



National Institute for Public Health  
and the Environment  
*Ministry of Health, Welfare and Sport*

# Wastewater based surveillance of AMR in the Netherlands

Hetty Blaak, Merel Kemper, Ana Maria de Roda  
Husman, Heike Schmitt



# Environmental surveillance

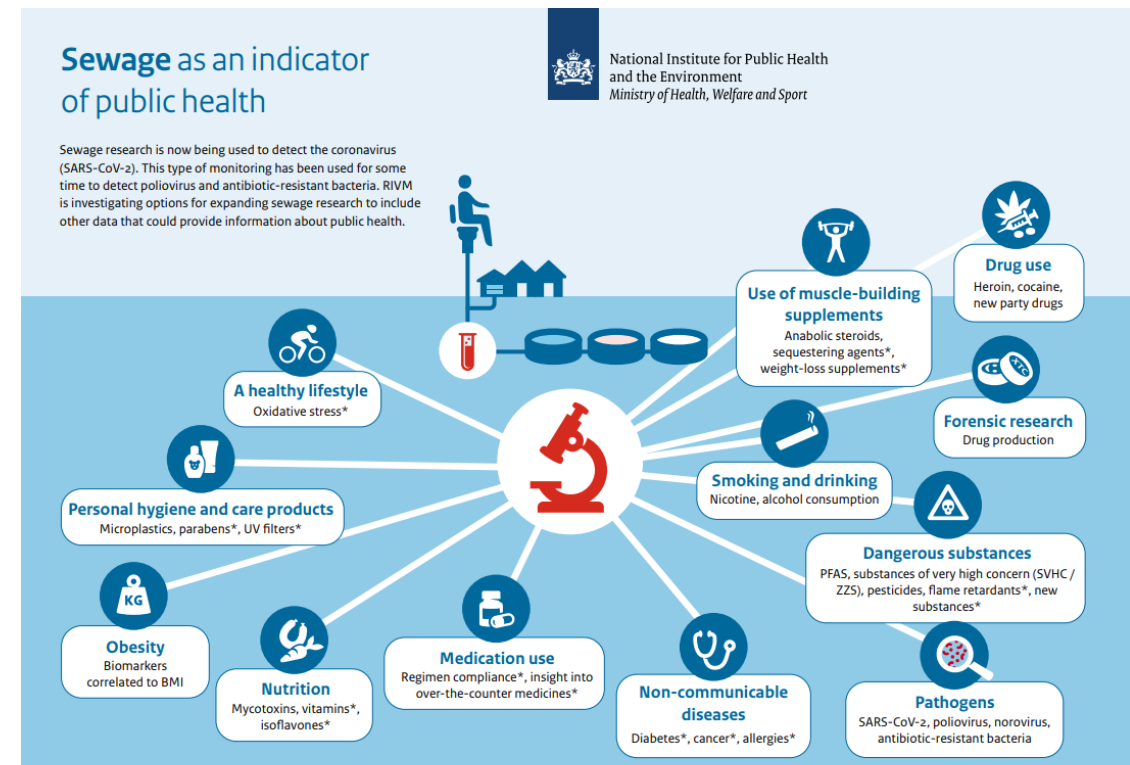
- > Human feces and urine ends up in sewers
- > Sewage consists of wastewater from:
  - households (71%)
  - industry and institutions (29%)
  - among which health care institutions (3.3%)
  - and agricultural, hunting and foresting industries (0.6%)
- > Sewage is collected and treated in wastewater treatment plants (WWTP)
- > Effluent is released to surface water
- > Wastewater can be used to gain insight in the prevalence of fecal pathogens in the general population and their geographical distribution





# Environmental surveillance – now and further

- > AMR surveillance since 2016 within Aanpak Antibioticaresistentie



\*These parameters are not yet used in sewage research. Further research is needed to determine whether this is possible.





