1	12.0	20.0	1.0	60.0
11-04. Syrup	14.9	20.0	34.8	5.0	100.0
11-05. Ice cream, water ice	9.0	78.0	95.2	35.0	183.0
11-05-01. Ice cream	7.6	86.0	102.3	43.0	219.0
11-05-02. Sorbet	0.2	50.0	54.5	25.0	100.0
11-05-03. Water ice	1.2	55.0	56.1	35.0	100.0
12. Cakes	65.9	50.0	70.5	10.0	193.5
12-01. Cakes, pies, pastries, etc.	40.8	60.0	79.1	20.0	205.0
12-02. Dry cakes, biscuits	41.0	28.0	34.6	7.0	90.0
13. Non-alcoholic beverages	100.0	1738.5	1868.9	739.2	3399.9
13-00. Unclassified	0.4	82.5	121.5	4.4	330.0
13-01. Fruit and vegetable juices	35.8	240.0	280.5	1.7	725.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	41.0	400.0	559.9	166.7	1505.0
13-03. Coffee, tea and herbal teas	94.5	808.3	908.3	208.3	1933.3
13-03-01. Coffee	73.4	526.4	557.7	123.8	1206.6
13-03-02. Tea	52.7	452.0	611.2	150.0	1642.5
13-03-03. Herbal tea	22.1	408.3	564.9	150.0	1376.0
13-03-04. Chicory, substitutes	0.7	133.3	381.5	1.8	1375.0
13-04. Waters	82.8	649.9	820.0	83.3	2133.6
14. Alcoholic beverages	30.9	240.9	322.9	44.0	900.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	21.9	246.6	277.2	76.7	616.8
14-02. Fortified wines (sherry, port, vermouth)	3.8	75.0	81.3	0.9	216.6
14-03. Beer, cider	4.2	490.0	735.1	200.0	2100.0
14-04. Spirits, brandy	2.6	72.8	89.1	3.3	214.0
14-05. Aniseed drinks (pastis,..)	0.1	30.0	51.5	30.0	76.7
14-06. Liqueurs	2.1	55.0	82.8	11.0	275.0
14-07. Cocktails, punches	0.3	275.0	218.2	20.0	550.0
15. Condiments and sauces	68.0	25.7	39.8	3.8	120.0
15-01. Sauces	63.3	26.7	41.0	4.5	121.0
15-01-00. Unclassified and other sauces	32.9	25.0	39.0	3.6	112.1

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	14.7	17.2	37.6	1.6	150.0
15-01-02. Dressing sauces	17.3	15.8	20.0	3.2	48.5
15-01-03. Mayonnaises and similars	20.4	13.2	19.2	3.5	48.3
15-01-04. Dessert sauces	0.6	21.0	30.6	7.5	135.0
15-02. Yeast	0.1	5.0	9.0	2.5	20.0
15-04. Condiments	11.3	4.8	9.7	0.6	33.3
16. Soups, bouillon	23.0	250.0	255.2	32.6	542.7
16-01. Soups	19.4	259.0	273.6	173.3	542.7
16-02. Bouillon	4.2	113.0	131.9	12.4	300.0
17. Miscellaneous	30.8	15.0	64.1	1.0	250.0
17-00. Unclassified	0.8	74.4	70.7	12.3	94.0
17-01. Soya products	4.1	150.0	178.0	16.0	483.3
17-02. Dietetic products	19.7	4.0	18.1	1.0	40.0
17-02-00. Unclassified	1.5	54.0	172.9	14.4	600.0
17-02-01. Artificial sweeteners	18.5	4.0	5.3	1.0	14.0
17-03. Snacks	9.3	70.0	89.9	31.0	187.5

**Table 4.2.c** Food consumption (food groups and subgroups) on consumption days of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	54.1	120.0	131.3	36.5	282.7
01-01. Potatoes	54.1	120.0	130.9	36.5	280.0
01-02. Other tubers	0.3	120.0	76.6	18.7	120.0
02. Vegetables	70.1	76.9	88.1	12.1	204.0
02-01. Leafy vegetables (except cabbages)	13.5	54.0	70.2	6.9	174.0
02-02. Fruiting vegetables	39.3	51.0	59.1	3.6	168.4
02-03. Root vegetables	10.7	76.9	80.8	3.2	228.5
02-04. Cabbages	13.7	81.3	83.8	4.9	180.0
02-05. Mushrooms	6.7	10.5	12.9	3.2	33.9
02-06. Grain and pod vegetables	3.1	25.0	35.2	1.6	91.0
02-07. Onion, garlic	19.8	10.8	19.8	1.4	59.6
02-08. Stalk vegetables, sprouts	2.5	8.2	20.3	1.7	39.7
02-09. Mixed salad, mixed vegetables	7.1	25.5	36.3	8.4	90.9
03. Legumes	2.2	58.9	76.0	26.6	166.5
03-01. Legumes	2.2	58.9	76.0	26.6	166.5
04. Fruits, nuts and olives	66.8	128.4	145.2	20.0	321.3
04-01. Fruits	58.0	130.0	152.7	32.1	311.0
04-02. Nuts and seeds (+nut spread)	20.6	20.0	28.4	10.0	60.0
04-03. Mixed fruits	2.1	90.0	116.4	50.0	270.0
04-04. Olives	0.1	48.0	48.0	48.0	48.0
05. Dairy products	93.6	390.8	431.3	35.0	954.6
05-01. Milk	54.8	274.6	333.1	38.8	793.2
05-02. Milk beverages	16.6	200.0	253.3	137.3	582.0
05-03. Yoghurt	41.0	216.0	287.5	100.0	675.2
05-04. Fromage blanc, petits suisses	4.9	63.0	83.0	50.0	150.0
05-05. Cheese (including fresh cheeses)	47.2	29.1	40.3	9.1	103.0
05-06. Cream desserts, puddings (milk based)	22.6	144.2	162.1	48.1	257.5
05-07. Dairy and non-dairy creams	6.5	12.0	18.0	3.0	46.7
05-07-01. Dairy creams	6.5	12.0	18.0	3.0	46.7
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	0.9	3.0	10.5	1.5	28.3
06. Cereals and cereal products	99.8	140.0	163.3	60.0	336.3
06-01. Flour, flakes, starches, semolina	2.7	1.4	4.8	0.2	15.0
06-02. Pasta, rice, other grain	22.3	100.8	108.7	32.5	234.2
06-03. Bread, crisp bread, rusks	97.1	105.0	117.2	35.0	233.0
06-03-01. Bread	95.4	105.0	114.8	35.0	235.0
06-03-02. Crispbread, rusks	25.0	14.0	17.1	3.0	40.0
06-04. Breakfast cereals	14.1	40.0	40.1	12.6	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	30.6	25.0	33.4	6.3	70.0
06-06. Dough and pastry (puff, shortcrust, pizza)	7.2	108.4	124.9	21.5	284.5
07. Meat and meat products	87.2	78.8	85.8	13.3	196.0
07-01. Fresh meat	32.0	60.4	65.9	13.8	178.0
07-01-00. Unclassified	8.6	60.4	61.3	13.3	124.2
07-01-01. Beef	12.9	55.4	64.3	17.4	182.0
07-01-02. Veal	0.6	75.5	89.1	27.6	141.2
07-01-03. Pork	10.0	63.0	68.4	10.0	178.0
07-01-04. Mutton/Lamb	0.2	17.5	64.3	17.5	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	13.3	63.7	58.9	5.1	122.0

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-00. Unclassified and other poultry	0.3	75.0	75.0	75.0	75.0
07-02-01. Chicken, hen	12.5	54.7	57.0	5.1	112.0
07-02-02. Turkey, young turkey	0.4	76.0	99.7	15.0	224.0
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	69.8	56.0	65.8	10.0	175.0
07-05. Offals	0.1	9.2	9.2	9.2	9.2
08. Fish and shellfish	7.3	52.2	74.1	5.0	201.0
08-01. Fish	3.2	36.5	66.2	5.2	200.0
08-02. Crustaceans, molluscs	1.7	14.4	48.1	4.3	116.0
08-03. Fish products, fish in crumbs	2.5	78.3	100.4	8.7	250.0
09. Eggs and egg products	18.4	45.0	37.6	4.9	98.7
09-01. Egg	18.4	45.0	37.6	4.9	98.7
10. Fat	90.7	18.4	21.5	2.1	48.6
10-00. Unclassified	12.0	14.2	14.5	1.6	33.4
10-01. Vegetable oils	20.9	5.9	8.0	0.6	23.6
10-02. Butter	7.8	12.0	16.5	2.0	56.0
10-03. Margarines	79.1	15.0	16.8	1.9	40.0
10-04. Deep frying fats	7.9	15.5	18.7	6.0	31.4
10-06. Other animal fat	0.2	6.2	6.2	6.2	6.2
11. Sugar and confectionery	94.8	70.0	86.9	10.0	218.0
11-00. Unclassified	0.2	0.8	0.8	0.8	0.8
11-01. Sugar, honey ,jam	35.4	10.2	19.8	1.6	66.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	61.6	25.0	33.4	7.0	91.0
11-03. Confectionery non-chocolate	60.1	18.0	23.2	2.5	64.0
11-04. Syrup	50.6	27.0	43.6	7.5	125.0
11-05. Ice cream, water ice	23.7	69.0	79.3	35.0	165.0
11-05-01. Ice cream	14.5	70.0	81.8	32.5	172.0
11-05-02. Sorbet	0.3	100.0	94.9	88.2	100.0
11-05-03. Water ice	10.4	55.0	63.6	35.0	130.0
12. Cakes	79.9	45.0	63.8	12.0	189.0
12-01. Cakes, pies, pastries, etc.	39.6	50.0	72.4	20.0	200.0
12-02. Dry cakes, biscuits	62.5	30.0	35.6	8.0	90.0
13. Non-alcoholic beverages	99.5	791.8	860.9	317.1	1644.4
13-00. Unclassified	0.2	25.1	33.9	25.1	44.4
13-01. Fruit and vegetable juices	40.0	200.0	308.9	100.0	683.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	66.6	400.0	471.5	133.3	1013.4
13-03. Coffee, tea and herbal teas	22.3	187.5	226.8	55.0	550.0
13-03-01. Coffee	0.9	53.3	66.7	23.3	125.0
13-03-02. Tea	18.6	187.5	227.5	93.3	550.0
13-03-03. Herbal tea	3.4	187.5	224.8	133.3	450.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	80.9	358.1	455.2	41.7	1237.4
14. Alcoholic beverages	1.1	1.6	19.6	0.3	75.1
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.2	57.0	57.0	57.0	57.0
14-02. Fortified wines (sherry, port, vermouth)	0.6	0.9	0.9	0.3	1.6
14-03. Beer, cider	0.2	25.9	23.1	20.0	25.9
14-04. Spirits, brandy	0.2	18.1	18.1	18.1	18.1
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.0	.	.	.	.



**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	65.1	23.3	33.2	3.1	85.8
15-01. Sauces	61.6	23.3	34.2	3.9	89.0
15-01-00. Unclassified and other sauces	30.1	23.3	29.7	2.7	80.0
15-01-01. Tomato sauces	21.6	18.7	27.8	4.2	87.4
15-01-02. Dressing sauces	15.9	15.0	17.5	2.9	40.0
15-01-03. Mayonnaises and similars	15.4	12.6	20.5	2.4	69.8
15-01-04. Dessert sauces	1.4	15.0	15.6	10.0	22.5
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	8.4	4.8	7.2	1.0	21.6
16. Soups, bouillon	11.4	194.3	190.9	18.6	388.5
16-01. Soups	10.0	196.0	213.4	63.0	400.0
16-02. Bouillon	1.6	20.2	26.7	10.0	49.9
17. Miscellaneous	15.2	70.0	120.4	1.0	416.6
17-00. Unclassified	0.4	19.9	19.9	19.9	19.9
17-01. Soya products	3.0	188.3	289.2	52.0	930.0
17-02. Dietetic products	1.6	1.0	5.1	0.2	26.0
17-02-00. Unclassified	0.2	26.0	26.0	26.0	26.0
17-02-01. Artificial sweeteners	1.3	1.0	1.3	0.2	3.2
17-03. Snacks	10.8	70.0	87.0	30.0	203.0

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.7	143.0	165.1	48.7	310.6
01-01. Potatoes	53.5	143.0	165.5	59.5	310.6
01-02. Other tubers	0.2	15.9	15.9	15.9	15.9
02. Vegetables	71.6	94.0	105.5	13.6	247.6
02-01. Leafy vegetables (except cabbages)	16.1	40.4	63.6	7.7	174.0
02-02. Fruiting vegetables	37.5	52.0	71.5	4.6	185.3
02-03. Root vegetables	10.5	50.0	73.2	2.0	228.0
02-04. Cabbages	13.8	98.0	107.6	10.0	229.0
02-05. Mushrooms	5.3	13.8	17.2	4.4	50.8
02-06. Grain and pod vegetables	4.6	45.0	44.6	1.1	91.0
02-07. Onion, garlic	23.3	17.0	28.0	2.0	97.6
02-08. Stalk vegetables, sprouts	2.5	8.6	17.5	2.0	71.0
02-09. Mixed salad, mixed vegetables	10.9	42.8	55.3	3.1	162.0
03. Legumes	2.0	120.5	116.7	12.7	253.1
03-01. Legumes	2.0	120.5	116.7	12.7	253.1
04. Fruits, nuts and olives	61.9	128.4	136.1	13.9	318.2
04-01. Fruits	52.9	128.4	144.3	16.4	318.0
04-02. Nuts and seeds (+nut spread)	19.9	20.0	32.7	6.3	90.0
04-03. Mixed fruits	1.0	120.0	141.1	36.4	291.6
04-04. Olives	0.3	4.7	6.5	0.5	13.0
05. Dairy products	92.2	399.3	447.2	45.9	974.0
05-01. Milk	57.5	257.5	310.0	56.7	643.8
05-02. Milk beverages	13.7	206.0	270.2	118.5	566.6
05-03. Yoghurt	39.8	208.8	310.0	77.8	831.6
05-04. Fromage blanc, petits suisses	4.9	60.0	99.3	20.9	300.0
05-05. Cheese (including fresh cheeses)	46.8	30.0	45.4	12.0	116.0
05-06. Cream desserts, puddings (milk based)	23.6	192.3	192.4	73.3	343.3
05-07. Dairy and non-dairy creams	8.6	20.0	22.0	4.1	50.8
05-07-01. Dairy creams	8.6	20.0	22.0	4.1	50.8
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	2.4	9.0	19.0	4.5	123.6
06. Cereals and cereal products	99.7	175.0	199.1	65.0	390.0
06-01. Flour, flakes, starches, semolina	2.1	2.1	5.3	0.6	20.4
06-02. Pasta, rice, other grain	22.8	112.0	146.1	41.0	320.0
06-03. Bread, crisp bread, rusks	97.1	135.0	139.8	45.0	275.0
06-03-01. Bread	95.9	135.0	138.9	45.0	277.8
06-03-02. Crispbread, rusks	17.2	10.0	14.0	2.9	32.0
06-04. Breakfast cereals	13.1	40.0	47.3	19.4	100.0
06-05. Salty biscuits, aperitif biscuits, crackers	39.8	35.0	42.9	10.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.7	98.6	106.5	15.2	218.8
07. Meat and meat products	88.6	92.0	108.9	18.0	249.8
07-01. Fresh meat	35.3	76.0	85.7	16.6	210.0
07-01-00. Unclassified	9.9	63.1	73.3	11.2	180.5
07-01-01. Beef	12.6	66.3	69.5	17.0	140.9
07-01-02. Veal	0.3	73.5	62.8	36.8	73.5
07-01-03. Pork	12.8	78.8	100.7	10.8	264.0
07-01-04. Mutton/Lamb	1.1	82.5	104.2	10.5	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	13.8	65.0	74.6	4.0	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	13.6	65.1	75.5	3.0	178.0
07-02-02. Turkey, young turkey	0.2	4.3	20.9	4.3	45.0
07-02-03. Duck	0.0	.	.	.	.

Group=Male Children (9-13 years, n=351)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.3	28.0	46.4	28.0	76.0
07-04. Processed meat	71.2	60.0	78.3	10.0	190.2
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	8.7	75.0	91.7	8.9	280.0
08-01. Fish	5.0	60.0	66.5	7.3	180.0
08-02. Crustaceans, molluscs	1.2	16.0	43.6	3.8	100.0
08-03. Fish products, fish in crumbs	3.2	122.7	128.0	52.2	328.0
09. Eggs and egg products	23.3	45.0	40.3	4.2	100.0
09-01. Egg	23.3	45.0	40.3	4.2	100.0
10. Fat	91.3	23.8	25.9	2.6	60.8
10-00. Unclassified	10.3	17.2	16.8	4.2	30.7
10-01. Vegetable oils	26.3	5.0	8.1	0.6	27.9
10-02. Butter	8.6	12.0	16.5	3.0	60.0
10-03. Margarines	76.3	18.0	20.9	2.5	49.2
10-04. Deep frying fats	10.7	20.4	22.7	5.4	44.5
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	93.0	70.0	89.3	10.0	217.3
11-00. Unclassified	0.0	.	.	.	.
11-01. Sugar, honey ,jam	39.2	10.2	15.9	1.4	42.9
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	58.7	30.0	37.9	5.0	100.0
11-03. Confectionery non-chocolate	55.5	16.0	27.7	2.0	90.0
11-04. Syrup	45.4	27.0	44.6	9.0	125.0
11-05. Ice cream, water ice	22.2	70.0	85.4	35.0	175.0
11-05-01. Ice cream	16.2	75.0	82.7	37.5	150.0
11-05-02. Sorbet	0.4	50.0	71.8	50.0	100.0
11-05-03. Water ice	6.9	59.0	76.8	32.0	162.0
12. Cakes	78.7	60.0	79.0	14.0	214.0
12-01. Cakes, pies, pastries, etc.	42.4	60.0	87.8	20.0	250.0
12-02. Dry cakes, biscuits	59.4	36.0	42.2	9.0	90.0
13. Non-alcoholic beverages	99.1	995.3	1083.7	400.0	2036.0
13-00. Unclassified	0.3	500.0	412.7	250.0	500.0
13-01. Fruit and vegetable juices	40.9	250.0	327.7	112.5	750.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	74.3	500.0	613.4	166.7	1433.4
13-03. Coffee, tea and herbal teas	28.5	220.0	265.5	100.0	562.5
13-03-01. Coffee	4.0	188.3	193.8	3.0	436.7
13-03-02. Tea	21.3	200.0	263.9	110.0	550.0
13-03-03. Herbal tea	4.2	250.0	277.9	150.0	550.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	76.9	416.6	529.0	50.0	1353.1
14. Alcoholic beverages	1.7	21.7	129.0	2.0	400.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.3	2.0	8.4	2.0	21.7
14-02. Fortified wines (sherry, port, vermouth)	0.4	2.0	2.6	2.0	3.6
14-03. Beer, cider	0.7	330.0	299.7	200.0	400.0
14-04. Spirits, brandy	0.0	.	.	.	.
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.2	4.4	4.4	4.4	4.4
14-07. Cocktails, punches	0.2	133.3	133.3	133.3	133.3
15. Condiments and sauces	70.5	29.7	40.9	3.9	104.6
15-01. Sauces	67.8	28.4	41.2	4.6	104.6
15-01-00. Unclassified and other sauces	29.8	23.3	35.9	3.8	93.5

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	27.3	20.9	30.9	3.3	90.0
15-01-02. Dressing sauces	14.6	17.5	21.7	2.9	64.7
15-01-03. Mayonnaises and similars	20.6	20.0	26.7	2.9	69.8
15-01-04. Dessert sauces	0.5	15.0	19.2	12.0	30.0
15-02. Yeast	0.1	5.0	5.0	5.0	5.0
15-04. Condiments	9.2	6.5	10.0	1.0	36.0
16. Soups, bouillon	14.6	210.0	261.7	39.7	551.0
16-01. Soups	13.4	259.0	281.0	105.0	630.0
16-02. Bouillon	1.2	39.7	38.2	0.2	71.6
17. Miscellaneous	17.2	65.5	85.8	1.0	250.0
17-00. Unclassified	0.4	47.0	59.2	47.0	72.4
17-01. Soya products	2.1	160.0	188.3	1.2	500.0
17-02. Dietetic products	3.7	2.0	3.8	0.1	10.0
17-02-00. Unclassified	0.2	40.0	40.0	40.0	40.0
17-02-01. Artificial sweeteners	3.5	2.0	2.1	0.1	4.8
17-03. Snacks	11.2	72.0	92.5	31.0	210.0

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	57.4	140.0	142.2	36.5	300.0
01-01. Potatoes	57.4	140.0	142.2	36.5	300.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	75.1	79.7	93.2	11.7	203.8
02-01. Leafy vegetables (except cabbages)	14.5	45.7	71.3	10.0	203.8
02-02. Fruiting vegetables	41.7	51.0	64.3	7.0	164.0
02-03. Root vegetables	10.7	49.0	71.2	2.0	200.0
02-04. Cabbages	13.9	78.0	89.1	10.7	180.0
02-05. Mushrooms	5.8	16.6	17.9	3.9	36.0
02-06. Grain and pod vegetables	4.3	60.0	54.5	19.3	120.0
02-07. Onion, garlic	26.2	13.8	22.3	2.8	69.6
02-08. Stalk vegetables, sprouts	1.9	11.1	10.6	2.5	32.0
02-09. Mixed salad, mixed vegetables	9.2	27.0	36.8	3.7	93.8
03. Legumes	2.3	79.5	93.2	20.7	210.0
03-01. Legumes	2.3	79.5	93.2	20.7	210.0
04. Fruits, nuts and olives	66.1	128.1	135.5	10.0	330.0
04-01. Fruits	58.0	128.4	142.4	15.4	318.0
04-02. Nuts and seeds (+nut spread)	18.9	20.0	26.2	5.4	60.0
04-03. Mixed fruits	1.7	90.0	123.8	7.5	454.5
04-04. Olives	0.4	6.2	6.7	4.9	9.9
05. Dairy products	92.7	384.6	419.0	29.2	903.0
05-01. Milk	53.9	263.5	318.0	12.3	686.7
05-02. Milk beverages	18.1	236.9	278.7	125.0	566.6
05-03. Yoghurt	38.3	216.0	282.9	100.0	594.0
05-04. Fromage blanc, petits suisses	2.5	80.0	116.1	40.0	250.0
05-05. Cheese (including fresh cheeses)	52.7	30.0	42.7	10.0	109.7
05-06. Cream desserts, puddings (milk based)	19.4	150.0	158.9	60.0	254.1
05-07. Dairy and non-dairy creams	9.8	13.3	19.8	3.0	48.0
05-07-01. Dairy creams	9.6	12.0	19.6	3.0	48.0
05-07-02. Non-dairy creams	0.2	29.4	24.9	20.2	29.4
05-08. Milk for coffee and creamers	1.3	12.7	11.7	6.0	16.0
06. Cereals and cereal products	99.4	150.0	171.0	45.0	350.5
06-01. Flour, flakes, starches, semolina	2.7	1.7	2.4	0.3	8.4
06-02. Pasta, rice, other grain	23.4	104.0	118.8	30.0	265.4
06-03. Bread, crisp bread, rusks	96.2	105.0	116.7	35.0	235.0
06-03-01. Bread	94.3	105.0	115.0	35.0	235.0
06-03-02. Crispbread, rusks	21.6	13.0	17.5	3.0	54.0
06-04. Breakfast cereals	13.1	40.0	44.1	9.7	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	41.2	30.0	42.3	6.0	105.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.6	97.2	101.0	17.0	225.0
07. Meat and meat products	87.7	84.0	93.9	14.9	217.7
07-01. Fresh meat	33.1	69.1	69.4	10.7	162.7
07-01-00. Unclassified	9.3	57.8	61.0	11.3	116.1
07-01-01. Beef	14.7	61.7	67.3	14.9	176.0
07-01-02. Veal	0.2	17.5	14.3	7.7	17.5
07-01-03. Pork	10.1	76.0	73.0	7.9	178.0
07-01-04. Mutton/Lamb	0.0	.	.	.	.
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	13.2	53.7	71.9	10.0	175.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	13.1	53.7	72.4	10.0	175.0
07-02-02. Turkey, young turkey	0.1	19.0	19.0	19.0	19.0
07-02-03. Duck	0.0	.	.	.	.

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	70.4	61.9	70.8	9.3	170.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	8.4	52.2	79.7	6.4	225.0
08-01. Fish	5.0	43.2	74.0	9.6	280.0
08-02. Crustaceans, molluscs	1.0	18.3	25.9	4.3	67.5
08-03. Fish products, fish in crumbs	2.6	104.0	104.3	20.0	225.0
09. Eggs and egg products	19.5	45.0	38.8	4.6	90.0
09-01. Egg	19.5	45.0	38.8	4.6	90.0
10. Fat	91.1	18.8	21.6	2.2	48.0
10-00. Unclassified	13.8	11.6	14.5	3.7	30.0
10-01. Vegetable oils	24.4	4.9	7.2	0.7	23.6
10-02. Butter	8.3	9.9	13.6	1.2	40.0
10-03. Margarines	77.5	13.4	16.6	1.3	38.0
10-04. Deep frying fats	10.2	18.0	18.5	4.7	36.0
10-06. Other animal fat	0.3	11.1	9.0	6.0	11.1
11. Sugar and confectionery	94.1	63.0	78.9	10.0	194.0
11-00. Unclassified	0.5	1.5	1.6	0.8	2.3
11-01. Sugar, honey ,jam	38.2	10.0	16.9	1.4	55.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	60.9	25.0	31.7	6.7	80.0
11-03. Confectionery non-chocolate	59.1	15.0	23.9	2.0	69.0
11-04. Syrup	40.0	26.3	42.1	6.3	125.0
11-05. Ice cream, water ice	21.1	70.0	82.5	35.0	180.0
11-05-01. Ice cream	15.6	75.0	82.0	35.0	150.0
11-05-02. Sorbet	0.2	50.0	50.0	50.0	50.0
11-05-03. Water ice	6.5	55.0	70.0	35.0	187.5
12. Cakes	77.7	52.0	74.3	12.0	195.0
12-01. Cakes, pies, pastries, etc.	38.6	66.0	88.1	20.0	240.0
12-02. Dry cakes, biscuits	60.7	31.0	39.1	8.0	94.0
13. Non-alcoholic beverages	99.3	925.0	982.1	399.9	1700.0
13-00. Unclassified	0.1	488.3	488.3	488.3	488.3
13-01. Fruit and vegetable juices	42.0	250.0	336.6	120.0	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	72.0	483.4	557.0	153.3	1208.5
13-03. Coffee, tea and herbal teas	27.3	193.3	288.5	106.7	660.0
13-03-01. Coffee	3.1	133.3	163.0	4.0	541.7
13-03-02. Tea	20.0	188.3	274.5	116.7	600.0
13-03-03. Herbal tea	6.6	188.3	286.1	123.8	825.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	77.1	345.0	458.5	40.0	1200.0
14. Alcoholic beverages	1.2	16.5	29.6	0.9	96.7
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.4	16.5	23.6	7.8	48.9
14-02. Fortified wines (sherry, port, vermouth)	0.3	1.6	1.4	0.9	1.6
14-03. Beer, cider	0.0	.	.	.	.
14-04. Spirits, brandy	0.1	2.4	2.4	2.4	2.4
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.4	26.4	33.8	13.2	53.2
14-07. Cocktails, punches	0.1	96.7	96.7	96.7	96.7
15. Condiments and sauces	68.9	24.1	33.7	3.9	96.9
15-01. Sauces	65.6	25.0	34.6	3.9	96.9
15-01-00. Unclassified and other sauces	27.9	23.3	32.1	2.7	77.7

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.6	12.5	23.2	2.3	87.4
15-01-02. Dressing sauces	16.5	17.0	20.4	2.5	56.0
15-01-03. Mayonnaises and similars	22.3	16.9	21.2	3.1	52.6
15-01-04. Dessert sauces	1.0	15.0	18.4	5.0	33.8
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	9.3	4.6	6.1	0.9	17.5
16. Soups, bouillon	13.0	250.0	251.0	47.1	563.5
16-01. Soups	12.0	259.0	262.3	129.5	563.5
16-02. Bouillon	1.5	47.1	74.5	4.3	200.0
17. Miscellaneous	18.3	63.0	82.9	1.0	250.0
17-00. Unclassified	0.3	30.7	61.8	30.7	94.0
17-01. Soya products	2.2	93.3	170.7	20.0	586.6
17-02. Dietetic products	3.1	2.0	30.6	1.0	250.0
17-02-00. Unclassified	0.3	250.0	250.0	250.0	250.0
17-02-01. Artificial sweeteners	2.7	2.0	3.3	1.0	21.0
17-03. Snacks	13.1	63.0	78.2	30.6	153.0

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.0	194.0	206.5	73.0	401.0
01-01. Potatoes	54.0	194.0	206.5	73.0	401.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	77.0	106.3	123.4	20.0	279.9
02-01. Leafy vegetables (except cabbages)	19.1	44.7	68.3	7.7	175.0
02-02. Fruiting vegetables	41.8	52.0	75.9	7.5	201.6
02-03. Root vegetables	11.1	76.0	88.9	4.0	230.0
02-04. Cabbages	16.4	98.0	105.3	8.6	240.0
02-05. Mushrooms	7.4	17.0	23.9	4.6	42.8
02-06. Grain and pod vegetables	4.1	60.0	63.3	7.7	128.3
02-07. Onion, garlic	28.7	25.3	34.0	3.0	85.5
02-08. Stalk vegetables, sprouts	3.1	10.4	17.3	4.6	75.0
02-09. Mixed salad, mixed vegetables	12.7	50.0	66.5	4.4	162.0
03. Legumes	1.6	132.4	130.8	39.5	227.5
03-01. Legumes	1.6	132.4	130.8	39.5	227.5
04. Fruits, nuts and olives	53.2	128.4	143.0	12.8	362.3
04-01. Fruits	41.5	130.0	155.7	12.8	370.4
04-02. Nuts and seeds (+nut spread)	20.3	35.0	52.3	10.0	140.0
04-03. Mixed fruits	0.5	150.0	153.3	100.0	188.5
04-04. Olives	1.0	8.0	9.0	2.0	20.0
05. Dairy products	90.3	422.0	487.0	40.0	1174.3
05-01. Milk	57.3	283.3	387.1	33.3	906.4
05-02. Milk beverages	11.5	250.0	287.4	128.8	566.5
05-03. Yoghurt	31.5	252.0	333.9	100.8	891.0
05-04. Fromage blanc, petits suisses	1.6	150.0	190.0	50.0	500.0
05-05. Cheese (including fresh cheeses)	52.3	48.0	57.5	13.0	132.0
05-06. Cream desserts, puddings (milk based)	21.8	192.3	197.4	85.0	321.1
05-07. Dairy and non-dairy creams	8.7	16.2	22.3	7.0	64.0
05-07-01. Dairy creams	8.6	16.2	22.2	7.0	64.0
05-07-02. Non-dairy creams	0.1	26.0	26.0	26.0	26.0
05-08. Milk for coffee and creamers	7.8	12.7	22.3	6.0	48.0
06. Cereals and cereal products	98.5	233.4	259.8	79.0	536.5
06-01. Flour, flakes, starches, semolina	5.5	2.0	5.4	0.7	23.1
06-02. Pasta, rice, other grain	28.4	172.0	182.4	63.3	402.0
06-03. Bread, crisp bread, rusks	94.1	160.0	173.6	50.0	340.0
06-03-01. Bread	93.5	160.0	172.5	50.0	340.0
06-03-02. Crispbread, rusks	12.6	10.0	16.5	3.3	50.0
06-04. Breakfast cereals	13.8	40.0	49.0	17.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	33.7	57.0	67.6	11.0	160.0
06-06. Dough and pastry (puff, shortcrust, pizza)	7.2	153.9	151.4	39.4	277.1
07. Meat and meat products	90.4	112.0	130.9	31.3	304.0
07-01. Fresh meat	39.6	80.8	98.9	17.9	237.2
07-01-00. Unclassified	13.5	68.1	83.0	24.4	178.0
07-01-01. Beef	12.5	85.0	92.1	17.7	200.0
07-01-02. Veal	0.3	73.5	76.3	73.5	80.0
07-01-03. Pork	14.4	80.0	101.6	14.9	264.0
07-01-04. Mutton/Lamb	1.2	91.8	120.9	79.2	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	16.5	82.3	94.9	11.7	225.2
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	16.3	84.0	95.1	11.7	225.2
07-02-02. Turkey, young turkey	0.2	75.5	75.5	75.5	75.5
07-02-03. Duck	0.0	.	.	.	.



Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	70.8	70.3	89.6	15.0	225.8
07-05. Offals	0.1	105.0	105.0	105.0	105.0
08. Fish and shellfish	9.0	75.0	88.6	11.1	201.0
08-01. Fish	5.3	49.8	94.4	12.0	304.8
08-02. Crustaceans, molluscs	2.9	32.0	45.8	11.1	150.0
08-03. Fish products, fish in crumbs	1.5	130.5	112.9	22.5	201.0
09. Eggs and egg products	17.0	45.0	48.5	4.9	100.0
09-01. Egg	17.0	45.0	48.5	4.9	100.0
10. Fat	92.6	25.8	30.2	1.7	73.5
10-00. Unclassified	14.4	17.2	19.7	1.2	48.8
10-01. Vegetable oils	27.4	7.5	9.9	0.9	35.6
10-02. Butter	12.2	10.6	16.8	1.5	51.1
10-03. Margarines	72.5	18.0	24.4	1.7	63.0
10-04. Deep frying fats	10.3	23.6	26.2	3.1	53.2
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	84.5	60.0	79.7	6.0	218.8
11-00. Unclassified	0.2	2.0	1.8	1.5	2.0
11-01. Sugar, honey ,jam	40.4	13.6	23.6	3.0	77.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	50.2	30.0	41.9	10.0	109.0
11-03. Confectionery non-chocolate	38.7	14.0	29.4	2.0	122.5
11-04. Syrup	24.2	36.0	51.1	9.0	150.0
11-05. Ice cream, water ice	12.4	90.0	106.3	50.0	200.0
11-05-01. Ice cream	11.1	90.0	108.9	50.0	200.0
11-05-02. Sorbet	0.1	125.0	125.0	125.0	125.0
11-05-03. Water ice	1.5	55.0	58.3	35.0	110.0
12. Cakes	65.7	64.0	84.1	10.0	224.0
12-01. Cakes, pies, pastries, etc.	32.8	72.0	99.7	20.0	300.0
12-02. Dry cakes, biscuits	47.0	36.0	48.1	9.0	130.0
13. Non-alcoholic beverages	99.5	1230.0	1350.2	480.0	2663.2
13-00. Unclassified	0.4	87.8	115.9	26.8	300.0
13-01. Fruit and vegetable juices	33.9	250.0	349.3	0.8	935.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	83.2	725.0	795.2	200.0	1741.7
13-03. Coffee, tea and herbal teas	38.5	275.0	354.1	116.7	825.0
13-03-01. Coffee	17.8	266.6	331.9	106.7	799.8
13-03-02. Tea	21.9	275.0	307.1	144.4	750.0
13-03-03. Herbal tea	4.2	188.3	238.4	30.0	550.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	68.4	480.0	625.2	50.0	1741.7
14. Alcoholic beverages	12.2	453.4	1049.6	1.6	3900.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.4	130.0	157.0	30.8	433.2
14-02. Fortified wines (sherry, port, vermouth)	1.8	1.6	2.0	0.7	4.6
14-03. Beer, cider	9.3	660.0	1330.9	280.0	5640.0
14-04. Spirits, brandy	0.5	72.8	54.1	3.8	91.8
14-05. Aniseed drinks (pastis,..)	0.1	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.7	53.2	56.6	11.0	88.0
14-07. Cocktails, punches	0.5	153.4	245.9	125.0	500.0
15. Condiments and sauces	75.4	36.6	52.0	5.8	143.6
15-01. Sauces	72.6	37.2	52.8	5.3	144.0
15-01-00. Unclassified and other sauces	35.6	33.5	45.3	2.8	125.0

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	25.2	25.0	39.1	3.0	124.8
15-01-02. Dressing sauces	15.3	23.3	29.1	3.9	76.0
15-01-03. Mayonnaises and similars	23.6	23.3	32.6	4.9	81.5
15-01-04. Dessert sauces	1.2	15.0	19.6	7.5	36.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	10.0	4.8	8.2	0.8	26.5
16. Soups, bouillon	14.0	259.0	277.0	18.6	647.5
16-01. Soups	11.0	271.3	324.0	150.0	647.6
16-02. Bouillon	3.3	38.8	91.5	11.1	300.0
17. Miscellaneous	21.6	75.0	102.9	2.0	272.0
17-00. Unclassified	0.6	86.3	93.2	16.2	200.0
17-01. Soya products	1.1	100.0	161.2	50.0	500.0
17-02. Dietetic products	4.7	3.0	13.3	1.0	40.0
17-02-00. Unclassified	0.8	27.0	58.7	25.9	248.9
17-02-01. Artificial sweeteners	3.9	2.0	3.5	1.0	8.0
17-03. Snacks	16.0	108.0	120.5	40.0	272.0

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.7	140.0	147.9	40.0	286.0
01-01. Potatoes	53.7	140.0	147.8	40.0	286.0
01-02. Other tubers	0.2	26.8	26.8	26.8	26.8
02. Vegetables	79.0	98.0	111.7	16.0	264.0
02-01. Leafy vegetables (except cabbages)	22.3	45.0	62.4	9.5	179.7
02-02. Fruiting vegetables	45.8	54.0	72.3	6.9	200.0
02-03. Root vegetables	12.1	55.9	73.3	2.2	186.8
02-04. Cabbages	15.1	98.0	99.3	9.7	180.0
02-05. Mushrooms	7.6	14.8	22.8	5.3	95.5
02-06. Grain and pod vegetables	4.3	60.0	46.4	6.1	91.0
02-07. Onion, garlic	29.4	16.4	25.2	1.6	75.8
02-08. Stalk vegetables, sprouts	2.2	7.9	19.0	4.6	50.0
02-09. Mixed salad, mixed vegetables	9.7	39.5	59.8	6.7	170.0
03. Legumes	2.1	110.3	106.4	18.4	210.0
03-01. Legumes	2.1	110.3	106.4	18.4	210.0
04. Fruits, nuts and olives	61.2	130.0	154.7	18.1	382.5
04-01. Fruits	53.8	131.3	166.3	18.1	394.5
04-02. Nuts and seeds (+nut spread)	15.5	20.0	29.1	9.5	70.0
04-03. Mixed fruits	0.7	70.0	88.0	35.0	188.5
04-04. Olives	1.4	14.0	13.4	1.9	20.0
05. Dairy products	91.2	301.8	363.5	22.0	846.0
05-01. Milk	49.8	248.9	302.0	14.9	623.3
05-02. Milk beverages	14.0	200.0	269.8	109.9	600.0
05-03. Yoghurt	33.7	216.0	262.2	100.0	522.0
05-04. Fromage blanc, petits suisses	2.0	140.0	124.9	23.2	233.3
05-05. Cheese (including fresh cheeses)	56.8	32.9	44.1	10.6	113.0
05-06. Cream desserts, puddings (milk based)	14.5	160.0	168.1	51.5	309.0
05-07. Dairy and non-dairy creams	9.6	12.0	19.9	3.0	52.0
05-07-01. Dairy creams	9.5	12.0	20.0	3.0	52.0
05-07-02. Non-dairy creams	0.1	12.0	12.0	12.0	12.0
05-08. Milk for coffee and creamers	5.9	9.0	15.7	1.0	58.3
06. Cereals and cereal products	99.0	175.0	192.8	60.0	387.0
06-01. Flour, flakes, starches, semolina	5.9	2.8	5.8	0.4	25.0
06-02. Pasta, rice, other grain	25.2	113.3	138.8	38.8	284.0
06-03. Bread, crisp bread, rusks	96.7	120.0	131.9	45.0	258.0
06-03-01. Bread	95.3	120.0	129.2	45.0	245.0
06-03-02. Crispbread, rusks	21.8	14.0	20.7	3.3	60.0
06-04. Breakfast cereals	14.3	40.0	43.8	19.7	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	30.1	40.0	43.5	8.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.7	121.9	130.1	17.3	268.0
07. Meat and meat products	86.7	89.3	100.8	18.2	222.0
07-01. Fresh meat	37.2	76.0	81.8	17.4	178.0
07-01-00. Unclassified	11.4	60.0	65.5	18.7	127.3
07-01-01. Beef	15.2	70.0	76.8	19.4	178.0
07-01-02. Veal	0.1	73.5	73.5	73.5	73.5
07-01-03. Pork	11.7	78.8	88.0	14.3	178.0
07-01-04. Mutton/Lamb	0.8	111.7	114.7	9.2	176.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.9	80.0	76.9	8.5	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	18.6	78.9	76.5	8.5	178.0
07-02-02. Turkey, young turkey	0.3	112.0	104.4	80.0	112.0
07-02-03. Duck	0.0	.	.	.	.

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	264.0	264.0	264.0	264.0
07-04. Processed meat	62.1	56.0	68.0	10.0	178.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	9.0	58.5	67.3	9.8	201.0
08-01. Fish	5.5	51.3	59.7	2.5	126.0
08-02. Crustaceans, molluscs	1.6	22.1	50.4	13.0	204.0
08-03. Fish products, fish in crumbs	2.1	78.3	93.5	52.0	201.0
09. Eggs and egg products	20.6	33.2	37.0	3.1	90.0
09-01. Egg	20.6	33.2	37.0	3.1	90.0
10. Fat	90.4	18.0	21.2	1.8	51.1
10-00. Unclassified	11.0	9.6	13.2	0.8	31.4
10-01. Vegetable oils	25.4	5.5	8.0	0.6	24.4
10-02. Butter	13.5	10.0	13.8	0.3	36.0
10-03. Margarines	73.3	12.1	16.4	1.7	38.2
10-04. Deep frying fats	9.2	17.8	19.1	3.4	39.6
10-06. Other animal fat	0.7	7.2	6.8	4.0	13.0
11. Sugar and confectionery	87.4	42.0	60.4	4.0	162.2
11-00. Unclassified	0.2	1.7	2.3	1.7	3.0
11-01. Sugar, honey ,jam	39.8	12.0	17.7	1.7	47.7
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	51.7	26.0	36.4	7.5	95.0
11-03. Confectionery non-chocolate	42.4	10.0	19.2	1.0	73.0
11-04. Syrup	19.3	20.0	36.2	7.5	143.8
11-05. Ice cream, water ice	13.3	80.0	89.2	50.0	183.0
11-05-01. Ice cream	10.6	86.0	89.9	49.0	175.0
11-05-02. Sorbet	0.3	50.0	69.6	50.0	100.0
11-05-03. Water ice	2.7	55.0	78.4	35.0	250.0
12. Cakes	72.2	55.0	72.3	10.0	200.0
12-01. Cakes, pies, pastries, etc.	33.1	67.0	86.0	20.0	222.3
12-02. Dry cakes, biscuits	55.3	38.0	43.0	8.0	114.0
13. Non-alcoholic beverages	99.8	1250.0	1351.9	483.4	2473.4
13-00. Unclassified	0.5	300.0	225.2	10.5	375.0
13-01. Fruit and vegetable juices	39.3	241.7	312.1	20.0	700.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	67.3	500.0	605.7	166.7	1383.5
13-03. Coffee, tea and herbal teas	51.6	375.0	453.5	123.8	1125.0
13-03-01. Coffee	11.6	188.3	231.6	93.3	486.6
13-03-02. Tea	38.8	300.0	407.5	133.3	940.0
13-03-03. Herbal tea	11.7	311.3	420.9	116.7	1100.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	80.5	616.7	725.6	79.7	1750.0
14. Alcoholic beverages	9.4	250.0	567.2	0.9	1960.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	2.7	166.7	304.1	100.0	1741.9
14-02. Fortified wines (sherry, port, vermouth)	1.9	1.6	49.4	0.7	230.0
14-03. Beer, cider	3.0	364.0	1215.1	250.0	5100.0
14-04. Spirits, brandy	0.8	45.9	61.9	9.4	186.8
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	2.5	126.5	135.0	23.8	319.2
14-07. Cocktails, punches	1.6	193.3	223.0	20.0	550.0
15. Condiments and sauces	71.1	30.0	40.6	4.8	114.0
15-01. Sauces	67.2	30.9	41.6	5.9	114.8
15-01-00. Unclassified and other sauces	29.0	27.9	38.6	2.8	112.0

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.0	17.6	29.3	3.1	108.0
15-01-02. Dressing sauces	16.7	17.5	20.5	2.7	51.1
15-01-03. Mayonnaises and similars	25.0	17.7	24.5	4.7	70.0
15-01-04. Dessert sauces	1.6	22.5	29.3	12.0	60.0
15-02. Yeast	0.1	5.0	5.0	5.0	5.0
15-04. Condiments	11.0	4.1	8.1	0.7	28.8
16. Soups, bouillon	15.7	259.0	256.5	17.0	630.0
16-01. Soups	12.2	259.0	307.7	175.0	647.5
16-02. Bouillon	3.6	32.6	76.2	13.0	275.0
17. Miscellaneous	21.1	70.0	77.3	2.0	210.0
17-00. Unclassified	0.8	94.0	90.8	72.4	94.0
17-01. Soya products	1.7	79.8	95.2	26.6	250.0
17-02. Dietetic products	6.8	4.0	34.8	1.0	57.0
17-02-00. Unclassified	1.2	30.4	182.2	1.0	772.5
17-02-01. Artificial sweeteners	5.7	2.0	3.3	0.8	8.0
17-03. Snacks	13.2	70.0	87.8	34.0	153.0

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.9	194.0	206.7	33.5	450.0
01-01. Potatoes	52.9	194.0	206.7	33.5	450.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	81.0	127.2	143.4	21.4	310.0
02-01. Leafy vegetables (except cabbages)	24.0	60.0	77.9	7.0	243.0
02-02. Fruiting vegetables	45.4	66.5	84.7	5.7	221.7
02-03. Root vegetables	15.6	25.0	58.4	1.6	203.0
02-04. Cabbages	15.3	122.2	120.1	9.7	281.9
02-05. Mushrooms	9.1	26.6	29.9	7.0	57.0
02-06. Grain and pod vegetables	4.1	60.0	73.9	11.3	200.0
02-07. Onion, garlic	33.7	23.1	36.3	2.0	110.3
02-08. Stalk vegetables, sprouts	3.9	11.9	17.0	4.6	35.3
02-09. Mixed salad, mixed vegetables	12.3	77.8	105.1	3.9	280.0
03. Legumes	1.8	140.0	149.1	15.2	231.3
03-01. Legumes	1.8	140.0	149.1	15.2	231.3
04. Fruits, nuts and olives	54.2	130.0	139.8	7.3	345.0
04-01. Fruits	42.0	130.0	151.0	4.2	345.8
04-02. Nuts and seeds (+nut spread)	21.3	40.0	53.2	15.0	150.0
04-03. Mixed fruits	0.5	188.5	152.8	60.0	250.0
04-04. Olives	1.4	12.4	25.0	6.0	80.0
05. Dairy products	90.7	340.9	439.8	25.4	1218.2
05-01. Milk	48.4	307.5	423.7	9.8	1081.5
05-02. Milk beverages	10.0	283.3	338.2	137.3	849.9
05-03. Yoghurt	28.2	225.0	293.3	65.0	650.0
05-04. Fromage blanc, petits suisses	3.1	150.0	176.3	51.4	500.0
05-05. Cheese (including fresh cheeses)	60.8	49.0	62.5	20.0	148.0
05-06. Cream desserts, puddings (milk based)	15.0	192.3	183.7	92.4	257.5
05-07. Dairy and non-dairy creams	6.4	19.0	24.6	6.4	64.0
05-07-01. Dairy creams	6.3	19.0	24.7	6.4	64.0
05-07-02. Non-dairy creams	0.0	12.0	12.0	12.0	12.0
05-08. Milk for coffee and creamers	19.9	18.0	24.1	2.4	78.0
06. Cereals and cereal products	96.8	245.0	274.5	80.0	564.0
06-01. Flour, flakes, starches, semolina	4.0	1.8	4.9	1.4	20.1
06-02. Pasta, rice, other grain	27.1	172.0	218.5	63.3	498.4
06-03. Bread, crisp bread, rusks	93.5	170.0	180.0	59.6	350.0
06-03-01. Bread	92.0	171.5	180.8	60.0	350.0
06-03-02. Crispbread, rusks	12.1	13.4	16.1	2.5	40.0
06-04. Breakfast cereals	10.9	60.0	57.0	16.2	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	26.7	41.0	64.7	12.0	200.0
06-06. Dough and pastry (puff, shortcrust, pizza)	9.2	156.8	157.3	23.1	317.8
07. Meat and meat products	91.1	120.0	148.6	30.0	350.0
07-01. Fresh meat	40.2	100.4	119.5	23.4	280.0
07-01-00. Unclassified	14.4	87.5	111.6	21.8	235.3
07-01-01. Beef	11.7	99.5	108.3	23.4	264.0
07-01-02. Veal	0.1	110.3	110.3	110.3	110.3
07-01-03. Pork	15.5	90.3	110.7	10.8	344.0
07-01-04. Mutton/Lamb	1.2	176.0	170.2	79.2	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.1	76.0	76.0	76.0	76.0
07-02. Poultry	18.8	82.3	101.0	5.3	273.6
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	18.6	82.3	99.8	5.3	269.2
07-02-02. Turkey, young turkey	0.0	.	.	.	.
07-02-03. Duck	0.2	273.6	212.0	149.5	273.6

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	72.6	75.0	94.1	16.0	231.7
07-05. Offals	0.1	105.0	105.0	105.0	105.0
08. Fish and shellfish	16.3	82.6	99.1	9.6	250.0
08-01. Fish	10.2	75.0	85.2	8.3	200.0
08-02. Crustaceans, molluscs	3.7	25.8	42.5	9.6	250.0
08-03. Fish products, fish in crumbs	3.4	145.0	173.0	40.0	500.0
09. Eggs and egg products	26.2	46.9	57.2	7.7	135.0
09-01. Egg	26.2	46.9	57.2	7.7	135.0
10. Fat	90.1	29.6	34.0	3.1	79.9
10-00. Unclassified	16.9	12.9	17.9	2.0	43.0
10-01. Vegetable oils	28.9	10.0	13.4	1.3	39.7
10-02. Butter	10.7	15.0	19.3	2.4	54.7
10-03. Margarines	70.3	22.1	27.8	1.8	72.0
10-04. Deep frying fats	8.5	23.3	24.6	5.1	58.8
10-06. Other animal fat	0.4	12.5	9.5	2.9	15.1
11. Sugar and confectionery	81.7	49.0	71.1	6.6	200.0
11-00. Unclassified	0.3	3.0	11.8	3.0	50.0
11-01. Sugar, honey ,jam	56.9	19.6	24.6	3.2	66.3
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	35.8	30.0	41.2	7.5	120.0
11-03. Confectionery non-chocolate	26.4	15.0	34.5	2.0	165.0
11-04. Syrup	14.5	26.3	60.5	3.0	243.8
11-05. Ice cream, water ice	10.3	93.3	110.8	53.0	236.0
11-05-01. Ice cream	9.0	100.0	112.7	50.0	240.0
11-05-02. Sorbet	0.2	147.0	147.0	147.0	147.0
11-05-03. Water ice	1.5	55.0	68.2	55.0	125.0
12. Cakes	49.6	60.0	86.9	12.0	250.0
12-01. Cakes, pies, pastries, etc.	30.1	60.0	99.7	20.0	297.0
12-02. Dry cakes, biscuits	29.5	36.0	44.4	10.0	102.0
13. Non-alcoholic beverages	99.4	1533.1	1728.5	605.5	3254.1
13-00. Unclassified	0.7	600.0	365.1	4.2	660.0
13-01. Fruit and vegetable juices	32.3	250.0	418.1	1.1	990.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	71.0	666.7	808.8	208.3	2000.0
13-03. Coffee, tea and herbal teas	75.8	541.6	621.6	133.3	1432.9
13-03-01. Coffee	60.6	454.9	554.8	130.0	1320.0
13-03-02. Tea	27.1	294.4	410.9	133.3	1013.3
13-03-03. Herbal tea	6.5	275.0	355.4	144.4	753.2
13-03-04. Chicory, substitutes	0.1	301.3	301.3	301.3	301.3
13-04. Waters	67.0	550.0	799.9	50.0	2175.1
14. Alcoholic beverages	34.8	560.0	1014.0	33.0	3533.5
14-00. Unclassified	0.3	72.0	222.7	72.0	420.0
14-01. Wine	5.7	246.7	302.0	55.4	833.5
14-02. Fortified wines (sherry, port, vermouth)	1.8	2.6	22.2	0.9	108.3
14-03. Beer, cider	27.3	790.0	1214.1	300.0	3900.0
14-04. Spirits, brandy	1.6	47.5	82.2	9.5	367.3
14-05. Aniseed drinks (pastis,..)	0.2	50.0	50.0	50.0	50.0
14-06. Liqueurs	1.0	60.5	104.5	13.2	476.8
14-07. Cocktails, punches	0.3	168.7	186.7	153.3	241.7
15. Condiments and sauces	74.9	46.5	62.6	5.2	167.1
15-01. Sauces	71.7	46.5	63.0	5.2	161.7
15-01-00. Unclassified and other sauces	34.0	34.9	50.8	3.8	139.7

**Group=Male Adults (19-30 years,n=356)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	26.0	25.0	46.6	2.1	144.0
15-01-02. Dressing sauces	16.9	23.3	33.1	2.9	88.0
15-01-03. Mayonnaises and similars	31.7	23.3	31.9	4.3	100.0
15-01-04. Dessert sauces	0.5	24.0	23.9	15.0	30.0
15-02. Yeast	0.1	10.0	10.0	10.0	10.0
15-04. Condiments	11.5	6.6	14.6	1.0	65.0
16. Soups, bouillon	21.8	259.0	292.0	33.0	647.5
16-01. Soups	19.0	259.0	320.6	173.3	647.5
16-02. Bouillon	3.2	51.7	91.9	11.0	330.0
17. Miscellaneous	23.6	70.0	108.4	2.2	330.0
17-00. Unclassified	0.3	40.4	67.0	32.3	141.0
17-01. Soya products	0.5	330.0	389.3	32.0	880.0
17-02. Dietetic products	7.2	6.0	71.8	1.0	780.5
17-02-00. Unclassified	1.2	400.0	393.4	10.0	824.0
17-02-01. Artificial sweeteners	6.3	4.0	5.7	1.0	14.0
17-03. Snacks	16.3	102.0	112.1	47.5	212.0



**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	47.7	140.0	147.1	32.0	280.0
01-01. Potatoes	47.7	140.0	147.1	32.0	280.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	82.5	110.3	135.0	15.7	347.8
02-01. Leafy vegetables (except cabbages)	23.7	60.0	71.3	10.0	200.0
02-02. Fruiting vegetables	50.1	60.4	87.1	5.7	227.5
02-03. Root vegetables	12.6	29.4	61.1	3.2	178.0
02-04. Cabbages	15.6	98.0	105.9	11.4	216.0
02-05. Mushrooms	8.5	19.6	28.2	5.2	65.8
02-06. Grain and pod vegetables	3.2	91.0	85.8	13.9	175.0
02-07. Onion, garlic	32.7	19.1	27.2	1.2	91.4
02-08. Stalk vegetables, sprouts	4.3	18.8	38.0	5.0	145.0
02-09. Mixed salad, mixed vegetables	12.7	72.0	85.6	7.4	228.0
03. Legumes	2.8	119.9	129.0	30.0	490.0
03-01. Legumes	2.8	119.9	129.0	30.0	490.0
04. Fruits, nuts and olives	60.2	148.0	167.6	6.3	414.9
04-01. Fruits	52.2	153.0	179.2	6.9	414.9
04-02. Nuts and seeds (+nut spread)	18.4	20.0	33.7	2.8	78.0
04-03. Mixed fruits	1.2	50.0	82.8	12.1	200.0
04-04. Olives	1.5	10.0	9.2	1.0	37.7
05. Dairy products	93.0	283.3	350.4	24.0	890.9
05-01. Milk	44.9	248.9	292.7	19.0	791.4
05-02. Milk beverages	12.4	274.7	290.3	125.0	566.5
05-03. Yoghurt	32.6	216.0	265.8	65.0	599.6
05-04. Fromage blanc, petits suisses	4.1	125.0	135.2	9.9	250.0
05-05. Cheese (including fresh cheeses)	61.0	40.0	50.4	12.0	130.0
05-06. Cream desserts, puddings (milk based)	15.3	192.3	185.3	48.1	336.4
05-07. Dairy and non-dairy creams	10.3	12.0	26.3	3.0	64.0
05-07-01. Dairy creams	10.3	12.0	26.3	3.0	64.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	21.4	16.0	22.1	2.4	57.0
06. Cereals and cereal products	97.3	180.0	198.1	50.0	390.0
06-01. Flour, flakes, starches, semolina	4.6	5.3	13.9	0.8	61.2
06-02. Pasta, rice, other grain	29.0	129.0	150.8	60.0	320.0
06-03. Bread, crisp bread, rusks	94.0	120.0	128.0	35.0	260.0
06-03-01. Bread	90.4	120.0	127.7	35.0	260.0
06-03-02. Crispbread, rusks	22.6	20.0	21.1	5.0	56.0
06-04. Breakfast cereals	16.5	40.0	42.2	19.4	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	29.1	40.0	46.8	7.0	119.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.9	125.4	127.5	23.1	253.9
07. Meat and meat products	82.0	100.0	109.3	17.4	240.6
07-01. Fresh meat	34.8	78.8	92.6	23.4	182.8
07-01-00. Unclassified	10.4	73.0	83.1	17.4	178.0
07-01-01. Beef	14.4	76.0	78.8	20.0	162.7
07-01-02. Veal	0.7	76.0	80.1	20.3	150.0
07-01-03. Pork	11.2	76.8	97.9	14.1	232.0
07-01-04. Mutton/Lamb	0.7	87.5	92.3	36.5	158.4
07-01-05. Horse	0.1	175.0	175.0	175.0	175.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	20.3	80.0	85.3	10.7	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	20.2	80.0	85.1	10.7	178.0
07-02-02. Turkey, young turkey	0.1	112.0	112.0	112.0	112.0
07-02-03. Duck	0.0	.	.	.	.

