

Invitation to get the flu vaccine

Patient's name
Patient's address
Patient's postcode and town/city

Date

Dear Sir or Madam,

This letter is your invitation to get the seasonal flu vaccine. The flu vaccine is free of charge. You can come and get the flu vaccine on the following date and time:

Date:
Time:
Location:

- Bring this letter with you to the appointment.
- You will get the flu vaccine in your upper arm. Wear clothes that make it easy for you to uncover your upper arm.

What does the flu vaccine do?

The flu vaccine offers the best protection against flu. The flu vaccine improves your resistance against the flu virus. You will have enough antibodies two weeks after getting the flu vaccine.

When should you call the practice?

- If you have a fever on the day you are scheduled to get the flu vaccine. Please make a new appointment.
- If you have previously had an allergic reaction to the protein in chicken eggs or to the antibiotics neomycin or gentamicin. These reactions are rare.
- If you are unable to make it on the date at the top of this letter.

Are there any side effects?

- Your arm may be sore for a day or two after getting the flu vaccine. The injection site may become red and swollen.
- You may feel unwell for a few days after getting the flu vaccine. This is not flu. Your body is building up resistance against flu during this time.

Have you received this letter for your child?

- The flu vaccine is safe for children aged six months and older.
- If your child is under the age of nine and has not had the flu vaccine before, he or she will get a second dose after four weeks.
- Go with your child to the appointment to get the flu vaccine.

Would you like to know more?

- Read the information on the back of this invitation.
- www.rivm.nl/en/flu-and-flu-vaccine/vaccine
- www.thuisarts.nl/griep
- You can also contact your General Practitioner (GP) practice.

Your GP