

NEVO online 2019: List of headings

Dutch	English
voedingsmiddel	food item
energie totaal	energy total
eiwit plantaardig dierlijk	protein vegetable animal
koolhydraten mono en disacchariden polysacchariden	carbohydrates mono/disaccharides polysaccharides
vet vetzuren verzadigd trans enkelv onverz meerv onverz linolzuur cholesterol	fat fatty acids saturated trans monounsaturated polyunsaturated linoleic acid cholesterol
voedingsvezel alcohol water	dietary fibre alcohol water
mineralen natrium kalium calcium fosfor magnesium ijzer koper selenium zink	minerals sodium potassium calcium phosphorus magnesium iron copper selenium zinc
vitamines retinol activiteitequiv (RAE) retinol equivalenten (RE) folaat equivalenten nicotinezuur caroteen luteine zeaxanthine beta-cryptoxanthine lycopeen	vitamins retinol activity equivalents retinol equivalents folate equivalents nicotinic acid carotene lutein zeaxanthin beta-cryptoxanthin lycopene
bron	source