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	58.4	50.0	68.4	10.0	177.8
07-05. Offals	0.2	52.5	52.5	52.5	52.5
08. Fish and shellfish	12.5	76.0	82.2	10.1	187.5
08-01. Fish	8.2	76.0	83.3	10.1	201.0
08-02. Crustaceans, molluscs	3.1	37.5	55.1	8.6	187.5
08-03. Fish products, fish in crumbs	1.7	104.4	100.5	26.1	145.0
09. Eggs and egg products	22.5	46.1	54.1	8.4	129.2
09-01. Egg	22.5	46.1	54.1	8.4	129.2
10. Fat	89.3	19.1	23.0	3.0	55.3
10-00. Unclassified	11.8	11.6	14.2	2.1	29.7
10-01. Vegetable oils	30.8	7.4	10.1	0.9	29.9
10-02. Butter	11.7	9.9	14.7	3.0	41.0
10-03. Margarines	68.3	15.0	18.5	2.5	45.0
10-04. Deep frying fats	7.7	15.5	17.3	3.6	34.2
10-06. Other animal fat	0.3	5.2	7.5	5.2	11.8
11. Sugar and confectionery	80.6	40.0	60.2	4.0	186.0
11-00. Unclassified	0.7	1.5	1.7	0.9	3.0
11-01. Sugar, honey ,jam	48.9	13.6	19.4	1.7	60.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	39.3	25.0	36.0	7.0	104.0
11-03. Confectionery non-chocolate	29.5	10.0	18.8	1.0	64.0
11-04. Syrup	16.1	21.0	41.2	6.3	106.0
11-05. Ice cream, water ice	11.4	87.0	111.2	48.0	274.0
11-05-01. Ice cream	9.4	100.0	121.5	48.0	283.0
11-05-02. Sorbet	0.6	50.0	63.6	50.0	100.0
11-05-03. Water ice	1.5	55.0	58.8	50.0	105.0
12. Cakes	58.9	55.0	76.1	14.0	215.0
12-01. Cakes, pies, pastries, etc.	35.1	66.0	88.0	20.0	240.0
12-02. Dry cakes, biscuits	35.6	32.0	39.2	10.0	96.0
13. Non-alcoholic beverages	100.0	1735.0	1868.4	705.0	3395.9
13-00. Unclassified	0.2	4.4	14.5	4.4	30.7
13-01. Fruit and vegetable juices	35.3	241.7	358.4	2.4	773.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	61.2	483.4	651.8	166.7	1600.0
13-03. Coffee, tea and herbal teas	81.8	577.6	733.4	144.4	1783.2
13-03-01. Coffee	45.5	396.7	450.3	106.7	1193.4
13-03-02. Tea	47.4	450.0	595.6	144.4	1393.3
13-03-03. Herbal tea	21.3	376.6	527.1	133.3	1245.0
13-03-04. Chicory, substitutes	0.1	275.0	275.0	275.0	275.0
13-04. Waters	81.8	725.1	908.6	63.5	2400.0
14. Alcoholic beverages	15.1	250.0	393.3	1.6	1500.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	7.9	240.0	283.3	115.0	750.0
14-02. Fortified wines (sherry, port, vermouth)	1.4	0.9	7.2	0.4	76.7
14-03. Beer, cider	4.2	490.0	795.8	250.0	2100.0
14-04. Spirits, brandy	1.6	114.0	103.4	8.6	183.6
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.5	69.9	89.7	33.0	318.9
14-07. Cocktails, punches	0.3	166.7	286.1	96.6	550.0
15. Condiments and sauces	68.9	30.0	44.6	3.5	134.9
15-01. Sauces	65.5	31.7	45.6	3.6	134.9
15-01-00. Unclassified and other sauces	31.5	26.2	40.8	2.7	120.0

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	19.4	19.1	42.8	2.1	160.0
15-01-02. Dressing sauces	15.8	17.5	20.9	3.6	46.6
15-01-03. Mayonnaises and similars	21.7	20.0	24.5	3.9	60.0
15-01-04. Dessert sauces	0.4	15.0	16.3	7.5	30.0
15-02. Yeast	0.3	5.0	12.2	5.0	20.0
15-04. Condiments	10.0	5.0	8.7	0.6	28.4
16. Soups, bouillon	17.3	259.0	276.1	31.5	593.3
16-01. Soups	14.7	259.0	296.2	175.0	593.3
16-02. Bouillon	3.3	144.4	129.0	18.6	275.0
17. Miscellaneous	28.5	47.5	72.6	1.0	200.0
17-00. Unclassified	1.5	74.4	81.0	24.0	151.0
17-01. Soya products	3.4	100.0	148.3	6.1	600.0
17-02. Dietetic products	15.6	4.0	23.4	1.0	54.0
17-02-00. Unclassified	1.9	50.0	154.0	13.0	541.0
17-02-01. Artificial sweeteners	13.9	4.0	5.5	1.0	16.0
17-03. Snacks	10.2	90.0	105.7	47.5	212.5

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.9	194.0	209.3	62.0	410.0
01-01. Potatoes	55.9	194.0	209.3	62.0	410.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	85.4	142.7	155.4	19.2	360.0
02-01. Leafy vegetables (except cabbages)	27.5	60.0	92.5	9.3	243.0
02-02. Fruiting vegetables	44.4	62.5	85.3	4.0	236.0
02-03. Root vegetables	14.7	48.8	81.9	2.7	230.0
02-04. Cabbages	16.5	136.0	135.7	9.7	310.0
02-05. Mushrooms	7.1	27.9	33.2	6.4	69.0
02-06. Grain and pod vegetables	3.4	60.0	71.7	14.6	176.3
02-07. Onion, garlic	36.3	24.7	39.1	1.6	127.7
02-08. Stalk vegetables, sprouts	5.5	14.3	20.3	4.0	69.3
02-09. Mixed salad, mixed vegetables	14.8	84.0	100.7	7.6	255.5
03. Legumes	1.5	122.3	168.5	9.5	398.7
03-01. Legumes	1.5	122.3	168.5	9.5	398.7
04. Fruits, nuts and olives	61.6	153.0	179.3	8.0	439.4
04-01. Fruits	52.2	153.0	190.9	5.6	437.0
04-02. Nuts and seeds (+nut spread)	20.3	35.0	45.4	10.0	110.0
04-03. Mixed fruits	0.9	70.0	114.8	24.2	250.0
04-04. Olives	2.3	20.0	26.3	1.9	100.0
05. Dairy products	94.7	350.2	436.1	24.4	1083.6
05-01. Milk	50.8	283.3	388.1	26.4	1000.0
05-02. Milk beverages	9.5	257.5	298.8	130.0	680.0
05-03. Yoghurt	35.7	237.6	260.6	65.0	540.0
05-04. Fromage blanc, petits suisses	2.8	186.7	190.3	48.0	500.0
05-05. Cheese (including fresh cheeses)	63.6	48.0	59.2	16.9	146.0
05-06. Cream desserts, puddings (milk based)	20.7	192.3	196.5	60.0	381.1
05-07. Dairy and non-dairy creams	8.0	20.0	25.5	2.5	64.0
05-07-01. Dairy creams	8.0	20.0	25.5	2.5	64.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	32.6	16.5	26.5	2.8	81.0
06. Cereals and cereal products	97.4	220.3	247.7	73.7	513.3
06-01. Flour, flakes, starches, semolina	4.9	3.6	5.5	0.6	17.0
06-02. Pasta, rice, other grain	26.6	172.0	198.9	67.0	476.0
06-03. Bread, crisp bread, rusks	95.1	160.0	170.9	60.0	320.0
06-03-01. Bread	94.3	155.0	169.1	60.0	315.0
06-03-02. Crispbread, rusks	14.8	14.3	20.9	5.1	58.7
06-04. Breakfast cereals	13.7	40.0	51.2	19.4	100.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.7	40.0	50.9	7.0	120.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.3	119.4	144.1	25.8	333.3
07. Meat and meat products	89.9	125.0	147.4	30.0	325.0
07-01. Fresh meat	41.9	106.7	125.2	34.6	278.0
07-01-00. Unclassified	10.9	86.1	93.4	26.0	211.4
07-01-01. Beef	17.5	106.7	119.9	38.0	264.0
07-01-02. Veal	0.3	73.5	73.5	73.5	73.5
07-01-03. Pork	13.8	112.0	136.4	22.4	300.0
07-01-04. Mutton/Lamb	1.4	125.0	126.8	58.8	224.0
07-01-05. Horse	0.2	264.0	264.0	264.0	264.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	19.5	77.9	94.0	6.4	205.0
07-02-00. Unclassified and other poultry	0.3	76.0	91.2	76.0	112.0
07-02-01. Chicken, hen	18.4	76.0	91.2	6.4	205.0
07-02-02. Turkey, young turkey	0.5	112.0	86.2	20.0	178.0
07-02-03. Duck	0.3	228.0	183.9	136.8	228.0

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	218.0	218.0	218.0	218.0
07-03. Game	0.1	74.7	74.7	74.7	74.7
07-04. Processed meat	71.5	60.0	86.2	15.0	226.0
07-05. Offals	0.1	35.2	35.2	35.2	35.2
08. Fish and shellfish	17.7	66.0	95.3	8.0	251.5
08-01. Fish	12.1	76.0	89.3	12.0	201.0
08-02. Crustaceans, molluscs	4.4	15.0	30.1	3.2	130.7
08-03. Fish products, fish in crumbs	2.9	145.0	167.2	11.9	350.0
09. Eggs and egg products	22.2	45.0	49.4	6.3	135.0
09-01. Egg	22.2	45.0	49.4	6.3	135.0
10. Fat	95.3	31.0	34.3	4.5	79.3
10-00. Unclassified	11.6	15.0	17.7	2.9	46.3
10-01. Vegetable oils	33.1	9.0	12.2	1.0	35.2
10-02. Butter	12.6	14.0	20.0	3.0	50.0
10-03. Margarines	78.2	24.0	27.8	4.0	67.0
10-04. Deep frying fats	9.5	23.3	23.7	3.3	51.3
10-06. Other animal fat	0.5	12.5	16.8	12.5	27.0
11. Sugar and confectionery	79.1	44.0	63.4	5.7	189.0
11-00. Unclassified	0.3	2.3	2.3	2.3	2.3
11-01. Sugar, honey ,jam	56.2	22.7	30.7	1.9	80.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	38.2	25.0	40.1	7.5	116.0
11-03. Confectionery non-chocolate	24.4	10.0	20.9	1.0	62.0
11-04. Syrup	13.8	21.3	34.5	2.3	100.0
11-05. Ice cream, water ice	7.9	86.0	97.9	50.0	200.0
11-05-01. Ice cream	7.2	86.0	101.1	50.0	200.0
11-05-02. Sorbet	0.2	100.0	100.0	100.0	100.0
11-05-03. Water ice	0.5	55.0	54.7	54.0	55.0
12. Cakes	57.0	60.0	83.8	10.0	240.0
12-01. Cakes, pies, pastries, etc.	34.7	75.0	97.7	20.0	272.0
12-02. Dry cakes, biscuits	33.8	30.0	41.0	8.0	110.0
13. Non-alcoholic beverages	99.9	1668.4	1802.5	651.1	3510.0
13-00. Unclassified	1.5	300.0	367.3	78.3	900.0
13-01. Fruit and vegetable juices	31.3	241.7	294.1	1.2	690.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	49.6	483.4	583.4	191.7	1363.4
13-03. Coffee, tea and herbal teas	95.5	831.7	925.2	235.0	1925.0
13-03-01. Coffee	86.8	666.5	754.9	140.0	1650.0
13-03-02. Tea	34.5	336.7	524.8	144.4	1400.0
13-03-03. Herbal tea	9.3	275.0	504.5	160.0	1500.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	67.2	551.5	788.6	45.1	2271.9
14. Alcoholic beverages	45.4	500.0	706.9	72.8	2400.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	14.7	200.0	279.3	92.5	616.7
14-02. Fortified wines (sherry, port, vermouth)	3.1	60.0	77.4	0.9	173.3
14-03. Beer, cider	27.9	600.0	967.3	300.0	2800.0
14-04. Spirits, brandy	5.2	72.8	99.2	20.8	275.4
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.1	80.2	145.2	6.0	531.5
14-07. Cocktails, punches	0.2	275.0	275.0	275.0	275.0
15. Condiments and sauces	75.2	43.2	52.9	6.0	143.0
15-01. Sauces	70.6	44.0	53.9	6.9	142.3
15-01-00. Unclassified and other sauces	36.6	35.1	47.7	4.1	120.0

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	20.9	14.5	36.3	2.3	114.0
15-01-02. Dressing sauces	16.0	23.3	28.6	3.9	74.5
15-01-03. Mayonnaises and similars	26.0	23.3	31.6	5.0	80.0
15-01-04. Dessert sauces	0.9	22.5	24.1	13.6	45.0
15-02. Yeast	0.2	30.0	30.0	30.0	30.0
15-04. Condiments	15.5	5.6	10.8	0.5	43.2
16. Soups, bouillon	20.5	259.0	294.8	40.4	660.0
16-01. Soups	18.2	259.0	318.4	175.0	660.0
16-02. Bouillon	3.0	40.4	88.9	9.7	308.3
17. Miscellaneous	26.1	51.5	54.2	1.0	150.0
17-00. Unclassified	1.1	94.0	97.2	37.5	189.0
17-01. Soya products	1.2	59.4	68.4	23.1	140.0
17-02. Dietetic products	13.5	6.0	7.3	1.0	22.0
17-02-00. Unclassified	0.3	38.0	38.1	38.0	38.2
17-02-01. Artificial sweeteners	13.2	6.0	6.7	1.0	20.0
17-03. Snacks	12.6	72.0	89.2	36.0	206.8

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	49.2	140.0	147.1	31.0	280.0
01-01. Potatoes	49.1	140.0	147.2	31.0	280.0
01-02. Other tubers	0.2	108.2	108.2	108.2	108.2
02. Vegetables	84.4	135.2	149.1	19.1	335.8
02-01. Leafy vegetables (except cabbages)	26.8	60.0	74.2	15.0	174.0
02-02. Fruiting vegetables	48.7	66.5	89.7	5.7	240.0
02-03. Root vegetables	17.4	50.0	76.0	3.2	226.9
02-04. Cabbages	14.7	111.0	118.1	14.8	243.0
02-05. Mushrooms	9.7	24.7	31.5	6.6	75.0
02-06. Grain and pod vegetables	5.4	60.0	58.3	8.6	160.0
02-07. Onion, garlic	34.9	20.0	29.1	2.3	79.8
02-08. Stalk vegetables, sprouts	4.5	13.7	38.4	2.9	145.0
02-09. Mixed salad, mixed vegetables	14.7	72.0	93.0	9.0	283.7
03. Legumes	2.9	103.3	117.5	18.8	220.3
03-01. Legumes	2.9	103.3	117.5	18.8	220.3
04. Fruits, nuts and olives	66.0	146.9	180.1	10.0	456.1
04-01. Fruits	58.2	150.0	189.3	8.0	463.8
04-02. Nuts and seeds (+nut spread)	18.9	23.6	33.9	5.4	100.0
04-03. Mixed fruits	1.4	125.0	127.6	48.5	235.7
04-04. Olives	2.9	12.0	17.5	3.8	48.0
05. Dairy products	94.9	309.0	351.5	22.0	843.3
05-01. Milk	51.4	252.4	283.0	15.0	608.4
05-02. Milk beverages	6.5	257.5	272.3	127.5	566.6
05-03. Yoghurt	37.6	216.0	258.4	100.0	540.0
05-04. Fromage blanc, petits suisses	2.9	140.0	133.3	30.0	250.0
05-05. Cheese (including fresh cheeses)	67.7	42.0	49.8	12.0	119.9
05-06. Cream desserts, puddings (milk based)	15.3	150.0	162.9	60.0	283.3
05-07. Dairy and non-dairy creams	10.9	12.0	26.4	3.0	102.6
05-07-01. Dairy creams	10.7	12.0	26.6	3.0	102.6
05-07-02. Non-dairy creams	0.2	2.7	18.5	2.7	36.0
05-08. Milk for coffee and creamers	31.2	18.0	24.9	4.0	61.2
06. Cereals and cereal products	98.6	170.0	191.2	48.0	402.0
06-01. Flour, flakes, starches, semolina	5.4	3.6	6.5	0.5	26.6
06-02. Pasta, rice, other grain	29.3	127.0	150.2	39.7	320.0
06-03. Bread, crisp bread, rusks	95.6	116.0	124.2	35.0	253.8
06-03-01. Bread	90.5	115.0	125.0	45.0	245.0
06-03-02. Crispbread, rusks	28.3	20.0	19.4	5.0	44.0
06-04. Breakfast cereals	19.6	40.0	41.3	18.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	26.2	38.0	43.2	6.0	118.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.5	131.6	136.2	18.0	227.7
07. Meat and meat products	86.4	87.5	99.8	15.4	224.6
07-01. Fresh meat	36.6	78.8	88.3	17.2	194.2
07-01-00. Unclassified	8.3	69.4	79.7	22.2	163.5
07-01-01. Beef	17.9	75.0	81.5	23.2	178.0
07-01-02. Veal	0.1	76.0	76.0	76.0	76.0
07-01-03. Pork	10.6	85.2	98.8	9.9	218.1
07-01-04. Mutton/Lamb	0.7	79.2	64.7	12.5	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	17.3	75.0	78.7	6.4	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	16.9	75.0	78.5	6.4	178.0
07-02-02. Turkey, young turkey	0.4	70.0	58.8	20.0	93.8
07-02-03. Duck	0.2	78.9	78.9	78.9	78.9

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	178.0	178.0	178.0	178.0
07-04. Processed meat	63.4	42.0	62.9	9.6	172.7
07-05. Offals	0.3	67.3	52.2	24.7	67.3
08. Fish and shellfish	16.7	80.0	97.1	10.8	217.5
08-01. Fish	12.1	79.8	88.2	10.8	200.0
08-02. Crustaceans, molluscs	3.7	53.4	62.8	6.4	180.0
08-03. Fish products, fish in crumbs	2.1	145.0	153.9	20.0	436.0
09. Eggs and egg products	22.8	45.0	44.5	6.3	135.0
09-01. Egg	22.8	45.0	44.5	6.3	135.0
10. Fat	91.5	20.6	23.9	2.8	55.0
10-00. Unclassified	10.2	11.9	14.5	1.5	29.1
10-01. Vegetable oils	27.3	7.0	10.6	0.9	29.7
10-02. Butter	11.5	15.0	18.9	2.8	51.8
10-03. Margarines	75.3	15.4	18.9	2.3	45.0
10-04. Deep frying fats	6.2	17.2	18.4	6.1	35.9
10-06. Other animal fat	0.3	8.7	7.0	5.2	8.7
11. Sugar and confectionery	78.3	34.0	51.0	4.0	160.0
11-00. Unclassified	0.3	1.5	1.6	1.5	1.7
11-01. Sugar, honey ,jam	43.1	16.0	22.6	1.7	72.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	35.3	20.0	30.2	6.0	98.0
11-03. Confectionery non-chocolate	28.8	15.0	23.4	1.0	80.0
11-04. Syrup	15.7	21.3	31.7	5.0	90.0
11-05. Ice cream, water ice	9.0	70.0	85.8	35.0	183.0
11-05-01. Ice cream	7.0	86.0	94.8	43.0	236.0
11-05-02. Sorbet	0.1	50.0	50.0	50.0	50.0
11-05-03. Water ice	1.9	55.0	55.1	35.0	100.0
12. Cakes	66.4	55.0	73.8	12.0	203.0
12-01. Cakes, pies, pastries, etc.	40.3	62.5	82.8	20.0	230.0
12-02. Dry cakes, biscuits	41.9	30.0	37.4	8.0	95.0
13. Non-alcoholic beverages	100.0	1825.2	1938.5	774.9	3468.7
13-00. Unclassified	0.7	68.2	97.4	25.0	199.8
13-01. Fruit and vegetable juices	34.3	241.7	285.8	12.7	720.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	45.1	386.6	558.1	166.7	1558.5
13-03. Coffee, tea and herbal teas	97.0	830.9	944.8	250.0	1954.2
13-03-01. Coffee	71.8	533.2	570.2	133.3	1235.1
13-03-02. Tea	50.6	550.0	671.9	150.0	1858.3
13-03-03. Herbal tea	25.1	500.0	644.5	150.0	1650.0
13-03-04. Chicory, substitutes	1.0	550.0	585.2	3.0	1375.0
13-04. Waters	81.5	624.9	823.6	66.7	2100.0
14. Alcoholic beverages	27.2	208.3	326.2	34.2	924.9
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	18.5	200.0	274.7	60.0	740.0
14-02. Fortified wines (sherry, port, vermouth)	3.0	83.3	94.7	1.6	250.0
14-03. Beer, cider	4.2	483.4	743.5	165.0	3000.0
14-04. Spirits, brandy	1.7	91.8	86.1	1.6	214.0
14-05. Aniseed drinks (pastis,..)	0.2	30.0	51.5	30.0	76.7
14-06. Liqueurs	1.8	56.0	99.8	2.2	275.0
14-07. Cocktails, punches	0.5	275.0	199.1	20.0	290.0
15. Condiments and sauces	68.7	26.1	40.1	4.6	118.7
15-01. Sauces	62.9	28.6	41.8	5.8	125.0
15-01-00. Unclassified and other sauces	29.6	28.8	40.6	3.9	108.0



**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	15.8	18.7	36.9	1.7	150.0
15-01-02. Dressing sauces	19.8	16.9	20.9	3.8	54.2
15-01-03. Mayonnaises and similars	22.1	14.0	19.2	3.9	48.3
15-01-04. Dessert sauces	0.6	15.0	18.6	7.5	30.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	13.8	4.8	8.7	0.6	36.0
16. Soups, bouillon	22.9	220.0	244.1	51.7	500.0
16-01. Soups	19.7	259.0	258.7	173.3	500.0
16-02. Bouillon	3.6	113.3	139.7	4.2	500.0
17. Miscellaneous	33.2	12.0	62.3	1.0	226.6
17-00. Unclassified	0.8	72.4	53.3	12.3	94.0
17-01. Soya products	3.9	185.0	174.6	8.0	472.0
17-02. Dietetic products	21.8	4.0	16.2	1.0	25.0
17-02-00. Unclassified	1.3	75.0	182.5	25.0	600.0
17-02-01. Artificial sweeteners	20.6	4.0	5.4	1.0	14.0
17-03. Snacks	10.6	69.8	93.4	34.0	225.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	60.4	150.0	179.0	50.8	342.0
01-01. Potatoes	60.2	150.4	179.1	50.8	342.0
01-02. Other tubers	0.1	150.0	150.0	150.0	150.0
02. Vegetables	82.9	150.8	163.4	21.9	360.0
02-01. Leafy vegetables (except cabbages)	27.7	68.0	96.7	20.0	225.0
02-02. Fruiting vegetables	42.8	79.0	98.0	6.2	239.0
02-03. Root vegetables	11.5	27.6	66.3	3.2	218.7
02-04. Cabbages	18.8	138.0	142.2	10.0	272.0
02-05. Mushrooms	5.5	28.0	34.8	2.9	100.0
02-06. Grain and pod vegetables	4.7	87.5	68.8	9.7	120.0
02-07. Onion, garlic	31.8	28.5	38.6	2.8	114.4
02-08. Stalk vegetables, sprouts	4.7	11.1	58.6	3.5	182.2
02-09. Mixed salad, mixed vegetables	11.2	82.7	108.6	15.2	280.0
03. Legumes	3.1	122.2	131.2	18.0	280.0
03-01. Legumes	3.1	122.2	131.2	18.0	280.0
04. Fruits, nuts and olives	66.5	153.0	189.1	20.0	413.0
04-01. Fruits	59.2	153.0	191.7	25.4	403.0
04-02. Nuts and seeds (+nut spread)	21.8	40.0	46.9	10.0	124.0
04-03. Mixed fruits	1.2	90.0	123.4	8.6	332.0
04-04. Olives	2.1	12.0	20.9	2.0	60.0
05. Dairy products	96.9	367.3	430.9	28.7	958.4
05-01. Milk	54.3	283.3	354.8	15.7	849.8
05-02. Milk beverages	7.2	226.6	260.1	100.0	566.6
05-03. Yoghurt	39.9	237.6	259.6	100.0	540.0
05-04. Fromage blanc, petits suisses	2.5	186.7	166.3	12.0	250.0
05-05. Cheese (including fresh cheeses)	74.7	44.0	54.3	13.0	145.0
05-06. Cream desserts, puddings (milk based)	24.0	192.3	185.9	60.0	277.5
05-07. Dairy and non-dairy creams	11.2	20.0	26.1	4.1	64.0
05-07-01. Dairy creams	11.2	20.0	26.1	4.1	64.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	38.5	21.2	27.1	3.2	72.0
06. Cereals and cereal products	99.2	180.0	208.1	66.0	422.4
06-01. Flour, flakes, starches, semolina	6.4	3.6	5.7	0.7	22.7
06-02. Pasta, rice, other grain	23.4	168.2	174.1	60.0	350.3
06-03. Bread, crisp bread, rusks	97.5	140.0	154.3	45.0	300.0
06-03-01. Bread	95.7	140.0	152.5	50.0	294.0
06-03-02. Crispbread, rusks	24.8	14.7	17.8	5.0	40.0
06-04. Breakfast cereals	14.3	40.0	39.1	9.8	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	18.1	25.0	37.4	4.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	2.4	104.5	107.8	30.0	333.3
07. Meat and meat products	91.7	125.0	143.0	26.0	317.7
07-01. Fresh meat	45.5	95.1	115.8	20.6	264.0
07-01-00. Unclassified	9.4	89.5	95.6	20.6	182.0
07-01-01. Beef	20.5	84.0	103.4	17.3	250.0
07-01-02. Veal	1.0	105.0	129.5	73.5	234.0
07-01-03. Pork	16.3	97.2	118.6	17.8	315.0
07-01-04. Mutton/Lamb	1.0	168.0	155.8	76.0	240.0
07-01-05. Horse	0.3	178.0	160.9	139.3	178.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	17.9	100.2	113.2	13.9	264.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	17.5	98.0	112.3	13.9	264.0
07-02-02. Turkey, young turkey	0.2	178.0	157.8	132.0	178.0
07-02-03. Duck	0.0	.	.	.	.

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.2	144.4	144.4	144.4	144.4
07-03. Game	1.1	42.0	80.9	13.5	188.0
07-04. Processed meat	75.5	52.0	75.5	12.8	223.4
07-05. Offals	0.2	87.5	116.3	87.5	145.4
08. Fish and shellfish	17.6	95.8	113.9	18.0	280.0
08-01. Fish	14.6	92.5	113.1	16.0	280.0
08-02. Crustaceans, molluscs	3.8	36.0	48.5	7.5	160.8
08-03. Fish products, fish in crumbs	1.9	77.0	90.7	2.1	201.0
09. Eggs and egg products	28.5	45.0	49.6	4.3	135.0
09-01. Egg	28.5	45.0	49.6	4.3	135.0
10. Fat	96.8	30.6	33.8	4.2	75.9
10-00. Unclassified	10.7	9.6	13.9	0.9	40.2
10-01. Vegetable oils	32.0	8.4	10.6	1.0	27.0
10-02. Butter	14.0	14.4	18.4	2.0	49.5
10-03. Margarines	86.5	24.0	27.2	3.6	59.6
10-04. Deep frying fats	7.1	23.3	24.0	4.8	49.4
10-06. Other animal fat	0.7	9.8	8.4	2.6	13.8
11. Sugar and confectionery	73.8	40.0	54.5	5.4	150.2
11-00. Unclassified	0.3	15.0	10.9	5.0	15.0
11-01. Sugar, honey ,jam	54.8	27.6	32.5	3.3	80.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	26.2	20.0	28.3	7.0	75.0
11-03. Confectionery non-chocolate	17.1	12.0	18.9	2.0	50.0
11-04. Syrup	10.8	20.0	26.9	4.8	60.4
11-05. Ice cream, water ice	8.4	100.0	106.1	49.0	200.0
11-05-01. Ice cream	8.2	100.0	106.9	49.0	200.0
11-05-02. Sorbet	0.0	.	.	.	.
11-05-03. Water ice	0.1	59.0	59.0	59.0	59.0
12. Cakes	65.0	55.0	73.8	12.0	195.0
12-01. Cakes, pies, pastries, etc.	43.7	60.0	81.1	20.0	226.0
12-02. Dry cakes, biscuits	38.9	26.0	32.4	8.0	81.0
13. Non-alcoholic beverages	100.0	1404.9	1508.1	618.5	2791.7
13-00. Unclassified	0.8	300.0	355.0	48.0	1200.0
13-01. Fruit and vegetable juices	31.9	208.3	254.8	0.9	600.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	34.9	333.4	469.5	166.7	1300.0
13-03. Coffee, tea and herbal teas	98.6	800.1	874.7	300.0	1640.0
13-03-01. Coffee	93.3	562.5	632.3	160.0	1313.3
13-03-02. Tea	49.7	375.0	466.6	150.0	1140.1
13-03-03. Herbal tea	9.9	337.5	391.8	116.7	1125.0
13-03-04. Chicory, substitutes	0.5	376.6	461.0	375.0	750.0
13-04. Waters	69.7	419.4	570.3	50.0	1500.1
14. Alcoholic beverages	58.7	369.9	543.1	72.8	1500.0
14-00. Unclassified	0.3	50.0	70.9	50.0	93.3
14-01. Wine	25.3	250.0	291.7	96.7	625.0
14-02. Fortified wines (sherry, port, vermouth)	4.1	86.7	97.0	1.3	216.7
14-03. Beer, cider	29.7	600.0	764.3	250.0	1990.0
14-04. Spirits, brandy	13.8	72.8	92.9	19.0	261.2
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.6	44.0	83.0	13.2	363.0
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	70.6	30.0	41.3	3.6	113.3
15-01. Sauces	65.7	30.0	42.4	4.3	119.7
15-01-00. Unclassified and other sauces	39.9	30.3	39.1	4.0	100.0

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	12.4	20.3	37.6	1.2	173.6
15-01-02. Dressing sauces	15.8	12.0	18.0	1.9	52.4
15-01-03. Mayonnaises and similars	19.4	16.0	23.0	3.6	69.8
15-01-04. Dessert sauces	1.4	15.0	18.3	5.0	36.0
15-02. Yeast	0.4	6.0	11.1	5.0	30.0
15-04. Condiments	12.8	7.2	9.9	0.8	33.2
16. Soups, bouillon	27.0	288.8	308.1	59.5	647.5
16-01. Soups	22.5	315.0	330.9	175.0	647.5
16-02. Bouillon	4.7	175.0	181.7	20.3	500.0
17. Miscellaneous	28.2	14.0	55.2	2.0	180.0
17-00. Unclassified	0.3	94.0	78.2	47.0	94.0
17-01. Soya products	1.7	140.0	234.1	21.3	550.0
17-02. Dietetic products	16.8	6.0	7.1	1.0	20.0
17-02-00. Unclassified	0.3	23.0	26.2	23.0	30.0
17-02-01. Artificial sweeteners	16.7	6.0	6.7	1.0	18.0
17-03. Snacks	11.4	75.0	89.1	34.0	180.0

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	58.2	140.0	138.2	39.3	260.6
01-01. Potatoes	58.0	140.0	138.6	40.6	260.6
01-02. Other tubers	0.2	39.3	39.3	39.3	39.3
02. Vegetables	86.2	157.5	168.2	22.0	348.8
02-01. Leafy vegetables (except cabbages)	27.4	75.0	107.8	10.0	260.0
02-02. Fruiting vegetables	45.6	70.5	91.8	6.7	233.7
02-03. Root vegetables	16.5	42.8	83.0	2.0	230.0
02-04. Cabbages	25.2	100.0	116.2	10.5	243.0
02-05. Mushrooms	6.4	19.7	31.5	1.4	138.0
02-06. Grain and pod vegetables	2.7	91.0	80.6	10.0	173.3
02-07. Onion, garlic	32.6	18.8	33.7	1.7	114.0
02-08. Stalk vegetables, sprouts	6.7	11.9	43.8	2.5	183.5
02-09. Mixed salad, mixed vegetables	11.4	80.6	110.2	7.6	330.0
03. Legumes	1.8	100.6	93.9	14.2	213.2
03-01. Legumes	1.8	100.6	93.9	14.2	213.2
04. Fruits, nuts and olives	77.4	165.0	197.1	25.0	447.5
04-01. Fruits	72.6	165.0	199.0	27.0	447.5
04-02. Nuts and seeds (+nut spread)	19.7	25.0	32.9	2.9	100.0
04-03. Mixed fruits	1.5	50.0	65.1	8.6	180.0
04-04. Olives	3.5	16.0	16.6	2.8	36.0
05. Dairy products	96.2	304.0	358.6	25.9	832.3
05-01. Milk	48.9	257.5	299.6	13.7	765.1
05-02. Milk beverages	5.7	257.5	231.3	103.0	463.5
05-03. Yoghurt	44.6	201.6	233.5	65.0	522.0
05-04. Fromage blanc, petits suisses	6.1	140.0	159.6	36.0	400.0
05-05. Cheese (including fresh cheeses)	78.7	34.1	46.3	13.0	119.7
05-06. Cream desserts, puddings (milk based)	14.5	144.2	151.9	48.1	272.0
05-07. Dairy and non-dairy creams	13.3	17.0	23.4	3.1	64.0
05-07-01. Dairy creams	12.8	16.7	22.7	3.1	64.0
05-07-02. Non-dairy creams	0.5	20.0	37.7	1.5	63.2
05-08. Milk for coffee and creamers	33.2	20.0	28.9	2.4	75.0
06. Cereals and cereal products	98.6	140.0	161.7	50.0	344.0
06-01. Flour, flakes, starches, semolina	6.4	3.4	8.5	0.5	29.8
06-02. Pasta, rice, other grain	19.8	139.6	144.3	35.2	285.2
06-03. Bread, crisp bread, rusks	97.1	108.0	119.8	35.0	230.0
06-03-01. Bread	93.3	105.0	118.7	35.0	225.0
06-03-02. Crispbread, rusks	29.9	14.0	18.4	5.3	40.0
06-04. Breakfast cereals	13.1	29.5	34.9	9.7	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	19.3	20.0	29.2	2.8	77.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.2	75.0	91.2	18.0	240.0
07. Meat and meat products	87.0	91.0	101.8	15.0	222.0
07-01. Fresh meat	43.8	80.0	92.9	21.6	182.0
07-01-00. Unclassified	8.2	62.2	71.0	16.6	156.7
07-01-01. Beef	20.3	77.9	90.5	25.5	178.0
07-01-02. Veal	0.6	76.0	123.3	73.5	178.0
07-01-03. Pork	15.7	80.0	95.9	16.2	200.0
07-01-04. Mutton/Lamb	0.7	93.8	91.5	28.6	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	16.2	75.0	84.8	5.3	180.0
07-02-00. Unclassified and other poultry	0.1	10.7	10.7	10.7	10.7
07-02-01. Chicken, hen	15.3	70.0	83.5	5.3	178.0
07-02-02. Turkey, young turkey	0.4	80.0	55.2	15.0	86.3
07-02-03. Duck	0.2	262.0	262.0	262.0	262.0

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.2	125.0	125.0	125.0	125.0
07-03. Game	0.3	112.0	87.9	49.0	112.0
07-04. Processed meat	63.3	33.0	53.0	10.0	146.0
07-05. Offals	0.4	105.0	82.3	4.4	210.0
08. Fish and shellfish	19.8	76.0	100.2	5.1	280.0
08-01. Fish	15.9	76.0	100.1	5.2	303.7
08-02. Crustaceans, molluscs	3.9	24.5	33.4	3.2	150.0
08-03. Fish products, fish in crumbs	1.8	145.0	146.6	72.5	300.0
09. Eggs and egg products	30.0	50.0	47.9	5.7	100.0
09-01. Egg	30.0	50.0	47.9	5.7	100.0
10. Fat	93.8	21.8	24.5	4.0	55.1
10-00. Unclassified	7.4	6.5	9.6	0.4	34.0
10-01. Vegetable oils	30.2	5.8	8.9	1.0	26.7
10-02. Butter	20.0	12.0	16.5	2.2	46.0
10-03. Margarines	79.4	17.0	19.5	2.6	45.9
10-04. Deep frying fats	4.4	16.1	16.3	4.1	29.8
10-06. Other animal fat	0.3	8.6	7.4	5.2	8.6
11. Sugar and confectionery	74.0	25.0	43.2	3.3	133.3
11-00. Unclassified	0.4	2.3	2.8	0.8	5.0
11-01. Sugar, honey ,jam	47.3	15.0	21.0	1.6	70.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	29.8	20.0	25.0	5.0	58.0
11-03. Confectionery non-chocolate	20.5	10.0	15.0	2.0	40.0
11-04. Syrup	12.9	20.0	34.7	4.0	100.0
11-05. Ice cream, water ice	7.5	86.0	94.6	25.0	150.0
11-05-01. Ice cream	7.3	86.0	96.2	28.7	150.0
11-05-02. Sorbet	0.1	25.0	25.0	25.0	25.0
11-05-03. Water ice	0.1	54.0	54.0	54.0	54.0
12. Cakes	69.6	45.0	63.5	10.0	168.0
12-01. Cakes, pies, pastries, etc.	45.1	55.0	70.4	20.0	171.0
12-02. Dry cakes, biscuits	43.2	20.0	28.7	7.0	74.5
13. Non-alcoholic beverages	100.0	1650.8	1778.0	704.2	3245.0
13-00. Unclassified	0.2	330.0	315.4	300.0	330.0
13-01. Fruit and vegetable juices	38.2	191.7	228.7	0.9	575.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	22.9	300.0	409.9	191.7	966.8
13-03. Coffee, tea and herbal teas	99.4	864.0	952.5	240.0	1925.0
13-03-01. Coffee	93.0	533.3	578.3	120.0	1206.6
13-03-02. Tea	58.7	450.0	550.6	150.0	1320.0
13-03-03. Herbal tea	18.8	330.0	452.8	133.3	1200.0
13-03-04. Chicory, substitutes	0.8	6.0	46.6	1.8	133.3
13-04. Waters	85.2	640.1	761.7	130.0	2000.0
14. Alcoholic beverages	45.8	246.6	305.6	55.0	771.6
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	35.4	246.7	278.0	80.0	600.0
14-02. Fortified wines (sherry, port, vermouth)	6.6	75.0	83.1	0.9	216.6
14-03. Beer, cider	4.4	600.0	688.3	150.0	1960.0
14-04. Spirits, brandy	4.4	57.0	87.3	3.3	456.0
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	2.8	55.0	66.8	26.4	132.0
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	66.4	23.3	36.3	3.1	116.2
15-01. Sauces	62.3	24.0	36.8	3.7	116.2
15-01-00. Unclassified and other sauces	38.0	23.3	36.6	3.7	108.0

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	10.4	12.5	33.0	1.3	167.5
15-01-02. Dressing sauces	15.0	15.0	17.8	1.9	46.4
15-01-03. Mayonnaises and similars	17.3	10.0	14.9	2.9	43.7
15-01-04. Dessert sauces	0.8	30.0	48.1	15.0	135.0
15-02. Yeast	0.2	2.5	5.8	2.5	10.0
15-04. Condiments	8.8	5.0	12.5	0.9	60.0
16. Soups, bouillon	26.7	259.0	259.2	23.4	570.0
16-01. Soups	22.1	259.0	281.5	157.5	582.8
16-02. Bouillon	5.5	64.6	126.4	13.0	300.0
17. Miscellaneous	29.2	12.0	61.5	1.0	275.0
17-00. Unclassified	0.4	94.0	94.0	94.0	94.0
17-01. Soya products	4.7	200.0	195.2	20.0	483.3
17-02. Dietetic products	19.6	4.0	18.2	0.6	38.0
17-02-00. Unclassified	1.5	92.0	176.5	12.0	600.0
17-02-01. Artificial sweeteners	18.7	4.0	5.1	0.6	14.0
17-03. Snacks	7.1	64.6	68.7	17.5	136.0

**Table 4.3.a** Food consumption (food groups and subgroups) on consumption days of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	56.7	140.0	162.1	53.3	317.9
01-01. Potatoes	56.6	140.0	162.5	53.9	317.9
01-02. Other tubers	0.2	15.9	15.9	15.9	15.9
02. Vegetables	68.8	86.7	98.7	13.3	237.4
02-01. Leafy vegetables (except cabbages)	14.8	51.0	71.4	10.0	174.0
02-02. Fruiting vegetables	35.7	46.4	62.1	6.3	173.0
02-03. Root vegetables	8.0	50.0	80.3	2.0	262.0
02-04. Cabbages	12.7	98.0	105.0	11.4	240.0
02-05. Mushrooms	4.6	20.0	25.8	6.9	69.0
02-06. Grain and pod vegetables	3.9	58.3	49.9	1.1	128.3
02-07. Onion, garlic	23.6	17.9	27.4	1.4	81.4
02-08. Stalk vegetables, sprouts	2.7	8.4	12.1	2.3	45.0
02-09. Mixed salad, mixed vegetables	10.3	40.8	52.9	5.6	150.0
03. Legumes	1.9	79.0	102.6	20.7	253.1
03-01. Legumes	1.9	79.0	102.6	20.7	253.1
04. Fruits, nuts and olives	55.9	128.0	138.1	15.0	336.0
04-01. Fruits	48.0	128.4	146.7	18.1	348.8
04-02. Nuts and seeds (+nut spread)	15.0	20.0	35.5	10.0	110.0
04-03. Mixed fruits	1.1	120.0	132.1	36.4	291.6
04-04. Olives	0.2	8.0	12.8	8.0	28.2
05. Dairy products	89.7	342.4	381.6	26.0	891.0
05-01. Milk	46.6	248.9	290.1	17.4	618.0
05-02. Milk beverages	17.7	214.6	267.4	128.8	567.6
05-03. Yoghurt	35.0	201.6	280.5	100.0	651.6
05-04. Fromage blanc, petits suisses	3.3	110.0	122.6	18.8	250.0
05-05. Cheese (including fresh cheeses)	47.8	35.0	45.0	12.0	105.3
05-06. Cream desserts, puddings (milk based)	19.3	192.3	173.8	75.0	283.3
05-07. Dairy and non-dairy creams	7.1	20.0	20.3	6.2	40.0
05-07-01. Dairy creams	7.1	20.0	20.3	6.2	40.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	4.9	14.0	17.3	4.5	48.0
06. Cereals and cereal products	98.7	160.0	186.4	60.0	398.0
06-01. Flour, flakes, starches, semolina	2.4	2.5	3.5	1.0	7.8
06-02. Pasta, rice, other grain	20.5	124.1	142.3	37.3	336.7
06-03. Bread, crisp bread, rusks	93.8	120.0	132.2	40.0	276.8
06-03-01. Bread	92.9	120.0	130.5	36.4	275.0
06-03-02. Crispbread, rusks	18.2	10.0	15.0	2.0	40.0
06-04. Breakfast cereals	11.3	40.0	40.1	13.0	60.0
06-05. Salty biscuits, aperitif biscuits, crackers	37.2	40.0	51.6	11.0	150.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.7	121.9	123.5	14.1	277.1
07. Meat and meat products	88.0	95.4	110.4	19.4	250.0
07-01. Fresh meat	35.8	76.0	79.9	12.9	178.0
07-01-00. Unclassified	12.4	60.0	70.1	12.7	138.4
07-01-01. Beef	11.5	67.8	75.2	16.4	178.0
07-01-02. Veal	0.2	73.5	57.8	36.8	73.5
07-01-03. Pork	12.2	78.8	83.6	9.9	178.0
07-01-04. Mutton/Lamb	1.1	82.5	81.6	10.5	135.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	12.7	80.0	84.0	9.0	178.0



**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	12.5	80.6	85.0	9.0	178.0
07-02-02. Turkey, young turkey	0.2	15.0	28.4	15.0	45.0
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	70.4	66.4	82.2	15.0	202.5
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	7.6	60.0	92.8	8.9	300.0
08-01. Fish	3.0	40.0	72.7	9.6	201.0
08-02. Crustaceans, molluscs	1.5	13.0	30.9	4.8	150.0
08-03. Fish products, fish in crumbs	3.1	117.0	140.8	26.1	328.0
09. Eggs and egg products	18.9	45.0	39.9	3.8	100.0
09-01. Egg	18.9	45.0	39.9	3.8	100.0
10. Fat	90.8	22.0	25.1	3.8	58.1
10-00. Unclassified	12.9	17.2	18.6	1.6	42.4
10-01. Vegetable oils	21.2	6.4	9.0	0.6	30.7
10-02. Butter	8.6	11.7	14.5	1.7	40.0
10-03. Margarines	74.5	16.8	19.4	2.6	46.9
10-04. Deep frying fats	12.8	20.4	21.9	3.1	48.4
10-06. Other animal fat	0.4	6.2	7.5	6.0	13.0
11. Sugar and confectionery	88.4	62.5	78.9	8.0	211.9
11-00. Unclassified	0.2	2.3	2.3	2.3	2.3
11-01. Sugar, honey ,jam	37.1	12.0	18.6	2.2	54.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	53.0	26.3	35.7	9.4	93.0
11-03. Confectionery non-chocolate	51.0	16.0	25.2	2.0	79.3
11-04. Syrup	31.8	29.0	46.9	9.0	126.0
11-05. Ice cream, water ice	19.5	75.0	83.0	34.0	183.0
11-05-01. Ice cream	15.3	75.0	77.6	34.0	150.0
11-05-02. Sorbet	0.3	50.0	65.2	50.0	88.2
11-05-03. Water ice	5.1	55.0	79.3	15.0	250.0
12. Cakes	70.5	56.0	78.5	10.0	230.0
12-01. Cakes, pies, pastries, etc.	35.5	60.0	94.6	20.0	300.0
12-02. Dry cakes, biscuits	54.8	30.0	39.8	8.0	95.0
13. Non-alcoholic beverages	99.4	1022.0	1125.2	408.3	2120.0
13-00. Unclassified	0.2	250.0	365.5	250.0	488.3
13-01. Fruit and vegetable juices	36.9	250.0	349.0	116.7	741.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	80.9	500.1	655.2	166.7	1508.3
13-03. Coffee, tea and herbal teas	31.5	275.0	330.3	110.0	825.0
13-03-01. Coffee	7.4	266.6	296.4	4.0	719.5
13-03-02. Tea	24.1	241.7	295.9	116.7	640.3
13-03-03. Herbal tea	2.9	275.0	369.1	133.3	1054.6
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	70.1	408.3	505.8	40.1	1381.8
14. Alcoholic beverages	4.7	200.0	662.4	1.6	3900.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.2	200.0	200.0	200.0	200.0
14-02. Fortified wines (sherry, port, vermouth)	1.2	2.0	2.4	0.9	4.6
14-03. Beer, cider	2.4	600.0	1226.0	200.0	5880.0
14-04. Spirits, brandy	0.3	45.9	57.0	45.9	68.4
14-05. Aniseed drinks (pastis,..)	0.1	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.6	45.9	59.1	13.2	106.3

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
14-07. Cocktails, punches	0.2	550.0	550.0	550.0	550.0
15. Condiments and sauces	73.7	33.2	41.9	4.2	108.1
15-01. Sauces	70.2	33.5	42.9	5.8	110.0
15-01-00. Unclassified and other sauces	32.6	33.5	38.2	2.4	107.6
15-01-01. Tomato sauces	26.1	17.7	30.0	3.3	97.1
15-01-02. Dressing sauces	16.4	20.7	25.3	3.9	58.2
15-01-03. Mayonnaises and similars	22.7	18.5	23.6	2.6	60.0
15-01-04. Dessert sauces	1.3	15.0	25.7	11.3	60.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	9.1	4.5	8.0	0.8	26.5
16. Soups, bouillon	14.7	239.7	242.5	27.6	518.0
16-01. Soups	12.7	259.0	270.0	173.3	582.8
16-02. Bouillon	2.4	39.7	57.5	13.0	200.0
17. Miscellaneous	17.4	72.0	94.5	2.0	240.0
17-00. Unclassified	0.4	72.4	131.8	72.4	200.0
17-01. Soya products	1.2	70.5	67.3	1.2	186.7
17-02. Dietetic products	2.1	2.0	2.2	0.8	6.0
17-02-00. Unclassified	0.1	1.0	1.0	1.0	1.0
17-02-01. Artificial sweeteners	2.0	2.0	2.2	0.8	6.0
17-03. Snacks	14.0	85.0	107.7	30.6	255.0

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	56.3	140.0	159.2	40.0	311.0
01-01. Potatoes	56.3	140.0	159.2	40.0	311.0
01-02. Other tubers	0.1	26.8	23.6	18.7	26.8
02. Vegetables	73.4	94.0	103.7	13.8	241.0
02-01. Leafy vegetables (except cabbages)	16.5	48.0	64.5	6.9	174.0
02-02. Fruiting vegetables	40.5	52.0	68.1	5.3	172.0
02-03. Root vegetables	11.2	58.0	77.8	2.0	203.0
02-04. Cabbages	14.3	94.0	96.6	9.7	180.0
02-05. Mushrooms	5.9	16.9	18.7	3.6	36.5
02-06. Grain and pod vegetables	3.9	60.0	55.5	6.7	91.0
02-07. Onion, garlic	25.1	16.7	26.2	2.0	74.8
02-08. Stalk vegetables, sprouts	2.3	8.2	21.0	1.7	71.0
02-09. Mixed salad, mixed vegetables	10.0	34.7	50.2	3.8	162.0
03. Legumes	2.3	110.2	107.3	20.2	210.0
03-01. Legumes	2.3	110.2	107.3	20.2	210.0
04. Fruits, nuts and olives	60.7	128.4	141.5	15.0	332.3
04-01. Fruits	52.6	130.0	150.6	15.0	331.5
04-02. Nuts and seeds (+nut spread)	16.6	20.0	34.0	10.0	100.0
04-03. Mixed fruits	0.9	100.0	113.7	90.0	188.5
04-04. Olives	0.4	7.6	7.9	1.9	11.1
05. Dairy products	92.2	386.0	430.0	24.0	990.0
05-01. Milk	54.1	263.5	333.6	18.3	793.2
05-02. Milk beverages	14.4	231.8	278.1	109.9	566.6
05-03. Yoghurt	37.3	216.0	299.5	100.0	781.2
05-04. Fromage blanc, petits suisses	3.1	80.0	100.9	50.0	200.0
05-05. Cheese (including fresh cheeses)	51.0	36.0	45.5	10.1	111.0
05-06. Cream desserts, puddings (milk based)	19.9	192.3	177.5	61.6	309.0
05-07. Dairy and non-dairy creams	7.9	13.5	20.9	3.0	64.0
05-07-01. Dairy creams	7.8	13.5	20.9	3.0	64.0
05-07-02. Non-dairy creams	0.0	26.0	26.0	26.0	26.0
05-08. Milk for coffee and creamers	4.0	9.0	20.7	1.5	48.0
06. Cereals and cereal products	99.3	169.9	191.7	50.0	407.7
06-01. Flour, flakes, starches, semolina	3.8	1.8	4.9	0.6	15.0
06-02. Pasta, rice, other grain	21.9	122.0	145.2	39.6	320.0
06-03. Bread, crisp bread, rusks	96.4	120.0	132.7	35.0	277.8
06-03-01. Bread	94.8	120.0	131.3	35.0	270.0
06-03-02. Crispbread, rusks	20.1	13.0	17.8	3.0	50.0
06-04. Breakfast cereals	11.7	40.0	45.3	12.6	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	35.4	40.0	44.9	8.0	109.0
06-06. Dough and pastry (puff, shortcrust, pizza)	7.0	115.0	131.7	27.6	277.1
07. Meat and meat products	90.1	92.0	104.3	18.0	240.0
07-01. Fresh meat	37.3	74.2	82.2	14.9	180.0
07-01-00. Unclassified	11.2	63.7	73.2	14.9	176.0
07-01-01. Beef	13.4	66.8	74.2	17.4	182.0
07-01-02. Veal	0.2	73.5	62.8	7.7	80.0
07-01-03. Pork	13.1	78.8	86.6	11.3	210.0
07-01-04. Mutton/Lamb	0.9	91.8	122.7	23.7	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.6	70.0	77.0	4.3	178.0
07-02-00. Unclassified and other poultry	0.1	75.0	75.0	75.0	75.0
07-02-01. Chicken, hen	15.3	69.2	77.2	5.2	178.0
07-02-02. Turkey, young turkey	0.2	112.0	68.1	4.3	112.0
07-02-03. Duck	0.0	.	.	.	.