# Environmental AMR surveillance – current goals

1. Prevalence of BRMO and specific BRMO types
2. Distribution across the country
3. Trends in time
4. Estimates of carriage
5. Evaluation of usage for local healthcare institutions

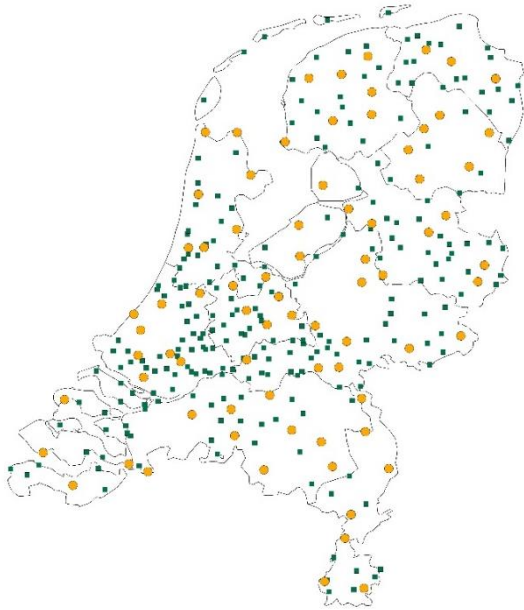


..This for the case of specific rare BRMO, such as carbapenemase producing Enterobacterales



# Surveillance of antibiotic resistance - method

RWZI selection



Sampling

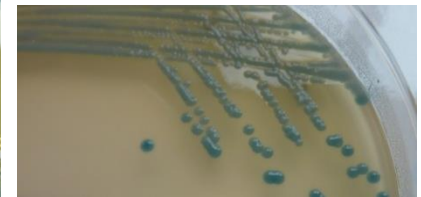
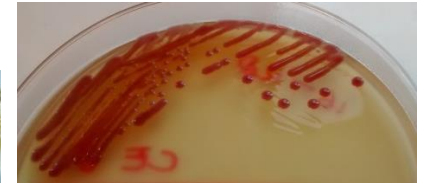
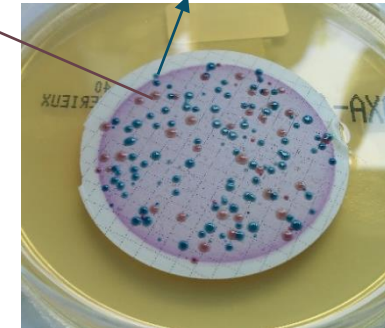


Filtration



Selective culture

"KESC" = *K. Pneumoniae* and other  
*Enterobacteriaceae* species  
*E. coli*



CPE isolates:

Identification of carbapenemase-gen by PCR: OXA-48,  
NDM, KPC, IMP, VIM, GES

Genotyping: sanger sequencing (GES, OXA-48) and WGS  
(KPC en NDM)



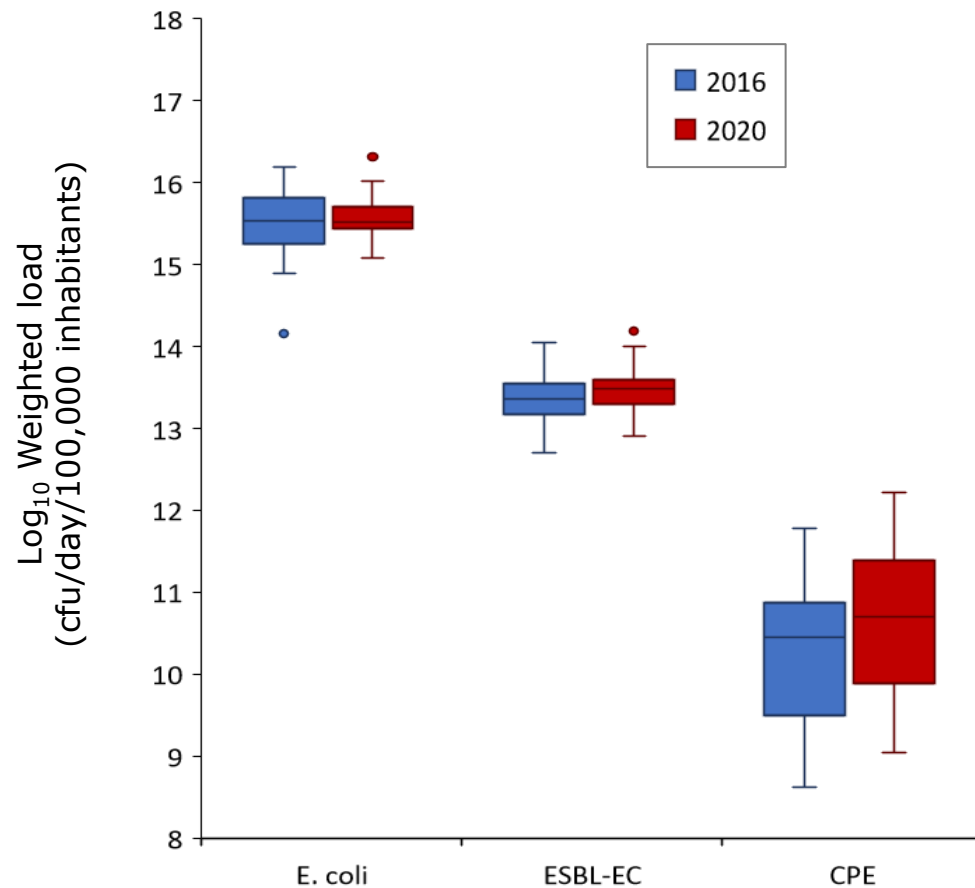
# CPE (carbapenemase producing Enterobacterales)

