

Dutch National Food Consumption Survey 2007-2010|Part 4 Artificially Sweetened Foods, based on dataset FCS_2010_core_20111125

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Table 1.1 Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Total Population (n=3,819)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.2	0.0
04-01. Fruits	0.0	0.2	0.0
05. Dairy products	0.0	29.9	207.9
05-01. Milk	0.0	0.4	0.0
05-02. Milk beverages	0.0	3.3	0.0
05-03. Yoghurt	0.0	22.9	165.0
05-04. Fromage blanc, petits suisses	0.0	0.5	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.8	0.0
11. Sugar and confectionery	0.0	1.7	6.0
11-03. Confectionery non-chocolate	0.0	0.3	1.5
11-04. Syrup	0.0	1.4	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	134.6	720.0
13-01. Fruit and vegetable juices	0.0	13.4	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	121.2	670.8
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.9	6.0
17-02. Dietetic products	0.0	0.9	6.0
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	0.8	6.0

Table 1.2.a Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	27.4	186.3
05-01. Milk	0.0	0.6	0.0
05-02. Milk beverages	0.0	3.3	0.0
05-03. Yoghurt	0.0	21.5	158.7
05-04. Fromage blanc, petits suisses	0.0	0.2	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.9	0.0
11. Sugar and confectionery	0.0	4.8	28.2
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	4.5	28.2
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	153.8	685.1
13-01. Fruit and vegetable juices	0.0	18.9	133.3
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	134.9	625.1
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.5
17-02. Dietetic products	0.0	0.1	0.5
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.5

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.2	0.0
04-01. Fruits	0.0	0.2	0.0
05. Dairy products	0.0	30.5	216.0
05-01. Milk	0.0	0.4	0.0
05-02. Milk beverages	0.0	3.3	0.0
05-03. Yoghurt	0.0	23.2	166.9
05-04. Fromage blanc, petits suisses	0.0	0.5	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.0	0.0
11. Sugar and confectionery	0.0	1.1	3.0
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.7	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	130.4	725.0
13-01. Fruit and vegetable juices	0.0	12.2	76.7
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	118.2	692.6
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.1	7.0
17-02. Dietetic products	0.0	1.1	7.0
17-02-00. Unclassified	0.0	0.2	0.0
17-02-01. Artificial sweeteners	0.0	0.9	6.6

Table 1.2.b Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	26.4	177.3
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	2.3	0.0
05-03. Yoghurt	0.0	21.8	162.0
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.2	0.0
11. Sugar and confectionery	0.0	5.8	36.8
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	5.5	31.3
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	161.4	720.0
13-01. Fruit and vegetable juices	0.0	18.6	120.9
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	142.8	685.1
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	28.5	189.4
05-01. Milk	0.0	1.3	0.0
05-02. Milk beverages	0.0	4.3	0.0
05-03. Yoghurt	0.0	21.2	158.7
05-04. Fromage blanc, petits suisses	0.0	0.2	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.5	0.0
11. Sugar and confectionery	0.0	3.8	18.8
11-03. Confectionery non-chocolate	0.0	0.4	2.0
11-04. Syrup	0.0	3.4	18.8
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	145.9	633.4
13-01. Fruit and vegetable juices	0.0	19.2	150.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	126.7	608.4
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.6
17-02. Dietetic products	0.0	0.1	0.6
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.6

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	29.0	212.7
05-01. Milk	0.0	0.6	0.0
05-02. Milk beverages	0.0	3.7	0.0
05-03. Yoghurt	0.0	21.1	166.9
05-04. Fromage blanc, petits suisses	0.0	0.4	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.2	0.0
11. Sugar and confectionery	0.0	1.1	2.5
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.9	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	129.9	725.1
13-01. Fruit and vegetable juices	0.0	14.7	66.7
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	115.3	698.7
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.9	7.0
17-02. Dietetic products	0.0	0.9	7.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	7.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.4	0.0
04-01. Fruits	0.0	0.4	0.0
05. Dairy products	0.0	32.0	216.0
05-01. Milk	0.0	0.1	0.0
05-02. Milk beverages	0.0	3.0	0.0
05-03. Yoghurt	0.0	25.3	153.0
05-04. Fromage blanc, petits suisses	0.0	0.7	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.9	0.0
11. Sugar and confectionery	0.0	1.0	4.0
11-03. Confectionery non-chocolate	0.0	0.3	1.5
11-04. Syrup	0.0	0.5	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	130.8	700.0
13-01. Fruit and vegetable juices	0.0	9.8	76.7
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	121.1	692.6
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.3	7.0
17-02. Dietetic products	0.0	1.3	7.0
17-02-00. Unclassified	0.0	0.3	0.0
17-02-01. Artificial sweeteners	0.0	1.0	6.5

Table 1.2.c Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.3	0.0
04-01. Fruits	0.0	0.3	0.0
05. Dairy products	0.0	23.3	130.5
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	4.1	0.0
05-03. Yoghurt	0.0	15.0	100.8
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	4.1	0.0
11. Sugar and confectionery	0.0	7.9	45.0
11-03. Confectionery non-chocolate	0.0	0.1	1.0
11-04. Syrup	0.0	7.8	45.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	108.7	457.5
13-01. Fruit and vegetable juices	0.0	19.0	137.5
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	89.7	416.8
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.0	0.0
17-02. Dietetic products	0.0	0.0	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.0	0.0

Group=Male Children (9-13 years, n=351)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	28.9	191.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	3.0	0.0
05-03. Yoghurt	0.0	24.1	180.0
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.7	0.0
11. Sugar and confectionery	0.0	6.6	43.8
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	6.2	43.8
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	153.6	612.6
13-01. Fruit and vegetable juices	0.0	25.2	175.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	128.5	534.2
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.2
17-02. Dietetic products	0.0	0.1	0.2
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.2

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	31.5	189.0
05-01. Milk	0.0	0.2	0.0
05-02. Milk beverages	0.0	4.6	0.0
05-03. Yoghurt	0.0	25.3	180.0
05-04. Fromage blanc, petits suisses	0.0	0.6	0.0
05-06. Cream desserts, puddings (milk based)	0.0	0.9	0.0
11. Sugar and confectionery	0.0	5.2	28.2
11-03. Confectionery non-chocolate	0.0	0.4	2.0
11-04. Syrup	0.0	4.8	28.2
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	62.5	148.2	630.0
13-01. Fruit and vegetable juices	0.0	26.3	200.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	121.9	566.6
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	26.4	225.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	1.7	0.0
05-03. Yoghurt	0.0	23.1	162.0
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.4	0.0
11. Sugar and confectionery	0.0	3.5	27.0
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	3.2	27.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	195.6	858.4
13-01. Fruit and vegetable juices	0.0	13.1	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	182.5	854.2
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.1	0.5
17-02. Dietetic products	0.0	0.1	0.5
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.5

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	26.6	216.9
05-01. Milk	0.0	2.8	0.0
05-02. Milk beverages	0.0	3.3	0.0
05-03. Yoghurt	0.0	18.8	148.5
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.7	0.0
11. Sugar and confectionery	0.0	1.5	4.5
11-03. Confectionery non-chocolate	0.0	0.5	2.5
11-04. Syrup	0.0	1.0	0.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	153.5	733.4
13-01. Fruit and vegetable juices	0.0	11.3	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	142.2	729.1
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.2	1.0
17-02. Dietetic products	0.0	0.2	1.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.2	1.0

Group=Male Adults (19-30 years, n=356)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	26.4	243.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	1.3	0.0
05-03. Yoghurt	0.0	24.2	216.0
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	0.9	0.0
11. Sugar and confectionery	0.0	3.3	7.0
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	3.0	0.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	192.7	895.1
13-01. Fruit and vegetable juices	0.0	30.4	105.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	162.2	870.0
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.4	2.0
17-02. Dietetic products	0.0	0.4	2.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.4	2.0

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.4	0.0
04-01. Fruits	0.0	0.4	0.0
05. Dairy products	0.0	34.4	225.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	4.8	0.0
05-03. Yoghurt	0.0	25.8	135.0
05-04. Fromage blanc, petits suisses	0.0	1.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.8	0.0
11. Sugar and confectionery	0.0	1.4	4.5
11-03. Confectionery non-chocolate	0.0	0.3	1.5
11-04. Syrup	0.0	0.7	0.0
11-05. Ice cream, water ice	0.0	0.4	0.0
13. Non-alcoholic beverages	0.0	174.1	846.0
13-01. Fruit and vegetable juices	0.0	18.8	125.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	155.3	807.6
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.5	5.0
17-02. Dietetic products	0.0	1.5	5.0
17-02-00. Unclassified	0.0	0.8	0.0
17-02-01. Artificial sweeteners	0.0	0.8	5.0

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	30.1	212.7
05-01. Milk	0.0	1.4	0.0
05-02. Milk beverages	0.0	5.9	0.0
05-03. Yoghurt	0.0	18.7	148.5
05-04. Fromage blanc, petits suisses	0.0	0.3	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.9	0.0
11. Sugar and confectionery	0.0	0.6	2.5
11-03. Confectionery non-chocolate	0.0	0.1	1.0
11-04. Syrup	0.0	0.5	0.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	128.6	700.9
13-01. Fruit and vegetable juices	0.0	11.9	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	116.8	698.7
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.9	7.0
17-02. Dietetic products	0.0	0.9	7.0
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	0.8	7.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	35.9	228.0
05-01. Milk	0.0	0.2	0.0
05-02. Milk beverages	0.0	3.2	0.0
05-03. Yoghurt	0.0	29.0	201.6
05-04. Fromage blanc, petits suisses	0.0	1.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.5	0.0
11. Sugar and confectionery	0.0	0.9	4.0
11-03. Confectionery non-chocolate	0.0	0.3	1.5
11-04. Syrup	0.0	0.5	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	159.6	825.0
13-01. Fruit and vegetable juices	0.0	7.2	6.4
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	152.4	825.0
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.2	7.0
17-02. Dietetic products	0.0	1.2	7.0
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	1.1	7.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	29.1	203.4
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	2.3	0.0
05-03. Yoghurt	0.0	22.4	165.0
05-04. Fromage blanc, petits suisses	0.0	0.8	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.7	0.0
11. Sugar and confectionery	0.0	0.5	0.0
11-03. Confectionery non-chocolate	0.0	0.1	0.0
11-04. Syrup	0.0	0.2	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	91.6	483.4
13-01. Fruit and vegetable juices	0.0	8.3	0.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	83.3	483.3
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.2	7.4
17-02. Dietetic products	0.0	1.2	7.4
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	1.1	7.0

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.9	0.0
04-01. Fruits	0.0	0.9	0.0
05. Dairy products	0.0	25.4	175.5
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	1.6	0.0
05-03. Yoghurt	0.0	20.2	125.0
05-04. Fromage blanc, petits suisses	0.0	0.2	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.4	0.0
11. Sugar and confectionery	0.0	0.8	3.5
11-03. Confectionery non-chocolate	0.0	0.4	1.5
11-04. Syrup	0.0	0.2	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	65.6	362.6
13-01. Fruit and vegetable juices	0.0	7.3	0.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	58.3	362.5
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.3	7.0
17-02. Dietetic products	0.0	1.3	7.0
17-02-00. Unclassified	0.0	0.3	0.0
17-02-01. Artificial sweeteners	0.0	0.9	6.0

Table 1.3.a Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.2	0.0
04-01. Fruits	0.0	0.2	0.0
05. Dairy products	0.0	23.2	180.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	4.2	0.0
05-03. Yoghurt	0.0	16.5	148.5
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.4	0.0
11. Sugar and confectionery	0.0	5.7	28.2
11-03. Confectionery non-chocolate	0.0	0.5	2.0
11-04. Syrup	0.0	5.1	28.2
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	95.9	195.8	750.0
13-01. Fruit and vegetable juices	0.0	20.1	165.0
13-02. Carbonated/soft/iso drinks, diluted syrups	62.5	175.8	725.1
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.0	0.0
17-02. Dietetic products	0.0	0.0	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.0	0.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	24.2	168.3
05-01. Milk	0.0	1.4	0.0
05-02. Milk beverages	0.0	3.4	0.0
05-03. Yoghurt	0.0	17.5	135.0
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.9	0.0
11. Sugar and confectionery	0.0	4.8	30.2
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	4.4	30.2
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	146.0	662.5
13-01. Fruit and vegetable juices	0.0	20.7	139.2
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	125.2	604.3
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.1	0.5
17-02. Dietetic products	0.0	0.1	0.5
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.5