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	28.0	46.4	28.0	76.0
07-04. Processed meat	69.8	60.0	73.4	10.0	178.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	7.6	56.2	71.9	6.4	201.0
08-01. Fish	4.9	47.0	59.7	5.2	180.0
08-02. Crustaceans, molluscs	1.2	16.0	41.0	4.3	204.0
08-03. Fish products, fish in crumbs	1.9	122.7	111.5	52.0	201.0
09. Eggs and egg products	20.3	45.0	40.5	4.6	100.0
09-01. Egg	20.3	45.0	40.5	4.6	100.0
10. Fat	90.8	20.0	23.9	2.1	58.5
10-00. Unclassified	12.9	14.7	15.4	1.8	31.4
10-01. Vegetable oils	24.2	5.9	8.2	0.8	24.8
10-02. Butter	8.9	10.5	14.3	0.8	44.0
10-03. Margarines	76.8	15.2	18.8	1.6	46.8
10-04. Deep frying fats	9.4	21.2	21.7	4.0	44.2
10-06. Other animal fat	0.3	5.2	6.0	4.0	7.2
11. Sugar and confectionery	91.7	63.0	80.2	8.0	206.3
11-00. Unclassified	0.4	1.5	1.4	0.8	3.0
11-01. Sugar, honey ,jam	40.1	12.0	19.2	1.7	64.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	56.9	30.0	38.7	6.7	101.0
11-03. Confectionery non-chocolate	51.5	15.0	24.7	2.0	75.0
11-04. Syrup	34.0	29.0	45.4	9.0	143.8
11-05. Ice cream, water ice	17.7	75.0	88.0	36.0	183.0
11-05-01. Ice cream	12.8	80.0	92.3	45.0	183.0
11-05-02. Sorbet	0.0	50.0	50.0	50.0	50.0
11-05-03. Water ice	5.6	55.0	67.8	35.0	165.0
12. Cakes	76.2	59.0	77.8	10.0	214.0
12-01. Cakes, pies, pastries, etc.	39.8	70.0	89.7	20.0	240.0
12-02. Dry cakes, biscuits	57.0	35.0	41.4	8.0	100.0
13. Non-alcoholic beverages	99.3	1026.7	1120.1	392.4	2200.0
13-00. Unclassified	0.3	87.8	247.6	10.5	500.0
13-01. Fruit and vegetable juices	38.4	241.7	330.4	90.0	783.4
13-02. Carbonated/soft/isotonic drinks, diluted syrups	74.0	500.1	617.2	166.7	1380.0
13-03. Coffee, tea and herbal teas	33.1	266.6	343.3	112.5	894.4
13-03-01. Coffee	7.3	213.4	249.7	53.3	452.1
13-03-02. Tea	24.0	250.0	337.8	125.0	894.4
13-03-03. Herbal tea	5.1	200.0	288.2	123.8	825.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	75.1	403.3	551.0	50.0	1500.0
14. Alcoholic beverages	4.2	300.0	718.1	0.9	5100.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.6	231.3	260.4	57.0	533.3
14-02. Fortified wines (sherry, port, vermouth)	1.0	1.0	36.7	0.3	230.0
14-03. Beer, cider	2.3	364.0	1147.7	250.0	5100.0
14-04. Spirits, brandy	0.2	18.1	30.7	18.1	45.9
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.5	126.5	149.3	53.2	319.2
14-07. Cocktails, punches	0.8	193.3	174.2	20.0	300.0
15. Condiments and sauces	71.0	28.4	39.8	4.0	107.6
15-01. Sauces	67.7	28.9	40.5	4.2	109.9
15-01-00. Unclassified and other sauces	30.7	23.3	33.3	2.7	88.0

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.9	22.0	32.6	3.1	99.6
15-01-02. Dressing sauces	15.2	20.0	22.7	2.3	69.8
15-01-03. Mayonnaises and similars	22.1	23.3	26.1	3.9	73.3
15-01-04. Dessert sauces	1.0	15.0	19.8	12.0	33.8
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	10.1	5.1	7.8	0.9	22.0
16. Soups, bouillon	14.1	236.3	262.4	18.6	630.0
16-01. Soups	12.3	259.0	290.0	113.4	647.5
16-02. Bouillon	2.0	20.2	64.6	1.6	288.8
17. Miscellaneous	17.7	64.5	90.6	2.0	250.0
17-00. Unclassified	0.1	94.0	94.0	94.0	94.0
17-01. Soya products	1.5	224.0	292.7	24.0	675.2
17-02. Dietetic products	4.4	3.0	15.6	0.4	40.0
17-02-00. Unclassified	0.7	27.0	84.1	25.9	250.0
17-02-01. Artificial sweeteners	3.7	2.0	3.5	0.4	10.0
17-03. Snacks	12.3	70.0	89.6	31.5	202.4

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.3	140.0	157.6	42.0	310.6
01-01. Potatoes	52.3	140.0	157.6	42.0	310.6
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	79.6	98.0	110.8	16.2	260.3
02-01. Leafy vegetables (except cabbages)	20.1	40.0	65.5	8.2	175.0
02-02. Fruiting vegetables	44.8	58.0	75.2	7.2	197.8
02-03. Root vegetables	12.3	58.0	77.2	3.2	223.3
02-04. Cabbages	16.2	86.7	96.0	8.0	188.5
02-05. Mushrooms	8.0	12.5	17.4	3.9	36.7
02-06. Grain and pod vegetables	4.5	40.0	45.1	1.6	120.0
02-07. Onion, garlic	26.5	17.5	25.8	3.3	73.3
02-08. Stalk vegetables, sprouts	2.3	11.1	17.7	5.0	50.0
02-09. Mixed salad, mixed vegetables	9.6	43.5	58.4	4.6	150.0
03. Legumes	1.5	74.7	88.3	12.7	210.0
03-01. Legumes	1.5	74.7	88.3	12.7	210.0
04. Fruits, nuts and olives	66.3	128.4	146.9	16.4	365.0
04-01. Fruits	56.1	128.4	155.4	23.9	361.7
04-02. Nuts and seeds (+nut spread)	23.6	20.0	34.2	5.6	90.0
04-03. Mixed fruits	1.5	90.0	132.1	7.5	454.5
04-04. Olives	1.0	8.0	12.8	0.5	48.0
05. Dairy products	93.7	417.0	463.1	39.0	1059.0
05-01. Milk	60.8	283.3	350.3	38.8	824.0
05-02. Milk beverages	13.6	216.3	268.8	137.3	602.6
05-03. Yoghurt	37.9	237.6	299.9	100.0	751.0
05-04. Fromage blanc, petits suisses	3.5	63.0	110.0	23.2	450.0
05-05. Cheese (including fresh cheeses)	54.5	37.0	47.5	10.0	124.6
05-06. Cream desserts, puddings (milk based)	21.6	180.3	178.9	60.0	283.3
05-07. Dairy and non-dairy creams	10.4	12.0	20.0	3.0	52.0
05-07-01. Dairy creams	10.3	12.0	19.9	3.0	52.0
05-07-02. Non-dairy creams	0.1	29.4	29.4	29.4	29.4
05-08. Milk for coffee and creamers	2.6	9.0	13.6	4.8	32.0
06. Cereals and cereal products	99.4	189.8	212.1	70.0	430.0
06-01. Flour, flakes, starches, semolina	3.9	1.8	5.0	0.5	20.0
06-02. Pasta, rice, other grain	28.8	112.0	139.8	35.7	320.0
06-03. Bread, crisp bread, rusks	97.1	130.0	143.5	45.0	295.0
06-03-01. Bread	96.0	126.0	141.7	45.0	295.0
06-03-02. Crispbread, rusks	20.0	13.0	17.4	3.4	50.0
06-04. Breakfast cereals	17.6	40.0	47.0	15.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	33.5	32.0	44.6	8.0	112.5
06-06. Dough and pastry (puff, shortcrust, pizza)	6.8	111.1	115.8	15.6	250.2
07. Meat and meat products	85.7	87.8	103.3	16.0	240.0
07-01. Fresh meat	33.7	72.0	83.3	15.4	178.0
07-01-00. Unclassified	9.1	62.2	66.6	12.3	132.6
07-01-01. Beef	15.2	66.4	73.3	17.2	178.0
07-01-02. Veal	0.2	73.5	73.5	73.5	73.5
07-01-03. Pork	10.3	78.8	99.5	15.4	280.0
07-01-04. Mutton/Lamb	0.3	125.0	130.5	9.2	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.0	68.3	73.9	10.7	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	14.6	68.3	73.4	10.7	178.0
07-02-02. Turkey, young turkey	0.4	75.5	92.2	19.0	224.0
07-02-03. Duck	0.0	.	.	.	.

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	264.0	264.0	264.0	264.0
07-04. Processed meat	67.1	60.0	73.3	10.0	188.0
07-05. Offals	0.1	9.2	9.2	9.2	9.2
08. Fish and shellfish	9.6	78.3	88.7	9.6	280.0
08-01. Fish	5.9	63.7	89.4	9.8	280.0
08-02. Crustaceans, molluscs	2.2	42.0	58.5	4.8	116.0
08-03. Fish products, fish in crumbs	2.3	78.3	89.0	16.9	156.0
09. Eggs and egg products	19.4	45.0	39.9	3.8	90.0
09-01. Egg	19.4	45.0	39.9	3.8	90.0
10. Fat	91.6	19.6	23.9	1.7	59.6
10-00. Unclassified	10.0	11.6	14.9	1.6	37.1
10-01. Vegetable oils	28.0	5.1	8.1	0.6	26.4
10-02. Butter	12.4	10.1	16.7	1.7	48.0
10-03. Margarines	75.2	15.1	19.0	1.5	49.1
10-04. Deep frying fats	8.7	19.0	20.1	5.9	42.2
10-06. Other animal fat	0.1	11.1	11.1	11.1	11.1
11. Sugar and confectionery	91.0	60.5	77.9	7.7	203.0
11-00. Unclassified	0.1	2.0	2.0	2.0	2.0
11-01. Sugar, honey ,jam	37.8	10.0	18.3	1.4	59.3
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	58.3	25.0	33.8	7.5	87.5
11-03. Confectionery non-chocolate	51.3	14.0	23.5	2.0	75.0
11-04. Syrup	39.6	25.0	40.3	7.5	120.8
11-05. Ice cream, water ice	18.9	70.0	86.8	35.0	183.0
11-05-01. Ice cream	13.4	75.0	88.6	32.5	183.0
11-05-02. Sorbet	0.5	100.0	84.8	50.0	125.0
11-05-03. Water ice	6.0	55.0	68.2	34.0	137.0
12. Cakes	76.6	50.0	69.6	10.0	195.0
12-01. Cakes, pies, pastries, etc.	36.3	58.0	78.4	20.0	200.0
12-02. Dry cakes, biscuits	58.7	35.0	42.4	9.0	104.0
13. Non-alcoholic beverages	99.8	1041.5	1143.0	406.0	2161.7
13-00. Unclassified	0.4	145.0	175.9	26.8	300.0
13-01. Fruit and vegetable juices	41.6	241.7	306.5	9.0	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	67.0	495.0	601.5	166.6	1401.5
13-03. Coffee, tea and herbal teas	36.4	266.7	345.7	112.5	825.0
13-03-01. Coffee	8.3	220.0	272.3	75.0	660.0
13-03-02. Tea	25.0	225.0	299.3	112.5	750.0
13-03-03. Herbal tea	8.9	250.0	319.8	106.7	715.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	81.4	483.3	594.2	75.0	1508.4
14. Alcoholic beverages	6.2	300.0	744.5	1.6	2891.8
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.9	123.3	210.9	2.0	1741.9
14-02. Fortified wines (sherry, port, vermouth)	0.8	1.6	1.7	0.9	2.6
14-03. Beer, cider	3.3	660.0	1226.7	200.0	3010.0
14-04. Spirits, brandy	0.6	28.5	37.5	2.4	91.8
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.9	53.2	68.2	4.4	212.6
14-07. Cocktails, punches	0.3	166.7	255.8	133.2	500.0
15. Condiments and sauces	67.7	25.9	41.2	4.2	118.3
15-01. Sauces	64.7	26.4	41.8	4.5	119.7
15-01-00. Unclassified and other sauces	27.4	29.4	41.1	3.3	116.0

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	24.6	15.0	28.3	3.1	97.6
15-01-02. Dressing sauces	16.6	15.0	19.5	2.9	48.4
15-01-03. Mayonnaises and similars	19.7	20.0	27.2	3.9	80.0
15-01-04. Dessert sauces	1.1	15.0	21.1	5.0	45.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	10.0	4.8	8.4	1.0	32.5
16. Soups, bouillon	12.7	210.0	244.1	18.6	518.1
16-01. Soups	10.5	259.0	277.3	129.5	610.5
16-02. Bouillon	2.3	32.6	74.6	8.8	275.0
17. Miscellaneous	21.5	63.0	90.0	1.0	280.0
17-00. Unclassified	1.1	47.0	60.9	16.2	94.0
17-01. Soya products	3.3	93.3	163.9	26.6	586.6
17-02. Dietetic products	5.2	2.0	27.7	0.3	30.4
17-02-00. Unclassified	0.7	30.4	192.0	18.0	772.5
17-02-01. Artificial sweeteners	4.5	2.0	2.6	0.3	6.0
17-03. Snacks	13.1	70.0	90.5	29.0	210.0



**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	57.3	148.2	181.7	56.0	350.0
01-01. Potatoes	57.3	148.2	181.7	56.0	350.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	80.8	141.0	150.5	18.4	334.2
02-01. Leafy vegetables (except cabbages)	22.2	75.0	97.3	15.0	240.0
02-02. Fruiting vegetables	42.2	66.5	86.7	4.9	227.0
02-03. Root vegetables	14.5	36.0	76.1	2.7	230.0
02-04. Cabbages	17.7	136.0	139.4	10.5	300.0
02-05. Mushrooms	7.1	25.5	34.8	4.2	90.0
02-06. Grain and pod vegetables	4.1	60.0	70.7	6.8	120.0
02-07. Onion, garlic	31.9	21.1	34.4	1.9	117.3
02-08. Stalk vegetables, sprouts	4.2	11.1	27.2	3.1	152.9
02-09. Mixed salad, mixed vegetables	10.9	71.0	94.8	3.9	233.3
03. Legumes	2.2	132.6	158.0	30.0	398.7
03-01. Legumes	2.2	132.6	158.0	30.0	398.7
04. Fruits, nuts and olives	59.9	149.4	176.4	10.3	432.3
04-01. Fruits	53.2	153.0	183.5	7.6	416.2
04-02. Nuts and seeds (+nut spread)	16.0	30.0	42.1	5.0	100.0
04-03. Mixed fruits	1.1	100.0	108.0	8.6	332.0
04-04. Olives	1.2	15.0	19.5	3.8	60.0
05. Dairy products	95.1	318.0	386.0	24.0	1002.2
05-01. Milk	48.5	283.3	339.3	19.6	849.9
05-02. Milk beverages	8.3	250.0	272.7	120.2	549.3
05-03. Yoghurt	35.1	216.0	261.5	65.0	594.0
05-04. Fromage blanc, petits suisses	2.2	125.0	155.3	24.0	400.0
05-05. Cheese (including fresh cheeses)	68.0	42.0	51.6	13.0	135.3
05-06. Cream desserts, puddings (milk based)	20.0	192.3	189.4	61.6	330.0
05-07. Dairy and non-dairy creams	8.2	12.0	21.9	3.0	62.0
05-07-01. Dairy creams	8.0	12.0	22.0	3.0	62.0
05-07-02. Non-dairy creams	0.2	20.0	19.1	2.7	36.0
05-08. Milk for coffee and creamers	37.9	18.0	26.0	2.4	66.0
06. Cereals and cereal products	97.9	170.0	200.9	63.0	433.0
06-01. Flour, flakes, starches, semolina	4.8	3.6	6.3	0.6	22.0
06-02. Pasta, rice, other grain	22.0	163.8	178.4	45.9	397.0
06-03. Bread, crisp bread, rusks	95.1	138.0	143.1	42.0	290.0
06-03-01. Bread	92.9	135.0	142.0	45.0	285.0
06-03-02. Crispbread, rusks	22.9	15.8	18.5	5.0	40.0
06-04. Breakfast cereals	11.4	40.0	42.9	14.8	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	23.5	30.0	43.9	6.0	139.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.5	126.5	129.3	30.0	240.0
07. Meat and meat products	89.3	109.8	131.8	20.0	314.2
07-01. Fresh meat	43.4	89.0	112.6	25.5	264.0
07-01-00. Unclassified	11.3	89.5	97.0	21.6	211.4
07-01-01. Beef	17.6	80.1	101.0	25.5	240.0
07-01-02. Veal	0.2	76.0	90.5	73.5	110.3
07-01-03. Pork	14.3	112.0	128.2	19.1	279.0
07-01-04. Mutton/Lamb	1.1	112.0	134.1	76.0	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.1	75.3	91.4	8.5	262.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	17.7	75.0	89.4	8.5	249.0
07-02-02. Turkey, young turkey	0.2	178.0	143.7	80.0	178.0
07-02-03. Duck	0.1	262.0	265.2	262.0	273.6

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	125.0	125.0	125.0	125.0
07-03. Game	0.1	140.0	140.0	140.0	140.0
07-04. Processed meat	68.6	54.0	75.8	12.0	202.4
07-05. Offals	0.1	105.0	124.1	105.0	145.4
08. Fish and shellfish	14.8	76.0	99.8	9.6	280.0
08-01. Fish	10.7	76.0	93.2	10.0	240.0
08-02. Crustaceans, molluscs	3.4	40.0	48.5	9.1	160.8
08-03. Fish products, fish in crumbs	1.8	145.0	165.7	11.9	436.0
09. Eggs and egg products	24.9	45.0	48.4	6.1	114.8
09-01. Egg	24.9	45.0	48.4	6.1	114.8
10. Fat	94.9	25.2	29.5	3.5	72.0
10-00. Unclassified	9.6	12.7	16.0	1.1	39.9
10-01. Vegetable oils	24.8	7.4	11.1	0.9	36.5
10-02. Butter	11.5	12.0	19.5	2.4	55.2
10-03. Margarines	81.8	20.3	24.0	2.5	58.1
10-04. Deep frying fats	7.3	21.0	24.0	6.3	59.4
10-06. Other animal fat	0.6	8.6	8.9	2.9	13.8
11. Sugar and confectionery	78.2	35.0	55.8	4.0	175.0
11-00. Unclassified	0.1	5.0	5.0	5.0	5.0
11-01. Sugar, honey ,jam	53.4	20.0	27.0	1.9	82.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	33.0	20.0	31.8	6.0	85.0
11-03. Confectionery non-chocolate	22.4	12.0	23.6	2.0	65.0
11-04. Syrup	12.9	25.0	41.2	4.8	120.8
11-05. Ice cream, water ice	7.8	86.0	103.2	50.0	200.0
11-05-01. Ice cream	7.3	90.0	105.9	50.0	200.0
11-05-02. Sorbet	0.1	25.0	25.0	25.0	25.0
11-05-03. Water ice	0.5	55.0	61.0	55.0	105.0
12. Cakes	64.3	52.0	72.3	10.0	200.0
12-01. Cakes, pies, pastries, etc.	39.6	60.0	83.2	20.0	240.0
12-02. Dry cakes, biscuits	41.3	24.0	32.7	7.0	90.0
13. Non-alcoholic beverages	99.8	1600.0	1726.1	665.0	3255.0
13-00. Unclassified	0.7	300.0	339.0	82.5	1200.0
13-01. Fruit and vegetable juices	29.5	241.7	302.4	1.0	725.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	45.9	483.4	606.1	166.7	1560.0
13-03. Coffee, tea and herbal teas	93.2	799.8	870.7	186.7	1802.5
13-03-01. Coffee	82.9	533.4	630.6	133.3	1413.4
13-03-02. Tea	43.5	375.0	525.5	133.3	1320.0
13-03-03. Herbal tea	12.3	300.0	457.7	133.3	1376.0
13-03-04. Chicory, substitutes	0.7	750.0	633.8	3.0	1375.0
13-04. Waters	72.7	508.4	744.6	66.7	2078.4
14. Alcoholic beverages	34.7	308.3	571.0	45.9	1982.6
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	16.0	246.7	288.0	83.3	666.6
14-02. Fortified wines (sherry, port, vermouth)	3.4	60.0	76.9	0.7	216.7
14-03. Beer, cider	14.9	600.0	970.1	300.0	3000.0
14-04. Spirits, brandy	4.7	85.5	88.8	9.5	218.5
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.1	66.0	92.7	11.0	203.5
14-07. Cocktails, punches	0.1	168.7	279.4	96.6	550.0
15. Condiments and sauces	72.6	32.9	45.9	4.0	125.5
15-01. Sauces	68.7	33.5	47.0	5.8	125.0
15-01-00. Unclassified and other sauces	38.4	28.0	41.8	5.2	108.0

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	15.7	20.0	38.0	1.9	132.8
15-01-02. Dressing sauces	16.2	17.5	24.4	3.6	69.8
15-01-03. Mayonnaises and similars	23.7	17.7	25.9	3.5	69.8
15-01-04. Dessert sauces	0.6	15.0	24.3	5.0	135.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	10.5	4.8	9.2	0.9	28.8
16. Soups, bouillon	22.7	259.0	283.6	45.6	647.5
16-01. Soups	19.4	259.0	308.3	157.5	647.5
16-02. Bouillon	3.4	113.3	130.3	12.4	308.3
17. Miscellaneous	27.7	14.0	59.9	1.0	204.0
17-00. Unclassified	0.5	75.2	70.4	13.8	94.0
17-01. Soya products	1.4	245.0	245.8	53.3	500.0
17-02. Dietetic products	17.9	4.0	16.8	1.0	23.0
17-02-00. Unclassified	0.9	100.0	221.6	12.0	600.0
17-02-01. Artificial sweeteners	17.2	4.0	5.7	1.0	15.0
17-03. Snacks	10.5	75.0	92.7	40.0	170.0

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.7	143.0	171.5	36.7	342.0
01-01. Potatoes	53.7	143.0	171.5	36.7	342.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	84.6	134.0	149.7	19.8	345.0
02-01. Leafy vegetables (except cabbages)	26.7	60.0	84.9	10.9	214.0
02-02. Fruiting vegetables	45.9	66.5	89.4	5.8	240.0
02-03. Root vegetables	15.2	31.3	72.4	2.7	229.5
02-04. Cabbages	17.1	108.1	114.6	9.7	243.0
02-05. Mushrooms	7.6	25.2	32.1	6.5	75.0
02-06. Grain and pod vegetables	3.5	60.0	75.2	15.0	175.0
02-07. Onion, garlic	33.9	23.1	35.0	1.7	101.3
02-08. Stalk vegetables, sprouts	6.0	14.3	36.2	3.8	178.0
02-09. Mixed salad, mixed vegetables	14.0	74.4	94.1	8.0	251.7
03. Legumes	1.9	119.9	119.6	18.0	231.3
03-01. Legumes	1.9	119.9	119.6	18.0	231.3
04. Fruits, nuts and olives	65.9	148.8	176.8	10.6	439.8
04-01. Fruits	56.1	153.0	187.9	7.6	446.0
04-02. Nuts and seeds (+nut spread)	21.3	35.0	42.9	7.2	100.0
04-03. Mixed fruits	1.3	112.0	107.7	15.0	250.0
04-04. Olives	2.3	12.0	20.7	3.8	60.0
05. Dairy products	94.0	324.8	399.1	26.0	1000.0
05-01. Milk	51.2	283.3	347.3	17.3	858.3
05-02. Milk beverages	7.8	257.5	293.9	125.0	566.6
05-03. Yoghurt	36.0	207.0	256.6	65.0	540.0
05-04. Fromage blanc, petits suisses	4.1	140.0	157.4	30.0	450.0
05-05. Cheese (including fresh cheeses)	67.9	44.0	54.2	13.0	132.0
05-06. Cream desserts, puddings (milk based)	16.0	192.3	175.0	60.0	283.3
05-07. Dairy and non-dairy creams	9.4	20.0	28.2	3.0	93.1
05-07-01. Dairy creams	9.3	20.0	28.2	3.0	93.1
05-07-02. Non-dairy creams	0.1	1.5	3.9	1.5	12.0
05-08. Milk for coffee and creamers	29.2	18.0	27.3	3.0	76.2
06. Cereals and cereal products	97.8	195.0	220.8	65.0	465.0
06-01. Flour, flakes, starches, semolina	4.9	3.8	8.4	0.6	49.9
06-02. Pasta, rice, other grain	26.5	161.0	177.1	60.0	403.0
06-03. Bread, crisp bread, rusks	95.8	140.0	149.5	45.0	300.0
06-03-01. Bread	93.1	140.0	149.2	50.0	300.0
06-03-02. Crispbread, rusks	22.9	16.0	18.6	5.0	47.0
06-04. Breakfast cereals	13.2	40.0	43.1	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	23.6	40.0	48.5	7.0	120.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.6	138.3	145.5	28.4	321.2
07. Meat and meat products	88.7	110.5	125.7	20.0	286.1
07-01. Fresh meat	39.6	87.3	104.0	21.8	264.0
07-01-00. Unclassified	9.4	78.5	89.5	22.2	179.0
07-01-01. Beef	16.3	85.0	97.9	23.1	213.0
07-01-02. Veal	0.6	76.0	106.0	71.2	234.0
07-01-03. Pork	14.9	84.1	101.5	13.7	264.0
07-01-04. Mutton/Lamb	0.8	79.7	108.1	12.5	224.0
07-01-05. Horse	0.2	264.0	215.5	139.3	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	19.0	80.0	90.4	6.4	198.9
07-02-00. Unclassified and other poultry	0.1	112.0	75.6	10.7	112.0
07-02-01. Chicken, hen	18.3	80.0	89.9	6.4	192.7
07-02-02. Turkey, young turkey	0.4	86.3	66.7	15.0	112.0
07-02-03. Duck	0.1	136.8	140.1	136.8	149.5

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.2	144.4	177.4	144.4	218.0
07-03. Game	0.3	112.0	116.6	74.7	178.0
07-04. Processed meat	69.2	53.0	76.0	10.4	217.5
07-05. Offals	0.4	52.5	51.0	4.4	87.5
08. Fish and shellfish	16.8	75.0	95.9	8.0	249.8
08-01. Fish	12.5	75.0	89.9	9.6	201.0
08-02. Crustaceans, molluscs	3.6	24.1	36.0	4.8	150.0
08-03. Fish products, fish in crumbs	2.4	135.0	149.6	26.0	252.0
09. Eggs and egg products	27.0	45.0	50.9	6.5	135.0
09-01. Egg	27.0	45.0	50.9	6.5	135.0
10. Fat	93.1	25.2	29.7	3.7	72.0
10-00. Unclassified	11.1	11.6	15.0	1.5	36.8
10-01. Vegetable oils	30.2	8.3	11.0	1.0	30.0
10-02. Butter	13.7	14.0	18.4	3.0	48.0
10-03. Margarines	77.5	19.8	23.9	3.0	56.6
10-04. Deep frying fats	7.9	17.9	20.2	3.7	47.1
10-06. Other animal fat	0.4	9.8	12.5	5.2	27.0
11. Sugar and confectionery	78.4	39.0	56.8	5.0	166.0
11-00. Unclassified	0.3	1.7	4.0	0.9	3.0
11-01. Sugar, honey ,jam	51.4	20.0	25.6	2.0	71.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	34.5	20.0	34.0	7.5	105.0
11-03. Confectionery non-chocolate	25.0	12.0	20.7	1.0	62.0
11-04. Syrup	14.9	20.0	37.6	5.2	112.5
11-05. Ice cream, water ice	8.9	86.0	100.0	49.0	200.0
11-05-01. Ice cream	7.6	100.0	106.3	49.0	200.0
11-05-02. Sorbet	0.2	50.0	76.2	50.0	147.0
11-05-03. Water ice	1.2	55.0	56.9	50.0	65.0
12. Cakes	60.9	55.0	74.8	10.0	203.0
12-01. Cakes, pies, pastries, etc.	38.0	60.0	83.5	20.0	216.0
12-02. Dry cakes, biscuits	35.9	30.0	38.4	8.0	96.7
13. Non-alcoholic beverages	99.9	1630.0	1773.0	690.0	3303.9
13-00. Unclassified	0.7	300.0	360.3	4.4	900.0
13-01. Fruit and vegetable juices	32.0	241.7	300.1	1.1	731.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	47.2	483.4	612.8	166.7	1485.0
13-03. Coffee, tea and herbal teas	92.9	766.7	864.7	209.4	1795.0
13-03-01. Coffee	76.5	541.7	630.4	133.3	1421.3
13-03-02. Tea	45.0	400.8	559.0	150.0	1430.0
13-03-03. Herbal tea	13.9	375.0	499.3	133.3	1275.0
13-03-04. Chicory, substitutes	0.2	133.3	192.8	4.5	376.6
13-04. Waters	74.2	579.9	781.6	50.0	2075.0
14. Alcoholic beverages	39.4	326.7	577.4	55.0	1800.0
14-00. Unclassified	0.1	72.0	222.7	72.0	420.0
14-01. Wine	17.0	208.3	272.3	82.5	616.8
14-02. Fortified wines (sherry, port, vermouth)	3.2	75.0	75.7	0.9	216.6
14-03. Beer, cider	18.1	600.0	943.5	280.0	3000.0
14-04. Spirits, brandy	4.8	91.8	106.5	9.5	291.3
14-05. Aniseed drinks (pastis,..)	0.1	30.0	51.5	30.0	76.7
14-06. Liqueurs	1.6	55.0	89.5	6.0	318.9
14-07. Cocktails, punches	0.3	275.0	191.7	20.0	275.0
15. Condiments and sauces	71.0	33.5	47.9	4.1	140.0
15-01. Sauces	66.9	34.7	48.7	4.7	139.8
15-01-00. Unclassified and other sauces	35.7	32.4	43.4	3.4	120.0

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	17.4	21.8	43.3	1.9	171.6
15-01-02. Dressing sauces	17.1	19.4	23.5	3.8	68.5
15-01-03. Mayonnaises and similars	22.7	18.6	23.7	3.6	69.8
15-01-04. Dessert sauces	0.9	22.5	23.4	9.0	36.0
15-02. Yeast	0.2	10.0	16.0	2.5	30.0
15-04. Condiments	12.4	5.0	10.6	0.5	40.0
16. Soups, bouillon	22.3	259.0	274.4	31.5	582.8
16-01. Soups	19.0	259.0	296.1	175.0	610.5
16-02. Bouillon	4.3	40.4	115.2	12.4	300.0
17. Miscellaneous	29.6	30.0	65.7	1.0	229.0
17-00. Unclassified	0.6	74.4	75.6	37.5	151.0
17-01. Soya products	2.8	101.5	153.3	16.0	440.0
17-02. Dietetic products	16.8	5.0	19.6	1.0	34.0
17-02-00. Unclassified	1.2	40.0	190.8	13.0	772.5
17-02-01. Artificial sweeteners	15.7	4.0	5.9	1.0	15.0
17-03. Snacks	11.5	75.0	99.1	34.0	225.0

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	51.8	142.0	159.1	36.0	308.0
01-01. Potatoes	51.4	142.0	159.6	36.0	308.0
01-02. Other tubers	0.4	108.2	94.5	39.3	150.0
02. Vegetables	87.6	150.0	166.3	22.0	373.4
02-01. Leafy vegetables (except cabbages)	32.1	60.0	85.4	10.0	250.0
02-02. Fruiting vegetables	51.4	73.0	92.9	8.3	236.0
02-03. Root vegetables	15.0	49.9	74.3	3.6	228.0
02-04. Cabbages	18.9	130.5	123.1	10.0	243.0
02-05. Mushrooms	8.3	20.8	27.4	5.4	69.0
02-06. Grain and pod vegetables	4.7	50.3	60.7	8.6	173.3
02-07. Onion, garlic	36.7	23.1	33.1	1.9	111.0
02-08. Stalk vegetables, sprouts	4.5	23.5	48.7	4.6	178.0
02-09. Mixed salad, mixed vegetables	14.3	96.4	116.3	8.8	300.0
03. Legumes	3.2	100.2	113.8	15.2	222.0
03-01. Legumes	3.2	100.2	113.8	15.2	222.0
04. Fruits, nuts and olives	70.7	154.5	189.6	16.0	442.7
04-01. Fruits	64.0	153.0	193.4	15.0	441.4
04-02. Nuts and seeds (+nut spread)	23.3	25.0	36.7	3.6	100.0
04-03. Mixed fruits	1.0	100.0	104.0	48.5	250.0
04-04. Olives	4.3	16.0	18.6	2.8	46.0
05. Dairy products	95.6	332.0	397.4	24.4	936.7
05-01. Milk	51.2	257.5	320.5	15.0	825.4
05-02. Milk beverages	8.6	257.5	282.8	120.2	601.0
05-03. Yoghurt	42.1	216.0	254.8	81.0	540.0
05-04. Fromage blanc, petits suisses	4.1	186.7	166.3	48.0	300.0
05-05. Cheese (including fresh cheeses)	69.6	44.0	53.3	12.0	139.0
05-06. Cream desserts, puddings (milk based)	18.1	166.7	171.5	50.0	333.0
05-07. Dairy and non-dairy creams	14.1	18.0	24.8	3.0	64.0
05-07-01. Dairy creams	13.9	17.1	24.3	3.0	64.0
05-07-02. Non-dairy creams	0.2	63.2	63.2	63.2	63.2
05-08. Milk for coffee and creamers	24.4	18.0	24.1	3.0	69.9
06. Cereals and cereal products	99.0	185.0	208.0	60.0	430.0
06-01. Flour, flakes, starches, semolina	7.0	3.5	6.1	0.5	26.6
06-02. Pasta, rice, other grain	29.6	142.5	158.2	58.0	323.8
06-03. Bread, crisp bread, rusks	96.1	134.8	140.7	35.0	280.0
06-03-01. Bread	92.4	135.0	141.4	40.0	280.0
06-03-02. Crispbread, rusks	21.7	20.0	20.9	5.0	56.0
06-04. Breakfast cereals	23.1	40.0	43.9	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.3	34.0	40.8	4.1	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.2	73.6	105.0	18.0	334.0
07. Meat and meat products	86.1	102.0	114.4	16.0	268.5
07-01. Fresh meat	39.3	85.0	102.4	22.4	258.0
07-01-00. Unclassified	9.1	66.3	78.3	15.0	170.0
07-01-01. Beef	20.1	80.0	94.1	31.3	182.0
07-01-02. Veal	0.5	150.0	120.8	20.3	178.0
07-01-03. Pork	10.9	94.5	110.1	7.4	264.0
07-01-04. Mutton/Lamb	1.1	125.0	117.5	28.6	240.0
07-01-05. Horse	0.1	178.0	178.0	178.0	178.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	16.9	82.3	97.5	6.4	220.5
07-02-00. Unclassified and other poultry	0.2	76.0	76.0	76.0	76.0
07-02-01. Chicken, hen	16.3	80.6	96.1	6.4	220.5
07-02-02. Turkey, young turkey	0.5	70.0	63.6	20.0	178.0
07-02-03. Duck	0.3	78.9	151.7	78.9	228.0

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.6	42.0	58.9	13.5	188.0
07-04. Processed meat	63.8	45.0	64.8	10.0	170.0
07-05. Offals	0.1	30.0	110.2	30.0	210.0
08. Fish and shellfish	20.8	90.0	103.7	6.4	280.0
08-01. Fish	15.0	100.0	105.4	12.0	251.5
08-02. Crustaceans, molluscs	4.8	36.0	51.2	5.5	180.0
08-03. Fish products, fish in crumbs	2.6	145.0	124.4	2.5	210.0
09. Eggs and egg products	22.3	45.0	48.0	5.4	129.2
09-01. Egg	22.3	45.0	48.0	5.4	129.2
10. Fat	91.5	24.0	27.3	3.6	63.0
10-00. Unclassified	12.8	11.6	14.4	1.5	40.2
10-01. Vegetable oils	38.4	8.0	10.7	0.9	29.3
10-02. Butter	16.0	12.0	16.3	2.0	45.0
10-03. Margarines	70.6	18.0	21.6	2.9	52.5
10-04. Deep frying fats	5.7	23.3	19.9	2.7	36.1
10-06. Other animal fat	0.3	12.5	8.6	2.6	12.5
11. Sugar and confectionery	75.4	40.0	56.7	4.0	165.0
11-00. Unclassified	0.8	2.3	4.3	0.8	15.0
11-01. Sugar, honey ,jam	46.4	20.0	25.6	1.7	71.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	34.1	21.0	35.4	5.0	100.0
11-03. Confectionery non-chocolate	25.4	14.0	21.7	1.5	86.7
11-04. Syrup	13.3	20.0	28.5	2.3	80.0
11-05. Ice cream, water ice	9.9	86.0	94.8	24.0	200.0
11-05-01. Ice cream	8.7	87.0	99.0	24.0	236.0
11-05-02. Sorbet	0.2	100.0	84.0	50.0	100.0
11-05-03. Water ice	1.0	55.0	58.7	35.0	100.0
12. Cakes	60.9	60.0	80.2	12.7	216.0
12-01. Cakes, pies, pastries, etc.	38.9	67.3	89.8	20.0	240.0
12-02. Dry cakes, biscuits	36.5	30.0	38.0	8.0	100.0
13. Non-alcoholic beverages	100.0	1719.2	1854.4	708.4	3421.3
13-00. Unclassified	1.1	125.0	186.0	25.0	500.0
13-01. Fruit and vegetable juices	42.7	210.0	276.3	12.0	690.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	40.4	400.0	546.2	166.7	1475.1
13-03. Coffee, tea and herbal teas	94.5	825.0	923.5	250.0	1925.0
13-03-01. Coffee	75.8	533.4	592.2	120.0	1306.6
13-03-02. Tea	48.4	450.0	589.5	150.0	1500.0
13-03-03. Herbal tea	22.6	450.0	611.8	150.0	1375.0
13-03-04. Chicory, substitutes	0.5	4.5	119.2	1.8	550.0
13-04. Waters	81.0	600.0	791.5	83.3	2162.5
14. Alcoholic beverages	45.2	304.6	465.0	65.0	1479.9
14-00. Unclassified	0.2	50.0	70.9	50.0	93.3
14-01. Wine	27.2	246.6	287.1	92.5	616.6
14-02. Fortified wines (sherry, port, vermouth)	4.2	86.7	90.6	1.6	173.3
14-03. Beer, cider	15.1	560.0	800.9	245.0	2400.0
14-04. Spirits, brandy	5.6	57.0	76.9	3.8	183.7
14-05. Aniseed drinks (pastis,..)	0.1	50.0	50.0	50.0	50.0
14-06. Liqueurs	2.5	55.0	99.6	13.2	531.5
14-07. Cocktails, punches	0.2	290.0	262.7	166.7	290.0
15. Condiments and sauces	68.1	29.2	41.8	4.2	132.8
15-01. Sauces	61.8	30.0	43.1	4.9	133.7
15-01-00. Unclassified and other sauces	29.3	26.0	40.8	2.1	107.7



**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	17.7	14.5	31.6	1.7	124.5
15-01-02. Dressing sauces	16.7	15.2	20.2	2.2	48.0
15-01-03. Mayonnaises and similars	21.6	18.6	25.4	3.9	80.0
15-01-04. Dessert sauces	0.8	30.0	28.4	19.0	45.0
15-02. Yeast	0.3	6.0	11.0	5.0	30.0
15-04. Condiments	15.3	6.6	11.6	0.8	50.0
16. Soups, bouillon	24.7	259.0	274.8	51.7	600.0
16-01. Soups	21.1	259.0	292.2	175.0	647.5
16-02. Bouillon	3.9	160.0	163.3	13.1	500.0
17. Miscellaneous	27.8	39.9	68.3	1.8	218.0
17-00. Unclassified	1.3	94.0	88.4	12.3	189.0
17-01. Soya products	3.9	117.5	176.7	8.0	550.0
17-02. Dietetic products	14.0	5.0	10.4	1.0	23.0
17-02-00. Unclassified	0.6	41.2	105.1	23.0	375.0
17-02-01. Artificial sweeteners	13.6	5.0	5.9	1.0	14.9
17-03. Snacks	11.4	70.0	82.5	28.9	180.0

**Table 4.3.b** Food consumption (food groups and subgroups) on consumption days of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.9	143.0	182.0	60.0	388.0
01-01. Potatoes	53.5	143.0	183.0	60.0	388.0
01-02. Other tubers	0.3	15.9	15.9	15.9	15.9
02. Vegetables	70.1	97.5	103.4	13.5	238.8
02-01. Leafy vegetables (except cabbages)	14.0	60.0	76.0	15.0	174.0
02-02. Fruiting vegetables	36.1	45.8	64.1	3.0	198.8
02-03. Root vegetables	7.4	76.0	90.1	2.0	262.0
02-04. Cabbages	12.7	98.0	102.6	13.5	232.5
02-05. Mushrooms	4.6	20.1	27.2	5.4	67.7
02-06. Grain and pod vegetables	4.1	45.0	49.4	1.1	128.3
02-07. Onion, garlic	25.7	21.1	32.1	2.0	91.2
02-08. Stalk vegetables, sprouts	3.3	8.4	12.0	2.3	50.7
02-09. Mixed salad, mixed vegetables	10.8	53.7	64.8	11.3	162.0
03. Legumes	2.3	105.0	116.5	39.9	253.1
03-01. Legumes	2.3	105.0	116.5	39.9	253.1
04. Fruits, nuts and olives	54.1	128.2	136.9	15.8	291.6
04-01. Fruits	45.0	128.4	145.7	25.0	283.2
04-02. Nuts and seeds (+nut spread)	17.4	30.0	39.8	10.0	131.5
04-03. Mixed fruits	1.0	120.0	147.8	36.4	291.6
04-04. Olives	0.4	8.0	8.0	8.0	8.0
05. Dairy products	88.2	343.3	386.0	36.0	891.0
05-01. Milk	44.3	252.4	285.9	15.0	582.0
05-02. Milk beverages	17.3	206.0	257.5	118.5	566.6
05-03. Yoghurt	35.0	201.6	283.0	77.8	756.0
05-04. Fromage blanc, petits suisses	4.3	110.0	126.8	18.8	250.0
05-05. Cheese (including fresh cheeses)	45.2	42.0	50.4	12.0	108.0
05-06. Cream desserts, puddings (milk based)	21.9	192.3	180.7	82.4	302.1
05-07. Dairy and non-dairy creams	7.5	20.0	22.1	8.0	35.7
05-07-01. Dairy creams	7.5	20.0	22.1	8.0	35.7
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	6.3	16.0	16.6	4.5	39.0
06. Cereals and cereal products	98.8	175.0	210.7	62.5	482.1
06-01. Flour, flakes, starches, semolina	2.7	2.5	3.5	1.0	8.7
06-02. Pasta, rice, other grain	22.7	127.7	163.8	47.4	418.6
06-03. Bread, crisp bread, rusks	92.6	136.0	147.2	45.0	295.0
06-03-01. Bread	91.7	135.0	147.0	45.0	291.9
06-03-02. Crispbread, rusks	11.8	10.0	12.7	1.2	32.0
06-04. Breakfast cereals	8.4	40.0	40.8	19.4	60.0
06-05. Salty biscuits, aperitif biscuits, crackers	39.9	40.0	54.5	11.0	150.0
06-06. Dough and pastry (puff, shortcrust, pizza)	7.1	132.4	131.5	12.4	277.1
07. Meat and meat products	88.9	99.8	117.3	26.4	257.2
07-01. Fresh meat	37.4	78.8	84.0	14.3	178.0
07-01-00. Unclassified	12.0	60.0	75.9	15.0	204.8
07-01-01. Beef	9.9	67.8	77.0	16.4	178.0
07-01-02. Veal	0.2	36.8	36.8	36.8	36.8
07-01-03. Pork	15.4	78.8	85.6	14.3	178.0
07-01-04. Mutton/Lamb	1.8	79.2	78.0	10.5	135.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	13.3	84.0	88.6	4.0	178.0

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	12.8	85.7	90.8	4.0	178.0
07-02-02. Turkey, young turkey	0.5	15.0	28.4	15.0	45.0
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	70.9	64.0	86.2	15.0	200.6
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	7.2	50.0	98.7	5.0	328.0
08-01. Fish	2.1	27.7	30.3	8.9	126.0
08-02. Crustaceans, molluscs	1.8	20.0	42.9	5.0	150.0
08-03. Fish products, fish in crumbs	3.3	201.0	173.5	26.1	357.0
09. Eggs and egg products	18.6	45.0	42.8	4.2	100.0
09-01. Egg	18.6	45.0	42.8	4.2	100.0
10. Fat	89.5	24.6	28.1	3.9	65.6
10-00. Unclassified	12.8	18.0	20.6	1.2	47.6
10-01. Vegetable oils	23.3	8.4	10.2	0.7	31.0
10-02. Butter	6.9	12.0	16.4	2.5	48.0
10-03. Margarines	74.0	18.0	21.7	3.0	51.6
10-04. Deep frying fats	11.9	23.2	24.9	6.1	53.2
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	85.5	64.2	79.5	10.0	202.4
11-00. Unclassified	0.0	.	.	.	.
11-01. Sugar, honey ,jam	36.4	13.6	18.5	3.3	54.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	51.2	29.0	37.4	7.5	100.0
11-03. Confectionery non-chocolate	44.8	17.0	28.6	2.0	90.0
11-04. Syrup	32.8	30.0	45.8	9.0	125.0
11-05. Ice cream, water ice	17.4	75.0	82.2	32.5	183.0
11-05-01. Ice cream	14.0	75.0	81.4	45.0	165.0
11-05-02. Sorbet	0.0	.	.	.	.
11-05-03. Water ice	3.8	59.0	76.0	15.0	162.0
12. Cakes	69.1	60.0	85.7	10.0	272.0
12-01. Cakes, pies, pastries, etc.	38.9	60.0	100.6	20.0	310.0
12-02. Dry cakes, biscuits	51.6	30.0	39.0	8.0	89.0
13. Non-alcoholic beverages	98.8	1071.7	1181.6	400.1	2556.7
13-00. Unclassified	0.2	250.0	250.0	250.0	250.0
13-01. Fruit and vegetable juices	37.5	275.0	346.9	1.2	700.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	82.5	571.7	696.0	166.7	1525.0
13-03. Coffee, tea and herbal teas	34.3	275.0	314.9	50.0	719.5
13-03-01. Coffee	9.9	266.6	324.5	3.0	753.2
13-03-02. Tea	25.6	266.6	276.9	110.0	563.3
13-03-03. Herbal tea	1.7	226.0	280.2	150.0	550.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	66.2	416.6	534.5	50.0	1416.7
14. Alcoholic beverages	6.8	330.0	771.5	0.9	3900.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.4	200.0	200.0	200.0	200.0
14-02. Fortified wines (sherry, port, vermouth)	2.2	2.0	2.4	0.9	4.6
14-03. Beer, cider	4.1	600.0	1238.3	200.0	5880.0
14-04. Spirits, brandy	0.0	.	.	.	.
14-05. Aniseed drinks (pastis,..)	0.3	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.0	.	.	.	.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	75.1	34.9	45.9	3.9	127.1
15-01. Sauces	71.1	35.8	47.0	4.2	128.0
15-01-00. Unclassified and other sauces	34.0	34.9	41.6	2.4	112.1
15-01-01. Tomato sauces	30.1	25.0	34.9	4.2	99.8
15-01-02. Dressing sauces	14.2	20.0	25.1	3.9	61.6
15-01-03. Mayonnaises and similars	21.2	20.0	23.9	2.9	50.0
15-01-04. Dessert sauces	0.8	15.0	15.5	11.3	18.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	10.0	6.5	10.6	0.8	30.0
16. Soups, bouillon	16.7	259.0	244.3	18.6	582.8
16-01. Soups	13.9	262.5	283.7	175.0	582.8
16-02. Bouillon	3.1	39.7	43.4	10.0	92.0
17. Miscellaneous	19.0	85.0	104.8	2.0	255.0
17-00. Unclassified	0.7	72.4	131.8	72.4	200.0
17-01. Soya products	1.3	70.5	51.9	1.2	100.0
17-02. Dietetic products	2.0	2.0	1.8	1.0	2.0
17-02-00. Unclassified	0.0	.	.	.	.
17-02-01. Artificial sweeteners	2.0	2.0	1.8	1.0	2.0
17-03. Snacks	15.1	108.0	120.5	31.5	280.0

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	56.7	150.0	174.5	45.1	342.0
01-01. Potatoes	56.7	150.0	174.4	45.1	342.0
01-02. Other tubers	0.1	18.7	18.7	18.7	18.7
02. Vegetables	72.2	96.7	107.0	13.8	250.8
02-01. Leafy vegetables (except cabbages)	16.9	45.7	65.0	6.9	174.0
02-02. Fruiting vegetables	39.3	52.0	71.3	5.0	182.8
02-03. Root vegetables	11.8	62.9	80.1	2.0	228.0
02-04. Cabbages	13.3	98.0	99.8	5.5	216.0
02-05. Mushrooms	5.5	16.8	16.6	3.5	34.5
02-06. Grain and pod vegetables	4.1	60.0	54.6	2.2	91.0
02-07. Onion, garlic	24.0	17.7	26.1	1.6	68.3
02-08. Stalk vegetables, sprouts	1.8	7.9	14.9	1.4	71.0
02-09. Mixed salad, mixed vegetables	11.2	40.0	52.2	3.7	162.0
03. Legumes	1.8	132.4	119.3	39.5	227.5
03-01. Legumes	1.8	132.4	119.3	39.5	227.5
04. Fruits, nuts and olives	57.7	128.4	148.0	15.0	368.6
04-01. Fruits	48.7	130.0	158.4	15.0	370.4
04-02. Nuts and seeds (+nut spread)	18.3	20.0	39.2	10.0	120.0
04-03. Mixed fruits	0.9	100.0	120.8	90.0	188.5
04-04. Olives	0.1	7.6	7.6	7.6	7.6
05. Dairy products	93.4	400.0	455.4	34.0	1042.2
05-01. Milk	57.1	283.3	343.4	26.8	849.9
05-02. Milk beverages	11.9	250.0	281.6	128.8	566.6
05-03. Yoghurt	37.0	237.6	327.4	100.8	874.8
05-04. Fromage blanc, petits suisses	3.5	60.0	95.5	50.0	300.0
05-05. Cheese (including fresh cheeses)	48.2	44.0	50.4	12.0	116.0
05-06. Cream desserts, puddings (milk based)	23.4	192.3	187.3	73.3	321.1
05-07. Dairy and non-dairy creams	7.3	20.0	24.2	4.9	64.0
05-07-01. Dairy creams	7.2	20.0	24.2	4.9	64.0
05-07-02. Non-dairy creams	0.1	26.0	26.0	26.0	26.0
05-08. Milk for coffee and creamers	5.1	9.0	25.8	4.8	50.8
06. Cereals and cereal products	99.0	183.0	210.3	65.5	422.0
06-01. Flour, flakes, starches, semolina	3.2	1.5	6.9	0.9	19.0
06-02. Pasta, rice, other grain	22.9	139.8	158.1	56.2	320.0
06-03. Bread, crisp bread, rusks	96.4	140.0	145.3	45.0	295.0
06-03-01. Bread	95.3	135.0	144.1	45.0	290.0
06-03-02. Crispbread, rusks	17.2	13.0	16.2	3.0	42.0
06-04. Breakfast cereals	11.4	50.4	51.9	20.0	90.0
06-05. Salty biscuits, aperitif biscuits, crackers	33.9	40.0	51.8	10.0	139.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.3	115.0	131.6	33.1	277.1
07. Meat and meat products	89.9	98.0	114.1	20.0	280.0
07-01. Fresh meat	37.5	76.0	89.4	17.0	230.4
07-01-00. Unclassified	10.8	63.1	78.3	14.9	178.0
07-01-01. Beef	13.8	69.1	77.6	14.9	182.0
07-01-02. Veal	0.3	80.0	76.8	73.5	80.0
07-01-03. Pork	13.0	78.8	97.5	14.0	264.0
07-01-04. Mutton/Lamb	1.3	91.8	118.3	23.7	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.5	76.0	79.7	3.0	178.0
07-02-00. Unclassified and other poultry	0.3	75.0	75.0	75.0	75.0
07-02-01. Chicken, hen	15.1	76.0	80.5	3.0	178.0
07-02-02. Turkey, young turkey	0.1	4.3	4.3	4.3	4.3
07-02-03. Duck	0.0	.	.	.	.

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.3	28.0	46.4	28.0	76.0
07-04. Processed meat	71.8	66.0	78.8	10.0	200.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	7.4	75.0	84.6	11.1	201.0
08-01. Fish	5.0	51.8	71.8	5.2	201.0
08-02. Crustaceans, molluscs	0.7	14.8	31.0	9.0	75.0
08-03. Fish products, fish in crumbs	2.0	130.5	123.0	65.0	156.0
09. Eggs and egg products	20.8	45.0	46.3	4.4	100.0
09-01. Egg	20.8	45.0	46.3	4.4	100.0
10. Fat	91.4	23.6	27.0	2.4	62.8
10-00. Unclassified	12.5	17.2	17.4	3.6	36.0
10-01. Vegetable oils	24.3	5.9	8.3	0.8	25.1
10-02. Butter	7.9	11.4	15.3	2.1	48.0
10-03. Margarines	77.1	18.0	21.8	2.0	54.0
10-04. Deep frying fats	10.2	23.3	24.4	4.7	44.6
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	91.5	71.2	91.2	10.0	224.2
11-00. Unclassified	0.1	1.5	1.5	1.5	1.5
11-01. Sugar, honey ,jam	42.5	13.6	20.6	1.7	66.3
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	57.3	34.0	42.4	6.0	115.0
11-03. Confectionery non-chocolate	51.2	16.0	27.0	2.0	83.0
11-04. Syrup	38.0	32.9	49.0	9.0	143.8
11-05. Ice cream, water ice	19.7	75.0	91.4	40.0	200.0
11-05-01. Ice cream	14.9	80.0	93.4	42.0	208.0
11-05-02. Sorbet	0.1	50.0	50.0	50.0	50.0
11-05-03. Water ice	5.8	55.0	70.0	35.0	125.0
12. Cakes	75.1	59.0	78.1	13.0	214.0
12-01. Cakes, pies, pastries, etc.	38.3	70.0	90.1	20.0	250.0
12-02. Dry cakes, biscuits	55.5	35.0	43.4	9.0	102.0
13. Non-alcoholic beverages	99.5	1050.0	1133.1	366.7	2241.7
13-00. Unclassified	0.5	87.8	257.3	25.1	500.0
13-01. Fruit and vegetable juices	37.3	272.5	344.9	120.0	800.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	78.1	540.0	656.0	166.7	1475.1
13-03. Coffee, tea and herbal teas	30.2	233.3	302.9	112.5	646.5
13-03-01. Coffee	9.3	233.4	278.1	106.7	533.4
13-03-02. Tea	20.7	188.3	281.6	112.5	637.5
13-03-03. Herbal tea	2.9	188.3	247.4	133.3	550.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	73.7	399.9	534.1	50.0	1546.4
14. Alcoholic beverages	3.1	400.0	959.8	1.6	2225.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.0	.	.	.	.
14-02. Fortified wines (sherry, port, vermouth)	0.6	1.6	1.3	0.7	2.0
14-03. Beer, cider	2.5	490.0	1157.6	280.0	9400.0
14-04. Spirits, brandy	0.0	.	.	.	.
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.0	.	.	.	.
14-07. Cocktails, punches	0.4	133.3	166.0	125.0	250.0
15. Condiments and sauces	70.7	32.6	44.6	4.4	129.0
15-01. Sauces	68.0	33.5	45.2	4.4	129.0
15-01-00. Unclassified and other sauces	32.3	23.3	32.7	1.9	88.0

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.9	25.0	41.5	5.6	125.0
15-01-02. Dressing sauces	14.9	23.3	26.7	3.5	69.8
15-01-03. Mayonnaises and similars	20.4	23.3	29.9	3.9	81.5
15-01-04. Dessert sauces	1.0	15.0	17.1	7.5	30.0
15-02. Yeast	0.1	5.0	5.0	5.0	5.0
15-04. Condiments	10.2	6.2	7.5	1.0	21.6
16. Soups, bouillon	14.3	220.0	275.2	32.6	647.6
16-01. Soups	12.6	259.0	301.0	105.0	647.6
16-02. Bouillon	1.8	33.2	86.7	0.2	300.0
17. Miscellaneous	17.4	63.0	104.8	2.0	360.0
17-00. Unclassified	0.0	.	.	.	.
17-01. Soya products	2.3	250.0	311.4	24.0	930.0
17-02. Dietetic products	4.5	3.0	8.9	0.1	27.0
17-02-00. Unclassified	1.0	27.0	28.7	25.9	40.0
17-02-01. Artificial sweeteners	3.5	2.0	3.4	0.1	10.0
17-03. Snacks	11.2	70.0	94.7	31.5	225.0

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	51.6	159.0	177.5	48.7	348.0
01-01. Potatoes	51.6	159.0	177.5	48.7	348.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	78.4	100.0	117.4	19.0	274.9
02-01. Leafy vegetables (except cabbages)	19.7	45.0	65.8	7.0	175.0
02-02. Fruiting vegetables	41.3	52.4	77.2	7.5	213.7
02-03. Root vegetables	12.1	76.9	84.5	4.0	233.4
02-04. Cabbages	18.5	90.7	102.2	6.0	240.0
02-05. Mushrooms	7.9	13.2	20.7	2.0	41.4
02-06. Grain and pod vegetables	4.1	50.0	45.6	1.6	120.0
02-07. Onion, garlic	25.3	20.8	31.2	4.4	97.6
02-08. Stalk vegetables, sprouts	2.9	12.5	21.1	5.0	75.0
02-09. Mixed salad, mixed vegetables	10.5	42.8	56.7	3.7	150.0
03. Legumes	1.2	74.7	90.6	12.7	210.0
03-01. Legumes	1.2	74.7	90.6	12.7	210.0
04. Fruits, nuts and olives	63.4	128.4	138.7	15.0	316.8
04-01. Fruits	51.9	128.4	147.5	23.9	315.4
04-02. Nuts and seeds (+nut spread)	25.1	30.0	40.9	6.3	105.0
04-03. Mixed fruits	0.9	90.0	117.2	50.0	188.5
04-04. Olives	1.0	5.7	8.2	0.5	20.0
05. Dairy products	93.4	470.4	515.0	58.0	1123.9
05-01. Milk	65.9	283.3	376.1	78.9	849.9
05-02. Milk beverages	12.7	226.6	271.1	148.7	536.7
05-03. Yoghurt	36.8	261.0	323.9	100.8	824.4
05-04. Fromage blanc, petits suisses	3.4	50.0	124.2	40.0	500.0
05-05. Cheese (including fresh cheeses)	52.2	41.6	52.1	10.1	137.0
05-06. Cream desserts, puddings (milk based)	23.3	192.3	196.5	60.0	336.5
05-07. Dairy and non-dairy creams	9.5	15.0	19.1	5.0	52.0
05-07-01. Dairy creams	9.5	15.0	19.1	5.0	52.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	2.5	8.0	11.8	3.0	32.0
06. Cereals and cereal products	99.6	210.0	232.5	70.0	477.0
06-01. Flour, flakes, starches, semolina	3.9	2.2	5.5	1.0	15.0
06-02. Pasta, rice, other grain	27.9	139.7	156.8	41.0	320.0
06-03. Bread, crisp bread, rusks	96.5	140.0	159.3	45.0	315.0
06-03-01. Bread	95.7	140.0	157.8	45.0	315.0
06-03-02. Crispbread, rusks	17.1	11.0	15.8	3.0	50.0
06-04. Breakfast cereals	17.5	40.0	45.6	15.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	33.4	40.0	51.4	10.0	150.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.9	125.0	126.9	15.6	277.8
07. Meat and meat products	86.2	91.7	112.0	18.0	290.0
07-01. Fresh meat	35.3	75.0	90.3	15.6	233.1
07-01-00. Unclassified	10.3	68.1	74.2	12.3	162.7
07-01-01. Beef	13.2	67.5	77.6	17.5	178.0
07-01-02. Veal	0.3	73.5	73.5	73.5	73.5
07-01-03. Pork	12.9	78.8	102.1	15.4	300.0
07-01-04. Mutton/Lamb	0.3	125.0	180.9	125.0	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	14.1	63.5	73.7	10.9	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	13.9	63.5	73.7	10.9	178.0
07-02-02. Turkey, young turkey	0.2	75.5	75.5	75.5	75.5
07-02-03. Duck	0.0	.	.	.	.



