

Invitation for flu vaccination

Name
Address
Postal code and town/city

Date,

Dear Sir/Madam,

Via this letter, I would like to invite you for the annual flu vaccination. The flu vaccination is free for you. You can receive the flu vaccination at the date and time listed below:

Date:
Time:
Place:

Please note:

Your general practitioner takes measures for combating the coronavirus. It is therefore safe to visit the practice. You can cooperate also:

- If you have one or more of the following symptoms, stay at home and make a new appointment: a cold, sore throat, sneezing, coughing, sudden tiredness, diminished sense of smell or taste, fever.
- Maintain a distance of 1.5 m from others.
- Bring this letter with you to the appointment.
- You will get the flu vaccination in your upper arm. You should therefore wear clothes that will allow you to easily reveal your upper arm.

What does the flu vaccination do?

The flu vaccination is the best protection against flu. The flu vaccination ensures that your body develops antibodies against the flu virus. Two weeks after having the flu vaccination, you will have enough antibodies.

In which circumstances should you call the practice?

- If you have one or more of the above-mentioned symptoms on the day scheduled for your vaccination.
- If it became clear previously that you are allergic to chicken egg protein or to antibiotics (neomycin or gentamicin). This is very uncommon.
- If you cannot come in on the date listed at the top of the letter.

Are there any side effects?

- After the flu vaccination, your arm may be a bit painful for a day. The location of the vaccination may become red and swollen.
- You may feel mildly unwell for a few days after having the jab. This is not the flu. Your body will develop resistance against the flu.

Would you like to know more?

- Then read the information on the reverse side of this invitation.
 - www.rivm.nl/grieprik
 - www.thuisarts.nl/griep
- Or contact your doctor's office.

Your GP