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	32.9	200.0
05-01. Milk	0.0	0.1	0.0
05-02. Milk beverages	0.0	3.0	0.0
05-03. Yoghurt	0.0	28.2	189.0
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.5	0.0
11. Sugar and confectionery	0.0	4.7	20.8
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	4.4	20.8
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	142.1	614.2
13-01. Fruit and vegetable juices	0.0	17.8	125.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	124.4	600.0
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.5
17-02. Dietetic products	0.0	0.1	0.5
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.5

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.5	0.0
04-01. Fruits	0.0	0.5	0.0
05. Dairy products	0.0	32.8	233.0
05-01. Milk	0.0	0.3	0.0
05-02. Milk beverages	0.0	2.3	0.0
05-03. Yoghurt	0.0	26.3	203.4
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.8	0.0
11. Sugar and confectionery	0.0	1.3	2.5
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	1.0	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	130.0	833.4
13-01. Fruit and vegetable juices	0.0	13.4	50.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	116.6	750.0
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.0	7.5
17-02. Dietetic products	0.0	1.0	7.5
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	1.0	7.0

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	30.3	212.7
05-01. Milk	0.0	0.7	0.0
05-02. Milk beverages	0.0	4.4	0.0
05-03. Yoghurt	0.0	22.0	148.5
05-04. Fromage blanc, petits suisses	0.0	0.8	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.5	0.0
11. Sugar and confectionery	0.0	0.9	3.0
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.5	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	125.9	650.0
13-01. Fruit and vegetable juices	0.0	12.7	83.4
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	113.3	608.4
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.2	7.0
17-02. Dietetic products	0.0	1.2	7.0
17-02-00. Unclassified	0.0	0.3	0.0
17-02-01. Artificial sweeteners	0.0	0.9	7.0

Group=Adults (19-69 years) - High Education (n=463)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	27.7	200.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	2.8	0.0
05-03. Yoghurt	0.0	21.3	148.5
05-04. Fromage blanc, petits suisses	0.0	0.6	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.0	0.0
11. Sugar and confectionery	0.0	1.0	4.5
11-03. Confectionery non-chocolate	0.0	0.3	1.5
11-04. Syrup	0.0	0.6	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	138.9	700.0
13-01. Fruit and vegetable juices	0.0	9.8	83.4
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	129.0	692.6
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.9	6.5
17-02. Dietetic products	0.0	0.9	6.5
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	0.8	6.5

Table 1.3.b Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.2	0.0
04-01. Fruits	0.0	0.2	0.0
05. Dairy products	0.0	20.8	162.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	3.2	0.0
05-03. Yoghurt	0.0	15.1	148.5
05-04. Fromage blanc, petits suisses	0.0	0.3	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.2	0.0
11. Sugar and confectionery	0.0	6.6	37.5
11-03. Confectionery non-chocolate	0.0	0.6	2.5
11-04. Syrup	0.0	5.9	37.5
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	100.0	193.8	725.0
13-01. Fruit and vegetable juices	0.0	17.1	153.3
13-02. Carbonated/soft/iso drinks, diluted syrups	50.0	176.7	725.0
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.0	0.0
17-02. Dietetic products	0.0	0.0	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.0	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	20.7	168.3
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	2.0	0.0
05-03. Yoghurt	0.0	16.1	130.5
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.5	0.0
11. Sugar and confectionery	0.0	6.2	37.5
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	5.9	37.5
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	152.0	720.9
13-01. Fruit and vegetable juices	0.0	22.7	139.2
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	129.3	651.7
15. Condiments and sauces	0.0	0.3	0.0
15-01. Sauces	0.0	0.3	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	35.0	216.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	2.0	0.0
05-03. Yoghurt	0.0	31.3	208.0
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.5	0.0
11. Sugar and confectionery	0.0	5.4	30.2
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	5.2	30.2
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	159.7	628.3
13-01. Fruit and vegetable juices	0.0	15.8	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	143.9	615.1
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.5
17-02. Dietetic products	0.0	0.1	0.5
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.5

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	25.8	186.3
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	5.3	0.0
05-03. Yoghurt	0.0	18.0	158.7
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.5	0.0
11. Sugar and confectionery	0.0	4.6	25.0
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	4.3	25.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	83.4	198.1	816.7
13-01. Fruit and vegetable juices	0.0	23.4	200.0
13-02. Carbonated/soft/iso drinks, diluted syrups	62.5	174.7	725.1
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	27.7	180.0
05-01. Milk	0.0	2.8	0.0
05-02. Milk beverages	0.0	4.7	0.0
05-03. Yoghurt	0.0	18.9	148.5
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.3	0.0
11. Sugar and confectionery	0.0	3.3	18.0
11-03. Confectionery non-chocolate	0.0	0.4	2.0
11-04. Syrup	0.0	2.9	15.3
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	4.5	139.8	600.0
13-01. Fruit and vegetable juices	0.0	18.7	150.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	121.1	571.7
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	1.0
17-02. Dietetic products	0.0	0.1	1.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	1.0

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	30.6	199.6
05-01. Milk	0.0	0.2	0.0
05-02. Milk beverages	0.0	4.0	0.0
05-03. Yoghurt	0.0	24.7	178.2
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.5	0.0
11. Sugar and confectionery	0.0	3.9	18.8
11-03. Confectionery non-chocolate	0.0	0.4	2.0
11-04. Syrup	0.0	3.4	18.8
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	123.1	608.4
13-01. Fruit and vegetable juices	0.0	19.9	153.3
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	103.2	572.5
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	1.0
17-02. Dietetic products	0.0	0.1	1.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	1.0

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	31.0	203.4
05-01. Milk	0.0	0.6	0.0
05-02. Milk beverages	0.0	1.8	0.0
05-03. Yoghurt	0.0	23.4	203.4
05-04. Fromage blanc, petits suisses	0.0	0.3	0.0
05-06. Cream desserts, puddings (milk based)	0.0	5.0	0.0
11. Sugar and confectionery	0.0	1.9	2.5
11-03. Confectionery non-chocolate	0.0	0.1	0.0
11-04. Syrup	0.0	1.8	0.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	151.4	875.0
13-01. Fruit and vegetable juices	0.0	16.8	0.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	134.6	862.5
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.9	7.0
17-02. Dietetic products	0.0	0.9	7.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.8	7.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	30.1	250.0
05-01. Milk	0.0	1.1	0.0
05-02. Milk beverages	0.0	4.6	0.0
05-03. Yoghurt	0.0	21.9	185.0
05-04. Fromage blanc, petits suisses	0.0	0.4	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.1	0.0
11. Sugar and confectionery	0.0	0.9	2.0
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.6	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	123.8	650.0
13-01. Fruit and vegetable juices	0.0	14.8	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	109.0	607.6
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	1.0	7.0
17-02. Dietetic products	0.0	1.0	7.0
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	0.9	7.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	24.7	177.3
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	4.1	0.0
05-03. Yoghurt	0.0	17.2	135.0
05-04. Fromage blanc, petits suisses	0.0	0.4	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.9	0.0
11. Sugar and confectionery	0.0	0.6	2.5
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.4	0.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	116.7	628.4
13-01. Fruit and vegetable juices	0.0	12.0	120.9
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	104.7	579.9
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.6	6.5
17-02. Dietetic products	0.0	0.6	6.5
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	6.5

Group=Female Adults (19-69 years) - Low Education (n=386)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.8	0.0
04-01. Fruits	0.0	0.8	0.0
05. Dairy products	0.0	34.3	244.7
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	2.8	0.0
05-03. Yoghurt	0.0	28.7	207.9
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.8	0.0
11. Sugar and confectionery	0.0	0.7	2.0
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	0.3	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	112.3	612.5
13-01. Fruit and vegetable juices	0.0	10.6	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	101.7	608.4
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.2	8.0
17-02. Dietetic products	0.0	1.2	8.0
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	1.1	7.5

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.2	0.0
04-01. Fruits	0.0	0.2	0.0
05. Dairy products	0.0	30.5	201.6
05-01. Milk	0.0	0.3	0.0
05-02. Milk beverages	0.0	4.1	0.0
05-03. Yoghurt	0.0	22.1	135.0
05-04. Fromage blanc, petits suisses	0.0	1.2	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.8	0.0
11. Sugar and confectionery	0.0	0.9	4.0
11-03. Confectionery non-chocolate	0.0	0.3	1.0
11-04. Syrup	0.0	0.5	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	128.2	628.3
13-01. Fruit and vegetable juices	0.0	10.4	76.7
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	117.9	628.3
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.4	7.0
17-02. Dietetic products	0.0	1.4	7.0
17-02-00. Unclassified	0.0	0.5	0.0
17-02-01. Artificial sweeteners	0.0	0.9	6.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	31.3	216.0
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	1.3	0.0
05-03. Yoghurt	0.0	26.0	173.3
05-04. Fromage blanc, petits suisses	0.0	0.9	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.0	0.0
11. Sugar and confectionery	0.0	1.4	6.3
11-03. Confectionery non-chocolate	0.0	0.5	1.5
11-04. Syrup	0.0	0.7	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	164.8	1044.9
13-01. Fruit and vegetable juices	0.0	7.3	0.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	157.5	1044.9
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.2	7.0
17-02. Dietetic products	0.0	1.2	7.0
17-02-00. Unclassified	0.0	0.3	0.0
17-02-01. Artificial sweeteners	0.0	1.0	7.0

Table 1.4.b Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	23.7	162.0
05-01. Milk	0.0	0.7	0.0
05-02. Milk beverages	0.0	2.5	0.0
05-03. Yoghurt	0.0	18.5	130.5
05-04. Fromage blanc, petits suisses	0.0	0.2	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.8	0.0
11. Sugar and confectionery	0.0	4.3	27.0
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	4.0	27.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	140.2	610.0
13-01. Fruit and vegetable juices	0.0	18.0	120.9
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	122.2	600.0
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	44.7	291.1
05-01. Milk	0.0	0.2	0.0
05-02. Milk beverages	0.0	7.0	0.0
05-03. Yoghurt	0.0	35.1	250.0
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.4	0.0
11. Sugar and confectionery	0.0	7.4	55.1
11-03. Confectionery non-chocolate	0.0	0.5	3.0
11-04. Syrup	0.0	6.9	55.1
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	100.0	216.6	866.7
13-01. Fruit and vegetable juices	0.0	23.2	200.0
13-02. Carbonated/soft/iso drinks, diluted syrups	24.2	193.4	858.4
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.2	2.0
17-02. Dietetic products	0.0	0.2	2.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.2	2.0

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	22.3	141.7
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	3.6	0.0
05-03. Yoghurt	0.0	16.3	130.5
05-04. Fromage blanc, petits suisses	0.0	0.3	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.1	0.0
11. Sugar and confectionery	0.0	1.0	3.0
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.7	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	107.1	563.8
13-01. Fruit and vegetable juices	0.0	14.8	76.7
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	92.3	550.0
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.6	5.0
17-02. Dietetic products	0.0	0.6	5.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	5.0

Group=Adults (19-69 years) - Overweight and Obese (n=1095)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.3	0.0
04-01. Fruits	0.0	0.3	0.0
05. Dairy products	0.0	37.2	244.7
05-01. Milk	0.0	0.7	0.0
05-02. Milk beverages	0.0	3.1	0.0
05-03. Yoghurt	0.0	28.8	207.9
05-04. Fromage blanc, petits suisses	0.0	0.8	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.8	0.0
11. Sugar and confectionery	0.0	1.0	3.5
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.7	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	149.6	807.6
13-01. Fruit and vegetable juices	0.0	10.0	83.4
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	139.5	750.0
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.5	8.5
17-02. Dietetic products	0.0	1.5	8.5
17-02-00. Unclassified	0.0	0.3	0.0
17-02-01. Artificial sweeteners	0.0	1.2	8.0

Table 1.4.a Consumption of Artificially Sweetened foods (food groups and subgroups) of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	23.8	148.5
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	1.8	0.0
05-03. Yoghurt	0.0	19.8	130.5
05-04. Fromage blanc, petits suisses	0.0	0.1	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.1	0.0
11. Sugar and confectionery	0.0	5.4	31.3
11-03. Confectionery non-chocolate	0.0	0.3	1.5
11-04. Syrup	0.0	5.1	31.3
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	144.7	612.6
13-01. Fruit and vegetable juices	0.0	19.6	125.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	125.1	580.0
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.3	0.0
04-01. Fruits	0.0	0.3	0.0
05. Dairy products	0.0	40.3	310.5
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	4.9	0.0
05-03. Yoghurt	0.0	32.4	248.4
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.0	0.0
11. Sugar and confectionery	0.0	8.0	65.7
11-03. Confectionery non-chocolate	0.0	0.5	4.0
11-04. Syrup	0.0	7.5	65.7
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	100.0	248.9	1005.0
13-01. Fruit and vegetable juices	0.0	13.7	100.0
13-02. Carbonated/soft/iso drinks, diluted syrups	83.4	235.2	1000.0
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.3	2.0
17-02. Dietetic products	0.0	0.3	2.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.3	2.0