**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	69.0	64.0	78.7	13.3	198.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	10.4	78.3	91.3	8.7	280.0
08-01. Fish	6.3	60.0	95.5	12.0	304.8
08-02. Crustaceans, molluscs	3.5	42.0	60.9	4.8	116.0
08-03. Fish products, fish in crumbs	1.7	78.3	75.1	8.7	145.0
09. Eggs and egg products	18.5	45.0	41.6	3.8	95.0
09-01. Egg	18.5	45.0	41.6	3.8	95.0
10. Fat	92.4	22.1	26.3	1.9	68.0
10-00. Unclassified	10.2	15.3	17.2	2.3	42.0
10-01. Vegetable oils	29.2	5.5	9.1	0.6	30.6
10-02. Butter	13.4	10.0	17.8	1.5	56.0
10-03. Margarines	73.5	18.0	21.4	2.1	56.8
10-04. Deep frying fats	8.5	21.6	21.5	3.2	48.8
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	90.2	63.5	83.8	6.0	218.8
11-00. Unclassified	0.2	2.0	2.0	2.0	2.0
11-01. Sugar, honey ,jam	37.1	10.2	20.9	1.7	70.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	56.5	25.0	34.0	7.5	88.0
11-03. Confectionery non-chocolate	49.8	15.0	25.9	2.0	86.0
11-04. Syrup	42.0	25.0	43.6	7.5	137.5
11-05. Ice cream, water ice	18.6	75.0	93.5	35.0	183.0
11-05-01. Ice cream	13.2	75.0	96.6	36.0	183.0
11-05-02. Sorbet	0.5	100.0	91.6	50.0	125.0
11-05-03. Water ice	5.8	55.0	74.2	32.0	162.0
12. Cakes	75.5	55.0	74.9	10.0	200.0
12-01. Cakes, pies, pastries, etc.	37.6	60.0	79.4	20.0	225.0
12-02. Dry cakes, biscuits	57.5	37.0	46.4	9.0	130.0
13. Non-alcoholic beverages	99.8	1050.0	1167.8	433.3	2241.7
13-00. Unclassified	0.4	26.8	127.6	26.8	300.0
13-01. Fruit and vegetable juices	40.5	241.7	317.1	2.1	800.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	71.7	500.0	665.0	166.7	1623.4
13-03. Coffee, tea and herbal teas	31.4	250.0	303.8	112.5	750.0
13-03-01. Coffee	8.4	236.7	314.3	75.0	825.0
13-03-02. Tea	18.9	220.0	277.5	112.5	562.5
13-03-03. Herbal tea	6.8	188.3	244.9	133.3	450.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	78.8	465.0	589.4	75.0	1588.0
14. Alcoholic beverages	8.2	397.7	971.6	2.0	3010.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.8	86.7	125.0	2.0	433.2
14-02. Fortified wines (sherry, port, vermouth)	0.8	1.6	1.8	0.9	2.6
14-03. Beer, cider	5.8	900.0	1296.0	200.0	3600.0
14-04. Spirits, brandy	0.7	72.8	54.1	3.8	91.8
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.9	53.2	45.4	4.4	88.0
14-07. Cocktails, punches	0.1	500.0	500.0	500.0	500.0
15. Condiments and sauces	68.7	29.6	45.4	4.8	120.6
15-01. Sauces	66.2	29.5	45.8	5.3	123.3
15-01-00. Unclassified and other sauces	29.6	29.2	44.3	3.7	118.3

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	25.3	17.2	27.1	3.0	83.2
15-01-02. Dressing sauces	15.8	18.0	22.0	3.1	69.8
15-01-03. Mayonnaises and similars	20.4	23.3	32.4	3.9	93.1
15-01-04. Dessert sauces	1.1	15.0	19.8	10.0	36.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	9.5	4.8	9.6	1.0	36.0
16. Soups, bouillon	11.1	220.0	245.6	32.6	518.0
16-01. Soups	9.6	259.0	270.0	103.0	518.0
16-02. Bouillon	1.6	32.6	77.6	13.0	450.0
17. Miscellaneous	21.9	68.0	98.0	1.0	340.0
17-00. Unclassified	1.1	47.0	40.8	16.2	86.3
17-01. Soya products	2.4	150.0	231.0	50.0	603.4
17-02. Dietetic products	4.2	2.0	3.6	0.2	6.0
17-02-00. Unclassified	0.2	40.0	40.0	40.0	40.0
17-02-01. Artificial sweeteners	4.1	2.0	2.2	0.2	6.0
17-03. Snacks	14.8	75.0	103.5	30.6	228.8

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	59.9	140.0	142.2	46.5	265.0
01-01. Potatoes	59.9	140.0	142.2	46.5	265.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	67.3	78.9	93.2	12.7	230.5
02-01. Leafy vegetables (except cabbages)	15.7	51.0	66.9	9.6	216.0
02-02. Fruiting vegetables	35.1	51.0	59.9	8.5	172.0
02-03. Root vegetables	8.5	29.4	70.9	1.3	230.0
02-04. Cabbages	12.8	98.0	107.8	11.4	240.0
02-05. Mushrooms	4.5	19.2	24.3	7.5	98.7
02-06. Grain and pod vegetables	3.7	60.0	50.5	10.0	120.0
02-07. Onion, garlic	21.2	12.3	20.9	1.0	73.3
02-08. Stalk vegetables, sprouts	2.1	7.9	12.3	4.6	45.0
02-09. Mixed salad, mixed vegetables	9.7	25.5	38.3	3.3	106.7
03. Legumes	1.4	50.5	76.0	20.7	210.0
03-01. Legumes	1.4	50.5	76.0	20.7	210.0
04. Fruits, nuts and olives	57.9	128.0	139.4	13.2	367.4
04-01. Fruits	51.3	128.4	147.6	6.4	370.0
04-02. Nuts and seeds (+nut spread)	12.4	20.0	28.9	5.0	75.0
04-03. Mixed fruits	1.2	90.0	117.4	36.4	188.5
04-04. Olives	0.1	28.2	28.2	28.2	28.2
05. Dairy products	91.2	336.1	376.8	24.0	892.1
05-01. Milk	49.2	248.9	294.4	17.4	660.9
05-02. Milk beverages	18.1	214.6	278.0	137.3	583.7
05-03. Yoghurt	35.0	207.0	277.7	100.0	601.2
05-04. Fromage blanc, petits suisses	2.2	80.0	113.3	50.0	233.3
05-05. Cheese (including fresh cheeses)	50.7	30.0	39.6	12.0	81.0
05-06. Cream desserts, puddings (milk based)	16.5	154.5	163.6	48.1	254.1
05-07. Dairy and non-dairy creams	6.6	15.7	18.0	6.2	40.0
05-07-01. Dairy creams	6.6	15.7	18.0	6.2	40.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	3.3	11.0	18.9	3.0	90.0
06. Cereals and cereal products	98.7	142.0	159.3	60.0	330.0
06-01. Flour, flakes, starches, semolina	2.0	2.8	3.5	1.4	7.5
06-02. Pasta, rice, other grain	18.1	89.6	112.5	31.0	238.0
06-03. Bread, crisp bread, rusks	95.1	105.0	115.9	35.0	235.0
06-03-01. Bread	94.3	105.0	112.6	35.0	227.6
06-03-02. Crispbread, rusks	25.2	10.6	16.2	2.1	42.0
06-04. Breakfast cereals	14.5	40.0	39.7	13.0	60.0
06-05. Salty biscuits, aperitif biscuits, crackers	34.2	35.0	47.8	11.0	105.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.0	112.5	107.8	17.0	284.6
07. Meat and meat products	86.9	89.5	102.6	17.7	245.6
07-01. Fresh meat	34.0	76.0	74.9	12.6	176.0
07-01-00. Unclassified	12.8	60.0	64.1	12.7	115.3
07-01-01. Beef	13.3	72.0	73.7	16.9	144.0
07-01-02. Veal	0.3	73.5	73.5	73.5	73.5
07-01-03. Pork	8.7	78.8	79.6	6.8	178.0
07-01-04. Mutton/Lamb	0.2	111.7	111.7	111.7	111.7
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	12.0	74.2	78.3	10.6	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	12.0	74.2	78.3	10.6	178.0
07-02-02. Turkey, young turkey	0.0	.	.	.	.
07-02-03. Duck	0.0	.	.	.	.

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	69.8	71.2	77.7	10.0	202.5
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	8.1	77.0	87.0	9.6	225.0
08-01. Fish	3.9	77.0	98.3	9.6	300.0
08-02. Crustaceans, molluscs	1.1	12.0	10.2	4.8	13.0
08-03. Fish products, fish in crumbs	3.0	78.0	101.1	26.1	225.0
09. Eggs and egg products	19.2	45.0	36.8	2.4	90.0
09-01. Egg	19.2	45.0	36.8	2.4	90.0
10. Fat	92.1	19.2	21.9	3.4	50.0
10-00. Unclassified	13.1	16.2	16.5	1.7	39.5
10-01. Vegetable oils	18.9	5.1	7.3	0.6	23.5
10-02. Butter	10.4	9.0	13.1	0.8	40.0
10-03. Margarines	75.1	15.0	16.8	2.5	40.2
10-04. Deep frying fats	13.7	18.8	19.0	2.5	32.6
10-06. Other animal fat	0.9	6.2	7.5	6.0	13.0
11. Sugar and confectionery	91.7	60.0	78.2	4.0	226.5
11-00. Unclassified	0.5	2.3	2.3	2.3	2.3
11-01. Sugar, honey ,jam	38.0	10.0	18.7	1.7	51.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	54.9	25.0	33.9	10.0	91.0
11-03. Confectionery non-chocolate	57.9	14.0	22.4	1.0	65.0
11-04. Syrup	30.7	27.0	48.2	8.8	156.3
11-05. Ice cream, water ice	21.8	75.0	83.8	34.0	166.7
11-05-01. Ice cream	16.8	70.0	74.1	34.0	122.0
11-05-02. Sorbet	0.6	50.0	65.2	50.0	88.2
11-05-03. Water ice	6.7	55.0	81.4	16.7	250.0
12. Cakes	72.1	51.0	70.8	11.0	190.0
12-01. Cakes, pies, pastries, etc.	31.7	57.0	86.3	20.0	300.0
12-02. Dry cakes, biscuits	58.4	30.0	40.6	8.0	102.0
13. Non-alcoholic beverages	100.0	983.4	1063.4	408.3	2006.7
13-00. Unclassified	0.2	488.3	488.3	488.3	488.3
13-01. Fruit and vegetable juices	36.3	250.0	351.4	150.0	747.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	79.0	483.4	607.7	153.3	1408.3
13-03. Coffee, tea and herbal teas	28.3	273.3	351.1	125.0	850.0
13-03-01. Coffee	4.5	150.0	227.4	4.0	602.8
13-03-02. Tea	22.4	220.0	320.1	133.3	825.0
13-03-03. Herbal tea	4.3	275.0	408.6	133.3	1054.6
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	74.4	395.0	477.4	32.2	1241.9
14. Alcoholic beverages	2.4	106.3	326.2	13.2	1960.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.0	.	.	.	.
14-02. Fortified wines (sherry, port, vermouth)	0.0	.	.	.	.
14-03. Beer, cider	0.4	1960.0	1091.8	20.0	1960.0
14-04. Spirits, brandy	0.6	45.9	57.0	45.9	68.4
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.3	45.9	59.1	13.2	106.3
14-07. Cocktails, punches	0.4	550.0	550.0	550.0	550.0
15. Condiments and sauces	72.1	26.7	37.2	4.5	104.0
15-01. Sauces	69.1	28.0	38.3	6.0	106.6
15-01-00. Unclassified and other sauces	31.0	25.0	34.0	2.4	104.0

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	21.7	12.5	22.5	2.1	79.9
15-01-02. Dressing sauces	18.9	23.3	25.6	3.9	53.0
15-01-03. Mayonnaises and similars	24.4	17.5	23.3	1.9	64.0
15-01-04. Dessert sauces	1.8	15.0	30.8	15.0	60.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	8.0	2.8	4.5	0.4	12.0
16. Soups, bouillon	12.6	210.0	240.0	44.0	518.0
16-01. Soups	11.4	210.0	251.4	173.3	518.0
16-02. Bouillon	1.7	44.0	86.3	13.0	200.0
17. Miscellaneous	15.6	70.0	80.5	2.0	192.0
17-00. Unclassified	0.0	.	.	.	.
17-01. Soya products	1.0	100.0	89.0	20.0	186.7
17-02. Dietetic products	2.2	2.0	2.6	0.4	8.0
17-02-00. Unclassified	0.2	1.0	1.0	1.0	1.0
17-02-01. Artificial sweeteners	2.0	2.0	2.7	0.4	8.0
17-03. Snacks	12.8	70.0	90.9	23.8	192.0

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.9	140.0	143.4	40.0	299.0
01-01. Potatoes	55.9	140.0	143.3	40.0	299.0
01-02. Other tubers	0.2	26.8	26.8	26.8	26.8
02. Vegetables	74.6	92.6	100.4	14.0	228.7
02-01. Leafy vegetables (except cabbages)	16.1	48.5	63.9	9.5	174.0
02-02. Fruiting vegetables	41.6	51.0	65.0	6.1	164.0
02-03. Root vegetables	10.6	55.9	75.2	2.2	186.8
02-04. Cabbages	15.4	92.0	93.8	9.7	180.0
02-05. Mushrooms	6.4	18.3	20.5	4.0	41.8
02-06. Grain and pod vegetables	3.7	60.0	56.4	10.3	91.0
02-07. Onion, garlic	26.3	16.1	26.3	2.6	75.8
02-08. Stalk vegetables, sprouts	2.8	12.9	25.2	1.7	122.3
02-09. Mixed salad, mixed vegetables	8.7	31.5	47.7	5.0	162.0
03. Legumes	2.8	93.3	99.5	20.2	210.0
03-01. Legumes	2.8	93.3	99.5	20.2	210.0
04. Fruits, nuts and olives	63.7	128.4	135.5	15.0	318.0
04-01. Fruits	56.5	128.4	143.7	15.0	315.4
04-02. Nuts and seeds (+nut spread)	14.9	20.0	27.5	10.0	70.0
04-03. Mixed fruits	1.0	90.0	106.7	90.0	180.0
04-04. Olives	0.6	6.8	8.0	1.9	11.1
05. Dairy products	90.9	360.6	403.3	22.8	903.0
05-01. Milk	51.0	252.4	322.4	15.0	747.0
05-02. Milk beverages	17.0	214.6	275.5	109.9	582.0
05-03. Yoghurt	37.6	216.0	271.4	81.0	562.7
05-04. Fromage blanc, petits suisses	2.6	100.0	108.3	50.0	200.0
05-05. Cheese (including fresh cheeses)	53.8	29.0	41.1	10.0	105.0
05-06. Cream desserts, puddings (milk based)	16.3	150.0	163.2	51.5	288.4
05-07. Dairy and non-dairy creams	8.5	12.0	18.0	3.0	42.7
05-07-01. Dairy creams	8.5	12.0	18.0	3.0	42.7
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	3.0	8.0	11.9	0.8	48.0
06. Cereals and cereal products	99.5	155.0	172.8	45.0	361.3
06-01. Flour, flakes, starches, semolina	4.5	2.4	3.4	0.3	13.3
06-02. Pasta, rice, other grain	20.9	110.2	130.7	32.9	340.0
06-03. Bread, crisp bread, rusks	96.5	107.2	119.8	35.0	237.5
06-03-01. Bread	94.2	105.0	118.0	35.0	235.0
06-03-02. Crispbread, rusks	23.0	13.0	19.0	2.7	56.0
06-04. Breakfast cereals	12.0	40.0	38.9	8.2	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	36.9	30.1	38.3	5.3	89.0
06-06. Dough and pastry (puff, shortcrust, pizza)	7.7	117.8	131.9	23.1	269.4
07. Meat and meat products	90.3	84.3	94.3	16.0	206.0
07-01. Fresh meat	37.1	70.0	74.7	14.5	176.0
07-01-00. Unclassified	11.7	66.3	68.3	14.5	125.0
07-01-01. Beef	13.1	65.6	70.5	21.8	178.0
07-01-02. Veal	0.1	7.7	7.7	7.7	7.7
07-01-03. Pork	13.2	78.8	75.7	10.7	178.0
07-01-04. Mutton/Lamb	0.4	176.0	138.3	80.0	176.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.7	63.7	74.3	6.4	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	15.5	63.7	73.8	6.4	178.0
07-02-02. Turkey, young turkey	0.2	112.0	112.0	112.0	112.0
07-02-03. Duck	0.0	.	.	.	.

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	67.8	58.7	67.5	10.0	162.5
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	7.9	50.0	59.8	4.3	201.0
08-01. Fish	4.8	43.2	46.7	6.4	100.0
08-02. Crustaceans, molluscs	1.7	16.0	45.1	4.3	204.0
08-03. Fish products, fish in crumbs	1.7	100.0	98.3	52.0	201.0
09. Eggs and egg products	19.8	24.0	34.4	4.9	100.0
09-01. Egg	19.8	24.0	34.4	4.9	100.0
10. Fat	90.2	18.0	20.7	2.0	48.1
10-00. Unclassified	13.3	11.6	13.4	1.0	29.7
10-01. Vegetable oils	24.1	5.9	8.1	0.8	24.8
10-02. Butter	9.9	10.0	13.4	0.2	42.0
10-03. Margarines	76.5	12.8	15.8	1.5	36.6
10-04. Deep frying fats	8.5	17.8	18.4	3.4	36.0
10-06. Other animal fat	0.6	5.2	6.0	4.0	7.2
11. Sugar and confectionery	91.8	54.0	68.9	6.3	186.2
11-00. Unclassified	0.6	0.8	1.4	0.8	3.0
11-01. Sugar, honey ,jam	37.7	11.1	17.5	1.7	55.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	56.5	25.0	34.9	6.7	100.0
11-03. Confectionery non-chocolate	51.9	14.0	22.5	2.0	70.0
11-04. Syrup	29.9	25.0	40.6	6.3	150.0
11-05. Ice cream, water ice	15.7	75.0	83.6	35.0	180.0
11-05-01. Ice cream	10.6	75.0	90.7	50.0	175.0
11-05-02. Sorbet	0.0	.	.	.	.
11-05-03. Water ice	5.4	55.0	65.4	35.0	180.0
12. Cakes	77.3	58.0	77.6	10.0	220.0
12-01. Cakes, pies, pastries, etc.	41.3	70.0	89.4	20.0	240.0
12-02. Dry cakes, biscuits	58.5	33.0	39.5	8.0	98.0
13. Non-alcoholic beverages	99.1	1013.2	1106.8	400.0	2103.5
13-00. Unclassified	0.2	375.0	225.5	10.5	375.0
13-01. Fruit and vegetable juices	39.5	241.7	316.5	60.0	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	69.8	490.0	573.0	166.7	1225.0
13-03. Coffee, tea and herbal teas	36.1	275.0	377.8	116.7	1041.5
13-03-01. Coffee	5.2	144.4	198.2	53.3	376.6
13-03-02. Tea	27.3	275.0	381.5	133.3	1041.5
13-03-03. Herbal tea	7.3	220.0	304.6	123.8	825.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	76.6	408.4	567.5	50.0	1500.0
14. Alcoholic beverages	5.4	300.0	574.3	0.7	5100.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.2	231.3	260.4	57.0	533.3
14-02. Fortified wines (sherry, port, vermouth)	1.4	1.0	51.2	0.3	230.0
14-03. Beer, cider	2.1	330.0	1135.3	250.0	5100.0
14-04. Spirits, brandy	0.3	18.1	30.7	18.1	45.9
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.9	126.5	149.3	53.2	319.2
14-07. Cocktails, punches	1.2	193.3	177.3	20.0	300.0
15. Condiments and sauces	71.3	25.0	34.9	3.5	99.1
15-01. Sauces	67.3	25.1	35.7	3.9	99.3
15-01-00. Unclassified and other sauces	29.2	23.3	33.9	2.8	94.8

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.8	15.6	23.4	2.7	85.0
15-01-02. Dressing sauces	15.5	15.0	18.8	1.9	48.5
15-01-03. Mayonnaises and similars	23.8	19.7	22.8	3.9	55.9
15-01-04. Dessert sauces	1.1	22.5	22.3	12.0	33.8
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	10.0	4.8	8.1	0.6	24.6
16. Soups, bouillon	13.8	246.7	248.7	18.6	563.5
16-01. Soups	12.0	259.0	278.2	129.5	582.8
16-02. Bouillon	2.2	18.6	45.2	4.3	246.7
17. Miscellaneous	17.9	70.0	76.6	2.0	210.0
17-00. Unclassified	0.1	94.0	94.0	94.0	94.0
17-01. Soya products	0.6	100.0	217.6	60.0	400.0
17-02. Dietetic products	4.3	3.2	22.9	1.0	250.0
17-02-00. Unclassified	0.3	250.0	250.0	250.0	250.0
17-02-01. Artificial sweeteners	3.9	3.0	3.6	1.0	5.4
17-03. Snacks	13.3	70.0	85.1	34.0	153.0



Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	52.9	126.2	136.5	36.5	270.0
01-01. Potatoes	52.9	126.2	136.5	36.5	270.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	80.9	94.9	103.8	15.7	241.7
02-01. Leafy vegetables (except cabbages)	20.6	40.0	65.1	15.0	176.0
02-02. Fruiting vegetables	48.6	59.8	73.4	5.6	188.0
02-03. Root vegetables	12.6	50.0	69.6	2.0	203.0
02-04. Cabbages	13.6	78.0	86.8	8.0	180.0
02-05. Mushrooms	8.2	10.8	14.0	4.1	32.6
02-06. Grain and pod vegetables	4.8	40.0	44.7	8.5	91.0
02-07. Onion, garlic	27.8	13.8	20.4	2.4	66.7
02-08. Stalk vegetables, sprouts	1.5	7.9	10.4	5.0	25.0
02-09. Mixed salad, mixed vegetables	8.6	43.5	60.5	6.7	133.3
03. Legumes	1.8	67.1	86.7	37.3	210.0
03-01. Legumes	1.8	67.1	86.7	37.3	210.0
04. Fruits, nuts and olives	69.5	128.4	155.1	20.0	414.6
04-01. Fruits	60.8	130.0	162.8	25.0	400.2
04-02. Nuts and seeds (+nut spread)	21.9	20.0	25.8	5.0	60.0
04-03. Mixed fruits	2.1	84.0	138.8	7.5	454.5
04-04. Olives	1.0	14.0	17.8	4.9	48.0
05. Dairy products	94.2	352.7	407.0	25.8	895.0
05-01. Milk	55.3	274.7	316.9	23.2	643.8
05-02. Milk beverages	14.6	206.0	266.6	137.3	618.0
05-03. Yoghurt	39.1	216.0	275.4	100.0	675.0
05-04. Fromage blanc, petits suisses	3.5	93.3	94.7	23.2	186.7
05-05. Cheese (including fresh cheeses)	56.9	31.0	43.0	8.7	116.0
05-06. Cream desserts, puddings (milk based)	19.6	144.2	156.0	60.0	240.3
05-07. Dairy and non-dairy creams	11.4	12.0	20.9	3.0	55.7
05-07-01. Dairy creams	11.2	12.0	20.7	3.0	55.7
05-07-02. Non-dairy creams	0.2	29.4	29.4	29.4	29.4
05-08. Milk for coffee and creamers	2.8	9.0	15.4	4.8	58.3
06. Cereals and cereal products	99.2	166.6	189.9	70.0	369.8
06-01. Flour, flakes, starches, semolina	4.0	1.4	4.5	0.3	20.0
06-02. Pasta, rice, other grain	29.7	110.0	122.4	34.7	273.0
06-03. Bread, crisp bread, rusks	97.8	115.0	126.6	45.0	250.0
06-03-01. Bread	96.2	105.0	124.1	45.0	245.0
06-03-02. Crispbread, rusks	23.2	14.0	18.7	4.0	50.0
06-04. Breakfast cereals	17.8	40.0	48.5	20.0	90.0
06-05. Salty biscuits, aperitif biscuits, crackers	33.6	25.0	37.1	6.3	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.8	92.4	103.5	11.6	225.0
07. Meat and meat products	85.2	84.3	93.6	14.0	212.3
07-01. Fresh meat	32.0	66.3	74.9	15.4	178.0
07-01-00. Unclassified	7.8	52.8	55.5	13.3	120.0
07-01-01. Beef	17.5	57.8	69.8	13.1	176.0
07-01-02. Veal	0.0	.	.	.	.
07-01-03. Pork	7.6	78.3	94.6	15.4	178.0
07-01-04. Mutton/Lamb	0.4	93.8	84.1	9.2	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.9	75.0	74.1	10.7	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	15.4	73.9	73.2	10.7	178.0
07-02-02. Turkey, young turkey	0.5	76.0	100.4	19.0	224.0
07-02-03. Duck	0.0	.	.	.	.

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	264.0	264.0	264.0	264.0
07-04. Processed meat	65.1	54.0	67.2	9.0	180.0
07-05. Offals	0.2	9.2	9.2	9.2	9.2
08. Fish and shellfish	8.8	78.3	85.5	9.8	220.4
08-01. Fish	5.4	63.7	81.7	8.3	240.0
08-02. Crustaceans, molluscs	0.7	46.8	45.0	16.0	75.1
08-03. Fish products, fish in crumbs	2.9	80.0	98.1	20.0	180.0
09. Eggs and egg products	20.5	45.0	38.2	4.5	90.0
09-01. Egg	20.5	45.0	38.2	4.5	90.0
10. Fat	90.8	18.0	21.2	1.7	49.4
10-00. Unclassified	9.8	8.9	12.2	1.5	30.0
10-01. Vegetable oils	26.8	4.9	7.0	0.6	21.2
10-02. Butter	11.2	10.8	15.4	1.7	38.2
10-03. Margarines	77.0	12.8	16.6	1.3	38.0
10-04. Deep frying fats	8.9	17.2	18.7	6.3	37.0
10-06. Other animal fat	0.2	11.1	11.1	11.1	11.1
11. Sugar and confectionery	91.9	57.2	71.6	10.0	181.9
11-00. Unclassified	0.0	.	.	.	.
11-01. Sugar, honey ,jam	38.5	9.3	15.4	1.0	46.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	60.2	25.0	33.5	6.0	85.0
11-03. Confectionery non-chocolate	53.0	13.0	21.1	2.0	66.0
11-04. Syrup	36.9	25.0	36.1	7.5	106.3
11-05. Ice cream, water ice	19.1	70.0	79.6	35.0	170.0
11-05-01. Ice cream	13.7	75.0	80.2	25.0	150.0
11-05-02. Sorbet	0.6	100.0	78.7	50.0	100.0
11-05-03. Water ice	6.1	54.0	62.1	35.0	125.0
12. Cakes	77.8	46.0	64.1	10.0	187.0
12-01. Cakes, pies, pastries, etc.	34.9	55.0	77.2	20.0	196.0
12-02. Dry cakes, biscuits	59.9	30.0	38.3	9.0	90.0
13. Non-alcoholic beverages	99.7	1035.0	1115.9	386.6	2116.7
13-00. Unclassified	0.4	300.0	225.0	145.0	300.0
13-01. Fruit and vegetable juices	42.8	241.7	295.6	20.3	650.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	61.8	441.7	521.2	150.0	1130.0
13-03. Coffee, tea and herbal teas	41.9	300.0	379.9	112.5	885.0
13-03-01. Coffee	8.2	175.0	225.5	93.3	550.0
13-03-02. Tea	31.6	233.3	313.6	112.5	750.0
13-03-03. Herbal tea	11.2	275.0	369.0	106.7	715.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	84.2	500.0	599.1	75.0	1466.8
14. Alcoholic beverages	4.1	124.9	255.5	1.6	1741.9
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	2.1	123.3	291.9	16.5	1741.9
14-02. Fortified wines (sherry, port, vermouth)	0.7	1.6	1.6	1.6	1.6
14-03. Beer, cider	0.6	560.0	498.8	300.0	900.0
14-04. Spirits, brandy	0.5	9.4	14.1	2.4	31.7
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.9	45.9	93.4	11.3	212.6
14-07. Cocktails, punches	0.4	166.7	157.9	133.2	166.7
15. Condiments and sauces	66.6	24.0	36.4	3.9	110.5
15-01. Sauces	63.1	25.0	37.2	4.2	114.3
15-01-00. Unclassified and other sauces	25.1	29.4	36.8	2.7	100.0

**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.8	12.5	29.6	3.1	120.0
15-01-02. Dressing sauces	17.5	11.6	17.0	2.5	46.6
15-01-03. Mayonnaises and similars	18.9	14.8	20.9	3.9	69.8
15-01-04. Dessert sauces	1.1	22.5	22.6	5.0	45.0
15-02. Yeast	0.1	5.0	5.0	5.0	5.0
15-04. Condiments	10.5	4.8	7.2	0.7	20.2
16. Soups, bouillon	14.4	210.0	242.8	17.0	630.0
16-01. Soups	11.5	259.0	283.9	129.5	647.5
16-02. Bouillon	3.0	32.6	72.9	8.8	275.0
17. Miscellaneous	21.1	63.0	80.9	1.0	233.3
17-00. Unclassified	1.2	94.0	81.7	30.7	94.0
17-01. Soya products	4.3	52.0	122.7	20.0	405.0
17-02. Dietetic products	6.2	3.0	45.7	0.3	575.0
17-02-00. Unclassified	1.3	30.4	212.9	18.0	772.5
17-02-01. Artificial sweeteners	4.9	2.0	3.0	0.3	8.0
17-03. Snacks	11.2	63.0	71.9	18.0	140.0

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	58.6	194.0	220.4	62.0	440.0
01-01. Potatoes	58.6	194.0	220.4	62.0	440.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	80.2	146.2	154.7	20.0	352.0
02-01. Leafy vegetables (except cabbages)	21.1	88.8	93.2	14.0	196.0
02-02. Fruiting vegetables	37.8	71.9	95.9	4.3	239.0
02-03. Root vegetables	14.5	48.8	84.4	3.2	230.0
02-04. Cabbages	16.4	158.0	160.4	16.2	352.0
02-05. Mushrooms	6.3	35.3	37.1	6.4	86.9
02-06. Grain and pod vegetables	4.6	91.0	82.3	7.1	200.0
02-07. Onion, garlic	30.6	25.8	40.2	2.9	155.9
02-08. Stalk vegetables, sprouts	3.8	12.6	22.9	4.0	109.7
02-09. Mixed salad, mixed vegetables	10.7	77.8	96.7	3.8	228.0
03. Legumes	2.3	220.0	209.4	30.0	398.7
03-01. Legumes	2.3	220.0	209.4	30.0	398.7
04. Fruits, nuts and olives	54.9	142.2	167.9	10.0	392.1
04-01. Fruits	46.6	150.0	176.3	7.0	387.6
04-02. Nuts and seeds (+nut spread)	16.3	35.0	50.3	10.0	140.0
04-03. Mixed fruits	1.0	125.0	139.3	8.6	332.0
04-04. Olives	1.3	20.0	29.2	7.8	102.0
05. Dairy products	95.3	357.0	431.8	24.0	1125.6
05-01. Milk	49.4	283.3	389.9	28.8	995.6
05-02. Milk beverages	9.7	250.0	288.6	127.5	594.8
05-03. Yoghurt	31.7	250.0	277.9	100.0	598.5
05-04. Fromage blanc, petits suisses	2.3	125.0	157.6	12.0	450.0
05-05. Cheese (including fresh cheeses)	62.8	47.2	58.3	15.0	146.0
05-06. Cream desserts, puddings (milk based)	24.5	192.3	210.4	100.0	343.3
05-07. Dairy and non-dairy creams	6.8	12.0	23.5	6.2	64.0
05-07-01. Dairy creams	6.8	12.0	23.5	6.2	64.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	35.6	19.0	26.3	3.0	72.0
06. Cereals and cereal products	97.5	205.0	238.4	70.0	514.0
06-01. Flour, flakes, starches, semolina	3.6	4.7	7.1	0.4	22.7
06-02. Pasta, rice, other grain	22.2	194.4	222.1	63.3	480.7
06-03. Bread, crisp bread, rusks	94.4	157.5	170.2	45.0	325.0
06-03-01. Bread	93.1	150.0	168.8	50.0	325.0
06-03-02. Crispbread, rusks	19.5	14.0	18.4	3.9	50.0
06-04. Breakfast cereals	10.8	40.0	46.8	16.2	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.6	40.0	50.3	8.0	150.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.3	155.5	146.1	42.5	277.1
07. Meat and meat products	90.8	137.1	162.6	30.0	354.0
07-01. Fresh meat	45.3	106.3	132.5	31.3	320.0
07-01-00. Unclassified	13.4	102.3	117.1	37.5	235.3
07-01-01. Beef	16.4	91.3	117.2	30.1	325.0
07-01-02. Veal	0.4	105.0	94.0	73.5	110.3
07-01-03. Pork	15.0	122.5	148.8	31.7	344.0
07-01-04. Mutton/Lamb	1.4	176.0	163.1	79.2	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.5	80.6	104.1	6.4	264.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	18.1	80.6	102.3	6.4	264.0
07-02-02. Turkey, young turkey	0.3	178.0	163.5	132.0	178.0
07-02-03. Duck	0.1	273.6	273.6	273.6	273.6

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.2	140.0	140.0	140.0	140.0
07-04. Processed meat	73.4	64.0	92.7	14.0	264.0
07-05. Offals	0.1	145.4	145.4	145.4	145.4
08. Fish and shellfish	13.5	90.0	113.5	13.9	280.0
08-01. Fish	9.4	87.3	104.5	16.6	280.0
08-02. Crustaceans, molluscs	3.3	48.4	59.4	13.0	160.8
08-03. Fish products, fish in crumbs	2.0	145.0	176.4	11.9	500.0
09. Eggs and egg products	24.4	45.0	53.4	6.6	135.0
09-01. Egg	24.4	45.0	53.4	6.6	135.0
10. Fat	95.4	32.0	35.7	4.5	82.6
10-00. Unclassified	12.0	12.8	17.5	2.5	44.6
10-01. Vegetable oils	25.2	8.9	13.6	0.8	40.2
10-02. Butter	10.8	12.0	20.0	2.4	72.0
10-03. Margarines	80.9	27.0	29.6	2.5	71.8
10-04. Deep frying fats	8.0	26.8	28.9	6.3	64.8
10-06. Other animal fat	0.6	12.5	10.7	2.9	13.8
11. Sugar and confectionery	79.5	46.8	67.2	6.0	200.0
11-00. Unclassified	0.1	5.0	5.0	5.0	5.0
11-01. Sugar, honey ,jam	60.1	24.0	33.6	3.4	87.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	32.4	25.0	34.7	6.5	90.0
11-03. Confectionery non-chocolate	20.9	15.0	30.3	2.0	150.0
11-04. Syrup	14.4	35.0	50.9	4.5	157.5
11-05. Ice cream, water ice	7.4	100.0	111.6	50.0	236.0
11-05-01. Ice cream	7.1	100.0	113.1	50.0	236.0
11-05-02. Sorbet	0.0	.	.	.	.
11-05-03. Water ice	0.4	55.0	56.5	55.0	59.0
12. Cakes	58.7	56.0	77.5	10.0	240.0
12-01. Cakes, pies, pastries, etc.	36.4	60.0	91.7	20.0	290.0
12-02. Dry cakes, biscuits	36.8	25.0	32.9	8.0	82.0
13. Non-alcoholic beverages	99.6	1488.7	1632.7	606.6	3150.0
13-00. Unclassified	1.5	300.0	366.2	200.0	1200.0
13-01. Fruit and vegetable juices	26.4	210.0	349.3	1.4	825.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	55.3	483.4	639.4	166.7	1541.7
13-03. Coffee, tea and herbal teas	89.0	791.0	847.4	150.0	1720.0
13-03-01. Coffee	83.3	601.9	685.2	133.3	1516.6
13-03-02. Tea	32.8	300.0	491.1	140.0	1140.1
13-03-03. Herbal tea	6.6	275.0	323.7	5.0	550.0
13-03-04. Chicory, substitutes	0.3	375.0	552.6	375.0	750.0
13-04. Waters	62.5	415.0	673.3	33.3	2000.0
14. Alcoholic beverages	41.6	540.7	748.6	45.9	2520.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	10.0	250.0	318.7	120.0	750.0
14-02. Fortified wines (sherry, port, vermouth)	3.0	60.0	63.2	0.7	216.7
14-03. Beer, cider	27.9	600.0	967.6	300.0	2950.0
14-04. Spirits, brandy	7.3	91.8	96.0	9.5	218.5
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.3	165.0	128.3	88.0	165.0
14-07. Cocktails, punches	0.1	168.7	168.7	168.7	168.7
15. Condiments and sauces	73.2	46.5	55.8	6.2	141.0
15-01. Sauces	69.8	46.5	57.1	7.8	142.1
15-01-00. Unclassified and other sauces	40.4	37.2	48.5	5.8	120.0

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	17.3	25.0	45.5	4.5	133.3
15-01-02. Dressing sauces	13.5	23.3	29.6	3.5	75.0
15-01-03. Mayonnaises and similars	25.4	23.3	32.7	4.8	100.0
15-01-04. Dessert sauces	0.7	15.0	13.5	5.0	30.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	10.7	6.6	9.2	1.0	29.2
16. Soups, bouillon	22.5	315.0	329.6	91.4	647.6
16-01. Soups	20.2	323.8	351.5	175.0	660.0
16-02. Bouillon	2.4	96.1	143.2	13.0	330.0
17. Miscellaneous	24.7	47.5	71.5	2.0	210.0
17-00. Unclassified	0.6	75.2	78.6	72.4	94.0
17-01. Soya products	0.8	500.0	446.8	200.0	880.0
17-02. Dietetic products	12.8	6.0	13.2	1.0	24.0
17-02-00. Unclassified	0.4	100.0	203.2	30.0	824.0
17-02-01. Artificial sweeteners	12.6	5.0	6.8	1.0	15.0
17-03. Snacks	11.8	81.0	100.0	47.5	190.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	57.3	188.0	197.0	45.0	388.0
01-01. Potatoes	57.3	188.0	197.0	45.0	388.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	84.1	135.8	148.6	20.0	337.5
02-01. Leafy vegetables (except cabbages)	27.3	60.0	90.2	9.5	225.0
02-02. Fruiting vegetables	44.0	66.0	84.8	5.7	237.5
02-03. Root vegetables	13.8	23.3	63.5	1.6	228.0
02-04. Cabbages	17.2	136.0	124.7	8.4	243.0
02-05. Mushrooms	7.1	24.4	30.3	4.5	69.0
02-06. Grain and pod vegetables	3.9	60.0	67.6	10.0	176.3
02-07. Onion, garlic	32.5	26.4	40.1	1.8	112.0
02-08. Stalk vegetables, sprouts	6.1	14.3	31.5	3.8	182.0
02-09. Mixed salad, mixed vegetables	13.0	74.4	100.1	7.6	280.0
03. Legumes	1.7	67.6	106.2	9.5	210.0
03-01. Legumes	1.7	67.6	106.2	9.5	210.0
04. Fruits, nuts and olives	63.2	140.0	173.6	10.3	435.1
04-01. Fruits	52.0	153.0	185.9	5.8	456.6
04-02. Nuts and seeds (+nut spread)	23.1	40.0	49.4	10.8	125.0
04-03. Mixed fruits	1.1	90.0	117.8	24.2	250.0
04-04. Olives	1.6	12.0	26.1	4.7	100.0
05. Dairy products	93.4	335.0	438.5	29.0	1082.4
05-01. Milk	50.7	298.7	403.4	20.4	1000.0
05-02. Milk beverages	7.4	283.3	310.4	127.5	680.0
05-03. Yoghurt	35.5	225.0	272.3	65.0	594.0
05-04. Fromage blanc, petits suisses	2.2	175.0	183.7	48.0	500.0
05-05. Cheese (including fresh cheeses)	66.9	48.0	57.3	20.0	132.7
05-06. Cream desserts, puddings (milk based)	17.6	192.3	176.8	60.0	257.5
05-07. Dairy and non-dairy creams	8.8	20.0	26.5	3.0	90.4
05-07-01. Dairy creams	8.7	20.0	26.6	3.0	90.4
05-07-02. Non-dairy creams	0.0	12.0	12.0	12.0	12.0
05-08. Milk for coffee and creamers	31.8	20.0	28.2	3.2	88.0
06. Cereals and cereal products	97.3	220.0	246.6	80.0	503.6
06-01. Flour, flakes, starches, semolina	4.9	3.7	4.5	0.6	10.6
06-02. Pasta, rice, other grain	26.2	172.0	196.9	60.0	446.3
06-03. Bread, crisp bread, rusks	95.9	150.0	169.2	60.0	325.0
06-03-01. Bread	94.6	140.0	168.3	60.0	320.0
06-03-02. Crispbread, rusks	16.9	13.6	17.6	5.3	50.0
06-04. Breakfast cereals	11.1	40.0	44.6	19.4	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.6	40.0	54.0	8.0	138.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.8	156.8	162.2	30.0	333.3
07. Meat and meat products	92.0	125.0	144.8	30.0	316.0
07-01. Fresh meat	42.2	100.4	116.0	24.3	264.0
07-01-00. Unclassified	10.2	83.3	95.5	26.0	212.6
07-01-01. Beef	16.3	103.9	113.0	25.5	264.0
07-01-02. Veal	0.6	76.0	130.3	73.5	234.0
07-01-03. Pork	16.5	87.5	108.5	22.3	264.0
07-01-04. Mutton/Lamb	1.1	125.0	125.1	58.8	224.0
07-01-05. Horse	0.3	264.0	221.3	139.3	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	19.4	80.0	95.7	6.4	217.1
07-02-00. Unclassified and other poultry	0.1	112.0	112.0	112.0	112.0
07-02-01. Chicken, hen	18.7	80.0	93.7	6.4	198.9
07-02-02. Turkey, young turkey	0.1	112.0	112.0	112.0	112.0
07-02-03. Duck	0.2	136.8	140.1	136.8	149.5

**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.3	144.4	177.4	144.4	218.0
07-03. Game	0.3	112.0	96.2	74.7	112.0
07-04. Processed meat	75.3	61.0	86.7	15.0	229.0
07-05. Offals	0.2	35.2	62.7	35.2	105.0
08. Fish and shellfish	17.5	65.0	95.8	8.0	280.0
08-01. Fish	12.4	65.0	88.5	9.6	213.0
08-02. Crustaceans, molluscs	4.0	16.0	29.7	4.8	130.7
08-03. Fish products, fish in crumbs	2.9	145.0	156.3	26.0	290.0
09. Eggs and egg products	25.8	45.0	50.2	6.6	135.0
09-01. Egg	25.8	45.0	50.2	6.6	135.0
10. Fat	94.7	30.8	34.8	4.3	79.0
10-00. Unclassified	12.1	14.2	16.5	1.5	43.0
10-01. Vegetable oils	30.8	9.6	12.0	1.0	32.9
10-02. Butter	12.6	18.0	20.3	3.0	50.0
10-03. Margarines	81.4	24.0	27.7	3.9	69.4
10-04. Deep frying fats	9.3	22.6	23.0	3.6	48.2
10-06. Other animal fat	0.5	12.5	14.9	6.6	27.0
11. Sugar and confectionery	78.1	41.0	60.9	5.8	166.8
11-00. Unclassified	0.1	3.0	11.8	3.0	50.0
11-01. Sugar, honey ,jam	55.1	23.8	28.5	2.0	71.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	35.2	25.0	38.8	10.0	120.0
11-03. Confectionery non-chocolate	22.1	10.0	20.2	1.0	64.0
11-04. Syrup	12.2	20.0	35.1	3.6	106.3
11-05. Ice cream, water ice	9.1	93.3	103.4	49.0	200.0
11-05-01. Ice cream	8.4	100.0	105.3	49.0	200.0
11-05-02. Sorbet	0.1	147.0	147.0	147.0	147.0
11-05-03. Water ice	0.8	55.0	66.7	55.0	125.0
12. Cakes	57.9	60.0	78.5	10.0	222.0
12-01. Cakes, pies, pastries, etc.	36.2	66.0	86.9	20.0	230.0
12-02. Dry cakes, biscuits	34.5	30.0	40.7	8.0	105.0
13. Non-alcoholic beverages	99.8	1510.0	1692.2	640.0	3196.6
13-00. Unclassified	0.9	600.0	415.3	29.8	900.0
13-01. Fruit and vegetable juices	29.4	241.7	303.2	0.8	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	49.6	496.7	652.6	166.7	1500.0
13-03. Coffee, tea and herbal teas	93.6	766.8	863.7	233.4	1732.8
13-03-01. Coffee	84.3	600.0	695.0	160.0	1520.0
13-03-02. Tea	38.0	330.0	499.9	150.0	1375.0
13-03-03. Herbal tea	8.1	279.9	395.7	133.3	1050.0
13-03-04. Chicory, substitutes	0.2	376.6	366.7	301.3	376.6
13-04. Waters	65.8	500.0	704.8	33.0	2016.7
14. Alcoholic beverages	48.7	490.0	724.0	72.8	2100.0
14-00. Unclassified	0.2	72.0	222.7	72.0	420.0
14-01. Wine	14.3	208.3	266.3	90.0	616.7
14-02. Fortified wines (sherry, port, vermouth)	2.9	4.0	74.2	0.9	180.0
14-03. Beer, cider	31.0	600.0	980.5	300.0	3000.0
14-04. Spirits, brandy	6.8	72.8	101.7	19.0	285.0
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.2	41.4	83.2	6.0	363.0
14-07. Cocktails, punches	0.3	275.0	247.2	153.3	275.0
15. Condiments and sauces	74.6	39.1	52.0	4.5	143.0
15-01. Sauces	71.1	39.1	52.4	5.0	142.3
15-01-00. Unclassified and other sauces	38.9	33.5	43.9	3.8	119.8



**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	19.9	25.0	43.3	2.0	166.4
15-01-02. Dressing sauces	17.3	20.0	26.5	3.0	74.5
15-01-03. Mayonnaises and similars	25.1	23.3	26.9	3.9	71.6
15-01-04. Dessert sauces	1.2	15.0	20.2	9.0	36.0
15-02. Yeast	0.1	30.0	30.0	30.0	30.0
15-04. Condiments	13.3	5.0	11.3	0.5	43.2
16. Soups, bouillon	22.0	259.0	287.9	33.0	660.0
16-01. Soups	19.0	259.0	314.2	151.6	660.0
16-02. Bouillon	3.8	39.2	98.9	18.6	275.0
17. Miscellaneous	27.6	48.0	64.7	1.4	210.0
17-00. Unclassified	0.6	87.5	71.4	37.5	141.0
17-01. Soya products	1.0	62.2	72.5	21.3	101.5
17-02. Dietetic products	14.3	6.0	19.5	1.0	28.0
17-02-00. Unclassified	0.6	250.0	332.6	10.0	772.5
17-02-01. Artificial sweeteners	13.9	6.0	6.9	1.0	18.0
17-03. Snacks	13.9	80.0	100.5	35.0	240.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.9	150.7	172.4	43.6	342.0
01-01. Potatoes	53.7	150.7	172.5	43.6	342.0
01-02. Other tubers	0.2	150.0	150.0	150.0	150.0
02. Vegetables	86.4	149.5	168.3	23.4	385.6
02-01. Leafy vegetables (except cabbages)	32.2	60.0	91.1	10.0	319.0
02-02. Fruiting vegetables	51.1	73.9	90.6	7.6	203.9
02-03. Root vegetables	13.1	42.3	71.6	3.6	218.7
02-04. Cabbages	17.3	126.9	126.4	10.0	243.0
02-05. Mushrooms	7.5	31.5	32.5	6.0	69.0
02-06. Grain and pod vegetables	3.5	40.0	61.1	14.6	160.0
02-07. Onion, garlic	41.3	25.4	34.4	1.6	100.0
02-08. Stalk vegetables, sprouts	4.1	14.3	43.0	4.6	178.0
02-09. Mixed salad, mixed vegetables	15.6	93.5	114.6	8.8	265.0
03. Legumes	2.6	97.1	129.7	15.2	280.0
03-01. Legumes	2.6	97.1	129.7	15.2	280.0
04. Fruits, nuts and olives	66.4	153.0	185.2	20.0	428.7
04-01. Fruits	59.3	153.0	188.8	12.0	411.3
04-02. Nuts and seeds (+nut spread)	22.6	30.0	42.4	6.0	124.0
04-03. Mixed fruits	0.6	60.0	108.1	48.5	250.0
04-04. Olives	3.6	20.0	20.8	1.9	46.0
05. Dairy products	95.9	368.8	432.9	26.0	1022.1
05-01. Milk	55.0	283.3	345.2	19.0	849.9
05-02. Milk beverages	10.4	257.5	291.5	120.2	601.0
05-03. Yoghurt	39.6	226.8	245.1	65.0	540.0
05-04. Fromage blanc, petits suisses	4.3	200.0	188.8	50.0	300.0
05-05. Cheese (including fresh cheeses)	70.8	48.0	58.9	13.0	168.0
05-06. Cream desserts, puddings (milk based)	21.3	192.3	184.1	57.5	343.3
05-07. Dairy and non-dairy creams	10.9	20.0	25.8	2.5	64.0
05-07-01. Dairy creams	10.9	20.0	25.8	2.5	64.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	27.8	16.0	23.0	2.7	66.0
06. Cereals and cereal products	99.3	210.0	230.1	70.0	451.9
06-01. Flour, flakes, starches, semolina	7.5	3.5	5.7	0.7	24.5
06-02. Pasta, rice, other grain	28.6	161.4	171.1	63.8	350.3
06-03. Bread, crisp bread, rusks	96.4	140.0	160.0	40.0	312.0
06-03-01. Bread	95.0	140.0	158.6	45.0	305.0
06-03-02. Crispbread, rusks	16.7	20.0	20.9	2.7	50.0
06-04. Breakfast cereals	19.9	44.7	51.6	10.0	100.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.5	40.0	45.7	4.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.8	60.0	101.6	21.0	251.2
07. Meat and meat products	88.6	112.0	130.0	20.0	306.4
07-01. Fresh meat	41.0	102.0	114.5	23.2	264.0
07-01-00. Unclassified	10.2	66.4	79.1	20.6	170.0
07-01-01. Beef	19.8	90.1	104.4	31.6	264.0
07-01-02. Veal	0.3	73.5	73.5	73.5	73.5
07-01-03. Pork	12.3	112.0	127.2	7.4	342.7
07-01-04. Mutton/Lamb	1.4	125.0	146.9	76.0	240.0
07-01-05. Horse	0.2	178.0	178.0	178.0	178.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.2	100.0	109.9	12.4	228.0
07-02-00. Unclassified and other poultry	0.3	76.0	76.0	76.0	76.0
07-02-01. Chicken, hen	17.2	98.0	108.9	12.4	245.0
07-02-02. Turkey, young turkey	0.6	21.8	60.2	20.0	178.0
07-02-03. Duck	0.3	228.0	228.0	228.0	228.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.9	42.0	60.3	13.5	188.0
07-04. Processed meat	69.0	50.0	69.2	12.8	175.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	21.5	92.4	104.0	9.6	251.5
08-01. Fish	16.2	100.0	106.2	12.0	251.5
08-02. Crustaceans, molluscs	4.9	13.7	35.1	5.5	99.2
08-03. Fish products, fish in crumbs	2.8	150.8	119.8	2.1	210.0
09. Eggs and egg products	24.9	47.1	50.7	4.5	135.0
09-01. Egg	24.9	47.1	50.7	4.5	135.0
10. Fat	93.8	29.3	30.9	3.8	67.6
10-00. Unclassified	13.6	12.5	16.1	1.8	40.4
10-01. Vegetable oils	41.0	8.9	10.5	1.2	23.9
10-02. Butter	14.8	12.0	17.1	2.0	45.0
10-03. Margarines	73.8	23.8	24.9	3.5	57.0
10-04. Deep frying fats	7.5	23.3	20.2	3.4	37.6
10-06. Other animal fat	0.5	12.5	8.6	2.6	12.5
11. Sugar and confectionery	75.7	40.1	59.2	5.3	176.3
11-00. Unclassified	0.7	2.3	6.4	2.3	15.0
11-01. Sugar, honey ,jam	52.6	20.4	27.9	3.0	75.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	32.1	20.0	37.2	5.0	100.0
11-03. Confectionery non-chocolate	24.3	12.0	23.5	2.0	86.7
11-04. Syrup	12.7	20.0	29.1	2.3	70.0
11-05. Ice cream, water ice	8.9	100.0	97.8	50.0	183.0
11-05-01. Ice cream	8.2	100.0	100.3	42.0	183.0
11-05-02. Sorbet	0.3	100.0	100.0	100.0	100.0
11-05-03. Water ice	0.5	54.0	54.5	54.0	55.0
12. Cakes	57.7	60.0	87.7	14.0	250.0
12-01. Cakes, pies, pastries, etc.	37.9	68.0	98.6	20.0	280.0
12-02. Dry cakes, biscuits	32.4	30.0	40.8	8.0	110.0
13. Non-alcoholic beverages	100.0	1638.2	1738.6	657.5	3241.7
13-00. Unclassified	1.1	300.0	282.7	100.0	500.0
13-01. Fruit and vegetable juices	41.7	241.7	284.9	9.1	680.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	41.9	483.4	552.6	166.7	1385.1
13-03. Coffee, tea and herbal teas	93.6	770.0	841.4	250.0	1732.8
13-03-01. Coffee	81.7	564.9	636.7	133.3	1387.6
13-03-02. Tea	44.0	330.0	446.6	144.4	990.0
13-03-03. Herbal tea	12.8	399.9	552.1	150.0	1610.8
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	77.8	580.0	769.0	96.7	2075.1
14. Alcoholic beverages	52.2	360.0	572.8	76.0	1800.0
14-00. Unclassified	0.4	50.0	70.9	50.0	93.3
14-01. Wine	26.8	241.7	294.2	92.5	740.0
14-02. Fortified wines (sherry, port, vermouth)	3.8	86.7	100.0	2.6	173.4
14-03. Beer, cider	24.3	560.0	845.9	250.0	2700.0
14-04. Spirits, brandy	8.3	57.0	82.5	24.0	261.2
14-05. Aniseed drinks (pastis,..)	0.2	50.0	50.0	50.0	50.0
14-06. Liqueurs	2.4	66.0	134.3	13.2	531.5
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	72.3	30.0	44.9	3.7	145.7
15-01. Sauces	65.2	30.0	46.2	4.9	145.7
15-01-00. Unclassified and other sauces	30.5	25.0	43.2	3.2	138.5

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	19.9	12.5	27.6	2.0	96.6
15-01-02. Dressing sauces	17.0	19.8	22.4	2.9	65.0
15-01-03. Mayonnaises and similars	24.4	21.6	30.2	4.5	100.0
15-01-04. Dessert sauces	0.9	30.0	29.9	19.0	45.0
15-02. Yeast	0.6	6.0	11.0	5.0	30.0
15-04. Condiments	17.8	9.6	12.5	0.8	50.0
16. Soups, bouillon	25.1	259.0	287.2	57.2	647.5
16-01. Soups	20.9	259.0	308.7	175.0	647.5
16-02. Bouillon	4.6	160.0	167.3	9.7	400.0
17. Miscellaneous	25.8	51.5	58.9	1.0	166.6
17-00. Unclassified	0.9	94.0	120.7	32.3	189.0
17-01. Soya products	2.0	90.0	140.6	23.1	550.0
17-02. Dietetic products	11.9	6.0	6.7	0.6	23.0
17-02-00. Unclassified	0.4	38.2	31.3	23.0	38.2
17-02-01. Artificial sweeteners	11.5	6.0	5.8	0.6	14.0
17-03. Snacks	12.9	70.0	80.9	34.0	166.6

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.3	140.0	148.4	46.5	290.0
01-01. Potatoes	56.3	140.0	148.4	46.5	290.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	81.4	135.0	147.1	15.3	324.0
02-01. Leafy vegetables (except cabbages)	23.1	66.7	100.3	15.0	243.0
02-02. Fruiting vegetables	45.8	60.0	80.5	5.5	210.0
02-03. Root vegetables	14.5	31.7	69.3	2.3	230.0
02-04. Cabbages	18.8	109.7	124.2	10.5	240.0
02-05. Mushrooms	7.8	20.4	33.3	4.1	138.0
02-06. Grain and pod vegetables	3.6	60.0	58.6	6.8	120.0
02-07. Onion, garlic	33.0	18.7	29.9	1.4	96.2
02-08. Stalk vegetables, sprouts	4.7	11.1	30.1	2.9	183.5
02-09. Mixed salad, mixed vegetables	11.1	64.3	93.3	7.6	300.0
03. Legumes	2.0	105.0	109.8	11.4	233.0
03-01. Legumes	2.0	105.0	109.8	11.4	233.0
04. Fruits, nuts and olives	64.0	153.0	182.4	10.3	456.1
04-01. Fruits	58.5	153.0	188.3	10.5	453.0
04-02. Nuts and seeds (+nut spread)	15.6	25.0	35.1	4.0	75.0
04-03. Mixed fruits	1.1	100.0	85.4	8.6	143.3
04-04. Olives	1.0	7.7	9.1	1.0	19.8
05. Dairy products	95.1	298.8	348.1	23.6	846.6
05-01. Milk	47.8	256.0	296.1	15.0	736.5
05-02. Milk beverages	7.2	274.6	255.0	120.2	497.8
05-03. Yoghurt	38.0	203.4	250.2	65.0	594.0
05-04. Fromage blanc, petits suisses	2.2	125.0	153.3	24.0	400.0
05-05. Cheese (including fresh cheeses)	72.3	36.0	46.8	13.0	117.4
05-06. Cream desserts, puddings (milk based)	16.3	150.0	163.3	48.1	288.4
05-07. Dairy and non-dairy creams	9.4	12.0	21.0	2.7	62.0
05-07-01. Dairy creams	9.0	12.0	21.1	3.0	62.0
05-07-02. Non-dairy creams	0.4	20.0	19.1	2.7	36.0
05-08. Milk for coffee and creamers	39.8	18.0	25.9	2.0	64.0
06. Cereals and cereal products	98.2	150.0	170.1	57.0	345.0
06-01. Flour, flakes, starches, semolina	5.8	3.4	5.9	0.6	15.5
06-02. Pasta, rice, other grain	21.8	127.0	141.6	34.2	300.0
06-03. Bread, crisp bread, rusks	95.7	115.0	121.1	35.0	225.0
06-03-01. Bread	92.8	105.0	119.8	35.0	230.0
06-03-02. Crispbread, rusks	25.7	20.0	18.5	5.0	34.0
06-04. Breakfast cereals	11.8	40.0	39.9	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	25.1	25.0	39.3	4.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.6	105.0	116.1	23.1	240.0
07. Meat and meat products	88.0	95.2	105.5	16.0	222.0
07-01. Fresh meat	41.8	80.0	94.8	21.0	205.0
07-01-00. Unclassified	9.6	72.5	73.7	17.5	139.2
07-01-01. Beef	18.6	79.8	89.1	22.7	178.0
07-01-02. Veal	0.1	76.0	76.0	76.0	76.0
07-01-03. Pork	13.7	99.5	109.4	16.2	232.0
07-01-04. Mutton/Lamb	0.9	96.9	98.8	60.0	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	17.8	61.7	80.6	10.7	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	17.3	61.2	78.3	10.7	178.0
07-02-02. Turkey, young turkey	0.1	80.0	80.0	80.0	80.0
07-02-03. Duck	0.2	262.0	262.0	262.0	262.0

