



Information about the jab against COVID-19



Why get a jab against COVID-19?

The coronavirus can make you ill. That illness is called COVID-19. You may get a runny nose, sore throat or fever. You may also start sneezing or coughing, or suddenly be unable to smell or taste anything.

Children may also become ill from the coronavirus. They are usually less seriously ill than adults.



What does the jab do?

The jab protects you from the coronavirus. When you get the jab, you produce antibodies against the virus. This helps your body recognise the virus after the jab. Then your body can kill the virus quickly. You will be less seriously ill, or you will not become ill at all.

Number of injections

Most people get 2 injections, with a few weeks in between. You get the injections in your upper arm.



Side-effects

Like other vaccines, this jab may give you some discomfort. This is known as side-effects:

- Soreness at the injection site
- Headache
- Tiredness
- Muscle aches
- Fever

These side-effects usually last for 1 to 3 days. This means that your body is making antibodies against COVID-19.

If you feel very poorly, your father, mother or carer can call the family doctor.



The jab against COVID-19 is safe

The jab containing the Pfizer vaccine has been tested on children aged 5 years and older. It offers effective protection against illness from COVID-19. Serious side-effects almost never happen.



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See <https://www.rivm.nl/en/covid-19-vaccination/covid-19-vaccines> for information about the different vaccines.