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.1	0.0
04-01. Fruits	0.0	0.1	0.0
05. Dairy products	0.0	23.5	170.0
05-01. Milk	0.0	1.5	0.0
05-02. Milk beverages	0.0	3.3	0.0
05-03. Yoghurt	0.0	17.1	148.5
05-04. Fromage blanc, petits suisses	0.0	0.3	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.4	0.0
11. Sugar and confectionery	0.0	3.0	18.8
11-03. Confectionery non-chocolate	0.0	0.3	2.0
11-04. Syrup	0.0	2.7	18.8
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	135.3	608.4
13-01. Fruit and vegetable juices	0.0	16.3	120.9
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	119.0	600.0
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.1	0.0
17-02. Dietetic products	0.0	0.1	0.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.1	0.0

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	48.5	261.0
05-01. Milk	0.0	0.4	0.0
05-02. Milk beverages	0.0	8.7	0.0
05-03. Yoghurt	0.0	37.4	261.0
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.0	0.0
11. Sugar and confectionery	0.0	6.9	47.1
11-03. Confectionery non-chocolate	0.0	0.5	2.5
11-04. Syrup	0.0	6.4	47.1
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	95.8	189.2	847.5
13-01. Fruit and vegetable juices	0.0	31.2	250.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	158.0	700.8
15. Condiments and sauces	0.0	0.2	0.0
15-01. Sauces	0.0	0.2	0.0
17. Miscellaneous	0.0	0.2	1.1
17-02. Dietetic products	0.0	0.2	1.1
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.2	1.1

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	19.9	148.5
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	3.9	0.0
05-03. Yoghurt	0.0	15.0	130.5
05-04. Fromage blanc, petits suisses	0.0	0.0	0.0
05-06. Cream desserts, puddings (milk based)	0.0	1.0	0.0
11. Sugar and confectionery	0.0	1.1	2.5
11-03. Confectionery non-chocolate	0.0	0.2	1.0
11-04. Syrup	0.0	0.8	0.0
11-05. Ice cream, water ice	0.0	0.0	0.0
13. Non-alcoholic beverages	0.0	99.5	550.0
13-01. Fruit and vegetable juices	0.0	19.8	0.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	79.7	483.4
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	0.6	5.0
17-02. Dietetic products	0.0	0.6	5.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	5.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.0	0.0
04-01. Fruits	0.0	0.0	0.0
05. Dairy products	0.0	35.7	250.0
05-01. Milk	0.0	1.1	0.0
05-02. Milk beverages	0.0	3.5	0.0
05-03. Yoghurt	0.0	25.6	203.4
05-04. Fromage blanc, petits suisses	0.0	0.7	0.0
05-06. Cream desserts, puddings (milk based)	0.0	4.8	0.0
11. Sugar and confectionery	0.0	1.2	2.0
11-03. Confectionery non-chocolate	0.0	0.1	0.5
11-04. Syrup	0.0	1.0	0.0
11-05. Ice cream, water ice	0.0	0.1	0.0
13. Non-alcoholic beverages	0.0	152.5	846.0
13-01. Fruit and vegetable juices	0.0	10.8	83.4
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	141.7	846.0
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.1	7.0
17-02. Dietetic products	0.0	1.1	7.0
17-02-00. Unclassified	0.0	0.1	0.0
17-02-01. Artificial sweeteners	0.0	1.0	7.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.2	0.0
04-01. Fruits	0.0	0.2	0.0
05. Dairy products	0.0	24.3	141.7
05-01. Milk	0.0	0.0	0.0
05-02. Milk beverages	0.0	3.3	0.0
05-03. Yoghurt	0.0	17.5	130.5
05-04. Fromage blanc, petits suisses	0.0	0.5	0.0
05-06. Cream desserts, puddings (milk based)	0.0	3.0	0.0
11. Sugar and confectionery	0.0	1.0	3.0
11-03. Confectionery non-chocolate	0.0	0.3	1.0
11-04. Syrup	0.0	0.5	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	113.9	692.6
13-01. Fruit and vegetable juices	0.0	10.4	76.7
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	103.5	692.6
15. Condiments and sauces	0.0	0.1	0.0
15-01. Sauces	0.0	0.1	0.0
17. Miscellaneous	0.0	0.6	4.0
17-02. Dietetic products	0.0	0.6	4.0
17-02-00. Unclassified	0.0	0.0	0.0
17-02-01. Artificial sweeteners	0.0	0.6	4.0

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft classification	median g/day	mean g/day	P95 g/day
04. Fruits, nuts and olives	0.0	0.6	0.0
04-01. Fruits	0.0	0.6	0.0
05. Dairy products	0.0	38.8	242.5
05-01. Milk	0.0	0.2	0.0
05-02. Milk beverages	0.0	2.7	0.0
05-03. Yoghurt	0.0	32.3	207.9
05-04. Fromage blanc, petits suisses	0.0	0.9	0.0
05-06. Cream desserts, puddings (milk based)	0.0	2.7	0.0
11. Sugar and confectionery	0.0	0.9	4.5
11-03. Confectionery non-chocolate	0.0	0.4	2.0
11-04. Syrup	0.0	0.3	0.0
11-05. Ice cream, water ice	0.0	0.2	0.0
13. Non-alcoholic beverages	0.0	146.2	700.0
13-01. Fruit and vegetable juices	0.0	9.2	75.0
13-02. Carbonated/soft/iso drinks, diluted syrups	0.0	137.0	628.3
15. Condiments and sauces	0.0	0.0	0.0
15-01. Sauces	0.0	0.0	0.0
17. Miscellaneous	0.0	1.9	10.0
17-02. Dietetic products	0.0	1.9	10.0
17-02-00. Unclassified	0.0	0.6	0.0
17-02-01. Artificial sweeteners	0.0	1.3	8.5

Table 2.1 Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Total Population (n=3,819)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	250.0	191.7	42.5	324.5
04-01. Fruits	0.1	250.0	191.7	42.5	324.5
05. Dairy products	10.8	240.3	275.0	96.1	594.0
05-01. Milk	0.1	257.5	431.0	248.9	1030.0
05-02. Milk beverages	1.2	257.5	276.3	149.4	497.8
05-03. Yoghurt	8.3	243.0	276.6	65.0	594.0
05-04. Fromage blanc, petits suisses	0.2	250.0	214.3	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.4	192.3	188.4	60.0	283.3
11. Sugar and confectionery	8.7	5.0	20.2	1.0	90.0
11-03. Confectionery non-chocolate	5.9	2.0	4.5	1.0	16.0
11-04. Syrup	2.9	27.0	48.2	6.9	156.2
11-05. Ice cream, water ice	0.1	93.3	94.7	75.0	150.0
13. Non-alcoholic beverages	25.9	386.6	520.2	166.7	1449.9
13-01. Fruit and vegetable juices	3.8	241.7	355.4	100.0	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	22.9	400.0	530.2	166.7	1450.1
15. Condiments and sauces	0.3	20.0	19.9	7.8	34.9
15-01. Sauces	0.3	20.0	19.9	7.8	34.9
17. Miscellaneous	13.7	4.0	6.6	1.0	16.0
17-02. Dietetic products	13.7	4.0	6.6	1.0	16.0
17-02-00. Unclassified	0.2	38.0	70.2	20.0	334.8
17-02-01. Artificial sweeteners	13.5	4.0	5.7	1.0	15.0

Table 2.2.a Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	63.7	61.3	42.5	85.0
04-01. Fruits	0.2	63.7	61.3	42.5	85.0
05. Dairy products	9.0	250.0	307.2	100.0	756.0
05-01. Milk	0.1	248.9	548.4	180.3	1030.0
05-02. Milk beverages	1.2	248.9	277.5	154.5	497.8
05-03. Yoghurt	6.9	261.0	316.0	100.0	770.0
05-04. Fromage blanc, petits suisses	0.1	250.0	183.7	93.3	250.0
05-06. Cream desserts, puddings (milk based)	0.9	192.3	193.8	96.1	258.0
11. Sugar and confectionery	17.4	9.0	28.5	1.0	120.0
11-03. Confectionery non-chocolate	9.0	2.0	3.8	1.0	12.0
11-04. Syrup	9.0	36.0	50.9	6.8	156.3
11-05. Ice cream, water ice	0.0	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	33.1	375.0	464.9	133.3	1141.7
13-01. Fruit and vegetable juices	6.4	241.7	295.8	145.0	600.0
13-02. Carbonated/soft/iso drinks, diluted syrups	28.6	375.0	472.2	133.3	1150.0
15. Condiments and sauces	0.7	23.3	22.1	5.8	46.6
15-01. Sauces	0.7	23.3	22.1	5.8	46.6
17. Miscellaneous	3.5	2.0	3.0	0.4	8.0
17-02. Dietetic products	3.5	2.0	3.0	0.4	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.5	2.0	3.0	0.4	8.0

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	324.5	261.7	127.4	324.5
04-01. Fruits	0.1	324.5	261.7	127.4	324.5
05. Dairy products	11.2	240.3	269.3	65.0	594.0
05-01. Milk	0.1	257.5	403.1	250.0	566.6
05-02. Milk beverages	1.2	257.5	276.1	137.3	497.8
05-03. Yoghurt	8.6	237.6	269.6	65.0	594.0
05-04. Fromage blanc, petits suisses	0.3	250.0	216.7	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.5	192.3	187.7	60.0	283.3
11. Sugar and confectionery	6.8	4.0	15.6	1.0	75.0
11-03. Confectionery non-chocolate	5.3	2.0	4.8	1.0	16.0
11-04. Syrup	1.5	25.0	44.7	6.9	150.0
11-05. Ice cream, water ice	0.1	93.3	97.0	75.0	150.0
13. Non-alcoholic beverages	24.4	386.7	536.7	166.7	1450.2
13-01. Fruit and vegetable juices	3.2	241.7	381.4	100.0	766.6
13-02. Carbonated/soft/iso drinks, diluted syrups	21.7	400.0	547.0	166.7	1475.0
15. Condiments and sauces	0.2	20.0	17.9	7.8	25.0
15-01. Sauces	0.2	20.0	17.9	7.8	25.0
17. Miscellaneous	15.9	4.4	6.8	1.0	16.0
17-02. Dietetic products	15.9	4.4	6.8	1.0	16.0
17-02-00. Unclassified	0.2	38.0	70.2	20.0	334.8
17-02-01. Artificial sweeteners	15.7	4.0	5.8	1.0	15.0

Table 2.2.b Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	70.8	72.9	63.7	85.0
04-01. Fruits	0.2	70.8	72.9	63.7	85.0
05. Dairy products	8.3	261.0	325.9	100.0	770.0
05-01. Milk	0.0
05-02. Milk beverages	0.9	206.0	262.5	128.8	453.2
05-03. Yoghurt	6.6	270.0	341.5	100.0	891.0
05-04. Fromage blanc, petits suisses	0.1	140.0	116.8	93.3	140.0
05-06. Cream desserts, puddings (milk based)	1.0	192.3	196.0	82.4	283.3
11. Sugar and confectionery	17.0	18.0	35.3	1.0	123.8
11-03. Confectionery non-chocolate	7.3	2.0	4.1	1.0	12.0
11-04. Syrup	10.2	37.5	55.3	9.0	170.6
11-05. Ice cream, water ice	0.1	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	32.8	400.0	494.5	145.0	1216.7
13-01. Fruit and vegetable juices	6.1	241.7	301.3	166.7	526.0
13-02. Carbonated/soft/iso drinks, diluted syrups	28.5	416.6	503.6	144.4	1216.7
15. Condiments and sauces	0.8	23.3	22.9	5.8	46.6
15-01. Sauces	0.8	23.3	22.9	5.8	46.6
17. Miscellaneous	3.3	2.0	2.7	0.2	8.0
17-02. Dietetic products	3.3	2.0	2.7	0.2	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.3	2.0	2.7	0.2	8.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	48.0	47.0	42.5	56.6
04-01. Fruits	0.2	48.0	47.0	42.5	56.6
05. Dairy products	9.8	237.6	290.5	108.0	594.0
05-01. Milk	0.2	248.9	548.4	180.3	1030.0
05-02. Milk beverages	1.4	248.9	287.7	154.5	515.1
05-03. Yoghurt	7.3	237.6	292.0	100.0	687.6
05-04. Fromage blanc, petits suisses	0.1	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	0.8	192.3	190.9	144.2	240.3
11. Sugar and confectionery	17.8	6.0	21.6	1.0	104.2
11-03. Confectionery non-chocolate	10.8	2.0	3.5	1.0	9.0
11-04. Syrup	7.8	27.0	44.8	6.3	156.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	33.5	333.4	434.7	133.3	1000.0
13-01. Fruit and vegetable juices	6.6	225.0	290.4	133.3	606.6
13-02. Carbonated/soft/iso drinks, diluted syrups	28.8	333.3	439.6	133.3	1008.5
15. Condiments and sauces	0.6	23.3	21.1	5.8	46.6
15-01. Sauces	0.6	23.3	21.1	5.8	46.6
17. Miscellaneous	3.8	2.0	3.2	0.4	8.0
17-02. Dietetic products	3.8	2.0	3.2	0.4	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.8	2.0	3.2	0.4	8.0