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.2	125.0	125.0	125.0	125.0
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	64.7	40.0	60.0	10.0	157.0
07-05. Offals	0.1	105.0	105.0	105.0	105.0
08. Fish and shellfish	15.8	75.0	90.1	8.0	256.0
08-01. Fish	11.8	75.0	85.8	8.0	212.0
08-02. Crustaceans, molluscs	3.6	25.8	40.2	4.4	100.0
08-03. Fish products, fish in crumbs	1.7	130.5	155.0	20.0	436.0
09. Eggs and egg products	25.2	45.0	44.4	5.3	100.0
09-01. Egg	25.2	45.0	44.4	5.3	100.0
10. Fat	94.4	21.9	24.4	3.0	57.0
10-00. Unclassified	7.7	11.6	14.2	0.9	33.4
10-01. Vegetable oils	24.5	6.3	9.0	1.0	22.5
10-02. Butter	12.1	12.0	19.1	2.4	54.0
10-03. Margarines	82.6	17.0	19.5	2.2	47.6
10-04. Deep frying fats	6.8	18.0	19.2	6.3	35.8
10-06. Other animal fat	0.6	5.2	7.2	5.2	11.8
11. Sugar and confectionery	77.0	28.0	46.1	3.5	153.4
11-00. Unclassified	0.0	.	.	.	.
11-01. Sugar, honey ,jam	47.9	14.4	20.2	1.6	62.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	33.5	20.0	29.4	6.0	75.0
11-03. Confectionery non-chocolate	23.5	10.0	18.7	2.0	52.5
11-04. Syrup	11.7	20.0	31.4	6.3	80.0
11-05. Ice cream, water ice	8.2	86.0	96.9	34.0	183.0
11-05-01. Ice cream	7.5	86.0	100.2	48.0	183.0
11-05-02. Sorbet	0.1	25.0	25.0	25.0	25.0
11-05-03. Water ice	0.6	55.0	63.9	55.0	105.0
12. Cakes	68.9	50.0	68.6	10.0	190.0
12-01. Cakes, pies, pastries, etc.	42.3	60.0	77.1	20.0	210.0
12-02. Dry cakes, biscuits	45.0	21.0	32.6	7.0	90.0
13. Non-alcoholic beverages	100.0	1695.9	1803.0	733.2	3300.0
13-00. Unclassified	0.1	82.5	82.5	82.5	82.5
13-01. Fruit and vegetable juices	32.1	241.7	270.6	0.9	575.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	38.1	435.0	566.2	166.7	1591.4
13-03. Coffee, tea and herbal teas	96.7	799.9	888.5	220.0	1916.6
13-03-01. Coffee	82.6	533.2	585.0	133.3	1306.6
13-03-02. Tea	52.3	400.0	543.3	133.3	1356.6
13-03-03. Herbal tea	17.0	330.0	500.9	133.3	1500.0
13-03-04. Chicory, substitutes	1.0	780.8	650.5	3.0	1375.0
13-04. Waters	81.2	616.8	790.0	79.4	2166.7
14. Alcoholic beverages	29.0	246.7	360.5	44.0	1120.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	20.8	246.7	275.8	76.7	616.8
14-02. Fortified wines (sherry, port, vermouth)	3.7	60.0	86.1	0.6	303.4
14-03. Beer, cider	4.1	600.0	984.1	300.0	3300.0
14-04. Spirits, brandy	2.5	57.0	71.3	3.3	142.5
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.8	66.0	87.6	11.0	203.5
14-07. Cocktails, punches	0.1	550.0	366.4	96.6	550.0
15. Condiments and sauces	72.0	24.1	37.5	3.4	105.9
15-01. Sauces	67.8	25.0	38.5	4.2	108.5
15-01-00. Unclassified and other sauces	36.8	23.3	35.8	4.5	105.9

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	14.4	12.5	30.7	1.3	102.6
15-01-02. Dressing sauces	18.4	15.0	21.2	3.9	60.6
15-01-03. Mayonnaises and similars	22.3	13.6	19.6	3.0	50.0
15-01-04. Dessert sauces	0.5	15.0	36.3	7.5	135.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	10.4	4.0	9.2	0.8	25.0
16. Soups, bouillon	22.7	210.0	246.0	32.6	582.8
16-01. Soups	18.8	259.0	270.1	157.5	593.3
16-02. Bouillon	4.2	113.3	124.3	12.4	275.0
17. Miscellaneous	30.2	10.0	52.2	1.0	200.0
17-00. Unclassified	0.4	94.0	61.1	13.8	94.0
17-01. Soya products	1.9	136.0	173.2	48.8	290.0
17-02. Dietetic products	22.1	4.0	18.5	1.0	21.0
17-02-00. Unclassified	1.3	200.0	226.3	12.0	600.0
17-02-01. Artificial sweeteners	21.0	4.0	5.2	0.9	14.0
17-03. Snacks	9.5	70.0	85.3	34.0	166.0

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	49.8	140.0	140.0	31.0	265.0
01-01. Potatoes	49.8	140.0	140.0	31.0	265.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	85.1	131.7	151.0	19.4	348.8
02-01. Leafy vegetables (except cabbages)	26.0	60.0	78.9	13.0	200.0
02-02. Fruiting vegetables	47.8	67.5	93.9	5.8	250.0
02-03. Root vegetables	16.8	43.0	80.2	2.7	230.0
02-04. Cabbages	17.0	98.0	103.5	13.0	243.0
02-05. Mushrooms	8.2	26.9	33.7	7.3	82.8
02-06. Grain and pod vegetables	3.2	91.0	85.0	15.0	173.3
02-07. Onion, garlic	35.4	20.0	30.0	1.4	79.8
02-08. Stalk vegetables, sprouts	5.8	15.0	41.5	4.4	178.0
02-09. Mixed salad, mixed vegetables	15.1	74.2	88.6	8.9	228.0
03. Legumes	2.2	130.1	130.5	18.8	272.5
03-01. Legumes	2.2	130.1	130.5	18.8	272.5
04. Fruits, nuts and olives	68.8	153.0	179.9	10.6	439.8
04-01. Fruits	60.6	153.0	189.8	13.0	445.2
04-02. Nuts and seeds (+nut spread)	19.3	23.6	34.6	4.8	100.0
04-03. Mixed fruits	1.6	120.0	100.4	15.0	235.7
04-04. Olives	3.0	12.0	17.6	3.8	40.0
05. Dairy products	94.6	312.4	357.5	24.0	818.2
05-01. Milk	51.6	254.1	288.1	15.0	595.7
05-02. Milk beverages	8.3	257.5	278.1	120.2	566.6
05-03. Yoghurt	36.6	201.6	240.2	65.0	522.0
05-04. Fromage blanc, petits suisses	6.2	140.0	147.4	29.8	450.0
05-05. Cheese (including fresh cheeses)	69.0	41.6	51.1	13.0	127.2
05-06. Cream desserts, puddings (milk based)	14.2	150.0	172.6	60.0	288.4
05-07. Dairy and non-dairy creams	10.0	16.7	29.7	3.0	102.6
05-07-01. Dairy creams	10.0	16.0	29.7	3.0	102.6
05-07-02. Non-dairy creams	0.1	1.5	1.5	1.5	1.5
05-08. Milk for coffee and creamers	26.4	18.0	26.1	3.0	69.0
06. Cereals and cereal products	98.3	172.8	193.3	48.0	420.0
06-01. Flour, flakes, starches, semolina	4.9	3.8	12.6	0.7	51.1
06-02. Pasta, rice, other grain	26.9	140.0	156.5	55.0	320.0
06-03. Bread, crisp bread, rusks	95.7	120.0	128.3	35.0	260.2
06-03-01. Bread	91.5	115.0	128.1	45.0	260.0
06-03-02. Crispbread, rusks	29.3	20.0	19.2	5.0	42.0
06-04. Breakfast cereals	15.4	40.0	42.1	10.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	25.7	40.0	43.6	7.0	115.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.4	130.1	126.1	22.1	227.7
07. Meat and meat products	85.1	90.5	103.5	15.0	241.0
07-01. Fresh meat	36.9	76.0	89.3	19.6	182.0
07-01-00. Unclassified	8.5	72.8	81.9	22.2	171.4
07-01-01. Beef	16.2	74.2	81.4	22.6	176.0
07-01-02. Veal	0.5	73.5	70.8	42.6	76.0
07-01-03. Pork	13.1	78.8	92.0	9.9	240.0
07-01-04. Mutton/Lamb	0.5	79.2	70.0	12.5	158.4
07-01-05. Horse	0.0	175.0	175.0	175.0	175.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.5	78.0	84.4	6.4	180.0
07-02-00. Unclassified and other poultry	0.1	10.7	10.7	10.7	10.7
07-02-01. Chicken, hen	17.8	78.0	85.7	6.4	180.0
07-02-02. Turkey, young turkey	0.6	25.1	56.9	15.0	112.0
07-02-03. Duck	0.0	.	.	.	.



**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.2	112.0	143.0	112.0	178.0
07-04. Processed meat	62.7	40.0	62.1	9.6	157.8
07-05. Offals	0.5	52.5	45.1	4.4	67.3
08. Fish and shellfish	16.1	77.5	96.0	8.6	211.1
08-01. Fish	12.6	76.0	91.3	8.4	201.0
08-02. Crustaceans, molluscs	3.1	27.1	45.0	6.4	162.0
08-03. Fish products, fish in crumbs	1.9	130.5	138.2	68.0	217.5
09. Eggs and egg products	28.3	50.0	51.6	6.2	135.0
09-01. Egg	28.3	50.0	51.6	6.2	135.0
10. Fat	91.2	20.2	24.1	3.0	55.1
10-00. Unclassified	10.0	10.6	13.1	1.5	28.8
10-01. Vegetable oils	29.5	7.2	9.9	1.1	29.9
10-02. Butter	14.8	12.0	16.7	2.8	46.0
10-03. Margarines	73.4	17.0	19.4	2.9	46.4
10-04. Deep frying fats	6.4	14.3	15.7	4.8	31.8
10-06. Other animal fat	0.2	8.7	7.4	5.2	8.7
11. Sugar and confectionery	78.8	35.0	52.5	4.4	162.5
11-00. Unclassified	0.5	1.5	1.7	0.9	3.0
11-01. Sugar, honey ,jam	47.5	15.0	21.9	1.9	70.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	33.8	20.0	28.7	7.0	89.5
11-03. Confectionery non-chocolate	28.0	12.0	21.1	1.0	60.0
11-04. Syrup	17.9	20.0	39.5	6.3	112.5
11-05. Ice cream, water ice	8.6	75.0	96.1	43.0	183.0
11-05-01. Ice cream	6.7	100.0	107.6	43.0	250.0
11-05-02. Sorbet	0.4	50.0	61.3	50.0	100.0
11-05-03. Water ice	1.6	50.0	51.7	40.0	59.0
12. Cakes	64.0	50.0	71.2	10.0	199.0
12-01. Cakes, pies, pastries, etc.	39.9	60.0	80.3	20.0	205.0
12-02. Dry cakes, biscuits	37.5	30.0	36.1	8.0	80.0
13. Non-alcoholic beverages	100.0	1738.5	1859.7	716.7	3311.7
13-00. Unclassified	0.4	199.8	210.3	4.4	330.0
13-01. Fruit and vegetable juices	34.7	241.7	297.3	2.4	741.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	44.7	420.0	565.4	166.7	1473.5
13-03. Coffee, tea and herbal teas	92.2	763.8	865.7	187.5	1875.2
13-03-01. Coffee	68.2	510.0	544.7	116.7	1186.7
13-03-02. Tea	52.5	452.0	605.0	150.0	1650.0
13-03-03. Herbal tea	20.1	408.3	544.2	133.3	1375.0
13-03-04. Chicory, substitutes	0.3	4.5	62.4	4.5	133.3
13-04. Waters	83.3	683.3	846.6	97.5	2131.9
14. Alcoholic beverages	29.3	200.0	315.8	33.0	900.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	19.9	200.0	277.0	75.0	771.6
14-02. Fortified wines (sherry, port, vermouth)	3.6	75.0	77.0	0.9	216.6
14-03. Beer, cider	4.4	300.0	663.4	165.0	2100.0
14-04. Spirits, brandy	2.7	95.0	119.6	9.5	456.0
14-05. Aniseed drinks (pastis,..)	0.3	30.0	51.5	30.0	76.7
14-06. Liqueurs	2.0	56.0	93.6	2.2	275.0
14-07. Cocktails, punches	0.3	20.0	139.4	20.0	275.0
15. Condiments and sauces	67.0	26.7	42.9	3.8	137.4
15-01. Sauces	62.3	27.9	44.3	4.4	137.4
15-01-00. Unclassified and other sauces	32.2	29.9	42.7	3.4	131.7

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	14.7	17.1	43.2	1.7	171.6
15-01-02. Dressing sauces	16.8	18.1	20.2	3.9	47.8
15-01-03. Mayonnaises and similars	20.0	13.6	19.4	3.5	48.9
15-01-04. Dessert sauces	0.7	30.0	29.5	7.5	87.5
15-02. Yeast	0.3	5.0	9.0	2.5	20.0
15-04. Condiments	11.5	5.0	9.8	0.6	28.4
16. Soups, bouillon	22.5	259.0	260.3	28.0	525.0
16-01. Soups	19.0	259.0	276.7	175.0	498.8
16-02. Bouillon	4.8	77.5	129.1	12.4	300.0
17. Miscellaneous	31.8	16.0	66.7	1.0	250.0
17-00. Unclassified	0.6	74.4	79.7	24.0	151.0
17-01. Soya products	4.8	169.2	171.1	16.0	440.0
17-02. Dietetic products	19.6	4.0	19.7	1.0	40.4
17-02-00. Unclassified	2.0	40.0	148.8	14.4	600.0
17-02-01. Artificial sweeteners	17.7	4.0	5.0	0.8	14.0
17-03. Snacks	9.0	69.8	96.7	30.0	225.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	49.2	140.0	142.2	31.0	265.0
01-01. Potatoes	48.6	140.0	143.1	31.0	265.0
01-02. Other tubers	0.6	108.2	75.0	39.3	108.2
02. Vegetables	89.0	150.0	164.1	20.0	346.8
02-01. Leafy vegetables (except cabbages)	32.0	52.0	78.8	7.6	243.0
02-02. Fruiting vegetables	51.7	71.3	95.5	8.9	240.0
02-03. Root vegetables	17.1	51.0	76.7	3.2	265.0
02-04. Cabbages	20.7	136.0	119.8	18.8	240.0
02-05. Mushrooms	9.2	16.6	22.5	5.3	55.2
02-06. Grain and pod vegetables	6.1	50.3	60.4	8.6	173.3
02-07. Onion, garlic	31.4	19.0	31.2	2.1	111.0
02-08. Stalk vegetables, sprouts	5.1	41.5	54.1	4.6	174.3
02-09. Mixed salad, mixed vegetables	12.8	100.0	118.6	9.0	324.0
03. Legumes	3.8	100.2	101.1	14.2	220.3
03-01. Legumes	3.8	100.2	101.1	14.2	220.3
04. Fruits, nuts and olives	75.6	158.4	194.2	14.9	457.5
04-01. Fruits	69.4	159.2	197.9	24.0	481.1
04-02. Nuts and seeds (+nut spread)	24.0	20.0	30.4	2.9	75.0
04-03. Mixed fruits	1.5	100.0	102.0	13.7	180.0
04-04. Olives	5.1	16.0	16.8	2.8	56.0
05. Dairy products	95.3	287.4	355.5	24.0	888.3
05-01. Milk	46.7	248.9	286.6	15.0	783.3
05-02. Milk beverages	6.5	283.3	266.6	61.8	566.6
05-03. Yoghurt	44.9	216.0	264.9	100.0	540.0
05-04. Fromage blanc, petits suisses	4.0	125.0	138.3	48.0	250.0
05-05. Cheese (including fresh cheeses)	68.2	41.1	46.6	11.0	105.7
05-06. Cream desserts, puddings (milk based)	14.5	144.2	149.9	50.0	250.0
05-07. Dairy and non-dairy creams	17.8	15.5	24.0	3.0	65.8
05-07-01. Dairy creams	17.4	14.8	23.1	3.0	65.8
05-07-02. Non-dairy creams	0.4	63.2	63.2	63.2	63.2
05-08. Milk for coffee and creamers	20.3	18.0	25.8	4.0	72.0
06. Cereals and cereal products	98.6	157.5	182.0	40.0	382.9
06-01. Flour, flakes, starches, semolina	6.4	3.6	6.7	0.5	29.8
06-02. Pasta, rice, other grain	30.9	121.9	144.3	39.0	285.2
06-03. Bread, crisp bread, rusks	95.8	105.0	118.0	30.0	235.0
06-03-01. Bread	89.3	105.0	120.1	35.0	240.0
06-03-02. Crispbread, rusks	27.5	17.0	21.0	6.5	60.0
06-04. Breakfast cereals	26.9	35.0	37.2	18.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.2	24.6	34.9	5.5	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	3.5	76.9	110.5	16.4	357.4
07. Meat and meat products	83.1	83.9	95.0	15.0	218.2
07-01. Fresh meat	37.3	78.8	86.7	19.4	178.0
07-01-00. Unclassified	7.8	58.4	77.1	14.4	140.0
07-01-01. Beef	20.4	80.0	82.5	31.3	178.0
07-01-02. Veal	0.9	178.0	137.6	20.3	178.0
07-01-03. Pork	9.4	78.3	84.1	14.3	178.0
07-01-04. Mutton/Lamb	0.8	36.5	55.0	28.6	112.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.5	70.0	80.5	5.3	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	15.1	63.7	79.1	5.3	178.0
07-02-02. Turkey, young turkey	0.3	70.0	70.0	70.0	70.0
07-02-03. Duck	0.3	78.9	78.9	78.9	78.9

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	49.0	49.0	49.0	49.0
07-04. Processed meat	57.7	38.7	58.6	10.0	160.0
07-05. Offals	0.2	30.0	110.2	30.0	210.0
08. Fish and shellfish	20.1	90.0	103.2	6.0	280.0
08-01. Fish	13.7	93.8	104.2	5.2	280.0
08-02. Crustaceans, molluscs	4.8	53.4	70.2	6.0	180.0
08-03. Fish products, fish in crumbs	2.4	145.0	130.8	78.3	200.0
09. Eggs and egg products	19.3	45.0	43.9	7.0	100.0
09-01. Egg	19.3	45.0	43.9	7.0	100.0
10. Fat	88.8	18.3	22.8	2.9	51.6
10-00. Unclassified	11.8	11.6	12.2	1.1	29.1
10-01. Vegetable oils	35.4	6.1	10.9	0.7	30.0
10-02. Butter	17.4	12.0	15.4	2.0	51.8
10-03. Margarines	66.9	14.3	17.3	2.0	42.0
10-04. Deep frying fats	3.6	23.3	18.9	1.8	36.1
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	75.0	37.1	53.7	3.3	150.0
11-00. Unclassified	0.9	1.5	2.3	0.8	5.0
11-01. Sugar, honey ,jam	39.2	15.0	22.0	1.5	70.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	36.5	21.3	33.6	5.0	98.0
11-03. Confectionery non-chocolate	26.7	14.0	19.7	1.0	88.0
11-04. Syrup	14.1	20.0	27.9	2.5	90.0
11-05. Ice cream, water ice	11.1	75.0	91.9	24.0	238.0
11-05-01. Ice cream	9.4	75.0	97.7	20.0	238.0
11-05-02. Sorbet	0.2	50.0	50.0	50.0	50.0
11-05-03. Water ice	1.5	55.0	60.3	35.0	100.0
12. Cakes	64.6	55.0	72.4	10.0	190.0
12-01. Cakes, pies, pastries, etc.	40.1	65.0	80.1	20.0	200.0
12-02. Dry cakes, biscuits	41.3	28.0	35.5	7.0	90.0
13. Non-alcoholic beverages	100.0	1814.5	1989.8	820.0	3683.9
13-00. Unclassified	1.1	68.2	70.0	25.0	154.2
13-01. Fruit and vegetable juices	43.9	200.0	266.7	40.0	716.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	38.7	330.0	538.2	166.7	1625.0
13-03. Coffee, tea and herbal teas	95.6	933.4	1017.3	250.0	2090.0
13-03-01. Coffee	68.8	499.9	530.5	116.7	1103.3
13-03-02. Tea	53.6	563.8	726.8	187.5	1925.0
13-03-03. Herbal tea	34.1	500.0	637.9	150.0	1375.0
13-03-04. Chicory, substitutes	1.0	4.5	119.2	1.8	550.0
13-04. Waters	84.7	610.1	815.7	75.0	2162.5
14. Alcoholic beverages	37.0	246.6	287.3	45.9	600.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	27.6	246.7	279.0	83.3	600.0
14-02. Fortified wines (sherry, port, vermouth)	4.6	86.7	81.6	0.9	130.0
14-03. Beer, cider	4.2	483.4	498.4	154.2	1250.0
14-04. Spirits, brandy	2.5	45.9	55.3	1.6	145.7
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	2.6	55.0	61.7	13.2	126.5
14-07. Cocktails, punches	0.5	290.0	262.7	166.7	290.0
15. Condiments and sauces	63.2	28.6	37.7	4.7	113.0
15-01. Sauces	58.0	28.9	38.9	4.9	116.5
15-01-00. Unclassified and other sauces	27.9	26.2	37.6	2.0	100.0

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	15.1	24.0	37.8	1.6	132.8
15-01-02. Dressing sauces	16.5	14.0	17.5	1.9	45.5
15-01-03. Mayonnaises and similars	18.2	13.0	17.9	3.9	40.0
15-01-04. Dessert sauces	0.7	30.0	26.1	21.0	30.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	12.4	4.9	10.2	0.9	48.0
16. Soups, bouillon	24.3	250.0	259.8	51.7	525.0
16-01. Soups	21.3	259.0	273.3	157.5	518.0
16-02. Bouillon	3.1	133.3	156.4	18.1	600.0
17. Miscellaneous	30.1	32.9	77.7	1.8	376.6
17-00. Unclassified	1.8	72.4	68.7	12.3	94.0
17-01. Soya products	6.2	125.0	190.2	3.0	550.0
17-02. Dietetic products	16.4	5.0	13.6	1.0	41.2
17-02-00. Unclassified	0.9	92.0	148.4	41.2	375.0
17-02-01. Artificial sweeteners	16.1	5.0	6.0	1.0	16.0
17-03. Snacks	9.6	63.8	85.0	28.9	187.5

**Table 4.4.a** Food consumption (food groups and subgroups) on consumption days of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	54.3	140.0	159.7	42.2	313.7
01-01. Potatoes	54.3	140.0	159.7	44.0	311.0
01-02. Other tubers	0.1	26.8	51.2	15.9	120.0
02. Vegetables	74.9	92.4	103.2	13.5	240.0
02-01. Leafy vegetables (except cabbages)	17.4	45.0	64.4	9.0	174.0
02-02. Fruiting vegetables	41.1	51.0	67.8	6.3	176.4
02-03. Root vegetables	10.9	56.7	74.8	2.0	216.0
02-04. Cabbages	14.5	94.0	97.5	9.7	188.5
02-05. Mushrooms	6.6	14.2	19.5	4.2	42.8
02-06. Grain and pod vegetables	4.1	60.0	49.7	6.1	120.0
02-07. Onion, garlic	25.8	17.0	26.1	2.4	74.8
02-08. Stalk vegetables, sprouts	2.5	10.3	16.7	2.3	50.0
02-09. Mixed salad, mixed vegetables	10.2	40.0	53.0	4.6	162.0
03. Legumes	1.9	105.0	106.6	26.6	210.0
03-01. Legumes	1.9	105.0	106.6	26.6	210.0
04. Fruits, nuts and olives	61.4	128.4	141.8	15.0	345.8
04-01. Fruits	52.1	128.4	151.0	17.5	348.6
04-02. Nuts and seeds (+nut spread)	19.5	21.6	34.8	8.4	100.0
04-03. Mixed fruits	1.1	90.0	126.6	36.4	291.6
04-04. Olives	0.6	10.0	11.6	1.9	28.2
05. Dairy products	92.2	388.0	433.1	29.2	986.5
05-01. Milk	56.1	273.0	331.9	25.8	772.5
05-02. Milk beverages	14.4	216.3	275.3	127.5	594.8
05-03. Yoghurt	36.6	226.8	292.9	100.0	723.6
05-04. Fromage blanc, petits suisses	3.3	80.0	111.7	40.0	250.0
05-05. Cheese (including fresh cheeses)	50.7	36.0	45.9	10.1	114.0
05-06. Cream desserts, puddings (milk based)	20.4	192.3	179.8	60.0	302.1
05-07. Dairy and non-dairy creams	8.9	19.4	21.9	3.0	55.7
05-07-01. Dairy creams	8.8	18.0	21.9	3.0	55.7
05-07-02. Non-dairy creams	0.1	20.2	22.1	12.0	29.4
05-08. Milk for coffee and creamers	3.5	11.0	21.0	3.0	58.3
06. Cereals and cereal products	99.3	175.0	198.9	60.0	418.0
06-01. Flour, flakes, starches, semolina	3.7	2.1	4.9	0.5	20.0
06-02. Pasta, rice, other grain	24.9	115.7	141.7	39.2	320.0
06-03. Bread, crisp bread, rusks	96.1	120.0	136.1	40.0	282.0
06-03-01. Bread	94.9	120.0	134.5	35.0	280.0
06-03-02. Crispbread, rusks	19.1	10.2	16.7	3.0	50.0
06-04. Breakfast cereals	14.2	40.0	45.2	15.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	35.8	40.0	47.5	8.0	118.5
06-06. Dough and pastry (puff, shortcrust, pizza)	6.3	114.7	123.0	17.1	268.0
07. Meat and meat products	87.4	90.0	104.6	17.5	240.0
07-01. Fresh meat	35.3	72.0	80.9	14.9	178.0
07-01-00. Unclassified	10.8	63.1	69.2	14.6	162.7
07-01-01. Beef	13.7	66.4	73.0	17.2	178.0
07-01-02. Veal	0.2	73.5	60.0	17.5	80.0
07-01-03. Pork	11.5	78.8	88.3	10.7	200.0
07-01-04. Mutton/Lamb	0.7	91.8	113.4	10.5	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.2	75.5	78.1	6.7	178.0

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-00. Unclassified and other poultry	0.1	75.0	75.0	75.0	75.0
07-02-01. Chicken, hen	14.9	76.0	78.2	6.7	178.0
07-02-02. Turkey, young turkey	0.3	75.5	72.6	4.3	224.0
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	76.0	92.5	28.0	264.0
07-04. Processed meat	67.8	64.0	75.1	10.0	188.0
07-05. Offals	0.0	9.2	9.2	9.2	9.2
08. Fish and shellfish	8.4	64.8	82.4	10.0	208.8
08-01. Fish	4.7	51.3	74.8	9.8	201.0
08-02. Crustaceans, molluscs	1.6	18.3	41.9	4.8	150.0
08-03. Fish products, fish in crumbs	2.4	104.4	111.2	20.0	225.0
09. Eggs and egg products	20.0	45.0	40.3	4.2	100.0
09-01. Egg	20.0	45.0	40.3	4.2	100.0
10. Fat	91.6	20.7	24.5	2.3	59.0
10-00. Unclassified	12.9	13.8	15.9	1.7	36.0
10-01. Vegetable oils	24.7	5.5	8.3	0.6	27.3
10-02. Butter	11.0	10.8	15.7	1.2	48.0
10-03. Margarines	75.4	15.8	19.2	1.8	48.1
10-04. Deep frying fats	9.8	19.1	21.1	4.8	45.1
10-06. Other animal fat	0.2	6.2	7.9	5.2	13.0
11. Sugar and confectionery	90.7	63.0	80.0	8.0	208.3
11-00. Unclassified	0.1	1.5	1.6	0.8	3.0
11-01. Sugar, honey ,jam	39.2	12.0	19.1	1.7	60.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	57.9	29.0	36.7	7.0	96.0
11-03. Confectionery non-chocolate	51.3	15.0	25.2	2.0	82.0
11-04. Syrup	34.7	27.0	43.0	9.0	125.0
11-05. Ice cream, water ice	18.5	75.0	87.1	35.0	183.0
11-05-01. Ice cream	13.8	75.0	87.1	40.0	183.0
11-05-02. Sorbet	0.2	88.2	78.0	50.0	100.0
11-05-03. Water ice	5.4	55.0	72.0	35.0	180.0
12. Cakes	75.1	54.0	76.1	10.0	211.0
12-01. Cakes, pies, pastries, etc.	37.5	66.0	89.1	20.0	250.0
12-02. Dry cakes, biscuits	57.2	33.0	41.5	8.0	100.0
13. Non-alcoholic beverages	99.7	1033.2	1125.2	400.0	2154.3
13-00. Unclassified	0.2	145.0	176.0	10.5	488.3
13-01. Fruit and vegetable juices	39.1	241.7	327.1	50.0	741.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	73.6	500.0	617.4	166.7	1401.5
13-03. Coffee, tea and herbal teas	34.5	266.6	345.0	112.5	875.0
13-03-01. Coffee	7.5	220.0	278.6	53.3	666.6
13-03-02. Tea	25.0	241.7	318.3	116.7	825.0
13-03-03. Herbal tea	6.1	220.0	299.7	112.5	715.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	76.2	433.3	550.7	50.0	1483.3
14. Alcoholic beverages	5.4	300.0	707.7	1.6	2891.8
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.0	125.0	153.4	2.0	433.2
14-02. Fortified wines (sherry, port, vermouth)	0.9	1.6	11.9	0.3	115.0
14-03. Beer, cider	2.8	560.0	1207.9	200.0	5640.0
14-04. Spirits, brandy	0.4	45.9	50.8	2.4	186.8
14-05. Aniseed drinks (pastis,..)	0.0	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.8	53.2	88.2	4.4	229.2

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
14-07. Cocktails, punches	0.6	166.7	211.2	20.0	550.0
15. Condiments and sauces	70.5	28.8	40.9	4.0	112.1
15-01. Sauces	67.4	29.6	41.6	4.3	113.1
15-01-00. Unclassified and other sauces	29.6	25.0	37.1	2.7	104.0
15-01-01. Tomato sauces	24.6	19.9	30.8	3.3	99.1
15-01-02. Dressing sauces	16.1	18.6	22.1	2.9	58.9
15-01-03. Mayonnaises and similars	22.0	20.0	25.9	3.9	70.0
15-01-04. Dessert sauces	1.2	15.0	21.3	7.5	60.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	9.7	4.8	7.6	1.0	24.5
16. Soups, bouillon	13.3	225.8	250.4	18.6	630.0
16-01. Soups	11.3	259.0	280.4	115.5	630.0
16-02. Bouillon	2.2	32.6	66.7	8.8	275.0
17. Miscellaneous	18.1	70.0	96.0	2.0	250.0
17-00. Unclassified	0.5	72.4	63.3	16.2	94.0
17-01. Soya products	2.1	106.7	188.7	20.0	603.4
17-02. Dietetic products	3.1	2.0	15.6	0.4	40.0
17-02-00. Unclassified	0.5	27.0	74.0	25.9	250.0
17-02-01. Artificial sweeteners	2.5	2.0	3.0	0.4	8.0
17-03. Snacks	13.2	70.0	95.4	31.0	217.5



Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.6	140.0	160.9	48.7	308.0
01-01. Potatoes	55.6	140.0	160.9	48.7	308.0
01-02. Other tubers	0.1	18.7	18.7	18.7	18.7
02. Vegetables	73.9	98.0	116.1	17.1	271.4
02-01. Leafy vegetables (except cabbages)	16.7	58.9	77.1	7.7	203.8
02-02. Fruiting vegetables	42.1	58.8	75.3	4.6	200.0
02-03. Root vegetables	11.4	62.4	88.3	4.0	230.0
02-04. Cabbages	15.3	98.0	99.7	5.5	240.0
02-05. Mushrooms	6.3	16.6	19.9	4.0	37.5
02-06. Grain and pod vegetables	4.0	60.0	50.4	2.2	91.0
02-07. Onion, garlic	25.5	19.2	28.4	2.0	83.7
02-08. Stalk vegetables, sprouts	2.0	7.3	19.8	1.7	75.0
02-09. Mixed salad, mixed vegetables	9.2	40.1	55.9	4.4	162.0
03. Legumes	2.6	81.4	95.3	18.4	227.5
03-01. Legumes	2.6	81.4	95.3	18.4	227.5
04. Fruits, nuts and olives	62.7	128.4	147.1	15.0	333.0
04-01. Fruits	54.4	130.0	156.4	21.2	348.8
04-02. Nuts and seeds (+nut spread)	16.7	20.0	32.9	7.5	80.0
04-03. Mixed fruits	1.4	100.0	111.4	7.5	270.0
04-04. Olives	0.8	11.1	12.5	8.0	20.0
05. Dairy products	90.4	343.6	415.8	24.0	968.7
05-01. Milk	47.9	283.3	328.8	14.9	746.7
05-02. Milk beverages	16.1	206.0	257.4	120.2	515.0
05-03. Yoghurt	36.8	207.0	307.1	100.0	864.0
05-04. Fromage blanc, petits suisses	2.2	95.0	106.6	50.0	233.3
05-05. Cheese (including fresh cheeses)	54.0	40.0	48.6	12.0	118.2
05-06. Cream desserts, puddings (milk based)	20.1	160.0	168.4	61.6	258.0
05-07. Dairy and non-dairy creams	7.8	12.0	13.8	3.0	35.0
05-07-01. Dairy creams	7.8	12.0	13.8	3.0	35.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	5.4	10.0	11.4	2.0	21.0
06. Cereals and cereal products	99.1	174.0	199.1	65.0	430.0
06-01. Flour, flakes, starches, semolina	4.3	2.4	5.6	1.2	7.5
06-02. Pasta, rice, other grain	22.7	127.7	146.6	35.9	345.6
06-03. Bread, crisp bread, rusks	96.6	125.0	139.9	48.0	290.0
06-03-01. Bread	94.7	123.5	138.2	50.0	280.0
06-03-02. Crispbread, rusks	20.6	17.1	20.4	2.7	50.0
06-04. Breakfast cereals	11.0	40.0	44.0	12.6	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	32.7	32.0	41.4	8.0	99.0
06-06. Dough and pastry (puff, shortcrust, pizza)	8.0	121.9	127.8	19.1	271.2
07. Meat and meat products	91.7	93.0	107.7	18.0	266.0
07-01. Fresh meat	37.1	78.8	85.9	15.0	182.0
07-01-00. Unclassified	10.0	66.3	76.5	11.2	178.0
07-01-01. Beef	13.2	72.0	80.4	17.4	182.0
07-01-02. Veal	0.8	75.5	77.3	7.7	141.2
07-01-03. Pork	13.8	78.8	90.9	15.1	178.0
07-01-04. Mutton/Lamb	0.5	93.8	96.0	79.2	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.1	63.7	72.2	5.2	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	14.9	57.4	72.2	5.2	178.0
07-02-02. Turkey, young turkey	0.1	76.0	76.0	76.0	76.0
07-02-03. Duck	0.0	.	.	.	.

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	73.9	56.0	75.6	10.0	198.0
07-05. Offals	0.1	105.0	105.0	105.0	105.0
08. Fish and shellfish	9.2	52.2	73.8	5.0	280.0
08-01. Fish	5.7	37.1	65.8	5.2	180.0
08-02. Crustaceans, molluscs	2.0	66.1	53.9	4.3	147.4
08-03. Fish products, fish in crumbs	1.9	78.0	100.2	22.5	201.0
09. Eggs and egg products	18.9	45.0	41.0	4.9	95.0
09-01. Egg	18.9	45.0	41.0	4.9	95.0
10. Fat	89.8	18.4	23.3	1.9	59.6
10-00. Unclassified	9.4	17.2	16.1	1.6	38.1
10-01. Vegetable oils	26.8	6.2	8.5	0.8	22.9
10-02. Butter	6.6	10.0	12.8	2.0	32.4
10-03. Margarines	76.3	14.6	18.7	1.7	46.6
10-04. Deep frying fats	9.2	23.3	22.4	1.8	42.2
10-06. Other animal fat	0.6	7.2	6.3	4.0	7.2
11. Sugar and confectionery	89.7	57.5	74.5	6.0	200.0
11-00. Unclassified	0.6	1.7	1.6	0.8	2.3
11-01. Sugar, honey ,jam	36.5	10.2	17.2	1.4	62.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	49.5	25.0	33.6	6.7	90.0
11-03. Confectionery non-chocolate	48.0	14.0	22.7	2.0	72.0
11-04. Syrup	38.4	27.0	47.1	8.8	156.2
11-05. Ice cream, water ice	17.5	75.0	85.9	35.0	183.0
11-05-01. Ice cream	12.2	84.5	92.9	25.0	183.0
11-05-02. Sorbet	0.3	50.0	77.1	50.0	125.0
11-05-03. Water ice	5.6	55.0	60.5	35.0	105.0
12. Cakes	72.6	53.0	68.9	12.0	195.0
12-01. Cakes, pies, pastries, etc.	35.9	56.0	76.6	20.0	200.0
12-02. Dry cakes, biscuits	54.5	32.0	41.4	10.0	104.0
13. Non-alcoholic beverages	98.5	1066.9	1196.0	441.7	2450.0
13-00. Unclassified	0.6	375.0	349.3	25.1	500.0
13-01. Fruit and vegetable juices	39.2	250.0	327.2	50.8	741.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	70.2	500.1	649.6	153.3	1613.2
13-03. Coffee, tea and herbal teas	32.4	275.0	343.1	106.7	975.0
13-03-01. Coffee	9.1	186.7	225.4	70.0	533.4
13-03-02. Tea	21.1	250.0	304.7	112.5	694.4
13-03-03. Herbal tea	5.9	450.0	447.4	150.0	1100.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	78.0	491.7	615.9	75.0	1643.5
14. Alcoholic beverages	5.1	300.0	842.0	0.9	5100.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.0	231.3	490.1	16.5	1741.9
14-02. Fortified wines (sherry, port, vermouth)	1.8	1.6	35.9	0.7	230.0
14-03. Beer, cider	2.5	900.0	1381.9	250.0	5100.0
14-04. Spirits, brandy	0.0	.	.	.	.
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.8	126.5	169.9	53.2	319.2
14-07. Cocktails, punches	0.2	275.0	275.0	275.0	275.0
15. Condiments and sauces	70.2	26.6	40.2	4.4	107.6
15-01. Sauces	66.3	27.9	41.2	5.6	108.1
15-01-00. Unclassified and other sauces	34.7	25.0	36.9	2.8	94.8

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	22.6	17.6	28.6	2.1	90.7
15-01-02. Dressing sauces	14.1	18.6	21.3	2.9	53.0
15-01-03. Mayonnaises and similars	20.0	20.0	24.3	3.1	74.0
15-01-04. Dessert sauces	0.8	21.0	21.0	15.0	30.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	9.5	4.8	10.0	0.8	36.0
16. Soups, bouillon	16.5	231.0	257.3	20.2	582.8
16-01. Soups	14.1	259.0	286.3	158.2	630.0
16-02. Bouillon	2.4	39.7	88.9	4.3	450.0
17. Miscellaneous	22.0	59.5	78.1	1.0	255.0
17-00. Unclassified	0.4	72.4	131.8	72.4	200.0
17-01. Soya products	1.5	100.0	208.9	68.3	586.6
17-02. Dietetic products	8.7	2.0	29.8	0.4	57.0
17-02-00. Unclassified	0.7	55.0	341.2	18.0	772.5
17-02-01. Artificial sweeteners	8.1	2.0	3.0	0.2	8.0
17-03. Snacks	11.6	70.0	94.6	30.6	228.8

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	55.1	143.0	174.7	31.0	366.0
01-01. Potatoes	55.0	143.0	174.8	31.0	366.0
01-02. Other tubers	0.1	150.0	150.0	150.0	150.0
02. Vegetables	85.3	140.3	156.3	19.4	355.3
02-01. Leafy vegetables (except cabbages)	27.6	60.0	83.0	10.0	225.0
02-02. Fruiting vegetables	47.2	67.4	90.7	6.6	237.3
02-03. Root vegetables	16.1	42.8	80.8	3.2	230.0
02-04. Cabbages	18.0	126.9	123.0	10.5	243.0
02-05. Mushrooms	8.1	26.9	32.3	8.3	69.0
02-06. Grain and pod vegetables	4.0	64.6	70.2	10.0	173.3
02-07. Onion, garlic	34.8	21.9	33.0	1.4	95.0
02-08. Stalk vegetables, sprouts	5.2	15.0	46.0	4.4	178.0
02-09. Mixed salad, mixed vegetables	12.5	78.4	106.3	8.0	280.0
03. Legumes	2.5	120.0	139.9	18.8	366.7
03-01. Legumes	2.5	120.0	139.9	18.8	366.7
04. Fruits, nuts and olives	67.6	153.0	180.6	15.0	430.0
04-01. Fruits	58.9	153.0	189.7	13.0	433.2
04-02. Nuts and seeds (+nut spread)	21.5	30.0	39.8	5.0	100.0
04-03. Mixed fruits	1.3	100.0	100.1	12.1	168.8
04-04. Olives	2.7	16.0	22.1	3.8	60.0
05. Dairy products	94.2	324.0	392.8	25.0	995.6
05-01. Milk	50.9	274.7	332.8	20.4	858.3
05-02. Milk beverages	8.6	250.0	275.4	127.5	566.6
05-03. Yoghurt	37.0	201.6	248.8	51.8	540.0
05-04. Fromage blanc, petits suisses	3.6	125.0	143.2	30.0	400.0
05-05. Cheese (including fresh cheeses)	67.6	42.0	52.9	13.0	138.6
05-06. Cream desserts, puddings (milk based)	18.9	192.3	180.4	60.0	317.6
05-07. Dairy and non-dairy creams	10.6	15.3	25.8	3.0	65.8
05-07-01. Dairy creams	10.5	15.3	25.8	3.0	65.8
05-07-02. Non-dairy creams	0.1	20.0	12.9	1.5	20.0
05-08. Milk for coffee and creamers	29.8	18.0	24.3	2.7	64.0
06. Cereals and cereal products	98.3	193.5	217.6	60.0	457.1
06-01. Flour, flakes, starches, semolina	5.4	3.7	8.2	0.7	35.1
06-02. Pasta, rice, other grain	26.3	157.8	173.3	60.0	402.0
06-03. Bread, crisp bread, rusks	95.6	140.0	149.4	40.0	300.0
06-03-01. Bread	92.6	140.0	149.8	45.0	300.0
06-03-02. Crispbread, rusks	21.5	17.1	19.1	5.1	47.0
06-04. Breakfast cereals	16.9	40.0	44.2	14.8	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	25.0	40.0	46.0	7.0	118.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.7	114.7	131.4	18.0	333.3
07. Meat and meat products	87.4	105.0	120.7	18.7	270.0
07-01. Fresh meat	39.5	85.0	103.6	20.4	249.2
07-01-00. Unclassified	10.2	69.4	84.9	20.6	179.0
07-01-01. Beef	17.7	85.3	102.4	30.4	208.0
07-01-02. Veal	0.6	76.0	110.2	71.2	178.0
07-01-03. Pork	11.9	80.0	101.4	10.8	264.0
07-01-04. Mutton/Lamb	0.9	92.4	114.1	12.5	240.0
07-01-05. Horse	0.1	264.0	230.0	178.0	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	18.5	80.0	90.6	7.2	187.5
07-02-00. Unclassified and other poultry	0.2	76.0	75.8	10.7	112.0
07-02-01. Chicken, hen	17.6	80.0	89.9	7.1	187.5
07-02-02. Turkey, young turkey	0.5	86.3	78.1	15.0	178.0
07-02-03. Duck	0.1	262.0	240.4	149.5	273.6

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	125.0	131.5	125.0	144.4
07-03. Game	0.3	74.7	81.4	13.5	178.0
07-04. Processed meat	65.6	49.8	72.2	10.0	196.0
07-05. Offals	0.3	67.3	78.3	30.0	210.0
08. Fish and shellfish	17.6	78.3	95.4	9.6	211.1
08-01. Fish	12.5	76.0	89.0	10.0	201.0
08-02. Crustaceans, molluscs	3.7	27.7	47.1	6.0	180.0
08-03. Fish products, fish in crumbs	2.6	145.0	150.9	14.3	350.0
09. Eggs and egg products	24.3	45.0	48.6	6.1	130.8
09-01. Egg	24.3	45.0	48.6	6.1	130.8
10. Fat	93.0	24.6	29.6	3.7	72.0
10-00. Unclassified	11.6	11.6	14.7	1.7	36.8
10-01. Vegetable oils	32.0	8.9	12.1	1.0	36.4
10-02. Butter	13.5	13.0	18.4	2.8	48.0
10-03. Margarines	75.8	19.8	23.7	3.0	57.9
10-04. Deep frying fats	7.2	18.0	19.9	3.4	48.9
10-06. Other animal fat	0.3	8.7	9.8	5.2	15.1
11. Sugar and confectionery	83.0	40.0	58.6	5.0	167.9
11-00. Unclassified	0.4	1.7	1.9	0.8	3.0
11-01. Sugar, honey ,jam	56.7	20.0	27.4	2.0	80.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	38.0	20.0	32.5	7.0	95.0
11-03. Confectionery non-chocolate	26.1	14.0	24.0	1.0	80.0
11-04. Syrup	16.8	20.0	35.9	3.0	120.8
11-05. Ice cream, water ice	8.7	86.0	96.8	35.0	200.0
11-05-01. Ice cream	7.4	93.3	101.8	28.7	200.0
11-05-02. Sorbet	0.2	50.0	75.4	50.0	147.0
11-05-03. Water ice	1.1	55.0	57.8	35.0	105.0
12. Cakes	63.0	55.0	75.4	10.0	203.0
12-01. Cakes, pies, pastries, etc.	39.6	60.0	82.8	20.0	225.0
12-02. Dry cakes, biscuits	38.4	30.0	38.5	7.0	100.0
13. Non-alcoholic beverages	99.9	1596.6	1752.8	703.7	3270.0
13-00. Unclassified	0.9	125.0	196.2	4.4	600.0
13-01. Fruit and vegetable juices	34.7	241.7	304.2	4.0	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	44.7	483.4	606.4	166.7	1546.4
13-03. Coffee, tea and herbal teas	92.7	787.5	874.6	188.3	1910.0
13-03-01. Coffee	74.6	533.2	585.1	133.3	1320.0
13-03-02. Tea	48.1	416.7	568.5	144.4	1475.0
13-03-03. Herbal tea	18.5	375.0	541.0	150.0	1500.0
13-03-04. Chicory, substitutes	0.3	4.5	213.0	1.8	750.0
13-04. Waters	75.8	550.0	740.8	66.7	2006.3
14. Alcoholic beverages	39.0	300.0	533.3	47.5	1680.0
14-00. Unclassified	0.0	420.0	420.0	420.0	420.0
14-01. Wine	20.0	240.0	274.8	80.0	725.0
14-02. Fortified wines (sherry, port, vermouth)	2.9	75.0	77.7	0.9	216.6
14-03. Beer, cider	15.8	600.0	916.4	250.0	2550.0
14-04. Spirits, brandy	4.1	57.0	75.0	3.8	152.0
14-05. Aniseed drinks (pastis,..)	0.1	50.0	50.0	50.0	50.0
14-06. Liqueurs	1.9	55.0	97.7	11.0	531.5
14-07. Cocktails, punches	0.3	168.7	196.9	20.0	550.0
15. Condiments and sauces	71.2	32.0	46.6	3.9	136.6
15-01. Sauces	66.2	33.5	48.0	5.1	138.6
15-01-00. Unclassified and other sauces	34.2	28.0	42.2	3.2	113.0

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	18.6	17.6	41.1	1.6	160.0
15-01-02. Dressing sauces	17.2	17.0	21.6	3.6	51.1
15-01-03. Mayonnaises and similars	23.5	18.8	24.8	3.5	69.8
15-01-04. Dessert sauces	0.9	22.5	20.8	7.5	30.0
15-02. Yeast	0.3	10.0	14.1	2.5	30.0
15-04. Condiments	13.2	5.0	10.3	0.6	36.0
16. Soups, bouillon	23.5	250.0	267.6	38.8	600.0
16-01. Soups	20.3	259.0	285.6	157.5	647.5
16-02. Bouillon	3.5	71.9	136.0	12.4	400.0
17. Miscellaneous	26.6	60.0	79.1	1.0	229.0
17-00. Unclassified	1.2	75.2	78.4	13.8	189.0
17-01. Soya products	3.8	133.3	161.0	16.0	440.0
17-02. Dietetic products	12.0	4.0	27.1	1.0	100.0
17-02-00. Unclassified	0.9	200.0	308.7	26.0	772.5
17-02-01. Artificial sweeteners	11.4	4.0	5.3	1.0	14.0
17-03. Snacks	11.4	75.0	94.1	34.0	183.6

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	53.8	143.0	169.9	45.0	310.6
01-01. Potatoes	53.7	143.0	170.1	46.1	311.0
01-02. Other tubers	0.1	108.2	75.0	39.3	108.2
02. Vegetables	83.1	137.5	152.3	20.0	334.1
02-01. Leafy vegetables (except cabbages)	25.8	60.0	93.2	14.0	243.0
02-02. Fruiting vegetables	45.0	66.5	88.6	5.2	232.4
02-03. Root vegetables	13.9	32.9	67.4	2.7	228.0
02-04. Cabbages	17.6	131.4	126.1	9.7	250.0
02-05. Mushrooms	7.3	23.4	31.1	4.2	86.9
02-06. Grain and pod vegetables	4.0	60.0	69.0	10.0	160.0
02-07. Onion, garlic	33.2	22.6	35.6	2.1	117.3
02-08. Stalk vegetables, sprouts	5.0	11.9	28.2	2.9	145.0
02-09. Mixed salad, mixed vegetables	13.5	74.2	95.0	7.6	251.7
03. Legumes	2.2	106.6	118.8	16.7	240.0
03-01. Legumes	2.2	106.6	118.8	16.7	240.0
04. Fruits, nuts and olives	63.0	148.4	179.3	10.4	446.0
04-01. Fruits	55.5	153.0	186.5	8.0	447.5
04-02. Nuts and seeds (+nut spread)	18.8	30.0	42.1	5.0	100.0
04-03. Mixed fruits	1.0	100.0	114.2	24.2	250.0
04-04. Olives	2.1	12.0	17.3	2.0	48.0
05. Dairy products	95.2	324.0	395.8	24.0	995.6
05-01. Milk	49.9	283.3	342.9	15.0	816.5
05-02. Milk beverages	7.8	274.7	292.4	109.9	601.0
05-03. Yoghurt	37.3	216.0	264.7	100.0	540.2
05-04. Fromage blanc, petits suisses	3.4	175.0	174.0	38.2	300.0
05-05. Cheese (including fresh cheeses)	69.1	44.0	53.3	13.0	129.0
05-06. Cream desserts, puddings (milk based)	16.9	192.3	178.3	60.0	288.4
05-07. Dairy and non-dairy creams	9.8	19.8	24.9	3.0	73.6
05-07-01. Dairy creams	9.6	18.8	24.6	3.0	73.6
05-07-02. Non-dairy creams	0.2	36.0	40.0	2.7	63.2
05-08. Milk for coffee and creamers	31.7	20.0	27.7	3.2	75.0
06. Cereals and cereal products	97.9	175.0	205.8	65.0	441.1
06-01. Flour, flakes, starches, semolina	5.4	3.6	6.2	0.6	23.1
06-02. Pasta, rice, other grain	25.5	158.5	171.3	45.9	360.0
06-03. Bread, crisp bread, rusks	95.7	135.0	141.8	40.0	280.0
06-03-01. Bread	93.1	135.0	140.9	45.0	280.0
06-03-02. Crispbread, rusks	23.5	15.0	19.1	5.0	50.0
06-04. Breakfast cereals	13.4	40.0	42.4	10.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	21.3	33.0	44.6	6.0	120.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.1	131.6	133.1	25.8	277.1
07. Meat and meat products	88.9	111.0	128.6	20.0	310.0
07-01. Fresh meat	41.8	88.5	108.9	23.3	264.0
07-01-00. Unclassified	9.7	83.3	94.0	21.8	191.0
07-01-01. Beef	17.6	80.0	93.9	23.1	210.0
07-01-02. Veal	0.3	73.5	103.6	20.3	234.0
07-01-03. Pork	15.3	105.1	119.1	19.1	280.0
07-01-04. Mutton/Lamb	1.0	125.0	124.9	36.5	240.0
07-01-05. Horse	0.1	139.3	149.9	139.3	175.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	17.9	78.4	94.0	6.4	232.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	17.5	76.0	92.4	6.4	234.0
07-02-02. Turkey, young turkey	0.2	80.0	82.2	20.0	178.0
07-02-03. Duck	0.2	136.8	147.0	78.9	228.0

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	218.0	187.6	144.4	218.0
07-03. Game	0.3	112.0	97.7	42.0	188.0
07-04. Processed meat	69.5	52.0	74.3	12.0	204.0
07-05. Offals	0.2	87.5	60.5	4.4	105.0
08. Fish and shellfish	16.7	80.0	102.9	8.0	280.0
08-01. Fish	12.5	82.4	101.2	9.6	280.0
08-02. Crustaceans, molluscs	3.9	27.1	41.3	4.8	150.0
08-03. Fish products, fish in crumbs	2.0	145.0	142.3	26.0	217.5
09. Eggs and egg products	25.9	45.0	50.1	5.7	135.0
09-01. Egg	25.9	45.0	50.1	5.7	135.0
10. Fat	93.5	25.2	28.6	3.6	67.0
10-00. Unclassified	10.6	12.8	15.5	1.0	39.9
10-01. Vegetable oils	29.0	7.1	9.8	0.9	27.4
10-02. Butter	13.6	12.0	17.8	2.2	50.0
10-03. Margarines	78.4	19.4	23.2	2.8	55.7
10-04. Deep frying fats	7.1	22.6	22.7	4.8	47.1
10-06. Other animal fat	0.5	8.6	10.5	2.6	27.0
11. Sugar and confectionery	73.1	34.0	54.4	4.0	169.4
11-00. Unclassified	0.3	5.0	7.2	0.9	15.0
11-01. Sugar, honey ,jam	45.9	20.0	24.7	1.7	70.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	30.5	20.0	34.8	6.0	110.0
11-03. Confectionery non-chocolate	22.7	10.0	19.7	1.0	56.0
11-04. Syrup	11.4	20.0	37.4	5.6	100.0
11-05. Ice cream, water ice	8.9	86.0	101.7	50.0	200.0
11-05-01. Ice cream	8.1	93.3	106.1	50.0	204.0
11-05-02. Sorbet	0.1	75.0	71.8	25.0	100.0
11-05-03. Water ice	0.7	55.0	58.5	50.0	100.0
12. Cakes	61.1	54.0	75.1	10.0	216.0
12-01. Cakes, pies, pastries, etc.	38.1	65.0	86.8	20.0	234.0
12-02. Dry cakes, biscuits	37.2	26.0	34.5	8.0	90.0
13. Non-alcoholic beverages	100.0	1680.0	1797.7	666.5	3380.0
13-00. Unclassified	0.7	300.0	418.4	73.7	1200.0
13-01. Fruit and vegetable juices	33.0	241.7	284.0	1.0	725.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	45.5	483.3	585.3	166.7	1475.1
13-03. Coffee, tea and herbal teas	94.0	800.1	886.6	220.0	1810.0
13-03-01. Coffee	81.5	562.0	649.7	133.3	1466.5
13-03-02. Tea	43.0	399.9	545.9	150.0	1375.0
13-03-03. Herbal tea	12.9	408.3	515.0	133.3	1210.0
13-03-04. Chicory, substitutes	0.5	376.6	497.6	3.0	1375.0
13-04. Waters	75.1	580.0	800.2	66.7	2185.0
14. Alcoholic beverages	39.5	330.0	553.4	50.0	1800.0
14-00. Unclassified	0.1	72.0	71.3	50.0	93.3
14-01. Wine	18.4	246.7	287.8	92.5	616.7
14-02. Fortified wines (sherry, port, vermouth)	4.0	80.0	82.1	0.9	216.7
14-03. Beer, cider	16.8	600.0	921.8	266.6	2800.0
14-04. Spirits, brandy	5.7	76.0	104.1	23.8	285.0
14-05. Aniseed drinks (pastis,..)	0.1	30.0	51.5	30.0	76.7
14-06. Liqueurs	1.5	66.0	89.6	22.0	203.5
14-07. Cocktails, punches	0.1	290.0	266.7	96.6	290.0
15. Condiments and sauces	70.4	32.3	45.1	4.2	132.3
15-01. Sauces	66.3	32.6	46.0	5.2	132.1
15-01-00. Unclassified and other sauces	35.8	31.9	42.4	4.0	119.2



