

# What is whooping cough?

Whooping cough causes **severe coughing fits**. Infants may struggle to breathe well and could actually stop breathing for a few seconds.



# How serious is it if babies get whooping cough?

Whooping cough is dangerous for newborns and very young infants. They may get **pneumonia** or develop **brain damage**.

Nearly **170 infants** end up in hospital with whooping cough every year. Babies can even **die** from the disease.



### Newborns not protected



Babies will be **vaccinated** against whooping cough, but they cannot get their first vaccinations until they are **2 months** old. That means that they are **not yet protected** during the **first few months**.

## Vaccinations for pregnant women



Women can get a **vaccination** during their **pregnancy**. This helps them **protect** their baby against **whooping cough** from the moment they are born.

And.. it means 1 less shot for your baby!

#### **Safe** The vaccination is **safe** for **mother and child**.



Other countries have been giving this vaccination for years, including **England**, the **USA**, **Belgium** and **Spain**.



You could have some mild side-effects, such as listlessness, headache or puffiness in the arm where you get the shot.



The vaccination is a **cocktail**. It also protects you against diphtheria and tetanus.

#### When

You can get the shot from the Well-Baby Clinic starting from the **22nd week** of your pregnancy.

Be sure to make the appointment yourself!

www.22wekenprik.nl

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