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.0	252.0	286.9	65.0	594.0
05-01. Milk	0.2	566.6	447.1	257.5	566.6
05-02. Milk beverages	1.3	283.3	278.0	137.3	400.0
05-03. Yoghurt	7.2	261.0	290.2	65.0	594.0
05-04. Fromage blanc, petits suisses	0.2	250.0	234.4	186.7	250.0
05-06. Cream desserts, puddings (milk based)	1.4	240.3	200.3	60.0	330.0
11. Sugar and confectionery	5.4	4.0	21.2	1.0	120.8
11-03. Confectionery non-chocolate	4.1	3.0	4.3	1.0	12.0
11-04. Syrup	1.4	37.5	67.0	12.5	275.0
11-05. Ice cream, water ice	0.1	75.0	75.0	75.0	75.0
13. Non-alcoholic beverages	24.1	421.7	544.5	166.7	1450.2
13-01. Fruit and vegetable juices	3.0	290.0	487.3	133.3	1250.0
13-02. Carbonated/soft/iso drinks, diluted syrups	21.7	435.0	539.5	166.7	1450.2
15. Condiments and sauces	0.2	20.0	20.4	7.8	25.0
15-01. Sauces	0.2	20.0	20.4	7.8	25.0
17. Miscellaneous	12.9	6.0	6.9	1.0	20.0
17-02. Dietetic products	12.9	6.0	6.9	1.0	20.0
17-02-00. Unclassified	0.1	38.0	34.8	30.0	38.0
17-02-01. Artificial sweeteners	12.9	6.0	6.6	1.0	16.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	324.5	261.7	127.4	324.5
04-01. Fruits	0.1	324.5	261.7	127.4	324.5
05. Dairy products	12.5	225.0	255.2	96.1	566.6
05-01. Milk	0.0	250.0	250.0	250.0	250.0
05-02. Milk beverages	1.1	257.5	273.8	164.8	566.6
05-03. Yoghurt	9.9	216.0	254.5	65.0	540.0
05-04. Fromage blanc, petits suisses	0.3	250.0	207.7	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.6	192.3	176.8	96.1	257.5
11. Sugar and confectionery	8.2	4.0	11.8	1.0	57.0
11-03. Confectionery non-chocolate	6.4	2.0	5.1	1.0	24.0
11-04. Syrup	1.7	18.0	26.5	6.9	90.0
11-05. Ice cream, water ice	0.2	100.0	106.9	93.3	150.0
13. Non-alcoholic beverages	24.6	362.5	528.9	166.7	1485.0
13-01. Fruit and vegetable juices	3.4	241.7	287.0	44.0	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	21.7	386.7	554.5	166.7	1500.0
15. Condiments and sauces	0.2	11.6	15.6	11.6	23.3
15-01. Sauces	0.2	11.6	15.6	11.6	23.3
17. Miscellaneous	18.8	4.0	6.7	1.0	16.0
17-02. Dietetic products	18.8	4.0	6.7	1.0	16.0
17-02-00. Unclassified	0.4	38.0	80.7	20.0	334.8
17-02-01. Artificial sweeteners	18.5	4.0	5.3	1.0	14.0

Table 2.2.c Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.5	48.0	52.4	42.5	70.8
04-01. Fruits	0.5	48.0	52.4	42.5	70.8
05. Dairy products	9.3	201.6	245.8	100.0	432.0
05-01. Milk	0.0
05-02. Milk beverages	1.7	206.0	224.2	149.4	412.0
05-03. Yoghurt	5.5	225.0	274.9	100.0	795.6
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	2.1	192.3	186.3	82.4	257.5
11. Sugar and confectionery	17.4	25.2	46.8	2.0	126.3
11-03. Confectionery non-chocolate	3.3	2.0	3.7	1.0	14.0
11-04. Syrup	14.5	37.5	55.2	9.0	125.3
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	32.4	250.0	332.0	100.0	833.5
13-01. Fruit and vegetable juices	7.9	200.0	243.3	133.3	456.6
13-02. Carbonated/soft/iso drinks, diluted syrups	26.6	241.7	332.1	100.0	833.5
15. Condiments and sauces	1.0	11.6	17.0	11.6	23.3
15-01. Sauces	1.0	11.6	17.0	11.6	23.3
17. Miscellaneous	1.3	1.0	1.3	0.2	3.2
17-02. Dietetic products	1.3	1.0	1.3	0.2	3.2
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	1.3	1.0	1.3	0.2	3.2

Group=Male Children (9-13 years, n=351)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	85.0	85.0	85.0	85.0
04-01. Fruits	0.2	85.0	85.0	85.0	85.0
05. Dairy products	9.9	261.0	306.3	65.0	770.0
05-01. Milk	0.0
05-02. Milk beverages	1.3	283.3	266.7	155.2	400.0
05-03. Yoghurt	8.3	261.0	305.3	65.0	770.0
05-04. Fromage blanc, petits suisses	0.1	140.0	140.0	140.0	140.0
05-06. Cream desserts, puddings (milk based)	0.7	200.0	211.1	144.2	283.3
11. Sugar and confectionery	20.1	16.5	34.4	1.0	123.8
11-03. Confectionery non-chocolate	8.1	2.0	4.0	1.0	12.0
11-04. Syrup	12.8	27.6	50.6	6.3	170.6
11-05. Ice cream, water ice	0.1	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	34.7	333.4	444.0	166.7	1150.0
13-01. Fruit and vegetable juices	7.7	200.0	316.0	153.3	633.4
13-02. Carbonated/soft/iso drinks, diluted syrups	29.0	343.3	448.5	153.3	1000.0
15. Condiments and sauces	0.5	25.0	25.7	5.8	34.9
15-01. Sauces	0.5	25.0	25.7	5.8	34.9
17. Miscellaneous	3.5	2.0	2.1	0.1	4.8
17-02. Dietetic products	3.5	2.0	2.1	0.1	4.8
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.5	2.0	2.1	0.1	4.8

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.6	237.6	297.4	125.0	687.6
05-01. Milk	0.1	180.3	180.3	180.3	180.3
05-02. Milk beverages	1.4	248.9	315.0	171.7	566.6
05-03. Yoghurt	8.4	237.6	301.5	108.0	810.0
05-04. Fromage blanc, petits suisses	0.2	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	0.4	206.0	210.3	192.3	240.3
11. Sugar and confectionery	19.4	12.5	26.7	1.0	104.2
11-03. Confectionery non-chocolate	9.4	2.0	3.8	1.0	20.0
11-04. Syrup	11.2	27.0	43.0	6.3	125.0
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	35.9	333.4	412.5	125.0	966.8
13-01. Fruit and vegetable juices	8.6	241.7	309.9	125.0	628.3
13-02. Carbonated/soft/iso drinks, diluted syrups	30.2	266.6	401.6	125.0	966.8
15. Condiments and sauces	0.2	17.5	17.5	17.5	17.5
15-01. Sauces	0.2	17.5	17.5	17.5	17.5
17. Miscellaneous	2.7	2.0	3.3	1.0	21.0
17-02. Dietetic products	2.7	2.0	3.3	1.0	21.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.7	2.0	3.3	1.0	21.0

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	63.7	63.7	63.7	63.7
04-01. Fruits	0.2	63.7	63.7	63.7	63.7
05. Dairy products	6.7	300.0	398.0	144.0	900.0
05-01. Milk	0.0
05-02. Milk beverages	0.7	206.0	252.5	128.8	453.2
05-03. Yoghurt	5.5	300.0	426.6	144.0	1000.0
05-04. Fromage blanc, petits suisses	0.1	93.3	93.3	93.3	93.3
05-06. Cream desserts, puddings (milk based)	0.8	192.3	185.8	144.2	258.0
11. Sugar and confectionery	13.0	5.0	27.0	1.0	143.8
11-03. Confectionery non-chocolate	8.4	2.0	4.1	1.0	11.0
11-04. Syrup	5.0	50.0	62.8	10.0	181.3
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	32.7	483.4	600.0	166.7	1341.7
13-01. Fruit and vegetable juices	4.2	241.7	312.4	200.0	490.0
13-02. Carbonated/soft/iso drinks, diluted syrups	30.0	500.0	609.1	166.7	1450.2
15. Condiments and sauces	0.7	25.0	27.9	11.6	46.6
15-01. Sauces	0.7	25.0	27.9	11.6	46.6
17. Miscellaneous	3.9	2.0	3.5	1.0	8.0
17-02. Dietetic products	3.9	2.0	3.5	1.0	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.9	2.0	3.5	1.0	8.0

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	56.6	56.6	56.6	56.6
04-01. Fruits	0.1	56.6	56.6	56.6	56.6
05. Dairy products	8.8	248.9	301.9	100.0	540.0
05-01. Milk	0.4	1030.0	642.9	248.9	1030.0
05-02. Milk beverages	0.9	343.4	337.6	214.6	515.1
05-03. Yoghurt	6.7	237.6	282.0	100.0	540.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	0.8	206.0	195.2	96.1	240.3
11. Sugar and confectionery	17.3	3.0	9.1	1.0	37.6
11-03. Confectionery non-chocolate	14.9	2.0	3.5	1.0	8.0
11-04. Syrup	2.5	25.0	41.4	6.3	181.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	29.9	416.7	516.9	166.7	1055.0
13-01. Fruit and vegetable juices	3.8	241.7	294.5	145.0	579.9
13-02. Carbonated/soft/iso drinks, diluted syrups	27.0	483.4	531.1	166.7	1193.3
15. Condiments and sauces	1.0	23.3	21.7	5.8	46.6
15-01. Sauces	1.0	23.3	21.7	5.8	46.6
17. Miscellaneous	5.7	2.0	3.3	0.8	8.0
17-02. Dietetic products	5.7	2.0	3.3	0.8	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	5.7	2.0	3.3	0.8	8.0

Group=Male Adults (19-30 years, n=356)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	8.2	270.0	319.4	100.0	594.0
05-01. Milk	0.0
05-02. Milk beverages	0.6	200.0	209.2	171.7	309.0
05-03. Yoghurt	7.2	297.0	332.7	65.0	783.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	0.4	240.3	240.3	240.3	240.3
11. Sugar and confectionery	9.1	4.0	36.5	1.0	243.8
11-03. Confectionery non-chocolate	6.7	2.0	4.7	1.0	14.0
11-04. Syrup	2.7	120.8	113.5	15.0	375.0
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	25.3	500.0	754.0	191.7	1980.0
13-01. Fruit and vegetable juices	2.7	483.4	1123.3	200.0	4816.5
13-02. Carbonated/soft/iso drinks, diluted syrups	23.3	500.0	691.3	191.7	1800.0
15. Condiments and sauces	0.4	25.0	20.7	7.8	25.0
15-01. Sauces	0.4	25.0	20.7	7.8	25.0
17. Miscellaneous	6.3	4.0	5.7	1.0	14.0
17-02. Dietetic products	6.3	4.0	5.7	1.0	14.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	6.3	4.0	5.7	1.0	14.0