**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	15.6	20.0	36.4	2.1	132.8
15-01-02. Dressing sauces	16.3	18.9	24.2	3.0	69.8
15-01-03. Mayonnaises and similars	22.1	17.7	24.9	3.9	75.0
15-01-04. Dessert sauces	0.7	19.0	29.2	5.0	87.5
15-02. Yeast	0.1	5.0	12.2	5.0	20.0
15-04. Condiments	11.9	6.0	10.8	0.9	48.0
16. Soups, bouillon	22.6	259.0	285.9	37.8	647.5
16-01. Soups	19.1	259.0	310.9	175.0	647.5
16-02. Bouillon	4.2	89.6	127.6	12.4	308.3
17. Miscellaneous	30.1	12.0	53.6	1.0	208.0
17-00. Unclassified	0.3	94.0	85.4	47.0	94.0
17-01. Soya products	1.6	140.0	210.2	16.0	500.0
17-02. Dietetic products	20.1	5.0	11.6	1.0	24.0
17-02-00. Unclassified	1.1	38.2	106.7	13.0	600.0
17-02-01. Artificial sweeteners	19.2	5.0	6.1	1.0	16.0
17-03. Snacks	11.0	70.0	91.9	31.0	210.0

**Table 4.4.b** Food consumption (food groups and subgroups) on consumption days of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	p5 g/day	p95 g/day
01. Potatoes and other tubers	54.1	150.0	178.3	53.9	369.2
01-01. Potatoes	54.1	150.0	178.6	53.9	369.2
01-02. Other tubers	0.1	15.9	15.9	15.9	15.9
02. Vegetables	74.0	98.0	108.4	14.5	247.6
02-01. Leafy vegetables (except cabbages)	16.4	47.3	65.7	7.5	174.0
02-02. Fruiting vegetables	39.1	51.0	70.3	6.1	185.3
02-03. Root vegetables	11.1	72.0	80.2	2.0	228.0
02-04. Cabbages	15.1	97.3	102.5	9.7	216.0
02-05. Mushrooms	6.5	14.3	19.7	4.4	42.8
02-06. Grain and pod vegetables	4.0	60.0	51.3	1.6	120.0
02-07. Onion, garlic	25.4	20.0	29.4	2.6	85.5
02-08. Stalk vegetables, sprouts	2.8	10.3	15.1	2.0	50.0
02-09. Mixed salad, mixed vegetables	11.4	42.8	55.6	3.7	162.0
03. Legumes	1.7	105.0	111.1	16.0	210.0
03-01. Legumes	1.7	105.0	111.1	16.0	210.0
04. Fruits, nuts and olives	59.0	128.4	138.5	14.4	323.0
04-01. Fruits	48.8	128.4	147.5	16.4	325.3
04-02. Nuts and seeds (+nut spread)	20.8	30.0	40.3	10.0	107.5
04-03. Mixed fruits	1.0	120.0	130.5	36.4	291.6
04-04. Olives	0.5	7.6	8.5	0.5	20.0
05. Dairy products	91.9	408.6	465.6	47.3	1075.5
05-01. Milk	58.7	283.3	346.1	41.4	824.1
05-02. Milk beverages	12.5	226.6	274.1	128.8	566.6
05-03. Yoghurt	36.5	252.0	313.8	100.8	803.0
05-04. Fromage blanc, petits suisses	3.9	63.0	113.7	40.0	300.0
05-05. Cheese (including fresh cheeses)	48.3	42.0	50.8	10.2	124.7
05-06. Cream desserts, puddings (milk based)	23.0	192.3	192.3	73.3	336.5
05-07. Dairy and non-dairy creams	8.3	20.0	23.0	5.1	64.0
05-07-01. Dairy creams	8.2	20.0	23.0	5.1	64.0
05-07-02. Non-dairy creams	0.0	26.0	26.0	26.0	26.0
05-08. Milk for coffee and creamers	4.2	11.0	23.3	4.0	50.8
06. Cereals and cereal products	99.2	194.8	219.5	70.0	466.7
06-01. Flour, flakes, starches, semolina	3.4	2.2	4.8	0.7	19.0
06-02. Pasta, rice, other grain	25.4	140.0	157.1	45.0	320.0
06-03. Bread, crisp bread, rusks	95.6	140.0	150.7	45.0	300.0
06-03-01. Bread	94.8	140.0	149.4	45.0	300.0
06-03-02. Crispbread, rusks	15.9	10.0	15.1	3.0	40.0
06-04. Breakfast cereals	13.5	40.0	46.6	16.2	90.0
06-05. Salty biscuits, aperitif biscuits, crackers	35.6	40.0	53.4	11.0	150.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.3	121.9	130.4	17.4	277.1
07. Meat and meat products	87.9	97.8	113.7	18.8	268.0
07-01. Fresh meat	36.0	76.0	88.2	16.6	204.8
07-01-00. Unclassified	10.6	65.9	76.5	16.6	178.0
07-01-01. Beef	13.0	67.5	76.0	17.0	178.0
07-01-02. Veal	0.3	73.5	69.7	36.8	80.0
07-01-03. Pork	12.8	78.8	96.4	14.3	230.4
07-01-04. Mutton/Lamb	1.0	91.8	112.1	10.5	240.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	14.7	76.0	80.3	6.0	178.0

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-00. Unclassified and other poultry	0.1	75.0	75.0	75.0	75.0
07-02-01. Chicken, hen	14.3	77.4	81.2	6.0	178.0
07-02-02. Turkey, young turkey	0.3	45.0	38.9	4.3	75.5
07-02-03. Duck	0.0	.	.	.	.
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	28.0	46.4	28.0	76.0
07-04. Processed meat	69.8	66.2	80.8	12.0	200.0
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	8.6	75.0	89.3	11.1	230.5
08-01. Fish	4.7	48.2	81.3	11.1	201.0
08-02. Crustaceans, molluscs	2.1	31.9	46.9	4.8	116.0
08-03. Fish products, fish in crumbs	2.4	126.0	122.8	16.9	328.0
09. Eggs and egg products	20.0	45.0	43.7	4.2	100.0
09-01. Egg	20.0	45.0	43.7	4.2	100.0
10. Fat	91.5	24.0	27.5	2.6	66.4
10-00. Unclassified	12.6	17.2	17.8	2.6	42.4
10-01. Vegetable oils	24.7	6.0	9.1	0.7	30.0
10-02. Butter	10.2	12.0	17.4	2.0	53.0
10-03. Margarines	75.1	18.0	21.9	2.2	54.0
10-04. Deep frying fats	10.2	20.9	23.2	4.0	48.8
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	90.3	66.6	87.0	9.0	221.4
11-00. Unclassified	0.1	2.0	1.8	1.5	2.0
11-01. Sugar, honey ,jam	40.2	12.0	20.2	1.7	65.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	57.6	30.0	38.6	7.5	100.0
11-03. Confectionery non-chocolate	49.7	16.0	27.3	2.0	93.0
11-04. Syrup	38.2	30.5	46.3	9.0	125.0
11-05. Ice cream, water ice	18.6	75.0	91.1	36.0	183.0
11-05-01. Ice cream	14.2	75.0	92.4	40.0	183.0
11-05-02. Sorbet	0.2	50.0	71.8	50.0	100.0
11-05-03. Water ice	5.0	55.0	73.8	35.0	162.0
12. Cakes	73.4	59.0	79.1	10.0	230.0
12-01. Cakes, pies, pastries, etc.	37.3	69.0	91.1	20.0	270.0
12-02. Dry cakes, biscuits	55.0	35.0	43.7	8.0	100.0
13. Non-alcoholic beverages	99.7	1053.4	1144.9	386.6	2228.4
13-00. Unclassified	0.2	44.4	106.9	26.8	300.0
13-01. Fruit and vegetable juices	38.3	250.0	335.0	7.2	800.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	76.5	523.3	661.4	166.7	1500.0
13-03. Coffee, tea and herbal teas	32.2	247.5	305.7	110.0	719.5
13-03-01. Coffee	9.0	263.3	316.9	53.3	799.8
13-03-02. Tea	21.4	220.0	276.6	112.5	564.9
13-03-03. Herbal tea	4.4	188.3	240.1	112.5	450.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	74.0	430.0	551.7	50.0	1508.4
14. Alcoholic beverages	6.3	330.0	968.3	1.6	3900.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.8	86.7	122.8	2.0	433.2
14-02. Fortified wines (sherry, port, vermouth)	1.1	1.6	1.9	0.7	4.6
14-03. Beer, cider	4.5	600.0	1305.0	200.0	5640.0
14-04. Spirits, brandy	0.3	72.8	54.1	3.8	91.8
14-05. Aniseed drinks (pastis,..)	0.1	30.0	30.0	30.0	30.0
14-06. Liqueurs	0.4	53.2	45.4	4.4	88.0

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
14-07. Cocktails, punches	0.3	153.4	221.2	125.0	500.0
15. Condiments and sauces	70.4	32.5	45.4	4.3	125.8
15-01. Sauces	67.8	33.3	46.0	4.8	127.5
15-01-00. Unclassified and other sauces	31.4	25.0	39.3	2.8	112.1
15-01-01. Tomato sauces	25.5	23.9	34.2	4.2	99.8
15-01-02. Dressing sauces	15.5	20.9	24.8	3.3	69.8
15-01-03. Mayonnaises and similars	20.7	23.3	29.7	3.9	81.5
15-01-04. Dessert sauces	1.1	15.0	18.0	10.0	36.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	9.5	5.0	8.1	1.0	24.5
16. Soups, bouillon	13.2	239.7	251.9	18.6	630.0
16-01. Soups	11.3	259.0	285.0	105.0	647.5
16-02. Bouillon	2.2	32.6	56.8	10.0	288.8
17. Miscellaneous	18.6	70.5	110.0	2.0	360.0
17-00. Unclassified	0.5	47.0	40.8	16.2	86.3
17-01. Soya products	2.2	160.0	259.7	20.0	675.2
17-02. Dietetic products	2.9	2.0	12.2	0.2	40.0
17-02-00. Unclassified	0.6	27.0	50.9	25.9	248.9
17-02-01. Artificial sweeteners	2.3	2.0	2.3	0.2	6.0
17-03. Snacks	13.7	75.0	103.9	31.0	240.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	53.0	150.0	176.7	50.0	325.0
01-01. Potatoes	53.0	150.0	176.6	50.0	325.0
01-02. Other tubers	0.3	18.7	18.7	18.7	18.7
02. Vegetables	73.9	98.0	118.8	17.8	305.3
02-01. Leafy vegetables (except cabbages)	20.3	58.9	76.1	3.5	225.0
02-02. Fruiting vegetables	41.6	60.0	77.6	3.0	197.0
02-03. Root vegetables	8.7	44.2	91.9	4.0	230.0
02-04. Cabbages	14.0	98.0	106.4	5.4	240.0
02-05. Mushrooms	5.5	17.4	20.0	3.5	37.5
02-06. Grain and pod vegetables	5.0	35.2	41.7	2.2	91.0
02-07. Onion, garlic	22.7	22.2	31.4	1.0	95.0
02-08. Stalk vegetables, sprouts	1.2	10.3	34.6	7.3	75.0
02-09. Mixed salad, mixed vegetables	9.8	56.6	65.7	6.8	162.0
03. Legumes	2.2	97.1	134.1	58.9	227.5
03-01. Legumes	2.2	97.1	134.1	58.9	227.5
04. Fruits, nuts and olives	58.5	128.4	161.6	20.0	420.0
04-01. Fruits	48.4	130.0	175.7	25.0	421.9
04-02. Nuts and seeds (+nut spread)	21.8	20.0	39.6	5.7	105.0
04-03. Mixed fruits	0.7	100.0	100.0	100.0	100.0
04-04. Olives	0.5	8.0	8.0	8.0	8.0
05. Dairy products	91.8	353.9	430.3	24.0	969.9
05-01. Milk	47.6	283.3	343.1	15.5	741.6
05-02. Milk beverages	16.2	206.0	270.0	137.3	497.8
05-03. Yoghurt	35.0	225.0	327.8	100.8	891.0
05-04. Fromage blanc, petits suisses	1.4	80.0	103.6	50.0	225.0
05-05. Cheese (including fresh cheeses)	50.6	44.0	51.5	13.0	117.4
05-06. Cream desserts, puddings (milk based)	24.1	192.3	181.1	61.6	325.0
05-07. Dairy and non-dairy creams	8.5	13.5	16.3	4.1	35.7
05-07-01. Dairy creams	8.5	13.5	16.3	4.1	35.7
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	6.0	14.0	13.2	4.5	20.0
06. Cereals and cereal products	99.6	186.3	220.4	67.0	461.0
06-01. Flour, flakes, starches, semolina	3.9	1.7	10.1	1.2	80.0
06-02. Pasta, rice, other grain	24.4	138.7	168.7	52.9	402.0
06-03. Bread, crisp bread, rusks	96.5	140.0	153.7	48.0	315.0
06-03-01. Bread	95.0	140.0	153.3	50.0	315.0
06-03-02. Crispbread, rusks	14.8	13.0	18.4	1.0	42.0
06-04. Breakfast cereals	9.9	52.5	52.5	20.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	31.9	32.0	42.5	4.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	8.3	125.0	131.5	14.1	320.3
07. Meat and meat products	91.9	102.1	118.6	27.2	300.0
07-01. Fresh meat	40.1	77.4	88.3	15.0	237.2
07-01-00. Unclassified	12.8	60.2	76.3	11.2	178.0
07-01-01. Beef	10.4	84.0	89.1	17.7	178.0
07-01-02. Veal	0.9	75.5	106.7	75.5	141.2
07-01-03. Pork	15.9	78.8	90.9	17.9	290.0
07-01-04. Mutton/Lamb	0.9	79.2	96.6	79.2	125.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	16.2	80.0	80.9	3.8	187.5
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	16.2	80.0	80.9	3.8	187.5
07-02-02. Turkey, young turkey	0.0	.	.	.	.
07-02-03. Duck	0.0	.	.	.	.

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	73.5	56.3	81.8	13.3	212.0
07-05. Offals	0.3	105.0	105.0	105.0	105.0
08. Fish and shellfish	9.1	51.8	78.0	5.0	280.0
08-01. Fish	6.3	36.5	56.4	5.2	180.0
08-02. Crustaceans, molluscs	1.9	100.0	66.7	5.0	147.4
08-03. Fish products, fish in crumbs	2.0	90.0	116.6	22.5	201.0
09. Eggs and egg products	18.2	37.5	43.4	4.4	100.0
09-01. Egg	18.2	37.5	43.4	4.4	100.0
10. Fat	91.6	19.2	25.6	1.2	65.3
10-00. Unclassified	8.6	18.0	19.7	1.2	47.6
10-01. Vegetable oils	31.2	6.0	8.8	0.9	23.3
10-02. Butter	7.7	11.7	13.0	3.0	32.4
10-03. Margarines	75.3	14.2	20.7	1.7	56.4
10-04. Deep frying fats	9.0	30.9	27.1	6.0	41.0
10-06. Other animal fat	0.0	.	.	.	.
11. Sugar and confectionery	85.8	64.6	81.8	6.0	209.0
11-00. Unclassified	0.0	.	.	.	.
11-01. Sugar, honey ,jam	33.6	13.6	19.9	3.0	62.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	45.6	28.0	36.5	5.0	100.0
11-03. Confectionery non-chocolate	44.9	17.0	29.4	2.0	90.0
11-04. Syrup	36.6	36.0	48.4	9.0	143.8
11-05. Ice cream, water ice	18.3	75.0	87.4	37.5	225.0
11-05-01. Ice cream	12.7	75.0	92.1	30.8	225.0
11-05-02. Sorbet	0.3	125.0	125.0	125.0	125.0
11-05-03. Water ice	6.0	55.0	65.4	8.8	100.0
12. Cakes	72.9	55.0	72.7	14.0	200.0
12-01. Cakes, pies, pastries, etc.	37.9	60.0	77.4	20.0	200.0
12-02. Dry cakes, biscuits	55.5	33.0	42.6	10.0	108.0
13. Non-alcoholic beverages	97.6	1125.0	1253.1	480.4	2570.3
13-00. Unclassified	1.0	500.0	341.4	25.1	500.0
13-01. Fruit and vegetable juices	37.1	241.7	329.3	90.0	741.7
13-02. Carbonated/soft/isotonic drinks, diluted syrups	77.2	608.3	723.2	153.3	1741.7
13-03. Coffee, tea and herbal teas	29.0	266.6	317.3	57.0	825.0
13-03-01. Coffee	11.2	188.3	237.0	3.0	586.7
13-03-02. Tea	18.6	275.0	306.2	100.0	750.0
13-03-03. Herbal tea	2.8	187.5	296.5	150.0	550.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	74.5	483.4	600.3	75.0	1643.5
14. Alcoholic beverages	4.2	560.0	529.2	2.0	1500.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	0.5	200.0	200.0	200.0	200.0
14-02. Fortified wines (sherry, port, vermouth)	0.7	3.6	2.9	2.0	3.6
14-03. Beer, cider	2.7	800.0	789.4	300.0	1500.0
14-04. Spirits, brandy	0.0	.	.	.	.
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	0.4	53.2	53.2	53.2	53.2
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	75.7	33.5	43.7	6.2	116.6
15-01. Sauces	71.2	34.9	44.5	5.7	116.6
15-01-00. Unclassified and other sauces	37.5	25.0	39.0	2.7	99.0

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	26.4	25.0	35.2	3.3	125.0
15-01-02. Dressing sauces	11.8	23.3	21.0	2.9	40.0
15-01-03. Mayonnaises and similars	20.2	20.8	25.3	4.4	77.6
15-01-04. Dessert sauces	0.8	21.0	18.4	15.0	21.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	11.3	7.7	12.3	1.8	36.0
16. Soups, bouillon	15.3	259.0	287.9	175.0	582.8
16-01. Soups	13.8	259.0	297.1	175.0	630.0
16-02. Bouillon	1.5	225.0	201.2	39.7	450.0
17. Miscellaneous	21.8	68.0	73.7	1.0	220.0
17-00. Unclassified	0.9	72.4	131.8	72.4	200.0
17-01. Soya products	1.2	70.5	106.0	68.3	182.0
17-02. Dietetic products	8.4	2.4	3.3	0.1	8.0
17-02-00. Unclassified	0.0	.	.	.	.
17-02-01. Artificial sweeteners	8.4	2.4	3.3	0.1	8.0
17-03. Snacks	11.3	119.0	117.5	59.5	242.5

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.5	140.0	139.4	36.5	281.4
01-01. Potatoes	54.5	140.0	139.2	36.5	280.0
01-02. Other tubers	0.2	26.8	69.8	26.8	120.0
02. Vegetables	75.8	86.5	97.8	12.7	227.0
02-01. Leafy vegetables (except cabbages)	18.4	40.8	63.1	9.5	176.0
02-02. Fruiting vegetables	43.3	51.0	65.4	6.5	172.0
02-03. Root vegetables	10.8	44.3	68.8	2.0	180.0
02-04. Cabbages	13.8	86.4	91.5	9.7	180.0
02-05. Mushrooms	6.7	13.6	19.2	4.2	41.8
02-06. Grain and pod vegetables	4.3	48.0	48.2	8.5	91.0
02-07. Onion, garlic	26.1	13.6	22.7	1.9	73.3
02-08. Stalk vegetables, sprouts	2.2	11.1	19.0	4.6	45.0
02-09. Mixed salad, mixed vegetables	9.0	34.7	49.5	6.4	133.3
03. Legumes	2.2	93.3	103.0	26.6	210.0
03-01. Legumes	2.2	93.3	103.0	26.6	210.0
04. Fruits, nuts and olives	63.9	128.4	145.0	15.4	365.0
04-01. Fruits	55.8	130.0	154.3	18.1	370.0
04-02. Nuts and seeds (+nut spread)	18.1	20.0	27.9	7.5	65.0
04-03. Mixed fruits	1.2	90.0	123.1	20.0	454.5
04-04. Olives	0.8	10.0	14.0	1.9	48.0
05. Dairy products	92.6	355.0	397.9	24.0	877.2
05-01. Milk	53.3	257.5	314.9	15.0	680.0
05-02. Milk beverages	16.4	214.6	276.4	109.9	600.0
05-03. Yoghurt	36.8	216.0	270.2	100.0	590.4
05-04. Fromage blanc, petits suisses	2.7	90.0	108.4	40.0	200.0
05-05. Cheese (including fresh cheeses)	53.3	29.0	41.1	10.0	109.0
05-06. Cream desserts, puddings (milk based)	17.6	150.0	162.0	51.5	269.2
05-07. Dairy and non-dairy creams	9.7	15.7	20.8	3.0	50.0
05-07-01. Dairy creams	9.5	15.7	20.8	3.0	50.0
05-07-02. Non-dairy creams	0.2	20.2	21.1	12.0	29.4
05-08. Milk for coffee and creamers	2.7	10.0	17.0	1.0	58.3
06. Cereals and cereal products	99.4	156.1	176.6	50.3	365.0
06-01. Flour, flakes, starches, semolina	4.0	2.0	4.9	0.3	25.0
06-02. Pasta, rice, other grain	24.4	110.0	124.2	33.7	265.4
06-03. Bread, crisp bread, rusks	96.7	105.0	120.3	35.0	244.0
06-03-01. Bread	95.0	105.0	118.2	35.0	237.0
06-03-02. Crispbread, rusks	22.5	13.0	17.8	3.3	50.0
06-04. Breakfast cereals	14.9	40.0	43.9	13.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	36.1	30.0	41.2	6.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	6.4	104.5	115.2	17.0	268.0
07. Meat and meat products	86.8	84.0	94.5	15.0	212.2
07-01. Fresh meat	34.5	67.8	72.7	13.3	176.0
07-01-00. Unclassified	11.0	60.0	61.5	13.3	120.0
07-01-01. Beef	14.4	60.5	70.2	19.1	176.0
07-01-02. Veal	0.1	17.5	17.5	17.5	17.5
07-01-03. Pork	10.1	76.0	77.1	8.6	178.0
07-01-04. Mutton/Lamb	0.4	125.0	117.5	9.2	176.0
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	15.8	74.2	75.8	9.0	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	15.6	73.9	75.2	9.0	178.0
07-02-02. Turkey, young turkey	0.3	112.0	111.4	19.0	224.0
07-02-03. Duck	0.0	.	.	.	.



Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	264.0	264.0	264.0	264.0
07-04. Processed meat	65.6	60.0	68.5	9.7	173.0
07-05. Offals	0.1	9.2	9.2	9.2	9.2
08. Fish and shellfish	8.2	60.0	74.4	9.8	201.0
08-01. Fish	4.7	56.3	67.8	9.8	201.0
08-02. Crustaceans, molluscs	1.2	13.0	32.2	4.3	204.0
08-03. Fish products, fish in crumbs	2.5	80.0	99.2	21.6	201.0
09. Eggs and egg products	20.0	32.4	36.5	4.2	90.0
09-01. Egg	20.0	32.4	36.5	4.2	90.0
10. Fat	91.6	18.5	21.2	2.0	48.1
10-00. Unclassified	13.3	11.6	14.0	1.5	31.4
10-01. Vegetable oils	24.7	5.0	7.4	0.6	23.6
10-02. Butter	11.8	10.0	14.1	0.8	40.0
10-03. Margarines	75.8	12.9	16.2	1.5	36.8
10-04. Deep frying fats	9.5	17.2	18.7	5.9	35.9
10-06. Other animal fat	0.3	6.2	7.9	5.2	13.0
11. Sugar and confectionery	91.2	58.0	72.5	7.5	188.0
11-00. Unclassified	0.1	0.8	1.5	0.8	3.0
11-01. Sugar, honey ,jam	38.1	10.8	17.9	1.7	50.2
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	58.2	26.0	34.6	6.0	92.0
11-03. Confectionery non-chocolate	53.1	14.0	23.0	2.0	70.0
11-04. Syrup	30.7	25.0	38.6	6.8	121.3
11-05. Ice cream, water ice	18.4	70.0	82.6	35.0	180.0
11-05-01. Ice cream	13.4	75.0	81.1	37.5	150.0
11-05-02. Sorbet	0.3	100.0	82.6	50.0	100.0
11-05-03. Water ice	5.7	55.0	70.3	34.0	187.5
12. Cakes	76.9	50.0	73.0	10.0	200.0
12-01. Cakes, pies, pastries, etc.	37.7	65.0	87.0	20.0	230.0
12-02. Dry cakes, biscuits	59.5	30.0	39.3	8.0	99.0
13. Non-alcoholic beverages	99.6	1013.3	1103.7	400.0	2109.2
13-00. Unclassified	0.3	300.0	245.0	10.5	488.3
13-01. Fruit and vegetable juices	40.1	241.7	318.8	79.1	700.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	70.4	483.4	565.1	166.7	1233.5
13-03. Coffee, tea and herbal teas	37.0	275.0	382.3	116.7	953.3
13-03-01. Coffee	6.0	150.7	216.4	53.3	550.0
13-03-02. Tea	28.9	275.0	352.2	123.8	907.5
13-03-03. Herbal tea	8.0	250.0	335.9	112.5	825.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	78.6	435.0	549.5	50.0	1416.5
14. Alcoholic beverages	4.4	193.3	306.8	1.6	700.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.3	153.3	173.1	48.9	533.3
14-02. Fortified wines (sherry, port, vermouth)	0.6	1.6	31.1	0.3	153.3
14-03. Beer, cider	1.1	364.0	756.2	300.0	1960.0
14-04. Spirits, brandy	0.6	31.7	49.1	2.4	186.8
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.2	73.4	102.6	13.2	229.5
14-07. Cocktails, punches	0.8	166.7	206.6	20.0	550.0
15. Condiments and sauces	70.5	25.0	35.9	3.9	103.1
15-01. Sauces	67.0	26.0	36.8	4.2	103.2
15-01-00. Unclassified and other sauces	27.6	24.8	34.4	2.4	97.7

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.7	15.3	26.9	3.1	91.2
15-01-02. Dressing sauces	16.9	15.0	19.4	2.5	48.5
15-01-03. Mayonnaises and similars	23.4	17.0	22.3	3.9	69.8
15-01-04. Dessert sauces	1.3	15.0	24.1	5.0	60.0
15-02. Yeast	0.0	5.0	5.0	5.0	5.0
15-04. Condiments	9.9	4.5	7.0	0.8	22.0
16. Soups, bouillon	13.3	210.0	248.7	17.0	582.8
16-01. Soups	11.3	259.0	275.4	129.5	630.0
16-02. Bouillon	2.3	32.6	76.8	8.8	275.0
17. Miscellaneous	17.6	70.0	79.8	2.0	192.0
17-00. Unclassified	0.6	94.0	83.4	30.7	94.0
17-01. Soya products	2.0	60.0	104.4	20.0	400.0
17-02. Dietetic products	3.2	3.2	18.9	0.4	250.0
17-02-00. Unclassified	0.5	30.4	105.0	1.0	250.0
17-02-01. Artificial sweeteners	2.7	2.0	3.6	0.4	8.0
17-03. Snacks	12.7	70.0	85.4	31.5	153.0

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	57.7	140.0	148.5	47.0	303.3
01-01. Potatoes	57.7	140.0	148.5	47.0	303.3
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	74.0	98.0	113.8	16.6	250.0
02-01. Leafy vegetables (except cabbages)	13.7	60.0	78.5	16.0	203.8
02-02. Fruiting vegetables	42.4	58.7	73.3	6.3	201.0
02-03. Root vegetables	13.6	96.0	86.4	4.0	203.0
02-04. Cabbages	16.4	78.0	94.7	11.4	180.0
02-05. Mushrooms	7.1	16.2	19.8	4.1	36.0
02-06. Grain and pod vegetables	3.1	60.0	62.3	15.0	199.9
02-07. Onion, garlic	28.0	18.5	26.4	2.8	71.3
02-08. Stalk vegetables, sprouts	2.7	5.5	14.3	1.7	50.0
02-09. Mixed salad, mixed vegetables	8.7	27.3	46.4	3.7	120.6
03. Legumes	2.9	57.4	69.7	18.4	210.0
03-01. Legumes	2.9	57.4	69.7	18.4	210.0
04. Fruits, nuts and olives	66.4	128.4	136.3	14.4	306.0
04-01. Fruits	59.6	128.4	142.9	17.5	306.0
04-02. Nuts and seeds (+nut spread)	12.4	20.0	22.7	10.0	50.0
04-03. Mixed fruits	2.1	90.0	114.7	7.5	270.0
04-04. Olives	1.0	11.1	14.2	9.9	20.0
05. Dairy products	89.2	335.8	403.0	24.0	957.1
05-01. Milk	48.1	265.1	316.6	10.1	746.7
05-02. Milk beverages	16.0	200.0	246.5	120.2	515.0
05-03. Yoghurt	38.3	202.5	290.8	72.0	689.4
05-04. Fromage blanc, petits suisses	2.9	95.0	107.8	50.0	233.3
05-05. Cheese (including fresh cheeses)	56.9	39.0	46.4	10.0	119.0
05-06. Cream desserts, puddings (milk based)	16.7	144.2	152.8	37.0	240.3
05-07. Dairy and non-dairy creams	7.3	8.0	11.3	3.0	32.0
05-07-01. Dairy creams	7.3	8.0	11.3	3.0	32.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	5.0	8.0	9.5	1.6	21.0
06. Cereals and cereal products	98.6	164.0	180.7	60.0	364.0
06-01. Flour, flakes, starches, semolina	4.7	2.4	2.3	0.6	3.8
06-02. Pasta, rice, other grain	21.2	104.7	124.8	23.5	335.3
06-03. Bread, crisp bread, rusks	96.7	115.0	128.1	48.0	245.0
06-03-01. Bread	94.5	105.0	125.2	50.0	240.0
06-03-02. Crispbread, rusks	25.6	20.0	21.3	3.9	50.0
06-04. Breakfast cereals	12.0	40.0	38.0	9.8	60.0
06-05. Salty biscuits, aperitif biscuits, crackers	33.5	32.0	40.5	11.0	99.0
06-06. Dough and pastry (puff, shortcrust, pizza)	7.8	118.1	124.5	21.0	250.2
07. Meat and meat products	91.5	85.0	98.3	15.0	238.0
07-01. Fresh meat	34.6	80.0	83.6	14.9	178.0
07-01-00. Unclassified	7.6	74.8	76.7	17.8	178.0
07-01-01. Beef	15.5	69.1	75.4	14.9	198.0
07-01-02. Veal	0.7	27.6	41.6	7.7	73.5
07-01-03. Pork	12.0	80.0	91.0	15.1	178.0
07-01-04. Mutton/Lamb	0.2	93.8	93.8	93.8	93.8
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	14.1	50.0	63.7	7.4	178.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	13.8	50.0	63.4	7.4	178.0
07-02-02. Turkey, young turkey	0.3	76.0	76.0	76.0	76.0
07-02-03. Duck	0.0	.	.	.	.

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.0	.	.	.	.
07-04. Processed meat	74.2	56.0	70.3	9.6	177.5
07-05. Offals	0.0	.	.	.	.
08. Fish and shellfish	9.2	56.2	70.3	4.3	156.0
08-01. Fish	5.2	47.0	75.6	2.0	280.0
08-02. Crustaceans, molluscs	2.1	35.7	44.3	4.3	75.1
08-03. Fish products, fish in crumbs	1.9	78.0	85.1	52.2	145.0
09. Eggs and egg products	19.6	45.0	39.0	4.9	90.0
09-01. Egg	19.6	45.0	39.0	4.9	90.0
10. Fat	88.2	18.0	21.4	2.6	50.0
10-00. Unclassified	10.0	14.6	13.5	1.6	36.0
10-01. Vegetable oils	23.0	6.3	8.1	0.7	21.8
10-02. Butter	5.7	9.0	12.7	2.0	32.3
10-03. Margarines	77.2	15.7	17.0	1.6	39.4
10-04. Deep frying fats	9.4	17.2	18.5	1.5	42.3
10-06. Other animal fat	1.1	7.2	6.3	4.0	7.2
11. Sugar and confectionery	93.0	50.0	68.8	5.0	190.5
11-00. Unclassified	1.2	1.7	1.6	0.8	2.3
11-01. Sugar, honey ,jam	38.9	10.0	15.3	0.9	55.4
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	52.7	22.0	31.4	7.5	70.0
11-03. Confectionery non-chocolate	50.6	12.0	17.5	2.0	54.0
11-04. Syrup	40.0	25.0	46.1	6.3	157.6
11-05. Ice cream, water ice	16.8	75.0	84.5	35.0	175.0
11-05-01. Ice cream	11.7	86.0	93.7	23.0	183.0
11-05-02. Sorbet	0.4	50.0	50.0	50.0	50.0
11-05-03. Water ice	5.4	55.0	55.9	35.0	105.0
12. Cakes	72.3	50.0	65.7	10.0	171.0
12-01. Cakes, pies, pastries, etc.	34.1	54.0	75.8	20.0	200.0
12-02. Dry cakes, biscuits	53.7	30.0	40.2	10.0	94.0
13. Non-alcoholic beverages	99.2	1001.7	1147.8	408.3	2311.1
13-00. Unclassified	0.3	375.0	375.0	375.0	375.0
13-01. Fruit and vegetable juices	41.1	250.0	325.7	20.8	727.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	64.1	450.0	573.6	153.3	1460.0
13-03. Coffee, tea and herbal teas	35.4	275.0	361.1	106.7	990.0
13-03-01. Coffee	7.4	150.7	210.2	70.0	452.1
13-03-02. Tea	23.2	233.3	303.7	112.5	694.4
13-03-03. Herbal tea	8.5	462.5	490.4	160.0	1100.0
13-03-04. Chicory, substitutes	0.0	.	.	.	.
13-04. Waters	81.0	500.0	628.1	75.0	1708.2
14. Alcoholic beverages	5.8	276.0	1038.6	0.9	5100.0
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	1.5	231.3	566.3	16.5	1741.9
14-02. Fortified wines (sherry, port, vermouth)	2.8	1.6	43.2	0.7	230.0
14-03. Beer, cider	2.4	1400.0	1951.7	250.0	5100.0
14-04. Spirits, brandy	0.0	.	.	.	.
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.1	159.5	202.2	126.5	319.2
14-07. Cocktails, punches	0.4	275.0	275.0	275.0	275.0
15. Condiments and sauces	65.5	23.9	36.7	4.0	100.5
15-01. Sauces	62.0	25.3	37.9	5.4	108.1
15-01-00. Unclassified and other sauces	32.3	25.0	34.7	2.8	80.0

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	19.3	12.5	20.8	1.9	50.8
15-01-02. Dressing sauces	16.1	18.0	21.4	1.9	53.0
15-01-03. Mayonnaises and similars	19.9	19.7	23.4	2.6	60.0
15-01-04. Dessert sauces	0.8	22.5	23.1	15.0	30.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	7.9	2.4	7.1	0.3	40.0
16. Soups, bouillon	17.5	231.0	234.3	18.6	525.0
16-01. Soups	14.3	259.0	277.3	129.5	647.5
16-02. Bouillon	3.2	20.2	45.3	4.3	185.0
17. Miscellaneous	22.2	51.3	81.8	1.0	405.0
17-00. Unclassified	0.0	.	.	.	.
17-01. Soya products	1.7	300.0	273.2	93.3	586.6
17-02. Dietetic products	9.0	2.0	51.0	1.0	575.0
17-02-00. Unclassified	1.3	55.0	341.2	18.0	772.5
17-02-01. Artificial sweeteners	8.0	2.0	2.7	1.0	6.0
17-03. Snacks	11.9	63.0	76.0	30.0	160.0

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	56.3	194.0	209.4	36.0	410.0
01-01. Potatoes	56.2	194.0	209.5	36.0	410.0
01-02. Other tubers	0.1	150.0	150.0	150.0	150.0
02. Vegetables	84.3	144.0	156.9	19.3	380.0
02-01. Leafy vegetables (except cabbages)	28.1	61.0	88.3	8.2	225.0
02-02. Fruiting vegetables	44.3	69.9	88.4	6.4	236.0
02-03. Root vegetables	15.2	32.4	76.1	3.2	230.0
02-04. Cabbages	16.5	136.0	132.9	8.4	270.0
02-05. Mushrooms	6.9	28.5	32.0	6.9	60.9
02-06. Grain and pod vegetables	3.7	70.5	69.6	13.7	176.3
02-07. Onion, garlic	35.5	26.4	38.1	1.6	112.0
02-08. Stalk vegetables, sprouts	5.0	15.0	42.4	4.6	182.0
02-09. Mixed salad, mixed vegetables	12.8	77.8	111.8	7.4	280.0
03. Legumes	1.9	122.3	164.4	9.5	398.7
03-01. Legumes	1.9	122.3	164.4	9.5	398.7
04. Fruits, nuts and olives	62.9	149.4	170.8	19.5	403.0
04-01. Fruits	52.8	153.0	180.2	6.9	407.6
04-02. Nuts and seeds (+nut spread)	22.8	35.0	46.3	10.0	120.0
04-03. Mixed fruits	1.0	100.0	117.6	8.6	250.0
04-04. Olives	2.4	20.0	27.1	7.8	80.0
05. Dairy products	93.4	357.7	448.0	24.4	1142.7
05-01. Milk	52.8	283.3	389.3	24.7	1000.0
05-02. Milk beverages	8.7	240.3	282.4	128.8	679.8
05-03. Yoghurt	34.3	226.8	263.4	35.0	594.0
05-04. Fromage blanc, petits suisses	2.6	140.0	166.1	48.0	466.6
05-05. Cheese (including fresh cheeses)	66.3	47.4	58.0	13.0	150.0
05-06. Cream desserts, puddings (milk based)	22.9	192.3	196.9	66.3	343.3
05-07. Dairy and non-dairy creams	10.3	20.0	27.2	3.0	64.0
05-07-01. Dairy creams	10.3	20.0	27.2	3.0	64.0
05-07-02. Non-dairy creams	0.0	12.0	12.0	12.0	12.0
05-08. Milk for coffee and creamers	30.3	18.0	23.8	3.0	64.0
06. Cereals and cereal products	97.8	232.5	256.4	79.9	515.7
06-01. Flour, flakes, starches, semolina	5.4	3.7	6.1	1.0	22.7
06-02. Pasta, rice, other grain	27.2	172.0	202.5	67.2	450.0
06-03. Bread, crisp bread, rusks	95.0	168.7	178.4	60.0	345.0
06-03-01. Bread	93.8	170.0	178.1	60.0	345.0
06-03-02. Crispbread, rusks	14.0	14.3	17.6	5.0	40.0
06-04. Breakfast cereals	14.4	40.0	47.2	14.8	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	22.8	40.0	52.2	7.0	138.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.9	119.4	146.4	23.1	333.3
07. Meat and meat products	91.4	120.0	142.3	25.0	322.0
07-01. Fresh meat	42.3	102.0	118.0	23.6	264.0
07-01-00. Unclassified	12.4	82.2	91.2	22.5	182.0
07-01-01. Beef	17.3	112.0	122.0	34.8	264.0
07-01-02. Veal	0.6	105.0	104.9	73.5	147.0
07-01-03. Pork	12.8	93.4	111.9	9.9	264.0
07-01-04. Mutton/Lamb	1.3	150.0	141.9	58.8	240.0
07-01-05. Horse	0.3	264.0	230.0	178.0	264.0
07-01-06. Goat	0.0	76.0	76.0	76.0	76.0
07-02. Poultry	19.0	87.5	101.2	10.7	200.0
07-02-00. Unclassified and other poultry	0.3	76.0	91.2	76.0	112.0
07-02-01. Chicken, hen	18.2	82.3	100.0	10.7	200.0
07-02-02. Turkey, young turkey	0.3	132.0	136.6	112.0	178.0
07-02-03. Duck	0.1	273.6	212.0	149.5	273.6

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	144.4	144.4	144.4	144.4
07-03. Game	0.4	74.7	62.3	13.5	140.0
07-04. Processed meat	71.9	60.0	84.3	14.7	236.0
07-05. Offals	0.2	35.2	82.0	35.2	145.4
08. Fish and shellfish	17.1	79.5	99.2	9.8	250.0
08-01. Fish	11.7	79.6	93.2	10.0	225.0
08-02. Crustaceans, molluscs	3.9	32.0	42.3	9.6	155.0
08-03. Fish products, fish in crumbs	2.7	156.0	162.2	11.9	350.0
09. Eggs and egg products	25.9	45.0	51.5	6.6	135.0
09-01. Egg	25.9	45.0	51.5	6.6	135.0
10. Fat	94.1	32.0	35.8	4.5	82.8
10-00. Unclassified	13.2	11.9	16.6	2.2	44.6
10-01. Vegetable oils	34.0	10.0	13.3	1.0	40.0
10-02. Butter	12.7	14.4	19.2	2.4	49.5
10-03. Margarines	77.5	24.0	29.0	3.6	71.8
10-04. Deep frying fats	8.8	20.2	23.7	3.6	59.4
10-06. Other animal fat	0.3	12.5	13.3	12.5	15.1
11. Sugar and confectionery	84.0	48.6	64.4	6.8	175.0
11-00. Unclassified	0.2	2.3	2.6	2.3	3.0
11-01. Sugar, honey ,jam	62.7	23.8	31.6	3.4	83.6
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	37.3	25.0	36.4	10.0	100.0
11-03. Confectionery non-chocolate	24.5	15.0	26.0	1.5	80.0
11-04. Syrup	15.8	20.0	35.9	2.5	120.8
11-05. Ice cream, water ice	8.3	93.3	104.6	49.0	200.0
11-05-01. Ice cream	7.7	93.3	104.9	49.0	200.0
11-05-02. Sorbet	0.1	147.0	147.0	147.0	147.0
11-05-03. Water ice	0.7	55.0	68.9	54.0	125.0
12. Cakes	57.6	60.0	81.2	13.3	225.5
12-01. Cakes, pies, pastries, etc.	36.5	60.0	87.7	20.0	240.0
12-02. Dry cakes, biscuits	35.1	31.0	42.0	7.0	108.0
13. Non-alcoholic beverages	99.7	1479.3	1653.2	650.1	3160.0
13-00. Unclassified	1.0	300.0	272.9	29.8	660.0
13-01. Fruit and vegetable juices	31.9	241.7	340.9	1.3	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	49.4	483.4	645.3	187.5	1546.6
13-03. Coffee, tea and herbal teas	90.0	750.1	834.8	188.3	1694.7
13-03-01. Coffee	79.5	559.9	661.0	133.3	1439.9
13-03-02. Tea	38.8	300.0	462.5	144.4	1125.0
13-03-03. Herbal tea	10.3	300.0	435.3	150.0	1100.0
13-03-04. Chicory, substitutes	0.2	375.0	552.6	375.0	750.0
13-04. Waters	66.9	500.0	698.1	54.9	2000.0
14. Alcoholic beverages	47.5	462.5	706.4	55.0	2100.0
14-00. Unclassified	0.1	420.0	420.0	420.0	420.0
14-01. Wine	15.7	241.7	296.0	83.3	725.0
14-02. Fortified wines (sherry, port, vermouth)	2.8	86.7	74.1	0.9	180.0
14-03. Beer, cider	29.4	600.0	953.6	300.0	2600.0
14-04. Spirits, brandy	5.7	47.5	71.0	3.8	152.0
14-05. Aniseed drinks (pastis,..)	0.1	50.0	50.0	50.0	50.0
14-06. Liqueurs	1.5	44.0	116.2	6.0	531.5
14-07. Cocktails, punches	0.3	275.0	232.4	153.3	275.0
15. Condiments and sauces	75.2	39.6	55.6	4.5	156.9
15-01. Sauces	70.8	43.2	56.6	5.8	156.9
15-01-00. Unclassified and other sauces	36.5	33.5	46.3	3.2	120.0

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	23.0	21.3	46.1	1.9	175.0
15-01-02. Dressing sauces	17.6	19.8	24.9	2.4	66.9
15-01-03. Mayonnaises and similars	26.8	23.3	29.7	5.2	71.6
15-01-04. Dessert sauces	1.1	22.5	20.3	7.5	30.0
15-02. Yeast	0.6	10.0	16.5	5.0	30.0
15-04. Condiments	13.8	6.5	11.8	0.6	50.0
16. Soups, bouillon	24.3	259.0	298.1	39.2	647.6
16-01. Soups	21.5	259.0	321.1	160.0	647.6
16-02. Bouillon	3.2	51.2	111.4	13.0	400.0
17. Miscellaneous	25.8	63.0	83.3	2.0	214.0
17-00. Unclassified	1.2	94.0	94.4	37.5	189.0
17-01. Soya products	1.8	100.0	172.9	23.1	550.0
17-02. Dietetic products	9.5	6.0	31.7	1.0	34.0
17-02-00. Unclassified	0.6	400.0	393.4	10.0	824.0
17-02-01. Artificial sweeteners	9.1	6.0	6.6	1.0	14.0
17-03. Snacks	14.6	80.0	97.5	42.5	180.0



Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	57.1	180.0	189.5	62.0	366.0
01-01. Potatoes	57.1	180.0	189.5	62.0	366.0
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	83.1	142.7	154.6	23.4	345.0
02-01. Leafy vegetables (except cabbages)	25.8	60.0	93.5	11.2	243.0
02-02. Fruiting vegetables	43.9	66.7	90.0	5.7	237.0
02-03. Root vegetables	12.7	29.4	68.0	2.2	228.0
02-04. Cabbages	17.4	136.0	136.6	10.0	281.9
02-05. Mushrooms	7.0	27.5	33.2	6.4	86.9
02-06. Grain and pod vegetables	4.2	60.0	71.9	10.0	200.0
02-07. Onion, garlic	33.3	25.1	38.6	2.1	125.7
02-08. Stalk vegetables, sprouts	4.9	11.2	24.3	3.5	45.0
02-09. Mixed salad, mixed vegetables	13.2	82.5	98.2	7.6	255.5
03. Legumes	2.3	140.0	135.3	18.0	275.0
03-01. Legumes	2.3	140.0	135.3	18.0	275.0
04. Fruits, nuts and olives	60.7	144.5	178.9	10.8	442.7
04-01. Fruits	52.0	153.0	187.5	7.0	446.0
04-02. Nuts and seeds (+nut spread)	19.7	35.0	48.8	10.0	140.0
04-03. Mixed fruits	0.9	90.0	127.3	24.2	332.0
04-04. Olives	1.8	15.4	21.4	1.9	100.0
05. Dairy products	95.4	347.5	425.7	28.0	1070.0
05-01. Milk	50.5	283.3	379.0	15.9	995.6
05-02. Milk beverages	8.9	283.3	309.0	120.2	680.0
05-03. Yoghurt	36.4	237.6	267.6	100.0	540.0
05-04. Fromage blanc, petits suisses	2.8	186.7	188.8	60.0	300.0
05-05. Cheese (including fresh cheeses)	67.1	48.0	58.0	18.1	144.0
05-06. Cream desserts, puddings (milk based)	18.8	192.3	184.4	61.2	288.4
05-07. Dairy and non-dairy creams	7.6	20.0	24.0	3.0	64.0
05-07-01. Dairy creams	7.6	20.0	24.0	3.0	64.0
05-07-02. Non-dairy creams	0.0	.	.	.	.
05-08. Milk for coffee and creamers	33.1	20.0	28.2	3.0	81.0
06. Cereals and cereal products	98.0	200.4	227.6	70.0	480.7
06-01. Flour, flakes, starches, semolina	5.1	3.6	5.0	0.6	13.3
06-02. Pasta, rice, other grain	24.5	172.0	190.1	60.0	403.0
06-03. Bread, crisp bread, rusks	96.0	140.0	158.8	47.5	305.0
06-03-01. Bread	94.7	140.0	156.9	50.0	300.0
06-03-02. Crispbread, rusks	20.3	14.7	19.3	5.0	52.0
06-04. Breakfast cereals	12.5	40.0	48.4	16.7	100.0
06-05. Salty biscuits, aperitif biscuits, crackers	20.6	40.0	49.6	7.0	138.0
06-06. Dough and pastry (puff, shortcrust, pizza)	5.3	151.8	141.5	25.9	301.1
07. Meat and meat products	90.3	130.0	149.1	30.0	332.0
07-01. Fresh meat	43.1	103.6	122.6	26.7	278.0
07-01-00. Unclassified	10.2	89.5	106.2	29.3	235.3
07-01-01. Beef	17.2	84.8	103.9	25.5	264.0
07-01-02. Veal	0.4	73.5	123.8	73.5	234.0
07-01-03. Pork	16.6	112.0	131.2	22.3	320.0
07-01-04. Mutton/Lamb	1.2	125.0	145.1	76.0	240.0
07-01-05. Horse	0.1	139.3	139.3	139.3	139.3
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.7	80.5	102.0	6.4	232.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	18.1	80.0	99.9	6.0	232.0
07-02-02. Turkey, young turkey	0.3	21.8	77.7	20.0	178.0
07-02-03. Duck	0.2	228.0	183.9	136.8	228.0

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.2	218.0	187.6	144.4	218.0
07-03. Game	0.4	112.0	94.3	42.0	188.0
07-04. Processed meat	74.0	60.0	84.1	14.7	220.0
07-05. Offals	0.1	87.5	91.4	87.5	105.0
08. Fish and shellfish	17.6	88.5	104.8	8.0	280.0
08-01. Fish	13.1	88.5	101.1	12.0	280.0
08-02. Crustaceans, molluscs	4.1	17.5	35.6	4.8	130.7
08-03. Fish products, fish in crumbs	2.6	145.0	141.6	2.5	210.0
09. Eggs and egg products	24.7	45.0	51.0	4.9	135.0
09-01. Egg	24.7	45.0	51.0	4.9	135.0
10. Fat	95.1	30.0	32.8	4.2	73.0
10-00. Unclassified	11.8	13.4	16.7	1.4	42.6
10-01. Vegetable oils	30.2	8.4	10.7	1.1	27.4
10-02. Butter	12.7	14.0	19.3	2.4	51.0
10-03. Margarines	80.6	24.0	26.6	3.4	63.0
10-04. Deep frying fats	8.2	23.6	24.3	3.7	48.2
10-06. Other animal fat	0.7	12.5	11.5	2.6	27.0
11. Sugar and confectionery	73.3	40.0	60.5	4.6	187.6
11-00. Unclassified	0.3	5.0	10.4	2.3	50.0
11-01. Sugar, honey ,jam	50.8	22.4	28.4	2.0	75.0
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	30.9	23.7	38.0	7.0	116.0
11-03. Confectionery non-chocolate	20.8	10.0	21.9	1.0	86.7
11-04. Syrup	10.9	30.0	41.5	5.6	106.3
11-05. Ice cream, water ice	8.8	100.0	103.4	50.0	200.0
11-05-01. Ice cream	8.2	100.0	106.7	50.0	200.0
11-05-02. Sorbet	0.1	100.0	100.0	100.0	100.0
11-05-03. Water ice	0.5	55.0	55.6	55.0	59.0
12. Cakes	58.4	60.0	80.2	10.0	230.0
12-01. Cakes, pies, pastries, etc.	36.9	67.3	94.1	20.0	250.0
12-02. Dry cakes, biscuits	34.2	30.0	35.5	8.0	90.0
13. Non-alcoholic beverages	99.9	1590.1	1712.2	633.4	3255.0
13-00. Unclassified	1.2	300.0	418.4	73.7	1200.0
13-01. Fruit and vegetable juices	31.6	241.7	283.3	1.1	700.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	49.1	483.4	611.9	166.7	1475.0
13-03. Coffee, tea and herbal teas	94.0	799.4	866.4	220.0	1745.0
13-03-01. Coffee	86.2	610.0	688.5	133.3	1529.8
13-03-02. Tea	37.5	375.0	496.4	150.0	1187.5
13-03-03. Herbal tea	7.8	300.0	441.8	133.3	1312.5
13-03-04. Chicory, substitutes	0.2	376.6	366.7	301.3	376.6
13-04. Waters	68.8	500.0	728.1	33.3	2050.0
14. Alcoholic beverages	47.7	400.0	672.7	72.8	2100.0
14-00. Unclassified	0.2	72.0	71.3	50.0	93.3
14-01. Wine	16.8	246.7	281.6	108.3	625.0
14-02. Fortified wines (sherry, port, vermouth)	3.4	80.0	82.5	0.9	216.7
14-03. Beer, cider	27.6	600.0	941.4	280.0	3000.0
14-04. Spirits, brandy	8.6	85.5	105.9	36.4	285.0
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	1.1	66.0	106.8	22.0	363.0
14-07. Cocktails, punches	0.0	.	.	.	.
15. Condiments and sauces	72.4	36.0	47.9	4.7	131.8
15-01. Sauces	68.0	37.0	48.8	5.8	130.6
15-01-00. Unclassified and other sauces	37.6	34.0	44.4	4.4	119.0

