

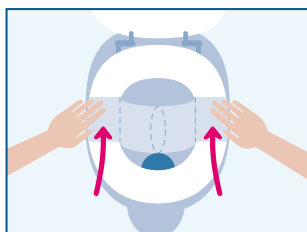


Instructions for **stool collection**

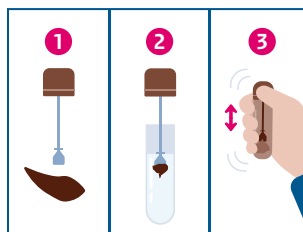
We ask you to collect a stool (poo) sample in a container. We will explain how you do this step by step. Go through all the steps.

See www.rivm.nl/en/pienter4 for answers to frequently asked questions.

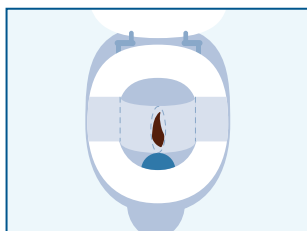
For children wearing nappies, skip steps 1 and 2. You can collect a stool sample from the nappy.



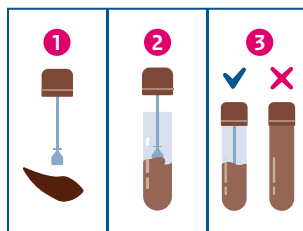
- 1** The package contains a collection sheet (FecCollect). This makes it easy for you to collect your stool sample.
- Remove the FecCollect from its packaging. Unfold it and slide it around the toilet seat.
 - Make sure that the collection sheet hangs under your behind when you sit on the toilet seat.
 - The collection sheet is supposed to hang down a little.



- 3** Open the stool sample container with the brown cap containing liquid*.
- Unscrew the cap. Make sure the liquid stays in the tube.
 - Use the collection spatula on the cap to put **1 spoon of stool** in the container.
 - Place the cap on the container and screw it on firmly.
 - Shake the jar until the stool dissolves in the liquid (about 10 seconds).

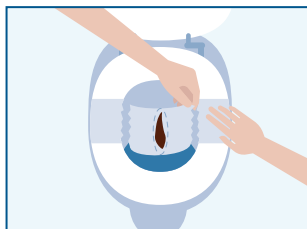


- 2** Collect your stool sample with the FecCollect. Make sure no water or urine is mixed with the stool.

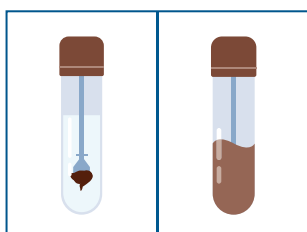


- 4** If you have received a second container with a brown cap (without liquid), also fill the second jar with a stool sample. Scoop small amounts of stool into the tube until **no more than half** of the container is filled. You do not need to shake the jar that has no liquid in it.

* Note: The liquid in the stool sample container may be harmful if swallowed and may cause irritation if it comes into contact with the skin and eyes. If the liquid comes into contact with the skin, wash the affected area with soap and water. If the liquid gets into the eyes, rinse immediately with water. Contact a physician if irritation develops.



- 5 Tear the FecCollect along the perforated edges so that it falls into the toilet. You can now flush the toilet.



- 6 The cover letter states whether the bodily materials should be kept until the (home) visit or sent by mail. Pack up the collected bodily materials and store the package until the (home) visit or send them off. The instructions and materials required for packing and shipping are included in the package.