- › Low prevalence in NL (~1:10.000 persons)
- › Carriage associated with international travel and international hospital admission
- › Resistance encoded by different genes (OXA-48, NDM, KPC, VIM)





# CPE load– trends over time



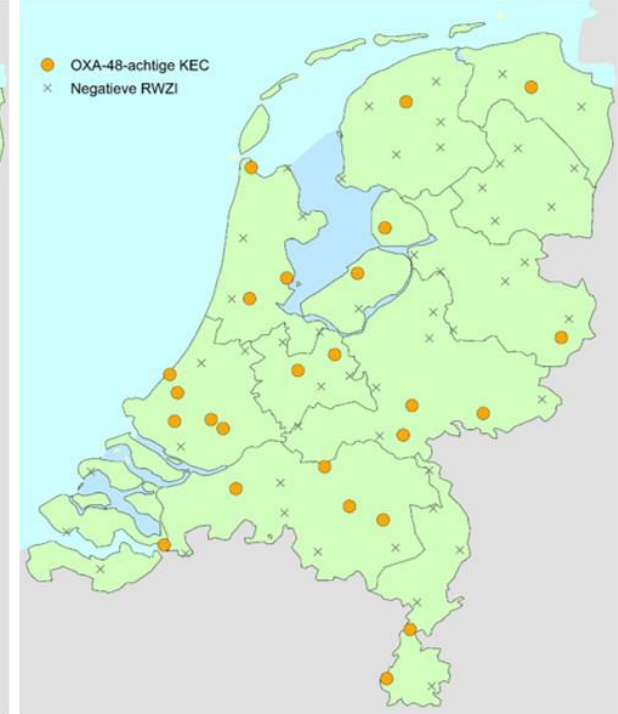
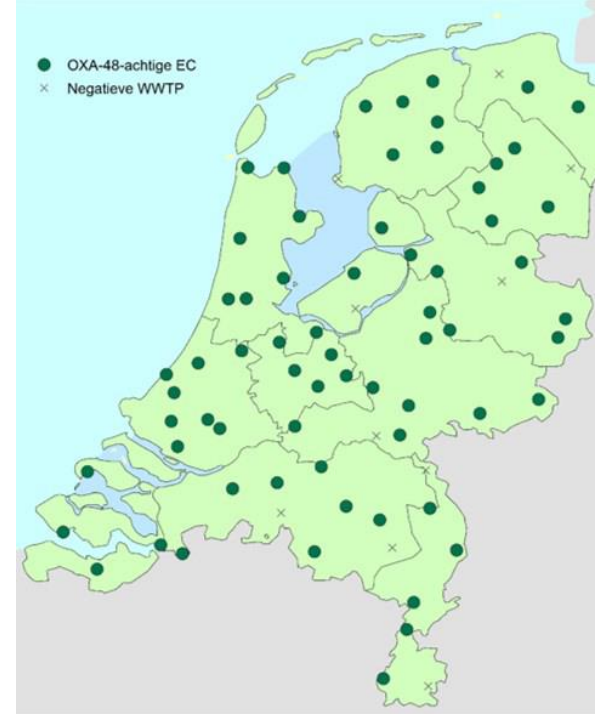
- > CPE load  $10^2$ - $10^3$  times lower than ESBL-EC, and  $10^4$ - $10^5$  times lower than *E. coli* load
- > Constant loads for *E. coli* and ESBL-EC between 2016 and 2020
- > Slight increase in CPE load (2.5-fold difference in geomean),  $p=0.093$