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	16.2	18.7	32.8	2.6	104.9
15-01-02. Dressing sauces	15.1	21.2	27.2	3.0	74.5
15-01-03. Mayonnaises and similars	23.6	20.6	29.2	3.9	93.1
15-01-04. Dessert sauces	0.9	15.0	22.2	5.0	45.0
15-02. Yeast	0.0	.	.	.	.
15-04. Condiments	13.6	8.0	10.8	0.9	40.1
16. Soups, bouillon	22.0	262.5	300.7	45.6	660.0
16-01. Soups	18.6	288.8	325.8	175.0	660.0
16-02. Bouillon	3.9	91.4	141.6	18.6	308.3
17. Miscellaneous	26.6	18.0	51.9	1.0	167.0
17-00. Unclassified	0.3	87.5	81.7	47.0	94.0
17-01. Soya products	0.8	100.0	183.3	21.3	500.0
17-02. Dietetic products	16.0	6.0	7.3	1.0	23.0
17-02-00. Unclassified	0.4	38.0	33.0	23.0	38.2
17-02-01. Artificial sweeteners	15.7	6.0	6.6	1.0	18.0
17-03. Snacks	11.8	70.0	93.3	34.0	210.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	54.0	140.0	142.8	31.0	305.9
01-01. Potatoes	54.0	140.0	142.8	31.0	305.9
01-02. Other tubers	0.0	.	.	.	.
02. Vegetables	86.3	136.0	155.8	20.0	349.0
02-01. Leafy vegetables (except cabbages)	27.0	60.0	78.1	13.3	225.0
02-02. Fruiting vegetables	49.7	66.8	92.6	6.6	237.3
02-03. Root vegetables	16.9	50.0	84.5	2.7	230.0
02-04. Cabbages	19.2	100.5	115.5	20.0	243.0
02-05. Mushrooms	9.1	25.5	32.5	8.3	75.0
02-06. Grain and pod vegetables	4.2	60.0	70.7	8.6	173.3
02-07. Onion, garlic	34.3	19.2	28.4	1.3	88.0
02-08. Stalk vegetables, sprouts	5.4	17.0	49.0	4.4	178.0
02-09. Mixed salad, mixed vegetables	12.3	78.4	101.3	9.0	300.0
03. Legumes	3.0	103.3	126.3	25.4	233.0
03-01. Legumes	3.0	103.3	126.3	25.4	233.0
04. Fruits, nuts and olives	71.7	154.3	188.2	15.0	448.8
04-01. Fruits	64.2	160.5	196.6	19.6	449.8
04-02. Nuts and seeds (+nut spread)	20.4	20.0	33.4	3.6	85.0
04-03. Mixed fruits	1.6	100.0	90.3	13.7	150.0
04-04. Olives	3.0	16.0	18.5	3.8	40.0
05. Dairy products	94.9	302.6	344.9	25.4	850.6
05-01. Milk	49.2	248.9	279.3	15.0	703.9
05-02. Milk beverages	8.5	257.5	269.0	127.5	566.6
05-03. Yoghurt	39.3	201.6	237.6	65.0	522.0
05-04. Fromage blanc, petits suisses	4.5	125.0	131.4	24.0	400.0
05-05. Cheese (including fresh cheeses)	68.7	39.0	48.6	12.0	126.0
05-06. Cream desserts, puddings (milk based)	15.3	144.2	158.7	48.1	283.3
05-07. Dairy and non-dairy creams	10.8	12.0	24.6	3.0	86.4
05-07-01. Dairy creams	10.7	12.0	24.6	3.0	86.4
05-07-02. Non-dairy creams	0.2	20.0	13.0	1.5	20.0
05-08. Milk for coffee and creamers	29.3	16.0	24.7	2.0	66.0
06. Cereals and cereal products	98.8	160.5	183.7	45.0	382.9
06-01. Flour, flakes, starches, semolina	5.4	3.6	10.0	0.2	49.9
06-02. Pasta, rice, other grain	25.4	120.0	145.7	58.0	320.0
06-03. Bread, crisp bread, rusks	96.2	119.0	124.1	35.0	242.1
06-03-01. Bread	91.6	115.0	124.3	35.0	240.0
06-03-02. Crispbread, rusks	28.1	20.0	19.8	6.5	48.0
06-04. Breakfast cereals	19.0	40.0	42.2	18.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	27.0	38.0	41.3	6.0	100.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.6	109.8	117.5	16.4	321.2
07. Meat and meat products	83.9	89.6	100.0	15.0	218.0
07-01. Fresh meat	37.0	76.8	89.2	17.1	178.0
07-01-00. Unclassified	8.3	61.6	76.7	15.2	178.0
07-01-01. Beef	18.0	79.8	85.8	26.3	178.0
07-01-02. Veal	0.7	76.0	114.5	42.6	178.0
07-01-03. Pork	11.2	78.8	90.8	10.8	200.0
07-01-04. Mutton/Lamb	0.6	28.6	62.7	12.5	158.4
07-01-05. Horse	0.0	.	.	.	.
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	18.1	76.0	80.8	6.4	178.0
07-02-00. Unclassified and other poultry	0.1	10.7	10.7	10.7	10.7
07-02-01. Chicken, hen	17.2	76.0	80.4	6.4	178.0
07-02-02. Turkey, young turkey	0.7	70.0	55.2	15.0	93.8
07-02-03. Duck	0.1	262.0	262.0	262.0	262.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.1	125.0	125.0	125.0	125.0
07-03. Game	0.2	178.0	125.0	49.0	178.0
07-04. Processed meat	60.1	40.0	59.4	9.4	157.0
07-05. Offals	0.4	67.3	76.4	30.0	210.0
08. Fish and shellfish	18.0	78.3	92.2	7.9	201.0
08-01. Fish	13.2	76.0	85.7	10.0	200.0
08-02. Crustaceans, molluscs	3.5	27.0	51.8	6.0	180.0
08-03. Fish products, fish in crumbs	2.5	130.5	140.0	45.0	300.0
09. Eggs and egg products	22.8	45.0	45.6	5.4	100.0
09-01. Egg	22.8	45.0	45.6	5.4	100.0
10. Fat	92.0	20.6	24.0	3.5	55.3
10-00. Unclassified	10.1	11.6	12.5	1.1	29.6
10-01. Vegetable oils	30.3	7.5	11.1	1.1	29.9
10-02. Butter	14.3	12.0	17.8	3.0	44.0
10-03. Margarines	74.3	15.3	18.8	2.8	45.5
10-04. Deep frying fats	5.8	13.7	14.9	3.4	31.0
10-06. Other animal fat	0.4	8.7	7.4	5.2	11.8
11. Sugar and confectionery	82.0	36.3	53.3	4.0	164.7
11-00. Unclassified	0.6	1.5	1.6	0.8	3.0
11-01. Sugar, honey ,jam	51.4	15.0	22.8	1.7	73.3
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	38.7	20.0	29.3	7.0	86.0
11-03. Confectionery non-chocolate	27.5	12.7	22.4	1.0	80.0
11-04. Syrup	17.8	20.0	35.9	5.0	105.0
11-05. Ice cream, water ice	9.0	75.0	90.5	35.0	183.0
11-05-01. Ice cream	7.3	93.3	98.8	28.7	183.0
11-05-02. Sorbet	0.3	50.0	58.4	50.0	100.0
11-05-03. Water ice	1.5	55.0	53.3	35.0	59.0
12. Cakes	67.8	50.0	71.1	10.0	192.0
12-01. Cakes, pies, pastries, etc.	42.3	60.0	79.0	20.0	205.0
12-02. Dry cakes, biscuits	41.3	30.0	35.8	7.0	90.0
13. Non-alcoholic beverages	100.0	1717.5	1840.5	753.2	3321.7
13-00. Unclassified	0.9	82.5	121.5	4.4	330.0
13-01. Fruit and vegetable juices	37.1	210.0	276.4	22.5	720.0
13-02. Carbonated/soft/isotonic drinks, diluted syrups	40.6	418.3	564.5	166.7	1546.4
13-03. Coffee, tea and herbal teas	95.0	800.7	907.9	188.3	2000.0
13-03-01. Coffee	70.2	458.3	509.2	120.0	1066.8
13-03-02. Tea	56.3	500.0	633.1	150.0	1800.0
13-03-03. Herbal tea	25.7	375.0	578.5	150.0	1650.0
13-03-04. Chicory, substitutes	0.5	4.5	108.5	1.8	550.0
13-04. Waters	83.6	600.0	771.0	70.0	2041.7
14. Alcoholic beverages	31.6	216.6	303.2	45.9	833.4
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	23.8	208.3	262.4	75.0	740.0
14-02. Fortified wines (sherry, port, vermouth)	3.0	65.0	80.7	0.9	216.6
14-03. Beer, cider	3.9	300.0	670.7	200.0	2100.0
14-04. Spirits, brandy	2.8	76.0	82.1	3.3	183.6
14-05. Aniseed drinks (pastis,..)	0.0	.	.	.	.
14-06. Liqueurs	2.2	55.0	86.8	11.0	275.0
14-07. Cocktails, punches	0.2	20.0	150.4	20.0	550.0
15. Condiments and sauces	67.6	24.1	37.8	3.5	113.0
15-01. Sauces	62.2	25.0	39.4	4.7	116.3
15-01-00. Unclassified and other sauces	32.1	24.0	38.2	3.4	107.6

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	14.6	12.5	34.3	1.6	137.4
15-01-02. Dressing sauces	16.9	15.8	18.6	3.9	40.8
15-01-03. Mayonnaises and similars	20.5	13.2	19.1	2.6	48.5
15-01-04. Dessert sauces	0.7	22.5	21.5	7.5	31.5
15-02. Yeast	0.1	2.5	5.8	2.5	10.0
15-04. Condiments	12.7	4.8	8.8	0.6	27.4
16. Soups, bouillon	22.7	210.0	238.8	32.6	498.8
16-01. Soups	19.3	245.0	250.6	157.5	475.0
16-02. Bouillon	3.8	150.7	154.2	12.4	300.0
17. Miscellaneous	27.3	41.3	75.6	1.0	250.0
17-00. Unclassified	1.3	72.4	65.4	12.3	151.0
17-01. Soya products	5.6	136.0	157.6	16.0	376.6
17-02. Dietetic products	14.2	4.0	24.4	1.0	143.0
17-02-00. Unclassified	1.1	200.0	265.9	26.0	600.0
17-02-01. Artificial sweeteners	13.4	4.0	4.6	1.0	12.0
17-03. Snacks	8.5	70.0	88.8	34.0	187.5

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
01. Potatoes and other tubers	50.1	140.0	144.6	37.1	260.6
01-01. Potatoes	49.8	140.0	144.9	37.1	260.9
01-02. Other tubers	0.3	108.2	75.0	39.3	108.2
02. Vegetables	83.2	134.8	149.7	17.0	324.0
02-01. Leafy vegetables (except cabbages)	25.7	66.7	92.8	14.0	243.0
02-02. Fruiting vegetables	46.3	66.5	87.1	5.0	227.9
02-03. Root vegetables	15.3	36.0	66.9	2.7	228.0
02-04. Cabbages	17.8	106.8	114.5	9.4	240.0
02-05. Mushrooms	7.6	19.6	28.8	4.1	90.0
02-06. Grain and pod vegetables	3.8	60.0	65.4	10.0	120.0
02-07. Onion, garlic	33.0	20.0	32.1	1.9	115.4
02-08. Stalk vegetables, sprouts	5.1	13.2	32.3	2.5	145.0
02-09. Mixed salad, mixed vegetables	13.9	71.0	91.6	6.0	228.0
03. Legumes	2.0	91.0	98.0	14.2	220.3
03-01. Legumes	2.0	91.0	98.0	14.2	220.3
04. Fruits, nuts and olives	65.7	150.0	179.8	10.0	447.5
04-01. Fruits	59.5	153.0	185.6	10.5	447.5
04-02. Nuts and seeds (+nut spread)	17.7	25.0	33.7	3.4	100.0
04-03. Mixed fruits	1.2	100.0	103.8	8.6	235.7
04-04. Olives	2.5	10.3	13.9	2.8	36.0
05. Dairy products	95.0	303.3	361.8	22.0	854.9
05-01. Milk	49.2	257.5	301.2	15.0	755.3
05-02. Milk beverages	6.5	274.6	266.9	103.0	463.5
05-03. Yoghurt	38.4	216.0	261.6	100.0	540.2
05-04. Fromage blanc, petits suisses	4.1	150.0	162.3	33.2	250.0
05-05. Cheese (including fresh cheeses)	71.3	39.1	48.3	13.0	119.9
05-06. Cream desserts, puddings (milk based)	14.8	154.5	169.6	60.0	283.3
05-07. Dairy and non-dairy creams	12.2	17.0	25.4	3.0	80.0
05-07-01. Dairy creams	11.9	16.7	25.0	3.0	80.0
05-07-02. Non-dairy creams	0.4	36.0	40.0	2.7	63.2
05-08. Milk for coffee and creamers	30.2	19.2	27.1	4.2	69.0
06. Cereals and cereal products	97.9	159.0	181.2	60.0	378.0
06-01. Flour, flakes, starches, semolina	5.7	3.6	7.3	0.6	29.8
06-02. Pasta, rice, other grain	26.6	139.6	151.7	35.2	320.0
06-03. Bread, crisp bread, rusks	95.3	110.0	122.4	35.0	245.0
06-03-01. Bread	91.3	105.0	122.2	45.0	245.0
06-03-02. Crispbread, rusks	27.2	17.0	18.9	5.0	40.0
06-04. Breakfast cereals	14.4	39.4	36.6	10.0	80.0
06-05. Salty biscuits, aperitif biscuits, crackers	22.1	25.0	39.4	5.0	118.0
06-06. Dough and pastry (puff, shortcrust, pizza)	4.7	130.1	122.5	22.1	227.6
07. Meat and meat products	87.3	93.8	104.7	16.0	249.0
07-01. Fresh meat	40.3	80.0	92.3	21.6	205.0
07-01-00. Unclassified	9.2	79.6	78.7	20.7	163.5
07-01-01. Beef	18.0	76.0	83.2	22.6	178.0
07-01-02. Veal	0.2	73.5	62.4	20.3	73.5
07-01-03. Pork	13.7	88.5	102.5	16.2	240.0
07-01-04. Mutton/Lamb	0.8	93.8	91.5	28.6	125.0
07-01-05. Horse	0.0	175.0	175.0	175.0	175.0
07-01-06. Goat	0.0	.	.	.	.
07-02. Poultry	17.0	68.3	84.1	7.5	234.0
07-02-00. Unclassified and other poultry	0.0	.	.	.	.
07-02-01. Chicken, hen	16.9	66.0	83.3	7.5	234.0
07-02-02. Turkey, young turkey	0.1	80.0	95.9	80.0	112.0
07-02-03. Duck	0.1	78.9	78.9	78.9	78.9

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
07-02-05. Rabbit (domestic)	0.0	.	.	.	.
07-03. Game	0.1	112.0	112.0	112.0	112.0
07-04. Processed meat	64.3	40.0	61.7	10.0	160.0
07-05. Offals	0.2	24.7	47.9	4.4	105.0
08. Fish and shellfish	15.6	77.5	100.5	8.0	303.7
08-01. Fish	11.8	76.0	101.4	8.3	280.0
08-02. Crustaceans, molluscs	3.7	36.0	48.5	4.4	150.0
08-03. Fish products, fish in crumbs	1.4	145.0	143.6	72.5	217.5
09. Eggs and egg products	27.4	45.0	49.3	6.6	129.2
09-01. Egg	27.4	45.0	49.3	6.6	129.2
10. Fat	91.7	20.8	23.8	2.7	54.8
10-00. Unclassified	9.2	11.6	13.8	0.8	29.2
10-01. Vegetable oils	27.7	5.7	8.6	0.7	26.7
10-02. Butter	14.6	12.0	16.4	2.2	48.0
10-03. Margarines	75.9	16.3	19.2	2.2	46.8
10-04. Deep frying fats	5.9	18.2	20.2	6.3	35.9
10-06. Other animal fat	0.3	8.6	7.1	5.2	8.6
11. Sugar and confectionery	72.8	28.7	47.5	3.6	149.5
11-00. Unclassified	0.2	2.3	2.8	0.9	5.0
11-01. Sugar, honey ,jam	40.4	15.0	19.6	1.5	52.5
11-02. Chocolate, candy bars, paste, chocolate confetti/flocks	30.1	20.0	31.0	5.0	106.0
11-03. Confectionery non-chocolate	24.9	10.0	17.6	2.0	50.0
11-04. Syrup	11.9	20.0	33.2	5.0	67.5
11-05. Ice cream, water ice	9.0	80.0	99.7	43.0	238.0
11-05-01. Ice cream	8.0	86.0	105.3	43.0	238.0
11-05-02. Sorbet	0.2	50.0	47.5	25.0	75.0
11-05-03. Water ice	0.9	55.0	60.5	50.0	100.0
12. Cakes	64.1	50.0	69.9	10.0	200.0
12-01. Cakes, pies, pastries, etc.	39.4	60.0	79.2	20.0	210.0
12-02. Dry cakes, biscuits	40.7	25.0	33.4	8.0	90.0
13. Non-alcoholic beverages	100.0	1759.2	1894.0	720.0	3471.7
13-00. Unclassified	0.0	.	.	.	.
13-01. Fruit and vegetable juices	34.7	241.7	284.7	0.9	725.1
13-02. Carbonated/soft/isotonic drinks, diluted syrups	41.3	386.6	549.7	166.7	1500.0
13-03. Coffee, tea and herbal teas	94.1	808.3	909.4	223.4	1925.0
13-03-01. Coffee	76.3	533.3	600.4	130.0	1333.0
13-03-02. Tea	49.2	450.0	588.3	150.0	1500.0
13-03-03. Herbal tea	18.7	452.1	549.5	133.3	1200.0
13-03-04. Chicory, substitutes	0.9	133.3	523.9	3.0	1375.0
13-04. Waters	82.1	676.1	868.3	100.0	2244.0
14. Alcoholic beverages	30.4	246.7	342.3	38.0	933.4
14-00. Unclassified	0.0	.	.	.	.
14-01. Wine	20.3	250.0	293.5	80.0	616.7
14-02. Fortified wines (sherry, port, vermouth)	4.7	86.7	81.7	0.6	216.6
14-03. Beer, cider	4.6	600.0	787.6	165.0	2400.0
14-04. Spirits, brandy	2.4	72.8	96.7	1.6	456.0
14-05. Aniseed drinks (pastis,..)	0.2	30.0	51.5	30.0	76.7
14-06. Liqueurs	1.9	66.0	78.3	2.2	203.5
14-07. Cocktails, punches	0.3	290.0	266.7	96.6	290.0
15. Condiments and sauces	68.3	27.7	41.7	4.0	132.8
15-01. Sauces	64.4	28.6	42.5	4.1	132.7
15-01-00. Unclassified and other sauces	33.7	25.0	39.8	3.7	119.2



**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				p5 g/day	p95 g/day
15-01-01. Tomato sauces	14.8	24.0	40.8	1.5	171.6
15-01-02. Dressing sauces	17.7	15.0	21.2	2.7	57.8
15-01-03. Mayonnaises and similars	20.4	13.6	19.3	3.9	47.7
15-01-04. Dessert sauces	0.5	21.0	42.6	7.5	135.0
15-02. Yeast	0.1	5.0	12.2	5.0	20.0
15-04. Condiments	10.0	4.8	10.8	0.9	50.0
16. Soups, bouillon	23.3	259.0	270.3	32.6	593.3
16-01. Soups	19.6	259.0	295.0	175.0	610.5
16-02. Bouillon	4.5	64.6	114.1	8.7	275.0
17. Miscellaneous	34.0	11.0	55.2	1.0	250.0
17-00. Unclassified	0.4	94.0	88.9	74.4	94.0
17-01. Soya products	2.6	200.0	218.9	16.0	483.3
17-02. Dietetic products	24.8	5.0	14.8	1.0	38.0
17-02-00. Unclassified	1.9	40.0	123.2	13.0	600.0
17-02-01. Artificial sweeteners	23.2	4.0	5.7	0.8	15.0
17-03. Snacks	10.0	68.0	90.0	28.9	212.5

**Table 5.1** Average contribution of places of consumption to total food group consumption of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Total Population (n=3,819)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.7%	19.3%
02 Vegetables	81.2%	18.8%
03 Legumes	85.1%	14.9%
04 Fruits, nuts and olives	66.3%	33.7%
05 Dairy products	78.1%	21.9%
06 Cereals and cereal products	71.4%	28.6%
07 Meat and meat products	75.3%	24.7%
08 Fish and shellfish	63.2%	36.8%
09 Eggs and egg products	77.4%	22.6%
10 Fat	73.0%	27.0%
11 Sugar and confectionery	69.7%	30.3%
12 Cakes	56.9%	43.1%
13 Non-alcoholic beverages	65.0%	35.0%
14 Alcoholic beverages	64.6%	35.4%
15 Condiments and sauces	75.9%	24.1%
16 Soups, bouillon	61.2%	38.8%
17 Miscellaneous	65.3%	34.7%

**Table 5.2.a** Average contribution of places of consumption to total food group consumption of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	81.5%	18.5%
02 Vegetables	85.6%	14.4%
03 Legumes	95.0%	5.0%
04 Fruits, nuts and olives	71.0%	29.0%
05 Dairy products	80.7%	19.3%
06 Cereals and cereal products	70.7%	29.3%
07 Meat and meat products	78.4%	21.6%
08 Fish and shellfish	79.6%	20.4%
09 Eggs and egg products	81.7%	18.3%
10 Fat	72.4%	27.6%
11 Sugar and confectionery	66.1%	33.9%
12 Cakes	52.8%	47.2%
13 Non-alcoholic beverages	62.0%	38.0%
14 Alcoholic beverages	43.2%	56.8%
15 Condiments and sauces	79.5%	20.5%
16 Soups, bouillon	71.8%	28.2%
17 Miscellaneous	66.4%	33.6%

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.5%	19.5%
02 Vegetables	80.3%	19.7%
03 Legumes	83.2%	16.8%
04 Fruits, nuts and olives	65.3%	34.7%
05 Dairy products	77.6%	22.4%
06 Cereals and cereal products	71.6%	28.4%
07 Meat and meat products	74.6%	25.4%
08 Fish and shellfish	61.4%	38.6%
09 Eggs and egg products	76.7%	23.3%
10 Fat	73.1%	26.9%
11 Sugar and confectionery	70.5%	29.5%
12 Cakes	57.9%	42.1%
13 Non-alcoholic beverages	65.6%	34.4%
14 Alcoholic beverages	65.5%	34.5%
15 Condiments and sauces	75.1%	24.9%
16 Soups, bouillon	59.7%	40.3%
17 Miscellaneous	65.1%	34.9%

**Table 5.2.b** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	82.3%	17.7%
02 Vegetables	87.9%	12.1%
03 Legumes	96.7%	3.3%
04 Fruits, nuts and olives	71.9%	28.1%
05 Dairy products	81.6%	18.4%
06 Cereals and cereal products	72.3%	27.7%
07 Meat and meat products	79.4%	20.6%
08 Fish and shellfish	81.2%	18.8%
09 Eggs and egg products	82.8%	17.2%
10 Fat	73.4%	26.6%
11 Sugar and confectionery	67.4%	32.6%
12 Cakes	54.7%	45.3%
13 Non-alcoholic beverages	62.8%	37.2%
14 Alcoholic beverages	51.7%	48.3%
15 Condiments and sauces	80.2%	19.8%
16 Soups, bouillon	71.4%	28.6%
17 Miscellaneous	69.0%	31.0%

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.7%	19.3%
02 Vegetables	83.1%	16.9%
03 Legumes	93.6%	6.4%
04 Fruits, nuts and olives	70.1%	29.9%
05 Dairy products	79.7%	20.3%
06 Cereals and cereal products	69.1%	30.9%
07 Meat and meat products	77.4%	22.6%
08 Fish and shellfish	77.8%	22.2%
09 Eggs and egg products	80.6%	19.4%
10 Fat	71.3%	28.7%
11 Sugar and confectionery	64.7%	35.3%
12 Cakes	50.8%	49.2%
13 Non-alcoholic beverages	61.2%	38.8%
14 Alcoholic beverages	32.6%	67.4%
15 Condiments and sauces	78.8%	21.2%
16 Soups, bouillon	72.1%	27.9%
17 Miscellaneous	63.8%	36.2%

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.0%	20.0%
02 Vegetables	80.8%	19.2%
03 Legumes	90.8%	9.2%
04 Fruits, nuts and olives	60.1%	39.9%
05 Dairy products	75.8%	24.2%
06 Cereals and cereal products	67.4%	32.6%

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
07 Meat and meat products	72.7%	27.3%
08 Fish and shellfish	61.2%	38.8%
09 Eggs and egg products	73.0%	27.0%
10 Fat	69.4%	30.6%
11 Sugar and confectionery	68.4%	31.6%
12 Cakes	60.2%	39.8%
13 Non-alcoholic beverages	62.1%	37.9%
14 Alcoholic beverages	64.3%	35.7%
15 Condiments and sauces	74.3%	25.7%
16 Soups, bouillon	53.6%	46.4%
17 Miscellaneous	60.2%	39.8%

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	81.1%	18.9%
02 Vegetables	79.9%	20.1%
03 Legumes	76.8%	23.2%
04 Fruits, nuts and olives	70.1%	29.9%
05 Dairy products	79.4%	20.6%
06 Cereals and cereal products	75.8%	24.2%
07 Meat and meat products	76.6%	23.4%
08 Fish and shellfish	61.6%	38.4%
09 Eggs and egg products	80.3%	19.7%
10 Fat	76.9%	23.1%
11 Sugar and confectionery	72.7%	27.3%
12 Cakes	55.9%	44.1%
13 Non-alcoholic beverages	69.1%	30.9%
14 Alcoholic beverages	67.2%	32.8%
15 Condiments and sauces	75.9%	24.1%
16 Soups, bouillon	65.7%	34.3%
17 Miscellaneous	69.6%	30.4%

**Table 5.2.c** Average contribution of places of consumption to total food group consumption of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	81.7%	18.3%
02 Vegetables	87.4%	12.6%
03 Legumes	77.1%	22.9%
04 Fruits, nuts and olives	57.1%	42.9%
05 Dairy products	77.2%	22.8%
06 Cereals and cereal products	73.4%	26.6%
07 Meat and meat products	81.8%	18.2%
08 Fish and shellfish	91.5%	8.5%
09 Eggs and egg products	80.5%	19.5%
10 Fat	73.3%	26.7%
11 Sugar and confectionery	63.6%	36.4%
12 Cakes	43.8%	56.2%
13 Non-alcoholic beverages	62.1%	37.9%
14 Alcoholic beverages	100.0%	0.0%
15 Condiments and sauces	79.9%	20.1%
16 Soups, bouillon	74.6%	25.4%
17 Miscellaneous	69.0%	31.0%

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.8%	19.2%
02 Vegetables	87.5%	12.5%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	73.0%	27.0%
05 Dairy products	81.4%	18.6%
06 Cereals and cereal products	74.0%	26.0%
07 Meat and meat products	79.3%	20.7%
08 Fish and shellfish	81.3%	18.7%
09 Eggs and egg products	86.8%	13.2%
10 Fat	73.4%	26.6%
11 Sugar and confectionery	66.7%	33.3%
12 Cakes	55.3%	44.7%
13 Non-alcoholic beverages	62.2%	37.8%
14 Alcoholic beverages	90.3%	9.7%
15 Condiments and sauces	79.9%	20.1%
16 Soups, bouillon	74.5%	25.5%
17 Miscellaneous	68.7%	31.3%

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	78.3%	21.7%
02 Vegetables	83.6%	16.4%
03 Legumes	94.8%	5.2%
04 Fruits, nuts and olives	69.6%	30.4%
05 Dairy products	79.9%	20.1%
06 Cereals and cereal products	71.3%	28.7%

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
07 Meat and meat products	78.1%	21.9%
08 Fish and shellfish	84.1%	15.9%
09 Eggs and egg products	82.3%	17.7%
10 Fat	71.7%	28.3%
11 Sugar and confectionery	65.9%	34.1%
12 Cakes	51.4%	48.6%
13 Non-alcoholic beverages	62.0%	38.0%
14 Alcoholic beverages	88.2%	11.8%
15 Condiments and sauces	80.1%	19.9%
16 Soups, bouillon	72.4%	27.6%
17 Miscellaneous	64.2%	35.8%

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	84.2%	15.8%
02 Vegetables	88.3%	11.7%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	78.6%	21.4%
05 Dairy products	84.0%	16.0%
06 Cereals and cereal products	70.2%	29.8%
07 Meat and meat products	78.3%	21.7%
08 Fish and shellfish	76.7%	23.3%
09 Eggs and egg products	78.2%	21.8%
10 Fat	73.1%	26.9%
11 Sugar and confectionery	70.0%	30.0%
12 Cakes	59.4%	40.6%
13 Non-alcoholic beverages	63.6%	36.4%
14 Alcoholic beverages	44.3%	55.7%
15 Condiments and sauces	80.3%	19.7%
16 Soups, bouillon	66.9%	33.1%
17 Miscellaneous	68.6%	31.4%

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	82.5%	17.5%
02 Vegetables	81.2%	18.8%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	74.9%	25.1%
05 Dairy products	80.3%	19.7%
06 Cereals and cereal products	65.0%	35.0%
07 Meat and meat products	74.9%	25.1%
08 Fish and shellfish	68.2%	31.8%
09 Eggs and egg products	79.5%	20.5%
10 Fat	70.5%	29.5%
11 Sugar and confectionery	63.8%	36.2%
12 Cakes	53.0%	47.0%
13 Non-alcoholic beverages	60.1%	39.9%
14 Alcoholic beverages	20.7%	79.3%
15 Condiments and sauces	77.3%	22.7%

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
16 Soups, bouillon	71.6%	28.4%
17 Miscellaneous	62.8%	37.2%

**Group=Male Adults (19-30 years, n=356)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	71.2%	28.8%
02 Vegetables	74.2%	25.8%
03 Legumes	91.8%	8.2%
04 Fruits, nuts and olives	53.8%	46.2%
05 Dairy products	68.0%	32.0%
06 Cereals and cereal products	58.2%	41.8%
07 Meat and meat products	65.7%	34.3%
08 Fish and shellfish	57.0%	43.0%
09 Eggs and egg products	61.1%	38.9%
10 Fat	62.4%	37.6%
11 Sugar and confectionery	57.1%	42.9%
12 Cakes	49.8%	50.2%
13 Non-alcoholic beverages	53.4%	46.6%
14 Alcoholic beverages	52.3%	47.7%
15 Condiments and sauces	68.3%	31.7%
16 Soups, bouillon	45.1%	54.9%
17 Miscellaneous	48.3%	51.7%

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	75.8%	24.2%
02 Vegetables	76.8%	23.2%
03 Legumes	78.6%	21.4%
04 Fruits, nuts and olives	59.5%	40.5%
05 Dairy products	71.7%	28.3%
06 Cereals and cereal products	67.1%	32.9%
07 Meat and meat products	70.6%	29.4%
08 Fish and shellfish	65.3%	34.7%
09 Eggs and egg products	68.0%	32.0%
10 Fat	70.2%	29.8%
11 Sugar and confectionery	61.7%	38.3%
12 Cakes	45.9%	54.1%
13 Non-alcoholic beverages	62.4%	37.6%
14 Alcoholic beverages	51.8%	48.2%
15 Condiments and sauces	69.9%	30.1%
16 Soups, bouillon	50.4%	49.6%
17 Miscellaneous	62.6%	37.4%



**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	78.3%	21.7%
02 Vegetables	80.5%	19.5%
03 Legumes	93.7%	6.3%
04 Fruits, nuts and olives	51.2%	48.8%
05 Dairy products	73.2%	26.8%
06 Cereals and cereal products	63.4%	36.6%
07 Meat and meat products	70.4%	29.6%
08 Fish and shellfish	58.0%	42.0%
09 Eggs and egg products	71.0%	29.0%
10 Fat	64.9%	35.1%
11 Sugar and confectionery	67.7%	32.3%
12 Cakes	58.8%	41.2%
13 Non-alcoholic beverages	57.6%	42.4%
14 Alcoholic beverages	64.0%	36.0%
15 Condiments and sauces	72.1%	27.9%
16 Soups, bouillon	42.2%	57.8%
17 Miscellaneous	60.7%	39.3%

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	79.0%	21.0%
02 Vegetables	78.4%	21.6%
03 Legumes	75.8%	24.2%
04 Fruits, nuts and olives	64.5%	35.5%
05 Dairy products	78.7%	21.3%
06 Cereals and cereal products	75.7%	24.3%
07 Meat and meat products	76.1%	23.9%
08 Fish and shellfish	61.5%	38.5%
09 Eggs and egg products	83.0%	17.0%
10 Fat	75.5%	24.5%
11 Sugar and confectionery	74.6%	25.4%
12 Cakes	58.4%	41.6%
13 Non-alcoholic beverages	66.3%	33.7%
14 Alcoholic beverages	65.8%	34.2%
15 Condiments and sauces	75.6%	24.4%
16 Soups, bouillon	61.8%	38.2%
17 Miscellaneous	68.2%	31.8%

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	87.1%	12.9%
02 Vegetables	85.2%	14.8%
03 Legumes	88.0%	12.0%
04 Fruits, nuts and olives	75.4%	24.6%
05 Dairy products	84.2%	15.8%
06 Cereals and cereal products	78.4%	21.6%
07 Meat and meat products	80.2%	19.8%
08 Fish and shellfish	67.7%	32.3%
09 Eggs and egg products	82.2%	17.8%
10 Fat	79.8%	20.2%

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
11 Sugar and confectionery	77.6%	22.4%
12 Cakes	67.5%	32.5%
13 Non-alcoholic beverages	73.8%	26.2%
14 Alcoholic beverages	70.1%	29.9%
15 Condiments and sauces	81.5%	18.5%
16 Soups, bouillon	70.9%	29.1%
17 Miscellaneous	66.6%	33.4%

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	86.6%	13.4%
02 Vegetables	83.8%	16.2%
03 Legumes	77.2%	22.8%
04 Fruits, nuts and olives	82.7%	17.3%
05 Dairy products	84.9%	15.1%
06 Cereals and cereal products	81.5%	18.5%
07 Meat and meat products	81.0%	19.0%
08 Fish and shellfish	60.4%	39.6%
09 Eggs and egg products	83.8%	16.2%
10 Fat	83.0%	17.0%
11 Sugar and confectionery	77.3%	22.7%
12 Cakes	58.5%	41.5%
13 Non-alcoholic beverages	77.1%	22.9%
14 Alcoholic beverages	73.1%	26.9%
15 Condiments and sauces	80.0%	20.0%
16 Soups, bouillon	77.6%	22.4%
17 Miscellaneous	76.5%	23.5%

**Table 5.3.a** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.9%	19.1%
02 Vegetables	85.0%	15.0%
03 Legumes	92.4%	7.6%
04 Fruits, nuts and olives	73.3%	26.7%
05 Dairy products	78.7%	21.3%
06 Cereals and cereal products	71.6%	28.4%
07 Meat and meat products	79.5%	20.5%
08 Fish and shellfish	83.8%	16.2%
09 Eggs and egg products	84.6%	15.4%
10 Fat	74.2%	25.8%
11 Sugar and confectionery	67.3%	32.7%
12 Cakes	54.1%	45.9%
13 Non-alcoholic beverages	62.9%	37.1%
14 Alcoholic beverages	56.6%	43.4%
15 Condiments and sauces	82.0%	18.0%
16 Soups, bouillon	69.3%	30.7%
17 Miscellaneous	73.0%	27.0%

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	81.3%	18.7%
02 Vegetables	86.8%	13.2%
03 Legumes	97.8%	2.2%
04 Fruits, nuts and olives	70.2%	29.8%
05 Dairy products	81.0%	19.0%
06 Cereals and cereal products	70.7%	29.3%
07 Meat and meat products	78.5%	21.5%
08 Fish and shellfish	77.4%	22.6%
09 Eggs and egg products	83.5%	16.5%
10 Fat	72.9%	27.1%
11 Sugar and confectionery	65.3%	34.7%
12 Cakes	53.9%	46.1%
13 Non-alcoholic beverages	61.7%	38.3%
14 Alcoholic beverages	33.4%	66.6%
15 Condiments and sauces	78.6%	21.4%
16 Soups, bouillon	71.7%	28.3%
17 Miscellaneous	63.7%	36.3%

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	83.1%	16.9%
02 Vegetables	85.6%	14.4%
03 Legumes	95.5%	4.5%
04 Fruits, nuts and olives	71.0%	29.0%
05 Dairy products	81.6%	18.4%
06 Cereals and cereal products	70.4%	29.6%

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
07 Meat and meat products	78.8%	21.2%
08 Fish and shellfish	83.2%	16.8%
09 Eggs and egg products	80.7%	19.3%
10 Fat	71.6%	28.4%
11 Sugar and confectionery	66.3%	33.7%
12 Cakes	51.0%	49.0%
13 Non-alcoholic beverages	61.4%	38.6%
14 Alcoholic beverages	46.2%	53.8%
15 Condiments and sauces	80.2%	19.8%
16 Soups, bouillon	75.1%	24.9%
17 Miscellaneous	67.1%	32.9%

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	85.4%	14.6%
02 Vegetables	83.9%	16.1%
03 Legumes	90.8%	9.2%
04 Fruits, nuts and olives	72.6%	27.4%
05 Dairy products	82.3%	17.7%
06 Cereals and cereal products	76.6%	23.4%
07 Meat and meat products	79.8%	20.2%
08 Fish and shellfish	70.8%	29.2%
09 Eggs and egg products	77.0%	23.0%
10 Fat	78.2%	21.8%
11 Sugar and confectionery	75.8%	24.2%
12 Cakes	60.6%	39.4%
13 Non-alcoholic beverages	71.7%	28.3%
14 Alcoholic beverages	69.4%	30.6%
15 Condiments and sauces	80.0%	20.0%
16 Soups, bouillon	66.9%	33.1%
17 Miscellaneous	68.5%	31.5%

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	79.3%	20.7%
02 Vegetables	79.5%	20.5%
03 Legumes	83.5%	16.5%
04 Fruits, nuts and olives	61.4%	38.6%
05 Dairy products	75.8%	24.2%
06 Cereals and cereal products	69.5%	30.5%
07 Meat and meat products	72.6%	27.4%
08 Fish and shellfish	58.7%	41.3%
09 Eggs and egg products	77.1%	22.9%
10 Fat	71.6%	28.4%
11 Sugar and confectionery	68.1%	31.9%
12 Cakes	58.4%	41.6%
13 Non-alcoholic beverages	63.4%	36.6%
14 Alcoholic beverages	62.2%	37.8%
15 Condiments and sauces	74.3%	25.7%

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
16 Soups, bouillon	58.3%	41.7%
17 Miscellaneous	62.2%	37.8%

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	75.9%	24.1%
02 Vegetables	77.1%	22.9%
03 Legumes	75.7%	24.3%
04 Fruits, nuts and olives	63.4%	36.6%
05 Dairy products	74.5%	25.5%
06 Cereals and cereal products	68.9%	31.1%
07 Meat and meat products	71.3%	28.7%
08 Fish and shellfish	56.1%	43.9%
09 Eggs and egg products	75.3%	24.7%
10 Fat	69.0%	31.0%
11 Sugar and confectionery	67.9%	32.1%
12 Cakes	53.6%	46.4%
13 Non-alcoholic beverages	61.6%	38.4%
14 Alcoholic beverages	66.8%	33.2%
15 Condiments and sauces	69.6%	30.4%
16 Soups, bouillon	53.3%	46.7%
17 Miscellaneous	65.9%	34.1%

**Table 5.3.b** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	79.9%	20.1%
02 Vegetables	84.7%	15.3%
03 Legumes	88.7%	11.3%
04 Fruits, nuts and olives	75.0%	25.0%
05 Dairy products	78.8%	21.2%
06 Cereals and cereal products	72.8%	27.2%
07 Meat and meat products	81.0%	19.0%
08 Fish and shellfish	78.6%	21.4%
09 Eggs and egg products	83.9%	16.1%
10 Fat	74.1%	25.9%
11 Sugar and confectionery	69.2%	30.8%
12 Cakes	55.5%	44.5%
13 Non-alcoholic beverages	63.1%	36.9%
14 Alcoholic beverages	69.1%	30.9%
15 Condiments and sauces	81.6%	18.4%
16 Soups, bouillon	67.5%	32.5%
17 Miscellaneous	75.9%	24.1%

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	84.5%	15.5%
02 Vegetables	91.0%	9.0%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	71.3%	28.7%
05 Dairy products	84.2%	15.8%
06 Cereals and cereal products	73.7%	26.3%
07 Meat and meat products	80.8%	19.2%
08 Fish and shellfish	81.4%	18.6%
09 Eggs and egg products	86.1%	13.9%
10 Fat	75.1%	24.9%
11 Sugar and confectionery	69.2%	30.8%
12 Cakes	58.9%	41.1%
13 Non-alcoholic beverages	63.9%	36.1%
14 Alcoholic beverages	41.1%	58.9%
15 Condiments and sauces	81.1%	18.9%
16 Soups, bouillon	73.8%	26.2%
17 Miscellaneous	65.9%	34.1%

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.9%	19.1%
02 Vegetables	86.1%	13.9%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	71.0%	29.0%
05 Dairy products	80.4%	19.6%
06 Cereals and cereal products	70.3%	29.7%

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
07 Meat and meat products	76.7%	23.3%
08 Fish and shellfish	85.2%	14.8%
09 Eggs and egg products	79.0%	21.0%
10 Fat	71.1%	28.9%
11 Sugar and confectionery	64.0%	36.0%
12 Cakes	51.2%	48.8%
13 Non-alcoholic beverages	60.6%	39.4%
14 Alcoholic beverages	49.4%	50.6%
15 Condiments and sauces	78.3%	21.7%
16 Soups, bouillon	72.1%	27.9%
17 Miscellaneous	68.0%	32.0%

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	82.0%	18.0%
02 Vegetables	85.4%	14.6%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	71.5%	28.5%
05 Dairy products	78.5%	21.5%
06 Cereals and cereal products	70.2%	29.8%
07 Meat and meat products	77.8%	22.2%
08 Fish and shellfish	88.8%	11.2%
09 Eggs and egg products	85.5%	14.5%
10 Fat	74.3%	25.7%
11 Sugar and confectionery	65.3%	34.7%
12 Cakes	52.5%	47.5%
13 Non-alcoholic beverages	62.7%	37.3%
14 Alcoholic beverages	19.7%	80.3%
15 Condiments and sauces	82.4%	17.6%
16 Soups, bouillon	71.8%	28.2%
17 Miscellaneous	69.3%	30.7%

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	78.2%	21.8%
02 Vegetables	82.5%	17.5%
03 Legumes	96.4%	3.6%
04 Fruits, nuts and olives	69.1%	30.9%
05 Dairy products	77.8%	22.2%
06 Cereals and cereal products	67.8%	32.2%
07 Meat and meat products	76.2%	23.8%
08 Fish and shellfish	73.5%	26.5%
09 Eggs and egg products	80.6%	19.4%
10 Fat	70.7%	29.3%
11 Sugar and confectionery	61.3%	38.7%
12 Cakes	48.8%	51.2%
13 Non-alcoholic beverages	59.4%	40.6%
14 Alcoholic beverages	28.6%	71.4%
15 Condiments and sauces	76.0%	24.0%

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
16 Soups, bouillon	69.7%	30.3%
17 Miscellaneous	61.7%	38.3%

**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	85.5%	14.5%
02 Vegetables	85.0%	15.0%
03 Legumes	92.2%	7.8%
04 Fruits, nuts and olives	71.1%	28.9%
05 Dairy products	82.9%	17.1%
06 Cereals and cereal products	70.5%	29.5%
07 Meat and meat products	81.1%	18.9%
08 Fish and shellfish	80.6%	19.4%
09 Eggs and egg products	82.4%	17.6%
10 Fat	72.2%	27.8%
11 Sugar and confectionery	68.8%	31.2%
12 Cakes	50.9%	49.1%
13 Non-alcoholic beverages	62.2%	37.8%
14 Alcoholic beverages	40.0%	60.0%
15 Condiments and sauces	82.4%	17.6%
16 Soups, bouillon	77.7%	22.3%
17 Miscellaneous	66.3%	33.7%

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	83.6%	16.4%
02 Vegetables	83.1%	16.9%
03 Legumes	95.3%	4.7%
04 Fruits, nuts and olives	66.2%	33.8%
05 Dairy products	78.6%	21.4%
06 Cereals and cereal products	70.5%	29.5%
07 Meat and meat products	76.6%	23.4%
08 Fish and shellfish	70.7%	29.3%
09 Eggs and egg products	70.0%	30.0%
10 Fat	73.6%	26.4%
11 Sugar and confectionery	73.3%	26.7%
12 Cakes	64.0%	36.0%
13 Non-alcoholic beverages	66.6%	33.4%
14 Alcoholic beverages	68.0%	32.0%
15 Condiments and sauces	78.8%	21.2%
16 Soups, bouillon	62.7%	37.3%
17 Miscellaneous	65.6%	34.4%



**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.0%	20.0%
02 Vegetables	80.6%	19.4%
03 Legumes	86.2%	13.8%
04 Fruits, nuts and olives	54.6%	45.4%
05 Dairy products	74.7%	25.3%
06 Cereals and cereal products	65.6%	34.4%
07 Meat and meat products	72.0%	28.0%
08 Fish and shellfish	55.8%	44.2%
09 Eggs and egg products	74.6%	25.4%
10 Fat	68.1%	31.9%
11 Sugar and confectionery	66.7%	33.3%
12 Cakes	60.4%	39.6%
13 Non-alcoholic beverages	60.8%	39.2%
14 Alcoholic beverages	61.1%	38.9%
15 Condiments and sauces	74.4%	25.6%
16 Soups, bouillon	52.4%	47.6%
17 Miscellaneous	55.3%	44.7%

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	75.9%	24.1%
02 Vegetables	78.4%	21.6%
03 Legumes	90.6%	9.4%
04 Fruits, nuts and olives	63.3%	36.7%
05 Dairy products	74.7%	25.3%
06 Cereals and cereal products	67.0%	33.0%
07 Meat and meat products	69.3%	30.7%
08 Fish and shellfish	61.6%	38.4%
09 Eggs and egg products	73.2%	26.8%
10 Fat	66.7%	33.3%
11 Sugar and confectionery	66.0%	34.0%
12 Cakes	55.5%	44.5%
13 Non-alcoholic beverages	59.5%	40.5%
14 Alcoholic beverages	66.3%	33.7%
15 Condiments and sauces	69.2%	30.8%
16 Soups, bouillon	46.3%	53.7%
17 Miscellaneous	62.9%	37.1%

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	87.0%	13.0%
02 Vegetables	84.7%	15.3%
03 Legumes	86.4%	13.6%
04 Fruits, nuts and olives	77.4%	22.6%
05 Dairy products	85.4%	14.6%
06 Cereals and cereal products	81.6%	18.4%
07 Meat and meat products	82.5%	17.5%
08 Fish and shellfish	70.9%	29.1%
09 Eggs and egg products	82.4%	17.6%
10 Fat	82.0%	18.0%

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
11 Sugar and confectionery	77.8%	22.2%
12 Cakes	58.0%	42.0%
13 Non-alcoholic beverages	75.9%	24.1%
14 Alcoholic beverages	70.9%	29.1%
15 Condiments and sauces	80.9%	19.1%
16 Soups, bouillon	70.3%	29.7%
17 Miscellaneous	70.7%	29.3%

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	78.5%	21.5%
02 Vegetables	78.2%	21.8%
03 Legumes	81.7%	18.3%
04 Fruits, nuts and olives	68.1%	31.9%
05 Dairy products	77.0%	23.0%
06 Cereals and cereal products	73.5%	26.5%
07 Meat and meat products	73.2%	26.8%
08 Fish and shellfish	61.8%	38.2%
09 Eggs and egg products	79.6%	20.4%
10 Fat	75.3%	24.7%
11 Sugar and confectionery	69.7%	30.3%
12 Cakes	56.4%	43.6%
13 Non-alcoholic beverages	66.2%	33.8%
14 Alcoholic beverages	64.0%	36.0%
15 Condiments and sauces	74.3%	25.7%
16 Soups, bouillon	64.6%	35.4%
17 Miscellaneous	68.9%	31.1%

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	75.9%	24.1%
02 Vegetables	75.6%	24.4%
03 Legumes	62.8%	37.2%
04 Fruits, nuts and olives	63.6%	36.4%
05 Dairy products	74.2%	25.8%
06 Cereals and cereal products	71.1%	28.9%
07 Meat and meat products	73.7%	26.3%
08 Fish and shellfish	48.9%	51.1%
09 Eggs and egg products	78.3%	21.7%
10 Fat	71.8%	28.2%
11 Sugar and confectionery	70.2%	29.8%
12 Cakes	51.6%	48.4%
13 Non-alcoholic beverages	64.1%	35.9%
14 Alcoholic beverages	67.6%	32.4%
15 Condiments and sauces	70.2%	29.8%
16 Soups, bouillon	61.3%	38.7%
17 Miscellaneous	69.2%	30.8%

**Table 5.4.a** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	80.4%	19.6%
02 Vegetables	85.3%	14.7%
03 Legumes	96.8%	3.2%
04 Fruits, nuts and olives	71.4%	28.6%
05 Dairy products	80.7%	19.3%
06 Cereals and cereal products	70.6%	29.4%
07 Meat and meat products	77.7%	22.3%
08 Fish and shellfish	79.4%	20.6%
09 Eggs and egg products	81.7%	18.3%
10 Fat	71.7%	28.3%
11 Sugar and confectionery	65.3%	34.7%
12 Cakes	53.1%	46.9%
13 Non-alcoholic beverages	61.7%	38.3%
14 Alcoholic beverages	46.7%	53.3%
15 Condiments and sauces	78.9%	21.1%
16 Soups, bouillon	70.3%	29.7%
17 Miscellaneous	64.8%	35.2%

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	86.8%	13.2%
02 Vegetables	86.9%	13.1%
03 Legumes	89.3%	10.7%
04 Fruits, nuts and olives	69.0%	31.0%
05 Dairy products	80.6%	19.4%
06 Cereals and cereal products	71.6%	28.4%
07 Meat and meat products	81.7%	18.3%
08 Fish and shellfish	80.2%	19.8%
09 Eggs and egg products	81.8%	18.2%
10 Fat	75.5%	24.5%
11 Sugar and confectionery	70.1%	29.9%
12 Cakes	51.5%	48.5%
13 Non-alcoholic beverages	63.4%	36.6%
14 Alcoholic beverages	24.9%	75.1%
15 Condiments and sauces	82.2%	17.8%
16 Soups, bouillon	77.4%	22.6%
17 Miscellaneous	73.0%	27.0%

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	78.3%	21.7%
02 Vegetables	78.9%	21.1%
03 Legumes	87.8%	12.2%
04 Fruits, nuts and olives	63.0%	37.0%
05 Dairy products	75.3%	24.7%
06 Cereals and cereal products	69.0%	31.0%

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
07 Meat and meat products	72.4%	27.6%
08 Fish and shellfish	62.8%	37.2%
09 Eggs and egg products	73.0%	27.0%
10 Fat	71.8%	28.2%
11 Sugar and confectionery	69.4%	30.6%
12 Cakes	58.8%	41.2%
13 Non-alcoholic beverages	63.2%	36.8%
14 Alcoholic beverages	64.2%	35.8%
15 Condiments and sauces	73.4%	26.6%
16 Soups, bouillon	55.4%	44.6%
17 Miscellaneous	65.2%	34.8%

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	82.4%	17.6%
02 Vegetables	81.5%	18.5%
03 Legumes	78.3%	21.7%
04 Fruits, nuts and olives	67.3%	32.7%
05 Dairy products	79.5%	20.5%
06 Cereals and cereal products	73.8%	26.2%
07 Meat and meat products	76.5%	23.5%
08 Fish and shellfish	60.0%	40.0%
09 Eggs and egg products	79.6%	20.4%
10 Fat	74.3%	25.7%
11 Sugar and confectionery	71.6%	28.4%
12 Cakes	57.2%	42.8%
13 Non-alcoholic beverages	67.7%	32.3%
14 Alcoholic beverages	66.5%	33.5%
15 Condiments and sauces	76.5%	23.5%
16 Soups, bouillon	63.2%	36.8%
17 Miscellaneous	65.0%	35.0%

**Table 5.4.b** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	81.6%	18.4%
02 Vegetables	87.9%	12.1%
03 Legumes	100.0%	0.0%
04 Fruits, nuts and olives	71.9%	28.1%
05 Dairy products	82.0%	18.0%
06 Cereals and cereal products	72.4%	27.6%
07 Meat and meat products	78.7%	21.3%
08 Fish and shellfish	80.9%	19.1%
09 Eggs and egg products	81.5%	18.5%
10 Fat	72.7%	27.3%
11 Sugar and confectionery	66.8%	33.2%
12 Cakes	55.3%	44.7%
13 Non-alcoholic beverages	62.5%	37.5%
14 Alcoholic beverages	52.9%	47.1%
15 Condiments and sauces	79.9%	20.1%
16 Soups, bouillon	71.1%	28.9%
17 Miscellaneous	66.8%	33.2%

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	86.1%	13.9%
02 Vegetables	88.0%	12.0%
03 Legumes	84.0%	16.0%
04 Fruits, nuts and olives	71.7%	28.3%
05 Dairy products	80.0%	20.0%
06 Cereals and cereal products	71.8%	28.2%
07 Meat and meat products	83.0%	17.0%
08 Fish and shellfish	83.0%	17.0%
09 Eggs and egg products	90.2%	9.8%
10 Fat	77.2%	22.8%
11 Sugar and confectionery	70.7%	29.3%
12 Cakes	51.6%	48.4%
13 Non-alcoholic beverages	64.4%	35.6%
14 Alcoholic beverages	42.7%	57.3%
15 Condiments and sauces	81.7%	18.3%
16 Soups, bouillon	73.1%	26.9%
17 Miscellaneous	80.0%	20.0%

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	79.0%	21.0%
02 Vegetables	82.5%	17.5%
03 Legumes	93.9%	6.1%
04 Fruits, nuts and olives	70.9%	29.1%
05 Dairy products	79.4%	20.6%
06 Cereals and cereal products	68.5%	31.5%

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
07 Meat and meat products	76.6%	23.4%
08 Fish and shellfish	77.7%	22.3%
09 Eggs and egg products	82.0%	18.0%
10 Fat	70.6%	29.4%
11 Sugar and confectionery	63.6%	36.4%
12 Cakes	50.7%	49.3%
13 Non-alcoholic beverages	60.9%	39.1%
14 Alcoholic beverages	37.8%	62.2%
15 Condiments and sauces	77.9%	22.1%
16 Soups, bouillon	69.4%	30.6%
17 Miscellaneous	62.6%	37.4%

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	87.3%	12.7%
02 Vegetables	86.0%	14.0%
03 Legumes	92.8%	7.2%
04 Fruits, nuts and olives	66.9%	33.1%
05 Dairy products	81.1%	18.9%
06 Cereals and cereal products	71.4%	28.6%
07 Meat and meat products	80.6%	19.4%
08 Fish and shellfish	78.3%	21.7%
09 Eggs and egg products	75.3%	24.7%
10 Fat	74.0%	26.0%
11 Sugar and confectionery	69.6%	30.4%
12 Cakes	51.5%	48.5%
13 Non-alcoholic beverages	62.5%	37.5%
14 Alcoholic beverages	12.5%	87.5%
15 Condiments and sauces	82.6%	17.4%
16 Soups, bouillon	80.2%	19.8%
17 Miscellaneous	67.7%	32.3%

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	76.5%	23.5%
02 Vegetables	79.0%	21.0%
03 Legumes	90.8%	9.2%
04 Fruits, nuts and olives	56.6%	43.4%
05 Dairy products	73.0%	27.0%
06 Cereals and cereal products	63.7%	36.3%
07 Meat and meat products	69.4%	30.6%
08 Fish and shellfish	67.5%	32.5%
09 Eggs and egg products	67.1%	32.9%
10 Fat	67.3%	32.7%
11 Sugar and confectionery	65.5%	34.5%
12 Cakes	58.8%	41.2%
13 Non-alcoholic beverages	59.0%	41.0%
14 Alcoholic beverages	64.3%	35.7%
15 Condiments and sauces	71.4%	28.6%

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
16 Soups, bouillon	50.1%	49.9%
17 Miscellaneous	58.8%	41.2%

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	82.5%	17.5%
02 Vegetables	82.1%	17.9%
03 Legumes	90.7%	9.3%
04 Fruits, nuts and olives	62.7%	37.3%
05 Dairy products	77.9%	22.1%
06 Cereals and cereal products	70.2%	29.8%
07 Meat and meat products	75.1%	24.9%
08 Fish and shellfish	56.3%	43.7%
09 Eggs and egg products	77.6%	22.4%
10 Fat	70.8%	29.2%
11 Sugar and confectionery	70.9%	29.1%
12 Cakes	61.1%	38.9%
13 Non-alcoholic beverages	64.4%	35.6%
14 Alcoholic beverages	64.3%	35.7%
15 Condiments and sauces	76.4%	23.6%
16 Soups, bouillon	56.4%	43.6%
17 Miscellaneous	61.3%	38.7%

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	79.9%	20.1%
02 Vegetables	78.8%	21.2%
03 Legumes	86.0%	14.0%
04 Fruits, nuts and olives	68.0%	32.0%
05 Dairy products	77.4%	22.6%
06 Cereals and cereal products	73.6%	26.4%
07 Meat and meat products	75.2%	24.8%
08 Fish and shellfish	58.8%	41.2%
09 Eggs and egg products	78.8%	21.2%
10 Fat	75.7%	24.3%
11 Sugar and confectionery	73.0%	27.0%
12 Cakes	58.9%	41.1%
13 Non-alcoholic beverages	67.0%	33.0%
14 Alcoholic beverages	63.9%	36.1%
15 Condiments and sauces	75.2%	24.8%
16 Soups, bouillon	60.3%	39.7%
17 Miscellaneous	71.1%	28.9%

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft Classification	At home mean%	Not at home mean%
01 Potatoes and other tubers	82.4%	17.6%
02 Vegetables	80.9%	19.1%
03 Legumes	63.4%	36.6%
04 Fruits, nuts and olives	72.3%	27.7%
05 Dairy products	81.2%	18.8%
06 Cereals and cereal products	77.9%	22.1%
07 Meat and meat products	78.1%	21.9%
08 Fish and shellfish	64.4%	35.6%
09 Eggs and egg products	81.7%	18.3%
10 Fat	78.1%	21.9%
11 Sugar and confectionery	72.4%	27.6%
12 Cakes	53.0%	47.0%
13 Non-alcoholic beverages	71.3%	28.7%
14 Alcoholic beverages	70.5%	29.5%
15 Condiments and sauces	76.5%	23.5%
16 Soups, bouillon	70.7%	29.3%
17 Miscellaneous	68.5%	31.5%



**Table 6.1** Average contribution of places of consumption to total food group consumption of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Total Population (n=3,819)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.3%	94.6%	2.0%
02 Vegetables	0.7%	6.7%	88.9%	3.7%
03 Legumes	1.1%	4.6%	91.6%	2.7%
04 Fruits, nuts and olives	9.5%	17.2%	18.8%	54.5%
05 Dairy products	24.1%	28.0%	28.6%	19.3%
06 Cereals and cereal products	23.6%	37.4%	26.4%	12.6%
07 Meat and meat products	4.0%	16.7%	73.0%	6.3%
08 Fish and shellfish	2.4%	24.5%	59.3%	13.7%
09 Eggs and egg products	14.9%	27.7%	49.5%	7.9%
10 Fat	18.9%	29.9%	43.8%	7.3%
11 Sugar and confectionery	22.1%	15.8%	13.5%	48.5%
12 Cakes	7.0%	5.5%	3.6%	83.9%
13 Non-alcoholic beverages	11.1%	8.0%	8.5%	72.4%
14 Alcoholic beverages	0.0%	1.1%	20.4%	78.5%
15 Condiments and sauces	1.4%	11.3%	81.7%	5.6%
16 Soups, bouillon	0.6%	38.5%	47.4%	13.5%
17 Miscellaneous	12.8%	17.1%	32.6%	37.5%

**Table 6.2.a** Average contribution of places of consumption to total food group consumption of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years, n=1713)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	4.2%	92.5%	3.1%
02 Vegetables	0.7%	4.9%	89.9%	4.5%
03 Legumes	0.0%	1.1%	98.9%	0.0%
04 Fruits, nuts and olives	8.8%	15.2%	23.2%	52.8%
05 Dairy products	30.9%	22.0%	28.5%	18.5%
06 Cereals and cereal products	25.2%	34.2%	24.6%	15.9%
07 Meat and meat products	4.8%	15.9%	73.7%	5.7%
08 Fish and shellfish	2.5%	16.3%	69.5%	11.7%
09 Eggs and egg products	13.4%	27.7%	52.2%	6.6%
10 Fat	20.4%	27.9%	44.2%	7.5%
11 Sugar and confectionery	19.7%	15.3%	13.6%	51.4%
12 Cakes	5.9%	9.1%	5.6%	79.4%
13 Non-alcoholic beverages	7.8%	11.2%	12.3%	68.7%
14 Alcoholic beverages	0.0%	0.3%	29.6%	70.1%
15 Condiments and sauces	1.6%	11.9%	80.9%	5.5%
16 Soups, bouillon	0.6%	25.3%	61.5%	12.6%
17 Miscellaneous	11.3%	22.4%	40.7%	25.5%

