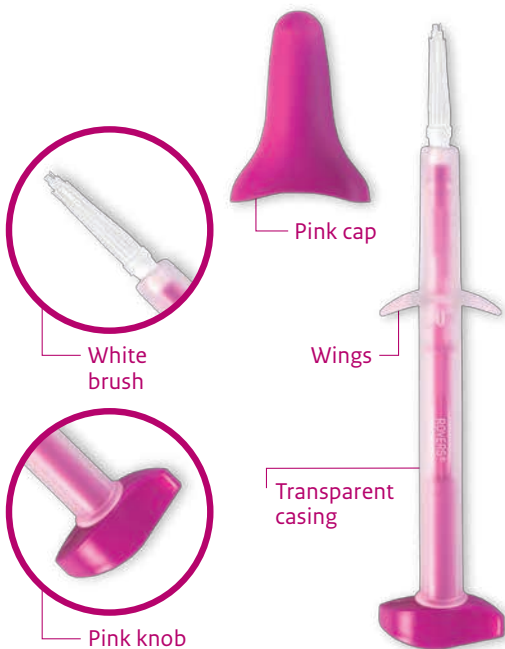


Instructions for using *the self-sampling device*

- With the self-sampling device, you can easily and reliably collect vaginal material yourself. This material will be tested for HPV (human papilloma virus) in the lab.
- The self-sampling device is for personal use only. The bar code label is linked to your personal details.



The self-sampling device consists of a transparent casing with wings. On the side of the brush, a pink cap is clicked onto the casing.

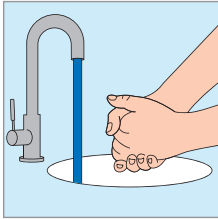
The brush has been made so that you will be able to collect a sufficient amount of vaginal material.

Important: do not touch the brush with your hands. This may affect the result of the test.

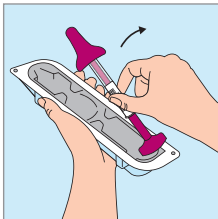
There are a few things you should know in advance

- Do not use during menstruation.
- Do not use while you are pregnant, or in the subsequent three months after pregnancy.
- Stop using vaginal products 2 days before using the self-sampling device. You may continue to use vaginal contraceptive, condoms, and a water-based lubricant.
- The self-sampling device can only be used once. Reuse may result in infection or an incorrect result.
- The self-sampling device is provided in sterile packaging. Do not use the kit if the packaging has been damaged or the expiry date has lapsed.

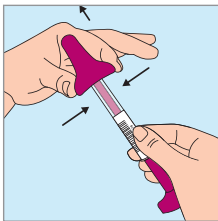
How to carry out the test?



- 1 First, wash your hands with water.

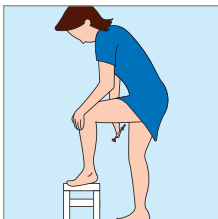


- 2 Remove the self-sampling device from its packaging. Keep the packaging. You will need it again to send the self-sampling device after use.



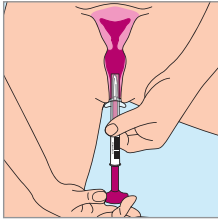
- 3 Press the sides of the pink cap with your thumb and index finger and take it off. Do not push the brush outwards.

Keep the pink cap. You will need it again to send the self-sampling device after use.

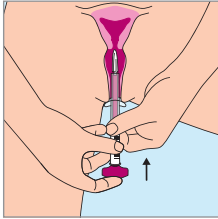


- 4 Assume a comfortable position, for example like when inserting a tampon.

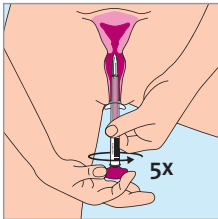
You can use the self-sampling device seated, standing or lying down.



- 5** Spread your labia with one hand. Use your other hand to insert the upper part of the casing into the vagina until the wings are pressed against the labia.

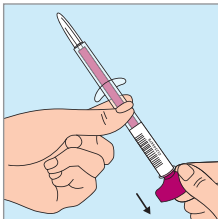


- 6** Hold the transparent casing at the bottom with one hand. Use your other hand to push the pink knob against the casing, until it touches the transparent casing and cannot be pushed further. The brush will emerge from the casing. You will hear and/or feel a soft click when the brush is in the right position.



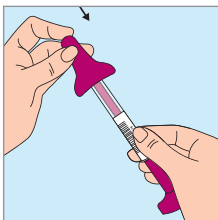
- 7** Turn the pink knob 5 times in the same direction. You will hear and/or feel a soft click after every turn. The brush is turning round and is collecting a sufficient amount of vaginal material.

Subsequently, remove the casing from your vagina.

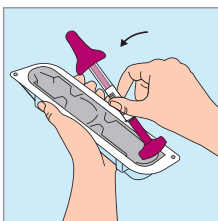


- 8** Do not touch the brush with your hands.

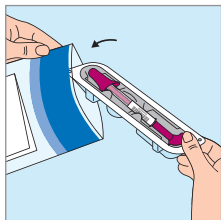
Hold the transparent casing with one hand, and use the other hand to pull on the pink knob, so that the white brush disappears in the casing again.



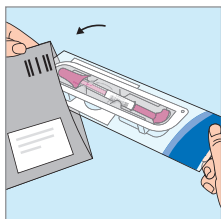
- 9** Continue to hold the transparent casing to ensure that the white brush does not slide out of the casing again. Put the pink cap back with your thumb and index finger. You will hear and/or feel a click.



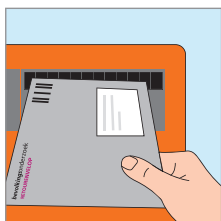
- 10** Put the self-sampling device back into its packaging.



- 11** Put the packaging into the transparent plastic bag with the blue edge. The white absorption cloth must remain in the plastic bag. Close the bag properly.



- 12** Put the bag with the self-sampling device in the return envelope.
Stick the address label you will find on your letter to this envelope.



- 13** Return the self-sampling device in the return envelope within one week. In the meantime, keep it at room temperature.

No postage stamp is required.

Result of the self-sampling device

You will receive the result by letter from the screening organisation within 3 weeks. Your family doctor will not receive any information on the result of the screening. This is for privacy reasons: your family doctor is not the person who requested the screening and collected the material.

More information or questions?

For more information, please visit www.bevolkingsonderzoekbaarmoederhalskanker.nl. You will find a short instruction film on how to use the self-sampling device.

The Evalyn® Brush self-sampling device has been developed by Rovers Medical Devices BV.

evalyn®brush



Manufacturer of self-sampling device:
Rovers Medical Devices BV, 5347 KV Oss, The Netherlands
revision date: 2016-08
REF 380500131

CE 0044

STERILE EO

U kunt deze informatie lezen in het Engels / Turks / Arabisch op:

This information is available in English at:

Bu bilgiyi Türkçe olarak şu internet sitesinde okuyabilirsiniz:

يمكنكم قراءة هذه المعلومات باللغة العربية على الموقع:

www.bevolkingsonderzoekbaarmoederhalskanker.nl