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	250.0	250.0	250.0	250.0
04-01. Fruits	0.2	250.0	250.0	250.0	250.0
05. Dairy products	13.6	225.0	249.5	99.0	499.3
05-01. Milk	0.0
05-02. Milk beverages	1.9	248.9	253.2	164.8	497.8
05-03. Yoghurt	10.6	216.0	239.3	65.0	498.6
05-04. Fromage blanc, petits suisses	0.4	250.0	229.6	186.7	250.0
05-06. Cream desserts, puddings (milk based)	1.7	192.3	170.2	25.8	240.3
11. Sugar and confectionery	10.3	3.0	13.4	1.0	71.7
11-03. Confectionery non-chocolate	7.8	2.0	3.6	1.0	8.0
11-04. Syrup	2.3	31.3	30.9	9.0	71.7
11-05. Ice cream, water ice	0.3	100.0	123.9	100.0	150.0
13. Non-alcoholic beverages	29.7	483.3	581.8	166.7	1450.2
13-01. Fruit and vegetable juices	5.4	241.7	351.4	25.0	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	25.4	483.4	604.9	166.7	1450.2
15. Condiments and sauces	0.2	18.6	18.6	18.6	18.6
15-01. Sauces	0.2	18.6	18.6	18.6	18.6
17. Miscellaneous	14.1	4.0	10.6	1.0	17.0
17-02. Dietetic products	14.1	4.0	10.6	1.0	17.0
17-02-00. Unclassified	0.2	334.8	334.8	334.8	334.8
17-02-01. Artificial sweeteners	13.9	4.0	5.5	1.0	16.0

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.3	252.0	279.4	65.0	566.6
05-01. Milk	0.3	566.6	447.1	257.5	566.6
05-02. Milk beverages	2.0	283.3	289.9	137.3	566.5
05-03. Yoghurt	6.7	261.0	269.5	65.0	594.0
05-04. Fromage blanc, petits suisses	0.1	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	1.5	240.3	212.6	60.0	330.0
11. Sugar and confectionery	5.7	4.0	11.0	1.0	50.0
11-03. Confectionery non-chocolate	4.3	3.0	3.5	1.0	8.0
11-04. Syrup	1.6	25.0	30.7	9.0	62.5
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	27.1	386.6	488.1	166.7	1235.0
13-01. Fruit and vegetable juices	3.3	333.4	360.5	133.3	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	24.1	386.6	499.3	166.7	1249.8
15. Condiments and sauces	0.2	20.0	20.0	20.0	20.0
15-01. Sauces	0.2	20.0	20.0	20.0	20.0
17. Miscellaneous	13.3	6.0	7.0	1.0	22.0
17-02. Dietetic products	13.3	6.0	7.0	1.0	22.0
17-02-00. Unclassified	0.1	38.0	38.0	38.0	38.0
17-02-01. Artificial sweeteners	13.2	6.0	6.7	1.0	20.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	13.4	237.6	272.5	96.1	594.0
05-01. Milk	0.1	250.0	250.0	250.0	250.0
05-02. Milk beverages	1.0	283.3	315.9	164.8	566.6
05-03. Yoghurt	10.8	237.6	272.3	65.0	594.0
05-04. Fromage blanc, petits suisses	0.5	250.0	213.6	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.5	150.0	176.2	96.1	283.3
11. Sugar and confectionery	8.3	4.0	11.2	1.0	45.0
11-03. Confectionery non-chocolate	6.5	2.0	4.2	1.0	12.0
11-04. Syrup	1.9	18.0	28.6	6.3	90.0
11-05. Ice cream, water ice	0.1	100.0	100.0	100.0	100.0
13. Non-alcoholic beverages	28.6	362.5	554.4	166.7	1625.0
13-01. Fruit and vegetable juices	2.6	241.7	270.8	44.0	1000.0
13-02. Carbonated/soft/iso drinks, diluted syrups	26.2	386.7	579.4	166.7	1625.0
15. Condiments and sauces	0.2	11.6	11.6	11.6	11.6
15-01. Sauces	0.2	11.6	11.6	11.6	11.6
17. Miscellaneous	20.9	4.0	5.6	1.0	15.0
17-02. Dietetic products	20.9	4.0	5.6	1.0	15.0
17-02-00. Unclassified	0.2	25.0	25.0	25.0	25.0
17-02-01. Artificial sweeteners	20.6	4.0	5.4	1.0	14.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.6	240.3	280.4	100.0	594.0
05-01. Milk	0.0
05-02. Milk beverages	0.9	283.3	273.0	192.3	343.4
05-03. Yoghurt	7.9	237.6	288.5	100.0	594.0
05-04. Fromage blanc, petits suisses	0.4	250.0	227.8	186.7	250.0
05-06. Cream desserts, puddings (milk based)	2.0	192.3	183.6	31.7	258.0
11. Sugar and confectionery	2.7	5.0	17.0	1.0	75.0
11-03. Confectionery non-chocolate	2.2	4.0	5.5	1.0	16.0
11-04. Syrup	0.3	60.4	55.4	50.0	60.4
11-05. Ice cream, water ice	0.2	75.0	75.0	75.0	75.0
13. Non-alcoholic beverages	19.5	333.4	474.3	166.7	1450.2
13-01. Fruit and vegetable juices	2.8	208.3	294.9	36.0	825.0
13-02. Carbonated/soft/iso drinks, diluted syrups	17.4	333.4	483.5	166.7	1450.2
15. Condiments and sauces	0.0
15-01. Sauces	0.0
17. Miscellaneous	16.7	6.0	7.0	1.0	18.0
17-02. Dietetic products	16.7	6.0	7.0	1.0	18.0
17-02-00. Unclassified	0.1	30.0	30.0	30.0	30.0
17-02-01. Artificial sweeteners	16.7	6.0	6.7	1.0	18.0

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.3	324.5	265.2	127.4	324.5
04-01. Fruits	0.3	324.5	265.2	127.4	324.5
05. Dairy products	10.7	216.0	231.6	65.0	522.0
05-01. Milk	0.0
05-02. Milk beverages	0.7	250.0	229.5	120.2	283.3
05-03. Yoghurt	8.3	216.0	236.6	65.0	522.0
05-04. Fromage blanc, petits suisses	0.1	140.0	140.0	140.0	140.0
05-06. Cream desserts, puddings (milk based)	1.8	192.3	181.3	96.1	257.5
11. Sugar and confectionery	6.7	6.0	11.4	0.3	40.0
11-03. Confectionery non-chocolate	5.5	4.0	7.9	0.3	24.0
11-04. Syrup	1.1	15.0	16.1	6.0	60.4
11-05. Ice cream, water ice	0.2	93.3	93.3	93.3	93.3
13. Non-alcoholic beverages	16.1	290.0	407.4	145.0	966.6
13-01. Fruit and vegetable juices	3.2	208.3	235.6	100.0	416.6
13-02. Carbonated/soft/iso drinks, diluted syrups	13.5	333.4	430.9	166.7	1063.4
15. Condiments and sauces	0.1	23.3	23.3	23.3	23.3
15-01. Sauces	0.1	23.3	23.3	23.3	23.3
17. Miscellaneous	19.2	4.0	6.6	0.6	16.0
17-02. Dietetic products	19.2	4.0	6.6	0.6	16.0
17-02-00. Unclassified	0.6	40.0	50.6	20.0	92.0
17-02-01. Artificial sweeteners	18.7	4.0	5.1	0.6	14.0

Table 2.3.a Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.3	85.0	69.2	48.0	85.0
04-01. Fruits	0.3	85.0	69.2	48.0	85.0
05. Dairy products	8.3	240.3	278.7	115.2	594.0
05-01. Milk	0.0
05-02. Milk beverages	1.2	343.4	335.4	154.5	497.8
05-03. Yoghurt	5.8	261.0	288.9	115.2	648.0
05-04. Fromage blanc, petits suisses	0.1	140.0	140.0	140.0	140.0
05-06. Cream desserts, puddings (milk based)	1.3	192.3	175.9	82.4	240.3
11. Sugar and confectionery	20.1	16.0	28.5	1.0	123.3
11-03. Confectionery non-chocolate	9.9	2.0	4.6	1.0	16.0
11-04. Syrup	11.1	34.0	46.7	9.0	156.2
11-05. Ice cream, water ice	0.2	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	39.1	400.0	499.1	144.4	1216.7
13-01. Fruit and vegetable juices	6.5	250.0	311.5	125.0	660.0
13-02. Carbonated/soft/iso drinks, diluted syrups	35.2	400.1	496.1	144.4	1055.1
15. Condiments and sauces	0.4	23.3	21.4	5.8	46.6
15-01. Sauces	0.4	23.3	21.4	5.8	46.6
17. Miscellaneous	2.0	2.0	2.2	0.8	6.0
17-02. Dietetic products	2.0	2.0	2.2	0.8	6.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.0	2.0	2.2	0.8	6.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	42.5	52.9	42.5	63.7
04-01. Fruits	0.2	42.5	52.9	42.5	63.7
05. Dairy products	8.1	258.0	300.2	65.0	675.0
05-01. Milk	0.2	1030.0	642.9	248.9	1030.0
05-02. Milk beverages	1.2	283.3	278.5	155.2	453.2
05-03. Yoghurt	6.0	261.0	299.4	65.0	675.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	0.8	192.3	202.5	144.2	283.3
11. Sugar and confectionery	16.7	9.0	29.3	1.0	122.9
11-03. Confectionery non-chocolate	8.8	2.0	3.8	1.0	12.0
11-04. Syrup	8.5	37.5	53.6	9.0	181.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	33.3	333.4	439.0	144.4	1150.0
13-01. Fruit and vegetable juices	6.5	241.7	317.2	166.7	631.6
13-02. Carbonated/soft/iso drinks, diluted syrups	28.2	333.4	443.8	133.3	1160.1
15. Condiments and sauces	0.9	23.3	22.5	11.6	46.6
15-01. Sauces	0.9	23.3	22.5	11.6	46.6
17. Miscellaneous	3.7	2.0	3.5	0.4	10.0
17-02. Dietetic products	3.7	2.0	3.5	0.4	10.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.7	2.0	3.5	0.4	10.0

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	70.8	70.8	70.8	70.8
04-01. Fruits	0.1	70.8	70.8	70.8	70.8
05. Dairy products	10.2	257.5	327.4	100.0	810.0
05-01. Milk	0.1	180.3	180.3	180.3	180.3
05-02. Milk beverages	1.2	206.0	246.6	128.8	400.0
05-03. Yoghurt	8.5	261.0	340.4	100.0	810.0
05-04. Fromage blanc, petits suisses	0.1	93.3	93.3	93.3	93.3
05-06. Cream desserts, puddings (milk based)	0.7	192.3	206.1	144.2	257.5
11. Sugar and confectionery	17.1	8.3	28.0	1.0	106.3
11-03. Confectionery non-chocolate	9.2	2.0	3.4	1.0	8.0
11-04. Syrup	8.4	36.0	53.0	6.8	156.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	30.1	391.7	476.4	133.3	1100.0
13-01. Fruit and vegetable juices	6.6	200.0	268.4	153.3	500.0
13-02. Carbonated/soft/iso drinks, diluted syrups	25.4	416.6	495.0	133.3	1100.0
15. Condiments and sauces	0.3	34.9	29.5	11.7	46.6
15-01. Sauces	0.3	34.9	29.5	11.7	46.6
17. Miscellaneous	4.5	2.0	2.6	0.3	6.0
17-02. Dietetic products	4.5	2.0	2.6	0.3	6.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	4.5	2.0	2.6	0.3	6.0

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	324.5	265.2	127.4	324.5
04-01. Fruits	0.2	324.5	265.2	127.4	324.5
05. Dairy products	11.8	252.0	274.4	65.0	594.0
05-01. Milk	0.1	257.5	257.5	257.5	257.5
05-02. Milk beverages	1.0	274.6	251.0	120.2	388.0
05-03. Yoghurt	9.6	252.0	270.3	65.0	594.0
05-04. Fromage blanc, petits suisses	0.1	186.7	186.7	186.7	186.7
05-06. Cream desserts, puddings (milk based)	1.6	231.8	212.1	96.1	330.0
11. Sugar and confectionery	5.9	4.0	21.8	1.0	100.0
11-03. Confectionery non-chocolate	4.3	3.0	4.6	1.0	16.0
11-04. Syrup	1.5	47.9	64.8	6.3	275.0
11-05. Ice cream, water ice	0.1	100.0	100.0	100.0	100.0
13. Non-alcoholic beverages	23.0	400.0	565.3	166.7	1450.2
13-01. Fruit and vegetable juices	3.0	241.7	440.0	25.0	1000.0
13-02. Carbonated/soft/iso drinks, diluted syrups	20.7	483.3	566.5	166.7	1450.2
15. Condiments and sauces	0.0	23.3	23.3	23.3	23.3
15-01. Sauces	0.0	23.3	23.3	23.3	23.3
17. Miscellaneous	17.3	4.0	6.0	1.0	15.0
17-02. Dietetic products	17.3	4.0	6.0	1.0	15.0
17-02-00. Unclassified	0.2	30.0	29.7	20.0	40.0
17-02-01. Artificial sweeteners	17.2	4.0	5.7	1.0	15.0