Load = concentration x 24h volume of influent (cfu/day)



# Regional distribution

- > No signs of difference in regional distribution of 4 CPE genotypes

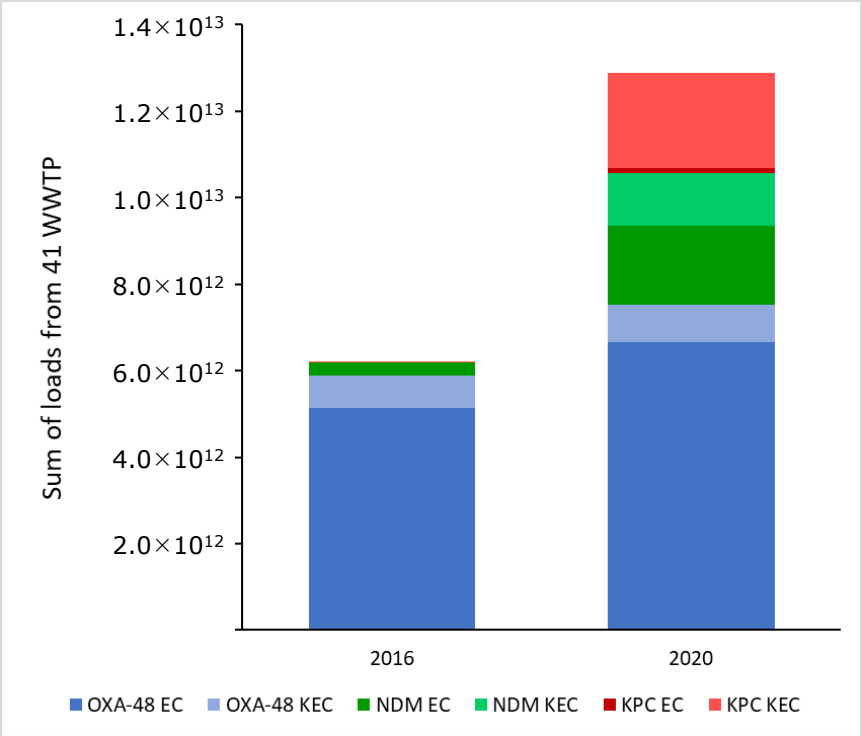






# Population carriage estimates

Sum of CPE loads of 41 WWTP -  
 $4.4 \times 10^6$  inhabitants



## Point estimate of CPE carriage

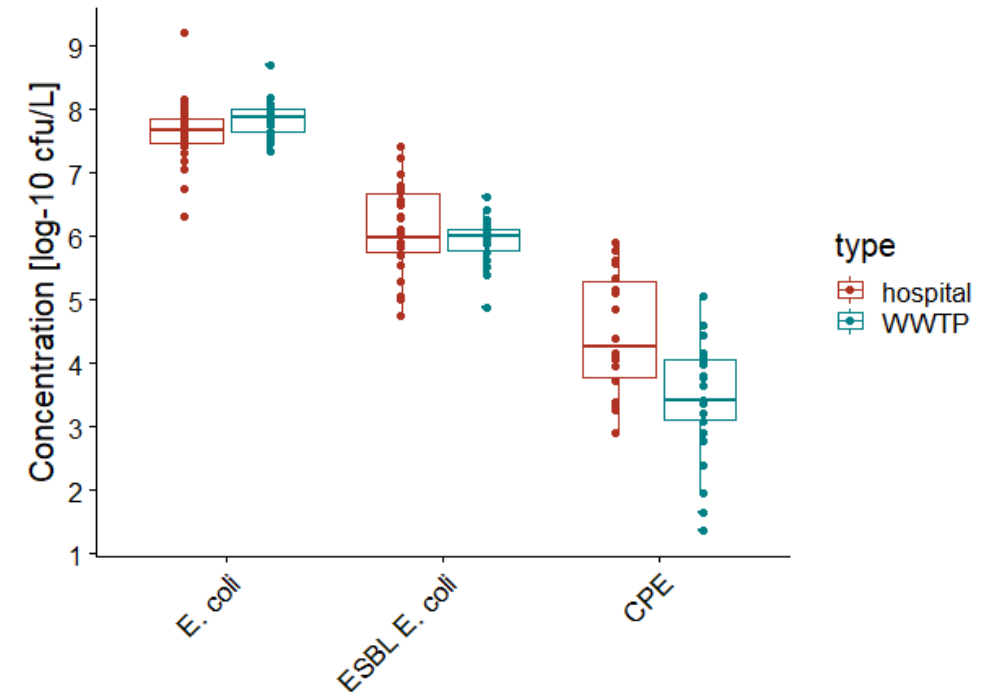
	2016	2020
CPE	1043 (0.02%)	2078 (0.05%)
NDM/KPC CPE	55 (0.001%)	860 (0.02%)