**Group=Adults (19-69 years, n=2106)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.1%	95.1%	1.7%
02 Vegetables	0.7%	7.1%	88.7%	3.5%
03 Legumes	1.3%	5.2%	90.2%	3.2%
04 Fruits, nuts and olives	9.6%	17.6%	17.9%	54.8%
05 Dairy products	22.7%	29.3%	28.6%	19.4%
06 Cereals and cereal products	23.3%	38.1%	26.8%	11.9%
07 Meat and meat products	3.9%	16.9%	72.9%	6.4%
08 Fish and shellfish	2.4%	25.4%	58.2%	14.0%
09 Eggs and egg products	15.2%	27.7%	49.0%	8.1%
10 Fat	18.6%	30.4%	43.7%	7.3%
11 Sugar and confectionery	22.7%	15.9%	13.5%	47.9%
12 Cakes	7.3%	4.6%	3.1%	85.0%
13 Non-alcoholic beverages	11.8%	7.3%	7.6%	73.3%
14 Alcoholic beverages	0.0%	1.1%	20.0%	78.8%
15 Condiments and sauces	1.4%	11.1%	81.8%	5.6%
16 Soups, bouillon	0.6%	40.4%	45.3%	13.6%
17 Miscellaneous	13.1%	16.1%	31.2%	39.6%

**Table 6.2.b** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years, n=856)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.0%	93.0%	3.0%
02 Vegetables	0.7%	4.1%	91.0%	4.3%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	8.4%	17.7%	23.0%	50.8%
05 Dairy products	30.8%	21.9%	29.2%	18.1%
06 Cereals and cereal products	25.6%	33.6%	24.2%	16.5%
07 Meat and meat products	5.3%	16.3%	72.4%	5.9%
08 Fish and shellfish	2.9%	15.4%	71.1%	10.6%
09 Eggs and egg products	13.0%	28.3%	52.9%	5.8%
10 Fat	20.7%	26.7%	44.7%	8.0%
11 Sugar and confectionery	20.8%	15.1%	13.5%	50.6%
12 Cakes	5.7%	8.9%	5.6%	79.8%
13 Non-alcoholic beverages	7.4%	11.0%	12.3%	69.3%
14 Alcoholic beverages	0.0%	0.0%	30.8%	69.2%
15 Condiments and sauces	1.3%	11.7%	80.5%	6.4%
16 Soups, bouillon	0.0%	25.0%	64.0%	11.0%
17 Miscellaneous	12.8%	23.0%	40.0%	24.2%

**Group=Female Children (7-18 years, n=857)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.3%	4.5%	91.9%	3.3%
02 Vegetables	0.7%	5.8%	88.7%	4.8%
03 Legumes	0.0%	2.1%	97.9%	0.0%
04 Fruits, nuts and olives	9.1%	12.8%	23.4%	54.7%
05 Dairy products	31.0%	22.2%	27.8%	19.0%
06 Cereals and cereal products	24.9%	34.9%	24.9%	15.3%
07 Meat and meat products	4.1%	15.4%	75.1%	5.4%
08 Fish and shellfish	2.0%	17.2%	67.8%	13.0%
09 Eggs and egg products	13.9%	27.0%	51.5%	7.5%
10 Fat	20.1%	29.1%	43.7%	7.1%
11 Sugar and confectionery	18.7%	15.6%	13.6%	52.1%
12 Cakes	6.2%	9.3%	5.5%	79.0%
13 Non-alcoholic beverages	8.2%	11.4%	12.4%	68.0%
14 Alcoholic beverages	0.0%	0.6%	28.0%	71.4%
15 Condiments and sauces	2.0%	12.2%	81.3%	4.6%
16 Soups, bouillon	1.1%	25.7%	59.1%	14.1%
17 Miscellaneous	9.7%	21.9%	41.5%	26.9%

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.6%	94.3%	2.0%
02 Vegetables	0.5%	6.5%	89.9%	3.1%
03 Legumes	0.0%	5.8%	91.5%	2.7%
04 Fruits, nuts and olives	10.5%	19.3%	18.3%	51.9%
05 Dairy products	22.9%	28.4%	30.3%	18.3%
06 Cereals and cereal products	22.8%	37.7%	26.2%	13.3%

**Group=Male Adults (19-69 years, n=1055)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
07 Meat and meat products	3.7%	17.2%	71.6%	7.5%
08 Fish and shellfish	2.3%	28.3%	56.5%	12.9%
09 Eggs and egg products	12.1%	28.1%	50.1%	9.7%
10 Fat	18.2%	30.4%	42.7%	8.7%
11 Sugar and confectionery	23.1%	15.6%	14.6%	46.8%
12 Cakes	8.0%	4.6%	2.9%	84.5%
13 Non-alcoholic beverages	11.3%	7.7%	7.2%	73.8%
14 Alcoholic beverages	0.0%	1.3%	18.1%	80.6%
15 Condiments and sauces	1.6%	11.8%	80.7%	6.0%
16 Soups, bouillon	1.0%	41.1%	46.0%	11.9%
17 Miscellaneous	9.8%	19.2%	33.1%	38.0%

**Group=Female Adults (19-69 years, n=1051)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	2.6%	95.9%	1.4%
02 Vegetables	0.9%	7.7%	87.6%	3.8%
03 Legumes	2.4%	4.7%	89.1%	3.7%
04 Fruits, nuts and olives	8.9%	16.1%	17.6%	57.5%
05 Dairy products	22.4%	30.2%	26.9%	20.5%
06 Cereals and cereal products	23.7%	38.5%	27.3%	10.4%
07 Meat and meat products	4.0%	16.5%	74.1%	5.3%
08 Fish and shellfish	2.6%	22.5%	59.9%	15.0%
09 Eggs and egg products	18.3%	27.3%	47.9%	6.5%
10 Fat	19.1%	30.4%	44.7%	5.7%
11 Sugar and confectionery	22.3%	16.2%	12.5%	49.0%
12 Cakes	6.7%	4.6%	3.3%	85.4%
13 Non-alcoholic beverages	12.2%	7.0%	8.0%	72.8%
14 Alcoholic beverages	0.0%	0.9%	23.0%	76.1%
15 Condiments and sauces	1.2%	10.5%	83.1%	5.3%
16 Soups, bouillon	0.2%	39.7%	44.7%	15.4%
17 Miscellaneous	16.1%	13.3%	29.4%	41.2%

**Table 6.2.c** Average contribution of places of consumption to total food group consumption of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-8 years, n=304)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	5.5%	93.5%	0.8%
02 Vegetables	0.6%	5.4%	90.8%	3.1%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	6.6%	15.3%	20.7%	57.5%
05 Dairy products	28.7%	25.2%	28.3%	17.7%
06 Cereals and cereal products	29.1%	37.3%	22.6%	11.1%
07 Meat and meat products	6.5%	16.5%	72.8%	4.1%
08 Fish and shellfish	2.2%	11.2%	82.7%	3.9%
09 Eggs and egg products	18.3%	21.9%	53.9%	6.0%
10 Fat	24.1%	30.4%	40.8%	4.7%
11 Sugar and confectionery	17.5%	14.8%	15.0%	52.7%
12 Cakes	5.5%	11.1%	7.8%	75.5%
13 Non-alcoholic beverages	8.2%	8.7%	14.1%	69.0%
14 Alcoholic beverages	0.0%	0.0%	100.0%	0.0%
15 Condiments and sauces	1.3%	13.4%	83.3%	1.9%
16 Soups, bouillon	0.0%	31.0%	63.5%	5.5%
17 Miscellaneous	7.9%	27.6%	45.8%	18.7%

**Group=Male Children (9-13 years, n=351)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.9%	92.5%	2.6%
02 Vegetables	0.8%	4.7%	88.9%	5.6%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	9.2%	17.8%	23.7%	49.3%
05 Dairy products	32.8%	22.3%	27.3%	17.6%
06 Cereals and cereal products	26.5%	35.2%	24.2%	14.0%
07 Meat and meat products	4.5%	18.0%	73.0%	4.5%
08 Fish and shellfish	2.3%	16.1%	65.3%	16.4%
09 Eggs and egg products	11.5%	26.3%	56.4%	5.8%
10 Fat	21.3%	30.5%	41.9%	6.3%
11 Sugar and confectionery	18.9%	14.2%	12.6%	54.3%
12 Cakes	7.9%	7.6%	6.9%	77.6%
13 Non-alcoholic beverages	7.5%	10.7%	12.7%	69.1%
14 Alcoholic beverages	0.0%	0.0%	67.3%	32.7%
15 Condiments and sauces	1.9%	13.5%	78.8%	5.7%
16 Soups, bouillon	0.0%	25.8%	63.4%	10.7%
17 Miscellaneous	14.3%	26.4%	35.3%	23.9%

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.5%	6.1%	90.8%	2.6%
02 Vegetables	0.5%	5.7%	87.9%	5.9%
03 Legumes	0.0%	5.0%	95.0%	0.0%
04 Fruits, nuts and olives	7.5%	13.9%	22.4%	56.2%
05 Dairy products	30.3%	22.2%	27.5%	20.0%
06 Cereals and cereal products	25.0%	35.0%	24.1%	15.9%

**Group=Female Children (9-13 years, n=352)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
07 Meat and meat products	4.1%	16.1%	74.8%	5.0%
08 Fish and shellfish	1.6%	24.2%	58.4%	15.8%
09 Eggs and egg products	10.7%	28.2%	52.6%	8.4%
10 Fat	19.8%	31.8%	41.9%	6.5%
11 Sugar and confectionery	17.1%	15.5%	13.4%	54.0%
12 Cakes	6.8%	8.0%	6.0%	79.3%
13 Non-alcoholic beverages	7.9%	10.9%	12.2%	69.0%
14 Alcoholic beverages	0.0%	0.0%	69.5%	30.5%
15 Condiments and sauces	2.4%	12.9%	79.4%	5.3%
16 Soups, bouillon	1.2%	20.5%	59.0%	19.4%
17 Miscellaneous	8.2%	25.0%	41.4%	25.4%

**Group=Male Children (14-18 years, n=352)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	2.5%	93.3%	4.2%
02 Vegetables	0.6%	3.5%	92.1%	3.7%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	9.2%	18.5%	23.7%	48.6%
05 Dairy products	30.1%	21.0%	30.3%	18.6%
06 Cereals and cereal products	23.0%	31.2%	24.7%	21.1%
07 Meat and meat products	5.0%	14.4%	72.7%	7.9%
08 Fish and shellfish	3.1%	17.8%	71.4%	7.6%
09 Eggs and egg products	13.9%	32.1%	48.9%	5.1%
10 Fat	18.4%	22.0%	48.7%	10.8%
11 Sugar and confectionery	24.3%	16.2%	13.6%	45.9%
12 Cakes	3.6%	10.2%	3.2%	83.0%
13 Non-alcoholic beverages	7.3%	12.1%	11.5%	69.1%
14 Alcoholic beverages	0.0%	0.0%	23.1%	76.9%
15 Condiments and sauces	0.9%	8.8%	81.8%	8.5%
16 Soups, bouillon	0.0%	24.6%	62.0%	13.4%
17 Miscellaneous	11.9%	19.2%	41.8%	27.1%

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	2.3%	92.4%	5.1%
02 Vegetables	0.9%	5.3%	89.7%	4.1%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	11.1%	10.8%	25.3%	52.7%
05 Dairy products	32.2%	20.0%	29.1%	18.7%
06 Cereals and cereal products	23.3%	33.1%	26.9%	16.7%
07 Meat and meat products	4.0%	14.4%	75.2%	6.4%
08 Fish and shellfish	3.1%	11.0%	73.7%	12.2%
09 Eggs and egg products	13.9%	29.6%	48.7%	7.8%
10 Fat	19.2%	25.3%	46.8%	8.7%
11 Sugar and confectionery	20.5%	16.0%	13.5%	50.0%
12 Cakes	5.5%	9.0%	4.0%	81.4%
13 Non-alcoholic beverages	8.2%	13.1%	11.6%	67.1%
14 Alcoholic beverages	0.0%	0.7%	17.7%	81.6%
15 Condiments and sauces	1.7%	11.5%	81.6%	5.2%

**Group=Female Children (14-18 years, n=354)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
16 Soups, bouillon	1.5%	26.3%	60.4%	11.8%
17 Miscellaneous	12.7%	17.5%	40.5%	29.3%

**Group=Male Adults (19-30 years, n=356)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	5.4%	91.1%	3.5%
02 Vegetables	0.7%	8.0%	85.7%	5.7%
03 Legumes	0.0%	0.0%	86.1%	13.9%
04 Fruits, nuts and olives	14.0%	22.5%	17.4%	46.1%
05 Dairy products	26.9%	25.9%	27.4%	19.8%
06 Cereals and cereal products	20.0%	33.7%	28.5%	17.8%
07 Meat and meat products	5.3%	17.9%	67.8%	9.0%
08 Fish and shellfish	1.7%	26.5%	63.5%	8.4%
09 Eggs and egg products	13.3%	28.2%	51.4%	7.1%
10 Fat	14.6%	25.3%	49.0%	11.1%
11 Sugar and confectionery	19.0%	15.6%	11.7%	53.7%
12 Cakes	8.8%	5.5%	3.5%	82.3%
13 Non-alcoholic beverages	7.9%	9.1%	10.3%	72.7%
14 Alcoholic beverages	0.0%	1.8%	18.6%	79.6%
15 Condiments and sauces	1.5%	11.8%	77.5%	9.1%
16 Soups, bouillon	3.6%	39.0%	40.4%	17.0%
17 Miscellaneous	7.8%	18.3%	37.4%	36.5%

**Group=Female Adults (19-30 years, n=347)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.4%	3.5%	94.6%	1.6%
02 Vegetables	0.7%	7.8%	87.7%	3.9%
03 Legumes	0.0%	0.0%	91.0%	9.0%
04 Fruits, nuts and olives	8.3%	20.4%	16.7%	54.7%
05 Dairy products	25.8%	27.5%	26.2%	20.5%
06 Cereals and cereal products	21.5%	34.5%	31.1%	12.9%
07 Meat and meat products	4.2%	15.2%	76.9%	3.8%
08 Fish and shellfish	4.0%	22.4%	64.6%	9.0%
09 Eggs and egg products	14.3%	31.8%	47.7%	6.3%
10 Fat	17.4%	25.2%	50.8%	6.6%
11 Sugar and confectionery	19.2%	16.4%	11.8%	52.6%
12 Cakes	7.5%	6.1%	3.8%	82.6%
13 Non-alcoholic beverages	8.9%	7.6%	10.6%	72.9%
14 Alcoholic beverages	0.0%	2.2%	23.0%	74.7%
15 Condiments and sauces	1.1%	10.4%	83.8%	4.6%
16 Soups, bouillon	0.3%	42.1%	49.4%	8.3%
17 Miscellaneous	19.2%	16.3%	32.7%	31.8%

**Group=Male Adults (31-50 years, n=348)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.4%	93.6%	1.9%
02 Vegetables	0.4%	6.8%	90.0%	2.7%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	10.9%	18.0%	17.0%	54.1%
05 Dairy products	23.0%	28.5%	30.2%	18.3%
06 Cereals and cereal products	21.3%	37.0%	26.8%	14.9%
07 Meat and meat products	2.9%	16.3%	72.8%	8.1%
08 Fish and shellfish	2.4%	27.8%	56.2%	13.7%
09 Eggs and egg products	9.6%	30.8%	48.0%	11.6%
10 Fat	16.2%	29.8%	44.0%	10.0%
11 Sugar and confectionery	21.2%	14.9%	16.2%	47.7%
12 Cakes	8.2%	4.6%	3.7%	83.5%
13 Non-alcoholic beverages	10.1%	6.8%	7.3%	75.8%
14 Alcoholic beverages	0.0%	1.0%	16.4%	82.6%
15 Condiments and sauces	2.0%	13.9%	78.7%	5.4%
16 Soups, bouillon	0.5%	45.7%	40.5%	13.3%
17 Miscellaneous	8.4%	19.1%	37.6%	34.8%

**Group=Female Adults (31-50 years, n=351)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	1.7%	96.3%	1.9%
02 Vegetables	0.7%	8.0%	87.2%	4.2%
03 Legumes	4.6%	2.9%	89.3%	3.2%
04 Fruits, nuts and olives	9.6%	16.6%	16.9%	56.9%
05 Dairy products	23.9%	30.0%	26.0%	20.1%
06 Cereals and cereal products	22.5%	37.1%	28.8%	11.5%
07 Meat and meat products	3.8%	16.7%	73.3%	6.2%
08 Fish and shellfish	2.5%	23.2%	61.0%	13.4%
09 Eggs and egg products	15.4%	27.5%	49.8%	7.3%
10 Fat	18.7%	29.5%	45.7%	6.2%
11 Sugar and confectionery	21.0%	16.3%	13.5%	49.1%
12 Cakes	4.7%	5.4%	4.2%	85.6%
13 Non-alcoholic beverages	10.9%	7.4%	8.1%	73.6%
14 Alcoholic beverages	0.0%	0.9%	25.7%	73.4%
15 Condiments and sauces	0.9%	12.3%	82.1%	4.7%
16 Soups, bouillon	0.0%	41.4%	38.7%	19.9%
17 Miscellaneous	16.0%	11.0%	31.3%	41.7%

**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	1.4%	96.9%	1.4%
02 Vegetables	0.4%	5.1%	92.3%	2.1%
03 Legumes	0.0%	13.0%	87.0%	0.0%
04 Fruits, nuts and olives	8.0%	19.2%	20.4%	52.4%
05 Dairy products	20.3%	29.9%	32.3%	17.5%
06 Cereals and cereal products	26.7%	41.0%	23.9%	8.4%
07 Meat and meat products	3.8%	17.9%	72.6%	5.7%
08 Fish and shellfish	2.5%	30.2%	52.7%	14.6%
09 Eggs and egg products	14.1%	25.2%	51.6%	9.1%
10 Fat	23.0%	34.3%	37.1%	5.5%



**Group=Male Adults (51-69 years, n=351)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
11 Sugar and confectionery	28.6%	16.4%	14.3%	40.6%
12 Cakes	7.4%	4.3%	1.4%	86.9%
13 Non-alcoholic beverages	15.0%	8.0%	5.2%	71.9%
14 Alcoholic beverages	0.0%	1.3%	19.7%	79.0%
15 Condiments and sauces	1.0%	8.7%	85.6%	4.7%
16 Soups, bouillon	0.2%	37.3%	55.1%	7.3%
17 Miscellaneous	12.6%	19.8%	24.9%	42.7%

**Group=Female Adults (51-69 years, n=353)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.2%	96.1%	0.6%
02 Vegetables	1.2%	7.4%	88.1%	3.3%
03 Legumes	0.0%	13.0%	87.0%	0.0%
04 Fruits, nuts and olives	8.3%	13.1%	18.9%	59.7%
05 Dairy products	18.3%	32.1%	28.5%	21.1%
06 Cereals and cereal products	26.7%	42.9%	23.0%	7.4%
07 Meat and meat products	4.3%	17.1%	73.5%	5.1%
08 Fish and shellfish	2.2%	21.8%	56.7%	19.3%
09 Eggs and egg products	23.2%	24.9%	46.1%	5.7%
10 Fat	20.7%	34.8%	39.8%	4.7%
11 Sugar and confectionery	26.1%	16.0%	11.6%	46.3%
12 Cakes	8.7%	2.8%	1.9%	86.7%
13 Non-alcoholic beverages	16.1%	6.1%	6.2%	71.5%
14 Alcoholic beverages	0.0%	0.5%	20.5%	79.0%
15 Condiments and sauces	1.6%	8.1%	83.8%	6.5%
16 Soups, bouillon	0.5%	36.4%	50.1%	13.0%
17 Miscellaneous	14.0%	14.7%	24.5%	46.8%

**Table 6.3.a** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Low Education (n=348)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.5%	3.6%	93.2%	2.7%
02 Vegetables	0.8%	4.3%	89.4%	5.5%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	6.2%	18.7%	28.8%	46.4%
05 Dairy products	30.1%	21.6%	28.0%	20.3%
06 Cereals and cereal products	23.9%	35.2%	23.6%	17.3%
07 Meat and meat products	4.2%	15.3%	75.4%	5.1%
08 Fish and shellfish	4.7%	20.8%	67.9%	6.7%
09 Eggs and egg products	16.5%	29.4%	47.1%	6.9%
10 Fat	19.1%	28.5%	45.1%	7.3%
11 Sugar and confectionery	18.4%	15.7%	14.7%	51.2%
12 Cakes	6.7%	7.6%	7.0%	78.7%
13 Non-alcoholic beverages	7.4%	12.2%	10.9%	69.5%
14 Alcoholic beverages	0.0%	0.0%	35.8%	64.2%
15 Condiments and sauces	2.2%	9.5%	83.6%	4.7%
16 Soups, bouillon	0.7%	35.2%	51.8%	12.4%
17 Miscellaneous	11.0%	20.1%	45.9%	23.0%

**Group=Children (7-18 years) - Moderate Education (n=698)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	5.3%	90.3%	4.3%
02 Vegetables	0.5%	5.4%	89.8%	4.3%
03 Legumes	0.0%	2.4%	97.6%	0.0%
04 Fruits, nuts and olives	8.4%	14.1%	23.0%	54.4%
05 Dairy products	30.4%	23.0%	28.8%	17.9%
06 Cereals and cereal products	25.0%	33.9%	25.3%	15.8%
07 Meat and meat products	4.3%	15.7%	74.4%	5.5%
08 Fish and shellfish	2.2%	16.3%	62.6%	18.9%
09 Eggs and egg products	9.8%	28.0%	54.6%	7.5%
10 Fat	20.5%	27.0%	44.3%	8.2%
11 Sugar and confectionery	19.6%	14.9%	13.2%	52.3%
12 Cakes	6.9%	10.5%	4.7%	77.9%
13 Non-alcoholic beverages	7.7%	10.9%	11.5%	69.9%
14 Alcoholic beverages	0.0%	0.0%	21.4%	78.6%
15 Condiments and sauces	0.8%	12.7%	79.7%	6.8%
16 Soups, bouillon	0.5%	22.3%	64.2%	12.9%
17 Miscellaneous	11.2%	22.5%	37.5%	28.8%

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.1%	94.9%	2.0%
02 Vegetables	0.8%	4.6%	90.4%	4.3%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	9.9%	14.5%	20.2%	55.4%
05 Dairy products	32.6%	22.2%	28.0%	17.2%
06 Cereals and cereal products	26.0%	34.9%	23.8%	15.3%

**Group=Children (7-18 years) - High Education (n=580)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
07 Meat and meat products	5.5%	16.4%	71.7%	6.4%
08 Fish and shellfish	2.2%	9.9%	81.1%	6.8%
09 Eggs and egg products	16.2%	28.4%	49.3%	6.1%
10 Fat	20.6%	28.9%	43.5%	7.0%
11 Sugar and confectionery	21.1%	15.1%	13.1%	50.6%
12 Cakes	4.6%	8.4%	5.8%	81.2%
13 Non-alcoholic beverages	7.9%	11.0%	14.1%	67.0%
14 Alcoholic beverages	0.0%	0.7%	29.8%	69.5%
15 Condiments and sauces	1.6%	12.6%	81.0%	4.8%
16 Soups, bouillon	0.3%	24.2%	63.8%	11.7%
17 Miscellaneous	12.4%	21.2%	43.1%	23.3%

**Group=Adults (19-69 years) - Low Education (n=708)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.2%	95.3%	1.4%
02 Vegetables	0.6%	6.2%	88.5%	4.8%
03 Legumes	0.0%	0.0%	97.0%	3.0%
04 Fruits, nuts and olives	7.8%	16.1%	18.4%	57.7%
05 Dairy products	20.9%	30.9%	29.4%	18.8%
06 Cereals and cereal products	23.5%	39.1%	24.8%	12.7%
07 Meat and meat products	3.3%	15.7%	73.8%	7.1%
08 Fish and shellfish	4.6%	29.5%	50.8%	15.1%
09 Eggs and egg products	14.5%	29.0%	48.0%	8.6%
10 Fat	20.0%	32.8%	40.3%	6.9%
11 Sugar and confectionery	24.1%	16.1%	12.4%	47.5%
12 Cakes	8.0%	4.4%	2.6%	85.1%
13 Non-alcoholic beverages	12.0%	7.3%	6.9%	73.8%
14 Alcoholic beverages	0.0%	1.7%	12.7%	85.5%
15 Condiments and sauces	1.1%	9.4%	83.1%	6.4%
16 Soups, bouillon	0.9%	35.0%	49.1%	15.1%
17 Miscellaneous	13.5%	14.4%	31.3%	40.8%

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	2.9%	95.3%	1.6%
02 Vegetables	0.8%	7.3%	88.5%	3.4%
03 Legumes	3.7%	7.4%	87.0%	1.9%
04 Fruits, nuts and olives	10.4%	18.5%	17.3%	53.9%
05 Dairy products	23.1%	28.7%	28.2%	20.0%
06 Cereals and cereal products	22.7%	37.4%	27.6%	12.3%
07 Meat and meat products	4.1%	17.6%	72.0%	6.3%
08 Fish and shellfish	1.7%	26.8%	55.9%	15.6%
09 Eggs and egg products	15.5%	28.3%	47.1%	9.1%
10 Fat	18.1%	29.9%	44.3%	7.7%
11 Sugar and confectionery	22.6%	16.2%	13.0%	48.2%
12 Cakes	7.0%	4.3%	2.6%	86.1%
13 Non-alcoholic beverages	11.4%	7.4%	7.7%	73.5%
14 Alcoholic beverages	0.0%	0.9%	19.5%	79.6%
15 Condiments and sauces	1.5%	10.7%	82.7%	5.1%

**Group=Adults (19-69 years) - Moderate Education (n=935)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
16 Soups, bouillon	0.8%	41.2%	45.7%	12.4%
17 Miscellaneous	14.1%	15.6%	30.9%	39.3%

**Group=Adults (19-69 years) - High Education (n=463)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.4%	94.3%	2.3%
02 Vegetables	0.5%	8.0%	89.6%	2.0%
03 Legumes	0.0%	7.7%	87.3%	4.9%
04 Fruits, nuts and olives	10.6%	18.0%	18.4%	53.0%
05 Dairy products	24.2%	28.2%	28.3%	19.3%
06 Cereals and cereal products	24.1%	38.0%	27.8%	10.1%
07 Meat and meat products	4.2%	17.1%	73.1%	5.6%
08 Fish and shellfish	1.5%	19.5%	68.7%	10.4%
09 Eggs and egg products	15.6%	24.8%	54.3%	5.4%
10 Fat	17.8%	28.0%	47.3%	6.9%
11 Sugar and confectionery	21.0%	15.0%	16.1%	47.8%
12 Cakes	7.0%	5.7%	4.5%	82.8%
13 Non-alcoholic beverages	12.1%	7.4%	8.3%	72.2%
14 Alcoholic beverages	0.0%	0.9%	28.5%	70.6%
15 Condiments and sauces	1.6%	14.3%	78.5%	5.6%
16 Soups, bouillon	0.2%	45.6%	40.3%	13.9%
17 Miscellaneous	10.6%	19.1%	31.5%	38.7%

**Table 6.3.b** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Low Education (n=177)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.8%	92.6%	3.5%
02 Vegetables	1.2%	2.8%	90.9%	5.2%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	5.9%	21.9%	29.3%	42.9%
05 Dairy products	27.5%	19.9%	28.3%	24.3%
06 Cereals and cereal products	24.6%	32.8%	23.7%	18.9%
07 Meat and meat products	5.7%	15.4%	73.4%	5.5%
08 Fish and shellfish	9.5%	22.2%	58.2%	10.2%
09 Eggs and egg products	20.5%	26.4%	49.8%	3.4%
10 Fat	19.9%	27.4%	43.4%	9.3%
11 Sugar and confectionery	20.0%	16.4%	15.0%	48.5%
12 Cakes	7.8%	8.8%	7.0%	76.4%
13 Non-alcoholic beverages	7.8%	12.6%	10.8%	68.8%
14 Alcoholic beverages	0.0%	0.0%	42.5%	57.5%
15 Condiments and sauces	2.4%	9.8%	82.0%	5.8%
16 Soups, bouillon	0.0%	31.7%	57.2%	11.1%
17 Miscellaneous	11.2%	25.7%	43.1%	20.0%

**Group=Male Children (7-18 years) - Moderate Education (n=344)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.8%	91.4%	3.8%
02 Vegetables	0.2%	3.9%	91.1%	4.8%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	7.4%	16.0%	22.1%	54.5%
05 Dairy products	30.0%	22.5%	30.4%	17.1%
06 Cereals and cereal products	26.0%	33.3%	24.9%	15.8%
07 Meat and meat products	4.6%	16.3%	73.8%	5.3%
08 Fish and shellfish	0.0%	13.3%	72.0%	14.7%
09 Eggs and egg products	10.6%	29.7%	53.1%	6.6%
10 Fat	20.6%	26.9%	44.8%	7.6%
11 Sugar and confectionery	19.9%	14.9%	13.2%	51.9%
12 Cakes	5.5%	8.8%	4.6%	81.2%
13 Non-alcoholic beverages	7.5%	10.6%	10.8%	71.1%
14 Alcoholic beverages	0.0%	0.0%	19.3%	80.7%
15 Condiments and sauces	0.7%	12.6%	78.3%	8.4%
16 Soups, bouillon	0.0%	20.2%	67.8%	11.9%
17 Miscellaneous	14.3%	21.4%	36.3%	28.0%

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.0%	94.9%	2.0%
02 Vegetables	1.0%	4.5%	90.9%	3.6%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	10.8%	16.2%	20.8%	52.2%
05 Dairy products	34.5%	23.0%	27.3%	15.1%
06 Cereals and cereal products	25.7%	34.6%	23.1%	16.5%

**Group=Male Children (7-18 years) - High Education (n=298)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
07 Meat and meat products	6.1%	17.0%	69.7%	7.3%
08 Fish and shellfish	3.2%	9.3%	81.8%	5.7%
09 Eggs and egg products	12.1%	26.8%	54.7%	6.4%
10 Fat	21.2%	26.3%	44.9%	7.6%
11 Sugar and confectionery	22.9%	14.6%	12.6%	49.9%
12 Cakes	4.8%	9.1%	6.5%	79.5%
13 Non-alcoholic beverages	6.8%	10.6%	15.0%	67.7%
14 Alcoholic beverages	0.0%	0.0%	30.6%	69.4%
15 Condiments and sauces	1.4%	12.2%	81.6%	4.8%
16 Soups, bouillon	0.0%	26.6%	65.1%	8.2%
17 Miscellaneous	12.7%	21.7%	42.2%	23.3%

**Group=Female Children (7-18 years) - Low Education (n=171)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	1.0%	3.3%	93.8%	1.9%
02 Vegetables	0.4%	5.9%	87.9%	5.8%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	6.4%	15.2%	28.3%	50.1%
05 Dairy products	33.1%	23.4%	27.6%	15.9%
06 Cereals and cereal products	23.2%	37.9%	23.4%	15.5%
07 Meat and meat products	2.6%	15.2%	77.6%	4.6%
08 Fish and shellfish	0.0%	19.4%	77.2%	3.4%
09 Eggs and egg products	12.1%	32.8%	44.2%	10.9%
10 Fat	18.2%	29.7%	47.0%	5.1%
11 Sugar and confectionery	16.7%	15.0%	14.3%	54.1%
12 Cakes	5.5%	6.2%	6.9%	81.3%
13 Non-alcoholic beverages	7.0%	11.8%	10.9%	70.2%
14 Alcoholic beverages	0.0%	0.0%	16.0%	84.0%
15 Condiments and sauces	1.9%	9.3%	85.4%	3.4%
16 Soups, bouillon	1.6%	40.0%	44.1%	14.2%
17 Miscellaneous	10.8%	13.0%	49.4%	26.8%

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	5.8%	89.2%	4.8%
02 Vegetables	0.9%	7.0%	88.4%	3.7%
03 Legumes	0.0%	4.0%	96.0%	0.0%
04 Fruits, nuts and olives	9.4%	12.3%	23.9%	54.3%
05 Dairy products	30.8%	23.4%	27.1%	18.8%
06 Cereals and cereal products	24.0%	34.6%	25.6%	15.8%
07 Meat and meat products	4.1%	15.2%	75.0%	5.7%
08 Fish and shellfish	4.3%	19.3%	53.5%	23.0%
09 Eggs and egg products	9.0%	26.0%	56.3%	8.6%
10 Fat	20.4%	27.1%	43.8%	8.7%
11 Sugar and confectionery	19.3%	14.8%	13.2%	52.6%
12 Cakes	8.3%	12.3%	4.9%	74.6%
13 Non-alcoholic beverages	7.8%	11.3%	12.3%	68.6%
14 Alcoholic beverages	0.0%	0.0%	22.7%	77.3%
15 Condiments and sauces	1.0%	12.9%	81.1%	5.1%

**Group=Female Children (7-18 years) - Moderate Education (n=354)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
16 Soups, bouillon	1.1%	24.4%	60.6%	13.9%
17 Miscellaneous	8.3%	23.6%	38.5%	29.6%

**Group=Female Children (7-18 years) - High Education (n=282)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.2%	94.8%	2.0%
02 Vegetables	0.5%	4.7%	89.8%	5.0%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	9.0%	12.8%	19.7%	58.5%
05 Dairy products	30.6%	21.4%	28.7%	19.4%
06 Cereals and cereal products	26.2%	35.2%	24.5%	14.0%
07 Meat and meat products	4.9%	15.8%	73.9%	5.4%
08 Fish and shellfish	0.9%	10.8%	80.2%	8.2%
09 Eggs and egg products	20.3%	29.9%	44.0%	5.8%
10 Fat	20.0%	31.7%	42.0%	6.3%
11 Sugar and confectionery	19.2%	15.7%	13.7%	51.3%
12 Cakes	4.4%	7.5%	5.1%	83.0%
13 Non-alcoholic beverages	9.2%	11.4%	13.2%	66.2%
14 Alcoholic beverages	0.0%	2.0%	28.4%	69.6%
15 Condiments and sauces	1.8%	13.2%	80.3%	4.7%
16 Soups, bouillon	0.5%	22.1%	62.6%	14.8%
17 Miscellaneous	12.0%	20.6%	44.1%	23.3%

**Group=Male Adults (19-69 years) - Low Education (n=322)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.3%	2.8%	94.7%	2.2%
02 Vegetables	0.5%	5.7%	88.7%	5.1%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	6.9%	19.6%	19.2%	54.3%
05 Dairy products	20.8%	27.2%	32.9%	19.1%
06 Cereals and cereal products	22.3%	36.6%	25.5%	15.6%
07 Meat and meat products	3.5%	15.9%	71.8%	8.7%
08 Fish and shellfish	5.1%	31.5%	50.6%	12.8%
09 Eggs and egg products	12.6%	29.4%	48.8%	9.2%
10 Fat	18.7%	31.5%	40.1%	9.8%
11 Sugar and confectionery	24.0%	15.1%	13.2%	47.6%
12 Cakes	7.6%	4.9%	1.9%	85.5%
13 Non-alcoholic beverages	11.1%	7.9%	6.4%	74.6%
14 Alcoholic beverages	0.0%	1.9%	11.5%	86.6%
15 Condiments and sauces	1.0%	10.2%	81.0%	7.7%
16 Soups, bouillon	1.9%	32.4%	49.7%	16.1%
17 Miscellaneous	11.5%	13.5%	34.4%	40.6%

**Group=Male Adults (19-69 years) - Moderate Education (n=487)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.5%	94.8%	1.6%
02 Vegetables	0.5%	6.5%	90.0%	3.1%
03 Legumes	0.0%	11.4%	88.6%	0.0%
04 Fruits, nuts and olives	11.9%	20.2%	18.5%	49.4%
05 Dairy products	23.9%	29.1%	29.1%	17.9%
06 Cereals and cereal products	22.7%	38.0%	26.5%	12.9%
07 Meat and meat products	3.9%	17.7%	70.6%	7.8%
08 Fish and shellfish	1.9%	30.8%	53.9%	13.4%
09 Eggs and egg products	12.3%	28.3%	48.6%	10.9%
10 Fat	18.2%	29.8%	43.4%	8.6%
11 Sugar and confectionery	22.9%	15.7%	14.4%	47.0%
12 Cakes	8.3%	3.6%	2.3%	85.8%
13 Non-alcoholic beverages	11.1%	7.8%	7.3%	73.8%
14 Alcoholic beverages	0.0%	0.8%	16.6%	82.5%
15 Condiments and sauces	1.9%	11.5%	81.0%	5.6%
16 Soups, bouillon	0.9%	41.7%	47.9%	9.4%
17 Miscellaneous	9.6%	19.3%	32.7%	38.4%

**Group=Male Adults (19-69 years) - High Education (n=246)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.6%	92.8%	2.6%
02 Vegetables	0.4%	7.4%	91.0%	1.2%
03 Legumes	0.0%	6.3%	85.9%	7.8%
04 Fruits, nuts and olives	11.8%	17.5%	16.9%	53.9%
05 Dairy products	23.5%	28.7%	29.6%	18.2%
06 Cereals and cereal products	23.8%	38.2%	26.5%	11.5%
07 Meat and meat products	3.6%	17.7%	73.2%	5.5%
08 Fish and shellfish	0.8%	22.8%	64.1%	12.3%
09 Eggs and egg products	11.4%	26.5%	54.0%	8.1%
10 Fat	17.5%	30.3%	44.5%	7.8%
11 Sugar and confectionery	22.3%	15.8%	16.4%	45.5%
12 Cakes	8.0%	6.0%	4.8%	81.2%
13 Non-alcoholic beverages	11.8%	7.4%	7.9%	72.9%
14 Alcoholic beverages	0.0%	1.5%	26.6%	72.0%
15 Condiments and sauces	1.6%	14.0%	79.7%	4.7%
16 Soups, bouillon	0.3%	49.1%	39.0%	11.6%
17 Miscellaneous	8.3%	24.7%	32.4%	34.6%

**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.5%	95.7%	0.8%
02 Vegetables	0.6%	6.6%	88.2%	4.5%
03 Legumes	0.0%	0.0%	94.1%	5.9%
04 Fruits, nuts and olives	8.5%	13.5%	17.7%	60.4%
05 Dairy products	21.0%	34.0%	26.6%	18.5%
06 Cereals and cereal products	24.6%	41.0%	24.1%	10.3%
07 Meat and meat products	3.2%	15.5%	75.5%	5.8%
08 Fish and shellfish	4.2%	28.1%	50.9%	16.8%
09 Eggs and egg products	15.9%	28.6%	47.4%	8.0%
10 Fat	21.0%	33.9%	40.5%	4.6%



**Group=Female Adults (19-69 years) - Low Education (n=386)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
11 Sugar and confectionery	24.1%	16.8%	11.7%	47.3%
12 Cakes	8.2%	4.0%	3.1%	84.7%
13 Non-alcoholic beverages	12.7%	6.8%	7.4%	73.1%
14 Alcoholic beverages	0.0%	1.5%	14.2%	84.3%
15 Condiments and sauces	1.1%	8.7%	84.8%	5.4%
16 Soups, bouillon	0.0%	37.2%	48.6%	14.2%
17 Miscellaneous	15.0%	15.0%	29.0%	41.0%

**Group=Female Adults (19-69 years) - Moderate Education (n=448)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.3%	2.2%	95.9%	1.6%
02 Vegetables	1.2%	8.2%	86.9%	3.7%
03 Legumes	6.4%	4.6%	85.8%	3.2%
04 Fruits, nuts and olives	8.9%	16.7%	16.1%	58.3%
05 Dairy products	22.2%	28.3%	27.2%	22.2%
06 Cereals and cereal products	22.7%	36.7%	28.9%	11.7%
07 Meat and meat products	4.3%	17.4%	73.6%	4.6%
08 Fish and shellfish	1.5%	22.4%	58.1%	18.0%
09 Eggs and egg products	18.7%	28.3%	45.6%	7.3%
10 Fat	17.9%	30.1%	45.3%	6.7%
11 Sugar and confectionery	22.2%	16.8%	11.4%	49.5%
12 Cakes	5.7%	4.9%	2.9%	86.5%
13 Non-alcoholic beverages	11.7%	7.0%	8.1%	73.3%
14 Alcoholic beverages	0.0%	1.0%	24.6%	74.4%
15 Condiments and sauces	1.0%	9.9%	84.7%	4.5%
16 Soups, bouillon	0.5%	40.6%	43.2%	15.6%
17 Miscellaneous	18.4%	12.1%	29.2%	40.3%

**Group=Female Adults (19-69 years) - High Education (n=217)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	1.8%	96.3%	1.9%
02 Vegetables	0.5%	8.7%	87.9%	2.9%
03 Legumes	0.0%	9.0%	88.6%	2.5%
04 Fruits, nuts and olives	9.4%	18.7%	19.9%	52.0%
05 Dairy products	25.1%	27.6%	26.8%	20.6%
06 Cereals and cereal products	24.3%	37.9%	29.4%	8.3%
07 Meat and meat products	4.9%	16.5%	72.9%	5.8%
08 Fish and shellfish	2.3%	15.2%	74.7%	7.9%
09 Eggs and egg products	21.6%	22.3%	54.7%	1.5%
10 Fat	18.2%	25.3%	50.6%	5.9%
11 Sugar and confectionery	19.4%	14.2%	15.8%	50.6%
12 Cakes	5.9%	5.3%	4.3%	84.6%
13 Non-alcoholic beverages	12.5%	7.4%	8.9%	71.3%
14 Alcoholic beverages	0.0%	0.0%	31.7%	68.3%
15 Condiments and sauces	1.7%	14.6%	77.1%	6.7%
16 Soups, bouillon	0.0%	41.6%	41.8%	16.6%
17 Miscellaneous	13.2%	13.0%	30.5%	43.3%

**Table 6.4.a** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Children (7-18 years) - Normal and Underweight (n=1404)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	4.5%	91.9%	3.4%
02 Vegetables	0.7%	4.9%	89.9%	4.5%
03 Legumes	0.0%	1.5%	98.5%	0.0%
04 Fruits, nuts and olives	8.0%	15.6%	23.7%	52.7%
05 Dairy products	31.1%	21.4%	28.9%	18.6%
06 Cereals and cereal products	25.2%	33.9%	24.8%	16.1%
07 Meat and meat products	4.6%	15.8%	73.8%	5.8%
08 Fish and shellfish	2.7%	17.8%	67.9%	11.7%
09 Eggs and egg products	11.9%	28.4%	53.3%	6.4%
10 Fat	20.2%	27.8%	44.1%	7.9%
11 Sugar and confectionery	20.1%	15.4%	13.8%	50.7%
12 Cakes	5.8%	9.1%	5.9%	79.2%
13 Non-alcoholic beverages	7.7%	11.3%	12.4%	68.6%
14 Alcoholic beverages	0.0%	0.3%	27.9%	71.8%
15 Condiments and sauces	1.6%	12.1%	80.4%	5.9%
16 Soups, bouillon	0.7%	24.6%	62.2%	12.5%
17 Miscellaneous	10.9%	22.7%	41.8%	24.6%

**Group=Children (7-18 years) - Overweight and Obese (n=308)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.2%	94.9%	1.8%
02 Vegetables	0.7%	5.1%	89.8%	4.4%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	12.6%	13.6%	20.8%	53.1%
05 Dairy products	30.2%	24.9%	26.9%	18.0%
06 Cereals and cereal products	25.5%	36.0%	23.5%	15.1%
07 Meat and meat products	5.3%	16.4%	73.5%	4.9%
08 Fish and shellfish	1.7%	9.7%	76.4%	12.1%
09 Eggs and egg products	20.4%	24.6%	47.5%	7.5%
10 Fat	21.6%	28.3%	44.4%	5.8%
11 Sugar and confectionery	18.3%	15.1%	12.4%	54.2%
12 Cakes	6.8%	9.1%	3.9%	80.2%
13 Non-alcoholic beverages	8.4%	10.9%	11.9%	68.8%
14 Alcoholic beverages	0.0%	0.0%	38.8%	61.2%
15 Condiments and sauces	1.6%	11.1%	83.2%	4.0%
16 Soups, bouillon	0.0%	28.2%	58.8%	13.0%
17 Miscellaneous	12.7%	21.6%	36.5%	29.2%

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	3.8%	94.0%	2.1%
02 Vegetables	0.7%	6.9%	89.1%	3.3%
03 Legumes	2.6%	3.5%	90.3%	3.6%
04 Fruits, nuts and olives	10.5%	18.6%	17.5%	53.5%
05 Dairy products	23.4%	28.9%	28.5%	19.2%
06 Cereals and cereal products	22.8%	37.4%	26.8%	13.0%

**Group=Adults (19-69 years) - Normal and Underweight (n=1010)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
07 Meat and meat products	3.6%	16.7%	73.2%	6.6%
08 Fish and shellfish	2.9%	24.4%	58.9%	13.9%
09 Eggs and egg products	13.5%	29.6%	50.3%	6.7%
10 Fat	18.1%	29.9%	44.2%	7.8%
11 Sugar and confectionery	23.6%	16.3%	11.2%	48.9%
12 Cakes	7.9%	4.5%	2.9%	84.7%
13 Non-alcoholic beverages	12.0%	7.3%	7.4%	73.3%
14 Alcoholic beverages	0.0%	1.3%	21.3%	77.4%
15 Condiments and sauces	1.2%	11.6%	80.6%	6.6%
16 Soups, bouillon	0.6%	42.1%	43.5%	13.7%
17 Miscellaneous	13.3%	17.5%	35.8%	33.5%

**Group=Adults (19-69 years) - Overweight and Obese (n=1095)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	2.5%	96.0%	1.4%
02 Vegetables	0.6%	7.3%	88.4%	3.7%
03 Legumes	0.0%	7.1%	90.1%	2.8%
04 Fruits, nuts and olives	8.9%	16.8%	18.3%	56.0%
05 Dairy products	22.0%	29.6%	28.7%	19.7%
06 Cereals and cereal products	23.7%	38.6%	26.7%	10.9%
07 Meat and meat products	4.1%	17.0%	72.7%	6.2%
08 Fish and shellfish	2.0%	26.5%	57.5%	14.0%
09 Eggs and egg products	16.5%	26.2%	48.1%	9.1%
10 Fat	19.1%	30.8%	43.3%	6.8%
11 Sugar and confectionery	21.9%	15.6%	15.7%	46.9%
12 Cakes	6.8%	4.7%	3.3%	85.2%
13 Non-alcoholic beverages	11.6%	7.4%	7.8%	73.2%
14 Alcoholic beverages	0.0%	1.0%	19.0%	80.0%
15 Condiments and sauces	1.5%	10.8%	82.8%	4.9%
16 Soups, bouillon	0.7%	39.0%	46.9%	13.5%
17 Miscellaneous	12.9%	15.1%	27.5%	44.5%

**Table 6.4.b** Average contribution of places of consumption to total food group consumption of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week.

**Group=Male Children (7-18 years) - Normal and Underweight (n=717)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	3.9%	92.8%	3.3%
02 Vegetables	0.7%	4.0%	90.9%	4.4%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	7.6%	17.7%	24.0%	50.8%
05 Dairy products	30.6%	21.6%	29.3%	18.4%
06 Cereals and cereal products	25.5%	33.5%	24.1%	16.9%
07 Meat and meat products	5.4%	16.1%	72.5%	6.0%
08 Fish and shellfish	2.7%	16.0%	71.1%	10.2%
09 Eggs and egg products	11.8%	29.8%	52.5%	5.8%
10 Fat	20.6%	26.7%	44.2%	8.4%
11 Sugar and confectionery	21.1%	15.5%	13.8%	49.6%
12 Cakes	5.6%	8.5%	6.1%	79.8%
13 Non-alcoholic beverages	7.2%	11.0%	12.6%	69.2%
14 Alcoholic beverages	0.0%	0.0%	30.9%	69.1%
15 Condiments and sauces	1.3%	11.9%	80.0%	6.7%
16 Soups, bouillon	0.0%	23.9%	65.1%	11.1%
17 Miscellaneous	13.0%	21.6%	40.8%	24.6%

**Group=Male Children (7-18 years) - Overweight and Obese (n=139)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.3%	94.3%	1.3%
02 Vegetables	0.5%	4.3%	91.9%	3.4%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	13.1%	17.9%	17.9%	51.1%
05 Dairy products	32.0%	23.5%	28.3%	16.2%
06 Cereals and cereal products	26.2%	33.9%	25.2%	14.6%
07 Meat and meat products	5.3%	17.0%	72.3%	5.5%
08 Fish and shellfish	4.1%	11.9%	71.4%	12.6%
09 Eggs and egg products	19.6%	20.0%	55.0%	5.5%
10 Fat	21.1%	26.2%	47.0%	5.7%
11 Sugar and confectionery	19.3%	13.1%	11.7%	55.9%
12 Cakes	6.3%	10.7%	2.9%	80.1%
13 Non-alcoholic beverages	8.1%	11.1%	10.8%	70.0%
14 Alcoholic beverages	0.0%	0.0%	30.5%	69.5%
15 Condiments and sauces	1.2%	10.5%	83.0%	5.3%
16 Soups, bouillon	0.0%	30.6%	58.7%	10.7%
17 Miscellaneous	11.6%	30.0%	36.1%	22.3%

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.4%	5.1%	91.0%	3.5%
02 Vegetables	0.7%	5.8%	88.9%	4.7%
03 Legumes	0.0%	2.8%	97.2%	0.0%
04 Fruits, nuts and olives	8.4%	13.4%	23.5%	54.7%
05 Dairy products	31.6%	21.2%	28.3%	18.9%
06 Cereals and cereal products	24.9%	34.2%	25.6%	15.3%

**Group=Female Children (7-18 years) - Normal and Underweight (n=687)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
07 Meat and meat products	3.8%	15.4%	75.2%	5.6%
08 Fish and shellfish	2.6%	19.8%	64.2%	13.4%
09 Eggs and egg products	12.1%	26.7%	54.1%	7.1%
10 Fat	19.7%	28.9%	44.0%	7.4%
11 Sugar and confectionery	19.0%	15.3%	13.8%	51.9%
12 Cakes	5.9%	9.7%	5.7%	78.7%
13 Non-alcoholic beverages	8.1%	11.5%	12.3%	68.1%
14 Alcoholic beverages	0.0%	0.7%	23.7%	75.6%
15 Condiments and sauces	1.9%	12.3%	80.8%	5.0%
16 Soups, bouillon	1.5%	25.3%	59.1%	14.0%
17 Miscellaneous	8.6%	23.9%	42.8%	24.7%

**Group=Female Children (7-18 years) - Overweight and Obese (n=169)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	2.5%	95.3%	2.2%
02 Vegetables	1.0%	5.7%	88.0%	5.3%
03 Legumes	0.0%	0.0%	100.0%	0.0%
04 Fruits, nuts and olives	12.2%	10.2%	23.0%	54.6%
05 Dairy products	28.6%	26.2%	25.7%	19.6%
06 Cereals and cereal products	24.9%	37.7%	21.9%	15.5%
07 Meat and meat products	5.4%	15.8%	74.5%	4.3%
08 Fish and shellfish	0.0%	8.2%	80.1%	11.7%
09 Eggs and egg products	21.0%	28.3%	41.7%	9.0%
10 Fat	22.0%	30.1%	42.1%	5.9%
11 Sugar and confectionery	17.5%	16.7%	13.0%	52.8%
12 Cakes	7.2%	7.7%	4.8%	80.3%
13 Non-alcoholic beverages	8.7%	10.6%	12.8%	67.8%
14 Alcoholic beverages	0.0%	0.0%	44.6%	55.4%
15 Condiments and sauces	2.1%	11.7%	83.4%	2.9%
16 Soups, bouillon	0.0%	26.6%	58.9%	14.4%
17 Miscellaneous	13.5%	15.1%	36.9%	34.5%

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.0%	4.3%	93.0%	2.7%
02 Vegetables	0.6%	6.0%	90.1%	3.2%
03 Legumes	0.0%	0.0%	93.6%	6.4%
04 Fruits, nuts and olives	10.5%	22.1%	17.9%	49.6%
05 Dairy products	24.3%	27.4%	30.8%	17.5%
06 Cereals and cereal products	21.6%	36.6%	26.3%	15.4%
07 Meat and meat products	3.5%	17.5%	70.9%	8.2%
08 Fish and shellfish	4.0%	29.7%	52.7%	13.7%
09 Eggs and egg products	10.9%	34.1%	48.9%	6.1%
10 Fat	17.5%	30.1%	42.0%	10.5%
11 Sugar and confectionery	24.9%	16.1%	10.9%	48.0%
12 Cakes	7.4%	3.9%	2.3%	86.4%
13 Non-alcoholic beverages	11.5%	8.0%	6.9%	73.6%
14 Alcoholic beverages	0.0%	1.3%	17.8%	81.0%
15 Condiments and sauces	1.3%	12.5%	77.6%	8.6%

**Group=Male Adults (19-69 years) - Normal and Underweight (n=491)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
16 Soups, bouillon	1.2%	40.4%	47.7%	10.7%
17 Miscellaneous	10.1%	22.1%	38.1%	29.7%

**Group=Male Adults (19-69 years) - Overweight and Obese (n=564)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	3.0%	95.3%	1.5%
02 Vegetables	0.4%	6.9%	89.7%	3.1%
03 Legumes	0.0%	10.0%	90.0%	0.0%
04 Fruits, nuts and olives	10.5%	17.3%	18.5%	53.7%
05 Dairy products	21.9%	29.2%	30.0%	19.0%
06 Cereals and cereal products	23.8%	38.4%	26.1%	11.7%
07 Meat and meat products	3.9%	16.9%	72.2%	6.9%
08 Fish and shellfish	1.0%	27.3%	59.4%	12.3%
09 Eggs and egg products	13.1%	23.4%	51.1%	12.5%
10 Fat	18.7%	30.6%	43.3%	7.4%
11 Sugar and confectionery	21.6%	15.1%	17.5%	45.8%
12 Cakes	8.5%	5.2%	3.2%	83.1%
13 Non-alcoholic beverages	11.1%	7.5%	7.4%	74.0%
14 Alcoholic beverages	0.0%	1.3%	18.3%	80.4%
15 Condiments and sauces	1.8%	11.2%	82.9%	4.0%
16 Soups, bouillon	0.9%	41.7%	44.6%	12.8%
17 Miscellaneous	9.5%	17.0%	29.2%	44.4%

**Group=Female Adults (19-69 years) - Normal and Underweight (n=519)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.2%	3.3%	95.0%	1.5%
02 Vegetables	0.9%	7.6%	88.2%	3.3%
03 Legumes	4.1%	5.5%	88.3%	2.0%
04 Fruits, nuts and olives	10.5%	15.8%	17.2%	56.5%
05 Dairy products	22.7%	30.3%	26.4%	20.6%
06 Cereals and cereal products	23.8%	38.1%	27.3%	10.8%
07 Meat and meat products	3.7%	15.9%	75.3%	5.1%
08 Fish and shellfish	2.0%	19.8%	64.2%	14.0%
09 Eggs and egg products	16.2%	24.9%	51.7%	7.2%
10 Fat	18.7%	29.8%	46.2%	5.4%
11 Sugar and confectionery	22.4%	16.4%	11.4%	49.7%
12 Cakes	8.3%	5.1%	3.3%	83.3%
13 Non-alcoholic beverages	12.4%	6.7%	7.7%	73.1%
14 Alcoholic beverages	0.0%	1.3%	25.9%	72.8%
15 Condiments and sauces	1.2%	10.7%	83.4%	4.8%
16 Soups, bouillon	0.1%	43.7%	39.7%	16.6%
17 Miscellaneous	16.1%	13.3%	33.6%	36.9%

**Group=Female Adults (19-69 years)- Overweight and Obese (n=531)**

Food groups based on EPIC-Soft Classification	Breakfast mean%	Lunch mean%	Dinner mean%	Inbetween mean%
01 Potatoes and other tubers	0.1%	1.9%	96.8%	1.2%
02 Vegetables	0.8%	7.9%	87.0%	4.3%
03 Legumes	0.0%	3.5%	90.3%	6.2%
04 Fruits, nuts and olives	7.2%	16.4%	18.0%	58.5%
05 Dairy products	22.1%	30.1%	27.3%	20.5%
06 Cereals and cereal products	23.7%	38.9%	27.4%	10.0%
07 Meat and meat products	4.4%	17.0%	73.2%	5.4%
08 Fish and shellfish	3.2%	25.5%	55.3%	16.1%
09 Eggs and egg products	20.0%	29.0%	45.2%	5.8%
10 Fat	19.5%	31.0%	43.4%	6.1%
11 Sugar and confectionery	22.2%	16.1%	13.6%	48.1%
12 Cakes	5.0%	4.2%	3.3%	87.5%
13 Non-alcoholic beverages	12.0%	7.3%	8.3%	72.4%
14 Alcoholic beverages	0.0%	0.6%	20.1%	79.4%
15 Condiments and sauces	1.2%	10.3%	82.8%	5.8%
16 Soups, bouillon	0.3%	36.1%	49.3%	14.3%
17 Miscellaneous	16.1%	13.3%	26.0%	44.6%