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0	250.0	250.0	250.0	250.0
04-01. Fruits	0.0	250.0	250.0	250.0	250.0
05. Dairy products	11.1	248.9	272.8	65.0	594.0
05-01. Milk	0.2	566.6	465.6	250.0	566.6
05-02. Milk beverages	1.5	250.0	282.7	137.3	566.5
05-03. Yoghurt	7.8	252.0	281.4	65.0	594.0
05-04. Fromage blanc, petits suisses	0.4	250.0	207.9	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.5	192.3	167.7	60.0	258.0
11. Sugar and confectionery	6.9	4.0	13.5	1.0	71.7
11-03. Confectionery non-chocolate	5.5	2.0	4.5	1.0	16.0
11-04. Syrup	1.5	18.0	34.7	6.9	120.8
11-05. Ice cream, water ice	0.2	75.0	97.4	75.0	150.0
13. Non-alcoholic beverages	24.4	386.6	520.9	166.7	1386.7
13-01. Fruit and vegetable juices	3.3	241.7	386.5	100.0	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	21.4	400.0	532.7	166.7	1400.0
15. Condiments and sauces	0.3	20.0	17.1	7.8	25.0
15-01. Sauces	0.3	20.0	17.1	7.8	25.0
17. Miscellaneous	16.0	4.8	7.4	1.0	17.0
17-02. Dietetic products	16.0	4.8	7.4	1.0	17.0
17-02-00. Unclassified	0.3	38.0	85.5	25.0	334.8
17-02-01. Artificial sweeteners	15.7	4.0	5.9	1.0	15.0

Group=Adults (19-69 years) - High Education (n=463)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.8	237.6	255.5	100.0	540.0
05-01. Milk	0.0
05-02. Milk beverages	1.0	283.3	290.0	171.7	400.0
05-03. Yoghurt	8.5	237.6	249.1	100.0	522.0
05-04. Fromage blanc, petits suisses	0.3	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	1.4	154.5	188.6	127.5	240.3
11. Sugar and confectionery	7.8	4.0	12.8	1.0	75.1
11-03. Confectionery non-chocolate	6.1	3.0	5.3	1.0	24.0
11-04. Syrup	1.6	27.0	35.7	9.0	90.0
11-05. Ice cream, water ice	0.1	93.3	93.3	93.3	93.3
13. Non-alcoholic beverages	26.1	386.7	529.8	166.7	1546.4
13-01. Fruit and vegetable juices	3.3	241.7	301.2	133.3	600.0
13-02. Carbonated/soft/iso drinks, diluted syrups	23.5	400.0	547.7	166.7	1625.0
15. Condiments and sauces	0.1	18.6	18.6	18.6	18.6
15-01. Sauces	0.1	18.6	18.6	18.6	18.6
17. Miscellaneous	13.7	5.0	6.8	1.0	16.0
17-02. Dietetic products	13.7	5.0	6.8	1.0	16.0
17-02-00. Unclassified	0.1	92.0	92.0	92.0	92.0
17-02-01. Artificial sweeteners	13.6	5.0	5.9	1.0	14.9

Table 2.3.b Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.3	85.0	85.0	85.0	85.0
04-01. Fruits	0.3	85.0	85.0	85.0	85.0
05. Dairy products	7.5	207.0	282.1	82.4	648.0
05-01. Milk	0.0
05-02. Milk beverages	0.9	412.0	353.2	206.0	453.2
05-03. Yoghurt	5.1	270.0	303.7	126.0	648.0
05-04. Fromage blanc, petits suisses	0.2	140.0	140.0	140.0	140.0
05-06. Cream desserts, puddings (milk based)	1.3	192.3	168.5	82.4	240.3
11. Sugar and confectionery	20.8	18.8	32.2	2.0	127.0
11-03. Confectionery non-chocolate	8.6	2.0	6.5	1.5	30.0
11-04. Syrup	13.7	27.0	43.7	6.3	156.2
11-05. Ice cream, water ice	0.3	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	37.6	463.3	510.3	144.4	1208.5
13-01. Fruit and vegetable juices	5.3	241.7	324.1	166.7	580.0
13-02. Carbonated/soft/iso drinks, diluted syrups	34.7	483.4	502.8	144.4	1166.7
15. Condiments and sauces	0.0
15-01. Sauces	0.0
17. Miscellaneous	2.0	2.0	1.8	1.0	2.0
17-02. Dietetic products	2.0	2.0	1.8	1.0	2.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.0	2.0	1.8	1.0	2.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft classification	% consumption days	median g/day	mean g/day	On consumption days	
				P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	63.7	63.7	63.7	63.7
04-01. Fruits	0.2	63.7	63.7	63.7	63.7
05. Dairy products	6.9	270.0	309.4	65.0	675.0
05-01. Milk	0.0
05-02. Milk beverages	0.9	283.3	254.6	155.2	336.5
05-03. Yoghurt	5.3	274.0	321.0	65.0	680.4
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	1.0	200.0	213.6	144.2	283.3
11. Sugar and confectionery	16.5	20.0	38.9	1.0	125.0
11-03. Confectionery non-chocolate	6.9	2.0	3.8	1.0	12.0
11-04. Syrup	10.1	37.6	60.6	9.0	181.3
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	32.5	350.0	471.6	153.3	1234.0
13-01. Fruit and vegetable juices	7.1	200.0	317.6	145.0	633.4
13-02. Carbonated/soft/iso drinks, diluted syrups	26.9	400.0	484.9	144.4	1333.4
15. Condiments and sauces	1.5	23.3	22.2	11.6	46.6
15-01. Sauces	1.5	23.3	22.2	11.6	46.6
17. Miscellaneous	3.5	2.0	3.4	0.1	10.0
17-02. Dietetic products	3.5	2.0	3.4	0.1	10.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.5	2.0	3.4	0.1	10.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	70.8	70.8	70.8	70.8
04-01. Fruits	0.2	70.8	70.8	70.8	70.8
05. Dairy products	10.1	261.0	358.5	100.0	900.0
05-01. Milk	0.0
05-02. Milk beverages	1.0	206.0	226.5	128.8	400.0
05-03. Yoghurt	8.9	270.0	367.5	100.0	900.0
05-04. Fromage blanc, petits suisses	0.1	93.3	93.3	93.3	93.3
05-06. Cream desserts, puddings (milk based)	0.6	257.5	207.3	144.2	257.5
11. Sugar and confectionery	15.6	10.0	35.7	1.0	123.8
11-03. Confectionery non-chocolate	6.6	2.0	2.9	1.0	8.0
11-04. Syrup	9.0	36.0	59.6	9.0	229.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	31.8	400.0	508.2	166.7	1160.0
13-01. Fruit and vegetable juices	5.7	200.0	270.3	166.7	483.4
13-02. Carbonated/soft/iso drinks, diluted syrups	27.8	403.3	525.5	153.3	1160.0
15. Condiments and sauces	0.3	46.6	35.0	23.3	46.6
15-01. Sauces	0.3	46.6	35.0	23.3	46.6
17. Miscellaneous	4.1	2.0	2.2	0.2	6.0
17-02. Dietetic products	4.1	2.0	2.2	0.2	6.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	4.1	2.0	2.2	0.2	6.0

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.3	48.0	48.0	48.0	48.0
04-01. Fruits	0.3	48.0	48.0	48.0	48.0
05. Dairy products	9.2	250.0	275.7	135.0	594.0
05-01. Milk	0.0
05-02. Milk beverages	1.5	343.4	323.1	154.5	497.8
05-03. Yoghurt	6.5	250.0	276.1	115.2	594.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	1.4	206.0	183.4	96.1	240.3
11. Sugar and confectionery	19.2	4.0	24.0	1.0	94.2
11-03. Confectionery non-chocolate	11.4	2.0	3.0	1.0	8.0
11-04. Syrup	8.2	37.5	52.3	9.0	125.0
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	40.7	375.0	487.7	133.3	1225.0
13-01. Fruit and vegetable juices	7.9	250.0	302.1	125.0	660.0
13-02. Carbonated/soft/iso drinks, diluted syrups	35.7	343.3	488.8	150.0	1055.1
15. Condiments and sauces	0.9	23.3	21.4	5.8	46.6
15-01. Sauces	0.9	23.3	21.4	5.8	46.6
17. Miscellaneous	2.0	2.0	2.7	0.4	8.0
17-02. Dietetic products	2.0	2.0	2.7	0.4	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.0	2.0	2.7	0.4	8.0

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	42.5	42.5	42.5	42.5
04-01. Fruits	0.2	42.5	42.5	42.5	42.5
05. Dairy products	9.4	226.6	293.2	135.0	795.6
05-01. Milk	0.4	1030.0	642.9	248.9	1030.0
05-02. Milk beverages	1.6	283.3	291.9	149.4	515.1
05-03. Yoghurt	6.7	225.0	282.1	108.0	540.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	0.7	192.3	184.7	144.2	240.3
11. Sugar and confectionery	17.0	6.0	19.9	1.0	104.2
11-03. Confectionery non-chocolate	10.8	2.0	3.8	1.0	15.0
11-04. Syrup	6.9	25.0	43.0	6.3	181.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	34.1	330.0	407.2	133.3	983.4
13-01. Fruit and vegetable juices	5.9	241.7	316.7	191.7	606.6
13-02. Carbonated/soft/iso drinks, diluted syrups	29.6	300.0	405.6	125.0	983.4
15. Condiments and sauces	0.3	23.3	24.0	23.3	25.0
15-01. Sauces	0.3	23.3	24.0	23.3	25.0
17. Miscellaneous	3.9	3.0	3.6	1.0	5.4
17-02. Dietetic products	3.9	3.0	3.6	1.0	5.4
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	3.9	3.0	3.6	1.0	5.4

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.4	225.0	294.4	100.0	687.6
05-01. Milk	0.1	180.3	180.3	180.3	180.3
05-02. Milk beverages	1.5	248.9	260.7	171.7	566.6
05-03. Yoghurt	8.1	225.0	308.1	100.0	810.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	0.8	192.3	205.1	192.3	240.3
11. Sugar and confectionery	18.6	4.0	20.9	1.0	106.3
11-03. Confectionery non-chocolate	12.1	2.0	3.6	1.0	8.0
11-04. Syrup	7.8	27.0	44.6	6.3	125.0
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	28.2	376.7	437.1	133.3	966.8
13-01. Fruit and vegetable juices	7.5	200.0	266.7	100.0	628.3
13-02. Carbonated/soft/iso drinks, diluted syrups	22.7	416.7	454.2	133.3	980.0
15. Condiments and sauces	0.4	34.9	25.0	11.7	34.9
15-01. Sauces	0.4	34.9	25.0	11.7	34.9
17. Miscellaneous	4.9	2.0	3.0	0.3	8.0
17-02. Dietetic products	4.9	2.0	3.0	0.3	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	4.9	2.0	3.0	0.3	8.0