- > Based on  $\Sigma$ CPE-load relative to  $\Sigma$ ESBL-load ( $1.3 \times 10^{15}$ ),
- > Based on 5% ESBL-carriers in 2014-2016 (vd Bunt et al. 2019) ,
- > Assumed: same fecal load/carrier for ESBL and CPE carriers



# In-depth studies: hospitals as source of CPE

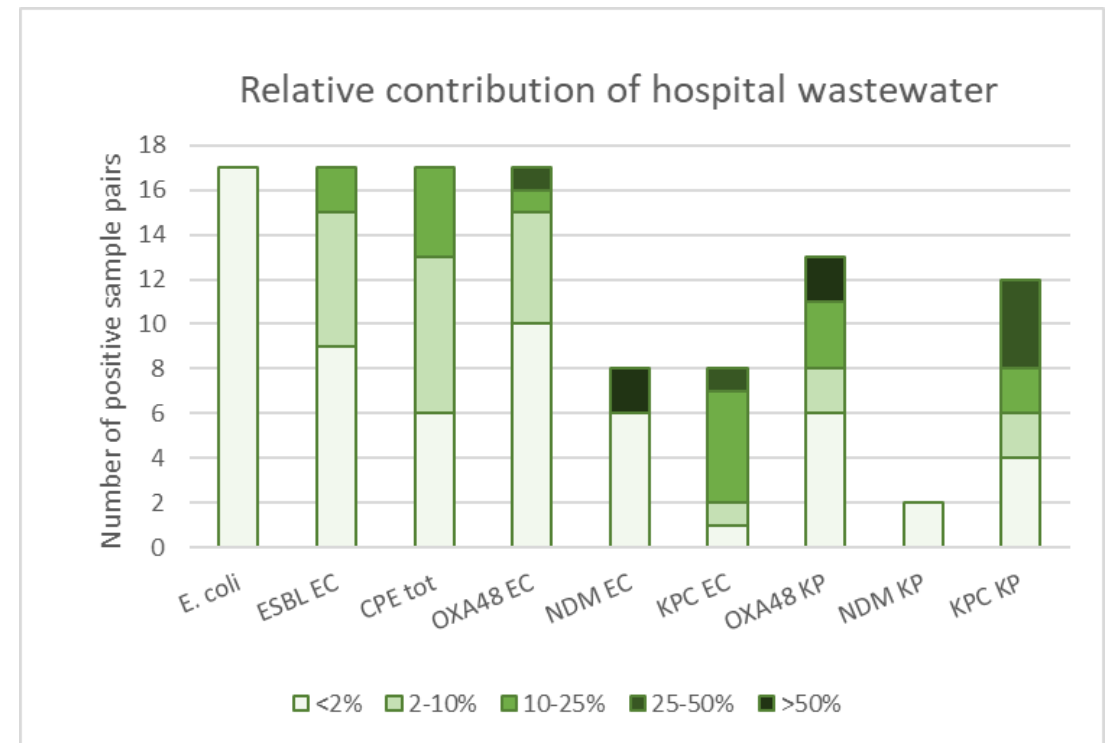
- > 8 hospitals, sampled 3-4 times, paired samples from hospital and WWTP
- > Significantly higher concentrations of CPE found in hospital effluent





