



National Institute for Public Health
and the Environment
Ministry of Health, Welfare and Sport

PIENTER study

Your health, also important for others!



How well are we protected against infectious diseases in the Netherlands? And what is the impact of our environment and lifestyle on our health? RIVM is researching this with the PIENTER 4 study. We ask you to participate in this study. By participating, you make an important contribution to public health.

What is the PIENTER study?

The PIENTER study looks at how well the Netherlands is protected against infectious diseases. These may be infectious diseases for which vaccines have existed for a long time, such as measles or influenza. But the research also looks at infectious diseases that are new in the Netherlands, such as Coronavirus or West Nile fever.

The PIENTER study has existed since 1996 and has been conducted three times. The results have been used to better protect people from infectious diseases and improve vaccination programmes. This time, we are also investigating the influence of living environment and lifestyle on health.

You can read more about PIENTER and the previous results at www.rivm.nl/en/pienter.

Who can participate in the PIENTER study?

Anyone who receives an invitation can participate. We invite people of all ages from all over the country, and regardless of your health or whether you are vaccinated.

What can you expect when you participate?

There are two groups of participants: a self-collection group and a home-visit group. The invitation letter indicates the group to which you have been invited.

If you were invited to the self-collection group:

- Then at home you take a finger-prick blood sample and use a strip to collect some nasal fluid.
- You will do this again after 12 months.
- You will complete a questionnaire three times.

If you were invited to the home-visit group:

- A study assistant will visit to collect samples of your blood, saliva, nasal fluid (2 times) and nasal mucus.
- Before the home visit, you collect stool and urine samples.
- After 12 months, at home you take a finger-prick blood sample and use a strip to collect some nasal fluid (2 times). You will also collect a stool sample.
- You will complete a questionnaire three times.

As a thank you for your participation, you will receive a €25 gift voucher (VVV-bon) twice.

Do you want to participate?

You can register for the PIENTER 4 study via the QR code in your invitation letter or via www.rivm.nl/en/pienter4. The registration details are also included in your invitation letter.

If you cannot register, please contact us via the details at the bottom of this flyer.

After registration, you will receive detailed information about the PIENTER 4 study.

Any questions?

If you have any questions, please contact the study team:

- send an email to pienteronderzoek@rivm.nl
- or call 088 689 7304 (on weekdays between 09:00 and 15:00)

You can also visit the website for more information www.rivm.nl/en/pienter4.

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Committed to health
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