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	10.3	257.5	290.0	108.0	598.5
05-01. Milk	0.2	257.5	257.5	257.5	257.5
05-02. Milk beverages	0.9	219.8	223.9	192.3	283.3
05-03. Yoghurt	8.0	261.0	283.3	65.0	598.5
05-04. Fromage blanc, petits suisses	0.1	186.7	186.7	186.7	186.7
05-06. Cream desserts, puddings (milk based)	1.8	240.3	242.0	166.7	330.0
11. Sugar and confectionery	4.1	18.0	47.8	1.0	275.0
11-03. Confectionery non-chocolate	2.0	3.0	3.8	1.0	12.0
11-04. Syrup	2.2	50.0	85.0	18.0	375.0
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	24.8	483.3	615.9	191.7	1660.0
13-01. Fruit and vegetable juices	2.1	241.7	774.4	100.0	4816.5
13-02. Carbonated/soft/iso drinks, diluted syrups	23.1	483.3	590.1	193.3	1660.0
15. Condiments and sauces	0.0
15-01. Sauces	0.0
17. Miscellaneous	12.6	6.0	7.1	1.0	20.0
17-02. Dietetic products	12.6	6.0	7.1	1.0	20.0
17-02-00. Unclassified	0.1	30.0	30.0	30.0	30.0
17-02-01. Artificial sweeteners	12.6	5.0	6.8	1.0	15.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	9.9	270.0	303.5	65.0	594.0
05-01. Milk	0.2	566.6	566.6	566.6	566.6
05-02. Milk beverages	1.5	283.3	292.0	137.3	566.5
05-03. Yoghurt	7.0	270.0	316.3	65.0	594.0
05-04. Fromage blanc, petits suisses	0.2	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	1.3	192.3	159.1	31.7	258.0
11. Sugar and confectionery	5.8	4.0	16.1	1.0	75.0
11-03. Confectionery non-chocolate	4.7	3.0	4.8	1.0	14.0
11-04. Syrup	1.0	26.3	55.5	9.0	243.8
11-05. Ice cream, water ice	0.2	75.0	75.0	75.0	75.0
13. Non-alcoholic beverages	23.5	420.0	536.3	166.7	1400.0
13-01. Fruit and vegetable juices	3.2	333.4	466.7	153.3	1333.4
13-02. Carbonated/soft/iso drinks, diluted syrups	20.7	458.3	536.7	166.7	1449.9
15. Condiments and sauces	0.3	20.0	20.4	7.8	25.0
15-01. Sauces	0.3	20.0	20.4	7.8	25.0
17. Miscellaneous	14.0	6.0	7.2	1.0	22.0
17-02. Dietetic products	14.0	6.0	7.2	1.0	22.0
17-02-00. Unclassified	0.1	38.0	38.0	38.0	38.0
17-02-01. Artificial sweeteners	13.9	6.0	6.9	1.0	18.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	9.7	240.3	254.0	100.0	486.0
05-01. Milk	0.0
05-02. Milk beverages	1.5	283.3	289.1	171.7	400.0
05-03. Yoghurt	6.9	237.6	253.2	65.0	522.0
05-04. Fromage blanc, petits suisses	0.2	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	1.1	240.3	210.2	150.0	240.3
11. Sugar and confectionery	6.3	3.0	10.1	1.0	31.3
11-03. Confectionery non-chocolate	5.3	3.0	3.7	1.0	10.0
11-04. Syrup	1.0	27.0	43.5	18.0	181.3
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	24.6	386.7	478.2	166.7	1235.0
13-01. Fruit and vegetable juices	3.6	275.0	331.6	200.0	600.0
13-02. Carbonated/soft/iso drinks, diluted syrups	21.8	386.7	484.5	166.7	1260.0
15. Condiments and sauces	0.0
15-01. Sauces	0.0
17. Miscellaneous	11.5	6.0	5.8	0.6	14.0
17-02. Dietetic products	11.5	6.0	5.8	0.6	14.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	11.5	6.0	5.8	0.6	14.0

Group=Female Adults (19-69 years) - Low Education (n=386)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.3	324.5	265.2	127.4	324.5
04-01. Fruits	0.3	324.5	265.2	127.4	324.5
05. Dairy products	13.0	240.3	264.2	65.0	594.0
05-01. Milk	0.0
05-02. Milk beverages	1.1	283.3	269.8	120.2	388.0
05-03. Yoghurt	11.0	237.6	262.5	65.0	594.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	1.5	206.0	182.3	25.8	257.5
11. Sugar and confectionery	7.4	4.0	9.9	1.0	60.4
11-03. Confectionery non-chocolate	6.2	3.0	4.8	0.3	16.0
11-04. Syrup	1.0	15.0	27.4	6.3	60.4
11-05. Ice cream, water ice	0.2	100.0	100.0	100.0	100.0
13. Non-alcoholic beverages	21.6	333.4	517.3	166.7	1366.8
13-01. Fruit and vegetable juices	3.7	241.7	282.2	25.0	1000.0
13-02. Carbonated/soft/iso drinks, diluted syrups	18.7	386.6	542.5	166.7	1450.1
15. Condiments and sauces	0.1	23.3	23.3	23.3	23.3
15-01. Sauces	0.1	23.3	23.3	23.3	23.3
17. Miscellaneous	21.3	4.0	5.5	0.9	15.0
17-02. Dietetic products	21.3	4.0	5.5	0.9	15.0
17-02-00. Unclassified	0.3	20.0	29.6	20.0	40.0
17-02-01. Artificial sweeteners	21.0	4.0	5.2	0.9	14.0

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	250.0	250.0	250.0	250.0
04-01. Fruits	0.1	250.0	250.0	250.0	250.0
05. Dairy products	12.4	216.0	246.5	96.1	566.6
05-01. Milk	0.1	250.0	250.0	250.0	250.0
05-02. Milk beverages	1.5	250.0	273.1	164.8	566.6
05-03. Yoghurt	8.7	216.0	251.5	65.0	540.0
05-04. Fromage blanc, petits suisses	0.6	186.7	195.4	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.7	192.3	174.9	96.1	283.3
11. Sugar and confectionery	8.2	4.0	11.5	1.0	37.5
11-03. Confectionery non-chocolate	6.3	2.0	4.4	1.0	22.0
11-04. Syrup	2.0	18.0	23.2	6.9	71.7
11-05. Ice cream, water ice	0.2	100.0	123.9	100.0	150.0
13. Non-alcoholic beverages	25.3	333.4	505.5	166.7	1386.7
13-01. Fruit and vegetable juices	3.4	241.7	305.1	100.0	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	22.2	386.6	528.7	191.7	1386.7
15. Condiments and sauces	0.2	11.6	11.6	11.6	11.6
15-01. Sauces	0.2	11.6	11.6	11.6	11.6
17. Miscellaneous	18.2	4.0	7.5	0.8	16.0
17-02. Dietetic products	18.2	4.0	7.5	0.8	16.0
17-02-00. Unclassified	0.5	25.0	100.7	25.0	334.8
17-02-01. Artificial sweeteners	17.7	4.0	5.0	0.8	14.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	12.0	216.0	256.8	100.0	547.0
05-01. Milk	0.0
05-02. Milk beverages	0.4	257.5	293.9	137.3	497.8
05-03. Yoghurt	10.4	216.0	246.0	100.0	522.0
05-04. Fromage blanc, petits suisses	0.4	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	1.8	150.0	173.0	127.5	240.3
11. Sugar and confectionery	9.5	6.0	14.8	1.0	90.0
11-03. Confectionery non-chocolate	7.0	3.0	6.8	0.3	24.0
11-04. Syrup	2.2	12.6	31.5	6.0	90.0
11-05. Ice cream, water ice	0.3	93.3	93.3	93.3	93.3
13. Non-alcoholic beverages	27.9	400.0	582.9	166.7	1626.8
13-01. Fruit and vegetable juices	2.9	241.7	256.6	44.0	670.0
13-02. Carbonated/soft/iso drinks, diluted syrups	25.4	400.0	611.0	166.7	1960.0
15. Condiments and sauces	0.2	18.6	18.6	18.6	18.6
15-01. Sauces	0.2	18.6	18.6	18.6	18.6
17. Miscellaneous	16.2	5.0	7.6	1.0	16.0
17-02. Dietetic products	16.2	5.0	7.6	1.0	16.0
17-02-00. Unclassified	0.3	92.0	92.0	92.0	92.0
17-02-01. Artificial sweeteners	16.1	5.0	6.0	1.0	16.0

Table 2.4.a Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	56.6	55.8	42.5	70.8
04-01. Fruits	0.2	56.6	55.8	42.5	70.8
05. Dairy products	7.7	250.0	309.5	100.0	756.0
05-01. Milk	0.1	1030.0	642.9	248.9	1030.0
05-02. Milk beverages	0.9	214.6	269.0	149.4	453.2
05-03. Yoghurt	5.9	261.0	320.7	100.0	770.0
05-04. Fromage blanc, petits suisses	0.1	250.0	183.7	93.3	250.0
05-06. Cream desserts, puddings (milk based)	0.8	192.3	199.5	82.4	283.3
11. Sugar and confectionery	16.5	9.0	26.7	1.0	100.0
11-03. Confectionery non-chocolate	8.7	2.0	3.5	1.0	10.0
11-04. Syrup	8.3	36.0	49.2	9.0	125.0
11-05. Ice cream, water ice	0.0	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	31.8	333.4	443.0	133.3	1033.4
13-01. Fruit and vegetable juices	6.1	208.3	292.4	145.0	600.0
13-02. Carbonated/soft/iso drinks, diluted syrups	27.1	350.0	452.9	133.3	1033.4
15. Condiments and sauces	0.7	17.5	20.6	5.8	46.6
15-01. Sauces	0.7	17.5	20.6	5.8	46.6
17. Miscellaneous	2.5	2.0	3.0	0.4	8.0
17-02. Dietetic products	2.5	2.0	3.0	0.4	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.5	2.0	3.0	0.4	8.0

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	85.0	85.0	85.0	85.0
04-01. Fruits	0.2	85.0	85.0	85.0	85.0
05. Dairy products	14.9	248.9	303.1	115.2	702.8
05-01. Milk	0.1	180.3	180.3	180.3	180.3
05-02. Milk beverages	2.3	248.9	293.5	200.0	497.8
05-03. Yoghurt	11.7	261.0	307.1	100.0	795.6
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	1.4	192.3	177.6	96.1	240.3
11. Sugar and confectionery	21.5	14.0	34.8	1.5	156.3
11-03. Confectionery non-chocolate	10.3	4.0	5.0	1.0	20.0
11-04. Syrup	12.4	37.5	56.1	6.8	157.6
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	39.5	435.0	547.8	153.3	1475.1
13-01. Fruit and vegetable juices	7.5	250.0	308.4	153.3	600.0
13-02. Carbonated/soft/iso drinks, diluted syrups	35.7	400.0	541.1	145.0	1475.1
15. Condiments and sauces	0.7	34.9	29.4	11.6	34.9
15-01. Sauces	0.7	34.9	29.4	11.6	34.9
17. Miscellaneous	8.1	2.0	3.0	0.2	8.0
17-02. Dietetic products	8.1	2.0	3.0	0.2	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	8.1	2.0	3.0	0.2	8.0

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0	250.0	250.0	250.0	250.0
04-01. Fruits	0.0	250.0	250.0	250.0	250.0
05. Dairy products	8.8	226.6	253.0	65.0	540.0
05-01. Milk	0.0
05-02. Milk beverages	1.3	248.9	273.1	164.8	566.6
05-03. Yoghurt	6.3	237.6	258.9	65.0	594.0
05-04. Fromage blanc, petits suisses	0.1	186.7	199.8	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.2	154.5	171.6	60.0	283.3
11. Sugar and confectionery	7.1	4.0	14.4	1.0	75.1
11-03. Confectionery non-chocolate	5.7	2.0	4.3	1.0	16.0
11-04. Syrup	1.4	31.3	46.8	9.0	120.8
11-05. Ice cream, water ice	0.1	100.0	118.8	100.0	150.0
13. Non-alcoholic beverages	19.5	386.6	551.8	166.7	1500.0
13-01. Fruit and vegetable juices	3.1	241.7	479.0	133.3	1000.0
13-02. Carbonated/soft/iso drinks, diluted syrups	16.7	390.0	554.0	166.7	1546.4
15. Condiments and sauces	0.3	18.6	17.3	7.8	25.0
15-01. Sauces	0.3	18.6	17.3	7.8	25.0
17. Miscellaneous	11.4	4.0	5.3	1.0	14.0
17-02. Dietetic products	11.4	4.0	5.3	1.0	14.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	11.4	4.0	5.3	1.0	14.0