# Contribution of hospitals to total WWTP - load

- > Hospitals on average 1% of the total wastewater volume
- > Load: total number of bacteria (=concentration \* wastewater volume)
- > Hospitals do contribute to CPE load
- > But mostly much less than 25%
- Apart from single gene types





# Healthcare institutions and wastewater

- No major point source for emissions to the environment
- Wastewater treatment at institutions: no major contribution to emission reduction

Contribution of environmental surveillance to human surveillance?

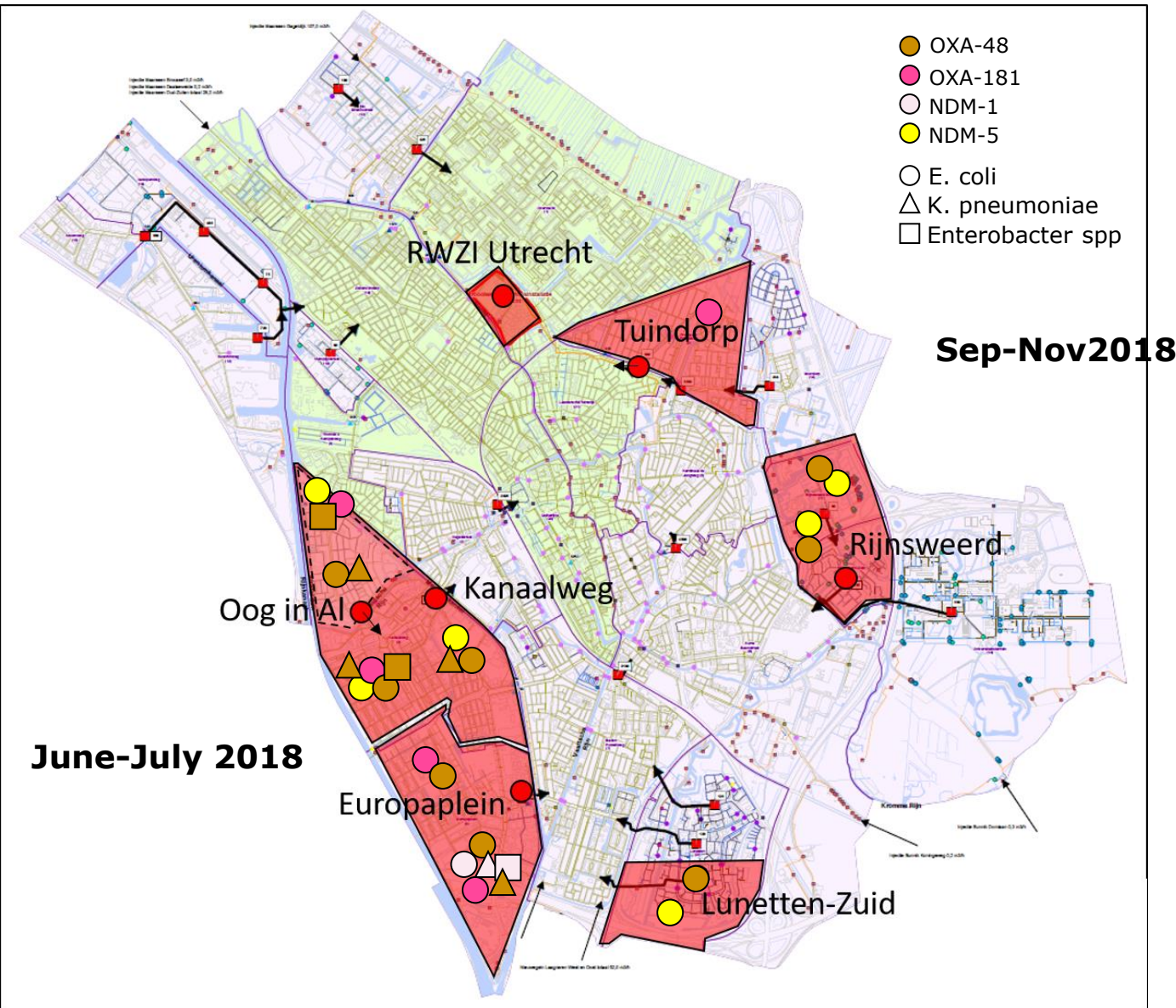
- Outbreak detection
- Overall prevalence in HCI





# CPE in district sewers

- > CPE are detected in district sewers, further substantiating carriage in the community
- > Multiple CPE types are found in different districts of the same city
- > Detection of CPE in small districts suggests high sensitivity (likely restricted numbers of carriers)





# Other BMRO

Colistin resistant *E. coli*

- presence/absence analyses rather than concentrations

CPE method applicable to global analysis

- JPE TRIuMPH

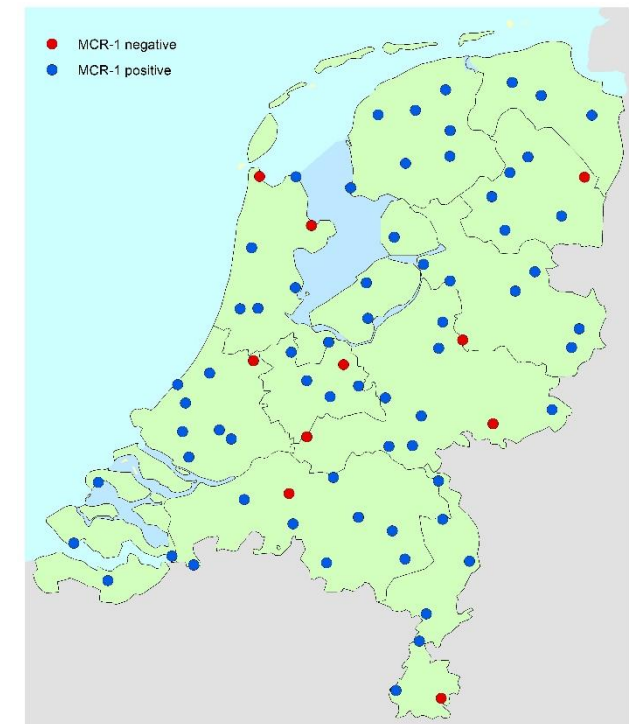
Carbapenem resistant *Pseudomonas aeruginosa*