Group=Adults (19-69 years) - Overweight and Obese (n=1095)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	324.5	265.2	127.4	324.5
04-01. Fruits	0.1	324.5	265.2	127.4	324.5
05. Dairy products	13.2	250.0	278.5	99.0	594.0
05-01. Milk	0.2	257.5	403.1	250.0	566.6
05-02. Milk beverages	1.1	283.3	278.9	137.3	388.0
05-03. Yoghurt	10.4	243.0	275.2	65.0	594.0
05-04. Fromage blanc, petits suisses	0.4	250.0	222.5	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.8	206.0	197.0	31.7	330.0
11. Sugar and confectionery	6.5	4.0	16.4	1.0	60.4
11-03. Confectionery non-chocolate	4.9	3.0	5.2	1.0	16.0
11-04. Syrup	1.5	18.0	43.4	6.9	181.3
11-05. Ice cream, water ice	0.2	93.3	86.1	75.0	100.0
13. Non-alcoholic beverages	28.4	399.9	527.4	166.7	1450.2
13-01. Fruit and vegetable juices	3.3	241.7	304.0	44.0	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	25.8	400.0	542.6	166.7	1450.2
15. Condiments and sauces	0.1	20.0	20.0	20.0	20.0
15-01. Sauces	0.1	20.0	20.0	20.0	20.0
17. Miscellaneous	19.6	5.0	7.5	1.0	17.0
17-02. Dietetic products	19.6	5.0	7.5	1.0	17.0
17-02-00. Unclassified	0.4	38.0	70.2	20.0	334.8
17-02-01. Artificial sweeteners	19.2	5.0	6.1	1.0	16.0

Table 2.4.b Consumption of Artificially Sweetened foods (food groups and subgroups) on consumption days of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	63.7	66.6	63.7	70.8
04-01. Fruits	0.1	63.7	66.6	63.7	70.8
05. Dairy products	7.4	261.0	331.2	82.4	891.0
05-01. Milk	0.0
05-02. Milk beverages	0.7	206.0	259.6	128.8	412.0
05-03. Yoghurt	5.8	274.0	352.8	100.0	891.0
05-04. Fromage blanc, petits suisses	0.1	140.0	116.8	93.3	140.0
05-06. Cream desserts, puddings (milk based)	0.9	192.3	199.7	82.4	283.3
11. Sugar and confectionery	15.9	16.0	35.4	1.0	122.9
11-03. Confectionery non-chocolate	6.8	2.0	3.9	1.0	12.0
11-04. Syrup	9.4	37.5	56.3	6.3	187.5
11-05. Ice cream, water ice	0.1	50.0	50.0	50.0	50.0
13. Non-alcoholic beverages	31.2	386.6	467.2	144.4	1166.8
13-01. Fruit and vegetable juices	6.3	241.7	305.9	166.7	580.0
13-02. Carbonated/soft/iso drinks, diluted syrups	26.7	400.0	475.0	133.3	1160.0
15. Condiments and sauces	0.8	23.3	21.3	5.8	46.6
15-01. Sauces	0.8	23.3	21.3	5.8	46.6
17. Miscellaneous	2.3	2.0	2.3	0.2	6.0
17-02. Dietetic products	2.3	2.0	2.3	0.2	6.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.3	2.0	2.3	0.2	6.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.4	85.0	85.0	85.0	85.0
04-01. Fruits	0.4	85.0	85.0	85.0	85.0
05. Dairy products	13.3	261.0	310.5	121.5	648.0
05-01. Milk	0.0
05-02. Milk beverages	1.9	206.0	268.2	197.4	453.2
05-03. Yoghurt	10.8	261.0	309.3	25.9	648.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	1.5	192.3	183.7	144.2	240.3
11. Sugar and confectionery	22.6	18.8	35.0	1.5	143.8
11-03. Confectionery non-chocolate	9.9	4.0	5.0	0.3	14.0
11-04. Syrup	14.3	42.6	51.8	12.5	156.2
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	40.9	491.7	604.1	166.7	1500.0
13-01. Fruit and vegetable juices	5.2	200.0	272.4	153.3	460.0
13-02. Carbonated/soft/iso drinks, diluted syrups	38.3	491.7	608.2	166.7	1500.0
15. Condiments and sauces	0.5	34.9	34.9	34.9	34.9
15-01. Sauces	0.5	34.9	34.9	34.9	34.9
17. Miscellaneous	8.4	2.4	3.3	0.1	8.0
17-02. Dietetic products	8.4	2.4	3.3	0.1	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	8.4	2.4	3.3	0.1	8.0

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	48.0	47.0	42.5	56.6
04-01. Fruits	0.2	48.0	47.0	42.5	56.6
05. Dairy products	8.2	237.6	288.0	108.0	540.0
05-01. Milk	0.2	1030.0	642.9	248.9	1030.0
05-02. Milk beverages	1.1	226.6	275.6	149.4	453.2
05-03. Yoghurt	6.0	237.6	286.8	100.0	540.0
05-04. Fromage blanc, petits suisses	0.1	250.0	250.0	250.0	250.0
05-06. Cream desserts, puddings (milk based)	0.7	192.3	199.2	144.2	240.3
11. Sugar and confectionery	17.1	4.0	17.9	1.0	81.3
11-03. Confectionery non-chocolate	10.8	2.0	3.2	1.0	8.0
11-04. Syrup	7.0	27.0	38.8	9.0	120.8
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	32.4	330.0	417.4	133.3	983.4
13-01. Fruit and vegetable juices	6.0	200.0	276.9	100.0	600.0
13-02. Carbonated/soft/iso drinks, diluted syrups	27.6	330.0	429.5	133.3	1000.0
15. Condiments and sauces	0.5	17.5	19.5	5.8	46.6
15-01. Sauces	0.5	17.5	19.5	5.8	46.6
17. Miscellaneous	2.7	2.0	3.6	0.4	8.0
17-02. Dietetic products	2.7	2.0	3.6	0.4	8.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	2.7	2.0	3.6	0.4	8.0

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	16.3	237.6	297.9	115.2	810.0
05-01. Milk	0.2	180.3	180.3	180.3	180.3
05-02. Milk beverages	2.6	283.3	309.4	200.0	515.1
05-03. Yoghurt	12.4	237.6	305.5	100.0	828.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	1.2	192.3	171.0	96.1	206.0
11. Sugar and confectionery	20.6	9.0	34.6	1.0	181.2
11-03. Confectionery non-chocolate	10.7	4.0	5.0	1.0	20.0
11-04. Syrup	10.8	37.5	61.1	6.3	193.8
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	38.2	400.0	496.2	144.4	1333.2
13-01. Fruit and vegetable juices	9.5	250.0	325.4	150.0	606.6
13-02. Carbonated/soft/iso drinks, diluted syrups	33.4	366.7	475.3	133.3	1193.3
15. Condiments and sauces	0.7	23.3	26.0	11.6	34.9
15-01. Sauces	0.7	23.3	26.0	11.6	34.9
17. Miscellaneous	8.0	2.0	2.7	1.0	6.0
17-02. Dietetic products	8.0	2.0	2.7	1.0	6.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	8.0	2.0	2.7	1.0	6.0

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	6.7	261.0	297.7	65.0	594.0
05-01. Milk	0.0
05-02. Milk beverages	1.4	248.9	265.1	171.7	400.0
05-03. Yoghurt	4.7	270.0	320.8	65.0	783.0
05-04. Fromage blanc, petits suisses	0.0
05-06. Cream desserts, puddings (milk based)	0.5	240.3	179.6	60.0	258.0
11. Sugar and confectionery	6.4	4.0	16.5	1.0	75.1
11-03. Confectionery non-chocolate	5.1	2.0	4.3	1.0	12.0
11-04. Syrup	1.4	37.5	58.0	9.0	243.8
11-05. Ice cream, water ice	0.0
13. Non-alcoholic beverages	18.1	408.4	559.6	166.7	1450.2
13-01. Fruit and vegetable juices	3.0	386.6	677.2	36.0	3000.0
13-02. Carbonated/soft/iso drinks, diluted syrups	15.4	400.0	525.9	166.7	1449.9
15. Condiments and sauces	0.2	25.0	20.7	7.8	25.0
15-01. Sauces	0.2	25.0	20.7	7.8	25.0
17. Miscellaneous	9.1	6.0	6.6	1.0	14.0
17-02. Dietetic products	9.1	6.0	6.6	1.0	14.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	9.1	6.0	6.6	1.0	14.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.0
04-01. Fruits	0.0
05. Dairy products	12.4	250.0	282.5	65.0	594.0
05-01. Milk	0.3	566.6	447.1	257.5	566.6
05-02. Milk beverages	1.2	283.3	288.9	137.3	566.5
05-03. Yoghurt	9.1	252.0	278.4	65.0	594.0
05-04. Fromage blanc, petits suisses	0.3	250.0	234.4	186.7	250.0
05-06. Cream desserts, puddings (milk based)	2.0	240.3	204.4	31.7	330.0
11. Sugar and confectionery	4.7	6.0	26.0	1.0	120.8
11-03. Confectionery non-chocolate	3.3	3.0	4.2	1.0	12.0
11-04. Syrup	1.3	43.8	74.2	15.0	275.0
11-05. Ice cream, water ice	0.1	75.0	75.0	75.0	75.0
13. Non-alcoholic beverages	28.6	421.7	537.4	166.7	1450.2
13-01. Fruit and vegetable juices	3.0	250.0	350.5	133.3	725.1
13-02. Carbonated/soft/iso drinks, diluted syrups	26.3	435.0	545.4	166.7	1450.2
15. Condiments and sauces	0.1	20.0	20.0	20.0	20.0
15-01. Sauces	0.1	20.0	20.0	20.0	20.0
17. Miscellaneous	15.8	6.0	7.0	1.0	20.0
17-02. Dietetic products	15.8	6.0	7.0	1.0	20.0
17-02-00. Unclassified	0.2	38.0	34.8	30.0	38.0
17-02-01. Artificial sweeteners	15.7	6.0	6.6	1.0	18.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.1	250.0	250.0	250.0	250.0
04-01. Fruits	0.1	250.0	250.0	250.0	250.0
05. Dairy products	10.7	219.5	228.5	65.0	498.6
05-01. Milk	0.0
05-02. Milk beverages	1.2	250.0	281.3	164.8	566.6
05-03. Yoghurt	7.7	216.0	225.5	65.0	498.6
05-04. Fromage blanc, petits suisses	0.3	186.7	199.8	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.8	154.5	169.5	96.1	283.3
11. Sugar and confectionery	7.7	4.0	13.0	1.0	71.7
11-03. Confectionery non-chocolate	6.3	2.0	4.3	1.0	24.0
11-04. Syrup	1.4	31.3	36.7	9.0	90.0
11-05. Ice cream, water ice	0.2	100.0	118.8	100.0	150.0
13. Non-alcoholic beverages	20.7	333.4	545.7	166.7	1546.4
13-01. Fruit and vegetable juices	3.2	241.7	319.4	133.3	899.9
13-02. Carbonated/soft/iso drinks, diluted syrups	17.9	386.7	575.4	166.7	1625.0
15. Condiments and sauces	0.3	11.6	15.6	11.6	23.3
15-01. Sauces	0.3	11.6	15.6	11.6	23.3
17. Miscellaneous	13.4	4.0	4.6	1.0	12.0
17-02. Dietetic products	13.4	4.0	4.6	1.0	12.0
17-02-00. Unclassified	0.0
17-02-01. Artificial sweeteners	13.4	4.0	4.6	1.0	12.0

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft classification	On consumption days				
	% consumption days	median g/day	mean g/day	P5 g/day	P95 g/day
04. Fruits, nuts and olives	0.2	324.5	265.2	127.4	324.5
04-01. Fruits	0.2	324.5	265.2	127.4	324.5
05. Dairy products	14.1	225.0	274.4	99.0	594.0
05-01. Milk	0.1	250.0	250.0	250.0	250.0
05-02. Milk beverages	1.0	274.6	265.2	120.2	388.0
05-03. Yoghurt	11.8	216.0	272.4	65.0	594.0
05-04. Fromage blanc, petits suisses	0.4	250.0	212.6	140.0	250.0
05-06. Cream desserts, puddings (milk based)	1.5	192.3	185.4	25.8	257.5
11. Sugar and confectionery	8.5	4.0	10.3	1.0	37.5
11-03. Confectionery non-chocolate	6.6	4.0	5.8	0.3	24.0
11-04. Syrup	1.8	15.0	17.5	6.3	47.6
11-05. Ice cream, water ice	0.2	93.3	95.9	93.3	100.0
13. Non-alcoholic beverages	28.2	386.6	516.0	166.7	1450.1
13-01. Fruit and vegetable juices	3.6	230.0	259.2	25.0	725.0
13-02. Carbonated/soft/iso drinks, diluted syrups	25.3	386.7	539.3	166.7	1450.2
15. Condiments and sauces	0.0
15-01. Sauces	0.0
17. Miscellaneous	23.8	4.0	7.9	0.8	16.0
17-02. Dietetic products	23.8	4.0	7.9	0.8	16.0
17-02-00. Unclassified	0.7	38.0	80.7	20.0	334.8
17-02-01. Artificial sweeteners	23.2	4.0	5.7	0.8	15.0