- JPE SAMPAN

Metagenome, *Acinetobacter baumannii*

- Wish list

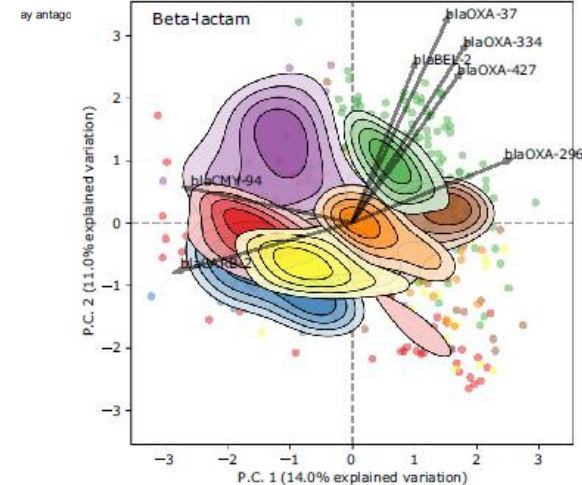
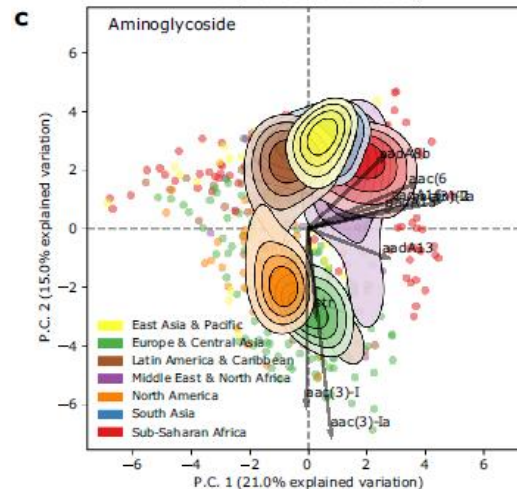
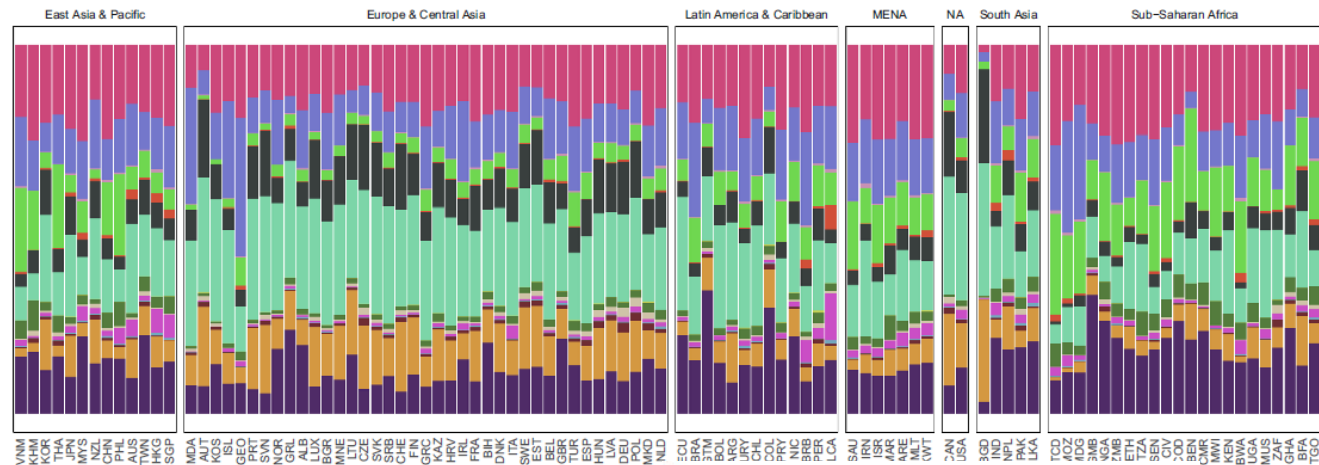
	Samples	Isolates
<b>Total</b>	76	296
<b>MCR-1 pos</b>	66	203
	87%	69%





# Global Sewage Surveillance Project

- Metagenomic analyses of sewage samples from >100 countries
- Differences in types of resistance genes across continents
- Correlation not only with antibiotic usage, but also health spendings / sanitation



Munk (2022) *Nature communications*



# Conclusions



## Wastewater based surveillance (WBE)

- › Most promising application: prevalence of rare antibiotic resistant bacteria in the population and their geographical distribution
- › Trends in prevalence of CPE: No decrease despite measures to control Covid-19 pandemic (longitudinal measurements still ongoing)
- › Single resistotypes: Overlap of wastewater isolates and isolates from human surveillance - WBE provides additional information
- › WBE can also be used at the level of districts or institutions





# Thanks to

- > Hetty Blaak, Merel Kemper, Ka Yin Leung, Ana Maria de Roda Husman
- > Many people at all Dutch waterboards, Waternet, Delfluent, Aquon, Aqualysis, WBL
- > CBS
- > Min VWS

UNIE VAN  
WATERSCHAPPEN

## LEGENDA

1. Waterschap Aa en Maas
2. Waterschap Amstel, Gooi en Vecht
3. Waterschap Brabantse Delta
4. Hoogheemraadschap van Delfland
5. Waterschap De Dommel
6. Waterschap Drents Overijsselse Delta
7. Wetterskip Fryslân
8. Hoogheemraadschap Hollands Noorderkwartier
9. Waterschap Hollandse Delta
10. Waterschap Hunze en Aa's
11. Waterschap Limburg
12. Waterschap Noorderzijlvest
13. Waterschap Rijn en IJssel
14. Hoogheemraadschap van Rijnland
15. Waterschap Rivierenland
16. Waterschap Scheldestromen
17. Hoogheemraadschap van Schieland en de Krimpenerwaard
18. Hoogheemraadschap De Stichtse Rijnlanden
19. Waterschap Vallei en Veluwe
20. Waterschap Vechtstromen
21. Waterschap Zuiderzeeland

